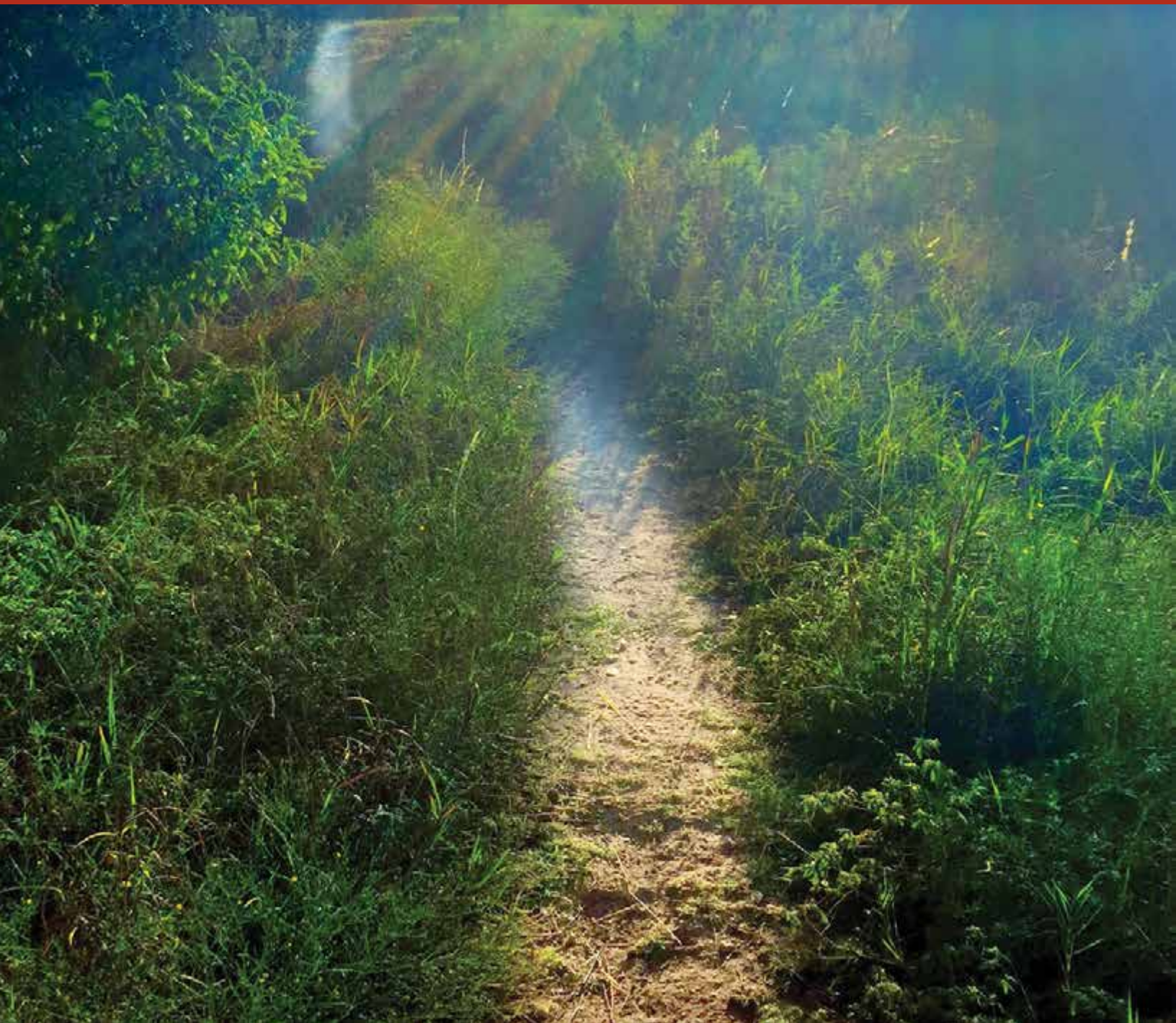


# RANCH RECORD

*Official Newsletter for the Steiner Ranch HOA*

VOLUME 9 ISSUE 11

NOVEMBER 2015





# Getting STUFFED?

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# COMMUNITY INFO

## STEINER RANCH COMMUNITY ASSOCIATIONS OFFICE

12550 Country Trails Lane  
Austin, Texas 78732  
512-266-7553 – Telephone  
512-266-9312 – Facsimile  
[www.steinerranchhoa.org](http://www.steinerranchhoa.org)

### OFFICE HOURS

Monday - Thursday ..... 1:00pm - 5:00pm  
Friday ..... 10:00am - 5:00pm  
Saturday & Sunday ..... CLOSED

### STAFF

#### *Executive Director,*

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#### *Lifestyle Coordinator*

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#### *Maintenance Technicians*

Angel Alvarado  
Macedonio Salazar  
Karl Chrietberg

## MISSION STATEMENT

### Peel, Inc. Community Newsletters

Our goal is to provide the Steiner Ranch community with one source of local news content that is provided by Steiner Ranch residents. Our goal is to help build Steiner Ranch by connecting local businesses with residents and residents with relevant neighborhood information.

*"Be the Community."*

## ADVERTISING INFO

Please support the advertisers that make The Ranch Record possible. If you are interested in advertising, please contact our sales office at 512-263-9181 or [advertising@peelinc.com](mailto:advertising@peelinc.com). The advertising deadline is the 8th of the month prior to the issue.

## IMPORTANT NUMBERS

### EMERGENCY NUMBERS

EMERGENCY ..... 911  
Fire ..... 911  
Ambulance ..... 911  
Sheriff – Non-Emergency ..... 512-974-0845  
Travis County ESD No.6/Lake Travis Fire Rescue  
Administration Office ..... 512-266-2533  
Travis County Animal Control ..... 512-974-2000

### STEINER RANCH CONTACTS

Steiner Ranch Community Association Office ..... 512-266-7553

### SCHOOLS

Leander ISD ..... 512-570-0000  
Vandegrift High School ..... 512-570-2300  
Canyon Ridge Middle School ..... 512-570-3500  
Laura Welch Bush Elementary ..... 512-570-6100  
Steiner Ranch Elementary ..... 512-570-5700  
River Ridge Elementary ..... 512-570-7300

### UTILITIES

Travis County WCID # 17 ..... 512-266-1111  
City of Austin Electric ..... 512-494-9400  
Texas Gas Service  
Custom Service ..... 1-800-700-2443  
Emergencies ..... 512-370-8609  
Call Before You Dig ..... 1-800-344-8377  
AT&T  
New Service ..... 1-800-464-7928  
Repair ..... 1-800-246-8464  
Billing ..... 1-800-858-7928  
Time Warner Cable  
Customer Service ..... 512-485-5555  
Repairs ..... 512-485-5080  
TDS (Trash & Recycle) ..... 512-421-1300  
Austin/Travis County Hazardous Waste ..... 512-974-4343

### OTHER NUMBERS

Lake Travis Postal Office ..... 512-263-2458  
Coyote Sightings ..... 311

### NEWSLETTER PUBLISHER

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## ARTICLE INFO

The Ranch Record is mailed monthly to all Steiner Ranch residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome. To submit an article for consideration please email it to [meredith@steinerranchhoa.com](mailto:meredith@steinerranchhoa.com). The deadline is the 8th of the month prior to the issue.

## COVER PHOTO

This month's cover photo was taken by Steiner Ranch resident Carrie Hall. Carrie adores the trails in Steiner Ranch and has enjoyed walking them almost daily since moving from San Diego, California. Thank you, Carrie, for capturing one of Steiner's many beautiful trails!

Send us pictures you've taken around the neighborhood, and we'll enter you in our monthly photo drawing. The winner will receive a \$20 gift card to a neighborhood business AND their photo will be included in the Steiner Ranch Record. Grab your camera and get creative!

For cover photo consideration, our submittal deadline is on the 8th of the month prior to publication. Photos should be submitted electronically by the deadline date to [meredith@steinerranchhoa.org](mailto:meredith@steinerranchhoa.org).

By submitting your photo you agree to allow your photo to be published in future issues of the Ranch Record or other Steiner Ranch publications.



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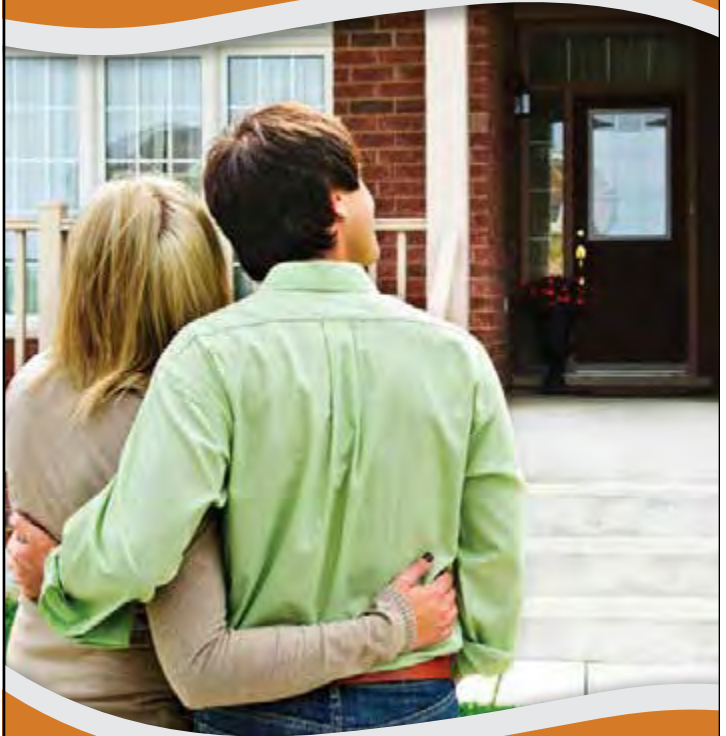
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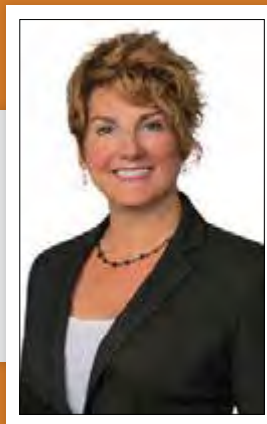
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# EVENTS

2015  
STEINER  
RANCH

Mark Your Calendars Now!  
For the remaining  
2015 Steiner Ranch Social Events

## NOVEMBER

11/7 | Camping on the Ranch

11/14 | Holiday Shopping Event &  
Pictures With Santa

## DECEMBER

12/2 | Volunteer Dinner

12/5 | Breakfast with Santa

12/1 - 12/25 | Holiday House Decorating Contest



follow us on  
**facebook**

[Facebook.com/SRSocialCommittee](https://www.facebook.com/SRSocialCommittee)

Events for 2016 to be listed in coming issues. Stay tuned!

Got a great idea for an event? Want to get involved? Join the Social Committee! The Social Committee meets on the second Tuesday of each month at 9:00 AM at Cups & Cones. Contact Desirre Ghebremicael, Lifestyle Coordinator at [desirre@steinerranchhoa.org](mailto:desirre@steinerranchhoa.org) for more information.

All Events are tentative and subject to change or cancel, so please check monthly issues of the Ranch Record, the Steiner Ranch website at [www.steinerranchhoa.org](http://www.steinerranchhoa.org) and Facebook (Steiner Ranch Social Committee) for updates.





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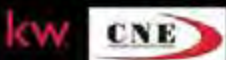
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It's that time of year when the leaves are changing, the weather is changing, and the time has changed. Change is in the air! In keeping with the spirit of change, the Steiner Ranch Master Association is changing. Taylor Woodrow, the developer of Steiner Ranch, will be transitioning their role and responsibilities to residents, possibly as soon as December. What this means is homeowners will take on greater responsibility and will have more opportunity to take an active role within Steiner Ranch. That may mean participating in one of Steiner's many committees, attending board meetings, or serving on one of the boards. With developer involvement, homeowners could rely on developer support, funding and resources- that responsibility now falls fully to the residents of Steiner Ranch. This is a great opportunity! Residents will have 100% say in how the community is managed, run and maintained. Active community involvement will be important.

As Steiner Ranch transitions from the developer to a fully resident directed board, there have been additions and changes to some of our committees. A Landscaping Committee has been formed and will work to recommend to the board, a sequenced approach to which areas of the community should be upgraded first. A Long Range Planning Committee is in development. Our Social Committee is in the process of developing a new charter that supports the Steiner Ranch HOA Lifestyle Coordinator to plan, organize, volunteer and give input on events, some of which will be new, to best match homeowner demographics.

Now is a great time to get involved and have a say in what happens within your neighborhood. As George Bernard Shaw said, "Progress is impossible without change, and those who cannot change their minds cannot change anything".

I wish everyone a happy, healthy November and wonderful month of Thanksgiving!

—Randy



## MESSAGE

### From The SRMA Board Of Directors

"Transition" Scheduled for December 2015

*Bill Menzies, SRMA Board President*

You might remember that the Steiner Ranch Master Association (SRMA) was scheduled to go through Transition in April 2015. However, the Steiner Ranch (SR) Developer\* decided in early 2015 to delay Transition indefinitely. Well, the Developer informed the SRMA Board of Directors (BOD) in early September that it would like to complete Transition by the end of 2015. Your Board is currently working toward achieving that objective. What does this mean for the SRMA residents? The primary result is the SR residents will then be responsible for running its Association.

Transition is a term that describes the process by which the control/responsibilities of the governing board of the community association are transferred from the developer to the residents. It is a multi-stage process with many steps. In 2014, the SRMA BOD established a Transition Committee to advise it of the important items to be accomplished before and during Transition. These steps include, but are not limited to: 1) Developer transfers certain rights, such as control of the BOD, to the residents, 2) Developer makes changes to the Community Declarations and other documents as requested by the residents, 3) Residents make sure that appropriate assets and common areas are deeded to the HOA, and 4) procedures for future BOD elections are established. The SRMA engaged legal counsel in January 2015 to support its efforts. The SRMA BOD, HOA staff, SRMA attorneys and the Developer are currently in the process of completing the required steps for Transition.

Right now the BOD is composed of six Directors, with four being non-Developer residents (these were elected by SR residents in April 2014) and two appointed by the Developer. At Transition, the two Developer-appointed Directors will resign and two temporary non-Developer-appointed residents will be selected. A major objective of Transition is to change the BOD to full non-Developer homeowner control. This six person Board will make HOA decisions until BOD elections currently scheduled for April, 2016. Stay tuned for additional information on these elections in a future Ranch Record issue.

If you have questions about Transition, please call the HOA office or attend the next BOD meeting, scheduled for November 24th at 6:00pm at Towne Square Community Center.

*\* The Developer for Steiner Ranch is Taylor Woodrow Communities, Steiner Ranch Ltd. It is a partnership between Taylor Morrison and the Kucera Company.*





# Camping on the Ranch

It's almost here! Mark your calendars, register and get ready for Steiner's annual "Camping On The Ranch" event.

When: Saturday, November 7th, 2015 at 6:00pm

Where: Towne Square Community Fields

Bring your board games, books and storytelling talent for a fun night under the stars! You provide your tent and sleeping bags, we provide the stars and outdoors.

Cups & Cones will be selling breakfast tacos and/or kolaches in the morning and the Social Committee will be providing donuts, coffee and hot chocolate, free of charge.

Questions, please contact Desirre Ghebremicael at [Desirre@steinerranchhoa.org](mailto:Desirre@steinerranchhoa.org)

To register, please visit the Eventbrite page at:

<http://www.eventbrite.com/e/camping-on-the-ranch-2015-tickets-18048150504>



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## Join Us For Breakfast With Santa!

**Saturday, December 5th, 2015**

**8:30AM**

**Towne Square Community Center**

**12550 Country Trails Lane, Austin, TX 78732**

**Tickets Required: \$15 each per adult & \$7 per Child.**

**On sale now through November 28th, 2015.**

Mr. & Mrs. Claus will be visiting children and spreading holiday cheer! Admission includes breakfast and a present for each child. There will be a photographer on site for photo purchase, or parents are welcome to bring their own camera to snap a few special moments with Santa.

For more information, contact Desirre Ghebremicael at [desirre@steinerranchhoa.org](mailto:desirre@steinerranchhoa.org). Hurry! Event is limited to the first 70 registrations.

To register visit:

<https://www.eventbrite.com/e/breakfast-with-santa-2015-first-seating-tickets-18920820684>

## Ho, ho, ho! Santa Claus Is Coming To Town!



Time to get your little ones pictures with Santa! Avoid the mall, lines, and hassle!

You'll have 3 opportunities for visiting Santa, right here in Steiner:

**Saturday, November 14th from 10am–4pm** during the Holiday Sales Shopping Event at the Towne Square Community Center, 12550 Country Trails Lane. This is a "bring your own camera" and take photos of your kids, plus you can get

a little Holiday Shopping done.

**Friday, November 27th from 2pm – 5pm** at the Gene Arant Team Real Estate office located @ 4304 N. Quinlan Park Road (former Steiner Ranch Welcome Center). This is a Steiner Ranch Black Friday tradition and is their 3rd annual "Photo's with Santa" event, which is free and open to the public. Santa Claus, along with other special guest will be there posing for free professional photo's, handing out sweet treats and sharing in fun kids activities. You will not want to miss this fun event! Call the Gene Arant Team office for more information at 512.261.1000.

**Saturday, December 5th from 8:30am-10:00am** at Towne Square. Register to have breakfast with Santa and Mrs. Claus too! A photographer will be on site taking professional photos for purchase or you can bring your own camera to take pictures of your little one with Santa. Register for the event by visiting:

<https://www.eventbrite.com/e/breakfast-with-santa-2015-first-seating-tickets-18920820684>



# Holiday Camps for Kids

Join Team Sportball over Thanksgiving and December holidays for sports skills and fun games each day. Camps will be grouped for kids ages 3-5 and 6-8.

At Sportball camp, your child will improve his or her kicking, footwork, throwing, catching, batting, dribbling, and scoring skills. Our goal is boost your child's confidence and to instill a lifelong love of sports and athletics.

Using creative instruction and positive encouragement, our programs focus on the development of gross motor skills along with balance, strength, coordination, stamina, and timing.

Kids are divided into groups by age to challenge them at the appropriate level. Kids in the 6-8 age group will refine, repeat, and rehearse skills, usually ending in a scrimmage to practice those skills.

**November 23 – 25th 9:00am – 12:00pm at Towne Square Community Center**

**December 28 – 31s 9:00am – 12:00pm at Towne Square Community Center**

Registration information can be found at [austin\\_info@sportball.us](mailto:austin_info@sportball.us)



## Holiday Trunk Show



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# Ranch Record

## Holiday Shopping Event & Pictures With Santa

The Steiner Ranch Social Committee will be hosting its Annual Holiday Shopping event on Saturday, November 14th from 10:00am - 4:00pm at the Towne Square Community Center. Get your holiday shopping started without leaving Steiner Ranch! Bring the kids and your camera to take a photo with Santa!

Interested in participating as a vendor? There are still a few spots left! Registration information can be found at: <http://www.eventbrite.com/e/holiday-shopping-event-2015-tickets-18047815502>

There will be something for everyone on your list! Below are vendors who are participating:

- 4-8ngel Creations: Decorative wood wreaths & more
- Silpada Designs: Jewelry
- Whim Boutique: Boutique for women & girls
- B. Eaton Beauty : Chloe + Isabel Jewelry, Jamberry Nails, sunless tanning, makeup
- It Works Global: Natural health & wellness supplements
- Arbonne International: Skincare & Nutrition
- Trinkets And Butterflies: Art & jewelry made from real butterflies
- That's Fairy Adorable: Little fairy doors, mailboxes, fairy print stencils, fairy dust etc.
- Ideal You Now LLC: Ideal protein weight loss
- Divine Luxury Bath & Body: Handcrafted bath & body products
- Purple Sage Styles: Personal stylist & wardrobe organizer
- Mary Kay Cosmetics: Skincare & makeup
- Jamie's Closet: Women's clothing
- Juice Plus +: Whole food nutrition
- Ambrosia by Mill: Baked products
- Four Points Family Chiropractic: Free chair massage, discounted initial chiro exam
- Via ONEHOPE: Fundraising through wine
- Emerald Star Design: Hand stamped sterling silver, Celtic silver & Viper jewelry
- Yunique : Makeup and skincare products
- Delysia Chocolatier: Handmade award winning chocolates & confectionery
- EVER Skincare: Clinical grade, botanically derived, luxury skincare
- Couture Maquillage : Cosmetics
- The Lash Lounge
- Addy May, LLC: Children's boutique
- T. Schlossberg Fine Art: Fine art abstract paintings, hand drawn notebooks, ink floral drawings
- Gallo and Spence Toys: Ride on toys for children 18months to 5 years
- Little Crafty Things: Personalized gifts - etched glasses - velvet pumpkins
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- Rosemary Guide To Natural Wellness: Natural body products
- 31: Purses, totes, bags



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### Tip of the Month

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## Fall Programs

Visit the HOA office to pick up a copy of the Fall Program Guide or visit our website at [www.steinerranchhoa.org](http://www.steinerranchhoa.org) to download registration and program information. Classes offered include:

Children's Programs

- Sportball
- Tap/Ballet/Hip Hop
- Gymnastics
- Tennis
- Soccer
- Flag Football
- Music
- Zumba Kids

Teen/Adult Programs

- Yoga
- Tai Chi
- Tennis
- Master's Swimming
- Zumba
- Ballet Barre

For questions, please contact

Desiree Ghebremicael at [desirre@steinerranchhoa.org](mailto:desirre@steinerranchhoa.org).

## Holiday Decoration Rules

As you plan your outside decor for the upcoming holidays, please observe the following Steiner Ranch rule regarding holiday decorations on the exterior of your property:

Holiday decorations (excluding Christmas) may be put out up to fourteen (14) days in advance of the holiday in question. Decorations must be removed no later than seven (7) days after the holiday. Christmas decorations may be put out beginning November 1st and must be removed by January 15th.

Have a wonderful holiday season!



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# Happy Thanksgiving

to all of our Steiner Ranch Homeowners!



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## Thanksgiving Trash Pick-Up Schedule

Trash & recycling pick-up during the week of Thanksgiving is as follows:

If your regular trash pick-up day is Monday, Tuesday or Wednesday, then your service will remain unchanged. If your regular trash pick-up day is on Thursday, then your pick up day during the week of Thanksgiving will be on Friday, November 27th. If your regular trash pick-up day is on Friday, then your trash service will be on Saturday, November 28th.



## We Need You!

Please consider volunteering for one of the following community committees:

**Steiner Ranch Master Association Architectural Committee:**

Contact [mack@steinerranchhoa.org](mailto:mack@steinerranchhoa.org)

**Steiner Ranch Residential Owners Architectural Committee:**

Contact [mack@steinerranchhoa.org](mailto:mack@steinerranchhoa.org)

**Event Planning Committee:**

Contact [desirre@steinerranchhoa.org](mailto:desirre@steinerranchhoa.org)

**Facilities Committee:**

Contact [rafael@steinerranchhoa.org](mailto:rafael@steinerranchhoa.org)  
(Facilities committee includes Swim Team, Fields, Firewise, Pools & Trails)

**Finance Committee:**

Contact [chris@steinerranchhoa.org](mailto:chris@steinerranchhoa.org)

**Landscape Committee:**

[rafael@steinerranchhoa.org](mailto:rafael@steinerranchhoa.org) or [randy@steinerranchhoa.org](mailto:randy@steinerranchhoa.org)

**Long Range Planning Committee:**

[randy@steinerranchhoa.org](mailto:randy@steinerranchhoa.org)

**FACT:**  
A four-year-old may ask constant "why" questions to understand the world.



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## SRMA Architectural Committee Members Needed

In order to provide fast and efficient reviews of homeowner Architectural Modification requests (this refers to any changes to property exteriors), the Steiner Ranch Master Association is looking for a few volunteers to serve on the SRMA Architectural Committee.

What does it take to be a Committee Member?

No experience necessary. The Community Standards Manager will guide you through all steps and provide you with design guidelines needed. This committee will meet on an "as needed" basis only, as most AC reviews can be done via email.

What is the purpose?

The purposes of the Architectural Committee is to ensure that standards for construction, modification, or improvements are in compliance with the Declaration of Covenants, and that they preserve the aesthetic values of the community; to promote development and maintenance which enhances the aesthetic quality of the Steiner Ranch community, and which enhances homeowner property values; and to represent and assist the Board of Directors in the oversight and enforcement of the Declaration of Covenants, as they pertain to residential development, improvement and maintenance.

Upholding community standards has a very positive impact on all of us! If you're interested in more information, please contact Mack Taylor at 512-266-7553 Ext. 25 or [mack@steinerranchhoa.org](mailto:mack@steinerranchhoa.org).

Note\* This is for members of the Steiner Ranch Master Association.

This does not include the Steiner Ranch Residential Owners Association which includes the following neighborhoods - Plateau, Hancock Hill, Mesa North, Rock Ridge, Chaparral, Valley at Eastridge and Summit at Eastridge. The SRROA has its own Architectural Committee.



## Stay Connected Via HOA Communication!

The HOA communicates with residents via:

**The HOA website – [www.steinerranchhoa.org](http://www.steinerranchhoa.org).**

Announcements, calendar of events, program guides, field status, board documents and much more can all be found on the HOA website.

**The Steiner Ranch Community Newsletter**

The Steiner Ranch Community Newsletter is mailed or emailed to residents monthly.

**Email Alerts**

The HOA sends various types of email alerts- please logon to the community website to ensure we have your most current email address. Activity alerts are sent every Sunday. Community, safety and lost and found pet alerts are sent out as needed. Please sign up to receive communication from us. Visit the HOA website at [www.steinerranchhoa.org](http://www.steinerranchhoa.org), click your profile and choose which alerts you would like to receive under the subscriptions tab. The HOA does not share your email information.

**Social Committee facebook Page**

A volunteer from the Social Committee updates and manages the Social Committee facebook page which can be found at: [facebook.com/SRSocialCommittee](https://facebook.com/SRSocialCommittee)

**Monthly Board of Directors meetings**

Residents are welcome to attend and observe and/or sign up to address the Board. See the website for dates, times and agenda.

**Committee Meetings**

We have many committees –they're a great way to get involved! Visit the HOA website for information or contact the HOA office for details.



# To Our Steiner Ranch Neighbors

The Steiner Ranch Cycling (SRC) is a group of fun loving cyclist that enjoy the outdoors, burning calories, and meeting new people. Cycling is easy on your body, good for your health and a great way to build community. There is no cost to ride, and we welcome new riders. You probably see us riding around the neighborhood in our Steiner Ranch-themed red white and blue kits.

## SATURDAY RIDES

On Saturdays we host an open group ride, starting at Cups & Cones at 7:30 AM. Our Saturday rides have changed up a little and now include an advanced and intermediate group.

The advanced group will have average speeds from 18 – 20 mph and the intermediate group will average between 15 - 17 mph. While each group will be travelling at different speeds, each group will be tackling the same course with a typical distance ranging from 45 up to 60+ miles. The turnout is typically between 10 – 20 riders depending on weather. Come on out and have some fun, everyone is welcome. Ride details are posted each week to our website at <http://www.steinerranchcycling.com> and on our Facebook page <http://facebook.com/SteinerRanchCycling>.

After the ride (assuming we finish at a lunch compatible time), join us for burgers and beer at Lakeside Pizza & Grill for discounted food and beer!

The advanced and intermediate groups require a higher level of fitness and experience and there is no designated sweeper.

## SUNDAY COFFEE SHOP RIDE

On Sundays we host a mellow no-drop ride to a local coffee shop outside Steiner, great for new riders and/or recovery rides.

The group will leave Cups & Cones at 7:30 AM, and will target some not-too-far coffee shop for some espresso, pastries, and socialization. The ride will average around 16-17 mph and should be perfect for those looking to recover from the week's riding, or to extend their range out of Steiner. Our destination is typically Red Horn Coffee House and Brewing Company at 1431 and Parmer which is 18 miles from Cups & Cones. This is a no-drop ride, but you should be able to ride the 38-50 miles at a 16-17 mph pace.

Please visit our website at <http://www.steinerranchcycling.com> to check out what is going on in the Steiner Ranch cycling community.

## Monthly SRC Oasis Ride

Join us for the third Saturday of each month when Steiner Ranch Cycling will host a ride starting from Cups & Cones at 7:30 AM,



covering 50-70 miles and ending at the Oasis Brewing Company. Bring your bikes up on the deck and enjoy views of Lake Travis with discounted beer and food options from various local food vendors.

## Other Upcoming Rides

Saturday, November 7 is the Tour de Gruene. This is a beautiful ride with 6 distance options between 14 and 65 miles. Your registration also includes a free ticket to Wurstfest in New Braunfels!

## Riding Tips: Maintenance

Beginner: Bike maintenance is easy, and can avoid time spent visiting a bike shop, and/or more

expensive problems in the future. The most common ones: Lube your chain every couple hundred miles, it will make it last longer and stop annoying squeaking. Fixing flat tires is simple, and requires a couple of \$2 tire levers and a \$5 tube (it's possible to patch a tube, but if not done correctly the patch can fail at an inconvenient moment). And finally, check nuts and bolts periodically to make sure nothing is coming loose.

Advanced: Gears not shifting correctly? It's easy to find instructions and videos online with guides on adjusting shifters and derailleurs, and many shifting issues simply require adjustments. Ditto for replacing brake pads, handlebar tape, tires and a few other things. And finally, a once-a-year bike tune-up is a good idea, so an experienced mechanic can keep everything humming, and check for safety issues.

## SPONSORS

Please join Steiner Ranch Cycling in thanking the following sponsors for supporting cycling in our community and procuring our group the coolest cycling kits west of the Mississippi:

1. PayPal
2. Texas Beef Council
3. Austin City Living
4. MapMyRide
5. Resolute Fitness
6. FrontYrd
7. Descente Cycling
8. Dream Smiles Dental
9. 512 Market Kitchen

**RIDE DISCLAIMER:** Each rider is responsible for his or her own safety on our rides. Please join us at your own risk. Our weekly rides are open to public participation but ride leaders do NOT assume any liability for your participation. We will ask that all participants follow traffic laws and wear a helmet while on our rides.

# Ranch Record

## YOUNG HEART

*steinerranchyoungatheart@gmail.com*

### *What is Young at Heart?*

Young at Heart is an organization comprised of Steiner Ranch residents mostly in the 50+ age group who are empty-nesters and enjoy having a busy social life, educational opportunities, exploring Austin and the Hill Country area and meeting other people with similar interests. Whether you live in Steiner Ranch full time, part time or are just here visiting your family, if you'd like to participate in any of our activities, please email or call us. Contact information for many of our activities is provided below.

Young at Heart is loosely organized with announcements about our activities conveyed by email. To become a member of Young at Heart, simply send your contact information including name(s), address and contact information including phone numbers and email addresses to Dottie Thoms at [dottie.thoms@gmail.com](mailto:dottie.thoms@gmail.com). You will be put on the Young at Heart email list and will receive monthly and weekly notifications about planned activities. With a few exceptions, most of the activities and groups do not have set members. You may participate either regularly or occasionally. Some of our regular activities and contact information:

**Art Group** - Carol Witt at [carolsuewitt@gmail.com](mailto:carolsuewitt@gmail.com)

**Biking Group** - Richard Ellenbogen at [rellenbogen747@yahoo.com](mailto:rellenbogen747@yahoo.com)

**Book Club** - Cheryl Howard at [cchoward24@gmail.com](mailto:cchoward24@gmail.com)

**Bridge (Ladies Social)** - Nancy Harger at [n\\_harger@yahoo.com](mailto:n_harger@yahoo.com).

**Bridge (Couples)** - Marilyn Frazier at [MLLF1223@gmail.com](mailto:MLLF1223@gmail.com).

**Bunco (Ladies)** - Linda Mikolajek at [miko4@msn.com](mailto:miko4@msn.com) or Lidia Schmidt at [L79D@aol.com](mailto:L79D@aol.com).

**Card-Making** - Lori Willoughby at [LORIWIL@austin.rr.com](mailto:LORIWIL@austin.rr.com)

**Canasta (Ladies Daytime)** - Vicky Bradley at [vickylbradley@gmail.com](mailto:vickylbradley@gmail.com)

**Canasta (Evening)** - Diana O'Reilly at [DBOR46@aol.com](mailto:DBOR46@aol.com)

**CLEO (Classy Ladies Eating Out)** - Lidia Schmidt at [L79D@aol.com](mailto:L79D@aol.com)

**Dinner Groups** - Karen Steans at [kjsteans@gmail.com](mailto:kjsteans@gmail.com)

**Epicureans** - Dottie Thoms at [dottie.thoms@gmail.com](mailto:dottie.thoms@gmail.com).

**Euchre** - Kathy Finley for details at [jfinley825@aol.com](mailto:jfinley825@aol.com).

**Exploring Austin** (in the greater Austin area)/Daytrippers (ventures to

areas within an hour or two of Austin) –

In October we're planning to visit Homestead Heritage in Waco ([www.homesteadheritage.com](http://www.homesteadheritage.com)). For information, please contact Ethel Bradford at [emb43@sbcglobal.net](mailto:emb43@sbcglobal.net).

**Gourmet Dining** - Dottie Thoms at [dottie.thoms@gmail.com](mailto:dottie.thoms@gmail.com).

**Happy Hour** - Happy Hours are held in alternate months with Wine Socials.

Our next Happy Hour will be on November 10th at Fore Restaurant in Lakeway. Contact Linda Bergquist at [lsbergquist5@yahoo.com](mailto:lsbergquist5@yahoo.com) for information.

**Hiking** - Ben Rosin at [brosin1023@gmail.com](mailto:brosin1023@gmail.com).

**International Dining** - Dottie Thoms at [dottie.thoms@gmail.com](mailto:dottie.thoms@gmail.com).

**Mah Jongg** - Gail Ellenbogen at [gellenbo@yahoo.com](mailto:gellenbo@yahoo.com).

**Mexican Train (Dominoes) - Ladies Daytime** - Janet Schriener at [jgschriener@austin.rr.com](mailto:jgschriener@austin.rr.com).

**Mexican Train (Dominoes) - Evening** - Gail Ellenbogen at [gellenbo@yahoo.com](mailto:gellenbo@yahoo.com).

**Movie Lovers** - Diana O'Reilly at [dbor46@aol.com](mailto:dbor46@aol.com).

**ROMEO (Retired Old Men Eating Out)** - Rick Steans at [rasteans@gmail.com](mailto:rasteans@gmail.com)

**Spanish Conversation** - Maureen Michel at [momichel17@gmail.com](mailto:momichel17@gmail.com)

**SWEET (Single Women Enjoying Eating Together)** - Ellen Honey at [eshoney10@mac.com](mailto:eshoney10@mac.com).

**Technology Group** - Fred Thoms at [texassthoms@gmail.com](mailto:texassthoms@gmail.com).

**Walking Group** - Emilie Dacunto at [emiliedev43@yahoo.com](mailto:emiliedev43@yahoo.com).

**Wine Socials** - Our next Wine Social will be on October 16th.

More detailed information and descriptions of our events and activities are on the Steiner Ranch HOA website. All Young at Heart activities are announced in the monthly and weekly bulletins emailed to all Young at Heart members. To receive these announcements, please contact Dottie Thoms at [dottie.thoms@gmail.com](mailto:dottie.thoms@gmail.com) or call 512-820-5980 or 512-531-9360.

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## New Steiner Ranch Writers Group

Poets, novelists, memoirists, songwriters, and anyone who has ever wanted to try- join us every other Monday (the most difficult writing day of the week) starting November 9th for an hour of work and friendly support from 1:00-2:00 PM at Towne Square Community Center. NaNoWriMo (<http://nanowrimo.org>) writers, join us! Bring something you are working on for the first half of the meeting -our writing time- and then the second half, we'll chat and get to know the other writers in our community. If you haven't started a project, bring your idea and your laptop/notebook and get started in the silence of writers actually writing. This will not be a workshop, but it might be a great way to meet a new writing partner or the reader for your finished manuscript. Absolutely free. Bring your work and join us!



Divorce can be unexpected. If it cannot be avoided, then we want to help you protect your interests, whether they are family relationships that will survive the divorce or your property interests. We want to try and help you reduce the emotional financial stress of the process, while also protecting your interests. We will try and help you settle your case amicably, but if that is not possible, we have experience and will pursue ethical litigation. We have attorneys of different experience levels and different billing rates. We offer a variety of options, including full scope and limited scope representation. We want to give you some choices.

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## FREE Dog Training Events!

Professional, certified dog trainer Trevor Smith understands the importance of convenient, effective (and fun!) dog training solutions for busy professionals and families. He will be offering the following FREE workshops in Steiner Ranch:

**November 6, 2015 – Bella Mar Community Center**

**6:30 to 7:30 pm:**

**Kick Start My Dog-** General discussion on home manners issues like barking, potty training, jumping on guests, digging, puppy training and more. This workshop is for owners only- no dogs allowed. At the end of the talk, there will be time for questions and answers.

**November 7, 2015 – John Simpson Park**

**9:00 to 10:00 am:**

**Paw Trek-** Dog training workshop on basic behaviors for public adventures and walks. In this workshop we cover the basics of attention, sit, stay, walking and come when called. Friendly dogs and their owners may attend this event.

Visit [www.thedoggiedojo.com](http://www.thedoggiedojo.com) for more information.



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**November 15th, 2015 at 11am**

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## Steiner Ranch Residents Thank First Responders

On September 23rd, Steiner Ranch residents gathered at John Simpson Park to show appreciation and support for local First Responders. Steiner Ranch resident Sherri Smetana organized and hosted the event, which approximately 50 people attended.

Blue ribbons were handed out and residents were able to personally thank police officers and firefighters. Those attending also prayed for the safety of local First Responders. "We wanted them to know that their service does not go unnoticed. I was told that sometimes they feel like ghosts. When they go into an emergency situation, they are there to help, but then never see the people they've helped again," Smetana said.

The First Responders sincerely appreciated the event and the community coming out to support them. "We were so happy we could honor the people who serve us every day," said Smetana. The Steiner Ranch HOA and Sherri Smetana plan on adding to and organizing this positive community event together next fall.



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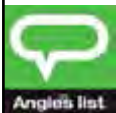
# NOVEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <b>1</b> 7:30am – SRCC Ride (Cups & Cones) Daylight Savings Time Ends	<b>2</b> 8:00am – Free Tia Chi (TSCC) 1:00pm – YAH Mexican Train 6:30pm – FREE Yoga (TSCC)	<b>3</b> Election Day 8:00am – Free Tia Chi (TSCC) 6:00pm – Facilities Mtg 8:30pm – Free Akido (BMCC)	<b>4</b> 8:00am – Free Tia Chi (TSCC) 9:30am – YAH Biking 11:30am – YAH CLEO	<b>5</b> 8:00am – Free Tia Chi (TSCC) 8:30am – YAH Walking Group 11:30am – YAH Art Group (TSCC) 1:00pm – YAH Mah Jongg	<b>6</b> 8:00am – Free Tia Chi (TSCC) 9:30am YAH Euchre 6:30pm Free Dog Traning (BMCC)	<b>7</b> 7:30am – SRC Ride (Cups & Cones) 9:00am-5:00pm – YAH Art Workshop (TSCC) 9:00am – Free Dog Training 9:30am – YAH Biking 6:00pm – Camping On The Ranch (TSCC)
<b>8</b> 7:30am – SRCC Ride (Cups & Cones)	<b>9</b> 8:00am – Free Tia Chi (TSCC) 11:30am – ROMEO 1:00pm-2:00pm – Writing Group (TSCC) 6:30pm – FREE Yoga (TSCC) 6:30pm – YAH Canasta	<b>10</b> 8:00am – Tia Chi (TSCC) 1:00pm – YAH Book Club 5:00pm – YAH Happy Hour 9:00pm – Social Committee Meeting (Cups & Cones) 7:00pm – SRNA Mtg (TSCC) 8:30pm – Akido (BMCC)	<b>11</b> Veterans Day 8:00am Tia Chi (TSCC) 9:30am – YAH Biking 12:30pm – YAH Ladies Bridge 4:00pm – YAH Spanish 6pm – Fairways Board Mtg (TSCC)	<b>12</b> 8:00am – Free Tia Chi (TSCC) 8:30am – YAH Walking Group 11:30am – YAH Art Group (TSCC) 1:00pm – YAH Mah Jongg	<b>13</b> 8:00am – Free Tia Chi (TSCC) 1:00pm – YAH Canasta	<b>14</b> 7:30am – SRC Ride (Cups & Cones) 9:30am – YAH Biking 10:00am – Holiday Shopping Event (TSCC)
 <b>15</b> 7:30am – SRC Ride (Cups & Cones)	<b>16</b> 8:00am – Free Tia Chi (TSCC) 12:00pm – YAH Card Making 6:00pm – YAH SWEET 6:30pm – Free Yoga (TSCC) 6:30pm – YAH Mexican Train	<b>17</b> 8:00am – Free Tia Chi (TSCC) 1:00pm – YAH Technology 7:00pm- Free Dr. Brosin Workshop 8:30pm – Akido (BMCC)	<b>18</b> 8:00am – Free Tia Chi (TSCC) 9:30am – YAH Biking 6:30pm – SRC Ride (Cups & Cones)	<b>19</b> 8:00am – Free Tia Chi (TSCC) 8:30am – YAH Walking Group 11:30am – YAH Art (TSCC) 1:00pm – YAH Mah Jongg 7:00pm- YAH Bunko (Bella Mar)	<b>20</b> 8:00am – Free Tia Chi (TSCC) 9:30am – YAH Euchre	<b>21</b> 7:30am – SRC Ride (Cups & Cones) 8:15am- YAH Hiking 9:30am – YAH Biking
<b>22</b> 7:30am-SRC Ride (Cups & Cones)	<b>23</b> 8:00am – Free Tia Chi (TSCC) 1:00pm-2:00pm – Writing Group (TSCC) 6:30pm – Free Yoga (TSCC)	<b>24</b> 8:00am – Tia Chi (TSCC) 6:00pm – SRMA Board Mtg (TSCC) 8:30pm – Free Akido (BMCC)	<b>25</b> 8:00am – Free Tia Chi (TSCC) 9:30am – YAH Biking 12:30pm – YAH Ladies Bridge	<b>26</b> Thanksgiving Day 8:30am – YAH Walking Group Trash Service Slides One Day	<b>27</b> HOA Office Closed 8:00am – Free Tia Chi (TSCC) 1:00pm – YAH Canasta Trash Service Slides One Day	<b>28</b> 7:30am – SRC Ride (Cups & Cones) 9:30am – YAH Biking
 <b>29</b> 7:30am – SRC Ride (Cups & Cones)	<b>30</b> 8:00am – Free Tia Chi (TSCC) 6:00pm – YAH International Dining 6:30pm – Free Yoga (TSCC)				<b>YAH - Young At Heart SRC - Steiner Ranch Cycling</b>	



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# DECEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	HOLIDAY HOUSE DECORATING CONTEST 12/1-12/25	1 8:00am – Free Tia Chi (TSCC) 8:30pm – Free Akido (BMCC)	2 8:00am – Free Tia Chi (TSCC) 9:30am – YAH Biking 11:30am – YAH CLEO 6:30pm – Volunteer Appreciation Dinner (TSCC)	3 8:00am – Free Tia Chi (TSCC) 8:30am – YAH Walking Group 11:30am – YAH Art Group (TSCC) 1:00pm – YAH Mah Jongg	4 8:00am – Free Tia Chi (TSCC) 9:30am YAH Euchre	5 7:30am – SRC Ride (Cups & Cones) 9:30am – YAH Biking
6 Hanukkah begins at sundown 7:30am – SRCC Ride (Cups & Cones)	7 Pearl Harbor Remembrance Day 8:00am – Free Tia Chi (TSCC) 11:30am – ROMEO 1:00pm-2:00pm – Writing Group (TSCC) 6:30pm – FREE Yoga (TSCC)	8 8:00am – Tia Chi (TSCC) 1:00pm – YAH Book Club 5:00pm – YAH Happy Hour 9:00am – Social Committee Meeting (Cups & Cones) 7:00pm – SRNA Mtg (TSCC) 8:30pm – Akido (BMCC)	9 8:00am Tia Chi (TSCC) 9:30am – YAH Biking 12:30pm – YAH Ladies Bridge 4:00pm – YAH Spanish 6:00pm – Fairways Board Mtg (TSCC)	10 8:00am – Free Tia Chi (TSCC) 8:30am – YAH Walking Group 11:30am – YAH Art Group (TSCC) 1:00pm – YAH Mah Jongg 6:00pm – SRROA Board Meeting (TSCC)	11 8:00am – Free Tia Chi (TSCC) 1:00pm – YAH Canasta	12 7:30am – SRC Ride (Cups & Cones) 9:30am – YAH Biking
 13 7:30am – SRC Ride (Cups & Cones)	14 8:00am – Free Tia Chi (TSCC) 12:00pm – YAH Card Making 6:00pm – YAH SWEET 6:30pm – Free Yoga (TSCC) 6:30pm – YAH Mexican Train	15 8:00am – Free Tia Chi (TSCC) 1:00pm – YAH Technology 8:30pm – Akido (BMCC)	16 8:00am – Free Tia Chi (TSCC) 9:30am – YAH Biking	17 8:00am – Free Tia Chi (TSCC) 8:30am – YAH Walking Group 11:30am – YAH Art (TSCC) 1:00pm – YAH Mah Jongg 7:00pm- YAH Bunko (Bella Mar)	18 8:00am – Free Tia Chi (TSCC) 9:30am – YAH Euchre	19 7:30am – SRC Ride (Cups & Cones) 8:15am- YAH Hiking 9:30am – YAH Biking
20 7:30am-SRC Ride (Cups & Cones)	21 8:00am – Free Tia Chi (TSCC) 1:00pm- Writing Group (TSCC) 6:30pm – Free Yoga (TSCC)	22 8:00am –Tia Chi (TSCC) 8:30pm – Free Akido (BMCC)	23 8:00am – Free Tia Chi (TSCC) 9:30am – YAH Biking 12:30pm – YAH Ladies Bridge	24 Christmas Eve HOA Office Closed 8:30am – YAH Walking Group	25 Christmas Day Friday Trash Service Will Take Place On Saturday	26 Kwanzaa begins 7:30am – SRC Ride (Cups & Cones) 9:30am – YAH Biking
 27 7:30am – SRC Ride (Cups & Cones)	28 8:00am – Free Tia Chi (TSCC) 6:00pm – YAH International Dining 6:30pm – Free Yoga (TSCC)	29 8:00am –Tia Chi (TSCC) 8:30pm – Free Akido (BMCC)	30 8:00am – Free Tia Chi (TSCC) 9:30am – YAH Biking 12:30pm – YAH Ladies Bridge	31 New Year's Eve HOA Office Closes at 12pm 8:30am – YAH Walking Group		

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# Who Are The People In Your Neighborhood?

*By Adam and Tonya Stahl*

Is it possible to have it all and never leave Steiner Ranch? Of course it is. Bryttannee Eaton of Bryttannee Eaton Beauty makes looking fabulous even easier by offering her "red carpet style services." She will go to client's homes or they can meet in her studio to prepare for an event complete with professional hair and make up application. She also offers complimentary wardrobe assistance. Bryttannee is a Norvell certified sunless tanning master artist too. When the television show Dancing With The Stars films locally, she is on call for them as a tanning specialist. Her sunless tanning product is mixed specifically for each client's skin tone. The application is different depending on the client's event and desired result. Bryttannee helps her clients achieve the look they desire. "A woman should look and feel glamorous. Photos are forever. I want to increase confidence and bring out my client's natural beauty."

Eaton works with teens and women of all ages for proms, cheer competitions, weddings, family photos, galas, or just a night out. She is also hired by professionals for print, tv, and film. Eaton understands how the camera sees an image and works to achieve the best big picture result. What makes her different? She has years of professional hair and makeup training. She graduated from the prestigious international Val Garland Make Up School of London at which only 1,000 applicants worldwide are accepted per graduating class. She was also a national P&G Salon professional trainer. Bryttannee trained employees all over the country on the latest hair cut and color techniques.

Eaton is 4th generation in the beauty industry. Her mother was a long time chemist for White Rain. She has been testing beauty products her entire life. Her favorite products that work for all skin tones are MAC Viva Glam 6 lipgloss, Urban Decay Naked Smoky eye palette, and Kids Wet Brush.

Bryttannee's artistry inspiration is Kevin Aucoin. Her faith in Jesus is her daily inspiration. Bryttannee graduated from the University of Wisconsin with a degree in Economics. In 2012, she earned her MBA from DePaul in Entrepreneurship and Brand Management. Not only does she offer beauty but she has the brains to go with it. She started a group in our neighborhood called Shop Steiner. It is a group of local businesses that work together to promote their services and contribute to welcome baskets for new Steiner residents. Eaton also created social media surveys to bring attention to the possible loss of the Lake Club here in Steiner. She loves Steiner Ranch and takes great pride in her neighborhood. If you are interested in learning more about Bryttannee and her services you may contact her at [www.bryttanneeeatonbeauty.com](http://www.bryttanneeeatonbeauty.com)

If you are a business owner in Steiner Ranch and would like to be featured in this article please email Adam Stahl at [adam@agrslaw.com](mailto:adam@agrslaw.com) or Tonya Stahl [tonya@agrslaw.com](mailto:tonya@agrslaw.com). The intention of this article is to bring our community closer by learning more about our neighbors and supporting local business.

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# Ranch Record

## FACILITIES AND GROUNDS IMPROVEMENTS

The big news this month is that Bella Mar pools received much TLC:

- Two larger filters replaced 2 of the existing pool filters
- The lap pool deck was resurfaced
- The splash pool water tower was re-stained and painted
- A new water fill line was added to the baby pool, which will help better maintain the proper water level
- Pillars were repaired
- The gate to the splash pool was painted
- Drinking water fountain was repaired
- All handrails were sandblasted and painted
- Pool heater received preventative maintenance
- Coping stone was repaired
- All pool furniture and decking was power washed
- Pool signage was replaced

Other repairs & Improvements:

- Pillars at The UT Golf Club were repaired
- Handrails at John Simpson pool were repaired
- Additional fencing was added at John Simpson pool
- Flowers were installed at neighborhood entrances
- All community sports fields were fertilized



## SEND YOUR PHOTOS!

### You Could Win A \$20 Gift Card!

Thank you to Steiner Ranch resident Carrie Hall for submitting this month's peaceful trail photograph, featured on the cover. Carrie adores the Steiner Ranch trails and has enjoyed walking them almost daily since moving to Steiner Ranch from San Diego, California. Carrie won our monthly photo contest and received a \$20 gift card to Lakeside Pizza! You could win too- send us your pictures today!

Send us pictures you've taken around the neighborhood, and we'll enter you in our monthly photo contest. The winner will receive a \$20 gift card to a neighborhood business AND their photo will be included in the Steiner Ranch Record. We love receiving pictures from our residents! Even if you don't win, your photo may be used in a future newsletter. Say cheese!

Please submit photos to: [meredith@steinerranchhoa.org](mailto:meredith@steinerranchhoa.org)



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## A Summary of Long-Term Care and Payment Options

*Tom Henry, Community Relations*

Long-term care generally refers to services and supports designed to help someone meet their nonmedical, daily personal needs, often called assisted living or personal care. Long-term care may also include a higher level of medically necessary skilled nursing care. The difference between these two types of care determines what payment options exist.

Assisted living is nonmedical care that is usually provided in-home by a family member or a paid caregiver. It includes assistance with one or more of the six activities of daily living: bathing, dressing, eating, toileting, transferring, and continence. If receiving such services at home is no longer practical, then assisted living can be provided in a long-term care facility.

Skilled nursing care addresses medically necessary needs such as wound care, IVs, and drug administration. A registered nurse or licensed practical nurse (LPN) provides this level of care, which typically includes 24-hour monitoring.

Skilled nursing care is often short-term with a focus on rehab and physical therapy following a hospital stay, but it can be permanent if there is little likelihood of health being restored. Skilled nursing care is usually provided in a nursing home facility.

### **Paying for Long-Term Care Services**

Payment options for long-term care fall into one of two categories: public support through Medicare, Medicaid, or the Veterans Administration; or private payment, which includes paying out-of-pocket or utilizing long-term care insurance. A full explanation of each public support program is beyond the scope of this document but here is a brief summary:

#### **Medicare**

If only assisted living is needed, Medicare will not cover the cost of these services. However, it will likely cover some skilled nursing care expenses, for a limited period of time, if those services are delivered by a Medicare-certified provider.

#### **Medicaid**

Medicaid is a government financial assistance program. Assisted living AND skilled care may be covered if you qualify financially and if such services are delivered by a Medicaid-certified provider.

Eligibility requirements vary by state, but generally speaking, your available assets and income sources must be at or below the federal poverty level and certain stipulations are met.

For those who do not qualify for Medicaid, a long-term care insurance policy can help cover the cost of assisted living services.

#### **Veterans Administration**

Veterans and surviving spouses of veterans may qualify for the Aid and Attendance Program, a valuable benefit available through the U.S. Department of Veteran Affairs. If you qualify, this program can help cover the cost of assisted living and skilled nursing care.

## Storm Drains are Everyone's Responsibility

*Submitted by WCID #17*



*Here is a storm drain in a Steiner Ranch neighborhood into which someone has stuffed an entire wooden pallet and large rocks. Blockages such as this create unnecessary work and cause localized flooding into homes and garages.*

Throughout your neighborhood, storm drains control and divert rain water away from the street through large underground drain pipes to outfalls normally located at the back of properties in green spaces. As water exits the outfall, nature guides the rain water to storm water ponds, and then back to our water shed and into Lake Travis or Lake Austin. Lake Travis is the source of WCID 17's drinking water.

If there are contaminants in the water that enters storm drains, then they too will be washed into local waterways. Take note of curbs and gutters near your home or business. If they are present, they likely lead to a storm drain nearby. They will transport anything that is washed or dumped into them from nearby properties, such as your yard or the street, into a nearby waterway.

It is NOT okay to dump leaves and lawn clippings into storm drains. Storm drains are there to prevent flooding of streets and homes; if drains are clogged with leaves and grass, damage to homes can occur during a rain event. When grass and leaves are dumped into drains, they quickly clump and solidify - especially in dry periods such as we are in now. They will not simply be "washed away." Remember, leaves and trash should be kept out of storm drains.

**Take Action! Only Rain in the Drain!**

- Don't dump anything down storm drains;
- If you see someone doing this, stop them and explain why;
- Don't plant trees near storm drain outfalls – water seeking roots will infiltrate them quickly and often block the outfall completely;
- Rake It! Leaves and yard trimmings need to be raked and bagged for pick up by the trash company;
- Sweep It! Extra fertilizer, grass clippings, dirt in the driveway – don't hose it into the drain; and
- NEVER dump oil, chemicals, pet waste or any other material into a storm drain

## STEINER RANCH

# Neighbor Spotlight

By Kimberly McLaughlin

Ready to travel to the Mediterranean without ever leaving your couch? Come with me now! This amazing backyard project will transport you to the coastal regions of France and Italy. These home owners love that region of the world so much they recreated it in their backyard! We will start with the lower tier of the yard and the move to the top.

The first thing that draws your eye is the espalier – I didn't know that word before this article either – google says it means "a fruit tree or ornamental shrub whose branches are trained to grow flat against a wall, supported on a lattice or a framework of stakes." So now you've learned something new, too. The crisscross espalier is beautiful and sets the stage for the amazing detail this family went through to create their own paradise. Notice the French Country wooden doors under the counters. The long, beautiful table. You can imagine the whole family there eating, drinking and laughing.

This family loves to cook and tries to grow everything they need in their garden. They have fig, peach, oranges and olive trees in addition to a plethora of vegetables and herbs. They even saved the wood from the trees that were cut down to cook with. Total reuse! Notice the grill and the ever popular green egg smoker. I'm getting hungry just thinking about it.

The outdoor sitting area is my favorite spot. This is where I sat to interview my host and learn about their backyard paradise. The pictures don't do this masterpiece justice. The couches set around the large stone fireplace, the soothing sound of the nearby water fountain, the pergola laced with quiet lighting – everything about this spot just makes you relax and want to stay.

I love water fountains and they put a beautiful one along the retaining wall between their property and the neighbors. Recognize it? Ever been to Rough Hollow Grille? This beautiful fountain was about to be discarded when this home owner saved it and found it the perfect home in their back yard.

From the upper deck of the home, you get an amazing overview of the top tier of the yard. An old cutting board was used to make a swing and a small table awaits underneath the shade of the beautiful oak tree. I'm saving my favorite feature for last. If you look toward the back of this photo, you can see a wall of greenery and a small set of stone stairs that leads you to....

...a full size Bocce Ball Court with representative olive tree. Game On!

I feel so lucky to call this family my neighbor and friend and can only dream of having the kind of vision and inspiration they have demonstrated to create something so beautiful for their home here in Steiner Ranch.

Until next time...Au revoir! Arrivederci!

*Interested in sharing your unique décor or remodel however big or small? Please contact me at [Kimberly@REDinAustin.com](mailto:Kimberly@REDinAustin.com). The only requirement is that the home be in Steiner Ranch.*



Photos by Brendan Maloney



## Year Round Swimming Program for Adults

Come join the Masters Swim Program! The workouts are adjusted for everyone from beginners all the way to advanced -- no swim experience needed!! No intimidation allowed!! If you can swim one length of the pool, then you are ready to join in on the fun. Currently, we have "newbies" who haven't ever participated in organized adult swim classes, new and experienced triathletes who want to improve the swim part of their triathlons, and experienced master's swimmers looking to enjoy an organized swim workout. Regardless of your skill level, you will find a lane with swimmers who match your ability and enthusiasm.

Our swim schedule is as follows:

- Wednesdays and Fridays at 5:30 a.m. until 6:45 a.m.
- Sundays at 6:30 a.m. until 7:45 a.m.
- \$55 per month for Residents

Come on and give it a try! It's easy to sign up:

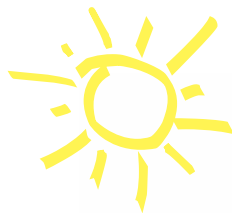
1. You must be 18 yrs. and older.
2. Join U. S. Masters Swimming! To be eligible to compete in masters' meets, to get a great magazine, and for HOA insurance purposes, go to the United States Masters swimming website, [www.usms.org/reg](http://www.usms.org/reg) and join our team Red Giants Masters swimming. You can print your card immediately and take a copy to the HOA office.
3. Fill out the Program Registration form at the HOA office, provide a copy your USMS card and submit payment!

As this is a Year Round Program, it's a great way to meet new friends and be a part of a fun community of swimmers and neighbors!

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## FALL POOL HOURS

*The following hours will apply:*

### **BELLA MAR**

Closed Monday until 2:00pm  
Open Tue- Sun 7:00am – 10:00pm

*The following programs will be using the Bella Mar lap pool:*

#### **Master's Swim Program**

Wed. & Fri. 5:30am – 6:45am  
Sun. 6:30am – 7:45am

#### **Vandegrift High School Swim Team**

Mon. – Fri. 7:15am – 9:15am

#### **Lost Creek Aquatics**

Mon – Fri 3:45pm – 7:00pm (6 lanes)

### **TOWNE SQUARE**

Closed Monday until 12:00pm  
Open Tues. – Sun. 8:00am – 10:00pm

*The following programs will be using the Towne Square pool:*

Towne Square - Water Aerobics Mon/Wed at 6:45pm and Tue/  
Thur at 9:00am until the water is too cold to continue.

### **JOHN SIMPSON**

Closed Monday until 2:00pm  
Open Tuesday – Sunday 7:00am – 10:00pm

#### **Gold Stars Swimming**

Tues. & Thurs. 3:45pm – 5:30pm  
until the water is too cold to continue.

**Please note\*\*Lifeguards are no longer on duty after Labor Day.  
Swim at your own risk.**

## Overnight Street Parking

Please remember that overnight street parking is prohibited in Steiner Ranch. You must park all of your vehicles in your garage or on your driveway at night.

Submit complaints about overnight street parking to the Community Associations Office by clicking on the “report a violation” tab at [www.steinerranchhoa.org](http://www.steinerranchhoa.org). You must include a house number, street address, and a vehicle description. Complaints submitted without this information can not be addressed.

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# The Right Way to Write:

## Tips on Getting Started

*Bridget M. Larrabee*

Whether you are a student just hoping to complete an essay assignment for your English class, a parent struggling with a piece you volunteered to write for the school newsletter, or a college applicant grappling with the infamous personal statement, the struggle is often the same: How does one begin the process of writing?

Before putting the first words on paper, it is important to recognize how and where we get our inspiration to write, appreciating that much of this comes from reading the works of great authors. As Jacqueline Kennedy Onassis writes in *Books I Read When I was Young: The Favorite Books of Famous People*, "If you read, you may want to write." But how does one begin? When instructing students in my writing classes, I encourage writers to view the world around them as an arena for nourishing their creative notions. I advise them to focus on that which is important to them, to think about that which they love and that for which they have a passion. The time you spend before writing, will likely save time and frustration. A pre-writing exercise may help you to devise a topic about that which you are interested in writing, resulting in an essay someone else will be interested in reading. And for most of us, that right there is the right way to write!

Suggested Pre-Writing Exercise:

- Write for 10 minutes (without pausing) on the first topic that comes to mind.
- Look at your writing. Ask yourself why you chose this particular topic.
- Underline certain words, phrases and sentences that represent

thoughts that have the potential to develop into an essay.

- Pull out these words, phrases and sentences, regardless of any connections they may or may not have to each other and write them in random places on a sheet of paper.
- Cluster your thoughts, making connections between like ideas.
- You may find one, two, or many different ideas you would like to develop further.
- If you find something that sparks your interest, begin to develop it into a formal essay. See where it takes you.
- If this exercise does not result in one or many topics for which to launch your writing, begin again.

Do not be discouraged if ideas do not flow immediately. Writing is hard work and good writing rarely comes without a certain degree of struggle. Approach writing as an evolving process rather than delving in with the expectation you will write a single award winning essay in an evening's time. In that way, you are much more likely to produce a piece that best represents you as a unique individual, conveying a voice that is distinctively yours. Onassis continues, "Writing helps you to express your deepest feelings. Once you can express yourself you can tell the world what you want from it or how you would like to change it. All the changes in the world, for good or evil, were first brought about by words." So go ahead and get started; best wishes as you write on!

Bridget Larrabee is a certified secondary school AP English and writing teacher, former admissions officer and college counselor. She currently works from home, assisting students with ways to improve their writing.







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# News You Can Use

## Wash Your Hands

### *Reducing Spread of Disease While at Home and Work*

By: Concentra Urgent Care

The Centers for Disease Control and Prevention (CDC) say that nearly 90,000 patients die in U.S. hospitals each year due to a preventable disease – many could be avoided if everyone properly washed their hands.

From germs on office equipment to sick colleagues who decided to come into work anyway, people face the same dangers in the workplace. The same simple fact holds true: Washing your hands regularly is an effective way to prevent yourself from catching or spreading a preventable disease or illness.

#### WHEN TO WASH YOUR HANDS

The CDC recommends washing your hands every time you:

- Prepare or eat food
- Use the restroom
- Tend to someone who is sick; both before and after
- Blow your nose, cough, or sneeze
- Handle garbage
- Treat a cut or wound
- Change a diaper or clean up after children
- Handle an animal or animal waste

#### HAND WASHING BASICS

The CDC has issued specific guidelines about effective hand washing:

- Wet hands with water
- Use plain bar or liquid soap
- Create a lather by vigorously rubbing hands together for 15-20 seconds—about the amount of time it takes to sing “Happy Birthday” twice
- Be sure to wash palms, back of hands, fingers, and nails (clean nails by gently scratching nails down your opposing soapy palm)
- Rinse off soap under a stream of water

#### WHAT ELSE CAN YOU DO?

- Focus on hand washing in the lunch and/or break room
- Be careful when using sponges and dish towels. These are ideal sites for bacterial growth. Always wash your hands after using these items.
- Maintain a clean work area; regularly clean any office equipment, especially shared items such as phones and keyboards.
- Remind your colleagues of the importance of hand washing, particularly when you witness someone neglecting to wash his or her hands.

#### FOR MORE INFORMATION

To learn more about how washing hands regularly can help prevent disease, ask your health care provider, or visit the CDC’s creative Web site dedicated to raising awareness of the importance of hand washing at [www.henrythehand.com](http://www.henrythehand.com).

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# BREAST CANCER

## Importance of Early Detection

By: Concentra Urgent Care

Breast cancer is the most common cancer among women in the United States, and is the second leading cause of cancer deaths. Screening is vital because early stages of the disease are easier to treat. The American Cancer Society recommends women:

- Obtain yearly mammography screenings, beginning at age 40
- Obtain yearly clinical breast exams
- Check your breasts regularly for lumps
- Discuss their breast cancer risk with their physician

Breast cancer risk increases as we age. Other factors that increase a woman's risk for breast cancer include:

- Having started menstrual periods at a young age
- Having a first child after age 30
- Use of hormone replacement therapy
- Having a family history of breast cancer

Men are also at risk for rare cases of breast cancer. All persons familiar with the normal look and feel of their breasts should promptly report any unexpected changes to their physicians. The American Cancer Society recommends both women and men consult their doctor if they notice any of the following:

- A new, hard lump or thickening in any part of the breast
- Change in breast size or shape
- Dimpling or puckering of the skin
- Swelling, redness, or warmth that does not go away
- Recurrent pain in a particular part of the breast
- Pulling in of the nipple
- Nipple discharge that starts suddenly in only one breast
- An itchy, sore, or scaly area on one nipple

*For more information about breast cancer and early detection, contact your health care provider, your Concentra health specialist, visit the American Cancer Society Web Site at: [www.cancer.org](http://www.cancer.org), or visit the National Breast Cancer Awareness Month Web site at: <http://nbcam.org/>*



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Our musical family.



Forming more group classes to start after the Christmas holidays ages 4-5 included. **Makes a great gift!**

# News You Can Use

## { SEND US YOUR EVENT PICTURES }

Do you have a picture of an event that you would like to run in this newsletter? Send it to us and we will publish it in the next issue.

Email the picture to  
**meredith@steinerranchhoa.com**

*Be sure to include the text that you would like to have as the caption.*

Pictures will appear in color online at  
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# Twelve Top Travel Tips When Traveling with Your Pet

Traveling with your pet can be fun and rewarding – especially when you're prepared. In addition to the pet travel "basics" (safely restraining your pet, allowing adequate time for potty breaks, bringing comforting items from home, and so on), several additional simple practices can help make every trip easier and more pleasant for both you and your pet.

1. Schedule a veterinarian visit to insure overall health and current vaccinations. Ask for a health certificate and vaccination records, especially if you're traveling out of state.
2. Make sure your pet's identification tags are up-to-date and legible. Also, be sure his rabies tag and vaccinations are current.
3. Include your destination address and/or phone number on your pet's tags and cage/crate (if applicable).
4. Remember to pack water to prevent dehydration. To help insure convenient feedings bring along a collapsible food bowl.
5. Pack all medications and supplements to avoid missed doses.
6. Pack a first aid kit to insure readiness in the event of an injury or medical emergency.
7. Exercise your pet prior to departure. A tired pet is typically much more amenable to travel. Also, bring a lead or harness to allow exercise during pit stops.
8. Feed your pet at least four hours prior to departure to prevent car sickness. If the trip is long, feed a smaller amount that normal at least two hours before you leave.
9. Use a travel remedy, if necessary. If your pet is extremely anxious about travel, try a soothing non-prescription calming product.
10. Trim toenails to prevent snags and injury, especially if your pet will travel in a cage or crate.
11. Cover your car seats to keep them clean and free of hair shed

on your trip.

12. Know your travel rules and restrictions, especially if you will travel on an airplane.



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# CROSSWORD PUZZLE



## ACROSS

1. Saclike structures filled with fluid or diseased matter
5. Citizen
9. Run easily
10. Distinguished
11. Malaria
12. Book of facts
13. One who dies for a cause
15. Stretch to make do
16. Headphones
18. Brutality
21. Desert
22. Snuck a look
26. Declare
28. S.A. Indian
29. Gave a lavish party
30. Element
31. Question closely
32. DNA component

## DOWN

1. Chowder ingredient
2. Meditation
3. Goad
4. Grow molars
5. Explosive
6. Tears
7. Waken
8. Set in
10. Self-protection
14. Barked in pain
17. Coloring
18. Small enclosed field
19. Indian currency
20. Inches, for example
23. Leg joint
24. Economics abrv.
25. Citizen of Denmark
27. Tulle

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# News You Can Use

## Adding Yoga to Workout Regime Can Improve Health

Implementing yoga into a workout routine can provide unique health benefits, said a Baylor College of Medicine physician and yoga enthusiast.

Yoga is a broad philosophy containing many different paths to achieve the goal of physical, mental and spiritual well-being, said Dr. Bobby Kapur, assistant professor of medicine at BCM and associate chief for emergency medicine at the Harris County Hospital District's Ben Taub General Hospital. In physical fitness, yoga is the practice of physical postures and breathing exercises that allow a person to strengthen the body and at the same time enter a meditative and relaxed state of awareness.

Yoga entails various positions, stretching and deep breathing. Practicing yoga can help a person improve flexibility, balance, limberness, blood circulation, and it can also relax muscle tension and fight infection, Kapur said.



Dr. Gerard DeSantis with wife, Emily, and their two children

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## Attention KIDS: Send Us Your Masterpiece!

Color the drawing below and mail the finished artwork to us at:

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We will select the top few and post their artwork on our Facebook Page - Facebook.com/Peellnc.

DUE: November 30th

Be sure to include the following so we  
can let you know!

Name: \_\_\_\_\_

(first name, last initial)

Age: \_\_\_\_\_



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SR

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# Ranch Record

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**Business classifieds** (offering a service or product line for profit) are \$75, limit 40 words, please Peel, Inc. Sales Office at 512-263-9181 or advertising@PEELinc.com.

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View answers online at [www.peelinc.com](http://www.peelinc.com)

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8					1			
	1				9			
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						6		
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9				1				8
2	8				5			

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The goal is to fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Each digit may appear only once in each row, each column, and each 3x3 box.

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*It's Back*

# Girls Night Out

*The Holiday Event of the Season*

## November Specials

Thursday, November 12th, 2015

6:30PM - 9:30PM

### Botox® Cosmetic

- \$10/unit - Can pre-purchase for entire year

### Fillers

- Radiesse® - \$75 Off large syringe
- Juvéderm® Ultra or Ultra Plus - \$100 Off each syringe
- Voluma® - \$125 Off each syringe

### Fat Reduction

- 15% Off Exilis Package of 4 Treatments
- 15% Off Vanquish Package of 4 Treatments
- Introducing Vanquish THIGH APPLICATOR - 20% Off Package of 4 Treatments

### Skin Tightening

- 15% Off Mid Lower Face Tightening Package
- 15% Off Neck Tightening Package
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**11716 Red Oak Valley Lane**  
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**13112 Country Trails Lane**  
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