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July 2015

www.worthamweb.org

SPLINTERS FROM THE BOARD

By Stan Schoen E-mail: sschoen@worthamweb.org July, 2015 Website: www.worthamweb.org It's been a while but....I'm baaack!

The news:

Some of you may have wondered what that big red pump and pipes are for in the front of the neighborhood.

The sewer treatment plant behind the lake is run by Harris County Fresh Water District 61 and your MUD 222 has a long term agreement to have our waste processed there as well. The waste arrives into two large sewers inside the plant and one of them collapsed last month. The waste is now being diverted to the second sewer line on Wortham Blvd while our main sewer is being repaired. This is a priority project and will be completed soon, so the noise is at a minimum thanks to mufflers, but the smell, well, that's another issue. Hopefully by the time this newsletter arrives this will all be gone!

The construction on FM1960 over 290 is starting up which is why those trees are being cut down on our side of the road. To learn and understand more you can go to HYPERLINK "http://www. my290.com" www.my290.com to get updates and see drawings of what it will look like. We are Project E. It will be a mess for quite some time and hopefully, we'll love it when it's all over and the traffic won't be quite as bad.

Caldwell (developer) is still working on the property in the front, directly across from Goode Company Barbeque. It appears there may be offices and restaurants and it is our understanding that they are still investigating their options. We will keep you posted as we learn more.

Our neighborhood is in excellent shape in any aspect you look at. We are financially strong and still have not had to borrow money for any of our projects. Our swim team is going, well, White Shark strong! There is plenty of activity you can see by the pool and it brings so many of our families together and fine folks from other communities to see all we have to offer.

Welcome to Wortham, welcome to summer in Houston, Texas!

Enjoy a wonderful, safe, FUN time with your family.

Thank you all for being such wonderful people, neighbors and friends. We are Wortham! Wortham, we're looking good! Make it a great day! See you at my table.



AN INDEPENDENT FILM COMPANY PRESENTS A MOVIE DOCUDRAMA "JOY COMES IN THE MORNING" INSPIRED FROM THE BOOK BY AUTHOR REBECCA M. SHEPARD & JESSIE M. LOCKETT A MOTHER DAUGHTER'S CANCER JOURNEY MOVIE PREMIERE'S OCTOBER 2015 SUPPORT THE BOOK AND THE FILM BY DONATING \$1.00 TOWARDS THE CAUSE DONTATE ONLINE: WWW.SCSFILMS.COM (A portion of the proceeds will go to the American Cancer Society.)

IMPORTANT NUMBERS

MANAGEMENT

Heather Esteban (Manager) ... heather.esteban@crest-management.com Robin Motley (Accounting)..... Ext. 24

BOARD MEMBERS

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Neighborhood Watch Chair Marie Trascherfatrascher jr@aol.com, 281-970-1553 Park Committee

Martin Mayne martin@mayne.us, 281-955-2240 Recreational Facilities Committee

Sports Fields Reservations	1.
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Tennis Committee	
Dorota Jankovsky	
EMERGENCY NUMBERS	
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Fire	
Sheriff's Department	
Poison Control	
NON-EMERGENCY NUMBERS	
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Incident Report April & May 2015

INCIDENT

OFFENSE TOTAL INCIDENT

OFFENSE TOTAL

Accident/FSGI2
Accident/Major
Accident/Minor11
Alarm Local6
Alarm/Sil/Pan/HU1
Animal/Aggressive1
Assault
Burglary/Habitat4
Burglary/Motor Veh1
Check Business
Check Park5
Contract Check
Credit Card Abuse1
Criminal Mischief1
Dish Firearm1
Dist/Family7
Dist/Loud Noise
Dist/Other6
Domestic/Prevent1
DWI2
Fraudulent Use ID2
HomeInvasion1
In Progress1
Meet the Citizen12
MUD Building Check16
Neighborhood Check
Open Door/Window1
ParkingLotCheck
Robbery/Aggressive1
Solicitors2
Stranded MV2
Subject Stop1
Susp Person
Theft/Other
Traffic Initiative5
Traffic Hazard

off hit to him
16
8
8
2
5

MAY

Accident/FSGI	2
Accident/Major	1
Accident/FGSI	2
Accident/Minor	7
Alarm Local	20
Alarm/Sil/Pan/HU	1
Animal/Humane	
Burglary/Motor Veh	2
Dist/Family	
Dist/Loud Noise	
DOA	1
DWI	3
In Progress	1
Indecent Exposure	1
Information Call	
Meet the Citizen	8
Meet the Officer	1
Neighborhood Check	1
Parking Lot Check	1
Road Rage	
Runaway	2
Solicitors	1
Susp Person	3
Telephone Harras	
Traffic Hazard	4
Veh Abandoned	2
Vehicle Speeding	3
Vehicle Suspicious	
Welfare Check	2

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Musings on Clean Eating By Terri Welch

Last month, Older Teenager wheedled and begged and nagged enough so that I finally caved and said we could start this twentyeight-day Clean Eating diet. (It was supposed to be accompanied by twenty-eight days of crunches and planks and stuff, but ha! Have you met me?)

Let me preface this by saying I am not a cook. I provide food. The Welch family eats on a regular basis. But there's a reason you can see the Schwan's truck parked outside our house every other Wednesday, and it's not due to my scintillating conversation. My modus operandi for years in regard to meal preparation has been as follows:

Realize it's 5:30 and the people you live with will expect to eat soon even though you just fed them yesterday.

Gaze into the refrigerator, freezer, and pantry, hoping for inspiration.

Heat up a casserole. Heat up a couple cans of green beans.

Serve. Preferably on paper plates.

This nifty plan involves a minimum of preparation and pan dirtying. It is awesome. Feel free to copy it. You're welcome.

This dang Clean Eating diet, though, is an absolute pain in the toukas. For breakfast, no dumping cereal in a bowl. Oh, no. No, it's oatmeal and greek yogurt and fruit and milk and honey. Or,

making an egg sandwich on low-calorie bread with slices of tomato and avocado.

And lunch? That first week, it was all Power Bowls. Power Bowls are a combo of brown rice and steamed kale and roasted vegetables and roasted chicken. I hate Power Bowls. I want to punch Power Bowls in the face. Normally, Welch lunches are as follows: DH buys lunch at work. Older Teenager doesn't eat. Younger Teenager gets a turkey sandwich, fruit and Capri Sun. Easy peasy. Total preparation time: 10 minutes max, and that's only if I can't find the lunch kit.

But Power Bowls? With the steaming and the chopping and the cooking and the roasting? Preparation time: Forever. And complicating all this activity is, Older Teenager is a strict vegetarian, so no meat for her Power Bowl. Younger Teenager views onions and peppers and mushrooms as anathema, so kibosh on those for her Power Bowl. And woe betide any hardworking mom who put the wrong Power Bowl in the wrong lunch kit.

I was so resentful of the Power Bowls that I didn't eat a single one. Nope. The closest I got was going to Genghis Grill and letting them do the chopping and cooking for me.

Supper was equally exhausting, with things like Sweet Potato Street (Continued on Page 5)



(Continued from Page 4)

Tacos or Pumpkin Lasagna Rollups. Actual recipes, with the sautéing and the grilling and the steaming. The family soon learned to stay out of the kitchen, because I was like a whirling dervish trying to get everything prepared.

My saving grace was that I took weekends off. You want to eat clean? Go for it. There are the recipes. There is the refrigerator. Knock yourself out.

Praise God, the twenty-eight days are over, and we can go back to normal. Except the DH made a gentle suggestion the other day about doing it again, because it was so healthy. Yeah, buddy. Only if I get a sous-chef or two.

First Baptist Church of Cypress

You can be part of a church family where everyone knows your name Traditional worship Sundays at 10:45am - Bible Study at 9:30am Men's coffee, biscuits, and Bible Study - Thursdays from 9-10:00am Wednesday meal at 6:00pm - Worship Prayer and Bible Study at

14515 Cypress North Houston Rd, Cypress, Texas 77429 Phone: 281-469-0171 fbccypress@yahoo.com www.fbccypress.org

6:30pm

Need to use the baseball or soccer field in the detention pond? Need the pavilion for a party? Make a reservation so you can be sure it's available! The calendar is online at http://

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Once you check to see if the date is available, send me an email at park@mayne.us and I'll get you on the calendar too!

stuffed animal drive

The Deputies of Harris County would appreciate any stuffed animals that are gently used or new. These are used for calls that involve children that need comfort. If you have any that can be used for this purpose, please drop them off to Marie Trascher, 11134 Hillside Glen Trail.

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<u>Wortham Villages</u> WORTHAM VILLAGES BOARD MEETINGS

Wortham Villages Board meetings are open to all homeowner's. Monthly board meetings are generally held the third Wednesday of each month from 11:30 am to 1:00 pm at the offices of Crest Management (17171 Park Row, Suite 310, Houston, Texas 77084), but may be changed for various reasons, including due to scheduling conflicts. For an accurate notification of board meetings, dates and times please visit Crest Management's website www.crestmanagement.com, then click on communities, then scroll down to Wortham Villages and click on it. There is box for you to put your email address that will notify you when the board is going to meet. The board does meet on a regular basis, although do cancel occasionally if the board cannot obtain a quorum. If you are interested in attending a board meeting, we do ask that you contact Crest Management beforehand so time can be scheduled and set aside during the meeting to address your comments or request.

Your Wortham Board of Directors

2015 POOL SCHEDULE

May 2 nd through June 4 th	
Monday through Friday	Closed
Saturday	10:00 a.m 8:00 p.m.
Sunday	12:00 p.m 8:00 p.m.
Exceptions:	
Saturday, May 9th (Swim Meet)*	2:00 p.m 8:00 p.m.
Saturday, May 23rd (Swim Meet)*	2:00 p.m 8:00 p.m.
Monday, May 25th (Memorial Day)	10:00 a.m 9:00 p.m.
June 5th through August 23th	
Monday	4:00 p.m 9:00 p.m.
Tuesday through Thursday	10:00 s.m 9:00 p.m.
Friday	10:00 a.m 10:00 p.m.
Saturday	10:00 a.m 9:00 p.m.
Sunday	12:00 p.m 9:00 p.m.
Exceptions:	
Saturday, June 6th (Swim Meet)*	2:00 p.m 9:00 p.m.
Saturday, June 13th (Swim Meet)*	2:00 p.m 9:00 p.m.
August 24th through September 7th	
Monday through Friday	Closed
Saturday	10:00 a.m 8:00 p.m.
Sunday	12:00 p.m 8:00 p.m.
Exceptions:	
Monday, September 7th (Labor Day)	10:00 a.m 8:00 p.m.

You will be required to wear your pool tags in the pool area. Guests will be allowed only as described in the Wortham Villages Pool Rules.



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