



Windermere Lakes

DECEMBER 2015 | VOLUME 9, ISSUE 12

• NEWSLETTER •



Happy Holidays!
From your Windermere Lakes
Board of Directors and your team
at FirstService Residential!!!

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Sheriff's Dept. 713-221-6000

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Center Point (Street Lights).....713-207-2222
EDP Water - Mud #29.....832-467-1599
Library281-890-2665
Post Office.....713-937-6827
Waste Management/Trash713-686-666

NEWSLETTER INFO

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COMMUNITY WEBSITE

Visit your Community Website at www.WindermereLakes.net for a quick overview of your association's operations, amenities access, and general services. Have the following access at your fingertips:

- Amenities Information and Registration Forms
- Club House Rental Information and Agreements
- Images of the Club House
- Home Improvement Application and Guidelines
- Vacation Watch
- HOA News
- Community Events

Because decking the halls sometimes leads to falls, we're here to handle your holiday pains and strains!

Open 9 a.m. – 9 p.m., 7 days a week!
Walk ins welcome!
No appointment necessary!

Cypress Fairbanks Urgent Care Centers can provide care for the following conditions:

- Sprains/strains/broken bones
- Minor burns/lacerations
- Allergies/allergic reactions
- Cold/flu/pneumonia
- Headaches/earaches/fever
- Insect bites/stings
- And much more!

Cypress Fairbanks
Medical Center Hospital



A PART OF
CY-FAIR REGIONAL HEALTH NETWORK

Learn more about our 7 locations for emergency and urgent care at
www.CyFairERandUrgentCare.com.

Windermere Lakes Holiday Lights Contest

Blowing through the snow topped trees,
Whispers the chilly new winter breeze.
The neighborhood will soon be crispy cold,
And all the Christmas trees will be sold.
Holiday lights will hang throughout town,
With not a single neighbor wearing a frown.

*All decorated homes will be entered in the Holiday
Lights Contest for a chance to be named
the 2015 winner!*



Join NextDoor Today at <https://nextdoor.com/windermere>

A free online network for your community!

The goal is to connect with our neighbors to keep Windermere Lakes a place you love to call home. NextDoor has made it possible to take this goal to the next level! With NextDoor you can:

- Report lost pets
- Sell your used appliances
- Stay up to date on community events
- Or just chat with your neighbors

The benefits to NextDoor are endless! Please create your account today!



**It Must
Be The
Mistletoe**

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TEXASDIRECTAUTO.COM

TENNIS TIPS

*By USPTA/PTR Master Professional
Fernando Velasco*



HOW TO EXECUTE THE FOREHAND VOLLEY

In previous newsletters, I offered tips on how to hit a forehand groundstroke, a two-handed backhand and a one-handed backhand. In this issue, I will give you instructions on how to execute a forehand volley for a right hander. This stroke is used whenever the player is forced to hit a ball in the air. In these pictures Grey Rock Tennis Club player, Camille Palafox, demonstrates the proper form and technique. Photos by her husband Charlie Palafox.

Step 1: Ready Position: The body is facing the net. The right hand is holding the end of the racket in a forehand grip position and the left hand is next to the right hand. The left hand is holding the racket slightly tighter than the right hand. Feet are a shoulder width apart and the body is in equal balance. For beginners it is okay to use the forehand and backhand grips for the forehand and backhand volleys. As the player gets stronger and the balls come at a faster speed, it will be best to use the continental grip for both volleys.

Step 2: Back Swing: Since the volley is usually executed when a player is close to the net and there is very little time to react to the incoming ball, the back swing is very short. The right arm should take a short turn and the head of the racket should align to the flight of the ball. The right wrist should be “cocked” back slightly and the head of the racket should be above the wrist. Eyes are still focused on the incoming ball. Here I am helping Camille to feel the hand on the racket to tilt back and still keep the head of the racket above her wrist.

Step 3: Point of Contact: The right foot is now taking a step forward and the racket is making contact with the ball. It is important to keep the left shoulder closed and not rotate the right hip too early. Flexing the right knee will allow more flexibility to find the proper point of contact and give power to the ball.

Step 4: Follow Through: Once the racket has made contact with the ball, the follow through is very short to allow the player to immediately get back to the ready position. The left arm should be close to the body.

Look for in the next Newsletter: The Two-Handed Backhand Volley



The Do's and Don'ts for getting that Perfect Christmas Photo of Your Pet

Photographing animals can be really difficult. They get distracted easily, they're almost always moving, and they even make silly faces. This can make it difficult to get a photo worthy of a Christmas card, but it is possible! Here are some Do's and Don'ts to help you out.

DO keep plenty of treats handy

Our animals often need a bit of extra reward and loving to sit there and look cute for us, so make sure to have plenty of their favorite treats available.

DO have toys and noise makers to grab their attention

They don't always listen to us, so bring their favorite toy to hold up next to you and they're sure to look over with an inquisitive face.

DO look at your background first and move around until you have eliminated distracting items

You don't want to turn your horse into a carousel ride by having a pole in the background looking as though it is going straight through their belly.

DO have an assistant or two to help out

It can be really tiring and frustrating if you are the only person out there and you are repeatedly putting your camera down and running over to your animal to pose him or fix a prop, and then running back and only hoping he is still where you left him.

DO use a fast shutter speed

If you are shooting in Manual mode on your camera be sure to use a fast shutter speed (at least 1/250), so that even if the animal is moving when you click the shutter you will still get a clear picture. If you do not have a Manual mode on your camera, try using the Sports mode.

DO be aware of colors

Choose complimentary colors for the props and costumes you use. The same goes for taking a picture of the pet with his owner- don't wear a shirt that is the same color as your dog- you want contrast.

DO focus on the eyes

Especially when taking close up shots. Their eyes can be very expressive so you want them to be sharp and clear.

DON'T forget that candid shots can be cute, too!

Don't automatically throw out all the photos where your pet is not looking or making a silly face. Those shots can be just as good as posed ones, because they show the personality of your pet.

DON'T just throw props and costume pieces on your pet before letting them "OK" it. Let your horse smell whatever prop you're going to use first or rub it on them gently until they are relaxed. They are much more likely to cooperate if they aren't scared of the Santa hat on their head.

DON'T crop off just the feet or hooves

Be careful when you are framing your picture, you don't want to

crop out just their feet or tail or ears. Step back for a whole body shot or crop it in close to a headshot.

DON'T shoot during the middle of the day

The best lighting of the day is about an hour before the sun sets. It is much more diffused and soft, and you will avoid all the harsh shadows.

DON'T try to be in a hurry

Taking animal portraits takes patience! You should expect it to take more than just a few shots.

DON'T use a flash

Sudden bursts of light from a flash may frighten your pet and cause red eye.

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DUE: December 31st

Be sure to include the following so we can let you know!

Name: _____
(first name, last initial)

Age: _____



WN



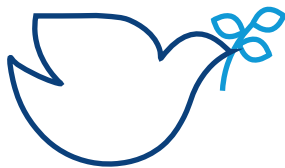
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