

MAY 2016

Official Publication of Legends Ranch Property Owners Association VOL 10, ISSUE 5

# Thanks from the POA & the Social Committee!

Thank you to those who came out to enjoy our 1st Crawfish Festival on April 30 and for your patience after the date needed to be changed. Also, thanks to everyone who held or bought from the Semi-annual Garage Sale on April 9. The next one will be in the Fall.

Coming up will be our July 4th Annual Event; stay tuned for details. Information on volunteering & attending Social Committee meetings (first Sunday of Month, unless otherwise noted; next planned for May 1). Contact: LRsocialcommittee@gmail.com.

#### Happy Mother's Day & Have a Safe Memorial Day Weekend

See the Pool Schedule in this issue: Open on Mother's Day weekend & Memorial Day Weekend

#### Summer is Coming

When you're not enjoying the Swimming Pool, checkout local websites for Summer Camps, Swimming Lessons and Events. Don't forget to read up on Swim Safety; follow all pool rules. Remember that children not ready to swim independently (can swim both lengths of both pools from one side and back on their own) need to be an arm's distance from their guardian, with the lifeguards serving as backups to children's guardians keeping watch. Lifeguards are trained for watching for emergencies and preventing accidents and drownings; not pool babysitters and it can get loud when lots of people are enjoying the pools recreationally to not hear a parent calling help my child from a distance from a lawn chair. Thanks for practicing safety by following all rules and respecting the young lifeguards.

Though it is not a POA resource, some residents share on social media options for these at www.facebook.com/groups/ LegendsRanch/

#### **Newsletter Online**

Where to find this newsletter online: www.peelinc.com/newsletter. php?newsletter=LR

Note: last week's Suduko's answers at: www.peelinc.com/ residentsPuzzleSolutions.php

## Legends Ranch Summer Pool Schedule & Hours 2016

Clubhouse Pool:

Weekends Only: May 7 – June 3, Saturday & Sunday 12-8pm

Holiday: Memorial Day: Monday, May 30, 12–8pm

Holiday: Independence Day: Monday, July 4, 12-8pm

Summer Season: Open June 4 – August 21, Tuesday – Sunday, 12-8pm

Weekends Only: August 27 – September 25, Saturday & Sunday 12-8pm

Holiday: Labor Day: Monday, September 5, 12-8pm

CLOSED: on Mondays - Closed on July 5 - Closed 1st Week of School: Aug 22-26.

### Splashpad Pool:

Weekends Only: May 7 – June 3, Saturday & Sunday 10am-8pm

Holiday: Memorial Day: Monday, May 30, 10am-8pm

Holiday: Independence Day: Monday, July 4, 10am-8pm

Summer Season: Open June 4 – August 21, Wednesday – Monday, 10am–8pm

Weekends Only: August 27 – September 25, Saturday & Sunday 10am-8pm

Holiday: Labor Day: Monday, September 5, 10am-8pm

CLOSED: on Tuesdays - Closed on July 5 - Closed 1st Week of School: Aug 22-26.

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## COMPLIMENTARY

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## **IMPORTANT NUMBERS**

#### **Property Tax**

Montgomery County Tax	
Conroe ISD	
Montgomery MUD #89	713-932-9011

#### Your Community Homeowners Association

RealManage	
Legends Ranch Clubhouse	
Gate Attendant Office	

#### Police & Fire

#### Utilities

Electricity (TXU)	800-368-1398
Electricity (TXU New Service)	
Electricity (Centerpoint)	713-207-2222
Gas (Centerpoint)	713-659-2111
Water/Municipal Oper. & Consulting	
Best Trash	
Street Light Outages	713-207-2222
Cable/Internet/PhoneCOMCAST	713-341-1000

#### **Public Services**

Local US Post Office	281-419-7948
Toll Road EZ Tag	281-875-3279
Voters Registration	
Vehicle Registration	
Drivers License Information	936-442-2810
Montgomery County Animal Control	936-442-7738
Montgomery Chamber	

### Area Hospitals

Memorial Hermann	
St. Luke's	
Conroe Medical Center	
Conroe ISD	
Birnham Woods Elementary	
Cox Intermediate	
York Junior High	

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First Baptist Church	
Sacred Heart Catholic Church	
St. Edward Catholic	
St. James Episcopal Day	

## **BOARD & MANAGEMENT CO**

## **Onsite Manager**

Cathy Winfield.....legranch@ciramail.com

## Management Co.: Real Manage

Customer Service	
	service@realmanage.com

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Dourd members.	
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LR Pool Schedule 2016

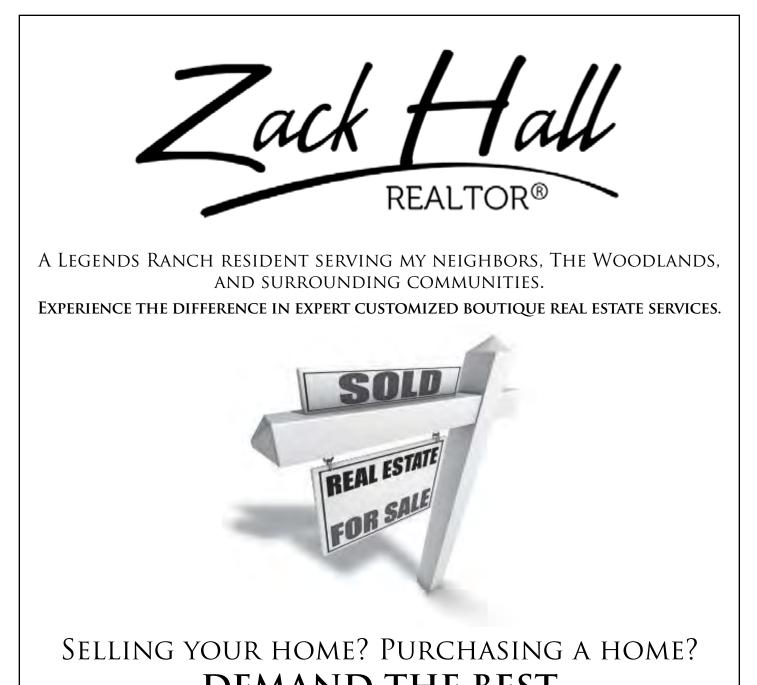
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## From Last Month/Last Week: POA OF LEGENDS RANCH MEETING OF THE BOARD OF DIRECTORS

Date: Tuesday, April 26, 2016 Time: 6:00 pm (Open Session) Location: Legends Ranch Clubhouse 2801 Legends Ranch Dr. Spring, TX 77386 AGENDA OPEN SESSION (6:00 PM - 7:30 PM). All Board meetings are open to members with some exceptions during developer control and for matters discussed in executive session. 1. Establish of Quorum and Call to Order 2. Adoption of Agenda for Open Session 3. Consideration of Minutes of the Previous Open Meeting – March 29, 2016 4. Financial Report 4a. February 2016 - Managing Agent 5. Proposals (Managing Agent) 5a. Brickman I. Mowing Easement along Birnham Woods and Elan 5b. Drill Site I. Clearing and Sodding Lot II. Irrigating Lot per person) III. Fencing Lot

IV. Dog Park Area 6. Contracts 6a. Cypress Creek Pest Control (Mosquito) 7. Additional Business 7a. Notice about new fining policies 7b. Expression swing for swing sets 7c. Repairs to Fitness Center Equipment 7d. WaterLogic – S. Moulin 8. Committee Updates 8a. Ad Hoc Committee Reassignment – E. Garrington 8b. Drill Site 8c. Social I. Crawfish Boil – April 30th from 4 – 7 pm 8d. Traffic Safety 9. Scheduling of Next Board Meeting 10. Adjournment 11. Homeowner Forum (due to time restraints, limited to (3) minutes





**Spring is here** – and traditionally a time when many families choose to make a move, and many organizations make changes which require families to relocate. It can be stressful, and intimidating if you don't have the right tools, plan and of course – help along the way. As your **Legends Ranch neighbor** and realtor, I am here to help guide you through the selling process and make it as stress free as possible. Call me today!



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## **Gardening Tips for May**

Well, this has been an interesting year. We had almost no winter, with summer annuals that bloomed all winter; tropicals that did not die back all winter, then we had hot weather in early March and a light frost in the latter part of the month. However, we still have some gardening chores to accomplish this month.

Early May is the time to apply your second application of preemergent, such as Nitro-Phos "Barricade" or Scott's "Halts".

Late May or very early June is the time to apply your lawn Fertilizer. I recommend a lower nitrogen fertilizer, such as a 19-4-10. I do not recommend that you apply a "Weed and Feed" this late in the season as temperatures may already be too hot and these products may damage your lawn.

I normally recommend that you start watching for grub damage in May. However, this year I saw "June bugs" hatching in late March and you may have seen grub damage in April. Go ahead and apply grub control to kill this second generation of the little white monsters. There are many good controls on the market, some contact killers and some systemic. If you have pets that tend to eat grass I do not recommend the systemic ones.

May is the time to fertilize your Crepe Myrtles, Azaleas and Hibiscus. Remember that Azaleas like a fertilizer with additional Iron and Sulfur. Hibiscus require a high Nitrogen Low Phosphorus fertilizer.

Now a side note on an interesting plant: the plant is Firmiana simplex or Chinese Parasol Tree. This 40 foot tall tree has green bark from top to bottom. It also has leaves that may reach 12 inches across. This tree provides a dense shade and small fragrant flowers. I do not recommend that you plant one of these trees as it is listed as a noxious weed In Texas, however if you do come across a mature tree it is worth a second look.

If you have any questions, please stop by and see me at Lone Star Ace Hardware or contact me at troy@lonestarace.com.





## <u>LEGENDS RANCH</u> 6 Health Benefits of Eating Park Chocolate

If your sweet tooth craves chocolate, there are plenty of reasons to surrender to your cravings and indulge. Dark chocolate is loaded with nutrients that can positively affect your health. Made from the seed of the cocoa tree, it is one of the best sources of antioxidants on the planet. Cacao offers a number of health benefits from helping to control blood sugar to lowering the risk of cardiovascular disease because it contains flavonols, which are a type of antioxidant that has been shown to improve blood flow and can protect against suninduced damage, improve blood flow to the skin and increase skin density and hydration.

Bottom Line: Quality dark chocolate has various nutritional perks so enjoying a delicious treat that has at least 65% cacao can be guiltfree if you don't overdo it.

#### NUTRITIONAL PERKS HEART-HEALTHY

Dark chocolate has been shown to improve blood flow and possibly prevent blood clots. It also helps lower blood pressure ad may help keep arteries from hardening.

## **BRAIN FOOD**

Because chocolate increases blood flow to the brain, it can be a boost to your cognitive health.

#### MOOD CHANGER

Chocolate also contains phenylethylamine (PEA), which encourages your brain to release endorphins that make you feel good.

### CANCER FIGHTER

Antioxidants in chocolate help rid your system of free radicals, which have been linked to multiple age-related health risks and diseases.

### SOMETHING TO SMILE ABOUT

Theobromine, found in dark chocolate, helps harden tooth enamel, which helps prevent cavities.

#### SUN BLOCKER

Some studies show that people with diets high in flavonols take longer to burn in the sun than people with low flavonol diets. Written by: Claudia Mosley, Moms Making Six Figures Reviewed by: Dr. Barbara Ryan, MD

## NOT AVAILABLE ONLINE



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## Legends Ranch Whiteflies

Whiteflies are small, soft bodied insects with piercing-sucking mouthparts. They are creamy white and adults have a mealy wax coating their body and wings. Immatures, also called nymphs, are small, oval, flattened and wingless.

Whitefly populations can increase quickly when temperatures are warmer. The insects like to be on the underside of leaves, often in clusters. Common species of whiteflies have a wide host range and can switch host plants.

Whiteflies suck plant juices and large populations can cause foliage to turn yellow, appear to be dry or even fall off the plant. Some whiteflies cause plant distortion or foliage to turn silver in color. Whiteflies produce honeydew, a sticky substance secreted by some insects. Honey dew causes foliage to become shiny in appearance and can attract a fungus called sooty mold. Some whiteflies are capable of transmitting plant viruses.

Try to encourage natural enemies to help manage whitefly populations in your garden. To do this, make wise pesticide choices. Try to choose pesticides to target specific pests and/ or specific areas. Also, you may need to manage ants that tend the whiteflies to obtain honeydew. The ants protect whiteflies from natural enemies that may normally keep the pest population at manageable levels.

In vegetable gardens, you may want to try reflective mulches to make the underside of the leaves where whiteflies hide less habitable.

As for chemical treatment, you can use high pressure water sprays, insecticidal soap, azadirachtin, d-limonene, botanicals or a synthetic product. Target your treatment to the underside of the leaves to get to where the whiteflies like to hide.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at www.urban-ipm.blogspot.com

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Submit your Graduation Announcement and Photo for the next issue.



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## **Stain Solutions**

Try as you might to prevent them, spills, drips and splatters in your house are inevitable. Whether you, your family or your guests are the culprits, stains happen. Most, if not all, are treatable, especially if you act quickly and use the right stain-removing technique.

If there's an accident on your carpet or a rug, start by scooping up any solids and soaking up any unabsorbed liquids. Then, blot the stain with a white cloth or paper towel. You should work from the outside in so you don't spread the spill, and dab at it instead of rubbing or pressing hard.

You also can try spot cleaning with a soapy water mix. Dilute a <sup>1</sup>/<sub>4</sub> teaspoon of clear hand-dishwashing soap with 1 cup of lukewarm water. Spray the solution on the stain, and mist the area with clean water or blot with a wet towel. Then blot the area with a dry towel. Repeat this process until you get as much residue out as possible.

Follow these specific instructions for cleaning up the more stubborn stains and sticky spots on your floors:

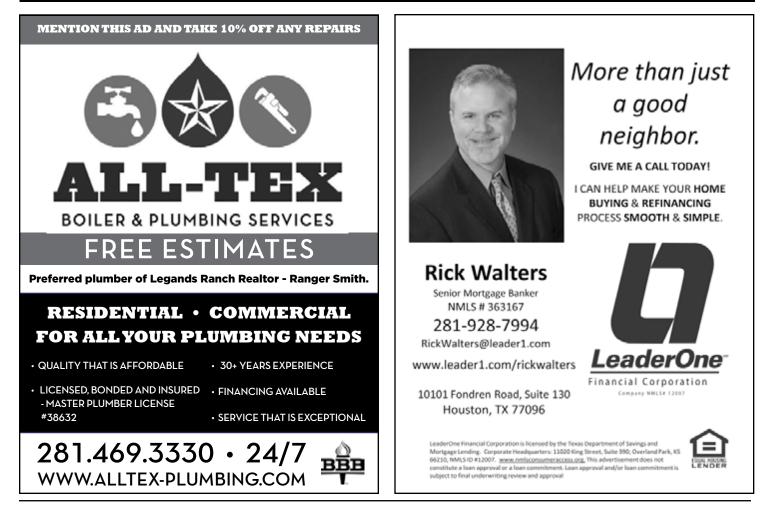
• Red wine: Begin with the same three steps—blot, apply soapy water and rinse. Then, dribble very hot water from a sponge onto

the spill. Continue to blot with a clean towel, and repeat until the carpet no longer shows any red.

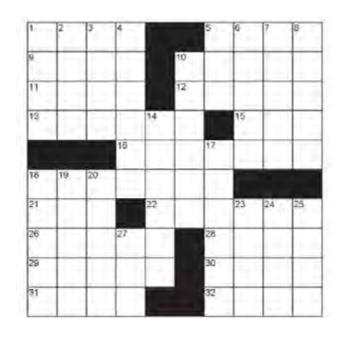
• Soft drinks and coffee: Begin with the same three steps—blot, apply soapy water and rinse. Then dab on hydrogen peroxide. Wait one hour before repeating the process. Hydrogen peroxide bleaches a stain without breaking down carpet dyes. Use a 3 percent solution, which can be found at a drugstore, and apply at full strength.

• Candle wax and chewing gum: These are easiest to remove when hot or cold. For the cold method, harden the spot by rubbing it with an ice cube inside a plastic bag. Then, carefully scrape off the residue with a dull knife or a plastic card, such as an expired credit card. For the hot method, apply paper towels over the waxy area, and then use a clothes iron on low heat to soak up the wax. Replace the paper towels until all the wax is removed. Use a hair dryer to heat gum. Then with a plastic bag over your fingers, pull the goo off.

So the next time your carpeting endures a nasty spill, rest assured that it doesn't have to become a permanent stain. With these simple tips, you can keep your carpets and rugs looking great for years to come.



## **CROSSWORD PUZZLE**



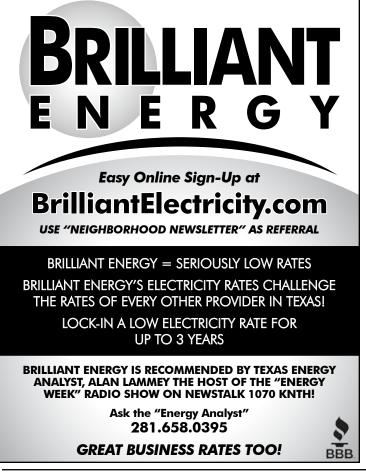
### ACROSS

- DOWN 1. Father 1. The alphabet 5. Water carrier 2. Group of nations 9. Radar target 3. Vigor 10. English architecture style 4. Sicken 11. Corporation (abbr.) 5. English bar 12. White poplar 6. Thoughts 13. Hastily write 7. Folk dance 15. Official canine registry (abbr.) 8. Build 10. Claws 16. Peers (2 wds.) 18. Mother-of-Pearl mollusk 14. Dating 21. Wipe 17. Marrow 22. Asian nation 18. Jargon 26. Unripened 19. Donkey 28. One of Columbus' ships 20. Right angle to a ships 29. Great ape length 30. Swirl 23. Military officer 31. Very large book 24. Ceases 25. "You can't eat just one"
- 32. Fewer

View answers online at www.peelinc.com

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## Family Health — Making Everyone's Health a Priority

As summer camp season begins, ensuring your children are healthy is not just a good idea - it's usually a requirement. Scheduling a spring or summer physical for everyone is a great way for today's busy families to beat the back-to-school rush and make everyone's health a priority.

"We specialize in treating all ages and stages" said Dr. Sabari L. Sundarraj, a Houston Methodist Primary Care Group family medicine physician. "Our services include everything from well-baby visits, pap smears, sports physicals and immunizations to treatment of high blood pressure, diabetes and thyroid disease. We oversee the entire family's health and well-being for a lifetime."

Research shows that having an established primary care physician improves long-term health. Family medicine physicians provide continuity of care, referrals to trusted specialists if needed, and act as the "medical home". To find the right primary care physician for your family, schedule online at houstonmethodist.org/pcg or call 713.394.6638.





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