

LONG CANYON *Gazette*

OCTOBER 2015

A NEWSLETTER FOR THE RESIDENTS OF THE LONG CANYON

VOLUME 8, ISSUE 10

THE LONG CANYON GAZETTE

*A Newsletter
for the residents of
Long Canyon*

The Long Canyon Gazette is a monthly newsletter mailed to all Long Canyon residents. Each newsletter is filled with valuable information about the community, local area activities, school information, and more.

If you are involved with a school group, play group, scouts, sports team, social group, etc., and would like to submit an article for the newsletter, you can do so online at www.PEELinc.com. Personal news (announcements, accolades/honors/celebrations, etc.) are also welcome as long as they are from area residents.

GO GREEN! Subscribe via Peelinc.com to have an email sent to you with a link to a PDF of the newsletter, or have an email sent to you instead of having a newsletter mailed to you!

Partnerships for Children

MEET MARQUES

Marques is a charming and quiet young man. He loves basketball and enjoys most all sports. He also enjoys riding his bike, playing video games and listening to music. He would enjoy being in a family that would provide activities for him to be active, especially sports. He would like to have a Mom that is caring and loving. He would also like to have a father that will do “guy things” like playing basketball and camping.

Adopting a child from the foster care system

requires little or no cost to the adoptive family and funding may be available to help the adoptive family support the child or sibling group.

The Heart Gallery of Central Texas is a program of Partnerships for Children. To learn more about the adoption or fostering process, please call the Heart Gallery of Central Texas at (512) 834-4756, email heartgallery@partnershipsforchildren.org or visit our website at www.partnershipsforchildren.org



NEWSLETTER INFO

NEWSLETTER PUBLISHER

Peel, Inc. www.PEELinc.com, 512-263-9181
Article Submissions..... longcanyon@peelinc.com
Advertising.....advertising@PEELinc.com, 512-263-9181

ADVERTISING INFORMATION

Please support the businesses that advertise in the Long Canyon Gazette. Their advertising dollars make it possible for all Long Canyon residents to receive the monthly newsletter at no charge. No homeowners association funds are used to produce or mail the newsletters. If you would like to support the newsletter by advertising, please contact our sales office at 512-263-9181 or advertising@PEELinc.com. The advertising deadline is the 8th of each month for the following month's newsletter.

CLASSIFIED ADS

Personal classifieds (one time sell items, such as a used bike...) run at no charge to Long Canyon residents, limit 30 words, please e-mail longcanyon@peelinc.com

Business classifieds (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office @ 512-263-9181 or advertising@PEELinc.com.



RIVER PLACE COUNTRY CLUB CELEBRATES

ANNIVERSARY OF RENOVATION COMPLETION

OCTOBER 4TH COMMUNITY EVENT WILL SHOWCASE THE CLUB'S MULTI-MILLION DOLLAR CLUBHOUSE AND GOLF COURSE RENOVATIONS

River Place Country Club is celebrating the anniversary of their \$2 million dollar renovation to their clubhouse, as well as the \$750,000 renovation of their golf course. "Our Membership and community as a whole has embraced and enjoyed all of the updates and upgrades we worked so hard to complete. It is great to see the excitement over the last year, as it has truly revitalized our Club," said Steven Held, President and CEO of The Dominion Golf Group. The Dominion Golf Group purchased River Place Country Club in 2003. The group has 3 owners in total, and six golf clubs including Onion Creek, Twin Creeks, The Dominion in San Antonio, with the Dallas area being served by the Lantana and Bridlewood Golf Clubs.

"Our staff, both inside the Clubhouse and out on the course, were fully dedicated and committed during the sometimes grueling process of renovations. Looking forward, we continue to focus on our Vision of being the Best Family Club in Austin," said Held.

The Grand Re-Opening Celebration will take place on Sunday, October 4th from 1 p.m. to 4 p.m., and will include both Golf and Tennis Clinics, Food and Drink, and family activities, ending with a 9-Hole Golf Scramble at 3pm.

The process of the physical changes at River Place started over two years ago, although plans for renovations began in 2008, but due to the recession, were put on hold. Years later, the parameters for renovations had changed, with the need much greater, especially due to growth in the community. River Place's vision is that the Club is an extension of the community's homes. Held's goal is for River Place Country Club Members and the surrounding community to be as proud and comfortable to entertain at the Club, as they would be in their own homes. Held said, "Anything short of a full renovation would not have serviced our needs and taken us closer to our vision." With the relocation of the fitness center and locker rooms, the newly expanded family dining room, pro-shop relocation and a new adults-only "19th Hole" Bar, the overall traffic flow and usability of the Club as vastly improved.

(Continued on Page 3)

STYLE ENCORE

We are buying your gently used current styles of casual and business clothing, shoes, jewelry and handbags. Unlike consignment, we pay you cash on the spot for items we'd like to purchase.

Like/share us on and sign up for our email to be notified when we are having our Grand Opening and giveaways!

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STYLE ENCORE

Hwy. 183 at Lakeline Mall Dr.
14010 N. Hwy. 183, Suite 540, Austin, TX 78717
style-encoreNWAustin.com

(Continued from Page 2)

“Having served the Four Points area for several years, we recognized the unparalleled growth, and understood the importance of growing along with the community. While assessing the Clubhouse upgrades in progress, the decision to further invest and renovate our golf course seemed exactly on the right track,” stated Held. “Our pride in this flourishing Club is evident and we are thrilled to have taken this course to the next level.”

The \$750,000 golf course renovation included replacement of turf on all 20 greens (18 on-course greens and 2 practice greens) with the ultra-dwarf hybrid, Tiff-Eagle, and expanding the size of each green. Included in the course renovation was rebuilding all sand bunkers featuring the same best-in-class sand used at their “Sister Properties”, Twin Creeks Country Club, Lantana Golf Club in Flower Mound and The Dominion Country Club in San Antonio, and included all new drainage work and new state-of-the-art liners to prevent future contamination of the bunkers.

Austin’s own Tom Kite, Champions Tour professional and World Golf Hall of Fame member, designed the course with help from local golf course architect, Roy Bechtol. Both Kite and Bechtol were consulted and worked closely with the River Place team on the recently completed improvements.

“Historically, the River Place course has had the stigma of a difficult course. The changes included increasing the overall green size by 20%; the bunkers have been modified to make the contours softer and some shallower. We have taken one of the most scenic courses in Central Texas and made it much more playable, more Member friendly which will significantly improve the Golfer’s experience overall,” Held said.

Now that River Place is celebrating the anniversary of renovation completion, the Club hopes to share their excitement and invite Members, Guests and the Four Points Community to their October 4th Open House Celebration. “This could not have been possible without the Members’ and the community’s support throughout the entire renovation process. We would like to thank them by including them in this fabulous event. We are thrilled to be showcasing and sharing the new amenities of our Club,” said Raquel Hebben, Membership Director at River Place Country Club.”

“If you haven’t visited River Place Country Club lately, we certainly think you will be impressed,” said Brad Roumaya, General Manager. “You can feel the pride and excitement of both our Membership and Staff. We hope the Four Points community will come out on October 4th to see all that we have to offer!”

(Continued on Page 4)



The Children's Center Of Austin

The Children's Center of Austin is hosting their Fall Festival

October 23, 2015 6:30 - 8 PM

COME JOIN US FOR LIVE MUSIC, COSTUME CONTEST, SILENT AUCTION. WE WILL HAVE FOOD AND TONS OF FUN!

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www.childrenscenterofaustin.com

LONG CANYON

(Continued from Page 3)

You're Invited! To Our Fall Open House

Sunday, October 4th from 1:00pm to 4:00pm

Be our Guests for Golf & Tennis Clinics, pumpkin painting, Children's Concert, and a 9-Hole Family Par-3 Scramble

1:00pm - 4:00pm

Face Painting, Balloon Artist, Pumpkin Painting

1:30pm - 2:15pm

A Special Performance by Stacy Gray "A Locally Recognized Children's Musical Artist for Ages 2yr to 8yrs Old"

1:00pm - 4:00pm

Adult & Junior 9-hole Putting Competition Course

2:00pm - 3:00pm

Complimentary Adult & Junior Golf Clinic on the Range

2:00pm - 3:00pm

Complimentary Adult Tennis Clinic & Junior Activities

3:00pm - 5:00pm

Complimentary 9-hole Golf Scramble,
Awards and Buffet Following Play

Be our Guest for the day and enjoy any or all of the fun-filled family activities listed above. To learn more about our Membership opportunities, please contact Raquel Hebben, Membership Director at 512.346.1114 (x3903) or raquel.hebben@riverplaceclub.com. Family, Corporate, and Junior Memberships are Available.

ABOUT RIVER PLACE COUNTRY CLUB

River Place Country Club (www.riverplaceclub.com) is set in the rolling hills of Northwest Austin and celebrates the cerebral and the physical challenges of golf for players of all skill levels. Its demanding layout features more than 6,600 yards golf on spectacular terrain, set around twisting creeks and secluded canyons, it possesses some of the most scenic views of any course in Texas.

The club has strong ties to the Texas Capitol city. Austin's own Tom Kite, Champions Tour professional and World Golf Hall of Fame member, designed the course with help from local golf course architect, Roy Bechtol.

River Place Country Club, Austin's premier family-oriented private club, is owned and operated by The Dominion Golf Group. With unforgettable golf, tennis, fitness, swimming, dining and social activities, River Place is a Hill Country haven.

NOW HIRING

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HOPE4MINDS' SECOND "BATTLE OF THE YOUTH BANDS" LETS KIDS SLING THEIR SIX-STRINGS AND RAISE MONEY FOR HOPE4MINDS, OFFERING HOPE AND SUPPORT TO KIDS WITH AN ACQUIRED BRAIN INJURY

Rock on and play hard for a good cause this fall at the second Battle of the Youth Bands and Family Fun Fest on Saturday, October 17, 2015 from 10 a.m. – 6 p.m. at The Rusty Mule, 9201 Hwy 290 in Austin. Produced by Hope4Minds with Strait Music and Austin School of Music, the Battle of the Youth Bands and Family Fun Fest is a high octane day of live music, a silent auction and activities including gyroscope, rock wall, food trucks, face painting, redneck games knockdown, carnival games and much more. Youth bands will compete before and during the event to raise money. Proceeds benefit Hope4Minds, a 501 3(c) public charity that's fostering hope and enriching the lives of Texas children with an acquired brain injury. For more information or to donate, visit www.hope4minds.org.

Bands are competing both on and off stage by raising money for Hope4Minds, with two winners earning a gig at Stubb's Bar-B-Q on Dec. 6, 2015. In addition to their Stubb's show, the first place winner will receive six hours of recording time at Austin School of Music.

Brianna, an 8 year old singer in one of the participating duos, suffered a traumatic brain injury when she was 12 months old and has physical disabilities as a result of her injury. Brianna said, "I want to help other kids get help like I did so they can get better."

Ronda Johnson, executive director for Hope4Minds, is especially impressed by the bands' enthusiasm to support other kids. "These young musicians from all over Austin are coming together to support our kids and families, and there's something really special about that."

Admission is \$5 a person with free admission for children 2 or under. Tickets are available online at Hope4Minds.org and at the event. Guests are encouraged to bring chairs/blankets due to limited seating.

2015 Battle of the Youth Bands sponsors represent community-minded businesses from across Austin including Dell Children's Medical Center, Engel & Volkers; On Call Emergency Center; Premier Family Physicians; Community Impact; Covert Buick; Peel Inc. ; Big Sky Pediatric Therapy; AR Signs; Kim Burke of Sotheby's International Realty; Peter King Design; Massage Envy; European Wax Center; Moreland Properties; Sonrisas Therapies; Escarpment Village; Core Health Care; Stubbs Bar B Q; Maggie Ruiz of Realty Austin; Critter Ridder; Home Source Mortgage; Mercedes-Benz of Austin; William Talbot-Allstate; V & V Liquors; Therapy Center of Buda; Neuro Performance Austin; Anytime Fitness; Momentum Public Relations; Hill Country Sun; Victor Thompson Insurance Agency - Farmers Insurance Group; Curious Chords; OpenLabs; Wilson AC and Appliance; Mike and Cari Coble & Family; Protecting Texas Kids; Chris AT Liquor; Big Village IT; and Texas Music Water. Sponsorships are still available at:

www.hope4minds.org



The Hill Country Education Foundation (HCEF) is committed to enhancing the exceptional learning experience your children receive in our local schools. Sparked by an idea among a few parents in 2009, HCEF has grown into an established partner with Four Points-area schools, funding more than \$400,000 to our teachers and students.

Our 2015 Fall Giving Campaign is in full swing. Your donation helps PREPARE your children for college, INSPIRE them to find their passion, and ENGAGE them in learning through tools, technology and programs for our local schools. Our goal is to raise \$25,000 from the community to support our teachers and students with advanced academic programs.

Can we count you in? Please visit our web site and donate today!
www.HillCountryEdFoundation.org



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ONLINE**

At no time will any source be allowed to use the Long Canyon Gazette contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from Peel, Inc. The information in the Long Canyon Gazette is exclusively for the private use.

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The Spotlight

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FOUR POINTS
EDITION
FALL 2015



Photo by Chris Diaz,
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www.BartlettRealEstateGroup.com
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When it comes to real estate, it helps to know the area – and that's where the Bartlett Real Estate Group comes in. We were one of the first realtors here!

For over 20 years, our boutique agency of highly trained real estate specialists has sold substantially more homes in the "Four Points" area than any other real estate group. We have discovered that when we work together, the sum of our efforts is much more than individual parts. This business model has helped us buy and sell thousands of homes and consistently rank as one of the most successful real estate groups in Austin.

We live here, we play here AND we serve here. We make it a point to stay an active part of the community by donating our time, our hearts, and our financial support to numerous community, school and charitable events. With years of experience helping local buyers and sellers just like yourself, we know how to locate the finest properties and negotiate the best deals. It's our job to know about the latest market conditions, legal requirements and upcoming developments — so that you don't have to.

Upcoming **Bartlett Real Estate** Events

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Annual Food Drive October 16th
Benefitting Capital Area Food Bank
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DECEMBER

Annual Coats For Kids Drive
With The Junior League of Austin
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FEBRUARY

Annual Blood Drive
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The Las Vegas Institute for Advanced Dental Studies (LVI) is known worldwide for its extremely rigorous, state-of-the-art training in dental practice, including the newest advances in neuromuscular dentistry and other developing dental techniques. With unparalleled educational and technological capabilities, the continuing education and training LVI offers to any dentist who finishes this exclusive program is of invaluable benefit in improving their ability to effectively treat patients.

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DON'T LET THE FLU KEEP YOU DOWN

Reviewed by Danielle Fryer, RN,
ADC Practice Manager

FLU SEASON

It's that time of the year when hand sanitizer, tissues and "vampire sneezes" are the talk of the town. Influenza is a serious, potentially life-threatening disease that begins to show up between October through March in the U.S. Flu can cause absences at school and result in lost production at work.

The Centers for Disease Control (CDC), estimate that in the United States, each year on average 5% to 20% of the population get the flu and more than 200,000 people are hospitalized from seasonal flu-related complications. Flu seasons are unpredictable and can be severe¹.

So, who should get the flu vaccine?

Anyone over 6 months of age should get a flu shot yearly, especially those individuals at high risk for flu including:

- Children younger than 5 (especially those younger than 2 years old);
- Adults 65 years and older;
- Pregnant women and
- Residents in nursing homes or long-term care facilities.

People with the following medical conditions are considered at high risk for flu and should also be immunized yearly:

- Asthma;
- Neurological conditions;
- Heart disease;
- Blood disorders (like sickle cell anemia);
- Kidney and liver disorders;
- Metabolic disorders;
- Weakened immune systems;
- People who are younger than 19 on aspirin therapy and people who are morbidly obese.

Are there people who should not get a flu shot?

Talk to your doctor if you . . .

- have had a past reaction to the flu shot;
- are recovering from a moderate to severe illness, or
- have a history of Guillain-Barré Syndrome.

When should you get vaccinated?

Flu season usually runs from October through May. Doctors recommend you get the vaccine as early as September to maximize protection for you and your family. It usually takes two to four weeks for the vaccine to give you immunity.

Can I get the flu from a flu shot?

No. The *injection* you will receive is a dead virus - it cannot give you the flu. However, you may experience side effects such as a sore arm, mild fever or achiness that may last up to two days.

Some people may choose the flu vaccine *nasal mist*. The nasal mist is a live, weakened flu virus that is squirted in your nostrils. It cannot give you the flu. Side effects are minimal and include a runny nose, headache, sore throat, or fever lasting 1-2 days. It can only be given to people from 2 years of age up to the age of 50.

What is the High Dose Flu Vaccine or Fluzone High Dose?

The high dose vaccine contains four times the amount of antigen (which prompts the body to make antibodies) as the regular flu vaccine. The high dose vaccine is approved for use in adults 65 years and older. As we age our immune systems weaken and immune responses decrease. A recent study² indicated that a high-dose vaccine was more effective in preventing flu in adults 65+.

What is the difference between the flu and a cold?

A cold may begin gradually and develop over several days. The flu comes on suddenly and is accompanied by some or all of the following symptoms:

- Fever* or feeling feverish/chills
- Cough
- Sore throat
- Runny or stuffy nose
- Muscle or body aches
- Headaches
- Fatigue (tiredness)
- Some people may have vomiting and diarrhea, though this is more common in children than adults.

* It's important to note that not everyone with flu will have a fever.

The Austin Diagnostic Clinic, will offer flu shots for adults 18 years and older at all doctor's offices, including Steiner Ranch, during regular business hours. Parents should contact their pediatrician or family doctor to schedule flu shots for children under 18 years old.

- Flu shots \$40 (or will file insurance)
- High Dose Flu Shots \$60 (will file insurance)

For additional hours and information please visit ADClinic.com/flu or call our **Flu Hotline at 512-901-7117**.

Sources:

1. <http://www.cdc.gov/flu/index.htm>
2. http://www.nejm.org/doi/full/10.1056/NEJMoa1315727?query=featured_home

AVOID THE FLU VISIT AN ADC OFFICE NEAR YOU

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- ★ Flu shots for adults 18 years and older at all ADC offices
- ★ Cost: \$40 or we will file insurance - ask us about high-dose flu shots for adults 65+
- ★ Available during regular business hours Monday- Friday (check adclinic.com)
- ★ Flu shots after-hours and weekends at ADC Urgent Care in North & South Austin
- ★ Parents should contact their pediatrician to schedule flu shots for children under 18.



**DID YOU KNOW:
A TYPICAL FLU SEASON
CAN LAST FROM
OCTOBER - MAY**

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MAKING MATH MAKE SENSE

At Mathnasium, we believe that every child has the ability to be successful in math – it's just a matter of teaching the way that makes sense to them. When math makes sense, kids leap way ahead – whether they started out far behind or already ahead in math.

The new school year will bring many challenges for children as they get used to more difficult work in all their classes, and few subjects build on the prior year's work as much as math does. Mathnasium provides students with customized programs that with two or three hours per week of study can prepare them for the rigors of their new math curriculum. Our students have shown significant increases in performance on standards-based tests in 20 sessions or fewer, the equivalent of a few months' work.

Additionally, Mathnasium offers kids who are already good at math the chance to accelerate even further, challenging them to work their math muscles and become all-stars.

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The Math Learning Center



"Why isn't everyone doing math this way?" – Harry L.

"I never thought I could do math. Now I know better. Thanks." – Ariella, 5th gr

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