



Newsletter for the Residents of Lakeway

# Lakeway VOICE

Volume 7, Issue 5  
May 2015

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## ARTICLE INFO

The Lakeway Voice is mailed monthly to all Lakeway residents. Residents, community groups, churches, etc. are welcome to include information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for The Lakeway Voice please email it to [lakeway@peelinc.com](mailto:lakeway@peelinc.com). The deadline is the 15th of the month prior to the issue.



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Lake Travis Postal Office.....	512-263-2458
Lakeway City Hall.....	512-314-7500
City of Lakeway .....	<a href="http://www.lakeway-tx.gov">www.lakeway-tx.gov</a>

### NEWSLETTER PUBLISHER

Peel, Inc. ....	512-263-9181
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Advertising.....	<a href="mailto:advertising@peelinc.com">advertising@peelinc.com</a>

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## COVER PHOTO

*Do you take great photos?*

Do you take great photos? Would you like to see your photo published? We are looking for great cover photos for upcoming issues of the Lakeway Voice. All photos submitted must represent Lakeway.

Our deadline for submittals is always the 9th of the month prior to the issue. All photos should be submitted electronically by the deadline date in high resolution (300 dpi) to [lakeway@peelinc.com](mailto:lakeway@peelinc.com). Portrait (vertical) photos work best.

This month's cover photo was submitted by Lucy Mao, taken at Lakeway City Park in June 2014.

By submitting your photo you agree to allow your photo to be published in future issues of the Lakeway Voice or other Peel, Inc. publications. Call 512-263-9181 to find out how to have your business featured on the cover of the Lakeway Voice.

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# Around Lakeway

## Lake Travis Annual Football Spring Jamboree

*Friday, May 22*

The 5-time state championship program at Lake Travis High School is gearing up for the fall season with the annual Spring Jamboree Scrimmage. The scrimmage will be held on May 22, 2015 at Cavalier Stadium. This will be the first opportunity for fans to get a glimpse of what the 2015 season will have in store for them. According to Director of Athletics and Head Football Coach Hank Carter, "2015 is going to be a great year for the Lake Travis football program. We are excited about the future and have a ton of talented players in the system right now. We hope everyone will come out and watch on May 22nd as we embark on our journey for #6"

The entry fee for the event is \$5 for adults and \$2 for students. Gates open at 4:30pm and future Cavaliers (Kinder – 6th grade) can sign up for the FREE Punt, Pass and Kick competition that will begin at 5pm. All LTISD elementary and 6th grade students are eligible to participate. Each participant will receive a LT wristband and prizes are awarded to the final winners in each category.

Admission to the Spring Jam includes spectating at all 3 games that will be played during the evening. The Freshman scrimmage will begin at 5:30pm, JV at 6:30pm and Varsity takes the field at 7:45pm. Big Prize Chance drawings will be awarded throughout the evening. First place prize is a 60" Sharp LED TV, second place prize is an Xbox One and third place prize is Beats Solo 2 headphones. In addition to the large prizes, (3) \$50 LT Spirit Shack gift certificates will also be awarded.

Prize drawing tickets are available for \$10 each and can be purchased from any football parent prior to the event or at the gate during the event. The Spirit Shack will have LT t-shirts and souvenirs on sale during the event. The event will also feature silent and live auctions as well as varsity team autographs. You can also submit your chance to "Coach the Cavs".

The "Taste of Lakeway" will feature local food offerings from some of Lakeway's finest restaurants. Spectators can purchase an all-inclusive dining pass for \$3 at the gate and enjoy all of the offerings from the restaurants on site.

The Spring Jamboree planning committee would like to thank the Platinum Sponsors for this year's event: HEB and Keller Williams Lake Travis.

For more information about the Spring Jamboree or to become a sponsor, please visit [www.LakeTravisFootball.com](http://www.LakeTravisFootball.com). Any further questions can also be emailed to: [britnecross@gmail.com](mailto:britnecross@gmail.com).





## BANK ON FUN AT *Lakeway Big Band Bash*

Spend the evening with one of the best big bands in Central Texas at the next Big Band Bash from 8-10 p.m. May 11 at Lakeway Activity Center, 105 Cross Creek.

Spend the evening with friends while enjoying a large dance floor and tables available for aperitifs and appetizers — all without the hassle of reservations.

Lakeway Arts Committee sponsors the Lakeway Big Band Bash on the second Monday of each month.

The event is free, but donations to the band are encouraged. Guests may bring their own refreshments because none are provided. Reservations are not required, and doors open at 7:30 p.m.

Kent Dugan's 17-piece orchestra, The Republic of Texas Band, features Lakeway singers David Cummings and Lisa Clark. This band consistently appeals to dancers of many generations. Expect to hear a wide variety of favorite tunes, mostly from the Sinatra era, with fresh arrangements.

"For an inexpensive night on the town in Lakeway, enjoy a nice dinner and then go dancing at the Bash at 8 p.m.," Lakeway Arts Committee chairman Fred Newton said.

For information, call Lakeway Activity Center at 512-261-1010.



A promotional poster for the 2015 Spring Jamboree Scrimmage. The background is a green football field. The text is in various colors and fonts. At the top left, it says "2015 Spring JAMBOREE SCRIMMAGE" in green and white. To the right is the "LAKESIDE CAVALIERS LT FOOTBALL" logo. Below the main title, it says "FRIDAY, MAY 22, 2015" in white. Then "FRESHMAN 5:30PM • JV 6:30PM • VARSITY 7:45PM" and "GATES OPEN AT 4:30PM" in white. Below that, "FEATURING PUNT, PASS &amp; KICK" in yellow. There are two starburst graphics: one on the left says "PRIZE DRAWINGS" and "\$5 ADULT ADMISSION", and one on the right says "\$2 STUDENT ADMISSION". At the bottom, there are logos for Anthem Bank &amp; Trust, Dorsett Johnson &amp; Swift, H-E-B, isa High School Study Abroad, and kw Lake Travis Keller Williams Realty. The website "WWW.LAKETRAVISFOOTBALL.COM" is at the bottom.

## COLIN'S HOPE

*by Dorian de Wind*

When I was six or seven years old, I witnessed the ocean drowning of a dear aunt. Although too young for the full scope of the tragedy to sink in, the thoughts and the images of that event have remained with me for almost 70 years.

No wonder that, when our young grandson started splashing in our swimming pool a dozen or so years ago, the thought of such an unfathomable occurrence never left our mind. We took every precaution possible, as I am sure the vast majority of parents, grandparents, relatives, caretakers and friends of so many young children do when they let their young ones swim in pools, lakes, rivers, water parks and more.

But the unimaginable does occur -- more often than we think.

Now that another swimming season approaches it may be the time to give "the unimaginable" some thought because if statistics tell the truth, drowning is all too imaginable.

The Centers for Disease Control and Prevention publishes the following grim statistic: From 1999 through 2010, a total of 46,419 deaths from unintentional drowning (including boating) occurred in the United States, an average of 3,868 deaths per year. That is an average of more than 10 drowning deaths each and every day of the year.

But what is even more disturbing, unintentional drowning has become the leading cause of death from unintentional injury among children aged 1-4 years. It replaces deaths resulting from motor vehicle accidents as the leading cause of death from unintentional injury for boys aged 1-4 years. These child-drowning deaths occurred most often in a bathtub for children under one year of age and, in a swimming pool, for children aged 1-4 years. The latter location -- swimming pools -- accounts for more than 50% of all unintentional drowning deaths in that age group, according to the CDC.

At this point, the reader may ask, why the focus on younger children and swimming pools? While, of course, every drowning is an immeasurable tragedy, the loss of a toddler under such horrific circumstances in one's neighborhood pool, is bound to leave an indelible impression. That is what happened on a beautiful June day almost seven years ago at a nearby swimming pool. To be precise, on June 13, 2008, Colin Holst, a proud and happy four-and-a-half-year-old little boy went to "the big" pool -- a swimming pool close to Circle C Ranch -- just one day after graduating from swimming lessons and receiving his medal. Little

Colin, age 4, enjoying a family weekend by the water. Colin was having a ball playing in the fountains and sprinklers with his friends, all moving around the pool together in a clump, playing and splashing and ducking in and out of the water.

Suddenly, in an instant, Colin wasn't with them. Time stood still as all eyes swept the pool looking for him, and then, only moments later, Colin was pulled from the shallow water unconscious and not breathing. Efforts to revive him at the pool were unsuccessful. Colin, the baby boy born "with a mop of dark hair that looked just like his mother," died at the hospital the next day, having never opened his eyes again after his swim.

Out of this unimaginable tragedy, sprang a glimmer of hope -- even of good. Grief-stricken by their loss and shocked to learn the cruel toll drowning takes on children of Colin's age, Colin's family founded an organization dedicated to preventing such tragedies from befalling other families: Colin's Hope. Simply, "Colin's Hope envisions a world where children do not drown. Colin's Hope raises water safety awareness to prevent children from drowning."

As our weather warms up, as families once again head for our pools, lakes and beaches, please take time to familiarize yourself with water safety rules -- they might make the difference between a happy summer and the unimaginable. An excellent place to do such is [ColinsHope.org](http://ColinsHope.org). At Colin's Hope, learn about this wonderful organization's many water safety awareness programs, events, campaigns and resources. They all have one vision in mind: "A world where children do not drown. While at Colin's Hope, take a look at their on-line Water Safety Resources Hub," take the "Water Safety Quiz" and please consider volunteering for one of their many activities and programs and making a contribution so that the "glimmer of hope" may become a bright light -- a reality, as much as possible -- for our children and grandchildren.

Acknowledgement: Some of the information and wording in this article comes -- with permission -- from "Colin's Story," at Colin's Hope. Colin's photo and lead image, courtesy Colin's Hope.

Colin's Hope has a mission to raise water safety awareness to prevent children from drowning. They envision a world where children do not drown. To learn more, please visit:

**[WWW.COLINSHOPE.ORG](http://WWW.COLINSHOPE.ORG)**







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# Around Lakeway

## Former Space Center Director to Speak at Lakeway Memorial Day Service

A former director of NASA's Johnson Space Center and retired U.S. Marine Corps lieutenant general will be the guest speaker at Lakeway's Memorial Day Service on May 22. Jeff "Beak" Howell will present "I Remember ..." at 11 a.m. at Emmaus Catholic Parish, 1718 Lohmans Crossing Road, in Lakeway. Because of scheduling considerations, the service will not be held on the traditional last Monday in May.

Howell began his military career as an infantry officer, and while serving as an aviator he commanded Marine Fighter/Attack squadron 212, Marine Aircraft Group 24, 2nd Marine Aircraft Wing, and ultimately Marine Forces Pacific.

His staff tours included serving as economics instructor and various staff positions at Headquarters Marine Corps and the Pentagon in aviation-related duties. His command experience includes commanding rifle, weapons and mortar platoons as an infantry officer.

Promoted to brigadier general in 1989, the Victoria, Texas native served in command roles in Norway and Hawaii where he was promoted to lieutenant general. He retired from the Marine Corps in 1998 with personal decorations including Defense Superior Service Medal, Legion of Merit, Bronze Star Medal, Air Medal with two individual and 25 strike-flight awards and Navy Commendation Medal. In 1980, he received the John Paul Jones Award for Inspirational Leadership from the Navy League of the United States.

After his military retirement, Howell was senior vice president with Science Applications International Corp. He followed that in 2002 as director of NASA's Lyndon B. Johnson Space Center in Houston for three years.

His leadership was put to its greatest test as director of the Johnson Space Center upon the 2003 explosion of the Space Shuttle Columbia. Catastrophe planning spawned by the 1986 Space Shuttle Challenger disaster aided in rapidly responding to the overwhelming scope of issues immediately at hand.

The Bee Cave resident is presently an adjunct professor with the Lyndon B. Johnson School for Public Affairs at the University of Texas-Austin where he teaches courses on leadership.

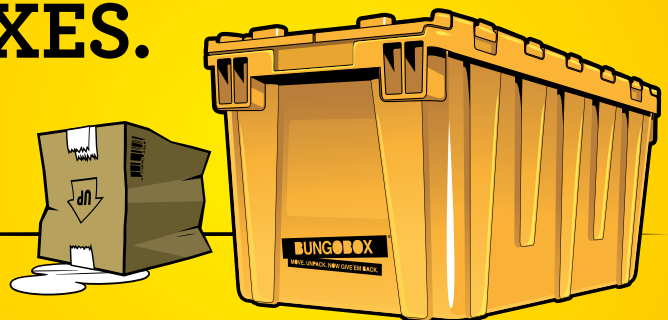
Howell will speak at the City of Lakeway service, which will be hosted in collaboration with the Lakeway Heritage Commission, the Lohmann's Ford Chapter of the Daughters of the American Revolution and the Lake Travis Standing Military Committee.

Lakeway Police Department Color Guard will parade the colors and perform Taps. Music for will be provided by Lakeway Sing Along vocalists and musicians.

Questions regarding the Memorial Day service should be directed to the Lakeway Heritage Center at 512-608-9533 or emailed to [history@lakeway-tx.gov](mailto:history@lakeway-tx.gov).

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## CAMPS FOR CHILDREN AGES 2 - 11

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- SENSATIONAL EXPLORATIONS
- COLOR MY WORLD
- BUSY BUGS: THE WORLD OF INSECTS AND CREEPY CRAWLERS
- CARS, TRUCKS, PLANES AND TRAINS: THINGS THAT GO!
- SWEET SUMMERTIME
- HEAD, SHOULDERS, KNEES AND TOES
- COOKING UP A STORY
- ....AND MANY MORE!

### THE LILLIPUTS (AGES 3-5) M-F 9AM-2PM

- WONDERFUL WATER WORKS
- HEAD, SHOULDERS, KNEES AND TOES
- SWEET SUMMERTIME
- THE PINE BOX DERBY
- COLOR MY WORLD
- IT'S A BIRD! IT'S A PLANE! FLIGHT DISCOVERY
- THREE, TWO, ONE, BLAST OFF!
- READY, SET, RECYCLE!
- ...LOTS MORE!

### THE TRAVELERS (AGES 6-9) M-F 9AM-2PM

- PASSPORT TO THE WORLD
- FOLLOW THAT MAP! A CARTOGRAPHY CAMP
- STAMP, SPLAT, SCREENS AND PRINTS
- SENSATIONAL EXPLORATIONS
- BUBBLE, BUBBLE, POP! DO THE SCIENCE BOP!
- RING, DING, TING! THE WORLD OF SOUND
- WONDERFUL WATER WORKS
- ...AND MORE!

### GENRE CAMPS (AGES 8-11) M-F 9AM-2PM

- DESIGN TO BUILD
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# Around Lakeway

Arts in the Air at Lakeway's

## Spring Fine Arts Show

The Lakeway Arts Committee will sponsor a Spring Fine Arts Show from 1-5 p.m. May 16 at Lakeway Activity Center, 105 Cross Creek.

The exhibition and sale will feature fine art paintings, pottery, sculpture and jewelry created by local area artists.

Artists will display their fine art paintings in LAC Rooms A, B, C and F. Fine jewelry, pottery and sculpture will be exhibited outside in the center's courtyard. Historic and classic fine art will be in Room D.

All fine art will be original and for sale, unless otherwise noted on the piece of art. Checks or cash are preferred.

The LAC breakroom will be arranged to allow guests to bring their own wine or champagne and their own glasses to enjoy while viewing and shopping for art. Bottled water will be provided.

"Enjoy a pleasant Saturday afternoon in our mild Texas spring to view and purchase fine art creations by our local artists and add a local touch of Texas to your home," Lakeway Arts Committee member Russ Block said.

For information, contact Block at [rblock6@austin.rr.com](mailto:rblock6@austin.rr.com).



*COURTESY OF THE CITY OF LAKEWAY*

*Artists, from left, Shirley Fisk, Johnnie Fields and Nona Maxwell enjoy last year's Spring Fine Arts Show. This year's show is set for May 16 at Lakeway Activity Center.*

## Lakeway Taking Veterans Names for Monument Engraving

The Lakeway Heritage Center is soliciting annual submissions for the names of past and present local veterans to be engraved on the Heritage Park Spirit of Freedom Monument.

The acceptance of applications this year will close on Aug. 14, 2015.

Basic eligibility includes having lived within the city limits, or within Lakeway's extra-territorial jurisdiction.

Military service requires that the veteran served no less than 90 days of active duty and received an honorable discharge within the following dates for the respective periods of armed conflict. These authorized dates are determined by the U.S. Department of Veterans Affairs for related federal benefits:

- World War II - Dec. 7, 1941 to Dec. 31, 1946;
- Korea - June 27, 1950 to Jan. 31, 1955;
- Vietnam - Aug. 5, 1964 (in-country Feb. 28, 1961) to May 7, 1975;
- Lebanon - 1982 to 1983;
- Grenada - 1983;
- Persian Gulf - Aug. 2, 1990 to April 6, 1991; and
- Global War on Terror - Sept. 11, 2001 to present.

The Spirit of Freedom Monument was developed and expanded through generous donations of the citizens of Lakeway, and dedicated on Veterans Day 1995, the 50th anniversary year of the end of World War II.

Although the City of Lakeway maintains the monument system, the engraving of names is accomplished through tax-deductible donations by Lakeway citizens. Accordingly, a donation of \$135 is required for each name engraved on the monument system.

On Veterans Day 1995, the World War II obelisk at the Spirit of Freedom Monument was unveiled revealing 485 names of Lakeway citizens who served during that war. Since then, an additional 62 names have been added to the obelisk. With the addition of walls reflecting on subsequent combat periods, a total of 1,035 names represent those Lakeway citizens who served in the military during periods of armed conflict.

Notably, engraving space for World War II Army and Navy veterans is becoming limited. As such, persons considering engravings for those veterans are encouraged to visit the Heritage Center to determine the viability of adding the names.

Applications may be obtained from a small box at the entry to the monument or at the Heritage Center, 963 Lohmans Crossing, between 9 a.m. and 3:30 p.m. Mondays, Wednesdays or Fridays. They may also be requested via email by contacting Lakeway Archivist Mike Boston at [history@lakeway-tx.gov](mailto:history@lakeway-tx.gov).



# RETIRE BETTER - A LIFETIME OF INCOME

# WELL ENDOWED

WITH JOSH STIVERS

Most people are well aware of the fact that not all investment opportunities are created equal. For many years, certain investments have not been available to the general public and have been exclusively available to the “big boys”.

Institutions such as banks, insurance companies, and universities are playing in a league of their own, but individual investors can still learn and benefit from their strategies. Many studies have been done over the years on the endowment funds of major colleges and universities. Endowments are one of the most popular means by which institutions achieve stated goals with their investment funds.

One of the most widely praised is the Yale endowment. The Yale investment model has a 20 year track record of greater than 13% average returns and a value of over \$20 billion. While Yale is obviously playing in a completely different ballpark from individual investors, I would argue that we can still play the same game.

One of the major components of endowment investing is understanding the concept of correlation. By utilizing investments across different assets classes, it is possible to reduce the amount of correlation between the individual investments, which in turn reduces the overall portfolio risk. For instance, if you own a piece of property the value does not fluctuate based on the daily stock market.

Advances in technology and trading efficiency have now made it

possible for individual to replicate the asset allocations used by these large endowments. The days of basic stock and bond portfolios are rapidly fading away and being replaced by a new era of more efficient and better balanced portfolios.

For example, if an endowment wants exposure to the healthcare sector they may buy a hospital or assisted living facility. While an individual does not have the capital to make such an acquisition, it is possible to participate in private equity investment trusts that own healthcare real estate. From natural resource exploration and private debt offerings to properly utilizing insurance assets, there are a myriad of ways to structure a Family Endowment model.

The overall goal of utilizing a Family Endowment structure is to increase portfolio performance while lowering portfolio volatility. There is a reason why professional endowment managers have chosen to diversify their portfolios in this manner. It is not that they have information we do not, but they have a level of understanding and experience that supersedes that of most average investors.

If you would like to learn how the Family Endowment can work for you feel free to contact us.

As always, we are here to answer your pressing questions and concerns regarding retirement investment planning.

Send your questions and information requests to [retirebetter@platinumwealthadvisory.com](mailto:retirebetter@platinumwealthadvisory.com).

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# Around Lakeway

## Be Healthy Lake Travis

A big thank you for everyone who came out to support the fight against lung cancer in 37 degree rainy weather to participate in the 4th annual Rexanna's Run For a Purpose event on March 1st! The race was a success as we were able to raise funds for lung cancer research with MD Anderson. Join us again next year for the 5th annual 5K and cross your fingers for some sunny weather!

Be Healthy would also like everyone to come out and support our next event Run – Splash – Run for Kids on June 7th, 2015 at the Lakeway Swim Center. Be Healthy is partnering with the City of Lakeway Parks and Recreation Department to raise awareness in the community about the value of having an active, healthy lifestyle. All proceeds will be reinvested in our community! Register at [behealthylaketravis.com/events](http://behealthylaketravis.com/events) (\$30 for early bird, \$35 after May 1st)

Be Healthy Lake Travis was out in the community this past week helping the Lake Travis School District and Colin's Hope, with the Take 10 Program. We helped train 600 high school students in CPR. Another example of Be Healthy being active, helping our community.

### THE VALUE OF SLEEP FOR CHILDREN AND TEENS

As important as food and water, sleep is vital to your well-being. And, if you are a parent, research shows that your children are not getting the sleep they need. According to the National Sleep Foundation, children (ages 6-13) require 9-11 hours of sleep per night and adolescents (ages 13-18) require 9-10 hours per night. A recent study from the Centers for Disease Control found that 31% of teens get 8 hours or less of sleep per night and most school age children are getting 8.5 hours. For children, homework demands, sports, and other extracurricular activities contribute to busy schedules and less time for sleep. For teens, social lives, jobs, school, and changing bodies effect sleep. For all age groups, computers, TV, and caffeine contribute to poor sleep habits.

We all know the value of a good night's rest, but for growing brains and bodies, not getting enough sleep can have consequences in school and relationships. Specifically, teens and children can have difficulty concentrating and learning when sleep deprived, mood swings and behavior problems. And, according to the Sleep Disorder's Center,

approximately 1,550 people are killed annually in crashes related to drowsy driving. Often, these crashes are caused by young people under the age of 25.

On the contrary, quality sleep has been linked to improved attention, greater emotional control, improved mental health, and lower risk of obesity. In recognizing the importance of quality sleep, parents can help children establish healthy sleep habits at an early age. According to the UCLA Sleep Disorders Center, the changing bodies of 10-12 year olds have a close link to teen sleep patterns. If healthy sleep hygiene is established in adolescents, those habits can carry into adulthood.

Healthy sleep habits for teens and children include:

- a set bedtime and wake time that does not vary by more than 2 hours on the weekend
- a relaxing bedtime routine such as reading or story
- no "exciting" activities at bedtime such as jumping, wrestling or computer games
- daily exercise and a healthy diet

Additionally, teens should avoid caffeine after 4 PM. They should not smoke or drink as nicotine and alcohol disrupt sleep.

If you think your teen or child may have a sleep issue, there are common symptoms you may notice. For adolescents, parents may have difficulty waking them in the morning or observe that their teen is irritable in the early afternoon. Teens may fall asleep easily during the day, have a sudden drop in grades, or sleep for long periods on the weekends. Children may require excessive "help" falling asleep, wake many times during the night, constantly toss and turn at night, or cause their parents to lose sleep. While these symptoms are usually easily addressed by improving sleep habits, more severe symptoms should be addressed with the help of a pediatrician or behavior specialist.

As parents, the value that we place on sleep is a big influence on our children's attitude toward sleep. Fortunately, there are a lot of practical steps we can take to help our children get the sleep they need. There are too many benefits of good sleep for our teens and children to miss out on them.



*\*This article was written by: Shelley Coleman M.A., L.P.C.-S. Shelley Coleman is a Licensed Professional Counselor, parent, and Ironman finisher. She is in private practice in Lakeway where she provides play therapy, child and adolescent counseling, family therapy, group therapy, and parent education. She can be reached at [shelleybcolemalpc@gmail.com](mailto:shelleybcolemalpc@gmail.com)*



## CAMPO BACKS HIGHWAY STUDY FOR WESTERN TRAVIS COUNTY

The City of Lakeway's efforts to focus attention on transportation needs in western Travis County gained ground in a recent deal with CAMPO officials. Will Conley, chairman of the Transportation Policy Board of the Capital Area Metropolitan Planning Organization, expressed his gratitude at the board's April 13 meeting to the City of Lakeway and Councilmember Joe Bain for withdrawing its SH45W highway proposal from the CAMPO 2040 Regional Transportation Plan.

In appreciation for removing the proposed project, Conley announced his plan to appoint a committee of CAMPO board members to focus strictly on transportation issues in western Travis County. Conley proposed that the committee be led jointly by Travis County Commissioners Gerald Daugherty and Brigid Shea in addition to members from Austin, Lakeway and other jurisdictions in western Travis County.

Western Travis County has many transportation needs that merit special attention by CAMPO, Conley said.

CAMPO Executive Director Ashby Johnson told the board that he plans to add a "subregional transportation study" of transportation issues in western Travis County to the planning organization's Unified Planning Work Program that he will take to them later this year. Johnson said that the subregional study can pick up where the Texas Department of Transportation's current RM 620 corridor study leaves off.

"The combination of the two studies should produce some viable options for transportation improvements in the years to come," Lakeway City Manager Steve Jones said. At that same meeting, the CAMPO Policy Board confirmed a proposal by the Central Texas Regional Transportation Authority to add four new express lanes to MoPac Expressway from First Street to Slaughter Lane.

"When completed, the new lanes should significantly reduce travel times on MoPac for Lakeway residents who use the expressway," Jones said.

## BLOOD DRIVE

The next Lakeway Community Blood Drive will be held on May 23 at the Lakeway Activity Center.

## Women's Club Dance Sparkles in "Black and Bling"

About 150 members and guests of the Women's Club of Greater Lakeway gathered recently at the Lakeway Resort and Spa for a sumptuous steak dinner and dancing to music by The Fabs.

Incorporating a party theme of "Black and Bling," the Club's annual spring dance co-chairs Karen Morter and Carole Dann saluted the members who helped decorate, as well as their husbands Jim Morter and John Dann, who helped with set-up and take down.

Women's Club has over 500 members. The group hosts two co-ed social events annually, meets monthly to hear informative speakers, and supports more than 25 varied special interest groups, from book clubs to expats, cancer support, investments, crafts, and a Galloping Gourmets luncheon group.

For a list of activities, upcoming speakers and membership information, please see the club's Web site at [lakewaywomensclub.com](http://lakewaywomensclub.com).



*Top Right: Mike and Brooke Toeller star in black-and-bling perfection.*



*Top Left: Co-chairs Karen Morter and Carole Dann celebrate the success of the club's annual spring dance.*

*Right: Timm Gilmore takes a spin with membership chair Susan Bryce, while others cheer them on.*



*Photos by Pat Evans.*

# Sports News

## LAKEWAY 18 HOLE LADIES GROUP LAKEWAY COUNTRY CLUB

### MARCH 4TH – ACE OF THE MONTH, YAUPON

*Congratulations, Ace of the Month – Mary Jo Sheehan – 72*

*Low Gross – Paula Crawley – 100 & Low Net – Marlene Massa – 74*

*Chip Ins – Mary Jo Sheehan Birdies – Marlene Massa #12 Low Putts  
– Mary Jo Sheehan – 30*

### MARCH 11TH – 1, 2, 3 WALTZ, YAUPON

*Flight 1: 1st – Sue Leach, Sarah Hohner, Marlene Massa, Marsha Kish*

*Flight 2: 1st – Debbie Thomas, Mary Jo Sheehan, Sue Combs, Jane Froeschle*

*Chip Ins: Marsha Kish #4; Sue Leach #5; Bo Gaddis #5; Cici Ely*

*#13; Mary Jo Sheehan #16*

*Birdies: Mary Jo Sheehan, Paula Crawley, Patti Lasswell, Marlene Massa*

*#3; Debbie Thomas – 7 & 13*

*Low Putts: Sarah Hohner – 29*

### MARCH 25TH - LOW GROSS – LOW NET, YAUPON

*Flight 1: Low Gross Cici Ely – 86*

*1st Low Net – Lesa Wilson – 71*

*2nd Low Net – Gerrie Richardson – 72*

*Flight 2: Low Gross Maxie Scott – 100*

*1st Low Net – Marsha Kish – 75*

*2nd Low Net – Patti Lasswell – 76*

*Flight 3: Low Gross Rita Hietpas – 109*

*1st Low Net – Karina Williams 72*

*2nd Low Net – Jane Froeschle – 76*

*Chip Ins: Carolyn Henry #9; Marlene Massa #2*

*Birdies: Cici Ely #12 & #16; Gerrie Richardson #12; Maxie Scott  
#7; Karina Williams #12*

*Low Putts: Sarah Hohner 28*

### MARCH 31ST AND APRIL 1ST – ECLECTIC, LIVE OAK

*Flight 1: Low Gross Cici Ely – 75*

*1st Low Net – Sarah Hohner – 62*

*2nd Low Net – Beverly Reid – 63*

*Flight 2: Low Gross Maxie Scott – 86*

*1st Low Net – Marsha Kish – 60*

*2nd Low Net – Patti Lasswell – 62*

*Flight 3: Low Gross Rita Hietpas – 87*

*1st Low Net – Pat Huskinson – 60*

*2nd Low Net – Lynn Walder – 60*

*Birdies: Beverly Reid 1; Cici Ely 3, 7, 17; Rita Hietpas 4; Maxie Scott 6; Sue  
Leach 7; Paula Crawley 17*

*Submitted by: Marsha Kish, LLGA Publicity Chair*



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# News You Can Use

## WILD & FREE

by Jim and Lynne Weber

# NATUREWATCH

As Austin and surrounding areas grow and expand, encounters with urban wildlife become increasingly frequent, especially during the spring and summer breeding seasons.

Wild animals often make their homes in or around our homes, and they can be unwelcome and even destructive. Be aware that trapping is not always the answer, and should only be used as a last resort. Unless the source of the problem is eliminated (uncapped chimneys, holes in decks or attics, pet food left outside), another animal will likely move into the same spot. Additionally, during spring and summer, you may trap a mother whose babies will be left orphaned if she is removed.

Trapping is also quite stressful for animals, and they often injure themselves when trying to escape. They can be exposed to the elements and left trapped for an unknown number of hours or days, without food or water. If they are relocated, they may have trouble finding food, water, or shelter, as they will be disoriented in their new environment. They can also be considered intruders by the resident animal population, and be driven away or attacked, with a very uncertain outcome.

To avoid all of these situations, there are humane solutions to prevent common wildlife problems before they occur. These include installing L-shaped mesh barriers under decks, sheds, and around gardens, adding bungee cords to trash can lids or keeping the cans inside the garage until collection day, capping the top of the chimney, installing mesh covered attic vents, taking pet food indoors overnight, and adding squirrel-proof baffles to bird feeders.

If you do run across wildlife babies, remember that they cannot digest cow's milk properly, so they should be brought to Wildlife Rescue as soon as possible. Fawns are often left alone and curled up in the grass for up to 10-12 hours while their mothers forage, so if their mouth is warm, bottom is clean, and they are not being overrun by fire ants, leave them alone. Young feathered birds are frequently found on the ground and belong there, as it is natural for them to fledge the nest and learn to fly, feed, and avoid predators, all under the watchful eyes of their parents, who are likely nearby. Unfeathered baby birds can be safely united with

their parents by creating a makeshift nest, nailing a small plastic bowl as high as you can reach onto a tree, first poking a few small drain holes in the bottom, adding some dry grass or leaves, and placing the nestlings in it. Within a few hours, the parents should return to resume feeding them.

Recently, the National Wildlife Federation ranked America's largest cities based on three criteria for wildlife: percentage of parkland, citizen action to create wildlife habitat, and school adoption of outdoor learning in wildlife gardens. Austin, Texas was named as "the clear-cut (#1) choice as America's best city for wildlife, boasting the most Certified Wildlife Habitats (2,154),

most certified Wildlife Habitats per capita, and most Schoolyard Habitats (67). Famous for its Congress Avenue Bridge that's home to 1.5 million bats, the City of Austin is certified as a Community Wildlife Habitat. Its residents not only want to Keep Austin Weird – they're the best in America at keeping their city wild."

However, as more and more of our landscape is bulldozed and developed, we leave less and less for the native animals that call it home. The least we can do is be

cognizant of these changes, prevent conflicts when possible, and learn to treat our native wildlife as humanely as possible!

HUMANE RESOURCES for wildlife conflicts:

Austin Wildlife Rescue: 512-472-9453 or [www.austinwildliferescue.org](http://www.austinwildliferescue.org)

Austin Area Wildlife Rehabilitation: 512-709-6335 or [www.austinareawildliferehab.org](http://www.austinareawildliferehab.org)

Tips & Advice: [www.humanesociety.org/wildneighbors](http://www.humanesociety.org/wildneighbors)

State Laws: [www.tpwd.texas.gov](http://www.tpwd.texas.gov)

Please also note that Austin Wildlife Rescue benefits from the Randall's Good Neighbor Program. Present your Remarkable Card with the Wildlife Rescue Organization Number (#2780) and a percentage of your purchase will be donated back to this wonderful non-profit organization!

*Send your nature-related questions to [naturewatch@austin.rr.com](mailto:naturewatch@austin.rr.com) and we'll do our best to answer them. Check out our blog at [naturewatchaustin.blogspot.com](http://naturewatchaustin.blogspot.com) if you enjoy reading these articles!*





# Hope4Minds Expands its Mission to Support More Texas Children With Severe Brain Injuries

Less than four years after it was founded, a Southwest Austin nonprofit organization has decided that it's got more than enough hope to go around.

That's the thinking behind a new mission and a name change for the Southwest Austin nonprofit organization known as HOPE4JD, which was founded in 2011 to support families whose children suffered brain injuries due to nonfatal drownings. As of April, the organization will be known as Hope4Minds whose mission is to foster hope and enrich the lives of children with an acquired brain injury by providing support and education.

With a new name and more families to serve, Hope4Minds also will expand its community outreach services to include parent support groups and concussion baseline screenings, in addition to the services it already offers such as CPR/First Aid training and family care packages.

"Our board of directors and supporters see the opportunity to do more and help more Texas families," says Ronda Johnson, executive director, Hope4Minds. "Our community rose to the challenge over the last few years, helping us make a difference in the lives of families in Austin, San Antonio and Dallas. Our work has showed us the needs of more children who are living with an acquired brain injury and whose families need our support."

According to the Texas Brain Injury Alliance, fewer than 1 in 20 children with acquired brain injury will get the rehabilitation they need for recovery. Injury may occur during events such as non-fatal drownings, choking, car accidents, sports and recreational activities, falls, lightning strikes and even abuse.

Since 2012, the organization has provided more than \$211,248 in services to families, 841 hours of recovery therapy services, nearly 100 family care packages to Texas hospitals and rehab centers, and free CPR training for 216 adults.



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## LAKE TRAVIS DEMOCRATS CLUB MEETING

Wednesday, May 20th | 6:30 PM-8:30 PM  
Lake Travis Community Library  
1938 Lohman's Crossing Rd | Lakeway, TX 78734

Join us to hear County Judge Sarah Eckhardt speak on issues before the Commissioners Court including water supply, transportation and traffic. Sarah Eckhardt became Travis County's first female county judge on January 15, 2015. She presides over the Travis County Commissioners Court. With deep roots in Austin and Travis County, Judge Eckhardt has dedicated her life to public service and improving access to opportunity for Travis County families for more than 15 years. We welcome everyone to come and hear and meet one of our most progressive leaders.

## Lakeway Men's Breakfast Club

PROGRAM SCHEDULE | MAY 2015

**MAY 6, 2015**

*Mark Axford, Local Resident*

Why Electricity Costs More in The Hill Country

**MAY 13, 2015**

*Fred Hazen, Local Resident*

Texans in the American Civil War

**MAY 20, 2015**

*George N. Miller, Jr., Community Care of Texas*

Community Health Care in Travis County

**MAY 27, 2015**

TO BE ANNOUNCED

*Meetings at the Lakeway Activity Center*

*Available to Men Residing in the Greater Lakeway Area*

*\$1 Continental Breakfast at 7:00 am. / Speaker at 8:00 am.*

*No reservations necessary No membership required*

**FOR INFORMATION CALL**

**Tom Cain 512-363-5793**

**e-mail: [speakers@thomasgcain.com](mailto:speakers@thomasgcain.com)**

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