



# Willow Pointe Newsletter

March 2015  
Volume 11, Number 3

[www.willowpointe.org](http://www.willowpointe.org)

Deed Restrictions Enforced

Official Publication of the Willow Pointe Homeowners Association, Inc.

## PRESIDENTS MESSAGE

*By Scott Ward*

### WELCOME TO THE BOARD!

The Board would like to welcome Mona Shires as our newest member. Mona and her husband Rick have lived in Willow Pointe since 2000. They have 2 daughters. Their oldest daughter attends Cook Middle School and their youngest is a 5th grader at Bang Elementary. Additionally, Mona currently serves as the treasurer of the PTO at Bang Elementary. We are looking forward to working with Mona and want to extend a big thanks for her volunteering her time.

### WILLBERN ELEMENTARY SPRING CARNIVAL

Don't miss the Carnival on Saturday, April 11th from 10am to 3pm at Willbern Elementary (10811 Goodspring Dr.). A TON of parent volunteers are putting on a great carnival for the kids. They will have a rock wall, inflatables, cake walk, train rides, face painting, games, food, and FUN. You don't have to have a child that attends Willbern to attend. Tickets are sold at the door...and even if you are zoned to another school, please come on out!!

### SWIMTEAM TIME

Sign up is April 11, 2015 at the Winchester Country Clubhouse – 9607 Rio Grande Road from 10:00 am -12:00 noon. Please look in the newsletter for more Swim Team sign up information. Late registration is available. Info at: [www.winchesterhurricanes.com](http://www.winchesterhurricanes.com)

## WILLOW POINTE COMMUNITY CALENDAR

# MARCH 2015

### MARCH 2

Texas Independence Day  
Landscape Committee Meeting @ 6:30 pm

### MARCH 8

Day Light Savings Time (Spring Forward)

### MARCH 9-13

CFISD Holiday

### MARCH 14

Walk the bayou and pick up trash – meet @ the Willow  
Crossing Bridge @ 8 am

### MARCH 17

St. Patrick's Day  
Board Meeting @ 6:30 pm

All meetings are held in the pool meeting room. All Homeowners are welcome to attend any of the above meetings. Please call Randall Management to be placed on the agenda if you would like to address the Board at the meeting.

MUD Meeting Information – The normal date/time is 11:30 am the third Thursday of the month at the offices of Attorneys Young and Brooks. The address is 10000 Memorial Drive, Suite 260.

## IMPORTANT NUMBERS

Emergency .....	911
Sheriff's Department.....	713-221-6000
Sheriff's Department (Business).....	281-290-2100
Fire Department (Non-Emergency).....	713-466-6161
Vacation Watch .....	281-290-2100
Poison Control Center .....	800-222-1222
Animal Control.....	281-999-3191
Commissioner, Precinct 4.....	281-353-8424
Willow Place Post Office .....	281-890-2392
Entex Gas.....	713-659-2111
Centerpoint Energy (Power Outages Only) ....	713-207-2222
WCA -	
Garbage & Recycle.....	281-368-8397
Recycle/Hazardous Waste Disposal.....	281-560-6200
West Harris County MUD.....	281-807-9500
Jane Godwin @ Randall Management, Inc	
Voice Mail nights or week-ends .....	713-728-1126 ext 11
	<a href="mailto:jgodwin@randallmanagement.com">jgodwin@randallmanagement.com</a>
Newsletter Publisher	
Peel, Inc.....	<a href="mailto:advertising@PEELinc.com">advertising@PEELinc.com</a>
	888-687-6444

## HOMEOWNERS ASSOC.

### BOARD OF DIRECTORS

President	Scott Ward	2014 - 2017
Secretary	Brenda Jackson	2015 - 2018
Treasurer	Steve Mueller	2013 - 2016
Director	Mona Shires	2015 - 2018
Director	Angie Wilson	2014 - 2017

Please contact us at [wphoa.board@willowpointe.org](mailto:wphoa.board@willowpointe.org) if you have questions, comments or concerns.

## ADVERTISING INFO

Please support the businesses that advertise in the Willow Pointe Newsletter. Their advertising dollars make it possible for all Willow Pointe residents to receive the monthly newsletter at no charge. No homeowners association funds are used to produce or mail the newsletters. If you would like to support the community newsletter by advertising, please contact our sales office at 888-687-6444 or [advertising@peelinc.com](mailto:advertising@peelinc.com). The advertising deadline is the 8th of each month for the following month's newsletter.

## Harris County SHERIFF'S OFFICE Patrol Report JANUARY 2015

Category	No.
Burglary/Habitat .....	0
Burglary/Motor vehicle .....	3
Criminal Mischief .....	0
Disturbance/Family .....	1
Disturbance/Loud Noise .....	0
Local Alarms .....	8
Suspicious Person .....	0
Traffic Stop.....	10
Vehicle Suspicious .....	1

## BASHANS PAINTING & HOME REPAIR

- Interior & Exterior Painting
- HardiPlank Replacement
- Sheetrock Repair
- Cabinet Painting
- Pressure Washing
- Fence Repair/Replacement
- Custom Staining
- Gutter Repair & Replacement
- Crown Molding
- Wallpaper Removal
- Wood Replacement
- Interior Carpentry
- Wallpaper Removal & Texture
- Garage Floor Epoxy
- Roofing
- Faux Painting

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## YARD OF THE MONTH

As the flowers begin to bloom and the grass begins to green, these lawns are looking the greenest. Congratulations to the family at 9506 Willow Crossing Drive received first place for the month. Also congratulations go to the family at 10223 Pony Express Road who receive second place this month.



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## WINCHESTER HURRICANES Swim Team

Make a splash this Summer!

*Registration: April 11, 2015*

*Location: Winchester Country Clubhouse  
9607 Rio Grande Road*

*Time: 10:00 am -12:00 noon*

**LATE REGISTRATIONS: Last Day of Guppy School  
4/23; 1st Day of Practice 4/27.**

### SWIMMERS BETWEEN AGES OF 4 AND 18

The Hurricanes will again sponsor the FREE Guppy School (April 20-23) for younger swimmers who would like to learn from the swim team experts and see if swim team is right for them. We always need "6 and under" age swimmers – come and give it a try! Be part of a great team sport, build community spirit. Swimming enhances children's natural flexibility and promotes muscular development. Swimming is the most injury free of all children's sports. Swimming is a sport that promotes lifelong fitness and enjoyment. Swimmers learn self-discipline and how to set personal goals.

Registration form can be downloaded and completed in advance from our website or completed at registration.

Registration cost is \$95 each for the first 2 swimmers, \$50 for the 3rd swimmer, and \$40 for the 4th swimmer. A refundable volunteer deposit check is required at registration. Fees include a trophy, a team t-shirt, and the team party.

**[www.winchesterhurricanes.com](http://www.winchesterhurricanes.com)**

Winchester Swim Team, Inc. serves 200+ neighborhood kids each year and is affiliated with the Northwest Aquatic League "NWAL". This activity is not related to or sponsored by Cypress-Fairbanks

## Cooking substitutions aid in calorie reduction

When looking to make permanent changes to a diet, consider using ingredient substitutions, said Roberta Anding, registered dietitian at BCM and Texas Children's Hospital.

Modifying the fat content in recipes gives the biggest calorie reduction, said Anding. Many times, applesauce can replace butter and oil in baking recipes, and Greek yogurt can replace sour cream.

Learning what substitutions work best does take some time and experimentation with cooking time and temperature, but reducing a diet by 100 calories per day can result in a 10-pound weight loss in one year, said Anding.

Other substitution options include switching to a low-fat cheese rather than a whole-fat cheese and switching from white bread and rice to wheat bread and brown rice. Not only is there a benefit in amounts of fiber, but also in magnesium, which can decrease the risk of type 2 diabetes.

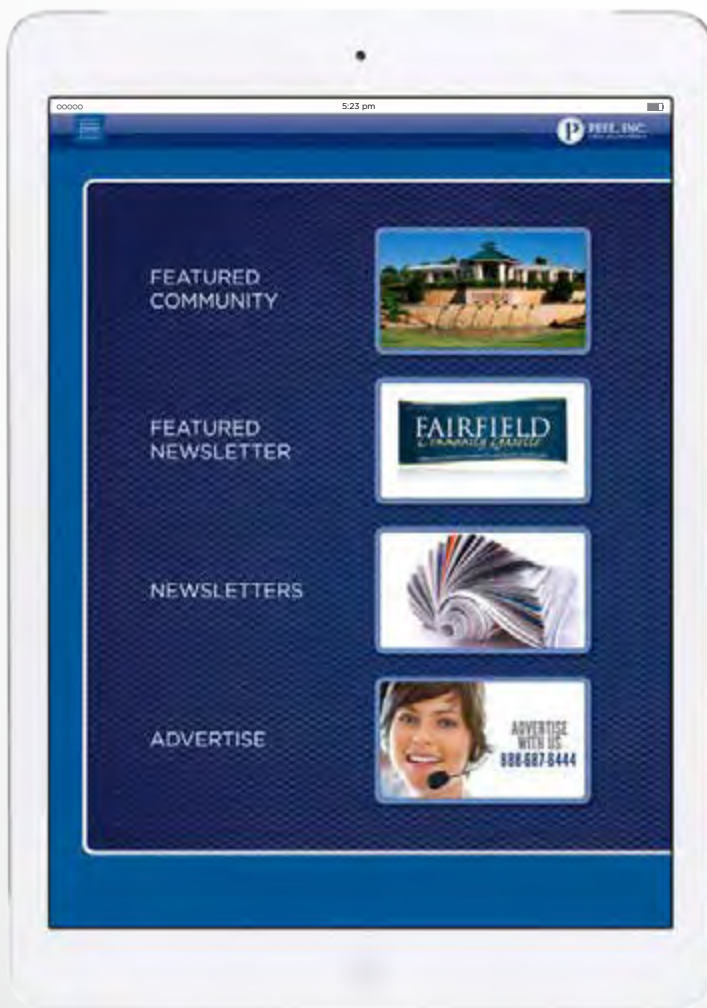
"Don't look for extreme changes to your diet. Look for the common sense changes that you can make permanent," said Anding.



# Your Community at Your Fingertips



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512.263.9181

# Kids' Club

## Attention KIDS: Send Us Your Masterpiece!

Color the drawing below and mail the finished artwork to us at:

Peel, Inc. - Kids Club  
308 Meadowlark St  
Lakeway, TX 78734-4717

We will select the top few and post their artwork on our Facebook Page - Facebook.com/PeelInc.

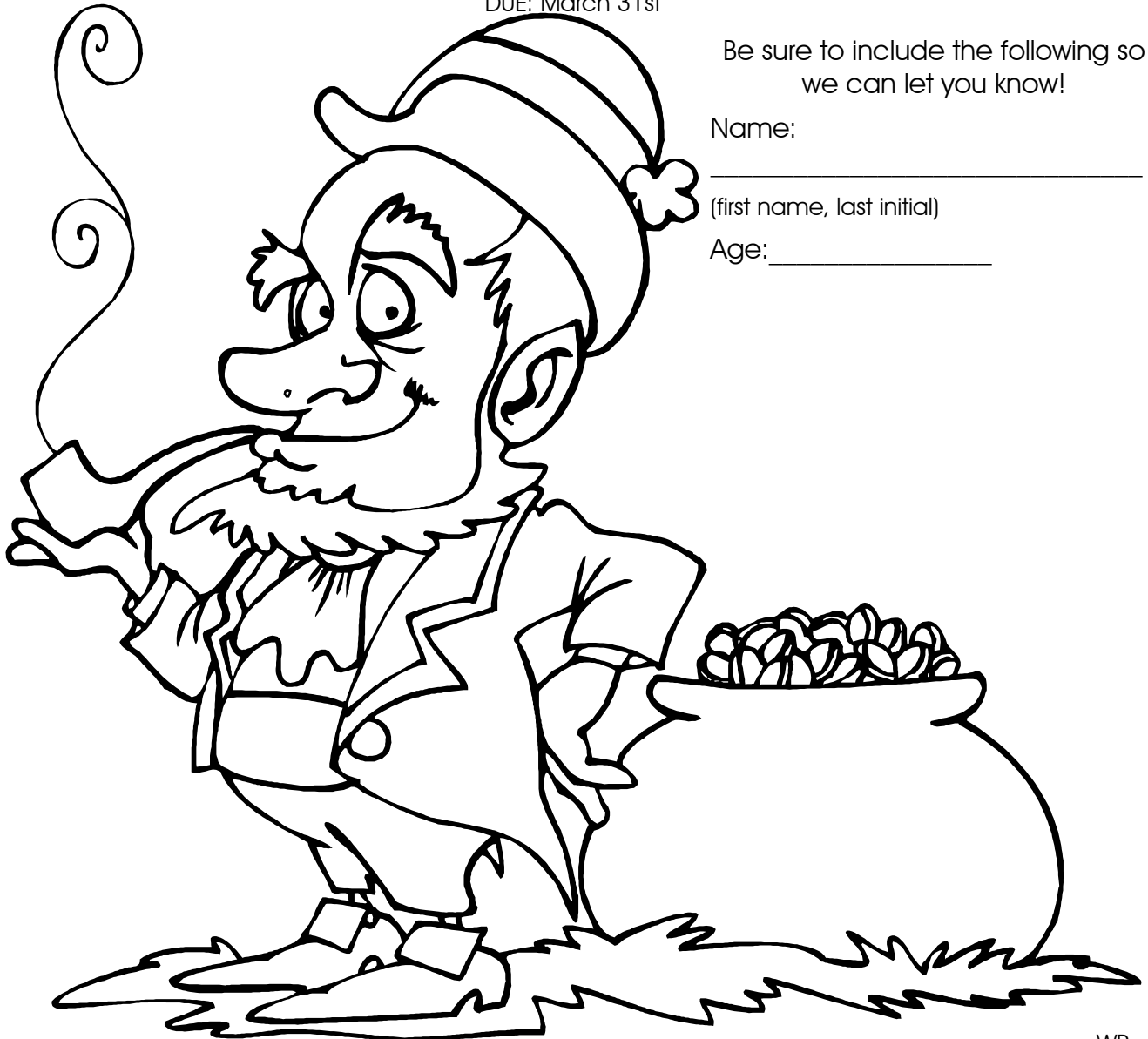
DUE: March 31st

Be sure to include the following so  
we can let you know!

Name: \_\_\_\_\_

(first name, last initial)

Age: \_\_\_\_\_



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## SUDOKU

View answers online at [www.peelinc.com](http://www.peelinc.com)

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The goal is to fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Each digit may appear only once in each row, each column, and each 3x3 box.

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# got news?

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[www.peelinc.com](http://www.peelinc.com)



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