



THE VILLAGES OF *Compass* NORTH POINTE

VOLUME 6, ISSUE 3

OFFICIAL NEWSLETTER FOR THE VILLAGES OF NORTH POINTE HOA

MARCH 2015

Host an International Exchange Student!

Across the US, families are welcoming talented and motivated high school students into their homes this Fall. Students come from over 60 countries and share your enthusiasm for education, personal growth, and cultural exchange.

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For more information about hosting a high school foreign exchange student, please contact your local representative Vicki Odom at 832.455.7881 or vodom@ayusa.org or Ayusa at 1.888.552.9872 or by visiting the website at

www.ayusa.org



THE COMPASS

IMPORTANT NUMBERS

Villages of Northpointe Security Director
Andy Elmore hit02@scbglobal.net
Waste Management (*garbage – paid through MUD #281*).....
..... 281-376-8802
Centerpoint Energy (*street lights – get 6 digit # off lamp post*).....
..... 713-207-2222
Tomball Post Office..... 281-516-0513
Harris County MUD #281 (water and recycling)..... 281-376-8802
Harris County Constable Precinct #4.....
24-hour Dispatch 281-376-3472
Villages of Northpointe Patrol Officer
Deputy Miller 281-370-9106

SCHOOLS

Tomball Independent School District..... www.tomballisd.net
Canyon Pointe Elementary..... 281-357-3122
NorthPointe Intermediate 281-357-3020
Willow Wood Junior High 281-357-3030
Tomball High School 281-357-3220
Tomball Memorial High School 281-357-3230

TAX ENTITIES:

Tomball ISD Tax Office 281-357-3100
www.tomballisd.net and follow the link to the Tax Office

MUD #281 & NorthPointe WCID 713-462-8906
..... www.wheelerassoc.com
Harris County Appraisal District..... 713-957-7800
..... www.hcad.org
Electric Company Choices 866-7974839
..... www.powertochoose.org

MANAGEMENT

Chaparral Management (*Villages HOA Issues*)..... 281-537-0957
Please direct all questions, comments, and concerns about the landscape
along NorthPointe Blvd. to:
TEAKWOOD LANDSCAPING 281-720-0022
<http://www.teakwoodlandscaping.com>
marisa@teakwoodlandscaping.com

WEBSITE

www.villagesofnorthpointecai.com

Contact Brian at bfnear@mail.com to request information postings on
the website.

NEWSLETTER INFO

EDITOR

Jessica Rushing 281-320-0051
..... vnpcompasseditor@gmail.com

PUBLISHER

Peel, Inc. www.PEELinc.com, 512-263-9181
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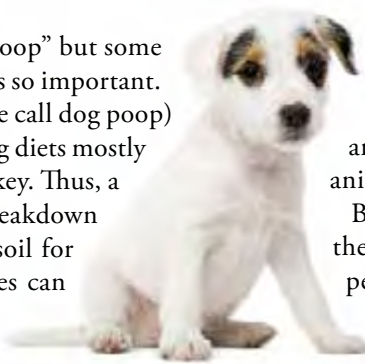
by Jennifer Magness, DVM

Dogs are a very popular pet and are found in many households. There are 70 million pet dogs in the United States alone. Opening up your home to a dog also means accepting responsibility for that pet, including cleaning up their waste.

Most people have heard the term “scoop the poop” but some people may not have heard the reasons why this is so important. Some people view dog feces (or what most people call dog poop) as a good fertilizer, but this is actually a myth. Dog diets mostly contain animal products such as chicken and turkey. Thus, a dog’s waste contains substances created by the breakdown of the animal products. It does not enrich the soil for plants such as grass. If not picked up, dog feces can enter waterways via storm drains after it rains. Nitrogen in the feces depletes the oxygen from the water, and the water is made harmful to fish and other aquatics. It is often listed as the third leading cause of water pollution. Dog feces are also considered an environmental pollutant as it contains harmful organisms. One gram of dog feces

may contain as much as 23 million bacteria. Harmful bacteria such as Salmonella and E. coli can be found in dog feces. Parasites such as Giardia, Cryptosporidium, roundworms, hookworms and whipworms may also be found. Many of the parasites (usually in a resistant egg form) linger in the environment for years, even if the rest of the dog feces breaks down over time. Both bacteria and parasites are health hazards for both humans and animals that come in contact with them.

Besides the “ick” factor of stepping in dog poop and the unpleasant odor of it, dog feces can serve to attract pests (such as flies) and rodents (such as rats). Being a responsible pet owner and scooping your dog’s poop is important for the community health of both humans and animals. It helps Improve local water quality. Scooping your dog’s poop also promotes favorable views towards dogs by others in the community.



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A promotional banner for the Houston Zoo. On the left is a close-up photo of a zebra's head and neck. The background is a bright green field. The text is arranged in several sections: the Houston Zoo logo in the top left, the main headline 'WANT A WILD RIDE?' in large, bold, orange and white letters, a sub-headline 'Visit the Texas Direct Auto Wildlife Carousel', a call to action 'SELL US YOUR CAR!' in white on an orange background, the website 'TEXASDIRECTAUTO.COM' in white on a dark blue background, and 'Proud Partner of the Houston Zoo' at the bottom.

Adding yoga to workout regime can improve health

Implementing yoga into a workout routine can provide unique health benefits, said a Baylor College of Medicine physician and yoga enthusiast.

Yoga is a broad philosophy containing many different paths to achieve the goal of physical, mental and spiritual well-being, said Dr. Bobby Kapur, assistant professor of medicine at BCM and associate chief for emergency medicine at the Harris County Hospital District's Ben Taub General Hospital. In physical fitness, yoga is the practice of physical postures and breathing exercises that allow a person to strengthen the body and at the same time enter a meditative and relaxed state of awareness.

Yoga entails various positions, stretching and deep breathing. Practicing yoga can help a person improve flexibility, balance, limberness, blood circulation, and it can also relax muscle tension and fight infection, Kapur said.



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THE COMPASS

KIWANIS CLUB OF CY-FAIR HOUSTON

Kiwanis wants YOU! Start the New Year by joining with the Cy-Fair Kiwanis Club in giving service to others. We work with Key Clubs, Builders Clubs, and Boy and Girl Scout troops to build leadership and orientation toward service to others, and with community based organizations that provide goods and services to the needy in our community and our world. Visit the Cy-Fair Kiwanis Club and learn about the projects in which its members participate to enrich and improve life for citizens worldwide. Internationally, both Kiwanis and Key Club are participating in the ELIMINATE PROJECT aimed at the eradication of maternal/neonatal tetanus.

Businesses of the community are encouraged to support a representative for membership in Kiwanis. We welcome business and organization representatives as well as individual memberships.

Regular meetings of the club will occur on February 3, 10, and 17 at the Hearthstone Country Club at 12:15 p.m. We invite you to be our guest for lunch and fellowship and for informative programs. For more information, call John Carroll at 281-463-0373, George Crowl at 832-467-1998 or Peggy Presnell at 281-304-7127.

We welcome your visit at our Club meeting and your consideration of membership in our service organization. Join Now.

SEND US YOUR *Event Pictures!!*

Do you have a picture of an event that you would like to run in this newsletter? Send it to us and we will publish it in the next issue. Email the picture to vnpccompasseditor@gmail.com. Be sure to include the text that you would like to have as the caption. Pictures will appear in color online at www.PEELinc.com.



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INDIAN MEAL MOTHS



Indianmeal moths can be found in dogfood, birdseed, cereals, dried fruit, nuts, powdered milk and candy. Adults are small with grayish wings tipped in copper. Larvae are creamy yellow to yellow-green to pink and often crawl along pantry walls. Spun pupal cases are often found along corners and edges of wall areas.

To eliminate a pantry pest problem, the first step is to locate and remove all infested items. Removing infested items is the easy part; finding the infestation is not always so simple. Begin with the oldest food items, usually in the back of the pantry. Inspect everything, including unopened food items since these can also be a source. If you find an infested item, do not stop your inspection, more than one item may be infested.

Throw away infested items. If you don't feel that you can throw away food, place the infested food in a zip-top plastic bag and place it in the freezer for about 5-7 days or spread the infested food item on a baking sheet and bake at 250 degrees for 4-6 hours to kill any insects. Once all the insects are dead, you can sift the food item or pick out the insects. Of course, you can always just leave the insects in the food and get a little more protein with your meal!

It is extremely important to find the source, and not all pantry pest infestations come from the pantry. Check rooms for items such as dried, decorative peppers, dried flowers, potpourri or rice heating packs.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at www.urban-ipm.blogspot.com

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