

Volume 6, Issue 12

A NEWSLETTER FOR VILLAGES OF NORTHPOINTE

DECEMBER 2015

## Tomball Art League Make your art a priority in 2016!

Our mission is to promote Art Appreciation in Tomball & surrounding communities, to stimulate enthusiasm for the Arts, increase our knowledge and techniques by having renowned artists demonstrate, and to unite artists by having a common meeting place to share new techniques & knowledge.

#### Dec. 12 – Members Party

Jan. 9 – Guest Artist, Peihong Endris - Chinese Brush & Ink TAL meets at 9:30 a.m. the 2nd Saturday of the month (some exceptions) in the Amegy Bank building, 2nd Floor, Hwy 249@Medical Complex Dr. in Tomball. For more info: the tomballart league.com

### **CYPRESS AREA FOOD PANTRY**

### **IMPORTANT NUMBERS**

Villages of Northpointe Security Director	
Andy Elmore	
Waste Management	
Centerpoint Energy	
Tomball Post Office	
Harris County MUD #281 (water and recycling)	
Harris County Constable Precinct #4	
24-hour Dispatch	
Villages of Northpointe Patrol Officer	
Deputy Miller	

#### **SCHOOLS**

Tomball Independent School District	www.tomballisd.net
Canyon Pointe Elementary	
NorthPointe Intermediate	
Willow Wood Junior High	
Tomball High School	
Tomball Memorial High School	

#### TAX ENTITIES:

Tomball ISD Tax Office		
www.tomballisd.net and follow the link to the Tax Office		
MUD #281 & NorthPointe WCID		
	.www.wheelerassoc.com	
Harris County Appraisal District		
	www.hcad.org	
Electric Company Choices		
V	vww.powertochoose.org	

### **NEWSLETTER INFO**

#### PUBLISHER

Articles ...... villagesofnorthpointe@peelinc.com Advertising@PEELinc.com

## YOUR COMMUNITY, **YOUR VOICE**

Do you have an article or story that you would like to run in this newsletter? Send it to us and we will publish it in the next issue. Email your document to *villagesofnorthpointe@peelinc.com*.



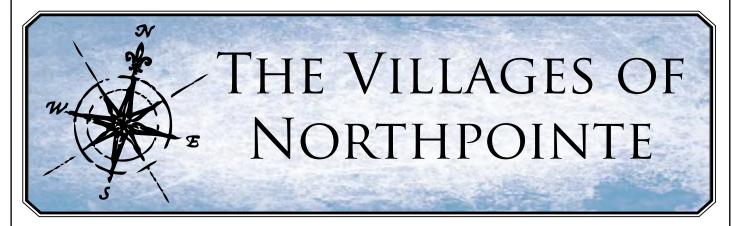
Do you know of someone who has trouble putting food on the table? Maybe their employment was suddenly terminated; maybe it's a choice between medications or food; for whatever reason a family can find themselves in a situation where they need a little help.

Fountain of Life Church of God at 15010 Mueschke Road runs a food pantry on Mondays from 6:00 to 8:00 pm (excluding holidays) and the only requirement is that the client should live in zip code 77433 and west of Skinner 77429. For more information, contact 281-373-9337. Donations of non-perishable food items are also greatly appreciated.



Fountain of Life Church of God 15010 Mueschke Road, Cypress www.fountainoflife-cog.com 281-373-9337 June-August Mondays 3:30-6:30pm September-May Mondays 6-8 pm





## **THE GARY STALLINGS TEAM** "YOUR NORTHPOINTE REAL ESTATE SPECIALIST"



## HOLLY MATTERN

LICENSED TEAM MEMBER NORTHPOINTE HOMEOWNER 832.472.5114 HOLLYMATTERN5@YAHOO.COM

### **GARY STALLINGS**

ABR, CRS, GRI BROKER/OWNER TEAM LEADER 281.660.4881 GS8506@YAHOO.COM

## **RF//INX VINTAGE** WWW.THEGARYSTALLINGSTEAM.COM

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By USPTA/PTR Master Professional Fernando Velasco



Step 1

Step 2

Step 3

Step 4

## HOW TO EXECUTE THE FOREHAND VOLLEY

In previous newsletters, I offered tips on how to hit a forehand groundstroke, a two-handed backhand and a one-handed backhand. In this issue, I will give you instructions on how to execute a forehand volley for a right hander. This stroke is used whenever the player is forced to hit a ball in the air. In these pictures Grey Rock Tennis Club player, Camille Palafox, demonstrates the proper form and technique. Photos by her husband Charlie Palafox.

Step 1: Ready Position: The body is facing the net. The right hand is holding the end of the racket in a forehand grip position and the left hand is next to the right hand. The left hand is holding the racket slightly tighter than the right hand. Feet are a shoulder width apart and the body is in equal balance. For beginners it is okay to use the forehand and backhand grips for the forehand and backhand volleys. As the player gets stronger and the balls come at a faster speed, it will be best to use the continental grip for both volleys.

Step 2: Back Swing: Since the volley is usually executed when a player is close to the net and there is very little time to react to the incoming ball, the back swing is very short. The right arm should take a short turn and the head of the racket should align to the flight of the ball. The right wrist should be "cocked" back slightly and the head of the racket should be above the wrist. Eyes are still focused on the incoming ball. Here I am helping Camille to feel the hand on the racket to tilt back and still keep the head of the racket above her wrist.

Step 3: Point of Contact: The right foot is now taking a step forward and the racket is making contact with the ball. It is important to keep the left shoulder closed and not rotate the right hip too early. Flexing the right knee will allow more flexibility to find the proper point of contact and give power to the ball.

Step 4: Follow Through: Once the racket has made contact with the ball, the follow through is very short to allow the player to immediately get back to the ready position. The left arm should be close to the body.

Look for in the next Newsletter: The Two-Handed Backhand Volley



# Make a Difference in Your Family

The holiday season is generally a time of family get-togethers, increased community service and an overall joyful experience as we share this wonderful time with family and friends.

But did you know that you can make the spirit of the holiday season last all year? How you ask? By opening your heart and your home to an International Exchange Student!

Host families reap the benefits of opening their home by sharing their America. When they share with their exchange student, they are also able to see America with fresh eyes through the student. Families often learn new things about the U.S. and have different perspectives after hosting. The experiences and memories that are shared during the program last a lifetime and span international borders.

Make a difference in the life of a student and in your family! If your family enjoys exploring new cultures and nurturing youth, please contact us to request more information about this amazing opportunity to share your life with a special young person and to learn how you can make a difference. The application process for the 2016/2017 school year has begun; it is recommended to start now as available schools spots fill up early.

Ayusa is a non-profit organization founded in 1981 to promote global learning and leadership through foreign exchange, study abroad, and leadership programs for high school students from the U.S. and around the world.

For more information about hosting a high school foreign exchange student, please contact your local representative Vicki Odom at 832.455.7881 or vodom@ayusa.org or Ayusa at 1.888.552.9872 or by visiting the website at www.ayusa.org.



## **The Houston Choral Society Presents Matinee Christmas Concert**

#### Sunday, December 6, 2015, 3:00 PM at The Foundry United Methodist Church

The Houston Choral Society (HCS) presents an afternoon of festive entertainment with its special Christmas matinee concert, Believe, on Sunday, December 6, 2015, at The Foundry United Methodist Church, beginning at 3:00 PM. This family-oriented concert of joyful music is under the direction of Artistic Director Dr. Betty Devine. "This is a diverse program that gives us the opportunity to do works from a wide repertoire of music that has been written for the Christmas season," said Dr. Devine.

In addition to classical pieces like "O Holy Night" and "Hallelujah!" chorus from The Messiah, the afternoon concert includes the opportunity to sing along with beloved Christmas Carols such as "O Come all Ye Faithful," "Joy to the World," and "Jingle Bells." HCS is also continuing an audience participation tradition for our Christmas Concerts with the ever-popular "The Twelve Days of Christmas." HCS strives to be a catalyst for the enrichment of vocal music in other

organizations, and is pleased to be joined for a portion of the concert by talented choral students from Rosehill Christian School, under the direction of Beth Briner, Rosehill Christian School Choir Director. Patrons of all ages will enjoy the presentation by the student choir as well as the combined choral presentation of two songs from popular Christmas movies - "Welcome Christmas" from How the Grinch Stole Christmas and "Believe" from The Polar Express.

In addition to the concert, attendees will be treated to holiday decorations, enticing desserts, and the opportunity to meet and get pictures taken with Santa and Mrs. Claus.

Ticket prices are \$25 for adults, \$20 for seniors/students/veterans, and \$10 for children ages 5 and younger. Group rates are available. Tickets are available online at www.houstonchoral.org. Tickets may also be purchased at the door. The Foundry United Methodist Church is one of the premiere choral venues in Houston with extraordinary acoustics. It is located in northwest Houston at 8350 Jones Road, Houston, TX 77065 with easy access from Highway 290.

Because decking the halls sometimes leads to falls, we're here to handle your holiday pains and strains.

Open 9 a.m. - 9 p.m., 7 days a week! Walk ins welcome! No appointment necessary!

Cypress Fairbanks Urgent Care Centers can provide care for the following conditions:

- Sprains/strains/broken bones
- Minor burns/lacerations

9.

- Allergies/allergic reactions
  Cold/flu/pneumonia
- Headaches/earaches/fever Insect bites/stings
- · And much more

Cypress Fairbanks Medical Center Hospital

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Learn more about our 7 locations for emergency and urgent care at www.CyFairERandUrgentCare.com.

## Holiday Luncheon and Gift Exchange Event

Luncheon Details Thursday, December 17, 2015 Networking 11a.m.; Luncheon begins at 11:30 a.m. Sterling Country Club, 16500 Houston National Blvd., Houston, TX 77095

Costs \$25 with advanced reservations; \$30 at the door At the December 17 Cy-Fair Express Network Luncheon, attendees will enjoy a joyous celebration during the annual Holiday Luncheon and Gift Exchange Event. As always, guests are welcome and encouraged to join in and network. Join us and be a part of the fun.

This month's CYFEN meeting begins with networking at 11 a.m. followed with a prompt 11:30 a.m. start of the program. Luncheons are held at the Sterling Country Club, 16500 Houston National Blvd. About Cy-Fair Express Network (CYFEN)

Now over 50 members strong, Cy-Fair Express Network's vision is to be a community and national leader for the support of professional women by providing a nurturing environment for business development, networking, education and mentoring. Our members have opportunities to pursue excellence and achieve both local and national recognition. CYFEN is part of the national organization of American Business Women's Association (ABWA), for more information go to www.CYFEN.org.

About American Business Women's Association (ABWA)

Founded in 1949, ABWA provides business training and networking opportunities for women of diverse occupations and backgrounds. ABWA has dedicated 60 years to women's education, workplace skills and career development training. For more information, visit, www.abwa.org.

## **KIWANIS CLUB OF CY-FAIR HOUSTON**

Join us for lunch, followed by a short, informative program. We welcome your visit and invite you to consider membership in this service oriented organization.

Where: Hearthstone Country Club located at 7615 Ameswood Circle in Hearthstone

Time: Lunch is served at 12:15pm; adjournment at 1:15pm.

Dates: We will meet on November 3, 10, 17

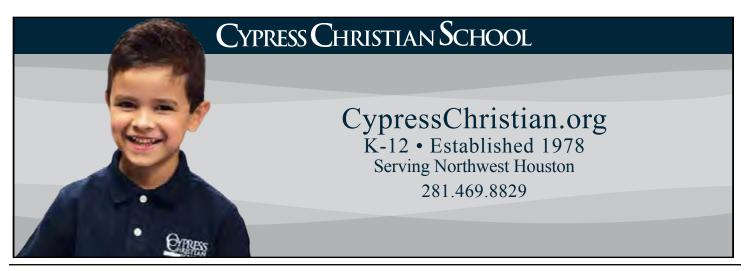
What is Kiwanis? Kiwanis is an international service organization focused on changing the world one child and one community at a time. Service is at the heart of every Kiwanis club, no matter where in the world it's located.

Key Clubs: The Cy-Fair Kiwanis Club sponsors all of the Key Clubs in the Cy-Fair Independent School District. It's primary service project is the sponsorship of these Clubs. The Cy-Ranch Key Club is the largest Key Club in the world. We are proud of all these clubs and support them in their worthwhile service activities. You can enjoy the pleasure of being a part of this service through membership in Cy-Fair Kiwanis Club.

Fellowship: Kiwanis members have fun also. Members make new friends when they attend meetings and participate in social events. Kiwanis clubs also provide excellent networking opportunities for professionals. Members meet new people by participating in service projects, fundraising, and attendance at district and international conventions.

Visit the Cy-Fair Kiwanis Club website at www. KIWANISHOUSTONCYFAIR.COM.

For more information, call John Carroll (Copperfield and Hearthstone areas) at 281-463-0373; George Crowl (Jersey Village area) at 832-467-1998; or Peggy Presnell (Fairfield and CyRanch) at 281-304-7127.



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## **8TH Annual Salute to Our Heroes Gala**

On February 13, 2016, the Cy-Fair Educational Foundation (CFEF) will hold its 8th Annual Salute to Our Heroes Gala at the Omni Hotel. Joe Myers Ford Lincoln is generously underwriting this gala that honors the brave men and women who have served to protect our freedom and liberty.

Gerald Coffee is the guest speaker. Coffee served our country as a naval officer for 28 years; much of that service was as one of the longest held prisoners of war in the communist prisons of North Vietnam. His military decorations include the Silver Star, the Distinguished Flying Cross, two Bronze Stars, the Air Medal, two Purple Hearts, and the Vietnam Service Medal with 13 stars.

Salute to Our Heroes has raised more than half a million dollars over the past seven years. Proceeds from this event have funded three endowed scholarships.

CFEF was established in 1970 as a non-profit to raise money to fund a scholarship for high school graduates in the area. Over the past 45 years, the Foundation has grown tremendously through the efforts of the Board of Trustees and the generosity of the Cy-Fair Community. The Foundation has awarded more than \$6 million in scholarships to 1300 graduating seniors. CFEF is a 501(c)3 nonprofit organization, all contributions are tax deductible, as allowed by the law.

Sponsorships and tickets are available for Salute to Our Heroes Tickets: \$100 individual; \$50 veterans

For more information please contact marie@thecfef.org or visit our website at www.TheCFEF.org.



## THE COMPASS Phorid or Humpbacked Flies

Humpbacked flies, also known as Phorid flies, are small gnat-like flies that do not bite. They often are yellowish to black in color. They get their name from the way their back is humped when viewed from the side. Sometimes they are called scuttle flies from their habit of running around in an erratic manner.

Phorid flies vary widely with some being pests while some species are beneficial and attack and kill red imported fire ants.

Pest species that are found indoors are often associated with moist, decaying organic matter. These flies can become a problem in homes because they can mechanically transmit bacteria to food and food prep areas.

Common sites where larvae develop (and areas you would need to locate a.k.a. "the source") can include the organic matter built up on the inside of drain pipes; on aging fruits, vegetables or other food matter; the bottom of garbage cans, dumpsters or recycling bins; in broken sewage pipes; or under broken floor tiles.

Develop a sanitation plan. Locate "the source" where larvae are



**Description:** The position includes marketing our community newsletters to local and area businesses. It is a flexible position that allows you to work from home and set your own hours.

**Roles:** Stimulate new advertising accounts in our community newsletters. Maintain current accounts assigned to you by Sales Manager. Service your accounts by assisting them from ad design to final proof approval.

**Skills:** Excellent communication through email and phone, with high level presentation and relationship-building skills. Strong prospecting and business development skills are a must. Previous sales experience preferred but not required.

Benefits: Commission Based Apply by sending resume to jobs@peelinc.com





living and clean it thoroughly. If drains are accessible, clean with a stiff brush and flush with boiling water. Food should not be left out for long periods of time and trash/ recyclables should be removed on a regular basis. Repair any plumbing leaks.

Spot treatments with properly labeled insecticides and fly lights can help reduce adult populations.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at www.urban-ipm.blogspot.com

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### BASHANS PAINTING & HOME REPAIR

- Interior & Exterior Painting
- HardiPlank Replacement
- Sheetrock Repair
- Cabinet Painting
- Pressure Washing
- Fence Repair/Replacement
- Custom Staining
- Gutter Repair & Replacement
- Wallpaper Removal & Texture
- Garage Floor Epoxy

Wallpaper Removal

Wood Replacement

Interior Carpentry

- Roofing
- Faux Painting





**Cypress Texas Tea Party** The Cypress Texas Tea Party meets every three weeks on

Saturday at Noon at: Spring Creek BBQ 25831 Northwest Freeway Cypress, Texas 77429 Map: http://goo.gl/maps/OoNjY

Come early and grab lunch during the meeting. Next meeting dates and Confirmed Speakers: Saturday, December 19, 2015 NOON - 2:00 PM - Judge Mary Lou Keel, Candidate for Texas Court of Criminal Appeals Saturday, January 9, 2016 NOON - 2:00 PM - Bert Langdon, Convention of the States Saturday, January 30, 2016 NOON - 2:00 PM See our Event Calendar at www.cypresstexasteaparty.org The Compass is a private publication published by Peel, Inc. It is not sanctioned by any homeowners association or organization, nor is it subject to the approval of any homeowners association or organization, nor is it intended, nor implied to replace any publication that may be published by or on behalf of any homeowners association or organization. At no time will any source be allowed to use the Compass contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from Peel, Inc. The information in the newsletter is exclusively for the private use of Peel, Inc.

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## THE COMPASS The Do's and Don'ts for getting that Perfect Christmas Photo of Your Pet

Photographing animals can be really difficult. They get distracted easily, they're almost always moving, and they even make silly faces. This can make it difficult to get a photo worthy of a Christmas card, but it is possible! Here are some Do's and Don'ts to help you out.

#### DO keep plenty of treats handy

Our animals often need a bit of extra reward and loving to sit there and look cute for us, so make sure to have plenty of their favorite treats available.

### DO have toys and noise makers to grab their attention

They don't always listen to us, so bring their favorite toy to hold up next to you and they're sure to look over with an inquisitive face.

### DO look at your background first and move around until you have eliminated distracting items

You don't want to turn your horse into a carousel ride by having a pole in the background looking as though it is going straight through their belly.

### DO have an assistant or two to help out

It can be really tiring and frustrating if you are the only person out there and you are repeatedly putting your camera down and running over to your animal to pose him or fix a prop, and then running back and only hoping he is still where you left him.

### DO use a fast shutter speed

If you are shooting in Manual mode on your camera be sure to use a fast shutter speed (at least 1/250), so that even if the animal is moving when you click the shutter you will still get a clear picture. If you do not have a Manual mode on your camera, try using the Sports mode.

#### DO be aware of colors

Choose complimentary colors for the props and costumes you use. The same goes for taking a picture of the pet with his owner- don't wear a shirt that is the same color as your dog- you want contrast.

#### DO focus on the eyes

Especially when taking close up shots. Their eyes can be very expressive so you want them to be sharp and clear.

### DON'T forget that candid shots can be cute, too!

Don't automatically throw out all the photos where your pet is not looking or making a silly face. Those shots can be just as good as posed ones, because they show the personality of your pet.

**DON'T just throw props and costume pieces on yo**ur pet before letting them "OK" itLet you horse smell whatever prop you're going to use first or rub it on them gently until they are relaxed. They are much more likely to cooperate if they aren't scared of the Santa hat on their head.

### DON'T crop off just the feet or hooves

Be careful when you are framing your picture, you don't want to

crop out just their feet or tail or ears. Step back for a whole body shot or crop it in close to a headshot.

### DON'T shoot during the middle of the day

The best lighting of the day is about an hour before the sun sets. It is much more diffused and soft, and you will avoid all the harsh shadows.

### DON'T try to be in a hurry

Taking animal portraits takes patience! You should expect it to take more than just a few shots.

#### DON'T use a flash

Sudden bursts of light from a flash may frighten your pet and cause red eye.

Photos and article thanks to www.kayliejphotography.com on location at www.fivehorses.com. Saturday, December 12th Kaylie will be back to take pictures with Five Horses, LLC clients. Join us and schedule online under the appointments tab.





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