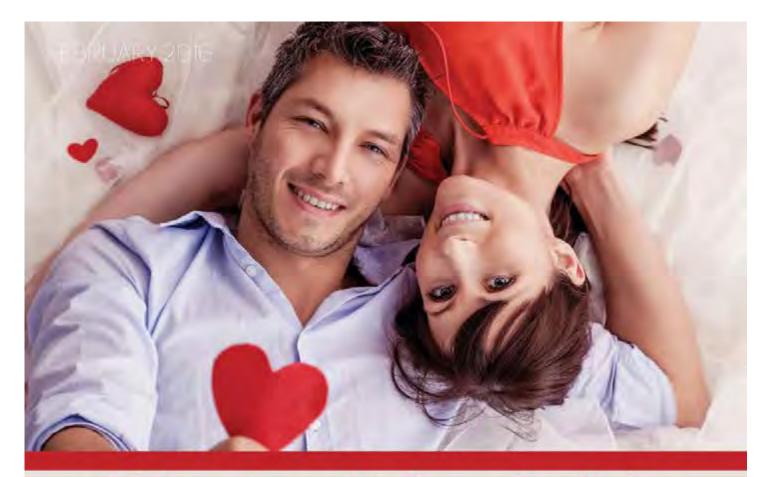
THE RIVER REVIEW

February 2016

Volume 10, Issue 2



NEWS FOR THE RESIDENTS OF RIVER PLACE



Celebrate Your Valentine by Looking Better and Younger Together!

WIVES - BRING IN YOUR HUSBAND FOR THEIR FIRST-TIME BOTOX® TREATMENT!

Husbands get 25 units of Botox® FREE during their first time Botox® treatment and wives get \$10/unit (Reg. \$12) + a FREE Brow Wax.

*In office only. Contact our office for details.

VANQUISH FAT REDUCTION WITH YOUR VALENTINE

Husbands get **\$500 off a "love handle" package** and wives get **\$500 off a thigh package** when purchased together. This method of fat reduction is noninvasive, painless and effective.

LASER HAIR REMOVAL SPECIAL

Start the new year without unwanted body hair with your loved one. Husbands get \$250 off chest or back package and wives get 20% off lower leg package when purchased together.



4300 North Quinlan Park Road, Suite 225 Austin, Texas 78732 (512) 266-0007 | store.atxderm.com

VANDEGRIFT BAND & VISION DANCE COMPANY MULCH FUNDRAISER IS HERE!

We are selling TWO types of premium quality mulch BLACK VELVET MULCH or HARDWOOD MULCH

All mulch comes in 2 cubic feet bags. Credit cards accepted with online orders at vhsband. com or scan QR Code Discount for pallet orders (sizes of 52, 104, 156,...) Minimum order is 5 bags! Get a cash discount by ordering using cash or check from a Band or Vision Dance Company Student! Delivery dates: Friday, April 1st & Saturday, April 2nd You can specify where to stack the mulch in one location in front of the house. Includes FREE DELIVERY to all Vandegrift feeder zip codes: 78726, 78730, 78732, parts of 78641 & 78750.

78/26, 78/30, 78/32, parts of 78641 & 78/50. Unfortunately, we cannot deliver outside of these Zip Codes.



IMPORTANT NUMBERS

EMERGENCY NUMBERS

EMERGENCY	
Fire	
Ambulance	
Sheriff – Non-Emergency	512-974-0845
Hudson Bend Fire and EMS	
Emergencies	512-266-1775
Information	

SCHOOLS

Leander ISD	
Cedar Park High School	
Vandegrift High School	
Four Points Middle School	
River Place Elementary	

UTILITIES

011211120	
River Place MUD	512-246-0498
City of Austin Electric	
Texas Gas Service	
Custom Service	
Emergencies	
Call Before You Dig	
AT&T	
New Service	
Repair	
Billing	
Time Warner Cable	
Customer Service	
Repairs	
IESI (Trash)	
OTHER NUMBERS	
Diver Disco Destal Office	512 245 0720

River Place Postal Office	51	12	2-	34	4:	5-	.9	7	3	9	ļ
---------------------------	----	----	----	----	----	----	----	---	---	---	---

NEWSLETTER PUBLISHER

Peel, Inc	
Article Submissions	riverreview@peelinc.com
Advertising	advertising@peelinc.com

ADVERTISING INFO

Please support the advertisers that make River Review possible. If you are interested in advertising, please contact our sales office at 512-263-9181 or <u>advertising@peelinc.com</u>. The advertising deadline is the 8th of the month prior to the issue.

ARTICLE INFO

The River Review is mailed monthly to all River Place residents. Residents, community groups, churches, etc. are welcome to include information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for the River Review please email it to <u>riverreview@peelinc.com</u>. The deadline is the 15th of the month prior to the issue.

Copyright © 2016 Peel, Inc.

Leander ISD's LEEF Gala



Leander ISD Educational Excellence Foundation (LEEF) held its inaugural gala, Drop the Mic, on Saturday, January 9 at the Westin at the Domain. The

first time gala was a sold out event with over 360 attendees raising over \$100,000 for the education foundation! The seated dinner and live auction event was enjoyed by all but the highlight of the evening's entertainment was an epic lip sync battle courtesy of LISD high school principals + staff. Each high school competed for votes by a panel of celebrity judges (Bob Ballou, Bob Pickett, Olga Campos, and Quan Cosby) to win a cash prize for their high school Project Graduation. The judges had a very difficult time picking winners of the lip-sync battle - because they were ALL so awesome! The

2016 LEEF Lip-Sync Battle Winners: 1st place: \$2,000 for Project Graduation: Rouse High School. 2nd place: \$1,000 for Project Graduation: Vista Ridge High School and 3rd Place: \$500 for Project Graduation: Cedar Park High School, Leander High School. A heavy Vandegrift contingent voted with their applause giving Vandegrift High School the "crowd favorite" award which earned the high school \$500 for Project Graduation.

The event raised over \$100K in one evening for the foundation. These funds will support LISD schools with classroom grants, reading books for children, dual-credit textbooks, AP exams and college coaches.

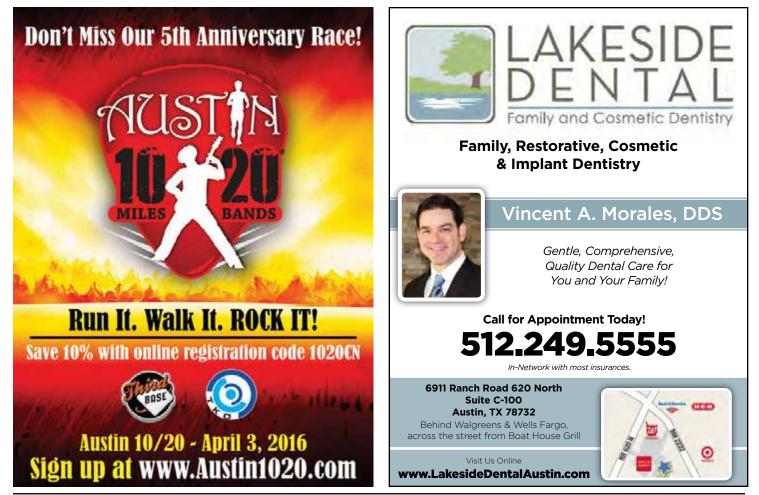
At A Glance:

• LISD is comprised of 40 schools in four cities (Austin, Cedar Park, Leander, Georgetown)

- The district encompasses 200 square miles.
- LEEF programs serve 37,000 students.

About Leander ISD Educational Excellence Foundation (LEEF) The mission of the Leander ISD Educational Excellence Foundation (LEEF) is to provide resources to support innovation,

(Continued on Page 5)



4 River Review - February 2016

Copyright © 2016 Peel, Inc.

(Continued from Page 4)

enrichment, and equity in pursuit of academic excellence within the Leander Independent School District community. LEEF supports its mission through three main program initiatives: foundations for learning focusing on early literacy, enriching great teaching through innovative teaching grants and professional development, and college bound programs to build a college and career-ready culture among all students. LEEF is making a difference in Leander ISD and strives to ensure that every student in LISD has the opportunity to succeed.



9							
2	5		9			6	
		4	3				
8		3				2	
6	1					4	5
	3				7		9
	4			6			
		2					1
		1			5	7	

The goal is to fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Each digit may appear only once in each row, each column, and each 3x3 box.



Copyright © 2016 Peel, Inc.

River Review - February 2016 5



Adoption Collaborative of Central Texas

Interested in adoption for your family? The Adoption Collaborative of Central Texas is made up of organizations that are adoption focused

and committed to raising awareness about the children in our communities that are awaiting families. The collaborative is driven by the mission of sharing the responsibility to strengthen the adoption community and build forever families. You can work with these agencies to become licensed to foster and/or certified to adopt. There are no fees to adopt from the foster care system regardless of which agency you work with. There is only one pool of children, and they are all in care of the state, every licensed agency has the ability to assist in adoption of any foster child in Texas. Child placing agencies are also foster care providers. The first step is to choose a child placing agency to begin your journey.

Learn more about starting the adoption process and the children waiting for forever families at www. heartgallerytexas.com.





This Valentine's...LOVE Your LIPS, LOSE Your LINES & LENGTHEN Your LASHES!

BOTOX® JUVÉDERM® XC Restylane® Silk Chocolate Mousse Facial Full GLAMOUR Set of Lash Extensions Sunspot Removal - IPL - 2 treatments for Spider Vein Removal - 2 treatments for \$9 per unit \$475/syringe \$475/syringe \$65 \$129 \$175 \$179 (choose sclerotherapy or laser)

Call for specials on hair rejuvenation laser & laser hair removal

www.TenderLaserCare.com | 512-249-BODY (2639) Open 7-days a week, late evenings, By Appointment Only



6 River Review - February 2016



By USPTA/PTR Master Professional, Fernando Velasco Owner, Manager and Director of Tennis Grey Rock Tennis Club, Austin, TX

TENN "The Serve"

In previous newsletters, I offered tips on how to hit a forehand groundstroke, a twohanded backhand, one-handed backhand, forehand volley, and the two handed backhand volley. In this issue, I will give you instructions on how to execute the serve, considered as the most important stroke, since the player has complete control of the game at this



time. In these pictures, Adolfo Gonzalez, one of the tennis pros at the Grey Rock Tennis Club, demonstrates the proper form and technique for a right-handed player. For a left-handed player, the instructions will be the opposite hands.

Step 1: Ready Position: The body is sideways with the right hand holding the end of the racket in a forehand grip position and the left hand is holding the ball under the throat of the racket. The left arm is slightly straight and the ball is held with the thumb, index finger and middle finger. This allows for a consistent toss without using the wrist and/or elbow. Feet are a shoulder width apart and the body is in equal balance. For beginners, it is okay to change the grip slightly toward the forehand grip. As the player gets more advanced, the continental grip will be a better one to give more spin on the ball.

Step 2: Back Swing: The left arm comes down and the right arm follows it. It is vital to slow down the motions to allow for both of the arms to have good balance in the front and behind the body. Notice that the hand is in the process of tossing the ball in front of the body and the left wrist is bent down. It is imperative to have a good consistent toss since it will dictate the success or failure of the serve.

Step 3: Point of contact: Once the player is ready to hit the ball, the right arm will force the racket toward the point of contact, while the left hand will come down toward the body. This allows for the "snap" of the wrist to accelerate and bring the ball down. Notice that the point of contact is slightly higher than then center of the racket. Eyes are still focused on the point of the contact and will be ready to look down as soon as the ball leaves the frame. The right hip is extended to allow the body to extend up.

Step 4: Follow Through: The racket speed will extend to the left side of the body. The right foot is coming forward and is pointing toward the net. The trunk is straight and eyes are focused on the direction of the ball. At this point the player will take the split step and will jump either behind the base line to rally with the opponent or will move toward the net to serve and volley.

Look for in the next Newsletter: The Half V0lley



Copyright © 2016 Peel, Inc.

River Review - February 2016 7

Run for a Purpose holds 5th Annual event to fight lung cancer!

Texas-based organization devoted to raising awareness and funds for lung cancer research is yet again, organizing a charity run in Lakeway on Sunday, March 6th.

Run for a Purpose, developed by Rexanna's Foundation for Fighting Lung Cancer and partnered with Lakeway's own Be Healthy Lake Travis non-profit organization, are working together to make this 5K and KidsK event the biggest and best yet. Be Healthy Lake Travis founder, Don Canada Jr., found this event to be of particular importance to this community as Rexanna Hawkins was such an inspiration to many students of the LTISD system. His organization, also being 100% volunteer run with emphasis on total wellness, made the partnership very easy. Run for a Purpose is the only run in the metropolis whose proceeds stay in Texas, either going to scholarships or research at M.D. Anderson Cancer Center in Houston.

Being a volunteer run event, over 90% of funds raised from the race will go to lung cancer research at M.D. Anderson Cancer Center and the Rexanna's Foundation's T.E.A.M. scholarships which benefit high school students who have been personally affected by cancer. Rexanna's Foundation



has raised more than \$250,000 for lung cancer research since its inception in 2006, a groundbreaking amount for a cancer that has been largely overlooked.

This race is about more than raising money. Raising awareness about the disease is a central goal of both foundations. Although lung cancer kills more people than breast, prostate and colon cancers combined, lung cancer receives scant attention or funding *(Continued on Page 9)*



(Continued from Page 8)

for research, which is why events like the Run for a Purpose are so important.

"Lung Cancer is one of the deadliest of cancers, yet even with these staggering statistics, it is the most under researched and underfunded," said Holly Johnson, volunteer race director and an honorary board member of Rexanna's Foundation. "I know when I contribute financially to an event like this, that my money IS going directly to the cause and that I will be, at least in some small way, a reason that lung cancer will be a thing of the past someday." Everyone benefits when they participate in a Run for a Purpose event. Be it, financially, as a participant, as a volunteer, or as a sponsor, we will win this fight with the support of the Lakeway community.

Former Lake Travis Middle School Athletic Director Rexanna Hawkins, 49, died in 2006 – just two months after her diagnosis, having never been a smoker herself. Rexanna's competitive spirit, hope and warm heart impacted everyone she met. It was no surprise that in the two short months of her cancer fight, that she inspired her doctors and friends to become actionable and carry her torch for her, so that a cure maybe found and thus, Rexanna's Foundation for Fighting Lung Cancer was created. Her doctors, Dr. Daniel Karp and Dr. Edward Kim at M.D. Anderson, now serves on the foundation's board.

Run for a Purpose is held in the Rough Hollow subdivision. It is chip timed utilizing dynamic bib technology. The race includes a KidsK (ages 9 and younger) race, which starts at 8 a.m. and a 5K that begins at 8:30 a.m. on Sunday, March 6th at the intersection of Highlands Blvd. and Trophy Drive, near the Lakeway Swim Center. Sign up today for early bird discounts and to guarantee your event t-shirt. Discounts are also given to team formations of 4 or more. Pre and post-race snacks will be provided. Raffle prizes will be given out throughout the event and medals to top finishers in each age bracket. All KidsK participants will get a medal upon competition. Trophies will be given out to top male and female overall winners. Cost is \$25 (price increases after 2/18/16) for the chip-timed 5K and \$10 for the KidsK. For more information and to register, visit www.runforapurpose.com.

Any further questions, comments or info regarding sponsorship can be sent directly to Holly Johnson at hollychris5@hotmail.com.



SEND US YOUR Event Pictures!!

Do you have a picture of an event that you would like to run in this newsletter? Send it to us and we will publish it in the next issue. Email the picture to *riverview@peelinc*. com. Be sure to include the text that you would like to have as the caption. Pictures will appear in color online at www.PEELinc.com.





The River Review is a private publication published by Peel, Inc. It is not sanctioned by any homeowners association or organization, nor is it subject to the approval of any homeowners association or organization, nor is it intended, nor implied to replace any publication that may be published by or on behalf of any homeowners association or organization. At no time will any source be allowed to use the River Review contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from Peel, Inc. The information in the newsletter is exclusively for the private use of Peel, Inc.

DISCLAIMER: Articles and ads in this newsletter express the opinions of their authors and do not necessarily reflect the opinions of Peel, Inc. or its employees. Peel, Inc. is not responsible for the accuracy of any facts stated in articles submitted by others. The publisher also assumes no responsibility for the advertising content with this publication. All warranties and representations made in the advertising content are solely that of the advertiser and any such claims regarding its content should be taken up with the advertiser.

* The publisher assumes no liability with regard to its advertisers for misprints or failure to place advertising in this publication except for the actual cost of such advertising.

* Although every effort is taken to avoid mistakes and/or misprints, the publisher assumes no responsibility for any errors of information or typographical mistakes, except as limited to the cost of advertising as stated above or in the case of misinformation, a printed retraction/correction.

* Under no circumstances shall the publisher be held liable for incidental or consequential damages, inconvenience, loss of business or services, or any other liabilities from failure to publish, or from failure to publish in a timely manner, except as limited to liabilities stated above.

Looking for that dream vacation? I specialize in:

- Individual cruise planning
- Land resort vacations
- Guided vacation tours
- Group trips & destination weddings

Whether it's taking a cruise to Alaska, cruising the Caribbean, taking a European riverboat cruise or choosing all inclusive land resort, I can help you plan. You would be keeping your business local.



"I am a Four Points area resident. I'd love to help you plan your next dream vacation."

Tip of the Month

Alaska is a popular destination for Texas summer travelers. Please contact me to discuss land or cruise vacations.



512-607-6635 · pkaisner@cruiseone.com www.kaisnercruises.com

SEND US YOUR Event Pictures!!

Do you have a picture of an event that you would like to run in this newsletter? Send it to us and we will publish it in

the next issue. Email the picture to riverreview@peelinc.com. Be sure to include the text that you would like to have as the caption. Pictures will appear in color online at www. PEELinc.com.



2605 Buell Ave



512.266.7200

- Friendly Pediatric Trained Staff
- Parents Allowed Back During Treatment
- Board Certified Specialists
- Insurances Accepted
- On Time Appointments
- Before and After School Appointments
- Advanced Soft-tissue Laser Procedures
- Wifi, Games and Movies

Two Convenient Locations

Steiner Ranch 4308 N. Quinlan Park #201 Austin, TX 787<u>32</u> Lakeline 14005 N. HWY 183 #800 Austin, TX 78717

SmileLikeAStar.com

FREE Child's Sonicare

with New Patient Exam and Cleaning

\$56.00 Value

Coupon must be presented at time of exam. For patient's age 3 and older Coupon cannot be combined with any other offer. Expires 4/30/16



PRSRT STD U.S. POSTAGE PAID PEEL, INC.

RV



12 River Review - February 2016

Copyright © 2016 Peel, Inc.