



# PARKSIDE AT MAYFIELD RANCH

VOLUME 2, ISSUE 3

MARCH 2016



**Get ready to have some fun!**

Mark your calendars with these dates in the upcoming months!



PARKSIDE  
AT MAYFIELD RANCH

**Easter Eggstravaganza** Saturday 3/26 3:30pm-5pm

**BBQ Bash** Saturday 5/28 5pm

**Concerts in the Park:**

**Concert #1:** Wednesday 6/8 6pm—8:30pm

**Concert #2:** Wednesday 7/20 6pm—8:30pm

**Concert #3:** Wednesday 8/24 6pm—8:30pm

**Tailgate Party!** Saturday 11/5 11am—1pm

**Christmas with Santa** Saturday 12/17 1pm—2:30pm

More details to come!

This is not a complete list of exciting, fun events coming to your neighborhood in 2016,  
but certainly some that you won't want to miss!

Watch your email, newsletter and the community Facebook page for additional events and activities!

# PARKSIDE

## CONTACT INFORMATION

### ON THE WEB:

#### Parkside at Mayfield Ranch Official web site:

[www.southwestmanagement.net/parksideatmayfieldranch/home.asp](http://www.southwestmanagement.net/parksideatmayfieldranch/home.asp)

#### Parkside at Mayfield Ranch Official Facebook page:

[www.facebook.com/pages/Parkside-at-Mayfield-Ranch-Community-Association/700383346741547?fref=ts&ref=br\\_tf](https://www.facebook.com/pages/Parkside-at-Mayfield-Ranch-Community-Association/700383346741547?fref=ts&ref=br_tf)

### COMMUNITY PROFESSIONALLY MANAGED BY:

#### *Southwest Management Services*

PO Box 342585

Austin, TX 78734

Phone: (512) 266-6771

Fax: (512) 266-6791

[www.southwestmanagement.net](http://www.southwestmanagement.net)

### E-MAIL CONTACTS:

**Accounting:**.....[accounts@southwestmanagement.net](mailto:accounts@southwestmanagement.net)  
(for questions about your HOA account or vendors with billing questions)

**Architectural Review:**.....[acc@southwestmanagement.net](mailto:acc@southwestmanagement.net)  
(for questions about making modifications to the exterior of your home)

**Board of Directors:**.....[parksidemr.hoa@gmail.com](mailto:parksidemr.hoa@gmail.com)  
(for feedback and requests to address the board at meetings)

**General Info Amenity Center & Pool Info:**.....  
.....[info@southwestmanagement.net](mailto:info@southwestmanagement.net)  
(for general questions about your Owners Association, Reservations & Pool Keys)

**Lifestyle Director:**  
Jan Scriven.....[jan.scriven@southwestmanagement.net](mailto:jan.scriven@southwestmanagement.net)  
(for questions or suggestions about events or activities)

**Community Manager:**  
Denise Gehrmann-Jimenez..[denise@southwestmanagement.net](mailto:denise@southwestmanagement.net)

**Assistant Manager:**  
Lauren Hawthoren.....[lauren@southwestmanagement.net](mailto:lauren@southwestmanagement.net)

## IMPORTANT NUMBERS

### EMERGENCY NUMBERS

EMERGENCY .....911  
Fire..... 911  
Ambulance ..... 911  
Williamson County Sheriff (Non Emergency) ..... 512-943-1300

### SCHOOLS

Leander ISD..... 512-434-5000  
Parkside Elementary School..... 512-570-7100  
Stiles Middle School..... 512-570-3800  
Rouse High School..... 512-570-2000

### UTILITIES

AT&T/Uverse (phone, internet, cable)..... 866-288-2020  
Atmos Energy..... 888-460-3030  
City of Georgetown..... 512-930-3640  
Pedernales Electric Co..... 512-331-9929  
Time Warner (phone, internet, cable)..... 512-576-3521  
Wastewater (Parkside MUD) ..... 512-930-3640

### OTHER NUMBERS

Williamson County Phone..... 512-943-1100  
Williamson County Road Department..... 512-943-3330  
Parks & Recreation Department..... 512-943-1920  
Williamson County Regional Park ..... 512-260-4283  
Williamson County Animal Shelter..... 512-943-3322  
Georgetown Post Office..... 512-868-9925  
Georgetown Animal Control..... 512-930-3592  
Round Rock Animal Control ..... 512-218-5500  
Travis County Animal Control..... 512-972-6060

### NEWSLETTER PUBLISHER

Peel, Inc. .... 512-263-9181  
Article Submissions ..... [palomalake@peelinc.com](mailto:palomalake@peelinc.com)  
Advertising..... [advertising@peelinc.com](mailto:advertising@peelinc.com)

## Your Community at Your Fingertips

Download the Peel, Inc. iPhone App



Search "Peel, Inc." in the  
the AppStore





## POOLS OPEN IN MARCH Get Ready to Swim!

The Parkside at Mayfield Ranch pools will open Saturday, March 12th. Now is a good time to get additional or replacement pool keys. Please visit your community website at [www.southwestmanagement.net/parksideatmayfieldranch](http://www.southwestmanagement.net/parksideatmayfieldranch), log in, and click the red "Click Here to Request a Pool Key" link.

## Rent the Amenity Center for your event!

1. Visit the community website <http://www.southwestmanagement.net/parksideatmayfieldranch>.
2. Log in and select "Staying Connected" then "Reservations".
3. Once you are on the Reservation Module, select the date and time you wish to reserve the center.
4. Once your reservation time is submitted, the request will be reviewed and is not approved/declined until you receive the directional email. This approval/decline email will be sent within 48 hours of your online request.
5. Once approved, you will receive instructions on how to fill out the rental agreement and pay the rental fee.

Please email [mark.kelly@southwestmanagement.net](mailto:mark.kelly@southwestmanagement.net) with any questions.

# Dr. Randal Watson

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## COMPLIMENTARY WHITENING FOR LIFE

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Some conditions may apply

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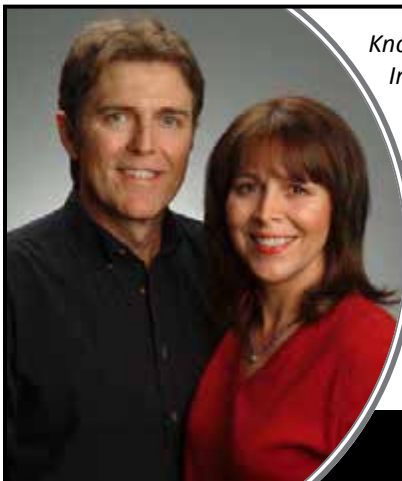
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# MARCH 2016

| Sunday                  | Monday   | Tuesday   | Wednesday   | Thursday  | Friday   | Saturday   |
|-------------------------|--|---|---|---|--|--|
|                         |  | <b>1</b><br>6 - 7 PM - Camp Gladiator -<br>Amenity Center | <b>2</b><br>5:15-6:15 AM - Camp Gladiator<br>-Amenity Center<br>10:00-11:00 AM - Tot Time<br>Amenity Center<br>7:00-8:00 PM - PiYo<br>Amenity Center  | <b>3</b><br>6 - 7 PM - Camp Gladiator<br>Amenity Center   | <b>4</b><br>5:15-6:15 AM - Camp Gladiator<br>-Amenity Center<br><br>National Day of Unplugging | <b>5</b>   |
| <b>6</b>                | <b>7</b><br>5:15-6:15 AM - Camp Gladiator<br>Amenity Center<br>9:00- 10:00 AM - PiYo<br>Amenity Center<br>6:00-7:00 PM - Zumba!<br>Amenity Center  | <b>8</b><br>6 - 7 PM - Camp Gladiator<br>Amenity Center   | <b>9</b><br>5:15-6:15 AM - Camp Gladiator<br>Amenity Center<br>7:00-8:00 PM - PiYo<br>Amenity Center  | <b>10</b><br>6 - 7 PM - Camp Gladiator<br>Amenity Center  | <b>11</b><br>5:15-6:15 AM - Camp Gladiator<br>Amenity Center                                   | <b>12</b><br><br>POOLS OPEN!   |
| <b>13</b>               | <b>14</b><br>5:15-6:15 AM - Camp Gladiator<br>Amenity Center<br>9:00- 10:00 AM - PiYo<br>Amenity Center<br>6:00-7:00 PM - Zumba!<br>Amenity Center | <b>15</b><br>6 - 7 PM - Camp Gladiator<br>Amenity Center  | <b>16</b><br>5:15-6:15 AM - Camp Gladiator<br>-Amenity Center<br>10:00-11:00 AM - Tot Time<br>Amenity Center<br>7:00-8:00 PM - PiYo<br>Amenity Center | <b>17</b><br>6 - 7 PM - Camp Gladiator<br>Amenity Center  | <b>18</b><br>5:15-6:15 AM - Camp Gladiator<br>Amenity Center                                   | <b>19</b><br>7:00 PM - Texas Stars Hockey<br>Game - Cedar Park Center  |
| <b>20</b>               | <b>21</b><br>5:15-6:15 AM - Camp Gladiator<br>Amenity Center<br>9:00- 10:00 AM - PiYo<br>Amenity Center<br>6:00-7:00 PM - Zumba!<br>Amenity Center | <b>22</b><br>6 - 7 PM - Camp Gladiator<br>Amenity Center  | <b>23</b><br>5:15-6:15 AM - Camp Gladiator<br>Amenity Center<br>7:00-8:00 PM - PiYo<br>Amenity Center<br><br>NATIONAL PUPPY DAY                       | <b>24</b><br>6:00 PM - HOA Board Meeting<br>Amenity Center<br>6 - 7 PM - Camp Gladiator<br>Amenity Center | <b>25</b><br><br>GOOD FRIDAY<br>5:15-6:15 AM - Camp Gladiator<br>Amenity Center                | <b>26</b><br>3:30-5:00 PM - Easter<br>Eggstravaganza<br>Amenity Center |
| <b>27</b><br><br>Easter | <b>28</b><br>5:15-6:15 AM - Camp Gladiator<br>Amenity Center<br>9:00- 10:00 AM - PiYo<br>Amenity Center<br>6:00-7:00 PM - Zumba!<br>Amenity Center | <b>29</b><br>6 - 7 PM - Camp Gladiator<br>Amenity Center  | <b>30</b><br>5:15-6:15 AM - Camp Gladiator<br>Amenity Center<br>7:00-8:00 PM - PiYo<br>Amenity Center<br><br>Ntl Take a Walk in the Park Day          | <b>31</b><br>6 - 7 PM - Camp Gladiator<br>Amenity Center  |  |  |



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## TAKE TIME TO RECOVER

A crucial point to remember when participating in any exercise program is the importance of taking the time to RECOVER! After a workout, a body needs time off in order to allow muscles to recover, or the full benefit from all that hard work will be lost. During a recovery phase is when a body rebuilds and re-energizes the muscle.

Here are a few things to do on recovery days:

- **Foam Rolling** – Rolling out muscles with a foam roller can help remove knots and prevent muscle imbalances and weaknesses. This helps to increase blood flow throughout the body, resulting in better movement and increased range of motion; which will decrease the chance of injury, and decrease recovery time needed.
- **Hydrate** – Drinking water after a workout helps rid the body of toxins and prevents dehydration. This is very important because dehydrated muscles can quickly become painful muscles. Working out while dehydrated can cause damage to muscles and decrease the body's ability to repair itself.
- **Soak in Epsom Salt** – This will remove toxins, reduce inflammation, boost magnesium and help you sleep better.
- **Stretch** – This is the best thing you can do to aid in muscles' recovery and prevent injury.

Kim Pierron is a certified PiYo LIVE instructor, and a resident of Parkside at Mayfield Ranch.

If you have any questions about recovery after a workout, or about PiYo classes at Parkside, please contact Kim at Kimberly.pierron@gmail.com.



**Austin Spurs Fan Appreciation Night**  
 Saturday, April 2nd | 7:00PM  
 Cedar Park Center

Join us for a special evening with the Austin Spurs! The night will consist of:

- Autograph session with Spurs Players
- Discounted tickets
- Group recognition

To reserve tickets, visit:  
<https://austinspurs.wufoo.com/forms/austin-spurs-april-2nd/>

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**Parkside at Mayfield Ranch Appreciation Night!**  
 Texas Stars vs Grand Rapids Griffins

**Saturday, March 19th at 7:00PM**

Come out and sit with your friends and neighbors in section to watch as the Texas Stars take on the Grand Rapids Griffins!

The first 2500 fans in attendance will receive a FREE STARS BEACH TOWEL!

Doors open at 6 pm with the puck drop at 7 pm!

- High five the players in the fan tunnel with the community!
  - To participate meet Game-Ops by section 110 at 6:17 pm
- Get your autographs after the game!
  - Players will be available for autographs on the concourse

Paloma Lake seats are reserved in section 111 as a group and are \$15 per ticket saving \$10 off the gate price! Purchase tickets online at the web address below!

<http://bit.ly/1LsqvUm>  
 USE CODE: **PMR**  
 Or call (512) 600-5019



For any questions or to order by phone call Bob Lawinger at (512) 600-5019

Not available Day of Game or at the box office

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## ZIKA VIRUS



Zika virus is transmitted by Aedes mosquitoes and there is no specific treatment or vaccine currently available. The best way to avoid getting the virus is to avoid being bitten by infected mosquitoes. About 20% of people with Zika virus actually get ill. Severe disease, requiring hospitalization, is uncommon and death due to the virus is rare.

The incubation period of Zika virus is thought to be a few days to a week, but is still unknown. Symptoms include fever, skin rash, conjunctivitis, muscle and joint pain, and headache. Symptoms tend to be mild and last from 2-7 days. Zika virus can be contracted through the bite of an infected mosquito, through blood transfusions, through sexual contact, and from mother to child during pregnancy.

The mosquitoes that are able to transmit Zika virus are also able to transmit dengue and Chikungunya viruses. These mosquitoes are daytime biters, but can also bite at night. Aedes mosquitoes lay their eggs in standing water- buckets, tires, tree holes, animal water dishes, etc.

To protect yourself from mosquito bites, wear light-colored clothing that covers as much skin as possible, use insect repellent (read and follow label instructions), use screening on doors and

windows, use mosquito netting (if needed) while sleeping, and reduce standing water areas.

For more information on Zika virus, please see the CDC website here <http://www.cdc.gov/zika/index.html>

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at [www.urban-ipm.blogspot.com](http://www.urban-ipm.blogspot.com)



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## ARTICLE INFO

This newsletter is mailed monthly to all Parkside at Mayfield Ranch residents. Residents, community groups, churches, etc. are welcome to include information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for the Parkside at Mayfield Ranch newsletter, please email it to [jan.scriven@southwestmanagement.net](mailto:jan.scriven@southwestmanagement.net). The deadline is the 9th of the month prior to the issue.





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