

SUMMERWOOD LIFE

OFFICIAL NEWSLETTER OF THE SUMMERWOOD COMMUNITY ASSOCIATION, INC.



Memorial Day Pool Party

May 30, 2016

Residents Central Pool
10 a.m. – 1 p.m.

Balloon art, face painting, food,
games, and prizes

\$50 Visa gift card given away!

Remember, you need your pool
wristbands to participate.

MANAGER'S CORNER

It's that time of year: spring is in the air, the days are becoming warmer, and children are counting down to the end of school and looking forward to spending the summer in the pool.

As a reminder, everyone over the age of two is required to wear a wristband for the current year. Residents with a \$0 account balance may pick up their wristbands at the onsite office on Wednesdays from 9 a.m. to 12 p.m. or on Saturdays from 12 p.m. to 3 p.m. They can also be picked up at our Humble office Monday through Friday, 8 a.m. to 6 p.m. To save time, you may order your wristbands for pickup at the Humble office by going to www.ciaservices.com, selecting Find My Community, and clicking Summerwood. Then click Ask. Submit the request and fill out the information. You will receive notification when they are ready for pickup.

Remember that proof of residency is required to receive a wristband for anyone residing at your home who's over the age of eighteen. You will also receive four guest wristbands for your friends and family to enjoy the pool with you.

Summerwood is proud to support the Summerwood Stingrays Swim Team. The team pays a fee to Summerwood for exclusive use of the Central Pool facility during practices and meets. Only swim team members may be inside the fence, including in the baby/wading pool. For the convenience of residents, the East Pool is scheduled to be open Tuesdays through Fridays, 4 p.m. to 7 p.m., beginning May 7 while the team is practicing. Please plan to enjoy the newly resurfaced East Pool in the afternoons until June 4 so our swim team can practice.

Central Pool is closed every Monday for cleaning, and East Pool is closed on Tuesdays. Both pools will be open Memorial Day! Please plan to join us for the Memorial Day pool party at Central Pool! Visit www.summerwoodlife.com for details on the event.

We are looking forward to a great summer!

IMPORTANT NUMBERS

MANAGEMENT COMPANY

CIA Services 281-852-1700
 customercare@ciaservices.com
 8811 FM 1960 Bypass Road Suite 200, Humble, Texas 77338

EMERGENCY NUMBERS

Emergency Situations.....911
 Constable - Precinct 3 281-427-4791
 Houston Fire Station #105 14014 W. Lake Houston Pkwy
 Houston, Texas 77044
 South Lake Houston EMS (Dispatch)..... 281-459-1277
 Dead Animal Pick-Up (Precinct 1)..... 281-820-5151
 Animal Control..... 281-999-3191
 After Hours..... 281-221-5000

UTILITY SERVICE NUMBERS

Public Utility Commission Consumer Hotline.. 888-782-8477
 Entouch Systems..... 281-225-1000
 (Telephone, Cable, Alarm Monitoring)
 AT&T..... 800-288-2020
 CenterPoint..... 713-659-2111
 Reliant Energy..... 713-207-7777
 MMIA (Water District Operator)..... 281-651-1618
 Garbage Pick-Up
 MUD 342 & 344 (Republic Waste)..... 281-446-2030
 MUD 361 (Wast Management)..... 1-800-800-5804

SCHOOLS

Summerwood Elementary..... 281-641-3000
 Lakeshore Elementary 281-641-3500
 Post Office..... 713-695-2690
 4206 Little York, Houston, TX 77078

NEWSLETTER INFO

EDITOR

Article Submissions....summerwoodnewsletter@gmail.com

PUBLISHER

Peel, Inc.www.PEELinc.com
 Advertising.....advertising@PEELinc.com, 888-687-6444

What Is the Wise Thing to Do?

Summer is almost here, which means there will be an increase in three things: mosquitos, heat, and crime.

We may feel powerless against the heat and mosquitos, but we are not powerless against crime. An increase in crime generally happens everywhere during the summer when bored kids and criminals take advantage of our homes being empty while we are on vacation. But most are crimes of opportunity, so don't give the bad guys any assistance!

There are many proactive things we can do to lower our chances of becoming a victim of crime. Always ask yourself: what is the wise thing to do to avoid being a victim?

1. Know your neighbors. Exchange phone numbers, know their cars, and always keep an eye out for each other. Block parties are a great way to meet several neighbors at once.

2. Come to the monthly crime watch meeting on the second Tuesday of each month. If you want to be in the know, this is the place to be. Meet and share your concerns with our Pct. 3 contract constables and HPD. You can also get accurate information about what's happening in Summerwood. Facebook is a great tool, but it sometimes contains rumors and erroneous info. Meetings are at 7 p.m. at the Central Clubhouse and generally last less than an hour.

3. If you see something, say something. Call the Pct. 3 non-emergency number (281-427-4791) for suspicious activity. Program this number into your phone. Your calls to them are not taking away from more important issues. Law enforcement is well-equipped to prioritize calls. Always call 911 for life-threatening matters, though.

4. Call the above non-emergency number to request a vacation watch when your home is unoccupied for a few days.

5. Make sure you know your crime-watch block captain and are receiving information from him or her. If you don't have a block captain, consider becoming one.

6. When possible, park vehicles in locked garages. Or, park with your truck backed in and close to the house to discourage tailgates being stolen. We often fill our garages with \$500 of junk but leave our valuable vehicles outside.

7. Never leave valuable items in your car. Never!

8. Always turn on your home alarm when away.

9. Request to join the Facebook Summerwood Crime Watch page. Only Summerwood residents are eligible and must first verify their addresses. Check your messages (and "other" folder) on FB for verification from an admin.

10. Purchase a driveway alarm to alert you when someone is in your driveway or yard. They can be purchased for less than \$20 at Harbor Freight.

11. Lastly, never become complacent and always be aware of your surroundings. Sadly, it's the world we live in now.

(Continued on Page 4)



BILLIE JEAN HARRIS

Billie Jean's Team

713-825-2647 Cell
713-451-4320 Direct Office

Over 28 Million in Closed Sales this year



Really Big News!

EXPERIENCE, EXPERIENCE, EXPERIENCE...I can help you realize your dreams. With 34 years in the real estate industry, I have the experience you need to guide you during your home buying or selling process. My team and I are ready to service your needs from start to finish.

TEAM WORK...Whoever said "Many hands make light work" really understood a team work concept. Each member of my team (including you) will have specific duties towards our common goal to ensure the strength and endurance needed to get this transaction closed.



BILLIE JEAN HARRIS

713-825-2647 (Cellular)
713-451-4320 (Direct)
713-451-1733 x106 (Office)
bharris@remax-east.com
www.billiejeanharris.com



#1 Team BILLIE JEAN HARRIS TEAM
January – March 2015 in the UNITED
STATES for RE/MAX Agents

#1 Team BILLIE JEAN HARRIS TEAM
January – March 2015 INTERNATIONALLY
for RE/MAX Agents



RE/MAX International is an Equal Opportunity Employer and supports the Fair Housing Act. ©2009 RE/MAX International, Inc. All rights reserved. RE/MAX® Sales Associates are independent contractors affiliated with independently owned and operated RE/MAX® franchises. 091385

(Continued from Page 2)

Summerwood is a very safe community, and we want to keep it that way. With a little diligence on our part, we can keep crime down in our beautiful area. So always ask yourself: what is the wise thing for me to do? Feel free to contact me with questions or comments at summerwoodcrimewatch@gmail.com.

Darlene Kilburn

Crime Watch Committee Chairman

SUMMERWOOD EVENTS SAVE THE DATES!

Memorial Day Pool Party

May 30, 2016

Movie Night

June 10, 2016

Independence Day Parade

July 4, 2016

Youth Fishing Tournament

August 13, 2016

Fall Festival

October 15, 2016

Fall Garage Sale

November 5, 2016

Winter Festival

December 3, 2016

Log in to www.summerwoodlife.com for more information.



WE'RE
WILD
ABOUT THE
HOUSTON ZOO

Visit the Texas Direct Auto
Wildlife Carousel

SELL US YOUR CAR!™

TEXASDIRECTAUTO.COM

Proud Partner of the Houston Zoo



Real Estate News: **SUMMERWOOD**

EVEN FRED FINDS IT SHOCKING



**THAT YOU WANT TO BUY OR SELL
A HOME... BUT YOU HAVEN'T
CALLED ME YET**

SERVICES WE OFFER:

- FULL REPRESENTATION FOR BUYERS & SELLERS
- SHORT SALES
- NEW HOME SALES
- STAGING
- PRE-INSPECTION REPAIRS
- REPAIRS & HOME RENOVATIONS
- PROPERTY MANAGEMENT

WHY WORK WITH US?

The Eblen Team is a Team like **NO** other. We are a **ONE STOP SHOP!** From the moment you decide your ready to sell your home we start working. Because we are teamed up with several general contractors and are knowledgeable about what sellers want and what home inspectors are looking for, we save our Sellers **THOUSANDS** in repairs and get out homes **SOLD** for Top dollar and **FAST**.

CALL US TODAY! (832-319-4336)

KEEP YOUR EYE OUT FOR LOCAL EVENT INVITATIONS



HOT Real Estate News

Thanks to our Clients and
Friends for Rating us Above
the REST!



**HOW
CAN WE SERVICE YOU AND
YOUR FAMILY?**



The Eblen Team - JLA Realty

Jessica Eblen & GA Eblen

Cell: 832-319-4336

Email: jessicare@gmail.com

Web Site: JessicaEblen.com

License Number: 634828

Office Address:

5332 FM 1960 E, Suite C
Humble, TX 77346



SUMMERWOOD PHOTO OF THE MONTH

Christina Whitworth of Norhill Pointe Drive shared this picture of her two children. She enjoys watching her children play tag and hide behind the beautiful trees in Summerwood. Walking and riding their scooters around the lakes are more of their favorite past times.

Have you recently taken a great photo of your family enjoying the outdoors in Summerwood? Maybe you've taken a photo of one of our amenities or a particular landscaped area that you enjoy? We'd love to publish a favorite Summerwood photo!

Please email any to summerwoodlife@gmail.com and include your name and address, along with a short paragraph about why the photo is your favorite. The winner will have his/her photo in next month's newsletter!

**AARON
MECHANICAL, LLC**
Air Conditioning / Heating / Refrigeration
281.540.HVAC

KICK BACK WITH WORRY-FREE HVAC

281.540.4822

www.AARONMECHANICAL.com

38 Years in Business



Energy Efficient
Innovative comfort features
Great maintenance contracts

COOL CASH starts March 1, 2016 with up to \$2000 off select RUUD Systems. FAMILY owned and operated in the HUMBLE Area since 1978. Ask about our Energy Savings Maintenance Agreements that give you peace of mind all year on your HVAC systems.



GO WITH THE TRIED & THE TRUE

RELY ON RUUD.™



ECO-FRIENDLY PEST MANAGEMENT

You'll love us. Your pests won't.

ECO-FRIENDLY
Family, Pet and Customer Friendly
GREEN PEST GUYS

- Locally owned and operated
- 100% service guaranteed
- Customized to your home or business
- Good communication solves all problems

Pest Solutions:

- Termite Treatment
- Wasps • Roaches • Spiders
- Mosquito Misting Systems
- Ants • Rodents • Varmints
- Yard Insects and more



www.greenpestguys.com



Visa, MasterCard, Cash, or Check
Call for a **FREE** Pest Estimate!

832-948-8878

Mark Mahana
Chief Greenie




We fight the battle outside, so you can enjoy the inside.

Summerwood Book Club Invites YOU!



Come check out the Summerwood Book Club! We read one book per month and then discuss the book at monthly meetings at Starbucks. We vote on the book we will read each month. Even if you do not completely finish reading the book for its month, we'd love to have your

input. We meet the last Tuesday or Thursday of each month, so come join your Summerwood neighbors who love to read!

For more information, please email Tina Brown at tinalavedabrown@yahoo.com.



Lone Star College: Atascocita Center

Summer registration is now open! The first summer session runs June 6 through July 12, and the second summer session runs July 14 through August 21.

You can register by visiting www.lonestar.edu/registration.htm, calling us at 832-775-0800, or stopping by our campus today!

Lone Star College: Atascocita Center

15903 West Lake Houston Parkway

Houston, TX 77044

<http://lonestar.edu/atascocita-center.htm>



NOBODY IS DROWNPROOF WATCH KIDS AROUND WATER



COLIN
HOLST

14 Texas children have already fatally drowned in 2016

DROWNING IS PREVENTABLE

THESE WATER SAFETY TIPS CAN SAVE LIVES



**WATCH KIDS & KEEP
IN ARM'S REACH**



**LEARN
TO SWIM**



**WEAR
LIFE JACKETS**



**MULTIPLE BARRIERS
AROUND WATER**



**KEEP YOUR
HOME SAFER**



**CHECK WATER
SOURCES FIRST**



**PRACTICE DRAIN
SAFETY**



**BE SAFER IN
OPEN WATER**



**LEARN
CPR**

BECOME a Water Guardian for your child

TAKE the Water Safety Quiz → PREVENT drowning

www.colinshope.org/quiz

LEARN more at www.colinshope.org



Summerwood Elementary School SPRING FLING!

SPECIAL THANKS TO OUR SUPERNOVA AND STELLAR SPONSORS



**Primrose School
at Summerwood**



**SUMMERWOOD ORAL &
MAXILLOFACIAL
SURGERY**



Your Community at Your Fingertips

Download the Peel, Inc. iPhone App



Search "Peel, Inc." in the
the AppStore



Considering Architectural Changes?

Before doing any work that will change the outside appearance of your home, please be sure to check the Summerwood Architectural Guidelines for information. Then complete and submit the required Home Improvement Request (HIR) for Architectural Committee approval before any work begins.

The HIR form, as well as the architectural guidelines, can be found by logging in to www.summerwoodlife.com, clicking the Document Library tab, and then selecting Architectural Review Committee.



Summerwood Crime Watch Meeting

Tuesday, May 12, 2016

All Summerwood residents are encouraged to attend the monthly crime watch meetings to receive timely information about what is going on in and around our community. The group meets at 7 p.m. on the second Tuesday of each month at the Central Clubhouse on Summerwood Lakes Drive. Come meet those who protect us! Lt. Ganey of the Constable Precinct 3 Office, our contract deputies, HPD Lt. Salazar, and deputies from HPD often attend the meetings, provide excellent information, and hear your concerns.



Opportunity is knocking!



With the Challenge and Texans, opportunities are virtually limitless:
 Play on a national level
 Compete against teams from across the nation
 Guest-play with different teams around the city
 Play in front of college coaches through premier showcases

Be a part of a nationally recognized club!



**Dream...
 Believe...
 ACHIEVE!**

**Soccer Select Tryouts for
 Challenge East (Girls) and Texans East (Boys)**

U11-U13 May 16-18

U14-18 June 6-8

Lindsay Lyons Sports Complex

For Details and to Register Online:
www.TxHeatWave.com
 Building Champions Since 1976



LAKE HOUSTON LADIES CLUB MAY MEETING

Lake Houston Ladies Club will have their meeting and luncheon on Tuesday, May 17, 2016 beginning at 10:00 a.m. at the Walden Country Club, 18100 Walden Forest, Humble TX 77346. The Hula Mamas will be performing their Drums of the Pacific show, an Authentic Polynesia Review. There will audience participation, so ladies get ready. This should be lots of fun, as they will bring Hawaii to us. Lake Houston Ladies Club is a social organization that welcomes new members from all surrounding areas. Several Interest groups are available which include: Readers Choice, Bridge, Bunco, Tea Time, Lunch and Look, Movie Group, Supper Club, Mah Jongg, and Girl's Night Out. Please join us. New members are always welcome. Reservations need to be made by Sunday, May 8, 2016 by 5:00 pm. For luncheon reservations go to: <http://www.lakehoustonladiesclub.com/> For more information about the club call Linda at 832-379-3009.



PATIO COVERS | PERGOLAS | CARPORTS | PORTE COCHÈRES | OUTDOOR KITCHENS | DECORATIVE OUTDOOR FLOORING

VISIT OUR
WEBSITE FOR
INSPIRATIONAL
IDEAS



CUSTOM PATIO STRUCTURES

Committed to Quality, Value & Service



832.570.3990

www.custompatiostructures.com

FAMILY OWNED & OPERATED WITH OVER 20 YEARS EXPERIENCE
FREE ESTIMATES & DESIGN CONSULTATION • 100% FINANCING AVAILABLE



WHEN IT COMES TO STROKE, EXPERIENCE MATTERS.

Trust your care to an accredited Primary Stroke Center.

Memorial Hermann Northeast Hospital is an accredited Primary Stroke Center designated by The Joint Commission, in collaboration with the American Heart Association and American Stroke Association. Highly trained, affiliated neurologists are experts in delivering stroke care. They apply advanced techniques and technologies in the diagnosis, evaluation, management and treatment of strokes.

To learn more about stroke symptoms and care,
neuro.memorialhermann.org/northeast



**American Heart Association
American Stroke Association**
CERTIFICATION
Meets standards for
Primary Stroke Center

MEMORIAL
HERMANN
Northeast

ADVANCING HEALTH

Congratulations, Seniors!

Submit your Graduation Announcement
and Photo for the next issue.



THE PATIO COVER GUY

*Patio Covers *Shade Arbors
*Decorative concrete *Windows



*The Patio
Cover Guy,
where quality
is the Key*

713-577-9773
PATIOCOVERGUY.COM

SERVING THE COMMUNITY
You Call Home!

**We offer the right product, at the right time,
and delivered the right way.**

- ✓ Savings & Checking Accounts
- ✓ New, Used, or Refinanced Auto Loans
- ✓ Mortgage & Home Equity Loans
- ✓ Credit Cards & Personal Loans
- ✓ Investments Services & Much More

*It's Always
Sunny
at the Bay!*

Join our family and become a member!



Summerwood Branch
12310 W. Lake Houston Parkway
Houston, TX 77044

Texas Bay
CREDIT UNION

TexasBayCU.org | 713.852.6700

TRUSTED CARE FROM A TRUSTED NEIGHBOR

In case of emergency, turn to our 24-hour ER.



Not all emergencies call for a hospital visit.

Thankfully, you can get the quality care you need in a timely manner. When the unexpected occurs, turn to high-level ER care you can trust at Memorial Hermann Convenient Care Center.

We're here for the Greater Lake Houston area 24 hours a day, seven days a week. It's convenience without compromise.



Visit memorialhermann.org to book online with **ScheduleNow** or call **713.222.CARE**

14201 East Sam Houston Parkway N
(Beltway at West Lake Houston Parkway near CVS Pharmacy)

MEMORIAL
HERMANN

ADVANCING HEALTH

6 Health Benefits of Eating Dark Chocolate

If your sweet tooth craves chocolate, there are plenty of reasons to surrender to your cravings and indulge. Dark chocolate is loaded with nutrients that can positively affect your health. Made from the seed of the cocoa tree, it is one of the best sources of antioxidants on the planet. Cacao offers a number of health benefits from helping to control blood sugar to lowering the risk of cardiovascular disease because it contains flavonols, which are a type of antioxidant that has been shown to improve blood flow and can protect against sun-induced damage, improve blood flow to the skin and increase skin density and hydration.

Bottom Line: Quality dark chocolate has various nutritional perks so enjoying a delicious treat that has at least 65% cacao can be guilt-free if you don't overdo it.

NUTRITIONAL PERKS

HEART-HEALTHY

Dark chocolate has been shown to improve blood flow and possibly prevent blood clots. It also helps lower blood pressure and may help keep arteries from hardening.

BRAIN FOOD

Because chocolate increases blood flow to the brain, it can be a boost to your cognitive health.

MOOD CHANGER

Chocolate also contains phenylethylamine (PEA), which encourages your brain to release endorphins that make you feel good.

CANCER FIGHTER

Antioxidants in chocolate help rid your system of free radicals, which have been linked to multiple age-related health risks and diseases.

SOMETHING TO SMILE ABOUT

Theobromine, found in dark chocolate, helps harden tooth enamel, which helps prevent cavities.

SUN BLOCKER

Some studies show that people with diets high in flavonols take longer to burn in the sun than people with low flavonol diets.

Written by: Claudia Mosley, Moms Making Six Figures

Reviewed by: Dr. Barbara Ryan, MD

FACT:

Social and emotional intelligence may be the most important determinant of a child's future success.

PRIMROSE WAY:

Being school-ready is just the beginning.

NOW ENROLLING: SCHEDULE A TOUR TODAY.

Primrose School at Lakeshore

281.454.5000 | PrimroseLakeshore.com

Primrose School at Summerwood

281.454.6000 | PrimroseSummerwood.com



The Leader in
Early Education and Care®
Infants – Private Kindergarten
& After School

Each Primrose school is a privately owned and operated business. Primrose Schools® and The Leader in Early Education and Care® are registered trademarks of Primrose Schools Franchising Company. ©2016 Primrose School Franchising Company. All other trademarks are the property of their respective owners. For more information, visit www.primroseschools.com or call 1-800-875-5273 for more information.

SEND US YOUR *Event Pictures!!*

Do you have a picture of an event that you would like to run in this newsletter? Send it to us and we will publish it in the next issue.

Email the picture to summerwoodlife@gmail.com Be sure to include the text that you would like to have as the caption.

Pictures will appear in color online at www.PEELinc.com.



UPGRADE YOUR RIDE TODAY

YOUR ONE STOP TRUCK SHOP SINCE 1986



**GREAT PRICES FAST SERVICE
QUALITY WORK**

12954 Beaumont Hwy 90 (Old 90) Houston, TX 77049

Only 10 minutes from Summerwood. Left on Beltway 8 to Tidwell Exit

Owner: Rusty Montgomery

281.459.1917
BTSCUSTOMS.NET

Try
Something
Wild



With Your
Advertising

Get Started Today!
512.263.9181
peelinc.com

TEXAS A&M
AGRI LIFE
EXTENSION

Whiteflies

Whiteflies are small, soft bodied insects with piercing-sucking mouthparts. They are creamy white and adults have a mealy wax coating their body and wings. Immatures, also called nymphs, are small, oval, flattened and wingless.

Whitefly populations can increase quickly when temperatures are warmer. The insects like to be on the underside of leaves, often in clusters. Common species of whiteflies have a wide host range and can switch host plants.

Whiteflies suck plant juices and large populations can cause foliage to turn yellow, appear to be dry or even fall off the plant. Some whiteflies cause plant distortion or foliage to turn silver in color. Whiteflies produce honeydew, a sticky substance secreted by some insects. Honey dew causes foliage to become shiny in appearance and can attract a fungus called sooty mold. Some whiteflies are capable of transmitting plant viruses.

Try to encourage natural enemies to help manage whitefly populations in your garden. To do this, make wise pesticide choices. Try to choose pesticides to target specific pests and/ or specific areas. Also, you may need to manage ants that tend the whiteflies to obtain honeydew. The ants protect whiteflies from natural enemies that may normally keep the pest population at manageable levels.

In vegetable gardens, you may want to try reflective mulches to make the underside of the leaves where whiteflies hide less habitable.

As for chemical treatment, you can use high pressure water sprays, insecticidal soap, azadirachtin, d-limonene, botanicals or a synthetic product. Target your treatment to the underside of the leaves to get to where the whiteflies like to hide.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at www.urban-ipm.blogspot.com

The information given herein is for educational purposes only. Reference to commercial products or trade names is made with the understanding that no discrimination is intended and no endorsement by Texas A&M AgriLife Extension Service or the Texas A&M AgriLife Research is implied.

Extension programs serve people of all ages regardless of race, color, religion, sex, national origin, age, disability, genetic information or veteran status.

Don't Let The Real Estate Market Beat You!

SELLERS:

Worried that
your home
WON'T SELL?

BUYERS:

Worried about
not finding what
YOU WANT?

I HAVE AN IMPORTANT MESSAGE FOR YOU...

Find out if your home or home search
qualifies now! Veterans Welcome!

I will sell your home, or find you what
you want, in 7 days (or less) or
I'LL PAY YOU!



Dorothea Brice,

NEIGHBORHOOD REALTOR,
SUMMERWOOD RESIDENT

DECORATED "DESERT STORM" WAR VETERAN

281.450.3624

AskDorothea@gmail.com

HoustonSuburbiaHomes.com



10206 Garden Crossing Lane

SOLD in 4 DAYS!

"It pays to Trust a Champion!"

TENNIS TIPS

*By USPTA/PTR Master Professional - Owner, Manager and Director of
Tennis, Grey Rock Tennis Club, Austin, TX*

How to execute The Overhead “Smash”



In previous newsletters, I offered tips on how to hit a forehand groundstroke, a two-handed backhand, one-handed backhand, forehand volley, the two handed backhand volley, the serve, the forehand half-volley and the one-handed backhand volley. In this issue, I will offer you instructions on how to execute the overhead “smash” when players get a high ball and hit the ball above their head. In the illustrations, Matilda O’Connor, player at the Grey Rock Tennis Club, shows the proper technique to execute this stroke. Photos by Charlie Palafox.

Step 1: The Back Step: When Matilda realizes that a ball is high enough to hit the overhead, she takes a step back on the side to hit the ball. The upper body turns, the racket starts the backwards motion by keeping the elbow at a 90-degree angle and the left hand is pointing towards the ball. Notice that her head is looking at the ball and she is keeping her chin up.

Step 2: The Point of Contact: As Matilda prepares to hit the ball,

her racket begins accelerating from the back position. She is making perfect contact on the upper part of the racket and the right wrist is “snapping” to get on top of the ball. Her left arm is still pointing to the ball to assure a direct hit on the “sweet spot” of the racket. Her weight has shifted from the back foot to the front foot.

Step 3: The Follow Through: After the ball has been struck by the racket, Matilda will continue the swing across the left side of her body. Her eyes are now focused on the path of her stroke. The left arm is at her left side. Her right foot still keeps her toes on the court to allow for maximum balance of the stroke.

Step 4: The Ready Position: Even though the overhead “smash” is a powerful weapon, many times the opponents will return it back to the players. Here Matilda is ready for the next ball coming back towards her. By the looks of her smile, it appears that her overhead stroke was a success and that won the point.

Look for in the next Newsletter: The Forehand Service Return

Kingwood Medical Center's Pediatric Emergency Center

The next
best thing
to superpowers

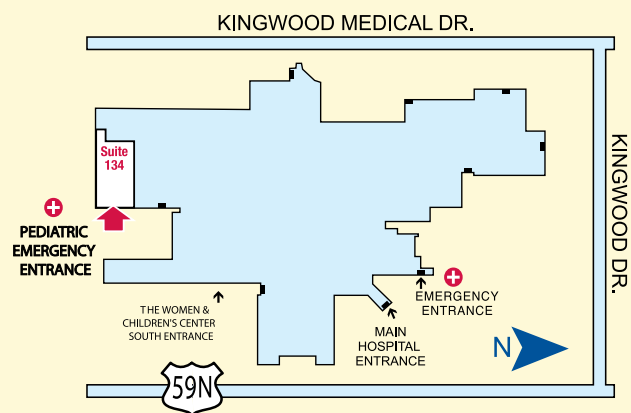


Parents expect the very best care for their children and that is what we deliver. Located next to our Women & Children's Center, we have designed a kid-friendly environment intended to ease the stress of children and their parents.

Our Pediatric ER Services Include:

- Full-service Pediatric ER open 10 a.m. to 10 p.m., 7 days a week
- Board-Certified Pediatricians, ER Physicians and Registered Nurses
- Seamless transition to surgical and inpatient settings
- On-site laboratory and imaging services
- Dedicated Pediatric Unit in our Women & Children's Center
- Access to experts in a wide range of pediatric subspecialties, including: cardiology, endocrinology, neonatology, neurology, ophthalmology, and pulmonology

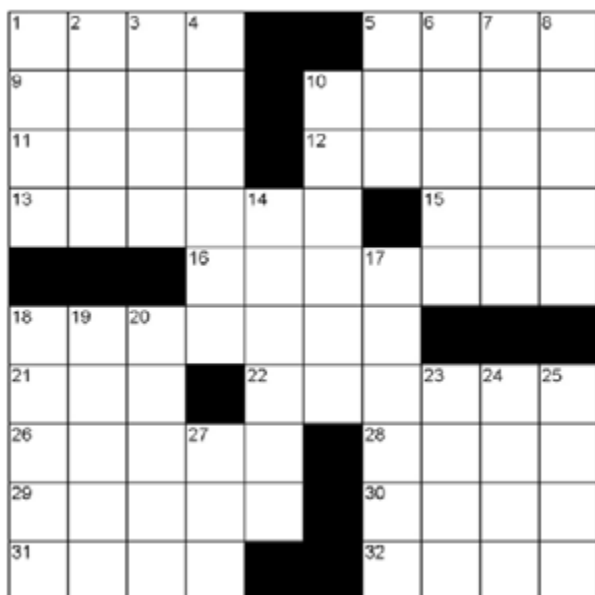
Now Open!
10 a.m. to 10 p.m. daily



Located next to the Women & Children's
Center at the South Tower Entrance.

22999 U.S. Highway 59 North, Suite 134 • Kingwood, TX 77339
281-348-8800 • KingwoodMedical.com

CROSSWORD PUZZLE



ACROSS

1. Belong
4. Elevator alternative
10. Fire remains
11. Short guy, hairy feet
12. Manipulate
13. Indoor
14. Coaxing
16. Condensation
17. Adolescent
18. South Carolina (abbr.)
20. New Jersey (abbr.)
22. Hornet
26. Rock
29. Loves
31. Demonstrate
33. Government agency
34. Subordinate
35. Cause of sickness
36. Elapse (2 wds.)
37. Surface to air missile

DOWN

1. Finds _
2. Make available
3. Not here
4. Tibia
5. Fire iron
6. Abdominal muscles (abbr.)
7. As previously cited
8. Cycle
9. Soup
15. Hotel
19. Cash with order (abr.)
21. Rachel's husband
23. Regions
24. Reddish brown
25. Sacred song
26. Pearls
27. Vile
28. Brief
30. Refuse to believe
32. Pinch

View answers online at www.peelinc.com

© 2006. Feature Exchange

(281)446-1702 Office
LandscapeHumble.com

Texas Irrigators Lic. #9153
Drain Layers Lic. #PD505403

GJM



- ◆ Swimming Pools & Spas
- ◆ Outdoor Kitchens & Living Areas
- ◆ Custom Patio Covers & Shade Arbors
- ◆ Landscape Design & Installation
- ◆ MistAway Mosquito Systems

Swimming Pool
FINANCING
LIGHTSTREAM
A Division of SunTrust Bank
APPLY NOW



Ready to Serve your Storage Needs



StorageWest
Here for you™



Storage West

17980 West Lake Houston Parkway
Humble, TX 77346

713-489-4325

- Resident Managers
- Free Move-In-Truck
- Air Conditioned Units
- Individually Alarmed Units
- Fire Sprinklers
- Over 50 Security Cameras On-Site

Call Us Toll Free

877-917-7990

www.StorageWest.com

2nd Month Free

with this coupon

**Must present coupon to receive discount
Valid on Select Units Only**

Not valid with any other offer. Expires June 30, 2016



At no time will any source be allowed to use the Summerwood Life's contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from Peel, Inc. The information in the Summerwood Life is exclusively for the private use of the Summerwood HOA and Peel, Inc.

DISCLAIMER: Articles and ads in this newsletter express the opinions of their authors and do not necessarily reflect the opinions of Peel, Inc. or its employees. Peel, Inc. is not responsible for the accuracy of any facts stated in articles submitted by others. The publisher also assumes no responsibility for the advertising content with this publication. All warranties and representations made in the advertising content are solely that of the advertiser and any such claims regarding its content should be taken up with the advertiser.

* The publisher assumes no liability with regard to its advertisers for misprints or failure to place advertising in this publication except for the actual cost of such advertising.

* Although every effort is taken to avoid mistakes and/or misprints, the publisher assumes no responsibility for any errors of information or typographical mistakes, except as limited to the cost of advertising as stated above or in the case of misinformation, a printed retraction/correction.

* Under no circumstances shall the publisher be held liable for incidental or consequential damages, inconvenience, loss of business or services, or any other liabilities from failure to publish, or from failure to publish in a timely manner, except as limited to liabilities stated above.

BUSINESS CLASSIFIEDS

RAINCO IRRIGATION SPECIALIST:

Commercial & Residential. Backflow Testing, Irrigation (Sprinkler) System Service, Maintenance and Repair, Rainbird - Hunter. Fully Insured. License # 9004 & 9226. Call 713-824-5327.

Business classifieds (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office @ 512-263-9181 or advertising@PEELinc.com.

DON'T WANT TO WAIT FOR THE MAIL

View the *Summerwood Life* online at www.PEELinc.com.

Brilliant Energy Texas OUC #10140

BRILLIANT ENERGY

Easy Online Sign-Up at
BrilliantElectricity.com
USE "NEIGHBORHOOD NEWSLETTER" AS REFERRAL

BRILLIANT ENERGY = SERIOUSLY LOW RATES
BRILLIANT ENERGY'S ELECTRICITY RATES CHALLENGE
THE RATES OF EVERY OTHER PROVIDER IN TEXAS!
LOCK-IN A LOW ELECTRICITY RATE FOR
UP TO 3 YEARS

BRILLIANT ENERGY IS RECOMMENDED BY TEXAS ENERGY
ANALYST, ALAN LAMMEY THE HOST OF THE "ENERGY
WEEK" RADIO SHOW ON NEWSTALK 1070 KNTH!

Ask the "Energy Analyst"
281.658.0395

GREAT BUSINESS RATES TOO!



WIRED

ELECTRICAL SERVICES

SERVICING ALL YOUR ELECTRICAL NEEDS

- Panel Upgrades
- Home Inspections
- TV Install/Mounting
- Troubleshooting
- Remodeling
- Landscaping Lighting
- Home Generators

RESIDENTIAL & COMMERCIAL 24-7 SERVICE
LICENSED & INSURED

**Take \$25.00 Off Your
Next Service Call**



FAMILY OWNED AND OPERATED
713.467.1125 or 281.897.001
www.WiredES.com



TECL 22809 Master 100394





Attention KIDS: Send Us Your Masterpiece!

Color the drawing below and mail the finished artwork to us at:

Peel, Inc. - Kids Club

308 Meadowlark St

Lakeway, TX 78734-4717

We will select the top few and post their artwork on our Facebook Page - Facebook.com/PeelInc.

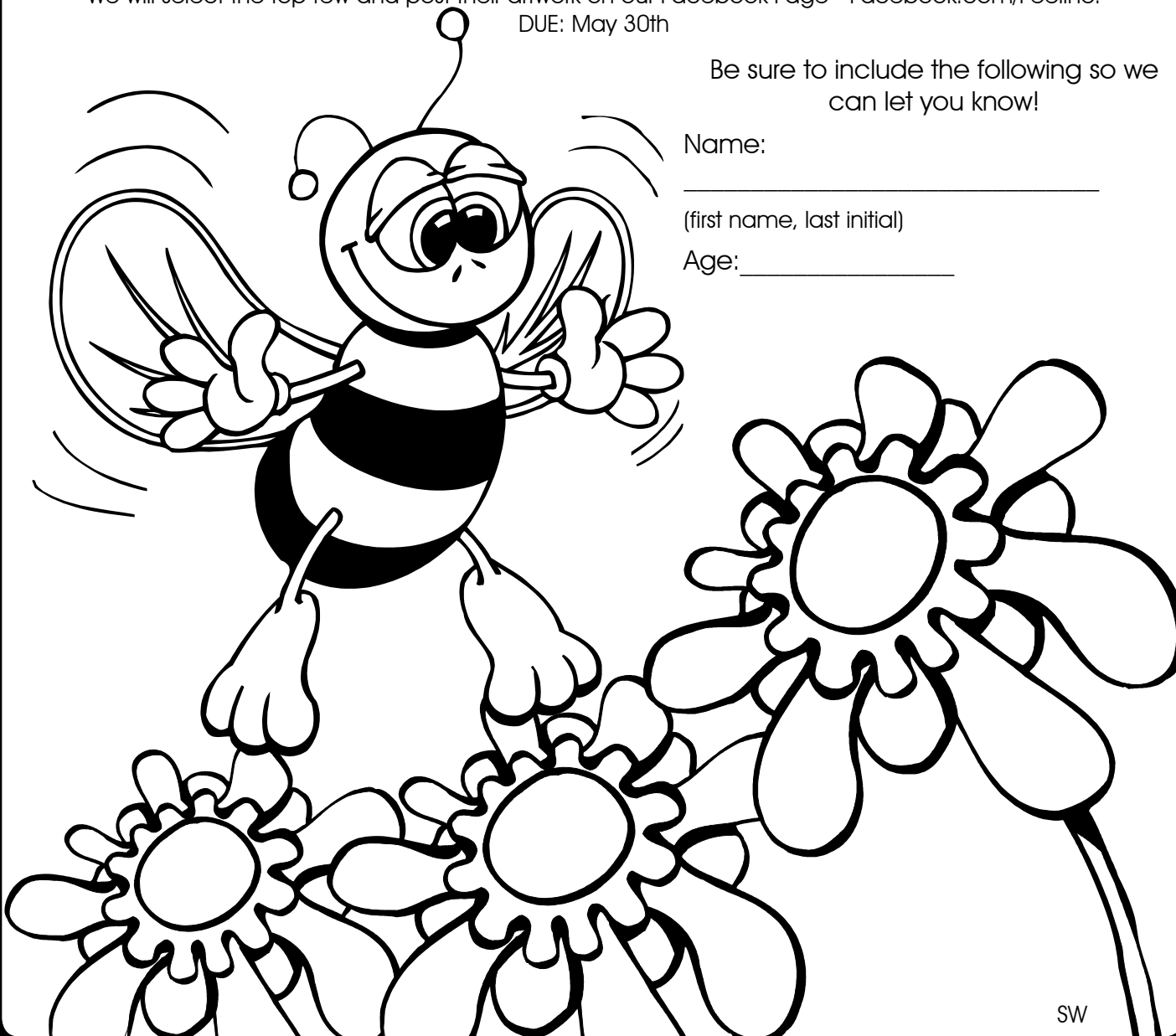
DUE: May 30th

Be sure to include the following so we
can let you know!

Name: _____

(first name, last initial)

Age: _____



SW



PEEL, INC.

308 Meadowlark St. South
Lakeway, TX 78734

PRSR STD
U.S. POSTAGE
PAID
PEEL, INC.

SW

HAPPY MOTHERS DAY!

In celebration of Mothers Day.....

We are giving away a \$100 gift card to Trellis (The Spa At The Houstonian)!!!

So how do you win? Just send us an email that includes your name and phone number and you will be registered for the prize... it's that easy! We will announce the winner at the end of the month and personally deliver your gift card so you can schedule your getaway at one of the most exclusive Spas in Houston.

To register, please send your information to...
tracymontgomeryteamsvp@gmail.com

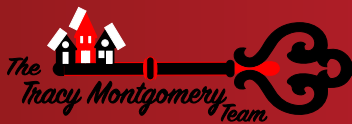
In March 2016 our team was recognized by the Houston Business Journal as the #12 team for most homes sold in 2015. Our goal is to continue our success by providing "Best-in-Class" services for clients in the Northeast Houston marketplace.

To recognize all of our clients (Past and Future) for our incredible growth and success, we will be offering

a monthly prize as a gesture of our thanks for helping us become one of the leading Real Estate Teams in the Houston area. So keep a look out for information in future newsletters!

If you are thinking of selling or buying a home please call the Tracy Montgomery Team.

We have over 20 years of Experience and would love to help you with any of your real estate needs.



Tracy Montgomery
Cell: 713.825.5905

Sandy Brabham
Cell: 713.503.8110

Lisa Hughes
Cell: 281.323.5894

Melissa Nelson
Cell: 832.527.4989

If you know of someone who would appreciate the level of service my Team provides, please call me with their name and business number. I'll be happy to follow up and take great care of them.



kw NORTHEAST
KELLER WILLIAMS | JAMES REATY

**Your
Neighborhood
Realtors**

281.812.8265
www.tracysoldit.com
tracy@tracysoldit.com
20665 W Lake Houston Parkway
Humble, TX 77346