



Newsletter for the Residents of Lakeway

# Lakeway VOICE

Volume 8, Issue 3  
March 2016

GREATER LAKEWAY • ROUGH HOLLOW • THE HILLS • BELLA MONTAGNA • RIDGE AT ALTA VISTA • THE PRESERVE • FLINTROCK FALLS



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## ADVERTISING INFO

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## ARTICLE INFO

The Lakeway Voice is mailed monthly to all Lakeway residents. Residents, community groups, churches, etc. are welcome to include information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for The Lakeway Voice please email it to [lakeway@peelinc.com](mailto:lakeway@peelinc.com). The deadline is the 15th of the month prior to the issue.



## IMPORTANT NUMBERS

### EMERGENCY NUMBERS

EMERGENCY .....	911
Fire.....	911
Ambulance.....	911
Police Department .....	512-314-7590
Sheriff – Non-Emergency.....	512-974-0845
Travis County ESD No.6/Lake Travis Fire Rescue	
Administration Office.....	512-266-2533
Travis County Animal Control.....	512-972-6060

### SCHOOLS

Lake Travis ISD.....	512-533-6000
Lake Travis High School.....	512-533-6100
Lake Travis Middle School.....	512-533-6200
Lake Travis Elementary.....	512-533-6300
Hudson Bend Middle School .....	512-533-6400
Lake Pointe Elementary.....	512-533-6500
Lakeway Elementary .....	512-533-6350
Serene Hills Elementary .....	512-533-7400
Bee Cave Elementary.....	512-533-6250
West Cypress Elementary .....	512-533-7500

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Lakeway MUD .....	512-261-6222
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Austin/Travis County Hazardous Waste .....	512-974-4343

### OTHER NUMBERS

Lakeway Regional Medical Center.....	512-571-5000
Lake Travis Community Library.....	512-263-2885
Lake Travis Postal Office.....	512-263-2458
Lakeway City Hall.....	512-314-7500
City of Lakeway .....	<a href="http://www.lakeway-tx.gov">www.lakeway-tx.gov</a>

### NEWSLETTER PUBLISHER

Peel, Inc. ....	512-263-9181
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# Around Lakeway

## SERVICE LEAGUE OF GREATER LAKEWAY HOLDS VOLUNTEER 'THANK YOU' BRUNCH

The Service League of Greater Lakeway held their annual meeting and brunch at the Lakeway Activity Center on February 2, to thank and recognize volunteers and install new board members. Forty of seventy-eight volunteers attended.

The Service League was formed in 1988 as a non-profit organization. Volunteers are community neighbors who give their time to provide transportation to medical appointments as well as operating a vast lending closet of health aids, such as wheelchairs, walkers, knee scooters and crutches, which are delivered to clients in need. The organization also offers handyman services for simple chores such as changing light bulbs, air condition filters or assistance that does not require a professional. All services are provided free of charge to adults, in Lakeway and The Hills, whom are unable to manage these activities on their own.

At the annual meeting Lakeway Mayor Joe Bain welcomed the volunteers and thanked them for their many hours of service. League president Todd Buikema noted that in 2015 the volunteers provided

256 rides, answered 7 handyman calls and Tom McKeever and Jim Hord, co-managers of the equipment loan program, delivered 179 pieces of equipment. The Lakeway Civic Corporation was thanked for paying for the organization's telephone service and Prosperity Bank was recognized for providing an office for volunteers to take calls; the office is open Monday through Friday from 9 to 11 a.m. Tom Siddons was thanked for his continued provision of storage space for the medical equipment.

Outgoing board members Barbara McCreary, Linda Wiles and Charles Edwards were recognized and thanked and the group welcomed new board members Joan Astorino, Kathy Ennis and Tom Seidenstricker. Along with President Buikema, Sheryn Asher, Priscilla Bangs, Ken Crosthwait, Tom

McKeever and Peggy Point round out the 2016 board.

The Service League, a 501(c)(3) organization, relies solely on volunteers and donations to provide services to the community. Anyone interested in getting involved can call the office at 512-261-3514 or email to: [serviceleagueofgreaterlakeway@gmail.com](mailto:serviceleagueofgreaterlakeway@gmail.com).



# NEW

life  
hope  
beginning  
today  
tomorrow  
possibilities

10 AM Easter Sunday Worship  
Serene Hills Elementary School  
Followed by an Easter Egg Hunt!  
[ecclaketravis.org](http://ecclaketravis.org) | 512-695-2803

# The Lakeway Players Perform Spring Show

Returning favorites and new (to the Lakeway Players) actors will take to the Lakeway Activity Center stage this spring to delight audiences with a comedy by Flip Kobler and Cindy Marcus entitled "Ghost of a Chance" delightfully directed by Lakeway's own Linda Dobbs.

Bethany (played by new comer Alle Bird) is bright, strong, independent, and beautiful and has zero self-esteem. She has brought her fiancée, Floyd, (Cole Sheffner in his premier Lakeway role) and his mother, Verna (the ever popular Annette Brown), up to her cabin in the woods, the site of the hunting accident that killed Chance (returning actor Marc Carlson), her first husband. Much to her consternation, he or rather, his ghost is still there. Only Bethany can see him, so Floyd and Verna think she is crazy as she frantically tries to get rid of, well, it seems to them nobody. Chance, meanwhile, is doing everything he can to prevent Bethany from marrying Floyd, and selling "his" house to Adam Lucas (Lakeway's consistent actor, Bill Walker). Bethany even brings in a delightfully kooky psychic (played by veteran actress Linda Bradshaw) to help deal with the ghost of Chance.

Show dates are March 31st, April 1st, and April 2nd and tickets will go on sale February 29th for the public at the Lakeway Activity Center, 105 Cross Creek, and Lakeway, TX. Call 512-261-1010 for tickets, and as usual, seating will be at tables of 10 to allow you to bring lots of friends to complete your special evening out. Tickets are \$20.00 each, and that includes soft drinks and snacks. The doors open at 6:30, with the show starting at 7:30, and don't forget, you can bring your own food and any kind of beverage (adult beverages allowed) you desire. See you at the show!



## Tim Whitten

Board Certified Family Law Attorney

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# Around Lakeway

## Lakeway Blood Drive

For several years, Lakeway resident Searcy Willis, and Darryl Zovadny, the owner of the local Chick-fil-A franchise, have partnered in the success of quarterly blood drives. Searcy manages all the logistics of the donors, maintains the records, and actively encourages people to give blood at our event, which is held approximately every eight weeks. Darryl generously donates a coupon for an item at Chick-Fil-A, and together they are an awesome team!

Searcy has served on LCC Board and in 2015 he was given their "Meritorious Service" award. The Lakeway Community Blood drive originated in 2007 as a community service project for the Greater Lakeway Residents' Association. Searcy had been the blood driver coordinator for the Westlake Hills Presbyterian Church for five years. He approached the City of Lakeway and the Blood Center of Central Texas to request their support for having blood drives at the Lakeway Activity Center. Upon receiving their endorsement, Searcy contacted the major churches and local clubs to recruit volunteers to work the sign-in table and canteen.

The first Blood Drive was held on September 8, 2007, with 71 donors who supplied 61 units of whole blood. Since the first drive, we have collected over 3500 units of blood with over 600 participants, or an average of 70 donations per drive. The largest turnout was January 21, 2012 when 94 residents made donations to a campaign for a young man in our community who was being treated for leukemia.

We received our first award from the Blood Center in 2009 for being the top Community Blood Drive in the 10 county service area. We received this award again in 2010, 2011, and 2012. In 2013, this award was discontinued. The success of our Blood Drives is due to the many donors who regularly donate blood and the many faithful donors who can no longer give blood due to medical reasons.

There will be a Blood Drive at the Lakeway Activity Center starting at 8am on March 19, May 14, July 23, September 24, and Nov 19th.



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## Austin Bella Corda guitar ensemble to perform in Lakeway

The City of Lakeway Arts Committee will present a free concert featuring the Austin Bella Corda Guitar Ensemble from 4-5 p.m. March 13 at Lakeway Activity Center, 105 Cross Creek.

This pre-college guitar ensemble of students from the Central Texas area plays music from medieval times to the current popular composers and performs on tours throughout the United States and Germany. Their YouTube videos have garnered more than 350,000 viewings.

Austin Bella Corda members are Aytahn Benavi, Maxwell Dodge, Elyce Garcia, Simon Krauskopf, Aaron Mink, Kabir Motwani, Ben Parrish, and Elle Smith. The director is Kevin Taylor.

The Austin American-Statesman praised the group, writing "The music is fun and original, and the students play it to the hilt." Jason Boyd of Et Cetera Magazine wrote of their performance, "Amazing – they blew me away! The kids had an emotional sensibility way beyond their years."

The ensemble is sponsored by the Young Performing Artist Program, which assists targeted pre-college guitarists in their education and development. It is a special project of Greater Austin Creative Alliance, a 501(c)3 organization and is funded totally by voluntary donations.

For information, call Lakeway Activity Center at 512-261-1010.



*Youth guitar ensemble Austin Bella Corda will perform a free concert March 13 at Lakeway Activity Center.*



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## Lakeway's Big Band Bash picks up the pace with March dance

The Lakeway Big Band Bash continues to please heading into its fourth year and its next dance on March 14.

Doors open at 7:30 p.m. at Lakeway Activity Center, 105 Cross Creek, with the dance going from 8-10 p.m.

Kent Dugan's 17-piece Republic of Texas Big Band, plus Lakeway singers David Cummings and Lisa Clark, keep the joint jumping with music mostly from the Sinatra era. Although there are many good dancers, the dance floor is large enough to accommodate those who are just getting into ballroom dancing.

The City of Lakeway Arts Committee hosts the event the second Monday of every month.

"If you've been wishing that there would be a good clean place to go out at night with great live music, this is the place to be," Lakeway Arts Committee Chairman Fred Newton said.

There is no admission fee, but donations to the band are encouraged. Bring your own refreshments, as none are provided.

For information, call 512-261-1010.



Partners in Hope is a Lake Travis community ministry that connects people who desire physical, emotional, and spiritual help with people who will help.

*If you fall into either of these categories,  
we want to meet you!*



Visit us at [www.partnersinhopelaketraavis.org](http://www.partnersinhopelaketraavis.org)



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# Around Lakeway

## Lakeway/Hills Solos Activities March 2016

**Wednesday March 2:** Lunch Bunch at Flintrock Country Club. Meet at 11 at LAC. Contact Mary Ann Moore

**Friday, March 7,** Bunco, LAC from 2-5. Contact Carol Jones to join.

**Monday, March 7,** iPhones and Ipads class for beginners and seniors at LAC. 12-2. Call LAC for reservations. Free for members of LAC

**Monday March 7:** Mah Jong. LAC from 2 to 5 pm. Then dinner afterward, location TBD. NO carpool. Contact Mary Ann Griesman.

**Friday, March 11,** All Member Social and Dinner at LAC. St. Patrick's Day party, Irish dinner and 2016 officer installation. Contact Marilyn Galloway. Reservations in by March 3. \$18 for dinner please send to Sandy Blakeway. More details by email.

**Friday March 18:** Game Night for Bridge & Dominoes at LAC 7pm. NO carpool. To eat first at Pao's 5:15 pm., contact Marie Rush OR to eat at Mimi's (Galleria) at 5:00 pm., contact Phyllis Ligon.

**Thursday, March 24,** Special Activities, Bowl and Bites at High Five 4-7 p.m. Contact Linda Wiles or Marilyn Galloway

**Wednesday March 30:** Dining out at Blue Dahlia in Westlake. Depart from LAC at 5 pm. Contact Pam Murray.

**Save The Date:** Solos Bingo at LAC 2nd Friday 2-5 April through September.

*Reminder: Any Solo needing a hug, card, call, or prayer call Caring Chair, Cynthia Jobling. For Member information call Membership Chair Ram Matta 512.767.0466*




## 18th Annual Wilderness Run & Walk

**SATURDAY APRIL 16, 2016 AT 9:00AM  
HAMILTON GREENBELT I IN LAKEWAY, TEXAS**

Looking for a unique and active way to spend a morning in Lakeway? Join members of the Friends of the Parks of Lakeway and other outdoor enthusiasts for a 3 or 5 mile run or walk on Saturday, April 16 at 9:00AM at the Hamilton Greenbelt across from the Justice Center. This FREE community event will take you through the heart of Lakeway's trail system. The course winds along canyon walls and high cliffs, across fern covered creeks, and through tall native tree forests. There will be a DJ providing music, refreshments available at the start/finish areas and at various locations along the course. Immediately following the event, there will be an award presentation for the top male and female finishers in various youth and adult divisions.



Register online by visiting [www.lakewayfop.org](http://www.lakewayfop.org) or by picking up an application at the Lakeway Activity Center or at the registration boxes at the entrances to City Park, The Canyonlands, Hamilton Greenbelt I and Hamilton Greenbelt II.. You can also register on Race Day between 8:00 AM-8:45AM with option of purchasing a commemorative T-Shirt for \$15.00. This is a great opportunity for runners and walkers, as well as families with children in strollers and dogs on leashes, to enjoy an outing in the greenbelt and meet other outdoor enthusiast. All donations and proceeds from The Wilderness Run will go towards improving and beautifying Lakeway's parks and greenbelts. Don't miss this Lake Travis community event!

For more information regarding the Wilderness Run , how you can volunteer or to become a sponsor, please contact Co-Chair Sheryl Kelly at 512 997 8880 or visit our website [www.lakewayfop.org/](http://www.lakewayfop.org/). Hope to see you there!



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# LAKEWAY SING ALONG PRESENTS "MY GENERATION"

Celebrating their 16th anniversary of entertaining audiences in the Lake Travis area, Lakeway Sing Along will present their annual Spring Show, "My Generation," Thursday through Saturday, April 28, 29 and 30th, at the Lakeway Activity Center. Staying a little closer to home after last year's "It's a Small World" performance, this singing and performing group of local music lovers will be focusing this year on music made popular during the "Baby Boomer" era.

"For all of us growing up," says Show Director Ernie Clay, "our lives paralleled and interacted with a soundtrack of music that today brings back memories of the many experiences and events that influenced who we were and who we became. The end of World War II signaled the beginning of this era, but think how different that time – and that music – was from the late sixties with Woodstock and "Flower Power". Our chorus will be navigating those years with some of the songs that defined the mood, issues and struggles of the times, because "The Times, They Were a'Changin'."

As always, there will be some fun numbers, exotic costumes and the very talented Sing Along Show Band. The three performances of "My Generation" are dinner shows with tables of ten available. Doors

open at 6 PM with dinner served at 6:30. BYOB, of course. Dinner entertainment will feature the always popular Lohman's Crossing Band each night. The trip down memory lane starts at 8 PM. Tickets are \$30, but early reservations are a must - these shows sell out fast.

Tickets go on sale at the Lakeway Activity Center, 105 Cross Creek, in Lakeway on March 24 for Activity Center members; April 11 for all others. Call the Activity Center at 512-261-1010 for further information and be sure to check out our video at <https://youtu.be/6h1jYwehUbg>.



*Sing Along Chorus finale Spring Show 2014*

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# Around Lakeway



## Serene Hills Elementary **Carnival on the Hill**

April 15th 2016 4:00 - 8:00 pm

**Live Music-Rides-Games-  
Food-Silent Auction**

3301 Serene Hills Dr.

### SUDOKU

View answers online at [www.peelinc.com](http://www.peelinc.com)

	5		9					
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7		1		2				
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	3	9					5	2
					1			
2		4	7				9	
9	6							
					8	2		5

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The goal is to fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Each digit may appear only once in each row, each column, and each 3x3 box.

# NOW ENROLLING

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Austin, TX 78746  
512.329.6633

[childrenscenterofaustin.com](http://childrenscenterofaustin.com)







**Come have fun with the *CAVALETTES*  
at the *Jr. Dance Clinic* on Saturday, April 16<sup>th</sup>!  
Perform a Dance at the *Spring Show* Friday,  
April 29<sup>th</sup>**

**When:** Saturday, April 16, 2016

**Time:** 1:00 pm - 4:00 pm (Check-in begins at 12:45 pm)

**Where:** LTHS Annex Gyms 3 and 4

(Entrance southeast of the Performing Arts Center)

**Ages:** Kindergarten – 5th Grade

**Price:** \$45.00 in advance (\$50.00 at the door)

Includes clinic, snacks, tee & performance at the Cavalette Spring Show  
on April 29<sup>th</sup>

**MAIL YOUR PAYMENT AND RESERVATION FORM TO: LT  
CAVALETTE BOOSTER CLUB**

**Attn: Jr. Cavalette Spring Clinic, 900 RR 620 S. Suite C101, Box 108,  
Lakeway, TX 78734**

**OR REGISTER ONLINE before noon on April 15<sup>th</sup> at**

<https://cavalettespringclinic2016.eventbrite.com>

**If you have any questions, please contact Abigail Payne at [paynea@ltisdschools.org](mailto:paynea@ltisdschools.org)**

-----  
Child's Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Campus: \_\_\_\_\_

Parent's/Guardian's Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Medical Release:** I hereby give permission for the adult sponsors of this event to seek emergency medical attention for my child. I understand that every effort will be made to contact me before seeking medical attention.

\*\*\*Please list any severe food allergies your child has: \_\_\_\_\_

(Staff cannot administer medications. In the event of a severe allergic reaction, certified personnel will assist with the child's prescribed EPI auto injector.)

**Physician's Name:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Parent's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Tee Shirt Size for Dancer:** \_\_\_\_YS \_\_\_\_YM \_\_\_\_YL \_\_\_\_AS \_\_\_\_AM \_\_\_\_AL

Would you like to Pre-Order a **Junior Dance bouquet** for your dancer the night of Spring Show?

\$10 (payable at Clinic) \_\_\_\_Yes \_\_\_\_No

Will your child be performing at the Spring Show on Friday, April 29<sup>th</sup>? \_\_\_\_Yes \_\_\_\_No

## Lakeway Lakers Swim Team

The Lakeway Lakers swim team is busy getting ready for another great season of summer swimming! Our team focuses on stroke development and individual improvement, making new friends, and learning how to swim and compete in a fun and recreational season. Our Head Coach this summer is Janet Risser, a certified coach with over 30 years of experience coaching kids and adults of all levels.

Registration for the Lakeway Lakers summer swim team will be done online and will open to returning members on March 28 and to new members starting April 4. Registration continues until we reach our enrollment cap. We usually fill our spots quickly so be sure to register early!

Practices begin after school starting on May 2 and continue weekdays until school ends on June 2. Then we switch to weekday morning practices until June 24. All practices are at the Lakeway Swim Center, in the heated competition pool. We will compete in seven swim meets at the Lakeway Swim Center and other local pools on Saturday mornings during our season.

All swimmers are welcome to join the team; there is no residency or pool membership requirement. The minimum qualifications include being at least 5 years old and not older than 17 years old as of May 1, 2016, the ability to swim one lap (25 yards) of elementary freestyle, and ready to participate on a team. If you are uncertain about your child's swimming abilities, please schedule a tryout before registering for swim team. Tryouts will be held on April 4-6 in the afternoons at the Lakeway Swim Center. Tryouts are highly recommended for swimmers who are new to swim team. The registration fee is \$210 per swimmer, and this includes everything except the team swimsuit.

Running a swim team is a community effort and all families on the team are needed to work at least four swim meets or to help in other areas related to team operations. If you are new to the sport of swimming, we will help you find the right job.

You can learn more about our team at [www.lakewaylakers.org](http://www.lakewaylakers.org). If you have any questions about summer swim team, or need to schedule a tryout, please contact us at [admin@lakewaylakers.org](mailto:admin@lakewaylakers.org).

## FOOD TRUCK MONDAYS



### REVIVAL

13308 TX-71 Bee Cave  
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5-8 PM  
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# Jan-Feb Press Release The Hills Of Lakeway Ladies Golf Nine Holers

## RESULTS FOR INDIVIDUAL PLAY AT YAUPON ON JANUARY 20TH

### Flight One

1st - Gaye Wormington - 36  
2nd - Mary Land - 37  
3rd - Cheryl Whaling - 39

### Flight Two

1st - Diana Hall - 38  
2nd - Beverly Burmeier - 39  
3rd - Carol George - 41

### Flight Three

1st - Carol Augustine - 41  
2nd - Dorothy Boddeker - 41 3rd - Joyce Johnson - 42

**Other Results:** 50 & Under: Mary Land - 50; 55 & Under:  
Gaye Wormington - 52; Birdies: Gaye Wormington - Hole # 3;  
Chip-INS: Gaye Wormington - Hole #3.  
Low-Putts: Deane Willis- 14 putts ; Mary Land- 17 putts ;  
Sandra McCullough- 17 putts.

**MODIFIED FLORIDA SCRAMBLE SCHEDULED FOR JANUARY  
27TH WAS CANCELLED DUE TO COLD WEATHER.**

## FEBRUARY 3RD -YAUPON -ACE OF THE MONTH FEBRUARY ACE OF THE MONTH - BEVERLY BURMEIER

### Flight One

1st - Mary Land - 37  
2nd - Cheryl Whaling - 37  
3rd - Dean Willis - 39

### Flight Two

1st - Pat Zepp - 38  
2nd - Martha Macaninch - 41  
3rd - Carol Augustine - 43

### Flight Three

1st - Nancy Gregor - 40  
2nd - Laurie Hockenberry - 46 3rd - Joyce Johnson - 49

## FEBRUARY 10TH SWEETHEART SCRAMBLE

1st - Cheryl Whaling & Pat Zepp  
2nd - Robbie Riley & Carol Augustine  
3rd - Pam Smith & Pat Long

**Other Results:** Low Putts: 16 Mary Land, Melissa Rice, Karen  
Vaughan, Robbie Riley, Diana Hall  
Chip Ins: Ann Smith #11

*Since the beginning of this year we have welcomed four new members:  
Trish Amigh, Gaytha Braun, Els Buckingham, and Cindy Settles.*

*Members welcome!! Contact Rosemary Kinman, Membership  
Chairman [rosemary.kinman@gmail.com](mailto:rosemary.kinman@gmail.com)*

*Patricia Zepp, Public Relations*

# Lakeway Ladies 18 Hole Golf Association

**JANUARY 6TH - ACE OF THE MONTH AT LIVE OAK  
CONGRATULATIONS, ACE OF THE MONTH, SANDY NEES - 69**

### Flight One

1st Place Tie: Sue Combs - 71  
1st Place Tie: Paula Crawley - 71

### Flight Two

1st - Karina Williams - 73  
2nd - Marsha Kish - 74

**Chip Ins: Sue Combs #8 and #12, Paula Crawley #11;  
Patti Lasswell #8  
Low Putts: Paula Carwley - 27**

**January 13th - Blue vs. Gold Team Competition at Yaupon  
Winners: The Gold Team - Crawley, Pageau, Lasswell,  
Hohner, Combs, Williams, Tomlinson, Donohue, Shoemaker,  
Huskinson, Monzingo, Reid  
Chip-Ins: Paula Crawley #9  
Birdies: Sandy Nees #7; Lesa Wilson #7  
Low Putts: Paula Crawley - 29**

## JANUARY 20TH - LOW GROSS-LOW NET AT LIVE OAK

### Flight One

Low Gross - Kathy Skinner - 89 Low Gross - Sue Combs - 98  
Low Net - Sarah Hohner - 74 Low Net - Sharon Rogers - 70

### Flight Two

### Flight Three

Low Gross - Jane Froeschle - 106  
Low Net - Karla Castriotta - 75

**Chip Ins: Cici Ely #7; Karla Castriotta #17; Karina  
Williams #4  
Sue Combs #8 & #14; Lynda Meyer #7  
Birdies: Beverly Reid #15  
Low Putts: Lynda Mayer - 27**

*Submitted By: Marsha Kish, LLGA Publicity Chair*



## Community Outreach at The Heart of Relay For Life of Lake Travis

The Relay For Life of Lake Travis had a record breaking year in 2015, raising over \$98,000 for The American Cancer Society. In 2014, the event raised a mere \$15,000, which frustrated the current Event Chair, Cathleen McBurney. "I walked in my first Relay For Life on May 2nd, 2014, exactly one year from the date of my stage IV diagnosis," says McBurney, "and I couldn't believe how small the event was in such a giving community." That led McBurney to ask the question, "How can I help?" And the rest is history...

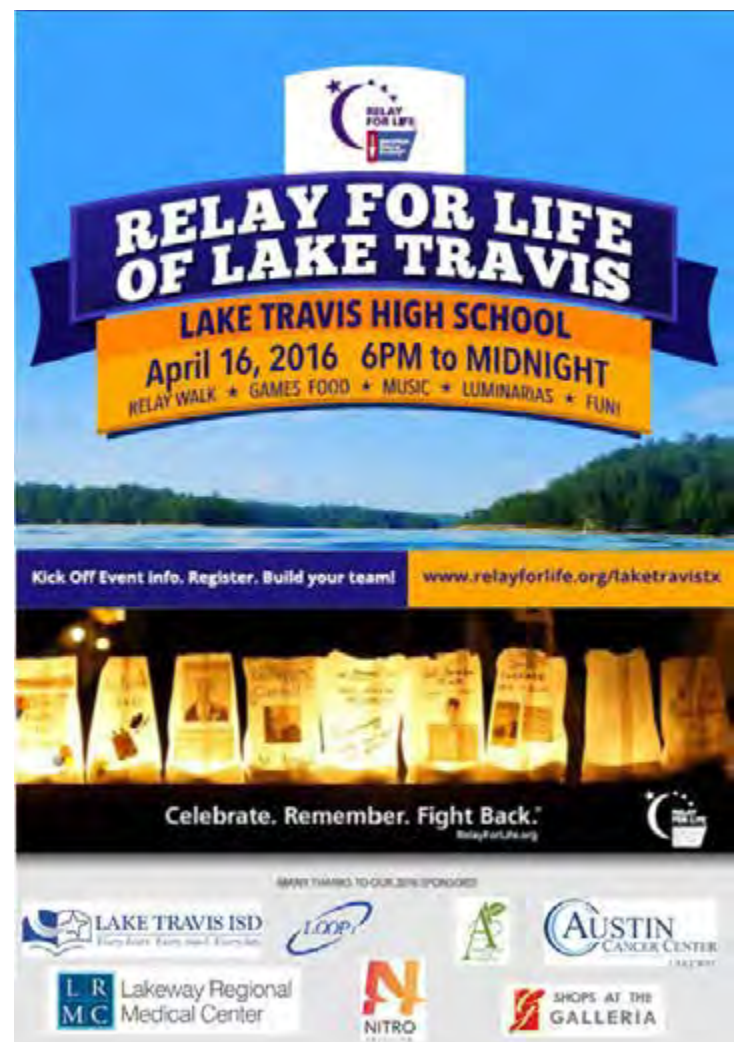
After taking over the event, the committee reached out to the community that was largely unaware that Relay For Life even existed in the Lake Travis area anymore. A relationship was reestablished with LTISD, who jumped on board and the event was moved back to the High School where it belongs. Suzanne Stone and Brandy Belk have been instrumental in helping to get district wide support. The Cavalettes, LT Cheer and the Drum Line all participated in last year's event, really bringing the school and community together for the cause. The Cavalettes and Cheer teams have already signed up to perform again this year, along with HBMS Pom Squad, to cheer on the survivors as they walk the opening Survivor Lap.

The Cavs Against Cancer Club was formed at LTHS as well, which helps to spread awareness and to increase school involvement in Relay For Life. Just last week the Cavs Against Cancer Club, led by LTHS teacher Paul Knepper and club president Sydney Gaskamp, held a fundraiser in which they sold luminaria bags to honor survivors, and to remember the brave warriors who lost their battle to this terrible disease. Along with the Boys Varsity basketball team, they hosted a halftime luminaria ceremony in honor of World Cancer Day. Several people thanked the club for the ceremony and shared about their own battles as a result.

Growing the event also meant finding new and creative ways to get people excited and to raise funds. As a result, the Kick Cancer's Booty event was birthed and after a successful first year in 2015, the 2016 event was even bigger and better, raising over \$13,000. Held at Twisted X Brewing Company last month, there was an amazing array of over 100 silent auction items donated by local businesses that really helped to bring in big dollars for the cause. Managed by Fionnuala Stockton, the silent auction was brilliantly coordinated and staged with the help of Laurie Cavins, Gina Molitor and Sonia Mussiott. Attendees were served a delectable assortment of donated food from It's All Good BBQ, Verdes, Papa Murphy's, Sauzy's, Rough Hollow Grille and Chick Fil A. The music of The Back Steps and Joe Greer and The Backrow Sinners, kept the crowd dancing until the last moment.

Survivors are a key component to Relay For Life, which really seeks to honor them and their caregivers both during and prior to the event. Last year's Survivor/Caregiver dinner at Star Hill Ranch was such a success, that they will be hosting one again this year as well. On April 7th, 2016, you can bet that there will be much to celebrate as survivors are treated with silver gloves. If you are a cancer survivor or caregiver, please register for Relay For Life of Lake Travis to receive a special invitation to this event. [www.relayforlife.org/laketravistx](http://www.relayforlife.org/laketravistx) The Survivor Lap and Luminaria ceremony at Relay For Life are also important tributes to the survivors in our lives.

Relay For Life of Lake Travis will host it's main event on 4/16/16 at Lake Travis High School. Form teams and start fundraising now! Help us to reach our goal of \$150,000.





# RETIRE BETTER WHAT DO YOU WANT?

WITH JOSH STIVERS

This month, I want to take a bit of a detour from our usual conversation about investments, taxes, and estate planning, and ask you a simple question - **What do you want?**

Often, we spend so much time focusing on the specific needs of our life that we can lose focus of the things matter most to us. When it comes to financial planning, most discussions surround rates or return, income planning, and taxes, but there are questions we have found to be fundamentally more important than these specific details. Ask yourself the 3 questions below and be honest with your answers.

## **What do you want out of life?**

I know the answer to this question changes dramatically over time, but it should always be the lens through which we make important decisions. In conversations with clients over the years, I have found the answer to this question to be the primary driver in the direction our investment planning conversations take. If you are not clear on where you are going, then how do you know if you are on the right path?

## **What do you want out of your finances?**

Money is nothing more than a tool to help you live out the answer to the question above. Once you answer the first question, it is much easier to determine how you want your finances to serve you. Many people are looking for financial

freedom. How are you currently positioning your assets to help you feel more free?

## **What do you want out of your relationships?**

It has been said that no man is an island. This is especially true in the world of proper estate and investment planning. Most people have at least 3-5 financially focused relationships. The most common include their attorney, accountant, realtor, investment broker, and banker. I cannot stress enough the importance that all of these advisors be on the same page. Many people are missing a vital relationship. I like to refer to this relationship as the financial architect (or quarterback for the sports enthusiasts out there).

As your life progresses and fundamentally changes and transitions over time, having a trusted advisor to help manage the different financial relationships makes a tremendous impact in your overall success. Most professionals focus solely on their unique skill set, and this is what we want them to do. I would encourage you to begin a relationship with an advisor that can coordinate the different aspects of your financial life with these different professionals.

If you would like further information on this topic or to receive a copy of our report on retirement investment planning, please send your requests to the email below. As always, we are here to answer your pressing questions and concerns regarding retirement investment planning.

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# News You Can Use

## THE BRAIN & BODY HEALTH INSTITUTE IN LAKEWAY ANNOUNCES STUDY FOR ENHANCING MEMORY AND COGNITION AFTER REPEATED CONCUSSIONS

The Brain & Body Health Institute, P.A., (“BBHI”), together with the Brain & Body Health Foundation, a non-profit organization for promoting brain health and education, is proud to announce a new treatment trial aimed to enhance memory and other cognitive functions in individuals with symptoms related to a history of concussions. This study, sponsored, in part, by LearningRx and Posit Science, leaders in the cognitive-training industry, will study combinations of three approaches to improve brain function and quality of life for military veterans and retired NFL players.

More than 1.7 million people in the U.S. sustain a concussion, otherwise known as mild traumatic brain injuries (“mTBI”), every year. mTBI has also been referred to as a military “signature wound”; up to 20% of service members are affected. Cumulative effects of concussions may pose long-term consequences, including increased risk of dementia at a younger age. A recent estimate suggests NFL players have >10-fold higher risk of dementia by 55 years of age, and a 35x higher risk by 65 years of age vs. the general population. The recent discovery of chronic traumatic encephalopathy (CTE), brain pathology seen at autopsy in retired athletes with cognitive impairments, has galvanized the critical need for prevention, resilience, and interventions to combat this long-term threat.

The Lakeway initiative will examine for improvements in memory, concentration, focus, mood and quality of life from four weeks of intensive outpatient “brain and body training.” Combinations of neuroscience-based brain training exercises and social interaction and support will be compared between three treatment groups.

This work, based in Lakeway, will expand upon a separate treatment trial for traumatic brain injury (“TBI”) in active-duty servicepersons at Fort Hood, Texas. The Fort Hood study, sponsored by a Congressionally Directed Medical Research Program Department of Defense TBI Award, is led by partnering principal investigators, Dr. Robert Van Boven of BBHI and Dr. John Gabrieli, Professor,

Department of Brain and Cognitive Sciences, Massachusetts Institute of Technology.

The public is invited to a kick-off event to honor and support these heroes with music and refreshments. One of the featured speakers is Eric Hipple, retired NFL quarterback legend, Outreach Specialist for the Eisenhower Center and national speaker for advocacy of military veterans and former NFL players.

***Kick-off reception: Monday, March 7, 2016  
from 12 p.m. until 1:30 p.m.  
Lakeway Activity Center, 105 Cross Creek,  
Lakeway, Texas 78734***





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# Lake Travis Library News

## Lake Travis Library Celebrates Three Year Anniversary



### Carol Sikes



Local artist and author Carole McIntosh Sikes will exhibit original oil paintings at the Lake Travis Community Library during the month of March with all proceeds to be donated to the library. Sikes, an Austin native, was the first woman to receive a masters degree in painting and print making from the University of Texas. On Sunday, March 6th from 1:30pm to 3pm, everyone is welcome to attend an art reception. Also a talented writer, Sikes will discuss and sign copies of her book Hudson Bend and the Birth of Lake Travis on Saturday, March 19th at 2pm.

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# Business Section

## LAKEWAY MEN'S BREAKFAST CLUB

### PROGRAM SCHEDULE MARCH 2016

#### March 2, 2016

Michael Endl, UT Professor  
Earth like Planet

#### March 9, 2016

Jo Karr Tedder  
Central Texas Water Coalition  
Water Update

#### March 16, 2016

Bonita Vaughter  
Brookdale  
Hospice 101

#### March 23, 2016

To Be announced

#### March 30, 2016

Thomas Pangle UT Professor  
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