

The Clippings

December 2015 Volume 3, Issue 12



A LETTER FROM YOUR BOARD OF GOVERNORS CHAIRMAN

Merry Christmas and Happy New Year to everyone!!!

This is my last letter as the Chairman and member of your Board of Governors. After six years, it is time for others to provide the club with their insights and ideas. When I look back on the last six years, I realize that we, the Board, have accomplished quite a bit; i.e new sand traps and tee boxes, a new men's locker room, a better driving range area, better tennis conditions, an expanded work out facility, a better pool area, a better patio area, a remodeled Palmer room and front entrance way, and many more improvements to our facilities and our course. Given that your Board's job is to provide the Walden management team with ideas to improve the conditions of our club and to make it an enjoyable place to be, we continue to assist them wherever we can. There are many more improvements to be made, so even though there may be members among you who say we didn't do enough, I say get involved and be part of the future. I believe that CBONS/CBIGG will improve this club in the near future and make it a great place to enjoy eating, relaxing, playing and being with other members.

One final note, it is the holiday season so please enjoy the festive atmosphere and the wonderful holidays in our main facility and dining areas. Chef Marty and his staff will treat you to some fabulous meals. Be sure to check in at the Pro shops for some final Christmas offerings.

Lastly, I want to thank all of you for your support and for your membership. Next month your new Board of Governors, with your new Chairman, will start their 2016 terms. Please give them your support and feedback like you provided me.

Sincerely,

Walt Albright

2015 Chairman, Walden on Lake Houston Board of Governors

IMPORTANT CONTACTS

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*** - Golf Course Superintendent**

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*** - Corporate Communications**

**** - Director of Food and Beverage**

John Quinn - Executive Chef

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Mike Beatty - Director of Athletics

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Kim Mello - Club Accountant

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**Contact Jon Schlemmer concerning communications
until further notice*

**Contact John Quinn (832-445-2104) for Food and
Beverage until further notice*

Lake Houston Ladies Club

DECEMBER MEETING

Lake Houston Ladies Club will have their meeting and luncheon on Tuesday, December 15, 2015, beginning at 10:00 a.m. at the Walden Country Club, 18100 Walden Forest, Humble TX 77346. Ivory Touch performers, Diana and Steve Warner, will be providing wonderful Christmas selections. If you wish, wear Christmas Pajamas and you could win a prize. The categories are funniest, most creative, and prettiest. Lake Houston Ladies Club is a social organization that welcomes new members from all surrounding areas. Several Interest groups are available which include: Readers Choice, Bridge, Bunco, Lunch and Look, Tea Time, Movie Group, Supper Club, Mah Jongg, and Girl's Night Out. Please join us. New members are always welcome. Reservations need to be made by Friday, December 4, 2015. For more information about the club and for luncheon reservations go to <http://www.lakehoustonladiesclub.com/> or call Linda at 832-379-3009.

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Walden Club Championship



December 4th-6th

Register by November 30th

Who can play?
Juniors & Adults

Cost: \$20
Cost covers Food & Matches,
both Single & Doubles!

- **Friday, December 4th: Kick Off Party 7p-9p**
- **Saturday, December 5th: Matches start at 9AM**
- **Sunday, December 6th: Matches start at 9AM**

RSVP 832-445-2120

Make a Difference in Your Family

The holiday season is generally a time of family get-togethers, increased community service and an overall joyful experience as we share this wonderful time with family and friends.

But did you know that you can make the spirit of the holiday season last all year? How you ask? By opening your heart and your home to an International Exchange Student!

Host families reap the benefits of opening their home by sharing their America. When they share with their exchange student, they are also able to see America with fresh eyes through the student. Families often learn new things about the U.S. and have different perspectives after hosting. The experiences and memories that are shared during the program last a lifetime and span international borders.

Make a difference in the life of a student and in your family! If your family enjoys exploring new cultures and nurturing youth,

please contact us to request more information about this amazing opportunity to share your life with a special young person and to learn how you can make a difference. The application process for the 2016/2017 school year has begun; it is recommended to start now as available schools spots fill up early.

Ayusa is a non-profit organization founded in 1981 to promote global learning and leadership through foreign exchange, study abroad, and leadership programs for high school students from the U.S. and around the world.

For more information about hosting a high school foreign exchange student, please contact your local representative Vicki Odom at 832.455.7881 or vodom@ayusa.org or Ayusa at 1.888.552.9872 or by visiting the website at www.ayusa.org.



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TENNIS TIPS

*By USPTA/PTR Master Professional
Fernando Velasco*



Step 1

Step 2

Step 3

Step 4

HOW TO EXECUTE THE FOREHAND VOLLEY

In previous newsletters, I offered tips on how to hit a forehand groundstroke, a two-handed backhand and a one-handed backhand. In this issue, I will give you instructions on how to execute a forehand volley for a right hander. This stroke is used whenever the player is forced to hit a ball in the air. In these pictures Grey Rock Tennis Club player, Camille Palafox, demonstrates the proper form and technique. Photos by her husband Charlie Palafox.

Step 1: Ready Position: The body is facing the net. The right hand is holding the end of the racket in a forehand grip position and the left hand is next to the right hand. The left hand is holding the racket slightly tighter than the right hand. Feet are a shoulder width apart and the body is in equal balance. For beginners it is okay to use the forehand and backhand grips for the forehand and backhand volleys. As the player gets stronger and the balls come at a faster speed, it will be best to use the continental grip for both volleys.

Step 2: Back Swing: Since the volley is usually executed when a player is close to the net and there is very little time to react to the incoming ball, the back swing is very short. The right arm should take a short turn and the head of the racket should align to the flight of the ball. The right wrist should be “cocked” back slightly and the head of the racket should be above the wrist. Eyes are still focused on the incoming ball. Here I am helping Camille to feel the hand on the racket to tilt back and still keep the head of the racket above her wrist.

Step 3: Point of Contact: The right foot is now taking a step forward and the racket is making contact with the ball. It is important to keep the left shoulder closed and not rotate the right hip too early. Flexing the right knee will allow more flexibility to find the proper point of contact and give power to the ball.

Step 4: Follow Through: Once the racket has made contact with the ball, the follow through is very short to allow the player to immediately get back to the ready position. The left arm should be close to the body.

Look for in the next Newsletter: The Two-Handed Backhand Volley



FACT:

A four-year-old may ask constant “why” questions to understand the world.



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A FEW HOLIDAY THOUGHTS...

It is good to be children sometimes, and never better
than at Christmas, when its mighty founder was a
child Himself.
Charles Dickens

There are two ways to live your life. One is as
though nothing is a miracle. The other is as though
everything is a miracle.
Albert Einstein

The way you spend Christmas is far more important
than how much.
Henry David Thoreau



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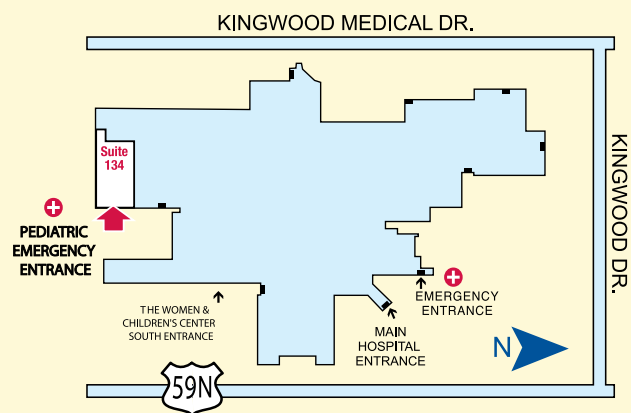


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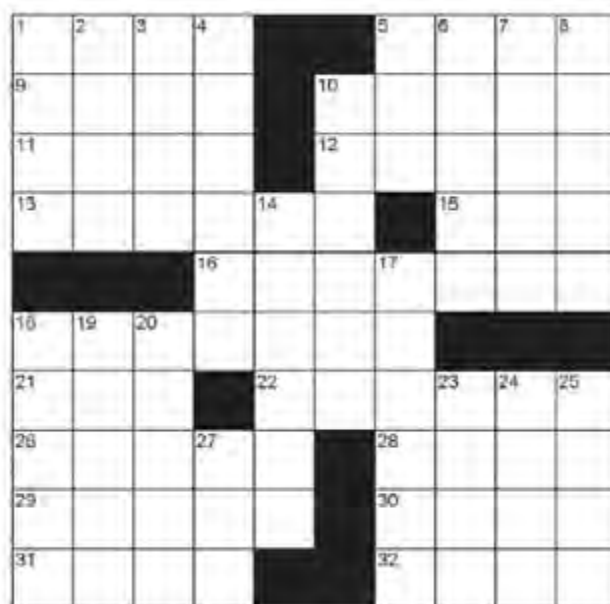
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21. Card game
22. Legume
26. Coding system
28. Portend
29. Induct
30. Look
31. Loch __ monster
32. Opp. of yeses

DOWN

1. Male deer
2. Large African river
3. Long time
4. Mediterranean island dwellers
5. IBM Competitor
6. Adios
7. Sports shoe projection
8. Hz
10. Apt
14. Purplish color
17. Candy
18. Woman
19. Negative battery terminal
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23. African nation
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25. Dregs
27. Bro.'s sibling

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A MESSAGE OF HOLIDAY CHEER

One of the key principles of accomplishing anything is Consistency. Do almost anything with enough consistency and you'll eventually get the desired outcome.

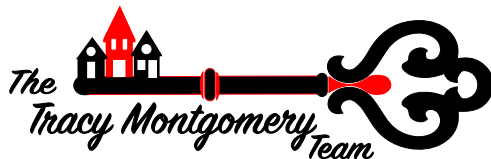
As I closely monitor the economic conditions of our city and nation, it is clear that the media is squarely focused on convincing us of how bad things are. As I speak with friends and clients I can see the impact this consistently poor messaging is having on us. Allow me to change that today.

Real Estate reports can be a window into the heart of a community's economic state. Inventory is low and buyer demand remains high. This has contributed to the consistent home value increases we've seen. Interest rates continue to remain low with

30 year mortgages below 4%. Though oil and gas continues to struggle, investors in other markets continue to spend and grow our city. Home construction continues to expand in Houston as other industries and their investors continue to spend millions on new growth opportunities, bringing jobs and families to our market. Don't buy into the hype of a failing market.

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We would like to once again thank everyone for your support and referrals in 2015 which has allowed us to continue to invest in the community. We wish you and your family Happy Holidays and a Very Happy New Year.



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If you know of someone who would appreciate the level of service my Team provides, please call me with their name and business number. I'll be happy to follow up and take great care of them.

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