



NEWS FOR THE RESIDENTS OF TARRYTOWN

DECEMBER 2015

VOLUME 3 ISSUE 12

# Things to do in Austin in December

## **THROUGH DEC. 24**

### **BLUE GENIE ART BAZAAR**

Marchesa Hall & Theater [bluegenieartbazaar.com](http://bluegenieartbazaar.com)

## **THROUGH DEC. 23**

### **BALLET AUSTIN'S THE NUTCRACKER**

The Long Center for the Performing Arts  
[balletaustin.org](http://balletaustin.org)

## **THROUGH DEC. 22**

### **TRAIL OF LIGHTS**

Zilker Park | [austintrailoflights.org](http://austintrailoflights.org)

## **DEC. 11**

### **SINGING CHRISTMAS TREE**

7-8 pm, Bannockburn Baptist Church

## **DEC. 13**

### **AUSTIN JINGLE BELL 5K, 8 AM – KID'S FUN RUN**

8:30 am Adults 5K Run, Camp Mabry

## **DEC. 12**

### **HOLIDAY FAMILY DAYS AT THE BLANTON**

11 am – 4 pm, Blanton Museum of Art

## **DEC. 12**

### **CAPITOL CHRISTMAS CONCERT & COMMUNITY SING-A-LONG**

Noon, Texas State Capitol

## **DEC. 12-13**

### **LUMINATIONS AT THE WILDFLOWER CENTER**

Wildflower Center Grounds | [wildflower.org/luminations](http://wildflower.org/luminations)

## **DEC. 20**

### **HITS RUNNING FESTIVALS – A DISTANCE FOR EVERYONE**

Circuit of the Americas | [hitsrunning.com/Austin-tx](http://hitsrunning.com/Austin-tx)

## **DEC. 15 – 24**

### **ARMADILLO CHRISTMAS BAZAAR**

Palmer Events Center | [armadillobazaar.com](http://armadillobazaar.com)

## **DEC. 31**

### **AUSTIN'S NEW YEAR**

Auditorium Shores | [austintexas.gov](http://austintexas.gov)

## **JAN. 1**

### **KYLE-O-METER RESOLUTION RUN**

9 am 5K run/walk, 10 am Kids Dash  
Wallace Middle School, Kyle, Texas

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## IMPORTANT NUMBERS

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### EMERGENCY NUMBERS

EMERGENCY .....	911
Fire.....	911
Ambulance.....	911
Police Department .....	512-975-5000
Sheriff – Non-Emergency.....	512-974-0845
Animal Services Office.....	311

### SCHOOLS

Austin ISD.....	512-533-6000
Casis Elementary School .....	512-414-2062
O. Henry Middle School.....	512-414-3229
Austin High School.....	512-414-2505

### UTILITIES

City of Austin.....	512-494-9400
Texas Gas Service	
Custom Service.....	1-800-700-2443
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Call Before You Dig.....	512-472-2822
Grande Communications.....	512-220-4600
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Time Warner Cable	
Customer Service.....	512-485-5555
Repairs.....	512-485-5080
Austin/Travis County Hazardous Waste .....	512-974-4343

### OTHER NUMBERS

Austin City Hall.....	512-974-7849
Austin City Manager.....	512-974-2200
Austin Police Dept (Non Emergency).....	512-974-5000
Austin Fire Dept (Non Emergency).....	512-974-0130
Austin Parks and Recreation Dept.....	512-974-6700
Austin Resources Recovery .....	512-494-9400
Austin Transportation Dept.....	512-974-1150
Municipal Court .....	512-974-4800
Post Office.....	512-2478-7043
City of Austin.....	www.AustinTexas.gov

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Peel, Inc. ....	512-263-9181
Editor.....	tarrytown@peelinc.com
Advertising.....	advertising@peelinc.com

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## ARTICLE INFO

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The Tarrytown News is mailed monthly to all Tarrytown residents. Residents, community groups, churches, etc. are welcome to include information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for The Tarrytown News please email it to [tarrytown@peelinc.com](mailto:tarrytown@peelinc.com). The deadline is the 15th of the month prior to the issue.



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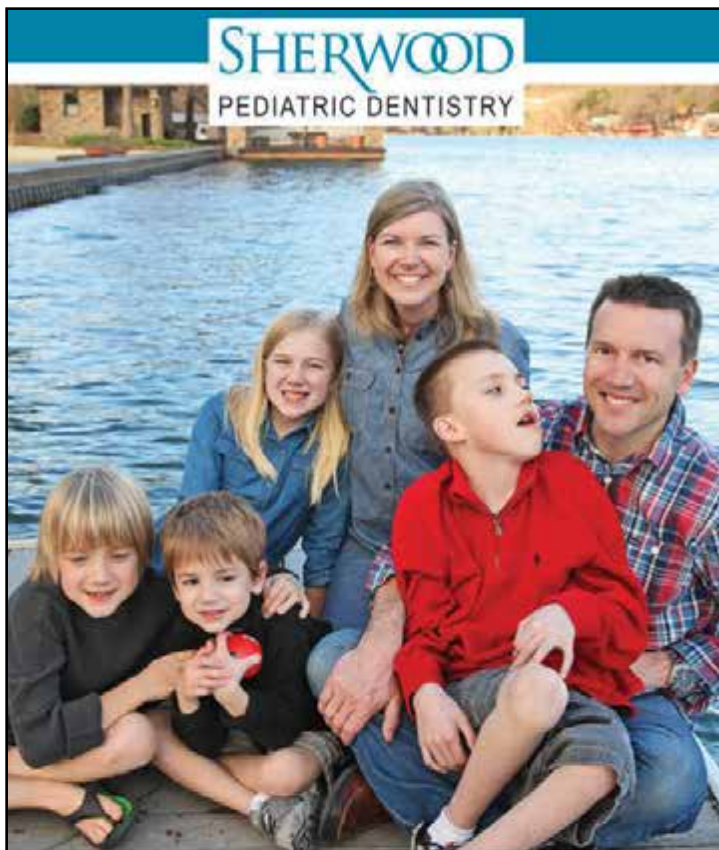
**Roles:** Stimulate new advertising accounts in our community newsletters. Maintain current accounts assigned to you by Sales Manager. Service your accounts by assisting them from ad design to final proof approval.

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# Holiday Wishes

Each year, neglected and abused children in the Austin area are removed from their homes by Child Protective Services caseworkers who work to make a difference in their lives. Separations occur all year, but are especially difficult during the holidays. Sometimes children leave with nothing but the clothes on their backs. In these circumstances, gifts and the holiday season are often forgotten.



Partnerships for Children is making a difference in the lives of these children and we invite you to join us by participating in our 10th annual **HOLIDAY WISHES** program. In 2014, the Holiday Wishes program provided gifts to over 4500 children in Central Texas.



## HOW CAN YOU HELP?

- Sponsor a child by purchasing items from their wish list.
- Donate general gifts for children that are not matched with community donors.
- Make a donation and we will shop for you.

For a contribution of only \$75, you can transform a holiday wish into reality for a child in your community.

**Join us by becoming a donor or contributor!**

For more information, please contact

Partnerships for Children at  
[holidaywishes@partnershipsforchildren.org](mailto:holidaywishes@partnershipsforchildren.org) or  
512-834-4756.

Partnerships for Children is a non-profit 501(c)(3) organization.







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## TARRYTOWN REAL ESTATE MARKET REPORT

*December 2015*

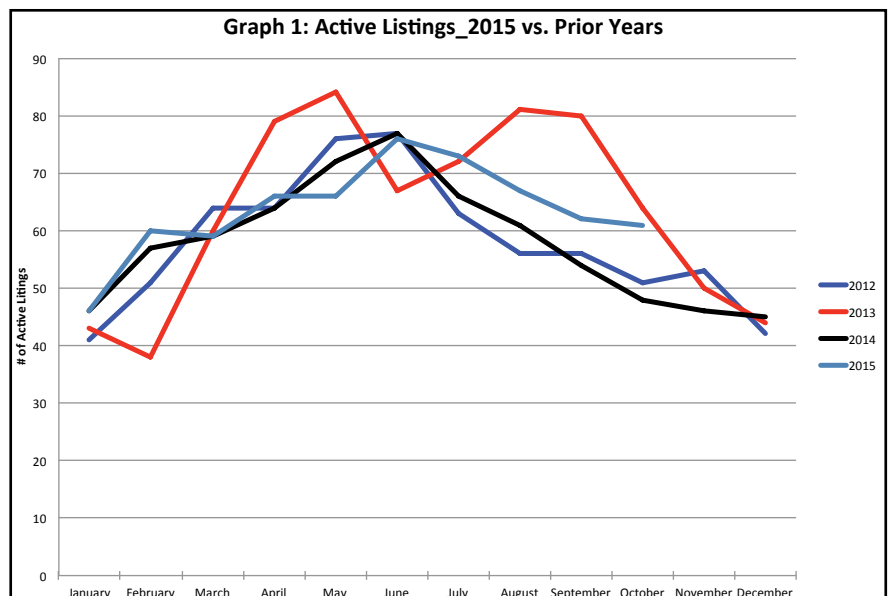
by **Trey McWhorter**

Here is a brief update on the market for your review, looking at 2015 year-to-date (YTD) numbers and comparing to previous years.

- The number of transactions continues to drop, from 121 in 2014 to 109 in 2015
- Number of days on market (median) has increased, up 35% vs. 2014, with homes taking a median 27 days to sell (still a very brisk market!)
- Median list and sold prices are up significantly over 2014, while the median sold price per square foot is up just over 8%

Single Family Homes	Year to Date - Tarrytown	2015 YTD	2014 YTD	2013 YTD	2012 YTD
<b>SOLD</b>	Single Family Homes Sold	109	121	162	143
<b>List Price</b>	Avg List Price	\$ 1,178,375	\$ 1,109,043	\$ 1,042,395	\$ 833,644
	Median List Price	\$ 1,085,000	\$ 858,000	\$ 839,950	\$ 700,000
<b>Sold Price</b>	Average Net Sold Price	\$ 1,126,602	\$ 1,069,687	\$ 1,000,064	\$ 803,638
	Median Net Sold Price	\$ 1,049,000	\$ 837,000	\$ 823,263	\$ 700,000
<b>List Price \$ / Sq Ft</b>	Average List Price / Sq Ft	\$ 407.69	\$ 381.77	\$ 340.87	\$ 300.51
	Median List Price / Sq Ft	\$ 403.02	\$ 368.28	\$ 332.70	\$ 292.79
<b>Sold Price \$ / Sq Ft</b>	Average Net Sold Price / Sq Ft	\$ 391.47	\$ 371.62	\$ 330.79	\$ 291.08
	Median Net Sold Price / Sq Ft	\$ 391.44	\$ 361.85	\$ 320.55	\$ 284.25
<b>Days on Market</b>	Average Days on Market	62	50	50	59
	Median Days on Market	27	20	16	35
<b>Size of House</b>	Sq/Ft (Total)	2694	2590	2843	2550
<b>Age of House</b>	Year of Construction	1959	1954	1956	1952

I have heard comments recently that the market has slowed some, in particular at the high end. Looking at Tarrytown's numbers so far this fall (September 1 – November 15), the data suggests that the number of active listings is higher than 2014 (see Graph 1), values are still rising and homes are taking approximately the same amount of time to sell as in the fall of 2014.



*Note: All data comes from the Austin Board of Realtors' MLS report, reflecting activity through November 15, 2015.*

# HITTING THE SLOPES THIS SKI SEASON?

Keep in mind these tips to prevent injuries on the slopes.

*Written by Kelly Cunningham, MD Sports Medicine specialist Founder. Austin OrthoBiologics.*

As a former US Olympic Men's Ski Team physician and orthopedist, every year during the winter months I treat many ski & snowboard injuries. As traveling doctor for the team, I accompanied the athletes throughout the US, Canada and Europe on the World Cup tour and was responsible for the triage, stabilization, and treatment of these world-class skiers.

One of the most frequent questions I get this time of year from my patients who ski is "How can I avoid hurting myself on the ski slopes?" So what do I tell recreational skiers about staying healthy while on the slopes?

First and foremost, adjust to the altitude in your first few days. While there are medications that will improve your blood oxygen, they require a prescription and can have side effects. Perhaps the easiest to take along are low-dose aspirin or ginkgo biloba, as both are safe (unless allergic) and easy to take. Low-level exercise and lots of water (especially during the first night) are also key, as is abstinence from alcohol during the first 24 hours at altitude.

Modern skis, boots, and bindings are universally safe now, unlike in

decades past. Multi-release bindings help you come out of your skis safely in a fall and with less stress on your knees, the most commonly injured joint in a skier. Make sure they are set correctly.

Speaking of knees, in most solid, intermediate skiers, unlike beginners (learning to stop) and racers (ACL injury from shear forces), serious knee injuries are actually quite rare.

The best way to protect yourself from ski injury is:

- get in good "ski-shape"
- ski within your limits
- stay relaxed but focused
- watch out for that last, fatigued run of the afternoon
- if you fall, fall forward and throw your hands in front of you

And always, always, wear a helmet!

Austin resident Kelly Cunningham, MD is board certified by the American College of Orthopedic Surgeons, and an active member of the Arthroscopy Association of North America and the International Cartilage Repair Society. Learn more about preventing and treating sports injuries at [www.AustinOrthoBio.com](http://www.AustinOrthoBio.com).



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## RING IN THE NEW YEAR FOR A GREAT COMMUNITY CAUSE

Get your dancing shoes on, brush up on your black jack skills, and get your tickets to join Llano Parks Project at their first formal fundraising event, The Antler Drop Ball, at Horseshoe Bay Resort on December 31, 2015, from 7 pm – 12:30 am.

This first-class event will include dinner, dancing, casino tables, silent and live auctions, as well as a champagne toast to ring in 2016. Auction items include adventures such as an Alaskan fishing trip, a Hill Country white-tail deer hunt, and a beach vacation to Isla Mujeres, Mexico. Other goods in the auction will include a personal training workout at Nomad Strength, Kendra Scott jewelry, Tiffany & Company jewelry, tickets to a Texas Aggie football game, and many more.

Llano Parks Project will use 100% of The Antler Drop Ball net proceeds to benefit the Badu Park (Llano, Texas) developments of a zero-depth children's splash pad and a dock for fishing, kayaking, and canoeing in the Llano River.

For more information about The Antler Drop Ball, please visit

[www.llanoparksproject.org](http://www.llanoparksproject.org). Tickets, table sponsorships, and group rate hotel rooms are limited and are going fast. They can be purchased on the Llano Parks Project's website.

Join Llano Parks Project to help build parks for the community and future generations.

### WHO IS LLANO PARKS PROJECT?

Llano Parks Project is a 501(c)(3) non-profit organization formed in 2013. Our mission is to restore and develop park and recreation facilities within Llano County. Long-term plans include many projects that will benefit both individuals and businesses in our community. In two years, we have improved two parks with new play equipment and the retaining wall/sandy beach area on the Llano River in town.

The future success of our organization, this event, and the many projects that we have planned depends on the generosity and support of our community leaders and those who believe in our organization.



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## Playing Defense: Brees Dream Foundation, Dell Children's Urge Public to Watch Out More Carefully Child Abuse

*Brittany and Drew Brees Featured in New Televised PSA*

"Texans love being No. 1 ... Sadly, we're also No. 1 when it comes to child abuse and neglect."

These words kick off a new televised public service announcement that will be broadcast throughout the Austin area, starting today through early 2016. They're voiced by Drew Brees, Westlake High School alum and star NFL quarterback with the New Orleans Saints.

"More kids died from abuse last year than in any other state – nearly 10 percent of the national total," adds Brees' wife, Brittany, in the 30-second spot. "And Texas came in last in resources fighting this problem."

The Brees Dream Foundation is partnering with The CARE (Child Abuse Resource and Education) Program at Dell Children's Medical Center of Central Texas to encourage Central Texans to report suspected child abuse to Texas Child Protective Services at (800) 252-5400.

The public service announcement can be viewed [https://youtu.be/\\_5rksdpZe\\_Y](https://youtu.be/_5rksdpZe_Y)

"Too often, people are unaware of how severe and prevalent this

problem is in Texas," Drew Brees said. "They don't see signs of abuse because they don't know what the signs are. We are the first line of defense in identifying children who are being abused, and we all have a responsibility to act when we have concerns."

"Sometime people don't report something suspicious because they're afraid or don't want to get involved – or don't know who to contact," Brittany Brees said. "Providing safe, stable and nurturing environments for children during the most critical time for their development requires support from all of us."

Signs of child abuse include:

Significant changes in mood or behavior

Declines in academic performance

Trouble eating or sleeping

Inappropriate sexual behaviors

Substance abuse

Self-harm behaviors (such as cutting)

Suicidal thoughts

New fears of certain situations, places or people

Unexplained injuries to a child or infant

*(Continued on Page 10)*

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# TARRYTOWN

*(Continued from Page 9)*

The Breeses agreed to do the PSA after meeting with Kristi Katz, senior development officer with the Children's Medical Center Foundation, which supports Dell Children's. Drew and Brittany have four young children and care about helping children facing daunting challenges and want to help a cause in Austin, Drew's hometown. When Katz told them about The CARE Program, the Breeses were particularly moved by the startling statistics about Texas.

Dell Children's is home to the only coordinated medical child abuse assessment, diagnosis and treatment program in Central Texas. The CARE team is comprised of two doctors, three certified nurse practitioners, a pediatric social worker, a clinical manager, an administrative assistant and a collaborating researcher.

CARE Team members serve about 650 patients annually, many of whom are three years of age and younger and are victims of sexual abuse.

Patients often come to Dell Children's emergency room, but more typically cases are referred to the CARE Team after reports are filed with Child Protective Services and law enforcement agencies and there is a need for a medical opinion and documentation.

The CARE Team's mission reflects a multifaceted approach to addressing child abuse, providing:

[if !supportLists]· [endif]Comprehensive, evidence-based care to child abuse and neglect victims.

[if !supportLists]· [endif]Education and resources to the community and healthcare workers and other members of child protection teams in outlying areas.

[if !supportLists]· [endif]Analysis of child abuse data for the purpose of seeking answers and instituting best practices.

State law (Dept. of Family and Protective Services TX Family Code, Chapter 261) mandates that anyone having cause to believe that a child's physical or mental health or welfare has been or may be adversely affected by abuse or neglect must report the case immediately to a state or local law enforcement agency or Child Protective Services.

Current law (Texas Family Code, Chapter 261, 261.101) also requires that professionals such as teachers, doctors, nurses and child day care workers must make a verbal report within 48 hours. Failure to report suspected child abuse or neglect is a misdemeanor punishable by imprisonment of up to 180 days and/or a fine of up to \$2,000.

Dell Children's is part of the Seton Healthcare Family. Seton is a member of Ascension, the nation's largest Catholic and nonprofit healthcare system.

*(Continued on Page 11)*

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(Continued from Page 10)

## About The Brees Dream Foundation

The Brees Dream Foundation was founded in 2003 and is a reliable source of charitable funding globally. Their mission is to improve the quality of life for cancer patients and provide care, education and opportunities for children and families in need. Since its inception 12 years ago, the Brees Dream Foundation has contributed over \$23 million to charitable causes globally. To learn more about the Brees Dream Foundation, please visit [www.drewbrees.com](http://www.drewbrees.com) and follow Drew Brees on Twitter at @drewbrees.

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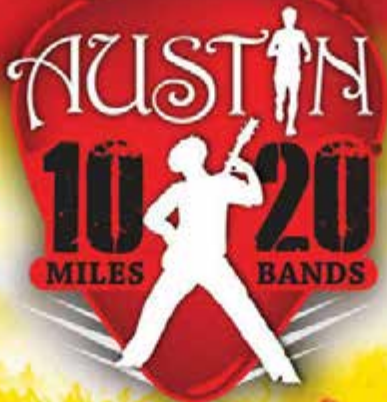
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