SENDERA

Volume 10, Number 3

March 2015 Sendera Homeowner's Association

Official Community Newsletter

Sendera Recreation Committee News MARCH 2015

Submitted by Suzann Vera

Mark your Calendars for Sendera Spring Events. Check Sendera's Facebook Page, Nextdoor.com, and www.senderahoa. com for up to date event details!

EASTER EGG HUNTS

This year Easter falls on April 5th, 2015. Keeping with tradition we have chosen the WEEKEND BEFORE Easter to have our 2015 Sendera Easter Egg Hunts. We need many volunteers to help with this event, but it is urgent we find an Age Group Coordinator for the 4-8 year olds group and an EASTER BUNNY. Other volunteer opportunities will be posted on Nextdoor.com and the Sendera HOA website. If you have any questions, text, email or call Sharon 512-653-5554 or Sharon. boatwtight@amd.com.

Friday March 27th Nighttime Hunt for Tweens ages 9+ from 6:30-8:30pm at the pool/playscape from 6:30-8:30. Join us for pizza, prizes, piñata, games, and the nighttime hunt. Participants should bring flashlights and 1 dozen filled eggs to the party.

Saturday March 28th Easter Egg Hunt for ages 0-8 years old from 10:00am-noon at the playscape by the pool. The Easter Bunny will drop by to take pictures with the children and lead the Bunny Hop dance. Join us for games, dancing, piñatas, refreshments, prizes, and a great Easter Egg Hunt. Sharon will be collecting the filled eggs for the 0-3 year olds and the 4-8 year old children at her house: 9101 Hoffman Cove. Please place your FILLED plastic eggs in the proper cooler for your child's age division by Thursday, March 26th. Taping the plastic egg shut, helps when we scatter. The neighborhood (Sendera HOA funds) does stuff a bunch of eggs too but to participate in the event each child is supposed to bring 1 dozen Filled Plastic eggs. This will ensure that every child gets at least 12 eggs from the hunt. Anything that fits into the plastic eggs works – candy, toys, money. Beware of chocolate and the fact that the eggs will be laying out in the grass for a bit. Thanks, Sharon

The Sendera Spring Garage Sale will be held Friday April 10th & Saturday April 11th from 8:00-1:00. An ad will be placed in the Austin American Statesman, Nextdoor and on Craig's list. If you choose to participate on either/both day(s) have your items out by 8:00 A.M. All participants are encouraged to hang at least 1 sign.

Movie Nights at the Pool- sponsors wanted! Remember how much fun the movie nights at the pool were last summer and in previous years? Sponsors are needed to plan and implement the events including equipment rental and set up/break down. There is a Sendera budget for this which will cover the expenses. We just need volunteers to organize the event and help with equipment. Any businesses willing to sponsor a movie night(s) would be recognized in the newsletter and would be welcome to pass out other advertisement materials at the event. Contact Suzann at 512-291-0714 if interested.

Additional events like cook-offs, scavenger hunts, pool parties, adult mixers, and fun runs are being discussed. We need volunteers and coordinators!



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Tom Franke	Co-chair
thefrankesr@att.net5	512-623-0267
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rurias@farmersagent.com5	512-923-1988

NEWSLETTER EDITOR

Pamela Kurburski	pkgardensong@austin.rr.com
•••••••••••••••••••••••••••••••••••••	

POOL

Ron Urias	rurias@farmersagent.com
•••••••••••••••••••••••••••••••••••••••	
DECREATION	

RECREATION

Suzann Vera	suzannchili@sbcglobal.net

WEBMASTER

Sally Iwanski	siwanski3minis@gmail.com
SECURITY	
Ron Urias	rurias@farmersagent.com
	512-923-1988

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Judy Phelps, Community Association Manager Pioneer Real Estate Services 611 S. Congress Ave, Suite 510; Austin, TX 78704 Phone: 512-447-4496 x125 • Cell: 512-300-8147 Fax: 512-443-3757 judy@pioneeraustin.com PioneerAustin.com

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Sendera HOA Web Site: www.senderahoa.com

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HOA MESSAGE ABOUT PIPELINE FLOODING

The following information was posted on Nextdoor Sendera, a free, private social network for our neighborhood, by HOA President, Todd Moore. If you are interested in having access to this valuable source of information on Sendera-related topics, go to senderaaustin.nextdoor.com to sign up.

If you are a lot owner whose lot backs up to the pipeline between Hoffman and Ramies Run, and you experience flooding in your backyard, please call 3-1-1 to get it reported to the correct agency. The City of Austin has a drainage easement and is responsible for its maintenance. To get the issue on their radar, they need people calling into the 3-1-1 system to report it. I do not have any more information beyond that and will be unable to address any specific questions at this time.



Please remember to pick up after your pets and "scoop the poop"



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Aquifer District Scholarship Applications Being Solicited

\$2,500, \$650, and \$150 scholarships for high school juniors/seniors and for grade school (9-15 yr olds)! The Aquifer District, in collaboration with our permittees, offers college and camp scholarships each year. Applications are due the Tuesday after Spring Break--March 24th by 5:00pm! Spring Break is a perfect time for students to work on groundwater-related research. Please pass this info along to interested students.

2015 Aquatic Science Adventure Summer Camp Scholarships Students ages 9 through 15 years old Application Deadline: Tuesday, March 24, 2015 Scholarship amounts: \$650 or \$150, depending on length of camp

The District is now soliciting applications and essays for its 2015 Camp Scholarship program for the Edwards Aquifer Research and Data Center's Aquatic Science Adventure Camp through Tuesday, March 24, 2015. We estimate this year's program will provide:

• \$650 scholarships to the week-long Aquatic Science Adventure Camp (Note: Parent will be responsible for providing \$150 camp deposit fee, which will be needed to hold the child's spot.)

• \$150 scholarships to the 2-Day Aquatic Science Adventure Camp (Note: All \$150 will be paid for by BSEACD.)

The Camp scholarship contest is open to children ages 9 through 15 who reside in one of the six school districts within the District's boundaries. Interested students must submit an application and a 1-page essay/ artwork entitled "Why I want to attend the Aquatic Science Adventure Camp!" Scholarship winners will be chosen in a random drawing; only completed applications with essays/artwork will be eligible. Deadline for submissions: 5:00p.m. on Tuesday, March 24, 2015. Both English and Spanish application packets available here: www.bseacd.org/education/ scholarships/#Camp

2015 Kent S. Butler Memorial Groundwater Stewardship Scholarship Essay Contest High school juniors and seniors Application deadline: March 24, 2015 Scholarship amount: \$2,500

The Barton Springs/Edwards Aquifer Conservation District (BSEACD) is now soliciting applications and essays for the 2015 Kent S. Butler Memorial Groundwater Stewardship Scholarship Essay Contest through Tuesday, March 24, 2015. The District's college scholarship is dedicated as a memorial scholarship honoring one of Austin's most influential environmental planners, Kent Butler. Dr. Butler specialized in bringing science and policy together. He encouraged open conversation, collaboration, and participation from all perspectives. The Kent S. Butler Groundwater Stewardship Scholarship Essay Contest increases the awareness of groundwater issues by rewarding high school students for high quality research and writing. The \$2,500 scholarship can be applied toward tuition for any college, community college, or training institution. The essay contest is open to high school juniors, seniors, and immediate graduates. Students must reside in one of the six school districts overlapping the District boundary. These six independent school districts are: Austin, Eanes,

Dripping Springs, Hays Consolidated, Del Valle, and Lockhart.

One essay will be selected as the winning entry by an independent evaluation panel, and the author will receive a \$2,500 scholarship to the college, community college, or training institution of his/ her choice.

Essays must generally discuss groundwater issues, which may include but are not limited to:

- non-point source pollution
- pollution prevention
- water conservation
- hydrogeology

While essays must focus on groundwater issues, applicants do not have to be planning a career path in a water-related field. Deadline for submissions: 5:00p.m. on Tuesday, March 24, 2015.

2015 Groundwater Essay Contest application form and rules available here: www.bseacd.org/education/scholarships/#College

Many thanks to Centex Materials, Creedmoor Water Supply, Texas Lehigh Cement Company, St. Andrews Episcopal School, City of Hays - Elliott Ranch, and Goforth Special Utility District for donating a portion of their Conservation Credits to support these scholarship programs. Because of their support, we are able to have a wonderful awards program this year!!

ATEXAS A&M GRILIFE EXTENSION

Indianmeal moths can be found in dogfood, birdseed, cereals, dried fruit, nuts, powdered milk and candy. Adults are small with grayish wings tipped in copper. Larvae are creamy yellow to yellow-green to pink and often crawl along pantry walls. Spun pupal cases are often found along corners and edges of wall areas.

To eliminate a pantry pest problem, the first step is to locate and remove all infested items. Removing infested items is the easy part; finding the infestation is not always

so simple. Begin with the oldest food items, usually in the back of the pantry. Inspect everything, including unopened food items since these can also be a source. If you find an infested item, do not stop your inspection, more than one item may be infested.

Throw away infested items. If you don't feel that you can throw away

INDIANMEAL MOTHS



food, place the infested food in a ziptop plastic bag and place it in the freezer for about 5-7 days or spread the infested food item on a baking sheet and bake at 250 degrees for 4-6 hours to kill any insects. Once all the insects are dead, you can sift the food item or pick out the insects. Of course, you can always just leave the insects in the food and get a little more protein with your meal!

It is extremely important to find the source, and not all pantry pest infestations come from the pantry. Check

rooms for items such as dried, decorative peppers, dried flowers, potpourri or rice heating packs.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at www.urban-ipm.blogspot.com

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10 Tax Breaks Reauthorized for the 2014 Tax Year

Submitted by Robert Greene

In late December Congress finally took action, passing the tax extender bill, officially known as the Tax Increase Prevention Act of 2014 (H.R. 5771), and was signed into law by President Obama.

Of course, there's always the good and bad of every situation. The good news is these are retroactive back to January 1 of 2014. The bad news is that they expire again on December 31 of this year and may or may not be continued for the 2015 tax year. But, let's not look a gift horse in the mouth just yet and see what you may be able to take advantage of when you file for 2014.

1. Teachers' Deduction for Certain Out-Of Pocket Expenses

- 2. State and Local Sales Taxes
- 3. Mortgage Insurance Premiums
- 4. Exclusion of Discharge of Principal Residence Indebtedness
- 5. Distributions from IRAs for Charitable Contributions for 70 1/2 and Older Taxpayers
- 6. Parity for Mass Transit Fringe Benefits
- 7. Energy Efficient Improvements (including Appliances)

- 8. Qualified Tuition and Expenses for Education
- 9. Donation of Conservation Property
- 10. Small Business Stock

In addition to the tax extenders, there's also good news for people with disabilities. Attached to the extender bill is the Achieving a Better Life Experience (ABLE) Act that allows people who were disabled before the age of 26 (and including family and friends) to contribute up to a combined total of \$14,000 a year to an ABLE account. Accumulated earnings are currently tax free. Also, money held in the account would not disqualify the disabled person from receiving federal assistance benefits such as Medicaid and Supplemental Security Income--provided it is not used to pay for housing, transportation, education and wellness.

There is no better time to get together with your financial and tax professionals to get the details on these items and to make a plan on how to best put these savings to use today. Don't become a victim to the High Cost of Waiting.





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tpple Cake

- 3 medium apples, peeled & thinly sliced
- 1/4 Cup plus 1 tablespoon sugar
- 1 tablespoon plus 2 teaspoons cinnamon
- 3 cups flour
- 2 cups sugar
- 1 tablespoon baking powder
- 1 teaspoon salt
- 4 eggs, beaten
- 1 cup vegetable oil
- 1/4 cup orange juice
- 1 tablespoon vanilla

Combine first 3 ingredients, tossing well. Set aside. Combine flour, 2 cups sugar, baking powder, and salt in a large mixing bowl. Combine next 4 ingredients; add to flour mixture, mixing well. Pour 1/3 of batter into a greased and floured 10 inch tube pan. Top with half of the thinly sliced apples, leaving a 1/2" margin around center and sides. Repeat layering, ending with batter on top. Bake at 350° for 1 hour or until a wooden pick comes out clean. Cool in pan 10-15 minutes; then remove from pan. Let cool completely. Sprinkle with powdered sugar, if desired.



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Change Your Clocks & Change Your Batteries

Submitted by Robert Rainey

On Sunday, March 8, 2015, Austinites will "spring forward" with the beginning of daylight savings time, moving our clocks forward one hour until the fall. The Austin Fire Department (AFD) is urging us to use this opportunity as a reminder to also check—

and, if necessary, change—the batteries in our homes' smoke alarms.

The number one reason that lives are saved in a fire is the presence of a working smoke alarm, which can cut the risk of dying in a house fire by almost 50 percent. "A 9-volt battery is the simplest, cheapest life insurance you can buy," said Fire Chief Rhoda Mae Kerr. "It only takes a few minutes to check and change the batteries, but it could save your life."

In addition, the Austin Fire Department (AFD) is excited to announce our involvement in a new initiative entitled Community Risk Reduction. We hope to enhance our use of evidence-based decision making by better defining performance measures, clarifying our definition of success, and engaging community members. Our ultimate goal is to improve how we tackle our prevention mission. This new approach involves soliciting and receiving regular feedback DID YOU KNOW?

The Austin Fire Department:

- Was founded on September 25, 1857
- Is one of the 20 largest departments in the country
- Has 45 fire stations located throughout the city
- Employs more than 1,100 employees



from community members, which will be used to develop better methods, and ultimately reducing the risk of fire and medical emergencies. Each newly formed district has a community representative.

For additional information about life-saving fire prevention, please visit www.austinfiredepartment.org. Theresa Sifuentes is the Community Outreach Program Coordinator for the Austin Fire Department, she is officed at 4201 Ed Bluestein Blvd and can be reached by phone at 512-974-0121, or by fax at 512-974-0101 if you have any questions.

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DATE: Wednesday, April 29th TIME: 11:00 am Registration, 1:00 pm Start LOCATION: Flintrock Falls Golf Course FORMAT: 4-person scramble COST: \$165 per golfer* *Includes lunch, dinner, hat & swag.

REGISTER: WWW.TINYCH.ORG/GOLF

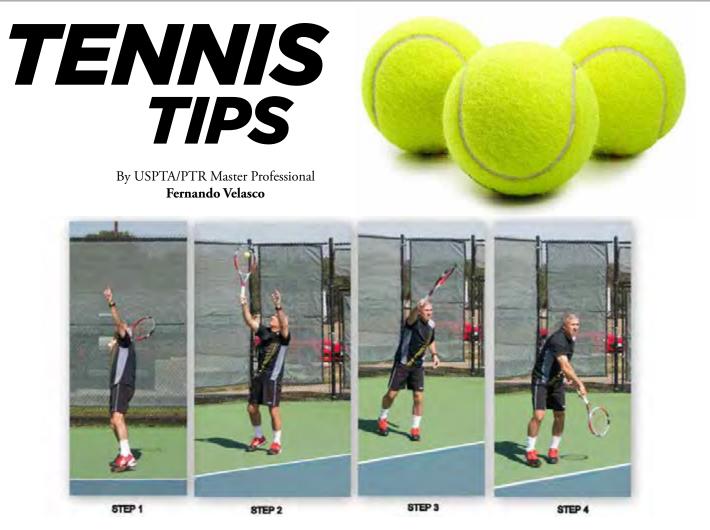
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Gather your friends, grab your clubs, and help us reach our pledge raising goals and spread awareness about drowning prevention.

envision a world where CHILDREN DO NOT DROWN

Questions? Contact: Kim Flasch: kim.flasch@colinshope.org Sue Hart: sue.hart@colinshope.org

WWW.COLINSHOPE.ORG



The Modern Game: "The Overhead from the Baseline"

In previous newsletters, I offered tips on how to execute the basic strokes for players who are just beginning to play tennis or who want to resume playing.

I am now offering suggestions on how to play the "modern" game mostly geared towards players who are happy with hitting the ball over the net and controlling the point with consistency. These players may already be playing for leagues or in tournaments and are looking for more "weapons" on the court.

In this issue, I will offer instructions on how to execute "The Overhead from the Baseline." This shot is used when an opponent gives the player a deep lob and it lands back on the baseline and it has enough height to be able to get on top of the ball for an overhead "smash."

In the illustrations, Fernando Velasco, Director of Tennis and teacher at The Grey Rock Tennis Club, shows the proper technique to execute this stroke. Velasco is presently ranked #1 in Singles and Doubles in the USTA Men's 70 Division in Texas, and #15 in Singles and #7 and #11 in Doubles in the US.

Step 1: The Back Swing: When Fernando sees the opportunity, he makes a quick turn of his upper body and takes the racket high and back. The head of the racket is now at shoulder height, his shoulders are turned, and his eyes are focused on the incoming ball. His left arm is high and his finger is pointing to the incoming ball. His weight is in his back foot and his grip is in the same position as a serve.

Step 2: The Point of Contact: The acceleration of the head of the racket began from the back is now making contact on the upper part of the ball. Fernando is keeping his head still and his eyes are focused on the point of contact, not on the target. His wrist started relaxed, but will "snap" upon contact with the ball.

Step 3 and 4: The Follow Through: The success of an overhead from the baseline is to extend the follow through as long as possible. Different from the serve, Fernando will aim high of over the net and hope for the ball to land as close to the opponent's baseline as possible. His weight is now forward ready to react to the opponent's return.

Look in the next Newsletter for: "Tips on how to start children playing tennis"

SEND US YOUR

Event Pictures!!

Do you have a picture of an event that you would like to run in this newsletter? Send it to us and we will publish it in the next issue.

Email the picture to *pkgardensong@ austin.rr.com*. Be sure to include the text that you would like to have as the caption.

Pictures will appear in color online at *www.PEELinc.com*.





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