



COURTYARD HOMEOWNERS
ASSOCIATION, INC.

COURTYARD CALLER

Official Courtyard Newsletter

June 2015

Volume 11, Number 6

BOARD MESSAGE

Thank you to our District 10 City Council Representative Sheri Gallo for coming to our April Board meeting. Those who came to talk with her were not disappointed. We discussed matters specific to the Courtyard such as the need to finalize repaving of our streets torn up over a 1½ years ago to address sewer problems, and more general District concerns that affect us such as what short and long term ways can the Council come up with to better manage 360 traffic. Representative Gallo has held and will continue to hold what she refers to “Town Hall” meetings where government representatives attend and discuss issues of importance to District 10 residents. Contact her office if you are interested in attending: (512) 978-2110 and District10@austintexas.gov. To date, these meetings haven been held on Saturdays at the new Board of Realtors Building on Spicewood Springs Road, between 360 and Mesa Drive.

It isn't too early to start thinking of how to decorate your bike, wagon, car, or stroller, and, of course, yourself, for the annual Courtyard Fourth of July Parade and Picnic set for Saturday, July 4. Mark you calendars and please contact Joany

Price, our Social Committee Chairperson, if you would like to help out. Watch for signs as the time gets closer.

Thank you to everyone for waiting to trim your oaks until the end of this month. Oak wilt is a terrible disease – one that is difficult and costly to try to contain and remediate, and all it takes is one thoughtless homeowner to bring it into the neighborhood.

Another short reminder -- please try to keep an eye out for your neighbors' homes when you know they are away. Summer is a prime time for burglaries and nothing points to owners being gone like old mail or newspapers lying around. Even if the regular newspaper has been canceled, sometimes other flyers, leaflets, or smaller community papers arrive and start to pile up. Do your neighbor and the community a favor, please take a minute and pick these things up.

Best wishes to everyone for a safe and happy summer and thank you for your continued efforts to drive slowly in the Courtyard.

COURTYARD CALLER

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Courtyard Book Club

Tuesday, July 7, 2015, 1 p.m., 5612 Scout Island North

A photograph of workers at Oak Ridge, Tennessee at time the Atomic Bomb was being developed there showed a workforce dominated by women. The recent book, *Girls of Atomic City; the Untold Story of the Women Helped Win World War II* by Denise Kiernan conveys the history of Oak Ridge, TN and the women who worked in secrecy in this remote Appalachian location. Oak Ridge, unknown to the world, swelled to a population of 75,000 almost overnight using more power than New York City as the Manhattan Project unfolded. The workers did not know that they were enriching uranium and making a bomb until the first atomic bomb was dropped on Hiroshima. Kiernan is a masterful storyteller, as reviewer for San Francisco Chronicle puts it, "Kiernan's focus is on the intimate and often strange details of work and life at Oak Ridge. It's told in a novelistic style and is an intimate look at the experiences of the young women who worked at Oak Ridge and the local residents whose lives were changed by the presence of the project." Don't miss the discussion of *Girls of Atomic City* at the Book Club's July meeting.

In August, the Book Club will read the novel that inspired the 2015 movie, *Still Alice*. One day when Alice sets out on her daily run on a route she has taken for years and cannot find her way home, she searches for answers. The diagnosis is devastating, early on-set Alzheimer's disease.

For more information about the Courtyard Book Club, call or email Lou Blemaster, 512-551-2659, loublemaster@gmail.com.





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Joany Price

*Your Courtyard Neighbor
& Tennis Club Member*

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Thank You *Jean Heath*

The May meeting of the Courtyard Book Club was a special luncheon honoring Jean Heath for her leadership in the book group. Jean and her husband Fred and their dog Luke are moving to Greenville, South Carolina. Since 2007 Jean has been the inspiration for the group. She organized the suggested reading lists, submitted monthly meeting details and book synopsis to the Courtyard Caller, and emailed meeting reminders.

The luncheon was a special time for the members to say thank you to Jean and wish her well in their new city. Among the notes and cards for her were two poems:

To Jean
Here's to Jean,
our arbiter of a good book,
who's gathered us each month
in this literary nook.

To Jean, who has educated,
even though it was hard;
who has brought needed awareness
to the ladies of the Courtyard.

Though we know you must go,
though we wish you would stay,
remember to pack your bags
with memories of this day.

By Julie Fritz

My Toast to Jean

Here's to Jean our reading queen.
The caring one on whom we've leaned
For so much of book cuisine.
Our organizing force supreme,
who always shows a calming mien.

And now she leaves for fields more green,
as she pursues retirement dreams.
Alas, we'll miss her smile serene,
While wishing her all within her keen.

By Lynn Belton



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Fourth of July PARADE AND PICNIC in the park

Join us at 10am July 4th at Parade Ridge and Courtyard Drive
We will line up behind the fire truck and march to the park
Decorate your bike or wagon and join the fun!
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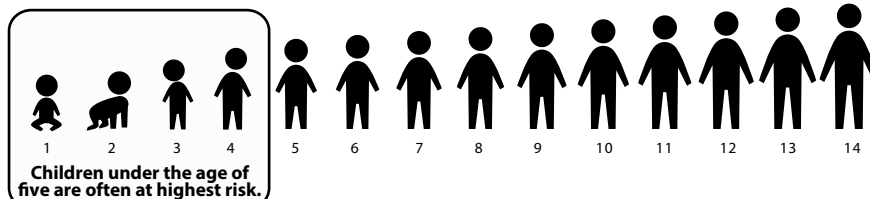
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AND A LEADING CAUSE FOR CHILDREN AGES 1 - 14.



13 Texas children have already lost their lives to drowning in 2015

DROWNING IS PREVENTABLE

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TEXAS A&M
AGRI LIFE
EXTENSION

MOSQUITOES

Mosquitoes can be very irritating and disrupt outdoor activities. They also are able to transmit various diseases to humans and animals. Mosquitoes are known to transmit heartworm in dogs and cats, and they can spread encephalitis (including West Nile Virus), Chikungunya, dengue, yellow fever, malaria and filariasis among humans.

Most female mosquitoes require a blood meal for egg production whereas males feed on nectar and do not bite. Eggs can be laid on the surface of water or in dry locations that are occasionally flooded by water. Some eggs are able to remain dormant under dry conditions for several months. Eggs hatch into larvae, or wigglers. Mosquito larvae live in water and feed on organic debris or microscopic plants and animals. Larvae molt into pupae which do not feed. Mosquito pupae spend the majority of their time at the surface of the water, only moving when disturbed.

Female mosquito.

Many things can help to reduce mosquito problems around the home. Eliminate all sources of standing water. Containers such as watering cans, buckets and bottles can turn into mosquito breeding grounds. Water should be drained from birdbaths, gutters, flowerpots and pet dishes at least once a week. Children's wading pools should be emptied of water at least once a week and stored so they cannot collect water when not in use. Tree holes should be filled in with sand or mortar, or drained after each rain. Leaky faucets and pipes located outside should be repaired.

Areas that cannot be drained, such as ponds or large rain collection systems, can be stocked with mosquito fish that eat mosquito larvae. Dunks can also be used in these areas. Dunks are a small, donut-shaped product that contains *Bacillus thuringiensis* var. *israeliensis*. The donut disrupts the life cycle of the mosquito and is non-toxic to humans, amphibians and fish.

Avoiding peak hours when mosquitoes are active is probably the best method to avoid being bitten. When outside, wear loose-fitting, light colored clothing with long sleeves & long pants. Repellants containing active ingredients such as DEET, picaridin or oil of lemon eucalyptus can be effective to keep mosquitoes from biting when evening activities cannot be rescheduled. Other products such as citronella candles will also repel mosquitoes, but work best in enclosed areas.

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**Lance Loveless, DDS
General Dentist**

*FAGD (Fellow Academy of General Dentistry)
LVIF (Las Vegas Institute Fellow)*

Featured Smile Makeover of the Month by Dr. Lance Loveless



Before



After



Before



After



Before



After

**Actual patient of Dr. Loveless*

***Actual results may vary*

I love being a general dentist. As a general dentist I get to perform all aspects of dentistry which makes my work exciting and challenging. This full-mouth makeover required me to pull from all my experience and training, and utilize multiple aspects of dentistry. We were able to achieve our results through the use of periodontal therapy, crowns, bridges, root canal therapy, extractions and implants all while finding and maintaining the correct jaw position (bite) using neuromuscular techniques. There is strong evidence now linking systemic diseases of the body and poor oral health. The work we did for this patient can help in achieving a healthy body by decreasing the amount of pathogenic (bad) bacteria getting into the bloodstream through the mouth and decreasing inflammation in the body. The balance of the mouth-body connection is significant, and now this patient not only looks and feels better about his smile, but also has a healthy mouth.

-Dr. Lance Loveless

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