



Fairfield Sports Association

2016 SPRING BASEBALL AND SOFTBALL

BASEBALL

- Instructional T-Ball (Boys and Girls)– Player must have reached age 4 by 4/30/16
- A – Player must be 6 or younger on 4/30/16
- AA7 – Player must be 7 or younger on 4/30/16
- AA8 – Player must be 8 or younger on 4/30/16
- AAA 9 – Player must be 9 or younger on 4/30/16
- AAA 10 – Player must be 10 or younger on 4/30/16
- Majors – Player must be 12 or younger on 4/30/16
- Majors - 13yrs old Players must be 13 or younger on 4/30/16

SOFTBALL

Age Cutoff has changed to 1/1. This year will be grandfathered by request ONLY.

- 6U Sweetees (Tee Ball) – Player must be 6 or younger on 1/1/16
 - 8U Darlings (coach pitch) – Player must be 8 or younger on 1/1/16
 - 10U Angels (kid pitch) - Player must be 10 or younger on 1/1/16
 - 12U Ponytails (kid pitch) - Player must be 12 or younger on 1/1/16
- Ponytails division may have a partnership with Katy Girls Softball Association. Some games may be played at:

Paul D. Rushing Park
9114 Katy Hockley Road
Cypress, Texas 77493

PLEASE NOTE: THERE IS NOW A FAIRFIELD RESIDENT ONLY SIGNUP WINDOW

Our league has grown in size and we must allow an opportunity for residents to sign up before non residents. Once the window is closed registration is on a "first come first serve" basis.

All dates are tentative and subject to change!

CALENDAR:

NOV 28, 2015 - DEC 4, 2015

Registration for Fairfield Residents ONLY

DEC 4, 2015 - JAN 3, 2016

OPEN registration at: www.fairfieldsports.sportssignup.com

JAN 3, 2016th

Registration CLOSES. Refunds will NOT be given after this date.

Week of January 11 – 15th

Coaches Meetings

January 23rd

Tryouts for all baseball divisions except T-ball (no tryouts for t-ball)

January 30th

Tryouts for all softball divisions except T-ball (no tryouts for t-ball)

March 1st - Games begin

March 4th - All sponsorship money DUE.

March 5th - Opening Day Parade and Festivities

March 11th - 20th - No Games: CFISD Spring Break

March 24th - 27th - No Games: Easter Holiday

May 23rd - Tournament scheduled to begin (dependent upon weather)

June 10th - All Star Weekend

WAITLISTS:

As divisions approach our maximum capacity of registrations, we sometimes need to utilize waitlists in order to ensure that we have appropriate numbers for each team. We also do this to backfill any cancellations. If you receive a note that you have been placed on a waitlist, it does NOT necessarily mean you won't be able to play. However, as we approach the close of registration the possibility of being shut out increases as we reach capacity numbers. Some divisions

(Continued on Page 2)



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(Continued from Cover)

will be limited due to space and once a division is full, we cannot accept any more registrations.

LATE REGISTRATION:

There will be NO LATE REGISTRATION. Unfortunately, our size has dictated a more strict approach to registration cut-off in order to handle all of the administrative duties and preparation necessary to start the season.

GETTING INVOLVED:

Lastly, I would like to invite everyone to find a way to take part in your sports association. FSA is a volunteer organization and could use your help to provide the best facilities around. There are jobs ranging from helping with try-outs, opening day help, field maintenance, and concessions duty. We hope you familiarize yourself with the Baseball and Softball Committees via our website and reach out to committee members to see how you can help. Three areas needing the most help are baseball committee, nightly field maintenance and concessions. These are opportunities to not only get involved and meet great people, but most of all contribute to making Fairfield one of the best places around for our kids to play sports!!!

On behalf of the Fairfield Sports Association and the Baseball/Softball committee members, I would like to thank you for all your support.

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ADVERTISING INFO

Please support the businesses that advertise in The Beacon. Their advertising dollars make it possible for all Lakes of Fairhaven residents to receive the monthly newsletter at no charge. If you would like to support the newsletter by advertising, please contact our sales office at 512-263-9181 or advertising@PEELinc.com. The advertising deadline is the 10th of each month for the following month's newsletter.

CLASSIFIED ADS

Personal classifieds (one time sell items, such as a used bike...) run at no charge to Lakes of Fairhaven residents, limit 30 words, please e-mail thebeacon@PEELinc.com.

Business classifieds (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office @ 512-263-9181 or advertising@PEELinc.com.

NEWSLETTER INFO

Publisher

Peel, Inc. www.PEELinc.com, 512-263-9181
Article Submission..... thebeacon@PEELinc.com
Advertising..... advertising@PEELinc.com

NEW WEBSITE

Lakes of Fairhaven has a new community website. Please visit it at www.lakesoffairhavenHOA.org and register to get emails on HOA info and upcoming LOF announcements.



Keith Elementary Annual Sock Hop – Thanks!!

Keith Elementary held their annual Sock Hop on Friday, October 23rd.

We would like to share our gratitude to our sponsors for helping us put on this fun, family event in support of our school, students and teachers.

Diamond Level Sponsor – HEB Fairfield; Platinum Level Sponsor – Cypress Fairhaven Animal Hospital; Gold Level Sponsors – Geometris & Kiran Desai, Pediatric Dental Specialists; Silver Level Sponsor – Knapp Chevrolet.

Due to their support and many others, our event was tons of fun and a huge success! Keith ES earned over \$27,000.00 from this event for classroom and technology needs. We would also like to thank our families and community members for their generous donations for the Silent Auction, the Auction Baskets, the Cake & Candy Walks and their time. Thank you also to the Cy-Ranch Key Club for their time and labor. We cannot express enough how much we appreciate your participation in this event – it would not be as successful as it is without you!! Thank you all for your support!

Cypress Ranch **Key Club**

Submitted by Emily Yang

Key Club is an international student led organization which provides its members with the opportunity to provide service, build character and develop leadership. Members participate in a variety of service projects that showcase our passion for volunteering and our appreciation to those who help make our community (and world) a better place. In the month of October, Cy-Ranch's Key Club conducted a service project for the U.S. military. All the members made cards for the service men and women who were stationed overseas, and we expressed our gratitude, appreciation and respect for everything they do to help keep our nation safe. Every month, Cy-Ranch's key club focuses on one service project to help one aspect of our community. We want to make the world a better place and we know that volunteering-giving back to our community-is the way to do it.



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CYPRESS AREA FOOD PANTRY

Do you know of someone who has trouble putting food on the table? Maybe their employment was suddenly terminated; maybe it's a choice between medications or food; for whatever reason a family can find themselves in a situation where they need a little help.

Fountain of Life Church of God at 15010 Mueschke Road runs a food pantry on Mondays from 6:00 to 8:00 pm (excluding holidays) and the only requirement is that the client should live in zip code 77433 and west of Skinner 77429. For more information, contact 281-373-9337. Donations of non-perishable food items are also greatly appreciated.



God's Storehouse Food Pantry
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www.fountainoflife-cog.com
281-373-9337
June-August
Mondays 3:30-6:30pm
September-May
Mondays 6-8 pm

KIWANIS CLUB OF CY-FAIR HOUSTON

Join us for lunch, followed by a short, informative program. We welcome your visit and invite you to consider membership in this service oriented organization.

Where: Hearthstone Country Club located at 7615 Ameswood Circle in Hearthstone

Time: Lunch is served at 12:15pm; adjournment at 1:15pm.

Dates: We will meet on November 3, 10, 17

What is Kiwanis? Kiwanis is an international service organization focused on changing the world one child and one community at a time. Service is at the heart of every Kiwanis club, no matter where in the world it's located.

Key Clubs: The Cy-Fair Kiwanis Club sponsors all of the Key Clubs in the Cy-Fair Independent School District. It's primary service project is the sponsorship of these Clubs. The Cy-Ranch Key Club is the largest Key Club in the world. We are proud of all these clubs and support them in their worthwhile service activities. You can enjoy the pleasure of being a part of this service through membership in Cy-Fair Kiwanis Club.

Fellowship: Kiwanis members have fun also. Members make new friends when they attend meetings and participate in social events. Kiwanis clubs also provide excellent networking opportunities for professionals. Members meet new people by participating in service projects, fundraising, and attendance at district and international conventions.

Visit the Cy-Fair Kiwanis Club website at:
www.KIWANISHOUSTONCYFAIR.com

For more information, call John Carroll (Copperfield and Hearthstone areas) at 281-463-0373; George Cowl (Jersey Village area) at 832-467-1998; or Peggy Presnell (Fairfield and CyRanch) at 281-304-7127.

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TENNIS TIPS

By USPTA/PTR Master Professional Fernando Velasco
Owner, Manager and Director of Tennis
Grey Rock Tennis Club, Austin, TX



HOW TO EXECUTE THE FOREHAND VOLLEY

In previous newsletters, I offered tips on how to hit a forehand groundstroke, a two-handed backhand and a one-handed backhand. In this issue, I will give you instructions on how to execute a forehand volley for a right hander. This stroke is used whenever the player is forced to hit a ball in the air. In these pictures Grey Rock Tennis Club player, Camille Palafox, demonstrates the proper form and technique. Photos by her husband Charlie Palafox.

Step 1: Ready Position: The body is facing the net. The right hand is holding the end of the racket in a forehand grip position and the left hand is next to the right hand. The left hand is holding the racket slightly tighter than the right hand. Feet are a shoulder width apart and the body is in equal balance. For beginners it is okay to use the forehand and backhand grips for the forehand and backhand volleys. As the player gets stronger and the balls come at a faster speed, it will be best to use the continental grip for both volleys.

Step 2: Back Swing: Since the volley is usually executed when a player

is close to the net and there is very little time to react to the incoming ball, the back swing is very short. The right arm should take a short turn and the head of the racket should align to the flight of the ball. The right wrist should be “cocked” back slightly and the head of the racket should be above the wrist. Eyes are still focused on the incoming ball. Here I am helping Camille to feel the hand on the racket to tilt back and still keep the head of the racket above her wrist.

Step 3: Point of Contact: The right foot is now taking a step forward and the racket is making contact with the ball. It is important to keep the left shoulder closed and not rotate the right hip too early. Flexing the right knee will allow more flexibility to find the proper point of contact and give power to the ball.

Step 4: Follow Through: Once the racket has made contact with the ball, the follow through is very short to allow the player to immediately get back to the ready position. The left arm should be close to the body.

Look for in the next Newsletter: The Two-Handed Backhand Volley

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A FEW HOLIDAY THOUGHTS...

It is good to be children sometimes, and never better than at
Christmas, when its mighty founder was a child Himself.
Charles Dickens

There are two ways to live your life. One is as though nothing is a
miracle. The other is as though everything is a miracle.
Albert Einstein

The way you spend Christmas is far more important than how much.
Henry David Thoreau



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8TH Annual Salute to Our Heroes Gala

On February 13, 2016, the Cy-Fair Educational Foundation (CFEF) will hold its 8th Annual Salute to Our Heroes Gala at the Omni Hotel. Joe Myers Ford Lincoln is generously underwriting this gala that honors the brave men and women who have served to protect our freedom and liberty.

Gerald Coffee is the guest speaker. Coffee served our country as a naval officer for 28 years; much of that service was as one of the longest held prisoners of war in the communist prisons of North Vietnam. His military decorations include the Silver Star, the Distinguished Flying Cross, two Bronze Stars, the Air Medal, two Purple Hearts, and the Vietnam Service Medal with 13 stars.

Salute to Our Heroes has raised more than half a million dollars over the past seven years. Proceeds from this event have funded three endowed scholarships.


CFEF was established in 1970 as a non-profit to raise money to fund a scholarship for high school graduates in the area. Over the past 45 years, the Foundation has grown tremendously through the efforts of the Board of Trustees and the generosity of the Cy-Fair Community. The Foundation has awarded more than \$6 million in scholarships to 1300 graduating seniors. CFEF is a 501(c)3 non-profit organization, all contributions are tax deductible, as allowed by the law.

Sponsorships and tickets are available for Salute to Our Heroes

Tickets: \$100 individual; \$50 veterans

For more information please contact marie@thecfef.org or visit our website at www.TheCFEF.org.





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Twelve Top Travel Tips When Traveling with Your Pet

Traveling with your pet can be fun and rewarding – especially when you're prepared. In addition to the pet travel "basics" (safely restraining your pet, allowing adequate time for potty breaks, bringing comforting items from home, and so on), several additional simple practices can help make every trip easier and more pleasant for both you and your pet.

1. Schedule a veterinarian visit to insure overall health and current vaccinations. Ask for a health certificate and vaccination records, especially if you're traveling out of state.

2. Make sure your pet's identification tags are up-to-date and legible. Also, be sure his rabies tag and vaccinations are current.

3. Include your destination address and/or phone number on your pet's tags and cage/crate (if applicable).

4. Remember to pack water to prevent dehydration. To help insure convenient feedings bring along a collapsible food bowl.

5. Pack all medications and supplements to avoid missed doses.

6. Pack a first aid kit to insure readiness in the event of an injury or medical emergency.

7. Exercise your pet prior to departure. A tired pet is typically much more amenable to travel. Also, bring a lead or harness to allow exercise during pit stops.

8. Feed your pet at least four hours prior to departure to prevent car sickness. If the trip is long, feed a smaller amount that normal at least two hours before you leave.

9. Use a travel remedy, if necessary. If your pet is extremely anxious about travel, try a soothing non-prescription calming product.

10. Trim toenails to prevent snags and injury, especially if your pet will travel in a cage or crate.

11. Cover your car seats to keep them clean and free of hair shed on your trip.

12. Know your travel rules and restrictions, especially if you will travel on an airplane.



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Lakes of Fairhaven Year-to-Date Sales Report

	Jan '15	Feb '15	Mar '15	Apr '15	May '15	June '15	July '15	Aug '15	Sept '15	Oct '15
\$500,000 and above	—	2	1	2	3	1	3	5	2	1
\$451,000--\$499,999	—	0	0	0	0	0	1	0	0	0
\$351,000--\$450,999	—	0	0	0	0	0	0	0	0	0
\$276,000--\$350,999	—	0	0	0	0	0	0	0	0	0
\$231,000--\$275,999	—	0	0	0	0	0	0	0	0	0
\$201,000--\$230,999	—	0	0	0	0	0	0	0	0	0
\$200,999 and below	—	0	0	0	0	0	0	0	0	0
Total	—	2	1	2	3	1	4	5	2	1
Highest \$/sq ft	—	\$140.92	\$117.05	\$121.96	\$138.76	\$142.26	\$140.34	\$140.39	\$126.03	\$139.39

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