

# A LETTER FROM YOUR BOARD OF GOVERNORS CHAIRMAN

Hello neighbors and friends. 2015 has started off with a bang and the expectation is that it will continue throughout the first half of the year. CBONS, our new owners, along with the Century management team are in the process of making a lot of changes to the facilities and to the management team at Walden. By now they will have named a new General Manager and a new Greens Superintendent, both of which will positively affect all of our members, social, tennis and golf. You will see new initiatives that will involve everyone around the club, including our social members, new service levels, new club atmosphere, and more member appreciation activities.

In addition, the CBONS project team has been reviewing all initiatives to upgrade the facilities. This will include additional projects to improve both the interior and exterior of our buildings. I expect the original project to modify the women's locker room and wet area will include more changes than originally planned. I foresee the men's wet area, along with the front men's and women's bathrooms, to be completed too. The Tennis and Work-Out Facility will receive a lot of attention to improve the physical condition of the building. I believe all facilities will be re-sided in an effort to beautify them with some interior work to be included to improve usability of the areas. So, keep your ears and eyes tuned

to all the information concerning the changes that will be coming soon.

Have you noticed the Member Appreciation Outings each Monday? This is an effort to bring in new members but it also provides our current members the opportunity to enjoy the club an additional day. This effort is just the beginning of something called Walden Pride. CBONS is implementing a few subtle changes to create a more relaxed atmosphere in both the 19th Hole and the Palmer Members Lounge. We want everyone in our community to join us when we have events or just visit and have a bite to eat.

I want to thank Tyler Hamel who has resigned from the Board of Governors due to work related commitments. Tyler has helped our Tennis members and has worked with our Walden team to improve the conditions on the Tennis courts. Replacing Tyler will be another Tennis member, J. Scott Bruce.

We are excited and we all look forward to the next several months and what it will bring to Walden on Lake Houston Golf and Country Club.

Sincerely, Walt Albright

2015 Chairman, Walden on Lake Houston Board of Governors

#### **IMPORTANT CONTACTS**

#### 2014 BOARD OF GOVERNORS CONTACT LIST

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J. Scott Bruce

jbruce@advaoptical.com, (832) 721-2382

#### **CLUB MANAGEMENT TEAM**

\* - General Manager

Tanna Follis - Membership Director tfollis@waldencc.com, 832-445-2105

Jon Schlemmer - Club Manager/ Interim GM jschlemmer@waldencc.com, 832-445-2110

Charlie Rudd - Head Pro crudd@waldencc.com

\* - Golf Course Superintendent

**Stella Meintzer - Director of Catering** smeintzer@waldencc.com, 832-445-2104

- \* Corporate Communications
- \*\* Director of Food and Beverage

John Quinn - Executive Chef jquinn@waldencc.com, 832-445-2118

Mike Beatty - Director of Athletics mbeatty@waldencc.com, 832-445-2123

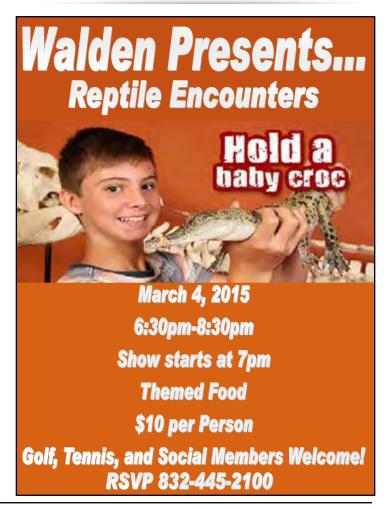
Andrew Kocot - Club Accountant akocot@waldencc.com, 832-445-2117

\*Contact Jon Schlemmer concerning communications until further notice

\*Contact John Quinn (832-445-2104) for Food and Beverage until further notice



Hi Walden members Debbie and I have been working here at Disneyworld Golf for about a month now. To date everything has been wonderful from our new home at the Reunion Resort to the Disneyworld community finding shops, restaurants, new church and of course the parks. Only one visit so far (Epcot) with our youngest daughter from Tallahassee but I am sure many more visits in the near future. As many of you know this was our dream and everything is just how we hoped it would be. All the best to all my Walden friends and golfing members. Everyone have a "Magical" day.





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# March 2015 CLUB CALENDAR OF EVENTS

Sunday	Monday Tuesday		Wednesday	Thursday	Friday	Saturday	
USTA Junior Team Tennis Matches USTA Men's Teams	HLTA Ladies <b>2</b> League Advanced Junior Tennis Drill Monday night open tennis Drill	Grapestompers Ladies Tennis Team Drill 10under Class and Junior Drill TENNIS 101	Family Night Crocodile Encounters! Ladies Tennis Team Drill Juniors and Advances Junior Drill	Arnie's Chop Shop 10under Class Juniors Drill USTA Leagues	Fine Dining Ladies Team Drill Fun Doubles Friday Night Lights	MGA Tournament <b>7</b> Tournaments & Activities TENNIS 101 10under Class USTA Junior Team Tennis Practice	
USTA Junior Team Tennis Matches USTA Men's Teams	HLTA Ladies League Advanced Junior Tennis Drill Monday night open tennis Drill	SMGA Flag/Survival <b>10</b> Individual Tournament Ladies Tennis Team Drill 10under Class and Junior Drill TENNIS 101	Ladies Tennis Team Drill Juniors and Advances Junior Drill	Arnie's Chop Shop 10under Class Juniors Drill USTA Leagues  Ta  Fine Dining Ladies Team Drill Fun Doubles Friday Night Lights		T4 Tournaments & Activities TENNIS 101 10under Class USTA Junior Team Tennis Practice	
Couples St. Patrick Golf USTA Junior Team Tennis Matches USTA Men's Teams	16 HLTA Ladies League Advanced Junior Tennis Drill Monday night open tennis Drill	Ladies Tennis Team Drill 10under Class and Junior Drill TENNIS 101	Ladies Tennis Team Drill Juniors and Advances Junior Drill	Arnie's Chop Shop 10under Class Juniors Drill USTA Leagues	Fine Dining Ladies Team Drill Fun Doubles Friday Night Lights	21 Tournaments & Activities TENNIS 101 10under Class USTA Junior Team Tennis Practice	
USTA Junior Team Tennis Matches USTA Men's Teams	23 HLTA Ladies League Advanced Junior Tennis Drill Monday night open tennis Drill	Ladies Tennis Team Drill 10under Class and Junior Drill TENNIS 101	Ladies Tennis Team Drill Juniors and Advances Junior Drill	Arnie's Chop Shop 10under Class Juniors Drill USTA Leagues	Fine Dining <b>27</b> Party on the Patio 6-9pm Ladies Team Drill Fun Doubles Friday Night Lights	LGA "Evil Twin" 28 Tournament & Activities TENNIS 101 10under Class USTA Junior Team Tennis Practice	
Sunday Brunch USTA Junior Team Tennis Matches USTA Men's Teams	30 HLTA Ladies League Advanced Junior Tennis Drill Monday night open tennis Drill	Ladies Tennis Team Drill 10under Class and Junior Drill TENNIS 101					

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# Party on the Patio



5pm-9pm
7pm Food
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DJ
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Tennis Activity
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Golf, Tennis and Social Members Welcome RSVP 832-445-2100



# Daddy-Daughter (Granddaughter) Dance

Members, Gary Mostyn and Dennis Rans with Granddaughters, Kairi Mostyn and Zoey Mostyn at the dance! (Their son was recovering from surgery) so it was more like Granddaddy/ Granddaughter Dinner and Dance for them! They said "they had a DJ and they danced with their Pap Pap and Papa all night"





## LAKE HOUSTON LADIES CLUB

#### MARCH MEETING AND LUNCHEON INFORMATION

Lake Houston Ladies Club will have their meeting and luncheon on Tuesday, March 17, 2015 beginning at 10:00 a.m. at the Walden Country Club, 18100 Walden Forest, Humble TX 77346. We will be enjoying Country Bluegrass Music. The Sowel Family Pickers will be entertaining us with a Country Hoe Down. Come and join the fun. Lake Houston Ladies Club is a social organization that welcomes new members from all surrounding areas. Several Interest groups are available which include: Readers Choice, Bridge, Bunco, Tea Time, Lunch and Look, Movie Group, Supper Club, Mah Jongg, and Girl's Night Out. Please join us. New members are always welcome. Call Carol at 832-671-4475 for more information about the club and for luncheon reservations call by Friday, March 13th before 5:00 p.m.





Kingwood Medical Center has provided the community with high-quality, cost-effective healthcare for more than 20 years. We rigorously measure quality and patient safety in our drive to deliver exceptional patient outcomes. Our 1,300-plus healthcare professionals and more than 450 physicians on staff take pride in the quality of healthcare provided to our community and strive to create a culture that fosters and supports patient safety as a core value.

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- Joint Commission Advanced Certification as a Primary Stroke Center
- Accredited Chest Pain Center by the Society of Chest Pain Centers
- American Heart Association/American Stroke Association Gold Plus Achievement Award and Stroke Honor Roll
- American Diabetes Association Recognized Education Program
- American Heart Association Gold Fit Friendly Company recognition
- American College of Radiology Ultrasound, MRI, Nuclear Medicine and Cat Scan Accreditation
- American Academy of Sleep Medicine Sleep Center of Excellence
- College of American Pathologists Laboratory Accreditation
- TX Department of State Health Services Mammography Accreditation
- Texas Department of State Health Services Texas Ten Step Program Designation for Maternity Care Practices
- Texas Department of State Health Services Distinguished Certification -Newborn Hearing Screening

#### Kingwood Medical Center

22999 U.S. Highway 59 N • Kingwood, TX 77339 281-348-8000 • KingwoodMedical.com













Kingwood Medical Center is proud of our newest addition, our Neonatal Transport Team, caring for newborns twenty-four hours a day, seven days a week. The Neonatal Transport Team Nurses have specialized skills and equipment to care for newborns while they are being transported by air or by ground from your site to ours. Our Women and Children's Center provides care for mothers who have high-risk pregnancies and for babies who are born prematurely or are sick and need emergency transport services to our hospital.



### Wash Your Hands Reducing Spread of Disease While at Home and Work

By: Concentra Urgent Care

The Centers for Disease Control and Prevention (CDC) say that nearly 90,000 patients die in U.S. hospitals each year due to a preventable disease – many could be avoided if everyone properly washed their hands.

From germs on office equipment to sick colleagues who decided to come into work anyway, people face the same dangers in the workplace. The same simple fact holds true: Washing your hands regularly is an effective way to prevent yourself from catching or spreading a preventable disease or illness.

#### WHEN TO WASH YOUR HANDS

The CDC recommends washing your hands every time you:

- Prepare or eat food
- Use the restroom
- Tend to someone who is sick; both before and after
- Blow your nose, cough, or sneeze
- Handle garbage
- Treat a cut or wound
- Change a diaper or clean up after children
- Handle an animal or animal waste

#### HAND WASHING BASICS

The CDC has issued specific guidelines about effective hand washing:

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1-FALL HEAT CLEAN AND CH

- Wet hands with water
- Use plain bar or liquid soap
- Create a lather by vigorously rubbing hands together for 15-20 seconds—about the amount of time it takes to sing "Happy Birthday" twice
- Be sure to wash palms, back of hands, fingers, and nails (clean nails by gently scratching nails down your opposing soapy palm)
  - Rinse off soap under a stream of water

#### WHAT ELSE CANYOU DO?

- Focus on hand washing in the lunch and/or break room
- Be careful when using sponges and dish towels. These are ideal sites for bacterial growth. Always wash your hands after using these items.
- Maintain a clean work area; regularly clean any office equipment, especially shared items such as phones and keyboards.
- Remind your colleagues of the importance of hand washing, particularly when you witness someone neglecting to wash his or her hands.

#### FOR MORE INFORMATION

To learn more about how washing hands regularly can help prevent disease, ask your health care provider, or visit the CDC's creative Web site dedicated to raising awareness of the importance of hand washing at www.henrythehand.com.





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### Pet Place Reasons to "Scoop the Poop"

Dogs are a very popular pet and are found in many households. There are 70 million pet dogs in the United States alone. Opening up your home to a dog also means accepting responsibility for that pet, including cleaning up their waste.

Most people have heard the term "scoop the poop" but some people may not have heard the reasons why this is so important. Some people view dog feces (or what most people call dog poop) as a good fertilizer, but this is actually a myth. Dog diets mostly contain animal products such as chicken and turkey. Thus, a dog's waste contains substances created by the breakdown of the animal products. It does not enrich the soil for plants such as grass. If not picked up, dog feces can enter waterways via storm drains after it rains. Nitrogen in the feces depletes the oxygen from the water, and the water is made

harmful to fish and other aquatics. It is often listed as the third leading cause of water pollution. Dog feces are also considered an environmental pollutant as it contains harmful organisms.

One gram of dog feces may contain as much as 23 million bacteria. Harmful bacteria such as Salmonella and E. coli can be found in dog feces. Parasites such as Giardia, Cryptosporidium,

roundworms, hookworms and whipworms may also be found. Many of the parasites (usually in a resistant egg form) linger in the environment for years, even if the rest of the dog feces breaks down over time. Both bacteria and parasites are health hazards for both humans and animals that come in contact with them.

Besides the "ick" factor of stepping in dog poop and the unpleasant odor of it, dog feces can serve to attract pests (such as flies) and rodents (such as rats). Being a responsible pet owner and scooping your dog's poop is important for the community health of

both humans and animals. It helps Improve local water quality. Scooping your dog's poop also promotes favorable views towards dogs by others in the community.

#### Walden on Lake Houston Mens Golf Association Annual Dues: \$55 2015 Officers: President Robert Garcia atascocita a msn.com Vice President Todd Skrocki mtoddskrocki a hotmail.com damon e2003@yahoo.com Treasurer Damon Evans Paul Hanrath paulh288@hotmail.com Secretary 2015 MGA Tournament Schedule January 24th 4 Man Step Back Scramble March 7th Individual Stroke Play April 254 - 264 March Play (over 2 weekends) May 2 -3 May 16th 4 Man Variable Best Ball June 5th - 6th Member/Member (3 days) July 25th Individual Red/White/Blue August 22nd 2 Man Best Ball (Pick your own Partner) September 26th - 27th Club Championship\* (over 2 days) October 23th - 25th Member/Guest - Member/Member (3 days) November 21" - 22" Tournament of Champions (Top 48) / Team Scramble (non-qualifiers-Saturday) Denotes events that are "Clab Events" .... Membership to the MGA is not required For information or to join the MGA please see any Club Pro or contact: Robert Garcia @ 713-898-1360 Schedule and tournament format posted on Walden Calendar at waldenes.com



#### The Clippings

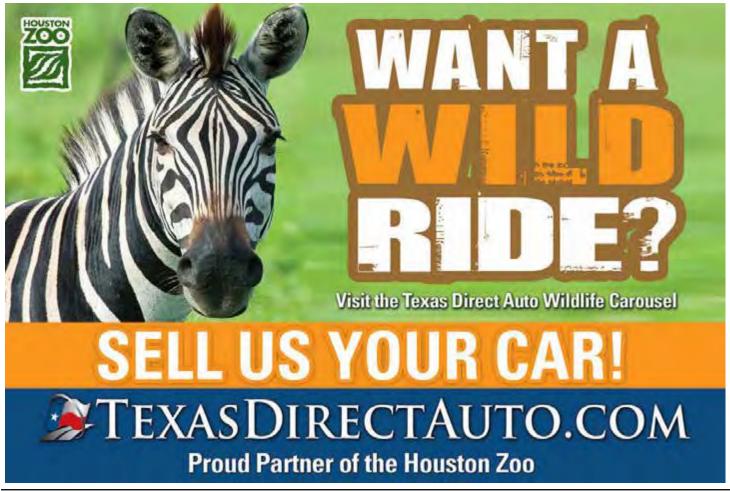
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WAL

#### **SPRING MAKEOVER**

Spring is such a beautiful time of year in Houston. One can't help but feel the refreshing power of this season when flowers are in full bloom. Even the trees seem to stand just a little taller. As the sun will certainly shine a little more we will want to spend more time in the great outdoors. This will lead to "spring cleaning" and the opportunity to give our homes a little makeover.

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Whether you're looking to sell your home or just want to make some home improvements, we want to help you get the most out of your hard earned dollar. Whether you're looking to sell or just want to beautify the home, you might be surprised at how much you can do with a little money.

Following are few of my personal tips that will be sure to impress:

#### LANDSCAPING

The Power of Flowers - Weed free flowerbeds and colorful flowers wins buyers hearts

Neatly trimmed lawns, trees, and bushes send a positive message to buyers and neighbors; a well-cared for yard represents a wellcared for home.

Roof - keep it clean of debris and tree limbs. A new roof will set you back thousands. Preserve it today to save money in the future.

#### INTERIOR

Walls - a fresh coat of paint can do wonders for a home. If you're looking to sell, conservative/neutral paints are the best option and most often give a home an open and airy feel.

Lighting – with so many low energy options the task of finding bright bulbs that don't give off unnatural lighting is often easier said than done. Most of the large box stores will allow you to take back lights you don't like. Buy a few varieties, find the one you like, and take the rest back. Once you find the right "bright" light you'll find your home to be more cheerful and inviting.

Smell – companies spend thousands of dollars to ensure their establishments give off just the right smell for their customers. Would it surprise you to learn that some coffee shops install odor control systems to make sure you get the "right" coffee smell when you walk in the front door? What smell message does your home give?

If you are looking to sell please call the Tracy Montgomery Team before spending any money. Interest rates are incredibly low, homes are in high demand, and buying power for many remains strong. The Tracy Montgomery Team of experienced listing agents will help ensure you get the most out of your home investment.

## THE Tracy Montgomery TEAM



Lisa Hughes Cell: 281.323.5894 Tracy Montgomery Cell: 713.825.5905

Sandy Brabham Cell: 713.503.8110 If you know of someone who would appreciate the level of service my Team provides, please call me with their name and business number. I'll be happy to follow up and take great care of them.



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