

#### **MAY 4TH**

### SWEETWATER STORYTIME

9:30-10 AM

Come join your moms, dads, and tots for a mother's day themed storytime, craft and snacks!

#### **MAY 4TH**

### BOOK CLUB

7-8PM

Come join your neighbors and discuss Me Before You by Jojo Moyes. The backup selection

### MAY 4TH, 11TH, 18TH, & 25TH

### WATER AEROBICS WITH DANIELLE HALE

9-10 AM

Come join Danielle in the pool every Wednesday from 9-10 am. Bring your noodle & towel and get ready for another great way to get in shape in Sweetwater!

### CAMP GLADIATOR

takes place every M/W/F from 8:30-9:30 am & T/TH from 5:30-6:30 am. Get STRONG with Camp Gladiator!

#### MAY 3RD, 10TH, 17TH, 24TH, & 31ST

### YOGA WITH PHOEBE

7:15-8:15 PM

Come stretch out from all the food you ate at the wildflower Festival and get back into shape with Phoebe every Tuesday night!

### MAY 5TH, 12TH, 19TH, & 26TH

### ZUMBA WITH SAM

#### **MAY 11TH& MAY 25TH**

### **BOLLYWOOD DANCE FITNESS**

This class is proving to be a hit! Sweetwater neighbors are enjoying Bollywood Dance Fitness as a new, fun way to get fit!

#### MAY13TH

### FRIDAY NIGHT BINGO LIGHTS!

6-8 PM

Come join your neighbors for some friendly competition at the clubhouse!

#### **MAY 20TH**

7-9PM

### EMPTY NESTERS GO OUT!

Empty Nesters are meeting at Verde's Restaurant on May 20th from 7-9pm. Happy hour will be at 6pm. Please come join the fun!

# News from the Property Management Office

Spring is upon us, Sweetwater neighbors are out and about enjoying the sunshine and warm weather. Keep the following things in mind in the upcoming weeks:

- -Please make sure you are mowing and weeding your yard on a regular basis. A clean and healthy yard helps maintain the beauty of the community.
- Please remember that all items (BBQ pits, trash cans, landscaping stones, etc.) must be stored out of plain sight from the street. Trash cans may be placed at the curb the night before trash pick-up and should be put away by the morning after trash pick-up.

-Please remember that dogs should be on leashes at all times when out in the neighborhood and on HOA property.

Community documents and information can be found at www. SweetwaterLife.com. For accounting questions contact Goodwin Management at 512-502-7515 or info@assnsvcs.com.



### **ADVERTISING INFO**

Please support the advertisers that make the *Sweetwater Life* newsletter possible. The Sweetwater HOA receives this newseltter free of charge provided by the advertisers within. If you are interested in advertising, please contact our sales office at 512-263-9181 or *advertising@peelinc.com*. The advertising deadline is the 8th of the month prior to the issue.

### **ARTICLE INFO**

The Sweetwater Life is mailed monthly to all Sweetwater residents. Residents, community groups, churches, etc. are welcome to include information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for the *Sweetwater Life* please email it to *sweetwater@peelinc.com*. The deadline is the 15th of the month prior to the issue.

### **IMPORTANT NUMBERS**

EMERGENCY NUMBERS
EMERGENCY911
Fire
Ambulance 911
Sheriff – Non-Emergency512-974-0845
Travis County ESD No.6/Lake Travis Fire Rescue
Administration Office512-266-2533
Travis County Animal Control512-972-6060
SCHOOLS
Lake Travis ISD512-533-6000
Lake Travis High School512-533-6100
Lake Travis Middle School512-533-6200
West Cypress Elementary512-533-7500
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Crossroads Utilities (Water, Sewer, Trash)512-246-1400
Texas Gas Service
Customer Service1-800-700-2443
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AT&T1-800-288-2020
Time Warner Cable512-485-5555
Austin/Travis County Hazardous Waste512-974-4343
OTHER NUMBERS
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Bee Cave Library
Bee Cave Municipal Court
Lake Travis Post Office
Lakeway Regional Medical Center512-571-5000
City of Bee Cavewww.beecavetexas.com
Travis County (General No.)
www.traviscountytx.gov
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# The Buzz: Sweetwater Sets Up Six Community Honeybee Hives



On the last day of April, Sweetwater became abuzz with thousands of new "residents," as the community installed six new honeybee hives.

Three hives are now located just behind the Sweetwater Welcome Center. The other three are in a canyon off of Pedernales Summit Parkway, between Davenport Summit and Highland Lakes.

The hives are located away from the community's trail system, to protect both residents and the bees, but it's easy to spot them. Just look for white boxes about the size of small suitcases, stacked anywhere from six to eight feet high and surrounded by fencing.

The hives are part of Sweetwater's partnership with Round Rock Honey, which hosted one of the most popular booths at the Sweetwater Wildflower Festival on April 23. They offered honey samples, demonstrations of working with bees, and explained the new hives to residents who had already heard about them are were excited.

"Sweetwater is heaven for honeybees, with its natural creeks to provide all-important water, and more than 700 acres of natural open space," said Konrad Bouffard, owner of Round Rock Honey. "Beyond its acres of wildflowers, Sweetwater offers many sources of nectar, including its many oak trees, persimmon trees and wild grapevines."

At peak times, during late spring and early summer, the hives are expected to be home to up to 300,000 bees. They belong to the species apis mellifera, or western honey bee, prized for their sweet honey, gentle nature and hygienic habits.

Bouffard said the Sweetwater hives can produce up to 400 pounds of honey a year, under optimal conditions.

"Honey from this area of the Hill Country is very complex, with a deep flavor that has a nice persimmon twang," he said. "The color is a beautiful chestnut brown, with a hint of red from the persimmon."

Bouffard said it's easy for people and bees to coexist as neighbors.

"You really have to try hard to get stung by a bee," he said. "A bee will always bump you first if it thinks you are threatening. Just move away, and by all means don't swat it."

If you'd like to enjoy some Round Rock Honey, you can order online at www.roundrockhoney.com, or find them at stores and farmer's markets throughout the Austin area.

Since it began in 2003, the company has sold over one million jars of honey, and it offers related products such as its popular natural beeswax lip balm. It maintains more than 1,600 beehives throughout the Austin and Hill Country area.





Youth from across Austin: Join us at St. Andrew's for a summer of adventure, innovation and friendship!

- Camps for Young Children
   Explorations in Science
   Theater, Music & Art
   And many more!
   Sports Camps
   Technology
   Intensives
- Camps run in Southwest and Central Austin. Free early arrival, lunch supervision and aftercare are provided for full-day campers. Register now before your favorite camp fills!

SASAUSTIN.ORG/SUMMER

# **April Social Events**



Caroline & her little cuties are enjoying Easter crafts at the Sweetwater EGGstravaganza



Kids of all ages came out to hunt for Easter eggs and had a hlast!



Elvira and her sweet grandson Lucas are regulars at our Sweetwater Storytime.



These Gladiators are dedicated at this 530 am workout!



The Easter Bunny paid a visit to the little ones at the EGGstravaganza!



Whether you're looking for fantastic fitness programs, great events and activities for kids, or fun things to do with your neighbors in the evenings, Sweetwater seems to have it all!

The EGGSTRAVAGANZA was a hit and droves of little ones and some big kids too, came out to enjoy Sweetwater's very special egg hunt and Easter festivities. Families enjoyed crafts and snacks in the clubhouse and the Easter Bunny paid all the kiddos of Sweetwater a visit! Kids lined up to take pictures with the Easter bunny at the Pool Pavilion, providing for quite the spectacular backdrop!

Sweetwater Storytime is a great way for moms and dads to bring their kiddos down for some SWEET stories. The youngest in Sweetwater come to enjoy singing, dancing, stories, and a craft the first Wednesday of every month! April Storytime was filled with kite making and stories all about Spring! Please come join us this month for our very special Mother's Day craft and stories and songs all about moms.

The Book Club and the Empty Nesters have really taken off again! The Book Club also meets the first Wednesday of every month to chat about their latest read and enjoy special snacks and treats provided by the members. Book Club members encourage you to come and get a feel for the group, even if you aren't caught up on the latest book! Empty Nesters are still in the swing of things and invite you to join them for a fun evening out on May 20th at 7pm at Verde's Restaurant; cocktails by the bar at 6pm. Don't be afraid to go join this fun group! They're always welcoming new members!

Don't forget the fitness programs being offered in Sweetwater from Yoga to Zumba & Bollywood Fitness to Camp Gladiator!

Bess Ouahidi Sweetwater Lifestyle Director

### Sweetwater HOA Assessments

#### Quarterly payments become due on:

- January 1st
- April 1st
- July 1st
- October 1st

#### THE QUARTERLY DUES PAYMENT IS \$150.00.

You have until the 16th to send in your HOA payment before a late fee of 1.5% is charged to your account.

#### The payment address is:

Sweetwater Master Community c/o Goodwin Processing Center PO Box 93447 Las Vegas, NV 89193-3447

\*\*include your account number

You can contact Customer Service at 512-502-7515 for questions regarding your account or to request your account number.

Services:
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# The 2016 Lake Travis Spring Game

# Presented by Keller Williams Lake Travis

May 20

The 5-time state championship program at Lake Travis High School is gearing up for the fall season with the annual Spring Jamboree Scrimmage. The scrimmage will be held on May 20, 2016 at Cavalier Stadium. This will be the first opportunity for fans to get a glimpse of what the 2016 season will have in store for them. According to Director of Athletics and Head Football Coach Hank Carter, "2016 is going to be nothing less than greatness! With a core group of returning players and young talent moving up, this season will be great! We invite everyone to be a part of the Spring Jam experience."

The entry fee for the event is \$5 for adults and \$2 for students. Gates open at 4:30pm and future Cavaliers (Kinder – 6th grade) can sign up for the FREE Punt, Pass and Kick competition that will begin at 5pm. All LTISD elementary and 6th grade students are eligible to participate. Each participant will receive a LT wristband and prizes are awarded to the final winners in each category. The Cavaliers will also be available for meet and greets as well as autographs.

Admission to the Spring Jam includes spectating at all 3 games that will be played during the evening. The Freshman scrimmage will begin at 5:30pm, JV at 6:30pm and Varsity takes the field at 7:45pm. Big Prize Chance drawings will be awarded throughout the evening. First place prize is a DJI Phantom 3 Standard Quadcopter Drone, second place prize is an 50" Sharp LED HDTV and third place prize is Beats Studio over the ear headphones. In addition to the large prizes, (3) \$50 LT Spirit Shack gift certificates will also be awarded. Prize drawing tickets are available for \$10 each and can be purchased from any football parent prior to the event or at the gate during the event. The Spirit Shack will have LT t-shirts and souvenirs on sale during the event. The event will also feature silent and live auctions as well as varsity team autographs. You can also submit your chance to "Coach the Cays".

The "Taste of Lakeway" will feature local food offerings from some of Lakeway's finest restaurants. Spectators can purchase an all-inclusive dining pass for \$3 at the gate and enjoy all of the offerings from the restaurants on site.

The Spring Jamboree planning committee would like to thank the Platinum Sponsors for this year's event: HEB and Keller Williams Lake Travis. For more information about the Spring Jamboree or to become a sponsor, please visit www.LakeTravisFootball.com . Any further questions can also be emailed to: britneyecross@gmail.com.



# Lake Travis Boy's Soccer Makes History by Advancing to State Finals

The Lake Travis High School Boy's Varsity Soccer Team made history this past weekend when they made it to the Texas 6A State Finals, a first for Lake Travis. Quite the accomplishment considering the Texas UIL 6A Class is comprised of 247 schools. This also broke a 5-year record; 2010 was the last time a Central Texas High School in our bracket made it to the State Semi-Finals or Finals.

Lake Travis lost to undefeated Dallas Coppell 6-1 for the state title, Saturday night, April 16th, on a rain-soaked Birkelbach Field in Georgetown. According to MaxPreps, Dallas Coppell entered the finals ranked #1 in the state, with Lake Travis ranked #2. Lake Travis head coach David Bammel expressed pride and admiration for his team, "It was a tight match in the first half. Coppell took the lead at 11 minutes, but our boys kept digging. (Senior) Connor Vilven booted one in above their keeper at the end of the first half taking the score to 1-1." Unfortunately for Lake Travis, Coppell owned the second half, scoring 5 more goals, 2 off free kicks.

The Friday night semi-finals game against Brownsville Lopez was a different experience entirely. Lake Travis led Lopez 2-0 for most of the second half. The first half started with a break-away goal from (Junior) Luke Thompson and culminated with a header from (Senior) Bijan Ahmadian off a free kick from (Sophomore) Cameron Dicker. "We pressed hard and I couldn't be more proud of these boys", bragged Coach Bammel.

Lake Travis finishes their pre and post season with an astounding 128 goals scored to 17 conceded. This was a special team that continues the tradition of excellence at Lake Travis," stated Coach Bammel. Congratulations to the Lake Travis High School Boy's Soccer Team for an outstanding year.







# **RETIRE BETTER** WHAT GOES UP...

WITH JOSH STIVERS

Most of us had the experience as children of climbing high into a tree only to realize we were not quite sure how to get down. For the lucky ones, our parents were around to help extract us for our precarious situation. For the unlucky ones, you either had the opportunity to get to know your local fireman or ended up with a cast on your arm. Kittens seem to have the same difficulty.

I have been reading a book by Ed Viesturs in which he recounts his story of becoming the first American, and only the 6th person in history, to climb the 14 highest mountains in the world. While his story is fascinating and awe-inspiring, his motto for success really stuck home....

#### Reaching the summit is optional, getting down is mandatory!

Ed talks about how often he turned around before reaching the top of the mountain. Sometimes when he could see it just up ahead. The reason for this was due to the fact that based on predetermined rules and principles, reaching the summit would require him to take unacceptable risk. It is interesting to hear how he turns back even when others he is climbing with push on to the summit.

I began to think how much this is like financial

planning. We all have different levels of acceptable risk. We all want to reach the summit one day. And we all need a plan for getting back down.

I have met with many people over the years who have done a fantastic job of getting up the financial mountain through diligent saving and prudent investing, but interestingly, they have not given much thought to how they are going to successfully navigate the second half of their investment journey.

Once you leave employment and no longer receive a steady paycheck, the rules of the game change dramatically. It is at that point, when you are at the summit of your financial planning journey, that it is imperative you have a plan for getting back down the other side of the mountain.

I would argue this 2nd half planning is far more important than the planning it takes to accumulate and invest money while working. If you have not considered this fact, I would encourage you to begin to explore how you are going to handle things after you have summited your financial mountain.

If you would like to get a different perspective on your current portfolio or investment plan, feel free to contact us at retirebetter@platinumwealthadvisory.com and we can setup a time to visit over a cup of coffee.



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# Giving Back this Mother's Day: How Austin's Largest Baby Shower is Saving Moms and Little Ones from Abuse

What if Mother's Day was a month long? That's the goal of the Austin's Largest Baby Shower is to help vulnerable moms by holding a month long fundraiser through of May. The fundraiser benefits expectant moms and children escaping abuse through the Austin's Children Shelter, Hope Alliance Crisis Center and Dell Children Hospital's Care Team.

In 2014, there were 7,509 confirmed victims of child abuse and neglect in Central Texas. Many of these victims are infants, toddlers and expectant moms who leave with very little clothing diapers, food and supplies. Starting May 4th through May 31st, Austin's Largest Baby Shower will hold a city-wide baby clothes and diaper drive benefiting these three great organizations.

Several local business are providing space for the baby clothes and diaper drive donation box: Hat Creek Burger Company, BookPeople, BerryAustin, Dragonfly Wellness Center, Canyon Resort, and Eileen's Colossal Cookies. "Community involvement is key for the success of the Austin's Largest Baby Shower," remarks founder, Doreen Hunter. "Austin is such an inclusive city. Without the generosity of companies donating floor space for the donation boxes, we wouldn't be able

to make the event so convenient for everyone." For directions and more drop off locations, visit atxbabyshower.com

How Can You Help?

There are several ways to give. On the evening of May 4th the 2016 Lifeline Awards Banquet and Fundraiser will raise money for the Lifeline Award winner. The Banquet celebrates the programs and community impact that the Austin's Children Shelter, Hope Alliance Crises Center and Dell's Children Hospital of Central Texas provide. In addition, through out the month there are free community drive events that are festive and family friendly. You can also make a monetary donation online after May 4th. The money goes directly to the nonprofits. There is no middle man. A plus, all online donations are tax deductible.

To learn more about the Austin's Largest Baby Shower and the three organizations they are honoring, visit atxbabyshower.com. If your organization or group would like to form a donation team, please contact us at hi@atxbabyshower.com or by phone at (512) 537-8948.





### Attention KIDS: Send Us Your Masterpiece!

Color the drawing below and mail the finished artwork to us at:

Peel, Inc. - Kids Club 308 Meadowlark St

Lakeway, TX 78734-4717

We will select the top few and post their artwork on our Facebook Page - Facebook.com/Peellnc.

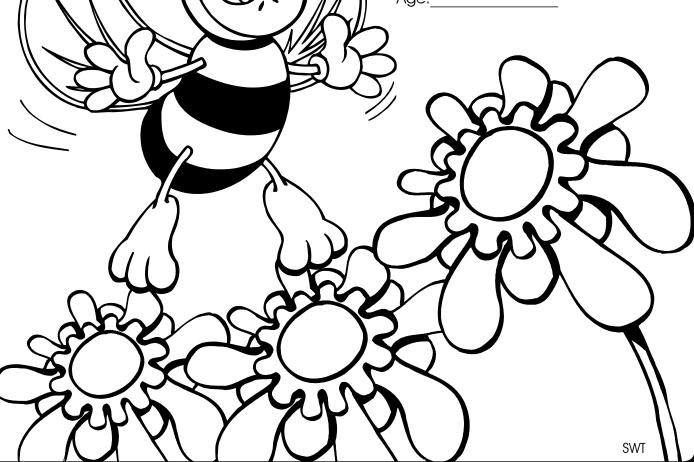
DUE: May 30th

Be sure to include the following so we can let you know!

Name:

(first name, last initial)

Age:\_\_\_\_\_



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### **Spicewood Arts Society**

Two Tons of Steel Plays La Cabana May 20

Country meets a dash of punk Friday, May 20 when San Antonio's Two Tons of Steel brings its unique sound to La Cabana Grill, Spicewood, for the last concert in the Spicewood Arts Society's current season. The family-friendly concert starts at 7 p.m.

This is an added performance and not included in the season ticket package. Buy tickets (\$25 for adults, \$10 for children 12 and under) at www.spicewoodarts.org.

The band's been rocking local stages for two decades and is easily one of San Antonio's favorite bands. From their debut self-titled album in 1994, to the cover of Billboard magazine, bandleader Kevin Geil honed a rockabilly-metal blend that earned them a "Band of the Year" nod twelve times and "Best Country Band" by the San Antonio Current ten times.

Fans may know them from their 20 years

at Gruene Hall, where the summer-long "Two Ton Tuesdays" has drawn more than 180,000 fans since it began its annual run in 1995. Out of that success came the equally popular "Two Ton Tuesday Spring Break Show" and "Ton Ton Tuesday Christmas Show."

Extending their range beyond live performances, Two Tons was featured in the film "Texas: The Big Picture" shown at the IMAX Theatre in the Bob Bullock Texas State History Museum in Austin. They've been featured in several Texas tourism commercials as well as the opening scene for "Austin City Limits."

A new release, "Garage Songs," will be coming in August, featuring ten new songs written in Kevin Geil's garage during practice.

Food and drink will be available through La Cabana, 21103 Highway 71. As seating at the restaurant's picnic tables is first-come, first served, those attending are encouraged to bring lawn chairs.

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About the Spicewood Arts Society

The Spicewood Arts Society provides promotion and education about the performing, visual and literary arts in Spicewood, Texas. Formed in 2000, SAS sponsors six performances a year, plus special performances and a special fundraiser concert; fall Arts Round-up, a fine arts festival; storytelling for adults and children; and scholarships, as well as other activities. More information online at www.spicewoodarts.org or call 512-264-2820.





Partners in Hope is a Lake Travis community ministry that connects people who desire physical, emotional, and spiritual help with people who will help.

If you fall into either of these categories, we want to meet you!



Visit us at www.partnersinhopelaketravis.org



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14 Texas children have already fatally drowned in 2016

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LEARN more at www.colinshope.org

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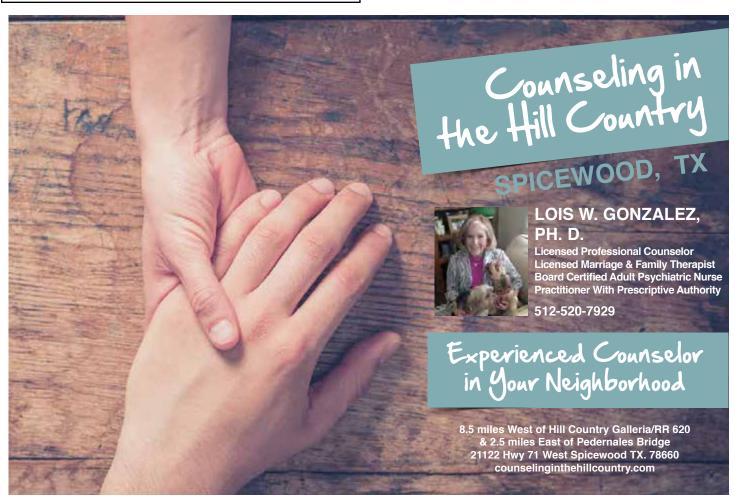
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# WEICOME to Gains ville!



GAINS IS BEST DESCRIBED AS A LIFESTYLE THAT MANY TAKE TO PUT ON MUSCLE AND GET INTO SHAPE.

HOWEVER, GAINS ISN'T JUST ABOUT GETTING BIG MUSCLES AND LOOKING LEAN. THE COMPLEX LIFESTYLE OF MAKING GAINS IS COMMONLY MISINTERPRETED AS SIMPLE MEATHEAD TERMINOLOGY. ONE WILL FIND THAT MAKING GAINS CONSISTS OF: THE PROCESS OF LIFTING, EATING HEALTHY, AND MAKING LIFE DECISIONS BASED OFF OF ONES HEALTH.

IT CAN ALSO REFER TO SOMETHING THAT BRINGS ONE GREAT PLEASURE AND BE USED TO DESCRIBE THINGS OR PEOPLE.

"THOSE EGGS ARE STRAIGHT UP GAINS."

"NO, I'M NOT GOING TO DRINK THAT BEER, I DON'T WANT TO KILL MY GAINS."

## "CROSSFIT HIVE IS HELPING ME MAKE ALL KINDS OF GAINS"

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