

MARCH 2016

Official Publication of Legends Ranch Property Owners Association VOL 10, ISSUE 3

Save the Date Saturday, March 19

Spring Community Event

Easter Egg Hunt, Train Rides, Bounce House & Family Fun

Save the Nate Saturday, April 9

7am-Noon Spring Community Garage Sale

@ LEGENDS RANCH, 2801 LEGENDS RANCH DR. SPRING, TX 77386

OPEN TO THE PUBLIC-See Public Facebook Event to Invite People

Legends Ranch Events

EVENT DATES

March 19, Sat.: Easter Egg Hunt - Spring Community Event for Residents - Watch for flyers to advertise and as details unfold, Social Committee members will post on our unofficial Facebook Group (for Residents Only) at: www.facebook.com/groups/ LegendsRanch *Attend March 6, Sun., 7pm Social Committee Meeting or contact: LRsocialcommittee@gmail.com

April 9, Sat., 7a.m.-12pm: Legends Ranch - Spring Community Garage Sale - Open to the Public. To be included on the Garage Sale Map, email Robert at rmaze52@att.net with your Last Name, Address, & short list summarizing items you plan to sell.

THANKS FOR YOUR HELP IN CONTRIBUTING TO OUR TREE-LINED STREETS & PARKING SAFETY

Please trim your property's trees, and remove tree stakes, especially the trees located between the streets and the sidewalks. It will ensure appropriate clearance for pedestrians and strollers using the sidewalks and cars traveling down the street, and will assist with safety, as well as contribute to our community looking good.

With the busy time of visitors or extra house guests over Spring & Summer Breaks, we are asking that you be mindful when parking in the streets. The governing documents state that vehicles can be parked on the street if the driveway is full and only during daylight hours. Please do not block driveways or park to where it makes it difficult for others to get out of their driveways. Thanks for your help in contributing to upholding POA Regulations, Safety and overall neighborhood curb appeal. Reference: Deed Restriction 3:13, Lot & Improvement Maintenance.

IMPORTANT NUMBERS

Property Tax

Montgomery County Tax	
Conroe ISD	
Montgomery MUD #89	

Your Community Homeowners Association

RealManage	
Legends Ranch Clubhouse	
Legends Ranch SplashPad	
Gate Attendant Office	

Police & Fire

Emergency	
Montgomery Sheriff	
Pct. 3 Constable Office	281-364-4211
S. Montgomery Co. Fire Dept. Non-Emergency.	281-363-3473
Montgomery County EMS Non-Emergency	936-441-6243
Crime Stoppers	713-222-TIPS
Poison Control	800-222-1222
Texas DPS	713-681-1761

Utilities

Electricity (TXU)	800-368-1398
Electricity (TXU New Service)	281-441-3928
Electricity (Centerpoint)	713-207-2222
Gas (Centerpoint)	713-659-2111
Water/Municipal Oper. & Consulting	281-367-5511
Canyon Gate Connect	281-296-9584
Best Trash	281-313-2378
Street Light Outages	713-207-2222
Cable/Internet/PhoneCOMCAST	

Public Services

Local US Post Office	
Toll Road EZ Tag	
Voters Registration	936-539-7843
Vehicle Registration	
Drivers License Information	936-442-2810
Montgomery County Animal Control	936-442-7738
Montgomery Chamber	281-367-5777

Area Hospitals

Inca Hospitais	
Memorial Hermann	
St. Luke's	
Conroe Medical Center	
Conroe ISD	
Birnham Woods Elementary	
Cox Intermediate	
York Junior High	
Oak Ridge High	
Private/Parochial	
First Baptist Church	
Sacred Heart Catholic Church	
St. Edward Catholic	
St. James Episcopal Day	936-756-4984

BOARD & MANAGEMENT CO

Onsite Manager

Cathy Winfield.....legranch@ciramail.com

Management Co.: Real Manage

Customer	Service		66)473-2573
		service@rea	lmanage.com

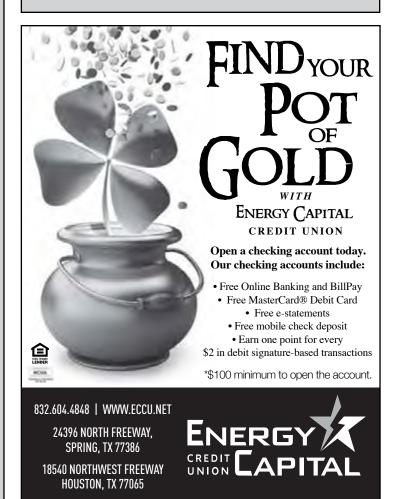
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2 Legends Ranch Property Owners Association Newsletter - March 2016

POA OF LEGENDS RANCH MEETING OF THE BOARD OF **DIRECTORS - LAST MONTH'S AGENDA**

Agenda for the Open Session of the Property Owners Association of Legends Ranch Meeting of the Board of Directors held February 24, 2016 at the Clubhouse. Stay tuned for the date the last week of March to be confirmed; generally held on the last Tuesday of each month, unless otherwise notified. All Board meetings are open to members with some exceptions during developer control & for matters discussed in executive session.

- 1. Establish of Quorum and Call to Order
- 2. Adoption of Agenda for Open Session
- 3. Consideration of Minutes of the Previous Open Meeting January 26, 2016
- 4. Financial Report
- 5a. December 2015 Managing Agent
- 5. Proposals (Managing Agent)
- 5a. Brickman
- I. New landscaping for front entrance and clubhouse
- II. Irrigation repairs for February 2015
- III. Removal of trees at the splash pad area
- IV. Removal of trees around Lake #2
- V. Add trees to the front entrance
- 5b. D & C Contracting
- I. Paint wrought iron fencing on Lake #1 behind clubhouse

- II. Install fence gate at back of green space on Riverstone Springs III. Brick wall repairs (various locations)
- 5c. Gates In Motion
- I. Install red/green stop light for Lane #2 at front entrance
- 5d. Expand pool fencing at clubhouse
- 5e. Paint new markings at certain intersections in community
- 5f. Paint swing sets at clubhouse and splash pad play area
- 5g. Brick walls inside the community

I. Cap the walls

- II. Pressure wash the walls
- 6. Contracts None
- 7. Additional Business
- 7a. Notice about new fining policies
- 7b. Maintenance person for community
- 8. Committee Updates
- 8a. Drill Site
- 8b. Social
- 8c. Traffic Safety
- 9. Scheduling of Next Board Meeting
- 10. Adjournment
- 11. Homeowner Forum (due to time restraints, limited to (3) minutes
- per person)

PRIMARY CARE. WHERE YOU GO MAKES A DIFFERENCE.





Shilpa Vaidya, MD Internal Medicine

6704 Sterling Ridge Drive, Suite A The Woodlands, TX 77385



Hardeep "Debbie" Bal, DO Sabari Sundarraj, MD Family Medicine

Family Medicine



SCHEDULE

TODAY!

Pheba Zachariah, DO, MPH Family Medicine

7105 FM 2920 Road Spring, TX 77379

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LEGENDS RANCH

Host a Student from another Country for a mutually rewarding, unique experience!

A FEW EXAMPLE STUDENTS, FOR AN ACADEMIC YEAR UNLESS OTHERWISE NOTED, INCLUDE:

Thaksaporn, age 15, Thailand, she enjoys Badminton, Basketball, Violin, Books/Comics.

Isabel, age 15, Spain, she enjoys Swimming, Surfing, Skiing, Traveling, Music/Theater.

Marcela, age 15, Brazil, she enjoys Gymnastics, Jazz Dance, Sailing, Books, Television shows.

Melanie, Age 15, China (German citizen), she enjoys Snowboarding, Swim/Dive, Tennis, Sing.

Maider, age 15, Spain, she enjoys Zumba, Reading, Music, Accordion, Guitar.

Irene Maria, age 15, Spain, she enjoys Volleyball, Traveling, Beach. *gluten-free diet

Ruby, age 15, Australia, she enjoys Cheerleading. *semester Lasse, age 15, Germany, he enjoys Scuba Diving, Swimming, Music, Friends.*semester

Ho Yin, age 15, Hong Kong, she enjoys Volunteering, Music, Badminton, Basketball, Running.

Bodil, age 15, Denmark, she enjoys Soccer, Athletics, Baking, Theater, being creative.

Marie, 16, Czech Republic, she enjoys Yoga, Cooking, Languages, Reading.

Tenna, age 16, Denmark, she enjoys Scouts, Running, Piano, Reading, Games.

- Mirko, age 16, Italy, he enjoys Cooking, Soccer, Gaming.*bleeding disorder/meds. if maj.trauma
- Linn, age 16, Sweden, she enjoys .Volleyball, Reading, Movies/TV/Gaming, Friends.*cat allergy

Elina, age 17, Finland, she enjoys Photography, Shopping, Soccer, Dance, Swim.*cat allergy

Oto, Age 17, Slovakia, he enjoys Soccer--would enjoy playing while here, Travel, Music.

Ruohong, age 17, China, she enjoys Gardening, Cooking, Sports, Travel, Draw, Piano, Sing.

Serianne, age 17, Norway, she enjoys Baton Twirling, Music, Reading, Fitness.

Josefin, age 17, Sweden, she enjoys Dance, Cheerleading, Soccer, Singing, Piano.

William, age 17, France, he enjoys Movies, Skiing, Traveling, Friends.

Vilgot, age 18, Sweden, he enjoys Sports, Running, Weights, Guitar, Choir, Reading.

Victor, age 18, Sweden, he enjoys Computers, Motorcycles.

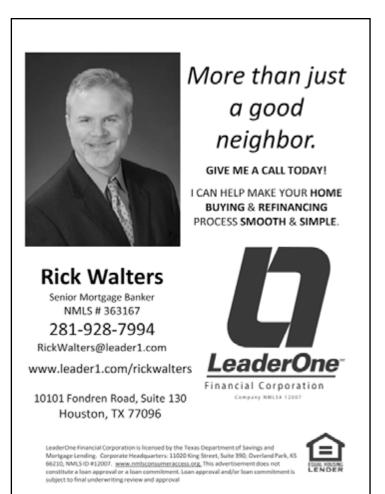
Why host? When you choose to be a Volunteer Host Family and welcome a foreign exchange student into your home, you will have the chance to establish a wonderful life-long friendship, while

making a difference in a student's life. Opening your doors and your heart allows host families to learn first-hand about a foreign country from the perspective of an exchange student who has grown up there. They share in the evolving process of bringing the world closer through cross-cultural sharing and friendship. Most of all, they gain a new family member for a lifetime.

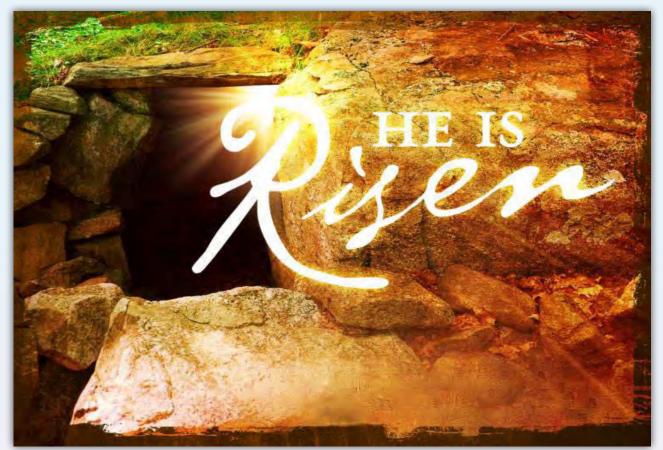
Cost involved? Students have their own spending money, cover their own personal expenses, and have full health insurance. Volunteer host families are asked to provide the student with meals and room and board during his or her stay in America.

You will not receive compensation as a volunteer host family; however, the Department of State does appreciate your dedication to international exchange. Host families can claim \$50 per month tax deduction for each month they host, or can claim a flat tax deduction, for the applicable tax year.

To learn more about becoming a Host Family Volunteer for a semester or a full academic year or in the future, please email your Local Coordinator to inquire: StudentExchangeCoordinator@gmail.com. More info at: www.ICESUSA.org



DISCOVER THE JOY OF BELONGING





MARCH 25TH FRIDAY WORSHIP AT 7PM

MARCH 26TH SATURDAY BIG EGG HUNT 5PM

MARCH 27TH SUNDAY WORSHIP 9:30 & 11AM SUNDAY EGG HUNTS 10:30AM & 12PM

2930 RAYFORD ROAD 281.363.4500 WWW.DISCOVERGATEWAY.COM

<u>Legends Ranch</u> GARDENING TIPS FOR MARCH

Well Spring is finally here and the work begins! So get your gloves and sharpen your shovel, and the work begins. Spring fertilization of the lawn is the first thing on everyone's mind. There is no exact date to fertilize your lawn. Because our weather patterns change from year to year, Spring may start in early March one year and late March the next. A good rule of thumb is to fertilize your lawn when you see your grass about 50% green. This means that your grass is actively growing and the grass will use the nutrients to the maximum effect.

This is the time of year that you can use a fertilizer with a high Nitrogen content. Our temperatures are mild and we normally have enough rainfall to keep fertilizer from burning our lawns. If you use a "Weed & Feed", know what herbicide is in the bag you buy. The two popular herbicides are "Atrazine" and "Trimec". Read the instructions on application as they are applied differently.

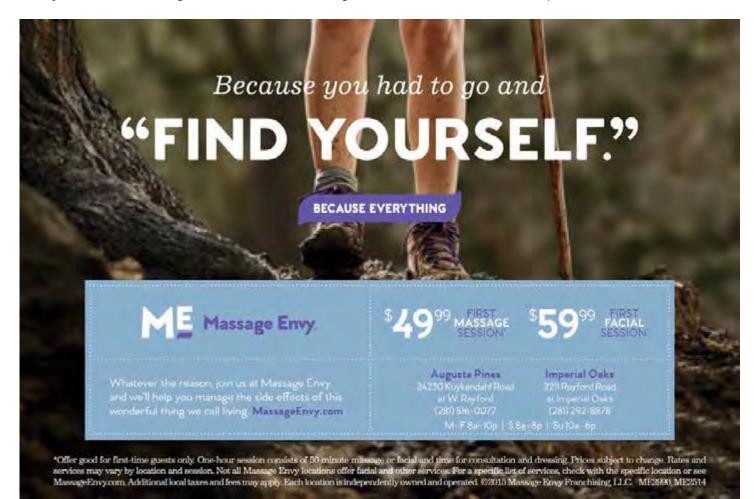
Early March is the time to treat your lawn for sedges. Nutsedge (Nut Grass) and Kylinga are the most common. Nutsedge killers should be applied when the weed is about 4 inches tall and temperatures at least 65 degrees and no more than 80 degrees.

Do not apply in temperatures above 80 degrees as these herbicides can damage you lawn at higher temperatures. The nurseries are gearing up for the spring rush and plants will be arriving almost daily from the growers. Try something different this year! Use tropical as annual plants, plant ornamental grass in a container.

Speaking of ornamental grasses, these plants give structure, height and movement to your flower beds. Two of the more popular grasses are "Purple Fountain Grass" and "Maiden Grass". There are many more in a wide variety of heights and variegation.

Note for last month of February too: If you like to start your own seeds indoors, most seeds should be started by the middle of the month. Be sure and check the package for speed of germination to see when it should be started and how to sow the seed. Many of you have existing weeds in your lawn. Many herbicides will not activate in the colder temperature. There are some herbicides that contain an additional ingredient to cause the chemicals to activate at temperatures as low as 43 degrees. One such product is "WeedBeater Ultra".

If you have any questions, stop by and see me at Lone Star Ace Hardware or contact meat troy@lonestarace.com.



Why Acupuncture?

By: Yunguang Yang (Lily), Licensed Acupuncturist & Herbalist, MAOM, Dipl. O.M. (NCCAOM)

Some people have regular acupuncture maintenance treatments as part of their pursuit to stay healthy and active, others prefer acupuncture to Western medicine because:

1. They have a condition that does not respond to conventional care, so that they have to look for alternative health care options.

2. Conventional care often involves drugs with undesirable side effects or unwanted, perhaps risky medical procedures.

3. Western drugs are expensive and when multiple drugs are used at the same time, they could interfere with each other.

4. Patients prefer a natural, holistic medical approach to healthcare.

Acupuncture and Traditional Chinese Medicine (TCM) are safe with little side effects, because the herbal ingredients are combined to minimize and counteract the possible side effects. They work together to balance the body and allow the body to heal itself.

DOES IT HURT?

Acupuncture needles are very different from clinical, hollow needles used for ordinary injection, vaccinations, etc. Acupuncture needles are not much thicker than a human hair and insertion of an acupuncture needle is practically painless. In some cases, you may not even know the needles are in place, in others, there may be some tingling, warming, heaviness, or a feeling of the Qi moving up and down the channels in your body. Most people find acupuncture extremely relaxing and many fall asleep during the treatment.

WHAT ARE THE MAIN OBJECTIVES OF ACUPUNCTURE TREATMENT?

The main objectives of an acupuncture treatment can be summarized in five main categories:

- 1. Relieve pain and other symptoms.
- 2. Relieve stress and emotional issues.
- 3. Treat addictions and substance abuse.
- 4. Strengthen the immune system.

5. Balance, harmonize and integrate functions of organs with each other, making for a unified and healthy person.

Talk to your licensed Acupuncturist about what acupuncture and TCM can do for you. For more information, please visit www.amaranthacupuncture.com or www.facebook.com/ amaranthacupuncture.

(Continued on Page 8)



LEGENDS RANCH

(Continued from Page 7)

WHAT DOES THE WORLD HEALTH ORGANIZATION SAY ABOUT ACUPUNCTURE?

The World Health Organization (WHO) updated their list of conditions, symptoms or illnesses that may be treatable with acupuncture. The list of indications for acupuncture includes over 100 conditions, including lower back pain, neck pain, sciatica, tennis elbow, knee pain, periarthritis of the shoulder, sprains, facial pain, headache, dental pain, tempromandibular (TMJ) dysfunction, rheumatoid arthritis, induction of labor, correction of malposition of fetus, morning sickness, nausea and vomiting, postoperative pain, stroke, essential hypertension, primary hypotension, renal colic, leucopenia, adverse reactions to radiation or chemotherapy, allergic rhinitis, including hay fever, billary colic, depression, acute epigastralgis, peptic ulcer, acute and chronic gastritis, etc.

Talk to your licensed Acupuncturist about what acupuncture and TCM can do for you.

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TIPS FOR SAFE NIGHTTIME DRIVING

Driving at night can be tricky—especially through neighborhoods or dimly lit landscapes—so it's important to keep in mind a few basic guidelines to make sure you and your vehicle both are well-prepared for the trip. Consider the following suggestions to help get you to your destination safely.

Ensure headlights are aimed properly. If you think your headlights are casting light too far above or below your line of vision on the road, you may need to adjust their aim. You can do this either by following instructions in your vehicle owner's manual or seeking help from a vehicle maintenance professional.

Dim dashboard lights. Most vehicle makes and models come with a dimmer for the instrument panel. Make sure it's set to the lowest brightness to limit distraction. Also remember to turn off overhead or visor lights while driving, which also can limit visibility at night.

Don't wear tinted glasses. Yellow lenses sold to enhance nighttime driving could actually decrease visibility instead of amplify colors and objects. If you wear prescription lenses, opt for an anti-reflective coating, and clean them thoroughly and frequently to optimize effectiveness at night.

Learn how to spot animals and objects. While driving at night, be on the lookout for wildlife creatures' eyes, which can easily be spotted as pairs of glowing retinas. Any animals' eyes—like raccoons or deer—typically will reflect the light from your headlights long before their true shapes come into view. **Don't focus on headlights in oncoming traffic.** Keep your eyes on the road in front of you and avoid looking into the headlights of oncoming traffic—especially if you notice a car using the high-beam headlight setting. If the headlights on the car behind you cause a glare in your rearview mirror, adjust the mirror.

Clean your windshield. Use a clean microfiber cloth or newspaper to clean the windshield—inside and out. Make sure the windshield is streak- and smudge-free before driving at night, and try to avoid wiping window condensation with your hands. Fingerprints and oils from your skin can cause streaks that limit visibility in the dark.

Know when to use your fog lights. Many vehicles come equipped with fog lights, which typically are located underneath the front headlights and are aimed low, where fog usually appears on the road. Fog lights also can be useful on a particularly dark road to further illuminate your path.

Adjust your exterior mirrors. Pointing your side-view mirrors down slightly can help reduce glare from other drivers' headlights and still allow you to see by tipping your head forward a few inches.

Have your eyes checked. Your eyes' ability to keep moving and scan the landscape rather than solely focus on one spot is imperative for successful nighttime driving. Visit your eye doctor for regular checkups to determine whether prescription lenses could help you see better at night.



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Legends Ranch Property Owners Association Newsletter - March 2016 9

LEGENDS RANCH

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