



APRIL 2016

Official Publication of Legends Ranch Property Owners Association

VOL 10, ISSUE 4

## Legends Ranch Events

### Thanks!

Thanks for a wonderful Spring Community Event to all who participated and especially to those familiar faces of our community's wonderful volunteers who brought it all together!

### Social Committee Updates

April 9, Sat., 7a.m.-12pm: Legends Ranch - Spring Community Semi-Annual Garage Sale - Open to the Public. To be included on the Garage Sale Map, email Robert at [rmaze52@att.net](mailto:rmaze52@att.net) with your Last Name, Address, & short list summarizing items you plan to sell.

May 21, Sat. afternoon: Crawfish Boil Community Event for Residents - Watch for details, such as exact time & ticket cost for those eating. Updates will be at meetings, by flyer/poster, as well on our unofficial Facebook Group Residents of Legends Ranch with the online event invite at: <http://tinyurl.com/CrawfishBoilLegendsRanch>. Plan to attend the Social Committee meetings scheduled for April 3 & May 1, Sun., 7pm. Contact: [LRsocialcommittee@gmail.com](mailto:LRsocialcommittee@gmail.com).

### Rayford Road Safety & Mobility Project - Public Meeting Notice

"Open House Invite". Date: Thurs., April 14, 2016, 4:00-7:00pm. Location: Faith United Methodist Church, Community Rm# 2403 Rayford Rd, Spring, TX 77386. Contact info: [Rayford.Road@mctx.org](mailto:Rayford.Road@mctx.org), (281) 624-6326. No formal presentation; attendees can come & go at their convenience. Montgomery County is currently in the design phase to widen Rayford Rd from Richard Rd to SH 99 (Riley Fuzzel Rd/Grand Parkway). Come view preliminary design schematics & additional project information, visit with the project team & County staff, & share feedback. Unable to attend? You'll be able to view materials presented at: [www.precinct3.org/rayford](http://www.precinct3.org/rayford) after the meeting.

## From Last Month

### PROPERTY OWNERS ASSOCIATION OF LEGENDS RANCH MEETING OF THE BOARD OF DIRECTORS

**Date: Tuesday, March 29, 2016 Time: 6:00 pm (Open Session) Location: Legends Ranch Clubhouse 2801 Legends Ranch Dr. Spring, TX 77386**

AGENDA OPEN SESSION (6:00 PM – 7:30 PM). All Board meetings are open to members with some exceptions during developer control and for matters discussed in executive session.

1. Establishment of Quorum and Call to Order
2. Adoption of Agenda for Open Session
3. Consideration of Minutes of the Previous Open Meeting – February 24, 2016
4. Financial Report 4a. January 2016 – Managing Agent
5. Proposals (Managing Agent)
  - 5a. Brickman I. Replacing overgrown wax myrtles along sidewalk in front of splash pad
  - 5b. Fit Shop I. Repairs to fitness equipment
  - 5c. Capping stone walls in community
  - 5d. Pressure washing stone walls in community
  - 5e. New landscaping at front entrance and clubhouse
  - 5f. Expand clubhouse pool fencing I. Repair post (if project isn't done)
  - 5g. Paint/Stain park benches around clubhouse area
  - 5f. Paint park benches around splash pad area
6. Contracts – None
7. Additional Business
  - 7a. Notice about new fining policies

*(Continued on Page 4)*

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Montgomery MUD #89 .....	713-932-9011

### Your Community Homeowners Association

RealManage .....	866-473-2573
Legends Ranch Clubhouse.....	281-681-9750
Gate Attendant Office.....	281-296-0433

### Police & Fire

Emergency .....	911
Montgomery Sheriff .....	936-760-5800
Pct. 3 Constable Office .....	281-364-4211
S. Montgomery Co. Fire Dept. Non-Emergency.....	281-363-3473
Montgomery County EMS Non-Emergency .....	936-441-6243
Crime Stoppers .....	713-222-TIPS
Poison Control.....	800-222-1222
Texas DPS .....	713-681-1761

### Utilities

Electricity (TXU).....	800-368-1398
Electricity (TXU New Service) .....	281-441-3928
Electricity (Centerpoint) .....	713-207-2222
Gas (Centerpoint) .....	713-659-2111
Water/Municipal Oper. & Consulting .....	281-367-5511
Best Trash .....	281-313-2378
Street Light Outages.....	713-207-2222
Cable/Internet/Phone...COMCAST .....	713-341-1000

### Public Services

Local US Post Office.....	281-419-7948
Toll Road EZ Tag.....	281-875-3279
Voters Registration.....	936-539-7843
Vehicle Registration .....	281-292-3325
Drivers License Information .....	936-442-2810
Montgomery County Animal Control .....	936-442-7738
Montgomery Chamber .....	281-367-5777

### Area Hospitals

Memorial Hermann .....	281-364-2300
St. Luke's .....	832-266-2000
Conroe Medical Center .....	281-364-7900

### Conroe ISD.....

Birnam Woods Elementary .....	281-863-4200
Cox Intermediate .....	281-465-3200
York Junior High .....	832-592-8600
Oak Ridge High .....	832-592-5300

### Private/Parochial

First Baptist Church .....	936-756-6622
Sacred Heart Catholic Church .....	936-756-3848
St. Edward Catholic.....	281-353-4570
St. James Episcopal Day .....	936-756-4984

## BOARD & MANAGEMENT CO

### Onsite Manager

Cathy Winfield.....legranch@ciramail.com

### Management Co.: Real Manage

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..... service@realmanage.com

### Board Members:

Sebastien Moulin..... ilovelegendsranch@yahoo.com  
Eric Garrington.....ericlrhoa@gmail.com  
Kenneth Brown.....kennethbrown922@gmail.com  
Desireah Riley.....desrileylrpoa@gmail.com  
Eric Solis.....esolisLR@yahoo.com

## NEWSLETTER INFO

### Editor

Sarah Bloch..... sbloch8@gmail.com

### Publisher

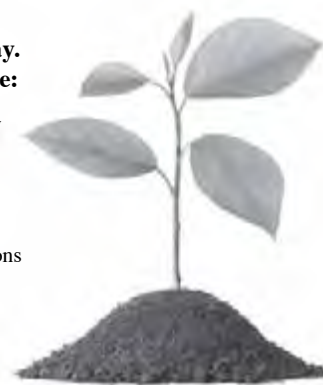
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# LEGENDS RANCH

(Continued from Cover)

- 7b. Maintenance person for community
- 7c. Expression swing for swing sets
- 7d. Additional benches around the lakes
- 8. Committee Updates
- 8a. Ad Hoc Committee Reassignment – E. Garrington
- 8b. Drill Site
- 8c. Social I. Semi-Annual Garage Sale
- II. Crawfish Boil
- III. Event form
- 8d. Traffic Safety
- 9. Scheduling of Next Board Meeting
- 10. Adjournment
- 11. Homeowner Forum (due to time restraints, limited to (3) minutes per person)

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## Gardening Tips for April

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This time of year I start having customers bringing in leaves covered in a black substance. This is a fungus call "sooty mold". This mold is not directly attacking the leaf, but can become so thick that it cuts off sunlight to the leaf and the leaf will die. Sooty mold indicates that you have another problem, normally aphids.

Aphids are soft bodied, sucking insects that feed on the juice of the plant. They will cluster on the underside of a leaf and produce a sugary liquid from their backs as a protection from predators. This liquid called honeydew, will fall on the leaf below and this is what the mold feeds and grows on. Most good insecticides will take care of the aphid problem, but keep an eye on your plants as aphids reproduce extremely quickly.

If you have a vegetable garden there are a couple of problems that start to show up at this time. The first is tomato hornworm. This large, voracious caterpillar can eat all the leaves of a tomato or pepper plant in a surprisingly short time. The simplest control is checking the plant and picking the caterpillar off and destroying it. If you are squeamish about this method then I suggest you spray your plant with Bt (*Bacillus thuringiensis*). This is an organic control that only kills caterpillars.

The other problem is "Early Blight". Early Blight is a fungal disease that starts at the bottom leaves of a tomato plant, causing warping and yellowing of the leaves and eventually death of the plant. One of the best controls for this is "Fung-onil" by Bonide. This product has a zero day harvest on tomatoes. This means that you can harvest the same day that you spray as long as you wash the tomato.

If you have any questions, stop by and see me at Lone Star Ace Hardware or contact me at [troy@lonestarace.com](mailto:troy@lonestarace.com).

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# Making the move this Spring?



**Spring is here** – and traditionally a time when many families choose to make a move, and many organizations make changes which require families to relocate. It can be stressful, and intimidating if you don't have the right tools, plan and of course – help along the way. As your **Legends Ranch neighbor** and realtor, I am here to help guide you through the selling process and make it as stress free as possible. Call me today!



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# Honey Bee Swarms



Honey bees are beneficial by producing honey, wax and pollinating crops. With warmer temperatures, honey bees are becoming more active and may soon begin to swarm.

Honey bee swarms look like a large clump of bees clustered together. The swarm may stay in a location from a few hours to a week. Swarms are produced as a part of the colony's reproductive process. An established colony produces a new queen, causing the old queen and half the worker bees to leave the colony to search for a new nesting location. Swarming honey bees are usually gentle and unlikely to sting. Swarms are not protecting their home, food or offspring. Scout bees are sent out from the swarm to search for a nesting site. Colonies produce comb and honey and are defensive. Bees from a colony are more likely to sting as they are guarding their home, food and offspring.

Sometimes, honey bee colonies can be found in wall voids, chimneys, attics or sheds. If bees are in a wall void, DO NOT block their entrance; this makes them search for another way to exit and could lead bees into the structure. To keep bees from entering a home,

seal any holes found in walls where pipes enter the home, cracks in window framing, knotholes, weep holes, or cracks between wood and brick junctures.

While many enjoy having honey bees around, some people are severely allergic to their venom. This, along with other situations, such as bees located near sensitive areas (such as playgrounds) may require removal or even extermination of the bees.

People should NOT try remove or exterminate bees on their own. Beekeepers and pest control companies have equipment to carry out these jobs in a safe manner. The city or county does not provide bee removal services.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at [www.urban-ipm.blogspot.com](http://www.urban-ipm.blogspot.com)

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## Adolescents and Anxiety

*Submitted by Shelley Coleman M.A., L.P.C.-S.*

Recently, I was fortunate to have the opportunity to speak to the Canyon Ridge Middle School PTA members at their monthly meeting. Specifically, I was asked to speak on Anxiety and Children. As a parent of a middle school child and therapy provider for adolescents, this subject is more than relevant to me.

In my therapy practice and in my home, I see the increasing social and academic pressures for our kids. Recently, a poll conducted by NPR along with the Robert Wood Johnson Foundation and the Harvard School of Public Health, found that nearly 40% of parents said their high school kids are experiencing a lot of stress from school. Specifically, longer homework sessions, high stakes testing, and more competitive college admissions are the drivers. In my own school district and community, the options for extracurriculars are countless and the sizeable academic menu of choices is growing.

I realize that my children are incredibly fortunate to have these amazing opportunities. I also realize that with great opportunity comes great responsibility. How can I help my child find the balance between exposure to these resources and the ability to manage their schedules without creating an environment that is overwhelming

and anxiety provoking?

These are questions, of course, that families have to answer for themselves. Just as individual families have varying priorities; children vary on the types of schedules they can manage.

To be sure, adolescence is an anxious time. As a parent, we can play a key role in how our children experience anxiety. Some things we can do as parents are:

- Recognize and help children identify anxious feelings
- Help children develop coping strategies
- Express positive and realistic expectations
- Validate feelings but don't empower them
- Encourage tolerance of anxious feelings
- Model healthy ways of managing stress and anxiety

By helping our children to identify and express their anxious feelings, we can begin to address concerns. Like all uncomfortable emotions, anxiety is a normal response that serves a purpose. Helping our children label and express their feelings can be anxiety reducing. Learning to recognize, express, tolerate, and manage anxiety is a priceless skill. As role models for our children, coping with our own

*(Continued on Page 11)*

A photograph of a small, white and tan dog running happily in a green field. The dog's mouth is open, showing its tongue. Overlaid on the image is the text "IT'S SO Easy!" in a large, blue, stylized font. Below this, a yellow banner contains the text "SELL US YOUR CAR!" in white, bold, capital letters. At the bottom, a blue banner contains the Texas state flag logo and the text "TEXASDIRECTAUTO.COM" in white, bold, capital letters.

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# LEGENDS RANCH

(Continued from Page 9)

stress and anxiety can serve as a valuable example.

Parents can model good stress management by making sleep, nutrition, and exercise a priority. We can learn to recognize our personal limits for demands of our time and resources and set healthy boundaries. And, when indicated, we can utilize professional resources like school counselors or independent therapists.

If you think your child may have an issue with anxiety, there are several symptoms you may notice. Behaviorally, teens may engage in unhealthy coping behaviors such as drug and alcohol use. They may limit or avoid activities in an attempt to reduce anxiety. Physically, teens may report sleep disturbances, headaches, stomach aches, or symptoms such as racing heart, dizziness, and muscle tension. You may notice that symptoms are consistently very intense and go on for a long period of time. Contacting a professional therapist can be of value in assessing the severity of the anxiety and determining if counseling is indicated.

As parents, we are instrumental in helping our children become healthy, resilient individuals. By setting realistic expectations and helping our children to prioritize their schedules we can teach them to set healthy limits and not over extend themselves. We can teach them to tolerate and manage their own anxiety. And, when necessary, we can seek out professional help.

## SUDOKU

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