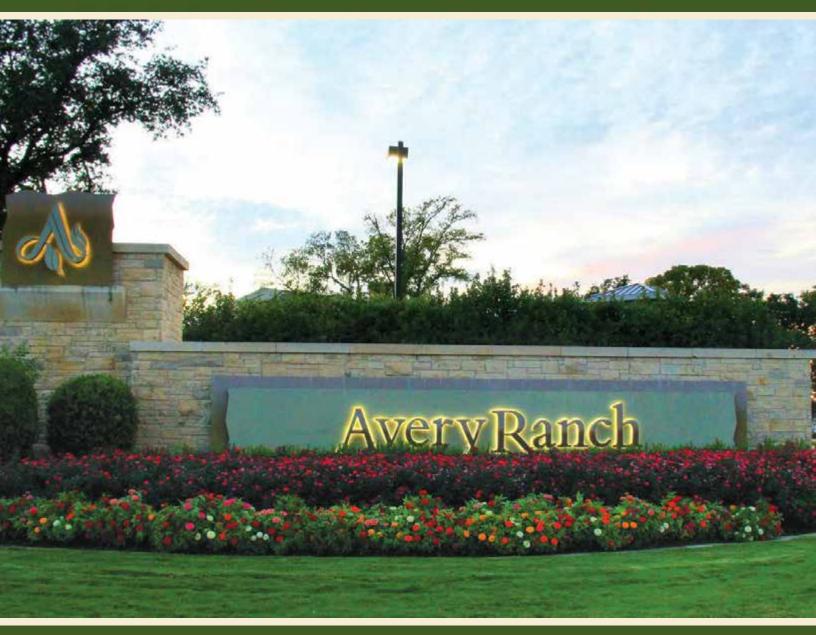
HOME The RANCH

VOLUME 9 ISSUE 6 JUNE 2015







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Visit our website to sign up for our free early parenting workshops and learn more about the Montessori Method!



APRIL 2015

Connect With Your HOA!

Did you know there are several ways you can connect with Avery Ranch residents and board members? Want to know where the best place is to get information regarding activities, concerns, assistance, or just want to know what the community has to offer? Have a question for a board member or need to contact the property management company? We have many online sources that can get you on the path to communicating with Avery Ranch folks from our website, to Facebook, and Twitter are just a few.

Avery Ranch Official Website:

www.averyranchhoa.com

Avery Ranch Owners Association Official Facebook Group:

www.facebook.com/averyranchhao.com (not a newsletter typo - it is hao)

Avery Ranch Neighborhood Events Official Facebook Page:

https://www.facebook.com/ARNeighborhoodEvents

Avery Ranch Twitter:

@AveryRanchHOA

Avery Ranch YouTube Channel:

AveryRanchHOA

Need help, information, or guidance? Send an email to:

gethelp@averyranchhoa.com

You can also find all board members contact info on both the AR website and the newsletter.

AROA BOARD OF DIRECTOR'S MONTHLY MEETINGS

JUNE 8 JULY 13 AUGUST 10

7 PM, MAC MEETING ROOM
10121 MORGAN CREEK DRIVE, AUSTIN TX 78717

Topics may include general association business, including old business and new business, covenant enforcement and budgeting/assessment. Executive session matters may include contract negotiations, enforcement actions, confidential attorney communications, matters involving the invasion of owners' privacy, personnel matters, litigation or matters involving parties who have requested confidentiality and the board has agreed to honor that request For a detailed Agenda of the meeting, please visit www.averyranchhoa. com. Agenda is posted 72 hours before the meeting date.

2015 AVERY RANCH

Event Calendar

06/18 TGI Food Trucks
07/03 Independence Day
Celebration
08/TBD Meet & Greet
08/21 TGI Food Trucks
09/18 TGI Food Trucks

06/13 Luau (Adults Only)

09/19 Garage Sale - Fall
10/06 National Night Out
10/24 Harvest Hayride
11/TBD Concert in the Park(TGIFT)
11/TBD Meet & Greet

12/19 Holiday Sleigh Ride

5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 24 25

BOARD MEMBERS

PRESIDENT

Pat Wimberly.....PatWimberly@gmail.com

VICE PRESIDENT

Khris Mirekhrismire@averyranchhoa.com

SECRETARY

Rebecca Harrison Rebecca Harrison@AveryRanchHOA.com

TREASURER

Phillip Rear.....Phillip.Rear@AveryRanchHOA.com

RESIDENT BOARD MEMBER

RESIDENT BOARD MEMBER

April Agurenapril.aguren@AveryRanchHOA.com

RESIDENT BOARD MEMBER

RESIDENT BOARD MEMBER

Bala Goenka bala@AveryRanchHOA.com

AVERY RANCH HOA WEBSITE

Visit the Avery Ranch HOA website at AveryRanchHOA.com

FOR QUESTIONS OR CONCERNS

For questions or concerns in your neighborhood contact our Property Manager and HOA Board at GetHelp@ AveryRanchHOA.com.

IMPORTANT NUMBERS

EMERGENCY NUMBERS
EMERGENCY911
Fire
Ambulance911
Sheriff – Non-Emergency
SCHOOLS
ROUND ROCK ISD
Patsy Sommer Elementary
16200 Avery Ranch Blvd.
Elsa England Elementary School
8801 Pearson Ranch Road
Cedar Valley Middle School
McNeil High School
5720 McNeil Dr.
LEANDER ISD
Rutledge Elementary
Stiles Middle School
3250 Barley Rd.
Vista Ridge High School
200 o. vista raage Di.
UTILITIES
City of Austin Water 512-494-9400
Perdernales Electric512-219-2602
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Custom Service
Emergencies
Call Before You Dig
AT&T
New Service
Repair
Billing1-800-858-7928
TIME WARNER CABLE
C C : 512 /05 5555

NEWSLETTER INFO

Customer Service.......512-485-5555

EDITOR

Falana Thomas......ARNEWS@AveryRanchHOA.com

PUBLISHER



Avery Ranch Annual

Independence Day Celebration

The Social Committee of Avery Ranch invites the Avery Ranch community to celebrate our Independence Day on Friday, July 3rd from 5:30 – 9:00 pm at the Morningside Park.

Start the holiday weekend enjoying music along with surprise patriotic handouts for Avery Ranch residents (limited supply). Entrances to all Avery Ranch subdivisions will be decorated with American flags. There is no need to cook as there will be an assortment of food trailers so, be sure to bring some cash and credit cards. Best of all (conditions permitting), the day's festivities will conclude with our annual fireworks display between 9:00 – 9:30 pm. You can watch the fireworks from the Morningside Park or from the swimming pool while you stay cool. Stay tuned for more details to be posted on Facebook as the event date draws near.

Mark your calendars and save the date to join the holiday activities at the Morningside Park and celebrate our Nation's birthday with your family, neighbors and friends!

Volunteers are needed for this event. If you would like to have fun while getting involved with your community, please send an email to ARSC@averyranchhoa.com to volunteer. Without volunteers, the community cannot continue the fun activities. It takes just a small commitment to volunteer to help at an event and support your community. Come get involved with your neighbors for a couple of hours and help us setup for the thousands who will enjoy our big annual event!



AVERY RANCH OWNERS ASSOCIATION

Annual Elections

Interested in becoming a member of the AROA Board of Directors? Election details will be coming soon. More information can be found on the Avery Ranch Owners Association Facebook page, or email arnominee@averyranchhoa. com to request more information!



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1512 TOWN CENTER DR. STE 750

Pflugerville, TX 78660 Located at Stone Hill Town Center next to Target 512.251.9100

www.kidsdentalsmiles.com

T G I FOOD TRUCKS Dine & Dash!

The Avery Ranch Social Committee is pleased to announce a new weekly event for our residents. In a partnership with Close 2 My Home, the Avery Ranch Social Committee will offer a weekly Food Truck Event at the Main Amenity Center. Introducing: T G I FOOD TRUCKS – Dine & Dash!

Starting in June, our Main Amenity Center will play host to a variety of food trucks. Each week will feature a dinner truck, along with a truck for after dinner treats! The atmosphere will be casual, and there just might be some surprises along the way! Our aim is to bring a little piece of Austin Downtown right into our community! Keep an eye on Facebook for details regarding these events. We hope to see you there!

(Not on the Avery Ranch Owners Association Facebook page? Find us at: https://www.facebook.com/groups/averyranchhao



THE REDFISH UPDATE

Redfish Season is officially underway!! Equipped with a full set of dive blocks, we're ready to GooOOO!! We are hosting 3 home meets this season and the championship meet.

- June 6: Avery Ranch hosting Blue Waves and Westover
- June 20: Avery Ranch hosting Fast Frogs
- June 26: Pep Rally at MAC
- June 27: Avery Ranch Hosting 10 & Under CHAMPS
- June 28: Avery Ranch Hosting 11 18 CHAMPS

The full meet schedule, spirit nights, and additional useful information can be found on the website at www.AveryRanchRedfish. com and on the HOA website.

We would especially like to thank our GOLD level Sponsors! Dr. Seth Briggs at Austin Orthodontics and Cory Brewer at





Capitol Kia whose continued support has helped enable the team to purchase competition dive blocks to fully equip our pool! Both Austin Orthodontics and Capitol Kia have been gold level sponsors for the last two years. Thank You from the Redfish for your continued support!

We do expect traffic to be heavy around 1:00 on ARB the 23rd, 6th, & 20th. The MAC will be closed on Friday June 27th opening again on Sunday June 28th at 5:00 PM.

THANK YOU TO OUR SILVER SPONSORS:

Meredith Copeland, Realator and Monster Bats! Without their support, we would not have been able to upgrade our awards and pay for the swimmers attendance to their Awards Banquet. We strive to be a self-funded team and continued support from neighborhood business really allows us to provide a top-not athletic program for the residents of Avery Ranch.



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Welcome, Martin Weinkove!

The AROA is pleased to welcome a new CAM to the team, Mr. Martin Weinkove. Martin has taken the position of Property Manager for Avery Ranch, and we feel confident he will be a very valuable asset to our team. A note from Martin:

"As an introduction, I was recently recruited by Associa Hill Country to fulfill the Community Association Manager position for Avery Ranch previously held by Mr. Dick Cowan. I understand that Mr. Cowan has been a vital asset to Avery Ranch and that I will have some big shoes to fill. I am incredibly excited and appreciative of the opportunity and am very much looking forward to working with the Avery Ranch Community.

So as to provide you with a little bit of my background information: I am originally from South Africa, I moved to New York City in 1998 and then to Austin in 2007. I am new to Associa (but not new to HOA or Property Management). I have over 12 years of

property management experience, including commercial, multifamily residential management and more recently (for the past 8 years in the Austin area) in onsite Community HOA management experience working as a direct employee for various HOA's including; The Five Fifty Five Condominium, Spring Condominium and BartonPlace Owners Association.

When not at work or spending time with my family you will find me landscaping my back yard, trying to create artwork in my garage or motorcycling somewhere in the Austin Hill Country.

Please feel free to contact me for any additional information or assistance at GetHelp@AveryRanchHOA.com or at the office (512)347.2888."

Our Associa Hill Country Office is located at 2300 Greenhill Bldg. 10, Suite 1010, Round Rock, Texas 78664 and is open Monday through Friday 8am to 5pm.





GOT FOBS?

As part of our on-going efforts to keep Avery Ranch at the forefront of service and technology, we recently made upgrades to our access systems at all Avery Ranch Amenity Centers. Our gates now operate using RFID Key Fobs. This system will hopefully allow for an increase of ease and reliability for our residents to enjoy all that our community has to offer. Each of our pools has been upgraded to this system, and new electronic access points were added at the Tennis Courts and the back gate of the MAC Pool. The addition of these electronic entry systems came as a response to Resident requests and we are happy to be able to meet this need. In addition to the system upgrade, each household is now provided TWO fobs for their use. Additional fobs for resident use may be purchased at a cost of \$25.00.

Every household in Avery Ranch should already have received

TWO fobs for their household in the mail. In the event that you have NOT received your fobs, please send an email to: gethelp@averyranchhoa.com and include in this email your NAME and ADDRESS. Replacement fobs will be issued to you free of charge.

All requests for courtesy replacements must be received by JULY 30, 2015. After July 30, 2015, a \$25 fee will be charged for EACH requested replacement.

(Please note, if you are a renter, the fobs were sent to the address on record for the homeowner. The homeowner will need to provide fobs to you, or authorize you to purchase a fob yourself at the cost of \$25.00. In the event that the homeowner did not receive the fobs, the homeowner or their identified agent will need to follow the instructions above to request replacements.)

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PHYSICIAN ASSOCIATES
Avery Ranch

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Member of the Medical Staff at Cedar Park Regional Medical Center

The Value of Sleep for Children and Teens Shelley Coleman M.A., L.P.C.-S.

As important as food and water, sleep is vital to your well-being. And, if you are a parent, research shows that your children are not getting the sleep they need. According to the National Sleep Foundation, children (ages 6-13) require 9-11 hours of sleep per night and adolescents (ages 13-18) require 9-10 hours per night. A recent study from the Centers for Disease Control found that 31% of teens get 8 hours or less of sleep per night and most school age children are getting 8.5 hours.

For growing brains and bodies, not getting enough sleep can have consequences on school and relationships. Teens and children can have difficulty concentrating when sleep deprived. And, according to the Sleep Disorder's Center, approximately 1,550 people are killed annually in crashes related to drowsy driving. Often, these crashes are caused by young people under the age of 25.

On the contrary, quality sleep has been linked to improved attention, better mental health, and lower risk of obesity. In recognizing the importance of quality sleep, parents can help children establish healthy sleep habits at an early age. If healthy sleep hygiene is established in adolescents, those habits can carry into adulthood.

Healthy sleep habits for teens and children include:

• a set bedtime and wake time that does not vary by more than 2 hours

on the weekend

- a relaxing bedtime routine such as reading for teens or story time for
- no "exciting" activities at bedtime such as jumping or wrestling for children or computer games for teens
- · daily exercise
- · healthy diet
- no caffeine after 4 PM

If you think your teen or child may have a sleep issue, there are common symptoms you may notice. For adolescents, parents may have difficulty waking them in the morning or observe that their teen is irritable in the early afternoon. Children may require excessive "help" falling asleep, wake many times during the night, or cause their parents to lose sleep. While these symptoms are usually easily addressed by improving sleep habits, more severe symptoms should be addressed with the help of a pediatrician or behavior specialist.

As parents, the value that we place on sleep is a big influence on our children's attitude toward sleep. Fortunately, there are a lot of practical steps we can take to help our children get the sleep they need. There are too many benefits of good sleep for our teens and children to miss out on them.





GRILIFE EXTENSION

FOUR-LINED PLANT BUGS



Four-lined plant bugs are brightly colored. Nymphs (immatures) are red while older nymphs start to have wing pads with yellow and black stripes. Adults have fully developed wings that are yellow and black striped. Adults look similar to, and may be mistaken for, striped cucumber beetles.

These insects have piercing-sucking mouthparts which they use to suck out plant juices. The plant bugs suck out chlorophyll and leave a "window" between the upper and lower epidermis of the leaf. Damage appears as white, dark or translucent spots of foliage and is sometimes mistaken for fungal damage. Feeding may also cause curling and browning. Fortunately, damage is mostly cosmetic, but if you are trying to eat the foliage of the damaged plant it may become a problem.

The insects feed on a wide variety of hosts, including fruits and vegetables, annuals and perennials and woody plants. When disturbed, the insects are fairly good at hiding. They either crawl to the underside of the leaves or drop to the ground to hide among foliage.

If you feel the need to manage these insects, try insecticidal soap. If that doesn't work, you can try azadirachtin (neem- concentrate, not oil; it's getting too hot to use oil formulations) or pyrethrins. If that doesn't work then try a residual contact product.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at www.urban-ipm.blogspot.com.

The information given herein is for educational purposes only.

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The Benefits of Hosting Span Borders

Traveling the world and experiencing new cultures is something many dream of but few are able to do. Hosting an Ayusa exchange student provides the opportunity to experience the world while bringing other benefits to their family and local community.

For schools, opening their doors to an exchange student provides their students the opportunity to experience new cultures and expand their understanding of the global society. Not only will students be able to expand their circle of friends, they will be able to reference different perspectives of world events. The new perspectives that both local and exchange students gain through the exchange experience are invaluable for the ever-expanding global community.

Ayusa exchange students are eager to learn and participate in school and community programs. They take their role as ambassadors for their country seriously. Ayusa students are not simply bystanders to their program year; they are active participants looking to make a difference in their host school and community.

Aysua exchange students are strong academic performers, well-

rounded, and open-minded. Prospective students go through an extensive interview process in their home countries and are evaluated for maturity, strength of goals, leadership skills, and academic background. Ayusa honors all school enrollment standards, academic requirements and student placement criteria specified in school or district policies.

Host families also reap the benefits of opening their home by sharing their America. When they share with their exchange student, they are also able to see America with fresh eyes through the student. Families often learn new things about the U.S. and have different perspectives after hosting. The experiences and memories that are shared during the program last a lifetime and span international borders.

For more information about hosting a high school foreign exchange student, please contact your local representative Vicki Odom at 832.455.7881 or vodom@ayusa.org or Ayusa at 1.888.552.9872 or by visiting the website at www.ayusa.org.



ABOUT AYUSA

Ayusa is a non-profit educational organization that promotes global learning and leadership through foreign exchange and leadership program programs for high school students from around the world. Ayusa offers unique, richly personal cross-cultural experiences for students, volunteer host families, schools, and local communities.

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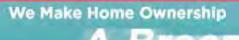
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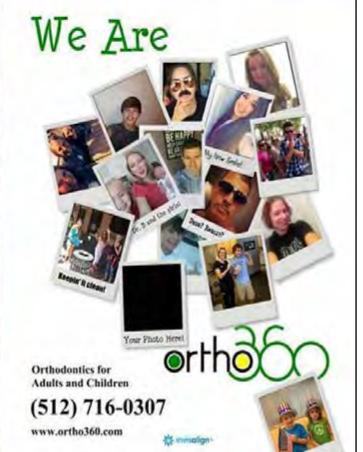




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