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ADVERTISING INFO

Please support the advertisers that make Lakeway Voice possible. If you are interested in advertising, please contact our sales office at 512-263-9181 or <u>advertising@peelinc.com</u>. The advertising deadline is the 8th of the month prior to the issue.

ARTICLE INFO

The Lakeway Voice is mailed monthly to all Lakeway residents. Residents, community groups, churches, etc. are welcome to include information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for The Lakeway Voice please email it to <u>lakeway@peelinc.com</u>. The deadline is the 15th of the month prior to the issue.

IMPORTANT NUMBERS

EMERGENCY NUMBERS	
EMERGENCY	911
Fire	
Ambulance	
Police Department	
Sheriff – Non-Emergency	
Travis County ESD No.6/Lake Travis Fire F	
Administration Office	
Travis County Animal Control	
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Lake Travis ISD	
Lake Travis High School	512-533-6100
Lake Travis Middle School	512-533-6200
Lake Travis Elementary	512-533-6300
Hudson Bend Middle School	512-533-6400
Lake Pointe Elementary	512-533-6500
Lakeway Elementary	512-533-6350
Serene Hills Elementary	512-533-7400
Bee Cave Elementary	512-533-6250
West Cypress Elementary	
UTILITIES	
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Lakeway MUD	
Hurst Creek MUD	
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OTHER NUMBERS	512 551 5000
Lakeway Regional Medical Center	
Lake Travis Community Library	
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Lakeway City Hall	
City of Lakeway	www.lakeway-tx.gov
NEWSLETTER PUBLISHER	
	512 262 0191
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Around Lakeway

Kick up your heels at Lakeway's Big Band Bash

Start the new year swinging by dancing the night away at Lakeway's Big Band Bash from 8-10 p.m. Jan. 11 at Lakeway Activity Center.

Enjoy one of the best big bands in Central Texas, a large dance floor and tables available for your own drinks and snacks.

Kent Dugan's 17-piece orchestra, The Republic of Texas Band, features Lakeway singers David Cummings and Lisa Clark and consistently appeals to dancers of many generations. Expect to hear a wide variety of favorite tunes, mostly from the Sinatra era, with fresh arrangements.

Lakeway Arts Committee sponsors the free Big Band Bash the second Monday of each month, but donations to the band are encouraged.

"We are pleased to see the varying generations showing interest in this great music for dancing or listening," said Fred Newton, Lakeway Arts Committee chairman. "It makes for a very nice evening."

For information, call the Lakeway Activity Center at 512-261-1010.



Courtesy photo-Chuck and Carlene Denman dance at a recent Big Band Bash at Lakeway Activity Center.



Feast on Live Music at Brown Bag Luncheon Concert Series

Brace for a heat wave in early 2016 when the Brown Bag Luncheon Concert Series returns to Lakeway Activity Center.

The City of Lakeway's Arts Committee produces the series of free weekly concerts from noon-1 p.m. every Thursday in January and February when the Activity Center, 105 Cross Creek, becomes the hot spot in the city.

"Mark your calendars, pack your lunch and prepare to be entertained," said Fred Newton, Lakeway Arts Committee chairman.

The series opens with the Lake Travis Fiddlers on Jan. 7.

Founded in 2000 by Lake Travis High School orchestra director Anna Macias, the Lake Travis Fiddlers are returning from performances in the Chicago area in December. They have previously performed in a wide variety of Texas venues. These fiddlers and singers present a rousing show of country and folk music.

Following the fiddlers, Matt Wilson will bang out some tunes on the piano on Jan. 14. Not many performers can captivate an audience like Wilson. He is a consummate musician and vocalist, having gained national exposure wowing sold-out audiences as the "Piano Man" in the First National Tour of the Billy Joel Tony-award winning musical, "Movin' Out."

On Jan. 21, Brown Bag favorites Red Young and Silvie Rider will bring their flavor of cabaret to the series. As a pianist, Young has had a spectacular musical career, including recordings with Dolly Parton, Tanya Tucker, Linda Ronstadt, Eric Burdon and Nelson Riddle as well as concert tours around the world. The Red Young Quartet will feature vocalist Silvie Rider in this concert.

Iconic duo Albert and Gage, who have impressed Austin audiences for years, will take the stage Jan. 28. Respect for Christine Albert's musicianship is shown by her role as chair of the National Recording Academy's Board (Grammy Awards). She and her husband, Chris Gage, have performed their roots rock-folk music together and with other bands in performances nationally.

Mardi Gras will parade to the series Feb. 4 when The Second Line Jazz Band performs Feb. 4. One of the best traditional jazz bands, Second Line will entertain with a Mardi Gras celebration.

Robert "Beto" Skiles Quartet will soothe the soul at their Feb. 11 show featuring vocalist Shawnda Birch and popular songs with a taste of jazz.

The Matt Shields Show is on tap for a Feb. 18 performance of "Hyperfeet" that will feature the star dancer of Zach Theatre's "Sophisticated Ladies" and friends.

Good fortune will favor the Activity Center on Feb. 25 when The Lucky Strikes hit town with their brand of music that Billboard Magazine says comes from "Lounge lizards who jump between hot jazz and romantic pop ballads.

No reservations or tickets are required. For information on the series, call Lakeway Activity Center at 512-261-1010.

COVER PHOTO

Do you take great photos?

Do you take great photos? Would you like to see your photo published? We are looking for great cover photos for upcoming issues of the Lakeway Voice. All photos submitted must represent Lakeway.

Our deadline for submittals is always the 9th of the month prior to the issue. All photos should be submitted electronically by the deadline date in high resolution (300 dpi) to lakeway@peelinc.com. Portrait (vertical) photos work best.

This month's cover photo was submitted by Jeannine O'Deens.

By submitting your photo you agree to allow your photo to be published in future issues of the Lakeway Voice or other Peel, Inc. publications. Call 512-263-9181 to find out how to have your business featured on the cover of the Lakeway Voice.

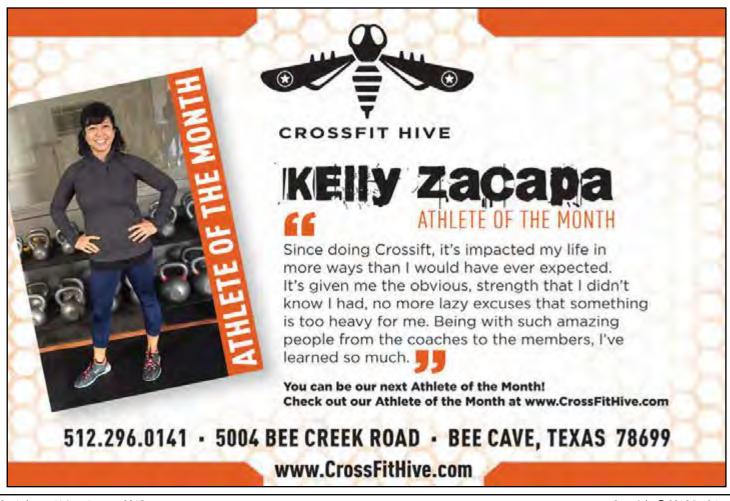


Around Lakeway

Green Santa

Thanks to the Lake Travis community, support for Green Santa exceeded our expectations by providing three gifts, a book, a stuffed animal and family meals to 620 children from 203 families in the Lake Travis area. The generosity of this community to give and share so that others can have a joyous holiday, and the amazing volunteers that spent their time collecting, sorting and packing the family toy boxes made this happen. Neighbors helping neighbors is the cornerstone of LTlov's mission and this was in full swing during the Green Santa program. The members of LTlov would like to extend our sincere appreciation to the residents of the Lake Travis community who donated toys, gift cards, and money, and to the many businesses who hosted events and collection bins as well as made financial donations to help underwrite this program. Pictured, two of our many volunteers, Joe and Fionnuala Stockton.





Lakeway Players casting for ghostly comedy

The Lakeway Players are casting for the comedy "Ghost of a Chance" with audition dates on Jan. 9, 12, and 14 at Lakeway Activity Center.

Actors should prepare a two-minute contemporary monologue and contact director Linda Dobbs for a specific audition time from 10 a.m.-noon Jan. 9 in Room B, 7-9 p.m. Jan. 12 in Room B or 7-9 p.m. Jan. 14 in Room F.

Flip Kobler and Cindy Marcus penned "Ghost of a Chance," a comedy about Bethany, a bright, strong, independent and beautiful woman who has zero self-esteem.

Bethany has brought her fiancé, Floyd, and his mother, Verna, up to her cabin in the woods, the site of the hunting accident that killed Chance, her first husband. Much to her consternation, he or rather, his ghost is still there. Only Bethany can see him, so Floyd and Verna think she is crazy as she frantically tries to get rid of, well, it seems to them, nobody. Chance, meanwhile, is doing everything he can to prevent Bethany from marrying Floyd. Bethany even brings in a delightfully kooky psychic to help deal with the ghost of Chance.

Dobbs is looking to cast three men and three women for the production March 31-April 2 that will be at the Activity Center, 105 Cross Creek. She may be reached at lsdsyd@gmail.com or 512-431-8917.

For information, visit: www.thelakewayplayers.com.

Olivia Byrd Cooley to Speak to Women's Club January 25

Olivia deBelle Byrd Cooley will be the featured speaker for the January 25 general meeting of the Women's Club of Greater Lakeway at the Lakeway Resort and Spa. Her topic will be The Sweetness and Sassiness of Southern Fiction. Byrd Cooley is a sought-after speaker who delights audiences with hilarious stories of her beloved South as she turns ordinary happenings into entertainment. She delves with wit into the world of the Deep South with all its unique idiosyncrasies and colloquialisms. She tells stories that are "sometimes inspired by real life and not necessarily the God's honest truth."

Byrd Cooley is the author of Miss Hildreth Wore Brown—Anecdotes of a Southern Belle, which was the winner of the Florida Publishers Association Book Awards. Her latest novel, Save My Place, is a love story that will bring back wonderful memories of a South gone by. In August 2015, Save My Place was honored with two GOLD medals in Florida Fiction for Adults and Cover Design.

Byrd is the third generation of her family to call Panama City, Florida, home where she resides with her husband, Tommy. She is a

(Continued on Page 8)



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Around Lakeway

Friends Of The Parks Of Lakeway Annual Membership Meeting January 26, 2016 Open To Public.

LAKEWAY BIRDER ARE INVITED TO ATTEND.

Submitted by: Patrick McDermott Chairman of Lakeway FOP 512- 569- 5509

JANE TILLMAN, a Capital Area Master Naturalist, active member of the Travis County Audubon Society and president of the Native Plant Society of Texas, Austin chapter, will speak about "Birds of the Lakeway Area." Learn about both the common birds that live in Lakeway year-round, and a few of the uncommon ones that either spend the winter with us or pass through during migration.

The Friends of the Parks (FOP) Annual Membership Meeting will be held at the Lakeway Activity Center, 105 Cross Creek. The program will begin with Registration at 6 p.m., with a BBQ dinner at 6:30 followed by business meeting at 7:00 and presentation at 7:30. The dinner is free for paid up members and \$10 for non-members. Annual membership of \$15 per family can be paid at registration. You must make a reservation for the BBQ by FIRDAY January 22, 2016 by contacting Bernie Reding at 512-261-5633 or countyboy@ aol.com.

FOP is an all volunteer 501(C)(3) non-profit organization of men and women that build and maintain trails and gardens in the City's Parks and Greenbelts. Workdays are held the 2nd Saturday of the month (excluding June-August) from 8-11:45 a.m. followed by a picnic lunch at the City Park Pavilion. FOP also holds its Annual Wilderness Fun Run/ Walk at Hamilton Greenbelt in mid-April.

Come join your neighbors in the great outdoors of Lakeway to help improve the parks and greenbelts for walking, hiking, jogging and biking.

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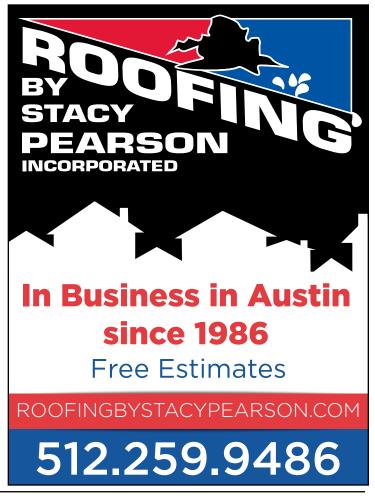
512.276.7476

(Continued from Page 7)

graduate of Birmingham-Southern College and taught elementary school before staying home to raise her children.

The general meeting is open to the public and begins on Monday, Jan 25 at 9:30 a.m. with a coffee social followed by the meeting and speaker. Lunch will start at 11:30 and reservations are required by January 18. Please send in your reservation to: Sharon Rogers at 119 Gulf Crest Cove, Lakeway, Texas 78734. Cost: Members \$23.00, Non-Members \$28.00. Make checks payable to W.C.G.L. See you at the Lakeway Resort and Spa.





Lakeway MUD-Not Just Another Utility

Lakeway Municipal Utility District (LMUD) was established in 1972 to serve the growing community of Lakeway. There was a group of homeowners (17 sections) that had recently paid for and installed septic tanks and did not want to have to pay LMUD for sewer service, but wanted water service. This group became known as the "Out of District" (OD) customers. Today, with over 4,000 customers, roughly one fourth of them are in this OD category. The OD customers that are on septic tanks do not pay property taxes to LMUD since property taxes help to pay wastewater Debt. We get questions from time to time about why certain properties are not allowed to vote in LMUD elections, and this explains it. Taxpayers (In District) are also voters, while non-taxpayers (OD) are not entitled to a vote.

We pride ourselves in being a part of the community, and not "just another utility". Our customers know they can contact us with questions or concerns and we will do our very best to work through any issues to the best of our ability. During the recent publicity about high bills due to a dry summer and going to twice per week watering schedules, we worked with many customers to show them

exactly when water usage was occurring. Many had their irrigation systems set to operate more frequently that they thought. We also found that many had leaks in irrigation, toilets, and/or pool systems of which they were unaware.

Our staff is trained to be responsive and caring in dealing with our customers, and they all take a great deal of pride in resolving issues and satisfying customers. We get a lot of compliments from our customers, and I thought I would share one of many emails we receive from customers with you:

We moved to Lakeway this past January. I wanted to share a very positive experience we had with two of your employees (Angie and Chris) last week. On Wednesday, Nov17, I contacted Lakeway MUD offices regarding a problem with bees in what I thought was the LMUD water meter box. There were bees coming out of the small hole in the concrete cover. The bees were so intense that I could not get to the water shut off valve in order for a plumber to do some work at my home. I contacted Angie on Wednesday morning and explained the situation to her. She told me that she would pass on

(Continued on Page 10)

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<u> Around Lakeway</u>

(Continued from Page 9)

the information and have someone contact me. By midafternoon on Wednesday, I received a call from Chris, who explained to me that the concrete cover did not belong to Lakeway MUD, but that he had coordinated to have someone come out and remove the bees between 11 and 12 on Thursday.

On Thursday between 11:00 and 12:00 Chris and a representative from Justice Pest Services were there. Thursday afternoon, Angie called me to see if everything was OK. This level of timely service and follow-up unfortunately is not the norm today. It was so refreshing to see this level of customer service! The reason I am writing you is to say how impressed I was throughout the whole process. Both Angie and Chris were very professional in helping me.

I told Chris how I appreciated the fact that he did not pass the buck and send me to someone else (because it was not Lakeway MUD's meter box). I could have spent so much time trying to find out who to contact to get rid of the bees, but Chris stepped up and took responsibility for coordinating the removal of the bees. Again, I appreciate how your team responded to my problem. I have already told many friends of the positive experience I had with your organization.

Here is another example of going 'above and beyond'; we received a letter from a lady saying "Please send me a jar opener so I can get my Artichokes open; I need to twist the lid open". One of our staff members received the letter and made a call and found out she had seen a jar opener with LMUD's logo when visiting a neighbor. Unable to find any jar openers, he went to Randall's, Walgreen's, and CVS with no luck. Going online, he found a jar opener with a cat on it and ordered it (at his own expense). We then received the following letter:

"Thank you so much for the cat jar opener; I used it on a 16 liter bottle of iced tea. It was too small for my Artichokes. Nobody has the type of jar opener I really need"

A few months later, cleaning out an old storage closet, a few jar openers with LMUD logos were found; they had been ordered 20 years ago! We sent two to the customer, and she was thrilled!

These are but a couple of examples of our commitment togoing "above and beyond".

Live Music at The Lake Travis Library

JANUARY 22 AT 4 P.M.

Live Music with Lisa Clark's Swingin' Caravan will perform live music at the Lake Travis Community Library on Friday, January 22 at 4 p.m. Join us for live jazz music with vocalist Lisa Clark, drummer Masumi Jones, and Paul Klemperer on the saxophone.

Quilts for All Seasons

The Lake Travis Community Library will exhibit "Quilts for All Seasons," a presentation of small quilts demonstrating a wide variety of skills and celebrating the yearly seasons and holidays, this January. The exhibit has been created and organized by the Ladies of the Lake Quilt Bee. The Ladies of the Lake was formed in Lakeway in 1997 as a subgroup of the Austin Area Quilt Guild. The name "Ladies of the Lake" was chosen as a nod to a 19th century quilt block depicting a sailboat surrounded by waves. The term "Bee" means "a gathering" harkening back to a time when several women gathered around a large frame to stitch on an individual quilt.

The Ladies of the Lake Quilt Bee are presently thirty members strong and enjoy the ample workspace at the Lakeway Activity Center. Each meeting welcomes quilters of all skill levels to work on their own projects or join together in a quilt sew for charity. The group supports on-going service projects associated with the Austin Quilt Guild, including the "red, white and blue" quilts for wounded soldiers returning from overseas. They have also sewn dozens of children's quilts for Austin area agencies benefitting underprivileged children. Their latest project is providing quilts for the new residents of Community First! Village, an Austin area homeless shelter.

"Quilts for All Seasons" is sure to be a delightful and informative exhibit. The Ladies of the Lake Quilt Bee will host a reception at the library on Saturday, January 23 from 1:30 p.m. to 3 p.m. The reception will include additional quilts and items on display as well as demonstrations and opportunities for hands-on practice of quilting skills. Please come join the Ladies of the Lake and the Lake Travis Community Library for a one of a kind experience.



Poet Bill Davis

TUESDAY, JANUARY 12TH AT 2 P.M.

William Virgil Davis's most recent book of poetry is Dismantlements of Silence: Poems Selected and New (2015). He has published five other books of poetry: The Bones Poems; Landscape and Journey, which won the New Criterion Poetry Prize and the Helen C. Smith Memorial Award for Poetry; Winter Light; The Dark Hours, which won the Calliope Press Chapbook Prize; One Way to Reconstruct the Scene, which won the Yale Series of Younger Poets Prize. His poems have appeared in most of the major periodicals, here and abroad, including Agenda, The Atlantic Monthly, The Gettysburg Review, The Georgia Review, The Harvard Review, The Hopkins Review, The Hudson Review The Nation, The New Criterion, PN Review, Poetry, The Sewanee Review, Southwest Review, The Southern Review, and TriQuarterly, among many others. He is past President of the Texas Institute of Letters and Professor Emeritus of English and Writer-in-Residence at Baylor University. He has lectured on English and American Literature and given readings from his poetry literally around the world.

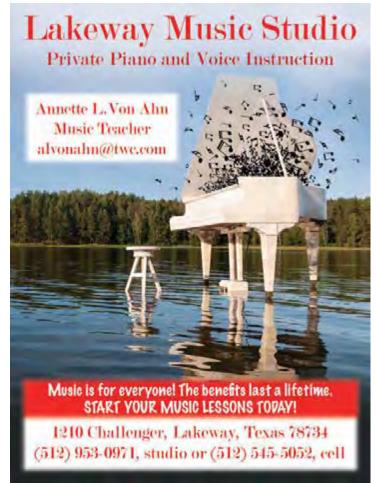
Partners in Hope is a Lake Travis community ministry that connects people who desire physical, emotional, and spiritual help with people who will help. Visit us at www.partnersinhopelaketravis.org

Local Author Cinda Adams Brooks

JANUARY 19 AT 6 P.M.

Local author Cinda Adams Brooks will speak about her recently released memoir at the library on Tuesday, January 19 at 6 p.m. Heartprints of Africa: A Family's Story of Faith, Love, Adventure, and Turmoil recounts her visit with identical twin, Linda, in Northern Uganda, which quickly turns from a relaxing vacation to a terrifying escape from artillery and automatic gunfire. What happened? The answer begins four decades earlier when their parents and family of five children leave everything familiar in America to start life as medical missionaries in rural East Africa. Three generations of a family's love, forged by shared faith, struggles, and triumphs, serve them as they fight for survival.

"Brilliant writing, a heart-stopping adventure, and unforgettable characters make Heartprints of Africa a keeper!" Catherine Palmer, Christy Award-winning author of A Touch of Betrayal and 57 other novels.



<u> Around Lakeway</u>

Lakeway/Hills Solos Activities

January 2016 Short Draft for Lakeway Voice

Thursdays January 7, 14, 21 and 28: Brown Bag Concerts. LAC from noon to 1 pm. Enjoy the music and the lunch you packed for yourself. Call 512-261-1010 for information.

Monday January 11: Mah Jong. LAC from 2 to 5 pm. Then dinner afterward, location TBD. NO carpool. Contact Mary Ann Griesman.

Wednesday January 13: Lunch Bunch location to be announced and sent to you via email.

Friday January 15: Game Night for Bridge & Dominoes at LAC 7pm. NO carpool. To eat first at Pao's 5:15 pm., contact Marie Rush OR to eat at Mimi's (Galleria) at 5:00 pm., contact Phyllis Ligon.

Wednesday January 27: Dining out at Lucy's at the old Iguana Grill location on RR620N in the Hudson Bend area. Depart from LAC at 5 pm. Contact Pam Murray.

Reminder: fill out the Ballots mailed to you in December AND also renew your membership in the Solos and in the Lakeway Activity Center. Questions or Suggestions? Contact one of the current Board Members or Ram Matta via email at professorseu@gmail.com.

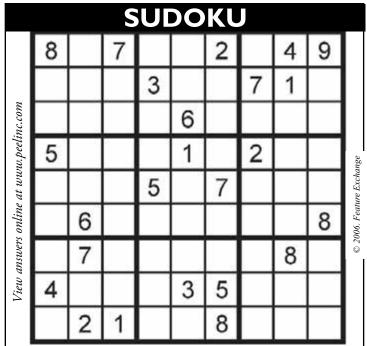
Reminder: Any Solo needing a hug, card, call, or prayer call Caring Chair, Cynthia Jobling 512.904.0028 For Member information call Membership Chair Ram Matta 512.767.0466

ANNUAL LAKEWAY TEA

The Annual Lakeway Tea is scheduled for Saturday, March 5, 2016, 1:00pm at the Hills Country Club. This beautiful event features traditional High Tea and gorgeous table decorations. Individuals, local organizations and businesses design and decorate the tables, and tables showcase exquisite table-settings designed around a theme. In order to attend, mail a \$40.00 check made payable to Help Our Wounded to Nancy Clayton, 100 Melody Street, Lakeway, TX 78734. For more information contact chairmen: Ann Neighbors 512-261-1980 or Nancy Clayton 512-261-7759. All funds raised will benefit Help Our Wounded, a non-profit dedicated to helping wounded soldiers and their families.

Shown below is the Best of Show entry by Leanne DuPay and Donna Kumar.





The goal is to fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Each digit may appear only once in each row, each column, and each 3x3 box.



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RETIRE BETTER

AWAKEN THE INVESTOR WITHIN

WITH JOSH STIVERS

Odds are good that you know who Tony Robbins is. If you don't, he is famous for selling his self-help programs to millions through TV infomercials, and he successfully trains thousands of people who attend his events to walk on fire at the end of the first day.

So what in the world does a "self-help guru" know about investing?

The answer a few years ago was – not a lot. But when Tony wants to learn something, he doesn't do it in a small way.

Tony decided that he wanted to learn the secrets of investing like the Billionaires do. So he went out and interviewed them. What he learned went into a new book he is releasing called "Money – Master the Game".

For those of you who want the short version, here are four key points:

- 1. Don't lose money. Billionaire investors focus on not losing money over everything else.
- 2. Risk a little to make a lot. Look for the home run, but only do it with a small amount of your portfolio.
- 3. Anticipate and diversify. Educate yourself so you can be knowledgeable, and when the moment is there, strike! But

make sure you diversify as billionaire investors always assume that they will be wrong.

4. You are never done. Billionaires continue to learn and never stop. You should do the same.

If you ask me, I would say those are four great investment points to live by. I would also tell you that reading Tony's book is a good idea.

At Platinum Wealth Advisory, we have had the pleasure of partnering with the organization that supported Robbins on this current book project. As a result, we want to make the book available to our community. We will be providing a free copy of the book to anyone who would like to participate in our Retirement Investment Plan Consultation Process.

If you would like further information on this topic or to receive a copy of our report on retirement income planning, please send your requests to the email below. As always, we are here to answer your pressing questions and concerns regarding retirement investment planning.

Send your questions and information requests to retirebetter@platinumwealthadvisory.com



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THE HILLS OF LAKEWAY LADIES GOLF NINE HOLERS

November 4th Scramble Live Oak

1st - Nancy Wells, Colleen DeVere, Diana Hall and Mary Land -38 2nd - Pam Rhodes, Nancy Gregor and Diane Jones - 41 3rd - Kelly Villareal, Carol Augustine and Pat Zepp - 43

November 11th Individual Play & Ace of the Month Competition

NOVEMBER ACE OF THE MONTH - ROBBIE RILEY

Flight One

1st - Kelly Villareal - 35 2nd - Becky Lanier - 39 3rd - Melissa Rice - 40

Flight Two

1st - Ann Smith - 33 2nd - Colleen DeVere - 37 3rd - Pam Smith - 37

Flight Three

1st - Nancy Gregor - 39 2nd - Gail Bowman - 40 3rd - Rosemary Hinman - 41

November 18th - Turkey Shoot - Chapman Two Person Team Format Yaupon

1st - Robbie Riley and Vivian Craft - 49 2nd - Pat Zepp and Becky Lanier - 54 3rd - Kelly Villareal and Carol George - 54

December 2nd - Christmas Luncheon with 18 holers at The Hills (No play)

December 9th - ACE OF THE YEAR TOURNAMENT CONGRATULATIONS TO ANN SMITH - ACE OF THE YEAR

Other results: Flight One

1st - Melissa Rice - 37 2nd - Sandy Walsh - 38 3rd - Becky Lanier - 41

Flight Two

1st - Diane Jones - 34 2nd - Karen Vaughan - 34 3rd - Beverly Burmeier - 36

Flight Three

1st - Carol Augustine - 34 2nd - Robin Hargadon - 38 3rd - Rita Rowe - 49

New Members welcome!! Contact Pam Smith, Membership Chairman at: pamsmithg35@austin.rr.com Sandra McCullough, Public Relations

Dynamo Juniors

The Dynamo Juniors DJCT W-02G team completed their Fall 2015 Western District Super 2 season undefeated with a 5-0-2 record, topping the 8-team A-flight table to advance directly to the South Texas Youth Soccer Association's (STYSA) Fall 2015 State Championships, Dec. 12-13 in Cedar Park.

The U14's had 20 goals for and just three goals against in their seven Fall league games to get to state.

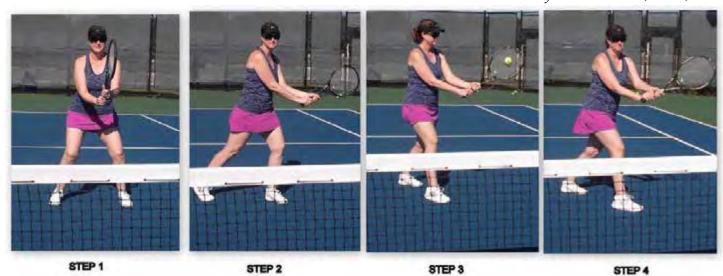
The team captured a state title, while competing against Sports Group One '02G Blue, Lake Jackson Blitz and the NEYSO Liberty '02G Gold. Congratulations to the entire team!





TENNIS TIPS

By USPTA/PTR Master Professional Fernando Velasco Owner, Manager and Director of Tennis Grey Rock Tennis Club, Austin, TX



In previous newsletters, I offered tips on how to hit a forehand groundstroke, a two-handed backhand, one-handed backhand and a forehand volley. In this issue, I will give you instructions on how to execute a two-handed backhand volley for a right hander. This stroke is used whenever the player is forced to hit a ball in the air. In these pictures player Robyn Fuller from the Grey Rock Tennis Club demonstrates the proper form and technique.

Step 1: Ready Position: The body is facing the net. The right hand is holding the end of the racket in a forehand grip position and the left hand is next to the right hand. The left hand is holding the racket slightly tighter than the right hand. Feet are a shoulder width apart and the body is in equal balance. For beginners it is okay to use the forehand and backhand grips for the forehand and backhand volleys. As the player gets stronger and the balls come at a faster speed, it will be best to use the continental grip for both volleys.

Step 2: Back Swing: Since the volley is usually executed when a player is close to the net and there is very little time to react to the

incoming ball, the back swing is very short. The left hand will make a slight change of the grip and the right hand will be relaxed and lose. The left shoulder should take a short turn and the head of the racket should align to the flight of the ball. The left wrist should be "cocked" back slightly and the head of the racket should be above the wrist. Eyes are still focused on the incoming ball.

Step 3: Point of Contact: The right foot is now taking a step forward and the racket is making contact with the ball. It is important to keep the left shoulder closed and not rotate the right hip too early. Flexing the right knee will allow more flexibility to find the proper point of contact and give power to the ball.

Step 4: Follow Through: Once the racket has made contact with the ball, the follow through is very short to allow the player to immediately get back to the ready position. The right arm should be close to the body.

Look for in the next Newsletter: The Serve



Lakeway Regional Medical Center Earns Primary Stroke Certification

STROKE PROGRAM SUCCESSFULLY PASSES JOINT COMMISSION REVIEW

Lakeway Regional Medical Center (LRMC) successfully passed a rigorous review including an on-site evaluation by the Joint Commission which earned the hospital Primary Stroke Certification. LRMC launched the stroke program in October under the direction Dr. Darryl Camp, a board certified vascular neurologist.

"When you are dealing with a stroke, any kind of delay can be devastating. The most expedient route to receiving care is of utmost importance," said Dr. Darryl Camp, Stroke Medical Director. "Earning the Primary Stroke Certification ensures that the community of Lakeway has advanced stroke care available close to home."

Stroke is the nation's third leading cause of death in the United States with more than 795,000 people suffering a new or recurrent stroke each year. In addition, stroke is a leading cause of serious, long term disability with about 4.7 million stroke survivors alive today.

"We are so proud of our team's focus which has earned us this important certification," said Sarah Andrews, RN, Stroke Program Coordinator. "We are committed to providing the best possible care to our patients."

In pursuit of the Primary Stroke Certification, LRMC assembled a team of fully-trained clinicians, including emergency care professionals, neurological physicians and neurosurgeons, radiological services, a full-service laboratory, critical care, medical nursing and therapy services. The team has already successfully treated patients under the specialized protocols.

"We are pleased to have earned this important distinction for LRMC," said Philippe Bochaton, CEO. "Dr. Camp and his team have worked diligently to ensure a stellar review and have successfully demonstrated compliance with nationally developed standards for stroke care. The Primary Stroke Certification underscores our ability to provide timely and effective care to stroke patients."

About Lakeway Regional Medical Center

Lakeway Regional Medical Center (LRMC) is a state-of-the art medical campus dedicated to the delivery of world-class healthcare. LRMC provides services in emergency medicine, neurosurgery, orthopedics, neurology, cardiology, general surgery, gastroenterology, women's health. For more information about LRMC, visit lakewayregional.com or call 512-571-5000.



Second Annual Kick Cancer's Booty

The Relay For Life of Lake Travis has once again put on their kicking boots in preparation for their Second Annual Kick Cancer's Booty Fundraiser. After a sold out crowd last year at Solid Rock Brewing forced them to find a bigger venue, this year's event will take place at Twisted X Brewing Company in Dripping Springs on January 23rd from 6PM-10PM. The community truly rallied behind the First Annual Kick Cancer's Booty Kickoff Fundraiser where almost \$11,000 was raised to benefit The American Cancer Society.

Tickets are \$40 per person and include entertainment from two local Austin bands, Joe Greer & The Backrow Sinners and The Back Steps, as well as food and non-alcoholic drinks from a variety of local restaurants including, to name a few, Papa Murphy's and It's All Good BBQ who joins us for the second year in a row. Twisted X will be selling their libations as well, and be offering brewery tours. There will be a live auction with a personal plane ride and vintage purses, not to mention a large silent auction with items generously donated from local businesses. The entire event is being supported by donations, allowing the entire ticket cost to be donated to the cause.

Kick Cancer's Booty is just one aspect of the Relay For Life of Lake Travis' fundraising efforts. It is also a way to keep the important message of the American Cancer Society out in the community, which is to help people stay well and get well through groundbreaking research and programs for people who have been affected by cancer. Half of all men and 1/3 of all women will one day be diagnosed with cancer. That's a staggering statistic. But every dollar helps get us one step closer to a world with less cancer. For the cost of a night out with your mate, you can be enjoying a fantastic event as well as giving generously.

Relay For Life of Lake Travis itself will be held this year at LTHS on April 16th from 6pm - Midnight. You can sign up now and start forming teams. The total event raised over \$98,000 last year, making it the largest in Lake Travis history. The committee is hoping to beat that record and reach \$150,000 this year. The Kick Cancer's Booty Fundraiser is a big part of that success. The Relay For Life Hopes to see you there!

Order tickets at:
www.relayforlife.org/kickcancersbooty
For more information about Relay For Life visit:

www.relayforlife.org/laketravistx

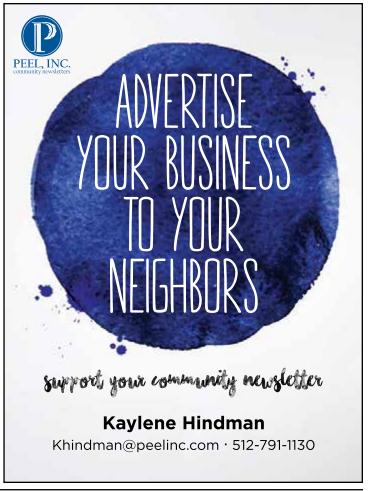
Please LIKE the Facebook page: www.facebook.com/relayforlifeoflaketravis

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Business Section

Lake Travis Chamber of Commerce

The Lake Travis Chamber of Commerce celebrated the community at the 29th Annual Achievement Awards Luncheon. LTISD Superintendent, Dr. Brad Lancaster, was the Master of Ceremonies. He began by asking the audience where the 6th State Championship Star should go on their LT branded flags.

AWARD WINNERS INCLUDED:

Rising Star (Youth or youth group) - PALS (LTISD Mentor program)

Shining Star (Non-Profit) - Partners in Hope, Matt Peacock Volunteer of the Year - Annmarie Hatfield, College Inroads Ambassador of the Year - Rochelle Storin, Your New Neighborhood Unsung Hero - Lt. Adam Griggs, Lake Travis Fire Rescue Citizen of the Year - Bob Stubbs, Gimme's Etc. Young Business of the Year - QualTech Automotive, Billy Leavings Business of the Year - Lexus of Lakeway, Vicki Roberts Chairman's Award - Mark Taylor, CPA



Pictured left to right: Dr. Brad Lancaster accepting on behalf of PALS, Matt Womack, LTCC Chairman of the Board, Billy Leavings, Annmarie Hatfield, Jeremy Self (Past Chair), Lt. Adam Griggs, Rochelle Storin, Mark Taylor, Vicki Roberts and Matt Peacock.

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