



Newsletter for the Residents of Lakeway

Lakeway VOICE

Volume 7, Issue 3
March 2015

GREATER LAKEWAY • ROUGH HOLLOW • THE HILLS • BELLA MONTAGNA • RIDGE AT ALTA VISTA • THE PRESERVE • FLINTROCK FALLS



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ADVERTISING INFO

Please support the advertisers that make Lakeway Voice possible. If you are interested in advertising, please contact our sales office at 512-263-9181 or advertising@peelinc.com. The advertising deadline is the 8th of the month prior to the issue.

ARTICLE INFO

The Lakeway Voice is mailed monthly to all Lakeway residents. Residents, community groups, churches, etc. are welcome to include information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for The Lakeway Voice please email it to lakeway@peelinc.com. The deadline is the 15th of the month prior to the issue.



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EMERGENCY NUMBERS

EMERGENCY	911
Fire.....	911
Ambulance.....	911
Police Department	512-314-7590
Sheriff – Non-Emergency.....	512-974-0845
Travis County ESD No.6/Lake Travis Fire Rescue	
Administration Office.....	512-266-2533
Travis County Animal Control.....	512-972-6060

SCHOOLS

Lake Travis ISD.....	512-533-6000
Lake Travis High School.....	512-533-6100
Lake Travis Middle School.....	512-533-6200
Lake Travis Elementary.....	512-533-6300
Hudson Bend Middle School	512-533-6400
Lake Pointe Elementary.....	512-533-6500
Lakeway Elementary	512-533-6350
Serene Hills Elementary	512-533-7400
Bee Cave Elementary.....	512-533-6250
West Cypress Elementary	512-533-7500

UTILITIES

Travis County WCID # 17.....	512-266-1111
Lakeway MUD	512-261-6222
Hurst Creek MUD.....	512-261-6281
Austin Energy	512-322-9100
Pedernales Electric.....	888-554-4732
Texas Gas Service	
Custom Service.....	1-800-700-2443
Emergencies.....	512-370-8609
Call Before You Dig.....	512-472-2822
AT&T	
New Service.....	1-800-464-7928
Repair	1-800-246-8464
Billing.....	1-800-858-7928
Time Warner Cable	
Customer Service.....	512-485-5555
Repairs.....	512-485-5080
IESI (Trash & Recycle).....	512-282-3508
Austin/Travis County Hazardous Waste	512-974-4343

OTHER NUMBERS

Lake Travis Community Library.....	512-263-2885
Lake Travis Postal Office.....	512-263-2458
Lakeway City Hall.....	512-314-7500
City of Lakeway	www.lakeway-tx.gov

NEWSLETTER PUBLISHER

Peel, Inc.	512-263-9181
Editor.....	lakeway@peelinc.com
Advertising.....	advertising@peelinc.com

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COVER PHOTO

Do you take great photos?

Do you take great photos? Would you like to see your photo published? We are looking for great cover photos for upcoming issues of the Lakeway Voice. All photos submitted must represent Lakeway.

Our deadline for submittals is always the 9th of the month prior to the issue. All photos should be submitted electronically by the deadline date in high resolution (300 dpi) to lakeway@peelinc.com. Portrait (vertical) photos work best.

This month's cover photo is of Raymond Dance, age four. Raymond picked his mom her first bouquet of Dahlias at Sweet Berry Farms. Raymond Dance and his mom Stephanie Clark-Dance live in Lakeway.

By submitting your photo you agree to allow your phot to be published in future issues of the Lakeway Voice or other Peel, Inc. publications. Call 512-263-9181 to find out how to have your business featured on the cover of the Lakeway Voice.

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Around Lakeway

Serene Hills in Lakeway to Host 60TH Parade of HomesTM

CENTRAL TEXAS' HOTTEST HOUSING MARKET WILL FEATURE FIVE LUXURY HOMES WORTH OVER \$15 MILLION

The Home Builders Association (HBA) of Greater Austin is proud to announce its 60th annual Parade of HomesTM, to be held in the premiere luxury Lakeway community, Serene Hills. The new "Gateway to Lakeway," Serene Hills is one of the most desirable neighborhoods in Lakeway – an area currently seeing accelerated growth and development.

Western Travis County is expected to see a 14 percent growth in the next five years[1] and more than 13,000 students will be enrolled in the Lake Travis school district[2] within the next 10 years, more than any other community in central Texas. All of the current and estimated growth makes Serene Hills one of the most sought-after areas in Travis County and a perfect place to host this year's Parade.

"Over its 60 year history, the Parade of Homes has been held at in demand communities throughout the greater Austin area and we are proud to showcase this year's homes in one of the fastest growing regions in central Texas," Walter Elias, President of HBA of Greater Austin. "We hope people walk away from this year's Parade inspired to build their own dream house after touring the five distinctive homes featuring the latest in building design and interior decor."

The homes currently under construction for the 2015 Parade of HomesTM range in price from \$1.8 to \$2.8 million. The Parade will feature some of Austin's most prestigious builders, including Eppright Custom Homes, Texas Custom Construction, Seven Custom Homes, Masters Touch Custom Homes and Matt Sitra Custom Homes.

With Serene Hills just a short drive from Austin, the 456-acre development offers miles of breathtaking Hill Country views and is nestled among some of Austin's best hospitals, schools and shopping centers. Since breaking ground in 2012, Serene Hills has attracted families and professionals from central Texas and beyond, all searching for distinctive luxury real estate outside the hustle and bustle of the city.

"We expect a lot of serious prospects out at this year's Parade, given the recent rise of luxury home sales in Austin and the surrounding areas," said Douglas Hunter, Serene Hills operating partner. "We look forward to showcasing all of what Serene Hills has to offer and are excited to partner with the HBA to showcase these remarkable homes."

The 2015 HBA Parade of HomesTM begins Friday, May 22nd and will run through Sunday, June 7th. Tickets are now available for \$12.50 per person and can be purchased online at ParadeofHomesAustin.com. The event will be open Thursdays through Sundays from 11 a.m. to 7 p.m. at Serene Hills, located at 17500 Hwy 71 W, Lakeway, TX 78735.

For more information about the 2015 HBA Parade of HomesTM, visit: <http://paradeofhomesaustin.com/>

Lakeway Citywide Indoor Garage



**8 a.m.-12 p.m.
March 7, 2015**

(Rain or Shine!)

**Lakeway Activity Center
105 Cross Creek**



Free admission,
but canned food
donations accepted.

For information, call
512-261-1010 or visit
www.lakeway-tx.gov.

SERVICE LEAGUE OF GREATER LAKEWAY

The 26 year old Service League of Greater Lakeway held their annual meeting and brunch at the Lakeway Activity Center on Monday, February 9, 2015 and recognized volunteers and installed new board members.

The Service League was organized in 1988 as a non profit. Volunteers are community neighbors who give their time to provide transportation to medical appointments as well as operating a vast lending closet of health aids such as wheelchairs, walkers and crutches which is delivered to clients in need. The organization also offers a handyman service for simple chore such as changing light bulbs, air condition filters or assistance that does not require a professional. All services are provided free of charge to adults in the Lakeway area. Lakeway Mayor Dave DeOme welcomed the volunteers and thanked them as "the unsung" heroes of the city. President of the Lakeway Civic Corporation Britt Dawson also lauded the volunteers for "doing so much and getting so little recognition".

President Joan Buzzard reported that in 2014 volunteers provided 498 hours of office staffing, 146 medical trips for medical purposes in Lakeway, Austin and West Lake. Jim Hord who manages the equipment lending reported that he, Tom McKeever and Paul Hendricks delivered 167 pieces of equipment to those in need and 100 return trips for pick up. That is a 34% increase over 2014. Seven handyman services were made last year.

The Service League office is located at Prosperity Bank which donates the office space. The telephone system and expenses are provided by the Lakeway Civic Corporation (LCC). The office is staffed Monday through Friday from 9-11 a.m. You may call 512-261-3514 if you need services.

RETIRE BETTER - A LIFETIME OF INCOME

THE \$1 MILLION BET

WITH JOSH STIVERS

Do you remember when Warren Buffett made a \$1 million wager against the hedge fund manager Protégé Partners? The bet is still ongoing, but let's check in.

In 2008, Warren Buffett bet that he could invest \$1 million of his own money in an index fund and outperform whatever hedge fund Protégé chose. In 2018, we will see who ends up with more money. The great part is that no matter who wins, at the end of the ten years, both accounts will go to charity.

Here is what each party invested in:

- Warren Buffett chose Vanguard's S&P 500 Admiral index fund that has an expense ratio of only 0.05%.
- Protégé Partners chose 5 hedge funds who charge 2% per year PLUS 20% of gains.

We are seven years into the bet with Buffett's investment up 63.5% and Protégé's up 19.6%.

If you haven't guessed it already Buffett's main reason for making this bet was to demonstrate how hefty fees hurt investment returns. In other words, Buffett's opinion is paying for the "expertise" of some of the world's best money managers is a pretty big waste of money!

Hedge fund managers are supposed to be some of the best managers in the world, yet we see an unmanaged, inexpensive index fund beating them out, and not just by a close call.

In a 2013 letter to shareholders Warren Buffett said this,

"The goal of the nonprofessional should not be to pick winners- neither he nor his helpers can do that- but should rather be to own a

cross section of businesses that in aggregate are bound to do well. A low-cost S&P 500 index fund will achieve this goal."

Financial success comes from keeping things simple. People have a strong tendency to overcomplicate things. Keep your financial plan simple and don't be sold that someone is going to beat the market. This rarely happens. By utilizing the power and efficiency of index funds it is possible to build an asset allocation model that can weather the test of time.

By using low cost index funds in our retirement income plan strategies, we have found that we are able to achieve very solid participation in the gains of markets while keeping costs low over time. Combined with the power of compounding, the difference of 1-2% in expense savings can make a dramatic difference in your nest egg.

I want to stress the importance of hedging your portfolio across multiple non-correlated asset classes. These index fund strategies are a great option for the portions of your portfolio that are directly participating in public markets.

If you would like further information on this topic or to receive a copy of our report on retirement income planning, please send your requests to the email below. As always, we are here to answer your pressing questions and concerns regarding retirement investment planning.

Send your questions and information requests to retirebetter@platinumwealthadvisory.com

512.369.3817

www.PlatinumWealthAdvisory.com

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Around Lakeway

CELEBRATE SPRING AT LAKEWAY'S BIG BAND BASH

Bounce along to the beat as Lakeway's Big Band Bash returns on March 9 from 8-10 p.m. at Lakeway Activity Center, 105 Cross Creek.

Spend the evening with one of the best big bands in Central Texas, enjoy a large dance floor, and visit with friends at tables available for your special drinks and snacks without the hassle of reservations.

The Republic of Texas Band featuring Lakeway singers David Cummings and Lisa Clark will fill the ballroom with a wide variety of favorite tunes, mostly from the Sinatra era, with fresh arrangements.

Anyone may dance or tap their toes as they listen to Kent Dugan's 17-piece orchestra, which consistently appeals to dancers of many generations.

Lakeway Arts Committee sponsors the free event, but donations to the band are encouraged. Doors open at 7:30 p.m.

"Why not put some spring into your celebration by going to Lakeway's Big Band Bash," Lakeway Arts Committee chairman Fred Newton urged. "For a great date, go to a nice restaurant in Lakeway at 6:30 p.m. and then keep your night going at the Bash at 8 p.m."

For information, call Lakeway Activity Center at 512-261-1010.

The 23rd Annual Art Show and Sale at the Bunkhouse Art Gallery

Including Lakeway artists Mary Barnes, Patti Raso, Linda Wells, Cis Dickson and Marilyn Rea Nasky. March 21, 22 and March 28, 29, 11:00am to 6:00pm. Featuring over 30 artists showing over 400 traditional, contemporary and abstract paintings as well as jewelry and ceramics.

You can make it memorable with a drive through some delightful hill country and some fascinating ranches. Starting on Lakeway Boulevard go to the Lakeway Swim Center and turn west on the Hills Drive and then right on Serene Hills Dr. You will come to Hwy. 71. Turn right for a short drive and cross the Pedernales river bridge. From the west side of the bridge you go 3.3 miles to Fall Creek Road. Turn left and go 2.9 miles where you then turn left at Old Spicewood Springs Road. Ten miles south and you will be at The Bunkhouse of the historic Wenmohs Ranch at 573 Old Spicewood Dr., Cypress Mill, Texas 78663.

During your drive you will be driving through open range pastures with critters all around. They are only contained by the occasional cattle guard. Two of the ranches are show places with varied collections of exotics; the LO ranch and the Martine Ranch. Your return trip will be via Hamilton Pool Road to 71 in Bee Cave. Another delightful Hill Country Drive. Hope to see you at The Bunkhouse.

Live music and wine tasting will also be provided as well as art auctions to benefit PhoenixCenterTexas.org. For more information go to WenmohsRanch.com or Dena Wenmohs 512.517.3453.

Tucker Folsom

Tucker MacClaine Folsom, son of Darcy and Jerry Folsom, is a senior at Lake Travis High School, and a member of Troop 5, in downtown Austin. For his Eagle project, Tucker designed a 300 square foot trellis and planter box to provide energy conservation to a particular area of the Ladybird Johnson Wildflower Center. Tucker instructed his team of fellow Scouts as they built and installed the cedar framed, and corrugated steel finished, planter boxes, including the attached trellises, constructed of hog wire, which hung from the roofline above with a series of carabiners. The team also planted within the planter boxes native passion flower vines, which when fully grown will serve as an evergreen source of beauty, a shelter from the constant sunny southern exposure that the building receives, and a natural food source for the fritillary butterfly larvae, which the Wildflower Center studies in its insectary. Tucker has enjoyed the Wildflower Center with his family since he was a small child, and is thankful for the opportunity he was given to share his appreciation of the outdoors with the organization and its many visitors, through his Project. Tucker plans to study Chemistry in the Fall, at a university yet to be determined, and has a strong interest in attaining his Ph.D. for a career as a university professor.



Women's Club Hosts Notable Photographer

In a presentation titled, "Gathering Strength," Austin-based documentary photographer Peggy Kelsey will share images from her book—Gathering Strength: Conversations with Afghan Women—at the March 23 Women's Club of Greater Lakeway meeting, to be held at the Lakeway Resort and Spa.

Kelsey was inspired to begin the Afghan Women's Project after meeting with a delegation of Afghan women who passed through Austin in 2002. She traveled to Afghanistan the following year and created a photo-documentary that chronicled the narrative histories of a wide variety of women. In the spring of 2010, she revisited the country to meet new women and gain greater insights.

Since publishing her book in 2012, Kelsey has traveled the country sharing her slide presentations and exhibit. She also recently published an article in the online photo journal, AspectRatioMagazine.com.

"Peggy Kelsey's work challenges Western stereotypes by highlighting the Afghan women's beauty, courage and resilience during trying times," says Sharon Gilmore, Women's Club Vice President of Programs.

The March 23 presentation is free to Women's Club members, their guests and to potential new members. The event begins at 9:30 a.m. with refreshments. After a brief meeting at 10 a.m., members and guests will enjoy Kelsey's presentation. A buffet lunch by paid reservation follows at 11:30 a.m. To reserve the lunch, call Jan Rouse at 512-261-3056 by March 16, or by e-mail to jrouse2@austin.rr.com. Potential members, please contact Susan Bryce at 512-261-1095, by e-mail to s_bryce@sbcglobal.net; or see lakewaywomensclub.com.



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Around Lakeway

Relay For Life of Lake Travis Season Off to a Kicking Start

The Relay For Life of Lake Travis held their first annual 'Kick Cancer's Booty' season opening fundraiser at Solid Rock Brewing on January 31st. The sold out event marked a milestone for the Relay For Life of Lake Travis, which is gearing up for the most successful event this community has seen in a long time. Local residents sampled BBQ from local vendors like It's All Good, Opie's and Blacks, while sampling the wonderful selection of on tap beers at the brewery. Music from local artists, The Sassy Spurs, Brooke Fulks and Lohmans Crossing Band entertained as people bid on large selection of silent auction, raffle and live auction items, all generously donated by local businesses. Mr. Positive, Jim Gentil, served as the evenings emcee and auctioneer. The event raised over \$10,000, with 100% of proceeds going to the American Cancer Society. A big thank you to the Lake Travis community for their generous support.

Now, with the kickoff over, the Relay For Life committee is focused on getting teams together for the event being held on April 17th at Lake Travis High School from 6pm – midnight. Come and have fun walking the family friendly track, hanging out with friends, and raising money for the American Cancer Society. Relay For Life gives everyone an opportunity to fight cancer and help save more lives. Participating is easy. Simply gather up a team of family, friends and coworkers and register at www.relayforlife.org/laketravistx. Plan some team fundraising activities or simply have each member reach out to their friends and family via social media or email to explain why you are participating and ask for donations.

CELEBRATE Survivors and Caregivers during the opening lap of the event, who serves as a testament to the fight against cancer and a cure for all. REMEMBER those who lost their battle, those who won, and those whose fight continues during the emotional Luminaria ceremony. FIGHT BACK by making a personal commitment to help the fight against cancer with doctors visits, screenings, healthy lifestyle choices, and participating in events like Relay For Life of Lake Travis. For more information, please check out our Facebook page at www.facebook.com/relayforlifeofflaketravis.



FACEBOOK.COM/RELAYFORLIFEOLAKETRAVIS



RELAY FOR LIFE OF LAKE TRAVIS

LAKE TRAVIS HIGH SCHOOL
April 17, 2015 6PM to MIDNIGHT
RELAY WALK - GAMES - FOOD - MUSIC - LUMINARIES - FUN!

Kick Off Event Info. Register. Build your team! www.relayforlife.org/laketravistx



Celebrate. Remember. Fight Back.
RelayForLife.org

AUSTIN LAKE TRAVIS USD LOOP! SOLID ROCK WOOD AT THE GALLERIA

Miley (Doubt) © 2015 5pm.com

17th Annual Wilderness Run & Walk



Friends of the Parks of Lakeway

SATURDAY, APRIL 18
HAMILTON GREENBELT I IN LAKEWAY
REGISTRATION: 8:00 AM / EVENT: 9:00 AM

Enjoy a morning outdoors in Hamilton Greenbelt I of Lakeway! This FREE noncompetitive run and walk will begin on Saturday, April 18 at 9:00AM. Participants will run or walk either 3 miles or 5 miles through the scenic trail system of the Hamilton Greenbelt 1, located across from the Lakeway Justice Center. The course winds along canyon walls and high cliffs, across fern covered creeks, and through tall native tree forests. Refreshments will be available at the start/finish areas and at various locations along the course.

You can register online by visiting www.lakewayfop.org or by picking up an entry application at the Lakeway Activity Center and at the registration boxes at the entrances to City Park, The Canyonlands, Hamilton Greenbelt I and Hamilton Greenbelt II. Or register on event day between 8:00AM to 9:00AM. Commemorative T-Shirts will be available for \$15 with all proceeds from sales and donations going towards our ongoing conservation efforts of the trail systems in Lakeway.

This is a great opportunity for runners and walkers, as well as families with children in strollers and dogs on leashes, to enjoy an outing in the greenbelt and meet other outdoor enthusiasts. For more information regarding Friends of the Parks or the Wilderness Run & Walk, please contact director & co-chair Sheryl Kelly at 512 997 8880. Sign up today for a run or walk you won't forget!

Glitz Glamour Groove

Join us for a very special evening. On Saturday, April 18, 2015, Emmaus Catholic Parish will present GLITZ GLAMOUR GROOVE! The Great Hall of the Parish Life Center will be magically transformed, and you'll experience a fabulous evening of fellowship, complete with cocktail hour with complimentary adult beverages, seated dinner, dancing, casino games, and a live auction. An online auction of unique and valuable items will run in conjunction with this event and be open for bidding by all. Sponsorships include valuable marketing and attendance benefits. Proceeds benefit the 75+ ministries of Emmaus, many of which assist our brothers and sisters in need throughout the area. For details and to reserve tables or tickets, please visit www.emmausparish.org/gala.

An Evening At The Vineyard

will be presented by the Lakeway Associates of Seton
Sunday, April 19th, 2015, 6:00-9:00 PM
(Hors d'oeuvres, Libations, and Dancing)

Home of Haythem Dawlett, Vineyard Bay
16100 Chateau Avenue Lakeway, Texas 78734

(Haythem Dawlett is the Founder and Principal of Austin, Texas-based development company Legend Communities where he leads its Texas operations. Dawlett is highly active in the Central Texas community, with an emphasis on supporting Lake Travis civic, business, education and sports initiatives. His activities have contributed to the growth and enhancement of facilities and programs involving the Lake Travis Education Foundation, Lake Travis Elementary, Lake Travis High School, Lakeway Heritage Center and Lake Travis Library. Dawlett currently serves on the board of TexArts, and is involved with other non-profit organizations including Any Baby Can, A World for Children and Green Santa.)

Music by "Bahama Billy with Renee"

Catering by "the Oasis"

Relaxed Cocktail Attire

\$100 per person:

For Reservations, make out checks to "The Seton Fund" and mail to Sharon January, 402 Hazeltine, Lakeway, TX 78734 For more information call Sharon January at 512-261-4457 · shjanuary@austin.rr.com Cherie Harris at 714-366-3239 · charlie.harris63@gmail.com. Event proceeds benefit projects and programs to improve the Seton Shoal Creek patient experience.



JOIN US FOR GOLF AND A GREAT CAUSE!

DATE: Wednesday, April 29th

TIME: 11:00 am Registration, 1:00 pm Start

LOCATION: Flintrock Falls Golf Course

FORMAT: 4-person scramble

COST: \$165 per golfer*

**Includes lunch, dinner, hat & swag.*

REGISTER: WWW.TINYCH.ORG/GOLF

Join us for the 7th annual Colin's Hope Classic charity golf tournament. Enjoy a beautiful course, lunch, dinner, a chance to win a Lexus or RV, and great prizes.

Gather your friends, grab your clubs, and help us reach our pledge raising goals and spread awareness about drowning prevention.

We envision a **WORLD**
where **CHILDREN**
DO NOT DROWN

Questions? Contact:

Kim Flasch: kim.flasch@colinshope.org

Sue Hart: sue.hart@colinshope.org

WWW.COLINSHOPE.ORG

Lakeway Hills Solos Activities MARCH 2015:

Activities Chair: Jacquie Banks 512.638.0484

Membership Chair: Ram Matta 512.767.0466

NOTE: "gas tip" is usually based on 4-people/car so adjust up or down depending on number of riders.

This is looking to be one of our most enjoyable months with interesting activities and eating!

Mon Mar 9th. Games Mah Jong 2:00 – 5:00p @ LAC then EAT afterward TBD where. NO carpool. Call Mary Ann Griesman

Wed Mar 11th: LUNCH BUNCH Trattoria Lisina, 13308 FM 150, Driftwood, 512.894.3111. This is a "destination" venue as it has grounds to leisurely wander around on, a winery and top-notch dining. I usually take Hwy 12 and go south of Drippin' then turn left onto FM 150. It is several miles down on the left. Carpool LAC 11:30am. \$5 gas. Call Maxine Beeskow

Sun Mar 15th: VIEWPOINT SPEAKERS at LAC (last one until the fall series resumes). BYOB

Fri Mar 20th: eat first and then Games Bridge & Dominoes @ LAC 7pm. NO carpool. Eat at Pao's (near Chair King & Tuesday Mornings), 5:15pm. NOW Call Marie Rush or Eat at The League, 1310 RR 620 S (across from Santa Catarina) 5:00pm Call Phyllis Ligon.

Sun March 22nd: "Anything Goes, Palace Theater, Georgetown" \$24 checks payable to and mailed to Anita Fisher, 303 Copperleaf by February 23rd. Carpool LAC 12:15pm. MUST BE ON TIME to get your ticket from Maxine at LAC parking lot! Matinee show; eat afterward.

Wed Mar 25th: Dining Out, Chez Zee, 5406 Balcones Drive (2222 to intersection of Northland/Koenig, turn left then right at light) 512.454.2666. \$3 gas. Carpool LAC 5:30p. Call Pam Murray.

Thurs Mar 26th: TOUR Texas School for the Deaf ("TSD"). Carpool LAC 9:15 which should get us there around 10am. The tour will take about an hour to an hour and a half. Golf carts will be provided for those who would like a ride. Marilyn Galloway, Solos member, is also on the Board of Directors for TSD. She organized this tour for our group. Getting on campus is tricky so she will strategize that. She said security is a huge priority being in SoCo. TSD is the oldest continuously-operated public school in the state of Texas. Located on 67 acres in the heart of South Austin ("SoCo") on South Congress Avenue, it is routinely mentioned as one of the top five (5) schools for the deaf in the United States. A special tour will be designed for the Solos. They are also working on setting up an observation of the Pre-tactile method with deaf-blind students. Interesting article recently in the Austin American-Statesman too so this might be a very opportune time to visit this venue. This is one you don't want to miss! \$4 gas. Call Marilyn Galloway or email her.

Save-The-Dates:

Sat Apr 25th: Tour AOMA Acupuncture Clinic/Graduate School of Integrative Medicine, 4701 West Gate Blvd (eat afterward at nearby Central Market). 512.693.4372 \$3 gas Call Marie Rush

Thurs May 7th: Our next Spring Social at LAC.

Reminder: If any Solo needs a hug, card, call, or prayer call Caring Chair, Cynthia Jobling

Lakeway Sing Along Presents "It's A Small World"

Celebrating their 15th anniversary of entertaining folks in the Lake Travis area, Lakeway Sing Along will present their annual Spring Show, "It's A Small World," Thursday through Saturday, April 23, 24 and 25, at the Lakeway Activity Center. Last year's program focused on music "Made in America," but this group of 80+ local music-lovers is expanding its horizons world-wide for 2015.

What was the inspiration for this theme? "Music is such an international common bond," says Sing Along Director Ernie Clay. "When I auditioned two new Sing Along candidates, one from mainland China, the other from Taiwan - and both with beautiful voices, by the way - I realized it really is 'a small world after all.' Our chorus has many members who have lived in foreign countries. Several of these members will be singing songs the audiences will likely recognize, some with a verse in the languages in which they were originally written. It's going to be fun - kind of like a musical travelogue."



*Hali Wang and Lucy Mao
will sing songs from their
native lands*

Some of the places the chorus will visit are Italy, France, the British Isles, Greece, Lebanon, China, Argentina and Brazil - over 20 countries in all. As always, there will be some fun numbers, exotic costumes and the very talented Sing Along orchestra.

There's no need to pack your bags for this globe-trotting musical journey covering five continents, but reservations are a must. It is a dinner show with tables of ten; doors open at 6 PM, dinner served at 6:30 along with dinner entertainment to get audiences warmed up. The odyssey starts at 8 PM. BYOB, of course. \$30 covers all expenses, except for any "trips of a lifetime" this music inspires.

Tickets go on sale at the Lakeway Activity Center, 105 Cross Creek, in Lakeway Monday, March 23 for Activity Center members; March 30 for all others. Call the Activity Center at 512-261-1010 for further information and be sure to view the video at <http://youtu.be/AOKrxpCrCY0>.



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Wednesday - All You Can Eat Catfish



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Sports News

Lake Travis Youth Association

Registration is Open for LTYA Spring Sports! LTYA soccer, baseball, softball, spring volleyball clinic & spring basketball clinic! Go to www.ltya.org for more information and to register!



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LAKEWAY 9 HOLE LADIES GROUP LAKEWAY COUNTRY CLUB

Play cancelled January 7th and 14th due to weather conditions

JANUARY 21ST- ACE OF THE YEAR

Cheryl Whaling

Joyce Johnson - 2nd Place

First Flight

1st place - Deane Willis

3rd place - Gaye Wormington

2nd place - Sandy Walsh

Second Flight

1st place - Rita Rowe

3rd place - Pam Smith

2nd place - Nancy Wells

Third Flight

1st Place - Colleen DeVere

3rd Place - Gail Bowman

2nd Place - Ann Smith

Low Putts: Deane Willis and Colleen DeVere-16

55 & Under: Cheryl Whaling, Sandy Walsh and Mary Land -51;

Deane Willis 49

JANUARY 28TH - ACE OF THE MONTH - LIVE OAK

Joyce Johnson

First Flight

1st place - Cheryl Whaling

3rd place - Deane Willis

2nd place - Gaye Wormington

Second Flight

1st place - Diane Jones

3rd place - Betty Colovas

2nd place - Martha MacAninch

Third Flight

1st place - Nancy Gregor

3rd place - Gail Bowman

2nd place - Robin Hargadon

Low Putts: Sandra McCullough - 14

Chip Ins: Sandy Norton #8

Birdie: Pat Long - #3

55 & Under: Mary Land 50; Cheryl Whaling & Gaye Wormington-51; Becky Lanier-52; Joyce Johnson-53; Sandy Walsh &

Diane Jones-54

FEBRUARY PLAY SCHEDULE

2/4 Wednesday 9:00 AM Yaupon, Ace of the Month

2/11 Wednesday 9:00 AM Live Oak, Shamle (Sweetheart)

2/18 Wednesday 9:00 AM Yaupon, Scramble

2/25 Wednesday 9:00 AM Live Oak. Individual Play

New Members welcome!!!

Contact Diane Jones, Membership Chairman

dijones18@mac.com

Submitted by: Sandra McCullough, Secretary





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News You Can Use



Apple Cake

- 3 medium apples, peeled & thinly sliced
- 1/4 Cup plus 1 tablespoon sugar
- 1 tablespoon plus 2 teaspoons cinnamon
- 3 cups flour
- 2 cups sugar
- 1 tablespoon baking powder
- 1 teaspoon salt
- 4 eggs, beaten
- 1 cup vegetable oil
- 1/4 cup orange juice
- 1 tablespoon vanilla

Combine first 3 ingredients, tossing well. Set aside. Combine flour, 2 cups sugar, baking powder, and salt in a large mixing bowl. Combine next 4 ingredients; add to flour mixture, mixing well. Pour 1/3 of batter into a greased and floured 10 inch tube pan. Top with half of the thinly sliced apples, leaving a 1/2" margin around center and sides. Repeat layering, ending with batter on top. Bake at 350° for 1 hour or until a wooden pick comes out clean. Cool in pan 10-15 minutes; then remove from pan. Let cool completely. Sprinkle with powdered sugar, if desired.



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Testicular Cancer Foundation is a national 501(c)3 organization.



TESTICULAR CANCER FOUNDATION



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INDIAN MEAL MOTHS



Indianmeal moths can be found in dogfood, birdseed, cereals, dried fruit, nuts, powdered milk and candy. Adults are small with grayish wings tipped in copper. Larvae are creamy yellow to yellow-green to pink and often crawl along pantry walls. Spun pupal cases are often found along corners and edges of wall areas.

To eliminate a pantry pest problem, the first step is to locate and remove all infested items. Removing infested items is the easy part; finding the infestation is not always so simple. Begin with the oldest food items, usually in the back of the pantry. Inspect everything, including unopened food items since these can also be a source. If you find an infested item, do not stop your inspection, more than one item may be infested.

Throw away infested items. If you don't feel that you can throw away food, place the infested food in a ziptop plastic bag and place it in the freezer for about 5-7 days or spread the infested food item on a baking sheet and bake at 250 degrees for 4-6 hours to kill any insects. Once all the insects are dead, you can sift the food item or pick out the insects. Of course, you can always just leave the insects in the food and get a little more protein with your meal!

It is extremely important to find the source, and not all pantry pest infestations come from the pantry. Check rooms for items such as dried, decorative peppers, dried flowers, potpourri or rice heating packs.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at www.urban-ipm.blogspot.com

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FITNESS CORNER THE CORE OF THE MATTER

We've all been trained to work our "abs" to look thinner and because everyone is supposed to do crunches! But the truth is our core is so critical to our entire body's health, performance and level of pain and the abs are just a component of a larger, sophisticated piece made up of also the glutes, hips, sides and back muscles (think spinal stabilizers). And a strong core isn't just so we can look good, but it's instrumental to our balance, how we move, sit and more.

Pain in the back and other body parts could be a warning sign that key stabilizer muscles are imbalanced, inflexible or unconditioned to do their job well. In this modern society where many of us sit for prolonged periods for work, school or in flight, it is crucial that we're aware of our core's role in everything we do and that we work hard to maximize its strength now and as we age.

A flexible and strong core is necessary for:

- Less injury and pain overall
- Better day to day life performance (shoveling, carrying groceries, navigating slippery terrain)
- Improved athletic performance and efficiency
- Balance
- Looking tighter
- Posture

The absolute best way to get a strong core is through full body, functional fitness that trains the core to work well in conjunction with the entire body. Crunches will give you abdominal endurance and some strength in the front region, but planks, Pilates, loaded squats, kettlebells and other exercises introducing instability and imbalance will get the job done much more efficiently and effectively as they work the entire core (and they are likely more fun, too!).

If you have questions about how to get on the right track, do some research and work with a trainer who will design a plan that is right for you.

To your core health!

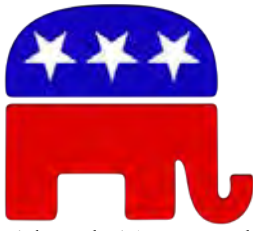
your core

includes your abdominals,
all the muscles in your hips,
and the muscles that run up
and down your back.



Renee Geist, Renegade Inside Out Solutions, reneegeist@gmail.com, www.facebook.com/ReniosRenee, 512.461.6114

Business Section



Lake Travis Republican Club

The Lake Travis Republican Club will be meeting at 11:30 on March 17th at The Hills Country Club. Our guest speaker will be Brendan Steinhauer.

Brendan Steinhauer is one of the nation's leading Republican political strategists. During the 2014 election cycle, Brendan served as Senator John Cornyn's campaign manager. Senator Cornyn was overwhelmingly re-elected with 62% of the vote, including an unprecedented 48% of the Latino vote.

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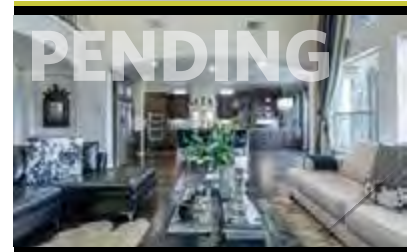
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