

# THE TALON

March 2016

Official Publication of the Eagle Springs Community Association

Volume 8, Issue 3

## Spring Egg-stravaganza

March 5th 9 am till Noon

Sports Complex, Soccer & Baseball Fields



## SAVE THE DATE: Spring Community Garage Sale

Our biannual community garage sale is April 9th from 8 am-noon. Start getting your unwanted items together now! One person's trash is another person's treasure!

### COMMUNITY CALENDAR

## MARCH

- 2.....Twin Villas HOA Meeting  
7-8:30 / Valley Springs Clubhouse
- 3.....ESCA Board Meeting  
6 pm / Valley Springs Clubhouse
- 5.....Spring Egg-stravaganza  
9 am- noon / Sports Field Complex
- 8.....Book Club  
8 pm / Eagle Springs Clubhouse
- 9.....Fiber and Yarn Club  
7 pm/ Eagle Springs Clubhouse
- 11.....Scrapbook Club  
12 - 10 pm / Eagle Springs Clubhouse
- 12.....Splash Pad and Spray Park Opens  
9 am - 9 pm/ 13555 Valley Springs Parkway
- 15.....Pool Committee Meeting  
7 pm / Valley Springs Clubhouse
- 21.....Sports Field Committee Meeting  
7 pm / Valley Springs Clubhouse
- 22.....Landscape Committee Meeting  
7 pm / Valley Springs Clubhouse
- 23.....Fiber and Yarn Club  
7 pm/ Eagle Springs Clubhouse
- 24 .....Safety Advisory Committee Meeting  
7 pm/ Valley Springs Clubhouse

### ONSITE OFFICE HOURS

Regular hours are in effect starting March 2nd.

Onsite Office hours are

**Mondays 1-6 pm | Wednesdays 3-8 pm**

**Saturdays 9-1 pm**

**The Onsite Office is located at 12520 Will  
Clayton Parkway**

## COMMUNITY CONTACT INFORMATION

### EAGLE SPRINGS COMMUNITY ASSOCIATION

**Board of Directors** .... AsktheBoard@InsideEagleSprings.com  
**Crest Management Co** ..... 281-579-0761  
 Community Manager..... Bill.Higgins@Crest-Management.com  
 Clubhouse Rental..... Help@InsideEagleSprings.com  
 Activities .....Activities@InsideEagleSprings.com  
 Website Administrator..... Help@InsideEagleSprings.com  
 Newsletter ..... Help@InsideEagleSprings.com

### EMERGENCY INFORMATION

**Fire, Medical or Life Threatening Emergency** ..... 9-1-1  
 P-4 Constable Dispatch..... 281-376-3472  
 Humble ISD Police (Schools)..... 281-641-7900  
 Atascocita Volunteer Fire Dept (AVFD)  
     *Non-Emergency Number* ..... 281-852-2181  
 Harris County Animal Control ..... 281-999-3191  
 Texas Poison Control Center ..... 800-222-1222

### UTILITIES

Electric, (multiple providers) ..... www.powertochoose.org  
     *Power Outages* ..... 713-207-7777  
     *Street Light Outages* ..... 713-207-2222  
 Gas, Centerpoint Energy..... 713-659-2111  
     *Gas Leaks* ..... 713-659-2111  
 Water, Severn Trent ..... 281-579-4500  
     *24 Hour Emergency Number* ..... 281-209-2100  
 Humble Post Office..... 281-540-1775  
 Trash & Recycle, Best Trash..... 281-313-2378

### TELEPHONE/TV/INTERNET PROVIDERS:

Centurylink..... 877-290-5458  
 Comcast..... 800-266-2278  
 DISHNetwork ..... 877-903-3813  
 DirecTV..... 888-777-2454

### SCHOOLS

Humble ISD ..... 281-641-1000  
     *Website* ..... www.humble.k12.tx.us  
 Eagle Springs Elementary ..... 281-641-3100  
 Atascocita Springs Elementary..... 281-641-3600  
 Timberwood Middle School..... 281-641-3803  
 Atascocita High School ..... 281-641-7500

### NEWSLETTER PUBLISHER

Peel, Inc. .... 888-687-6444  
 Advertising..... advertising@PEELinc.com

## Did You Know?

Harris County Precinct 4 Constables, who cover our security contract, has an online services page that can answer many of your calls for assistance in the community. Go to <http://www.cd4.hctx.net/services.php> and you will find links for traffic complaints, extra patrol for suspicious activities, and the vacation watch form, which requests patrols of your residence while you are on vacation.

Harris County Precinct 2, who maintains and operates various public parks and community centers throughout Harris County, also maintains the public roads in Eagle Springs. "Curb-to-curb" is the jurisdiction of the county and is not maintained by Eagle Springs Community Association. To report a pothole or other problems in this area, you can click on <http://www.harriscountytexas.gov/servicerequestform/default.aspx?pct2> and request service.

Both of these links can be found on InsideEagleSprings.com in the "Who Do I Call?" tab found under the "HOA Information" fly out tab. Users must be registered to gain full access to the website.

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*We realize you have a choice so we appreciate the opportunity to earn your business. Building clients for life while giving back to the community in order to make a difference!*

## Welcome Spring!!! With the month of March comes many things.

- March Madness – NCAA College Basketball Tournament
- St. Patrick's Day
- First day of Spring
- Easter
- Baseball

*It's also a great time for homeowners to spruce up their homes. A few recommended Spring home maintenance tips offered by our friends at HGTV follow:*

- Check for loose or leaky gutters and clean them out.
- Fill in low areas of your yard with soil. – We don't want to give the mosquitos a place to hang out when the rain comes for spring showers.
- From the ground, take a look at your roof shingles. – You may want to start saving for a new one. I have several vendors that you can contact to get a quote for new roof.
- Check outside hose faucets for freeze damage. – This isn't one that we think about in Texas too often.
- Inspect and clean your lawn equipment. – You want to be ready to be the envy of your neighbors.
- Schedule for your air conditioner to be serviced by a licensed HVAC technician.
- Have plumber check your hot water heaters. Due to the age of the homes, the time may be approaching for hot water heaters to be replaced.

*If you have or know of any 2016 High School Seniors, please have them visit my website rebekahsnipp.com for details on the Rebekah Snipp Scholarship. I will be awarding three (3) \$1,000 scholarships to area high school seniors. You may click on the blog tab at my website for details. The deadline to apply is April 15, 2016. I look forward to receiving and reviewing the Rebekah Snipp Scholarship applications.*

*It's a busy time of year as sellers focus on getting their homes ready to go on the market. Many of you have contacted me about working together. I appreciate the opportunity to meet in person to discuss my proven marketing plan, when you are in the market to sell your home. If a relocation is in your future, be sure to ask for me by name, when you speak with your relocation company contact. My experiences include many years of working with relocation companies.*

*Thank you for your continued trust in me as your area Realtor. I realize you have a choice, and appreciate the opportunity to earn your new and repeat business. Enjoy as all the flowers come into bloom and kids get into full swing with their spring sports season. I look forward to seeing you all out and about and hearing about how spring is shaping up for you.*

Rebekah Snipp

**Rebekah Snipp,**

**Realtor, ABR,**

**Direct: 832-814-6120**

rebekah@rebekahsnipp.com

**Mark Snipp**

**Broker, GRI**

**Direct: 832-859-9113**

Website:

**rebekahsnipp.com**







### Earth Day Tree Sale

April 22nd is Earth Day. To celebrate this day, the Landscape Committee will sell trees on April 30th from 10am to 1pm in conjunction with the recycling event, in the Eagle Springs Sports Complex parking lot. The types of trees being sold are HOA approved for planting in your front and/or backyards. The Landscape Committee will have a giveaway for at least the first 40 trees purchased at the event. For more information about this event visit [insideeaglesprings.com](http://insideeaglesprings.com) as it gets closer for times, types of trees and pricing.

### Spring Egg-Stravaganza is Coming!

On March 5th, from 9 am to noon, bring your family to the soccer fields and Sports Field Complex for our annual Spring Egg-stravaganza! Enjoy egg hunts, with one especially for our “wobbly walkers”, along with games, crafts, bounce houses, rides, concessions, and of course, the Easter Bunny! Just a Brush will be on hand so your little one can paint something fun for a small fee.

Egg hunt times are listed on [InsideEagleSprings.com](http://InsideEagleSprings.com). Please remember that all egg hunts start on time, and we ask that children participate in only one egg hunt. Also, the only animals allowed at community events are service animals. If you or your child would like to volunteer for this event, please email [Activities@InsideEagleSprings.com](mailto:Activities@InsideEagleSprings.com)

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## POOL SEASON IS COMING UP!

As a reminder, to enter the community pools, residents must show a Pool ID card validated for 2016 as well as utilize their electronic access device. Time to dig out those pool cards and know the process.

**Electronic Access Devices:** If you have a key fob or access card that works for the tennis courts or fitness center, this will also work for the pool facilities. These do not expire so if you have one from a prior year it is valid and you will not need a new one. If you have a metal key fob, please bring it to exchange for a new access card at no charge. Only one member of the family needs an access device.

**Pool Cards:** If you have a pool card issued by the community, you must have a sticker showing the year "16." If you received a sticker last year, it may say 15 & 16 which is acceptable. If you have a space at the bottom of the card that says 2016 on which a sticker can be placed, you may validate the existing card. If there is not a remaining space at the bottom or the space at the bottom shows a date of 2016 or earlier, you will need a new card. Each person should have their own pool card or they will count as a guest of the resident with the pool card – with limitations.

Within the next 30 days, information about dates to obtain a new pool card will be available.

### GETTING A NEW CARD?

Everyone getting a card must appear in person

Cost \$5 for each card needed (check and cash only)

Show proof of residency (driver's license or bill showing ES residence) for every adult

Must be in good standing with the HOA (annual fees paid)

Current lease documents should be provided if you do not own the home in ES

### VALIDATING AN EXISTING CARD?

Only one family member needs to be present but must present all cards

No charge for validation

Must be in good standing with the HOA (annual fees paid)

Current lease documents should be shown if you do not own the home in ES

### NEED AN ACCESS CARD?

Only one adult member of the household required

Cost \$10 each (check and cash only)

Show proof of residency (driver's license or bill showing ES residence) for every adult

Must be in good standing with the HOA (annual fees paid)

Current lease documents should be provided if you do not own the home in ES



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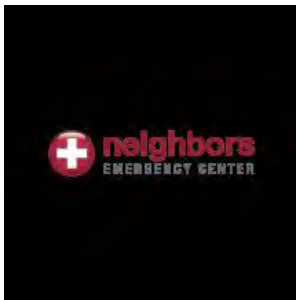
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## New Event in April- Mark your Calendars!



Our family scavenger hunt is on the books for April 23rd at 10 am, beginning in the Sports Complex and Soccer Fields. The event will take about 2 hours and requires a smart phone. Each team will be tasked to do challenges, all with differing point values. The team with the most points will win an exciting prize, valued at \$250, courtesy of Neighbors

Emergency Center!

More information will come in next month's Talon. Registration will be required to get a head count, but this is a free, family-friendly event for everyone! Start planning who will be on your team NOW!

*Thank you Neighbors  
Emergency Center!*

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## Eagle Springs Flyers Swim Team

It's that time of year again!! Our Eagle Springs Flyers swim team seasons is set to begin April 18th. Due to a variety of reasons the Eagle Springs swim team has decided to update two important policies.

1. Swimmers (both new & returning) will be required to swim across the pool in 1:30 unassisted.
2. Swimmers (both new & returning) will be required to float on their back for ten seconds.

These policies are being implemented for the safety of all our children and will be strictly enforced. Children who are unable to meet the criteria by the end of Flyers Rookie Camp week will not be able to practice with the team. We would encourage you to enroll in one of the numerous, quality, swim lesson programs in the area prior to Rookie Camp.

We are looking forward to another fun season!

### DATES TO REMEMBER

- February 1: Online registration opens
- March 21: ESA start up clinic - we highly recommend this for all returning swimmers
- April 16: New swimmers assessment
- April 18-22: Rookie camp
- April 23: Registration closes
- April 25: First day of practice
- May 6-7: Flyers mock meet
- May 14: First Flyers meet

*Register online at [www.eaglespringsflyers.com](http://www.eaglespringsflyers.com)*



# SPRING MAKEOVER

Spring is such a beautiful time of year in Houston. One can't help but feel the refreshing power of this season when flowers are in full bloom. As the sun will certainly shine a little more, we will want to spend more time in the great outdoors. This will lead to "spring cleaning" and the opportunity to give our homes a little makeover.

Whether you're looking to sell your home or just want to make some home improvements, we want to help you get the most out of your hard earned dollar. Below are a few of my personal tips that will be sure to impress:

## Landscaping

The Power of Flowers - Weed free flowerbeds and colorful flowers wins buyers hearts

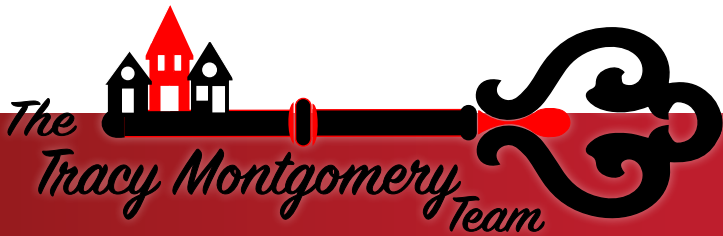
Trimmed lawns, trees, and bushes - Send a positive message to buyers and neighbors; a well-cared for yard represents a well-cared for home.

## Interior

Walls - A fresh coat of paint can do wonders for a home. Conservative/neutral paints are the best option if you are planning on selling and most often give a home an open feeling.

Lighting - With so many low energy options the task of finding bright bulbs that don't give off unnatural lighting is often easier said than done. Most of the large box stores will allow you to take back lights you don't like. Buy a few varieties, find the one you like, and take the rest back. Once you find the right "bright" light you'll find your home to be more cheerful and inviting.

If you're been thinking about selling call the Tracy Montgomery Team before spending any money. Interest rates are incredibly low, homes are in high demand, and buying power for many remains strong. The Tracy Montgomery Team of experienced listing agents will help ensure you get the most out of your home investment.



Tracy Montgomery  
Cell: 713.825.5905

Sandy Brabham  
Cell: 713.503.8110

Lisa Hughes  
Cell: 281.323.5894

Melissa Nelson  
Cell: 832.527.4989



*If you know of someone who would appreciate the level of service my Team provides, please call me with their name and business number. I'll be happy to follow up and take great care of them.*

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## LAKE HOUSTON LADIES CLUB

### MARCH MEETING

Lake Houston Ladies Club will have their meeting and luncheon on Tuesday, March 15, 2016, beginning at 10:00 a.m. at the Walden Country Club, 18100 Walden Forest, Humble TX 77346. Captain Al Bennett, Community Liaison and 18 year member of the Houston Fire Department, will be this month's speaker. He is also a current member of the HFD Haz-Mat team and will be presenting an informative and interesting program on Fire Safety. Lake Houston Ladies Club is a social organization that welcomes new members from all surrounding areas. Several Interest groups are available which include: Reader's Choice, Bridge, Bunco, Lunch and Look, Tea Time, Movie Group, Supper Club, Mah Jongg, and Girl's Night Out. Please join us. New members are always welcome. Reservations need to be made by Friday, March 4, 2016. For luncheon reservations go to: <http://www.lakehoustonladiesclub.com/> For more information about the club call Linda at 832-379-3009.

## ESE PTO MEET AND GREET

Eagle Springs Elementary PTO is hosting a Meet & Greet for parents interested in being on the 2016-2017 PTO Board. This will be held on Wednesday, March 23rd, 9:00 - 11:00 am at the Eagle Springs Clubhouse. Position descriptions and applications are available on the Eagle Springs Elementary website under PTO. We will also have applications available at the Meet & Greet. We look forward to seeing you there!



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# Why acupuncture?

Some people have regular acupuncture maintenance treatments as part of their pursuit to stay healthy and active, others prefer acupuncture to Western medicine because:

1. They have a condition that does not respond to conventional care, so that they have to look for alternative health care options.
  2. Conventional care often involves drugs with undesirable side effects or unwanted, perhaps risky medical procedures.
  3. Western drugs are expensive and when multiple drugs are used at the same time, they could interfere with each other.
  4. Patients prefer a natural, holistic medical approach to healthcare.
- Acupuncture and Traditional Chinese Medicine (TCM) are safe with little side effects, because the herbal ingredients are combined to minimize and counteract the possible side effects. They work together to balance the body and allow the body to heal itself.

Does it Hurt?

Acupuncture needles are very different from clinical, hollow needles used for ordinary injection, vaccinations, etc. Acupuncture needles are not much thicker than a human hair and insertion of an acupuncture needle is practically painless. In some cases, you may not even know the needles are in place, in others, there may be some tingling, warming, heaviness, or a feeling of the Qi moving up and down the channels in your body. Most people find acupuncture extremely relaxing and many fall asleep during the treatment.

What are the main objectives of acupuncture treatment?

The main objectives of an acupuncture treatment can be summarized in five main categories:

1. Relieve pain and other symptoms.
2. Relieve stress and emotional issues.
3. Treat addictions and substance abuse.
4. Strengthen the immune system.
5. Balance, harmonize and integrate functions of organs with each other, making for a unified and healthy person.

Talk to your licensed Acupuncturist about what acupuncture and TCM can do for you. For more information, please visit [www.amaranthacupuncture.com](http://www.amaranthacupuncture.com) or [www.facebook.com/amaranthacupuncture](https://www.facebook.com/amaranthacupuncture).

What does the World Health Organization say about acupuncture?

The World Health Organization (WHO) updated their list of conditions, symptoms or illnesses that may be treatable with acupuncture. The list of indications for acupuncture includes over 100 conditions, including lower back pain, neck pain, sciatica, tennis elbow, knee pain, periarthritis of the shoulder, sprains, facial pain, headache, dental pain, temporomandibular (TMJ) dysfunction, rheumatoid arthritis, induction of labor, correction of malposition of fetus, morning sickness, nausea and vomiting, postoperative pain, stroke, essential hypertension, primary hypotension, renal colic, leucopenia, adverse reactions to radiation or chemotherapy, allergic rhinitis, including hay fever, biliary colic, depression, acute epigastralgia, peptic ulcer, acute and chronic gastritis, etc.

Talk to your licensed Acupuncturist about what acupuncture and TCM can do for you.



# Zika Virus

Zika virus is transmitted by Aedes mosquitoes and there is no specific treatment or vaccine currently available. The best way to avoid getting the virus is to avoid being bitten by infected mosquitoes. About 20% of people with Zika virus actually get ill. Severe disease, requiring hospitalization, is uncommon and death due to the virus is rare.

The incubation period of Zika virus is thought to be a few days to a week, but is still unknown. Symptoms include fever, skin rash, conjunctivitis, muscle and joint pain, and headache. Symptoms tend to be mild and last from 2-7 days. Zika virus can be contracted through the bite of an infected mosquito, through blood transfusions, through sexual contact, and from mother to child during pregnancy.

The mosquitoes that are able to transmit Zika virus are also able to transmit dengue and Chikungunya viruses. These mosquitoes are daytime biters, but can also bite at night. Aedes mosquitoes lay their eggs in standing water- buckets, tires, tree holes, animal water dishes, etc.

To protect yourself from mosquito bites, wear light-colored clothing that covers as much skin as possible, use insect repellent (read and follow label instructions), use screening on doors and windows, use mosquito netting (if needed) while sleeping, and reduce standing water areas.

For more information on Zika virus, please see the CDC website here <http://www.cdc.gov/zika/index.html>

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at [www.urban-ipm.blogspot.com](http://www.urban-ipm.blogspot.com)

*The information given herein is for educational purposes only. Reference to commercial products or trade names is made with the understanding that no discrimination is intended and no endorsement by Texas AgriLife Extension Service or the Texas AgriLife Research is implied.*

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# Are you a Cheap, Thrifty or Frugal?

Webster's.com says: "Cheap = stingy or miserly." Example...do you water down hydrogen peroxide to make it go farther? Do your own dental work? Time yourself when opening the fridge? You might be frugal if you save leftover bars of soap in a jar with water to make your own soft soap. (OK. I'll confess to trying this one, but with dismal success.) "Frugal = not wasteful and careful." The word "thrifty" sounds even better than "frugal" and has a tremendously positive definition. Noted at Webster's.com as Thrifty = "Successful, wisely economical". As you hunt and experience the thrill of shopping at a resale/thrift stores, think to yourself "I am thrifty! I am successful! I am wisely economical" and laugh all the way to the bank. At times in my life, I have been all three.

The perception of thrift stores several years ago was that many smelled like old socks and Fritos. What you can expect to find in most of today's shops are cheerful, eager volunteers or staff, a daily change of inventory, clean fitting rooms, thrifty pricing, lots of used coffee mugs, and stores offering sales.

Some of the items I have found at local stores are. New Prada scarf~~\$1.00, Fossil Leather purse new with tag~~\$3.00, New Suede Pants with bead embellishments ~~\$7.99 and Whoohoo!, they sported a new \$230 tag. Genuine Brighton purses and shoes have been purchased too.

I have been shopping thrift for years and have developed the following:

Ten Successful and Wisely Economical Thrift Store Tips to save time AND money:

- Always take donations to drop off if you are planning to bring some things home. Simultaneously bring out and bring in and always clean up your clutter. Make a detailed list for taxes.
- Find a thrift store by your home, visit frequently and check out store websites for sale calendars. Inventory changes daily.
- Have a list when you go in to the store. The clothing in most thrift stores is sorted by color not size. Don't become overwhelmed. If it was super quick to find a deal, wouldn't everyone be doing it?
- Don't buy clothing if it doesn't fit. This is a frugal thing to do. Are

you really going to lose 5-10 pounds?

- Wear bike shorts and slip on shoes for quick changes.
- Look outside the box. You'll need to shop when people are cleaning out their closets and not when retail stores would typically have sales. Shop June through September for long underwear and seek out Hawaiian Shirts in November. Housewares, baby items, toys and furniture are good finds at any month. I feel the best time to shop is second or third week of June, and second or third week of January when de-cluttering typically occurs.
- Buy essential wardrobe pieces
- Black turtle neck sweater
- Hawaiian shirt
- Purses
- Jackets, Scour through tons of women's dress and denim jackets.
- Pants that fit. Seek moderate sportswear labels if you are a label snob. Chicos, Liz Claiborne, Banana Republic can be found at \$7.99 vs \$60.00.
- Silk Black Tank Top~~easy to find after Christmas.
- Western Shirt. We ARE in Texas. Someone is always having a party or Go Western Day in February/March Look for shirts in April- Summer.
- Ties. Find a good funeral tie or ripe, ugly tie for about \$2.00 instead of \$20++.
- Try to find someone in the aisle to brag about what you have found, but to avoid spreading the word about your thrift store gold mines, just call it a "boutique near your home" when talking to friends.
- Play right. Don't take more than the recommended items in the dressing rooms and put back what you don't want.
- Take everything to a \$1.75 cleaners on the same day. This feels like you have been shopping retail. Be "frugal" and buy many clothes that are machine washable, but find yourself a "good, but cheap" dry cleaners.

The National Thrift Shop Day will be August 21st. Yes, it even has its own "day", but I personally think every day is a great thrift store day~~Good luck.



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**FACT:**

85% of core brain structure is developed by age four.



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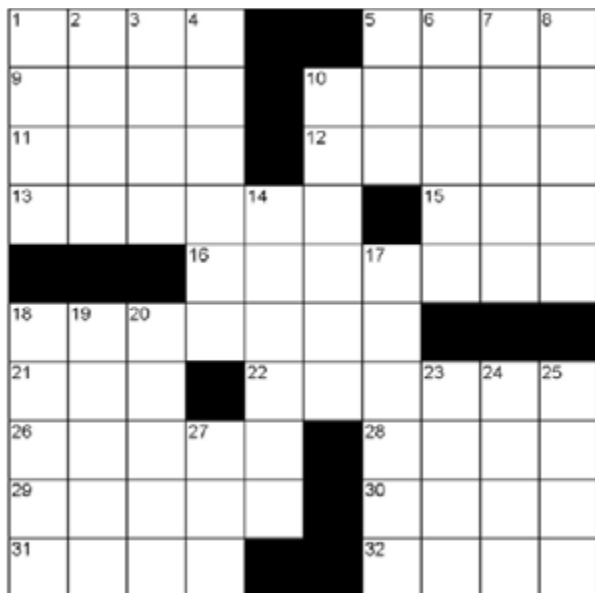
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## CROSSWORD PUZZLE



### ACROSS

1. Part of doorway
5. Baby
9. Seaweed substance
10. Transparent gem
11. Defeat
12. Blend
13. Suck up
15. Electroencephalograph (abbr.)
16. French composer Claude
18. Artifacts found in rocks
21. Rend
22. Elite
26. Reorient
28. Canal
29. Meal listings
30. Opp. of ill
31. Adam's garden
32. Hawk

### DOWN

1. Indonesian island
2. Elderly
3. Welcome rugs
4. Sulks
5. TV lawyer Matlock
6. Sign of the zodiac
7. Computer memory units
8. Lamenting poem
10. What a gum chewer blows
14. Ruled over
17. "\_\_\_ and World Report"
18. Border
19. Lubricated
20. Chine
23. Elm
24. Small brook
25. Holler
27. Bullet shooter

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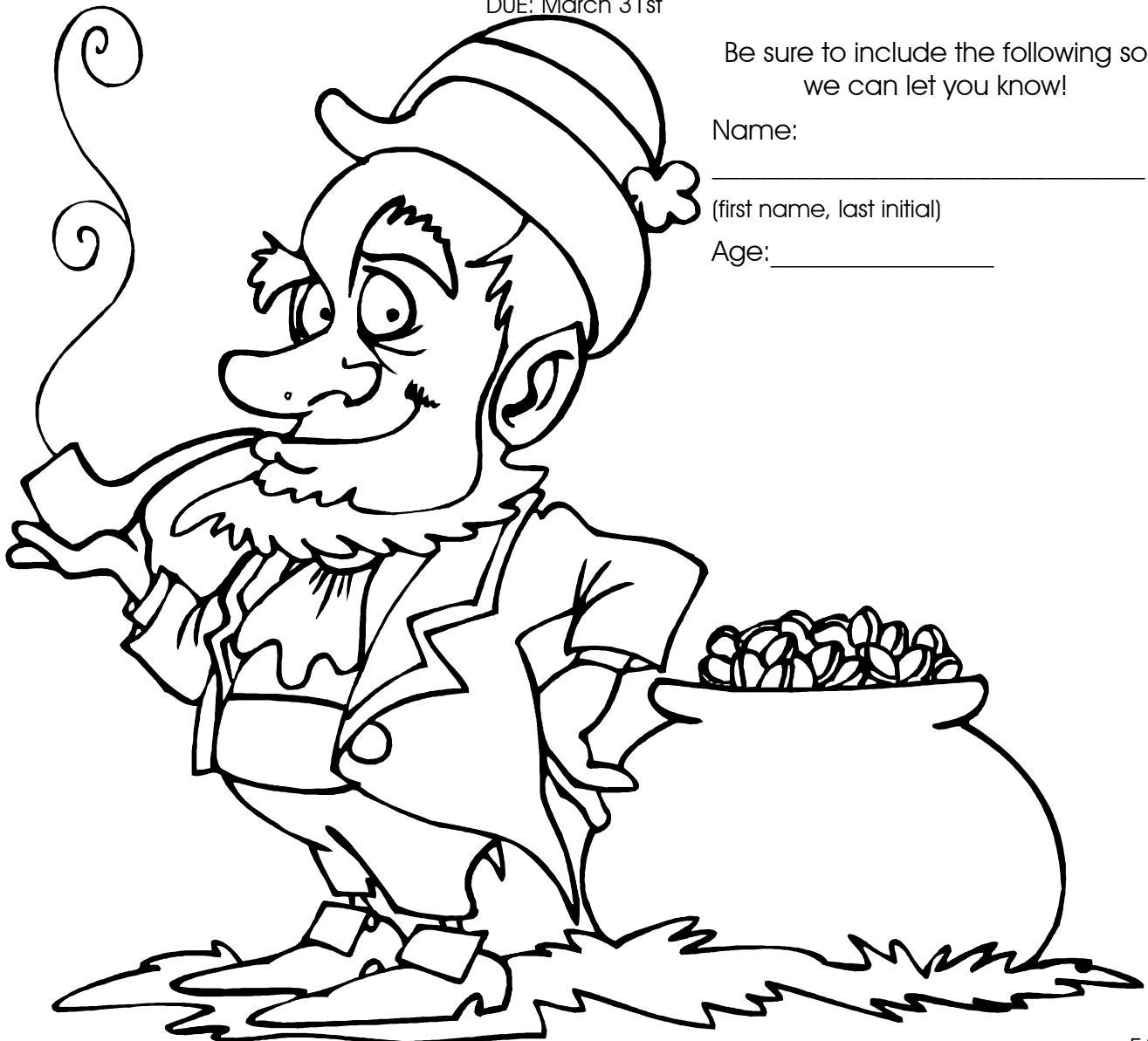
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(first name, last initial)

Age: \_\_\_\_\_



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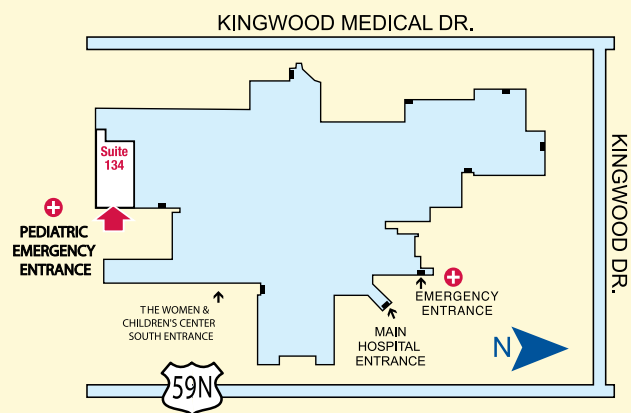


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