



# The VOICE

A Newsletter for the Residents of Teravista

Volume 6, Issue 5

May 2016

## Giving Back this Mother's Day: How Austin's Largest Baby Shower is Saving Moms and Little Ones from Abuse

What if Mother's Day was a month long? That's the goal of the Austin's Largest Baby Shower is to help vulnerable moms by holding a month long fundraiser through of May. The fundraiser benefits expectant moms and children escaping abuse through the Austin's Children Shelter, Hope Alliance Crisis Center and Dell Children Hospital's Care Team.

In 2014, there were 7,509 confirmed victims of child abuse and neglect in Central Texas. Many of these victims are infants, toddlers and expectant moms who leave with very little clothing diapers, food and supplies. Starting May 4th through May 31st, Austin's Largest Baby Shower will hold a city-wide baby clothes and diaper drive benefiting these three great organizations.

Several local business are providing space for the baby clothes and diaper drive donation box: Hat Creek Burger Company, BookPeople, BerryAustin, Dragonfly Wellness Center, Canyon Resort, and Eileen's Colossal Cookies. "Community involvement is key for the success of the Austin's Largest Baby Shower," remarks founder, Doreen Hunter. "Austin is such an inclusive city. Without the generosity of companies donating floor space for the donation boxes,

we wouldn't be able to make the event so convenient for everyone." For directions and more drop off locations, visit [atxbabyshower.com](http://atxbabyshower.com)

### How Can You Help?

There are several ways to give. On the evening of May 4th the 2016 Lifeline Awards Banquet and Fundraiser will raise money for the Lifeline Award winner. The Banquet celebrates the programs and community impact that the Austin's Children Shelter, Hope Alliance Crises Center and Dell's Children Hospital of Central Texas provide. In addition, through out the month there are free community drive events that are festive and family friendly. You can also make a monetary donation online after May 4th. The money goes directly to the nonprofits. There is no middle man. A plus, all online donations are tax deductible.

To learn more about the Austin's Largest Baby Shower and the three organizations they are honoring, visit [atxbabyshower.com](http://atxbabyshower.com). If your organization or group would like to form a donation team, please contact us at [hi@atxbabyshower.com](mailto:hi@atxbabyshower.com) or by phone at (512) 537-8948.

## Round Rock New Neighbors

**AN ORGANIZATION OF WOMEN WELCOMING WOMEN FOR FUN AND FRIENDSHIP**

Whether you are a newcomer or have lived here for years WE WELCOME YOU! We are of all ages!! Ideal for empty nesters or women who have left the work place and are looking to get back to a social life. We enjoy monthly luncheons with a speaker or program of interest.

Our meeting and program this month will be Wednesday, April 13 at 10:15 am until 1 pm at Brushy Creek Community Center, 16318 Great Oaks Drive, Round Rock. We are having a very "fun" program. A Magical Mystery Tour by "Affordable First Class" is waiting to take us away! Chuck Denny of AFC will be telling us about a possible

new and thrilling adventure. If you are adventurous and want to go to some unique places come and join us. You will have fun and meet some new and interesting people of RRNN.

We have many groups: Card and game groups, gardening, Wine Tasting, Foodies, Antiquing, Hiking, Movie, Photo, Potluck, Safari, Walking and Caring Hands. There is something for everyone. Many activities take place during the day and some activities include couples. Please visit our website at [www.rrnewneighbors.org](http://www.rrnewneighbors.org) for more information and to see our newsletter. Or call Traci Clegg, Membership Chair at 512-992-1069 for information.

## IMPORTANT NUMBERS

### EMERGENCY NUMBERS

EMERGENCY .....	911
Fire.....	911
Ambulance.....	911
Williamson Co. Sheriff's Dept.....	512-864-8282
.....Select option 1 twice to get directly to dispatch	
Round Rock Police (Non Emergency) .....	512-218-5515
Georgetown Police (Non Emergency).....	512-390-3510
Travis County Animal Control .....	512-972-6060
Round Rock Animal Control .....	512-218-5500
Georgetown Animal Control.....	512-930-3592

### SCHOOLS

Round Rock ISD .....	512-464-5000
Teravista Elementary School.....	512-704-0500
Hopewell Middle School.....	512-464-5200
Stony Point High School.....	512-428-7000
Georgetown ISD .....	512-943-5000
Carver Elementary School.....	512-943-5070
Pickett Elementary School.....	512-943-5050
Tippit Middle School .....	512-943-5040
Georgetown High School.....	512-943-5100

### UTILITIES

Atmos Energy.....	1-888-286-6700
TXU Energy .....	1-800-818-6132
AT&T	
New Service.....	1-800-464-7928
Repair.....	1-800-246-8464
Billing.....	1-800-858-7928
Time Warner Cable	
Customer Service.....	512-485-5555
Repairs.....	512-485-5080

### OTHER NUMBERS

City of Round Rock.....	512-218-5400
Round Rock Community Library .....	512-218-7000
Round Rock Parks and Recreation .....	512-218-5540
City of Georgetown.....	512-930-3652
Georgetown Public Library .....	512-930-3551
Georgetown Municipal Airport .....	512-930-3666
Georgetown Parks and Recreation .....	512-930-3595
Teravista Golf and Ranch House .....	512-651-9850
Teravista Residents Club .....	512-310-7421

### NEWSLETTER PUBLISHER

Peel, Inc. ....	512-263-9181
Article Submissions .....	teravista@peelinc.com
Advertising.....	advertising@peelinc.com

## How We Can Help Our Neighbors This May

May brings both Mother's Day on May 8th and Older Americans month. Many of our neighbors across Central Texas can use an extra hand.. These simple acts of kindness can make the world of difference for a mom, senior or child. Find an organization that you can do good for today, such as these four local non-profits:

**SafePlace-** This shelter for women and children who are escaping abuse can use many things you likely have hiding unused in a closet or cabinet. For example, clean out your shoes, clothing, purses, wallets, twin sheets/blankets and even dishes and flatware. You can deliver these items to 1515-A Grove Blvd. Check their website for hours: [www.safeaustin.org](http://www.safeaustin.org).

**Any Baby Can-** With a variety of programs, classes and support groups for children and families, Any Baby Can can use help with supplies, including copy paper (white and color), preschool art supplies, gently new or used nursery equipment, high chairs, educational toys and even safety gates. More information can be found at <http://anybabycan.org/contact-us/>.

**Austin Diaper Bank-** This organization accepts diapers of all kinds and sizes, even opened packages, and provides them to over 45 different social service agencies across Central Texas. They also accept new packages of wipes and diaper creams. Children and seniors benefit with this gift of good health. There are several drop-off locations around the metro area: <http://www.austindiapers.org/p/drop-off-locations.html>

**AGE of Central Texas' Health Equipment Lending Program (HELP)-** Unneeded medical equipment can be transformative when it is passed on. The HELP program loans a variety of health and mobility equipment for free to seniors and those in need. Some of the most in demand items are wheelchairs, shower chairs and adult incontinence products. More information, including their hours, check their website: <http://www.ageofcentraltx.org/help.php>.

NOT AVAILABLE ONLINE



## Whiteflies

Whiteflies are small, soft bodied insects with piercing-sucking mouthparts. They are creamy white and adults have a mealy wax coating their body and wings. Immatures, also called nymphs, are small, oval, flattened and wingless.

Whitefly populations can increase quickly when temperatures are warmer. The insects like to be on the underside of leaves, often in clusters. Common species of whiteflies have a wide host range and can switch host plants.

Whiteflies suck plant juices and large populations can cause foliage to turn yellow, appear to be dry or even fall off the plant. Some whiteflies cause plant distortion or foliage to turn silver in color. Whiteflies produce honeydew, a sticky substance secreted by some insects. Honey dew causes foliage to become shiny in appearance and can attract a fungus called sooty mold. Some whiteflies are capable of transmitting plant viruses.

Try to encourage natural enemies to help manage whitefly populations in your garden. To do this, make wise pesticide choices. Try to choose pesticides to target specific pests and/ or specific areas. Also, you may need to manage ants that tend the whiteflies to obtain honeydew. The ants protect whiteflies from natural enemies that may normally keep the pest population at manageable levels.

In vegetable gardens, you may want to try reflective mulches to make the underside of the leaves where whiteflies hide less habitable.

As for chemical treatment, you can use high pressure water sprays, insecticidal soap, azadirachtin, d-limonene, botanicals or a synthetic product. Target your treatment to the underside of the leaves to get to where the whiteflies like to hide.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at [www.urban-ipm.blogspot.com](http://www.urban-ipm.blogspot.com)

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## SUDOKU

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The goal is to fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Each digit may appear only once in each row, each column, and each 3x3 box.

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# TENNIS TIPS

*By USPTA/PTR Master Professional - Owner, Manager and Director of  
Tennis, Grey Rock Tennis Club, Austin, TX*

## How to execute The Overhead “Smash”



In previous newsletters, I offered tips on how to hit a forehand groundstroke, a two-handed backhand, one-handed backhand, forehand volley, the two handed backhand volley, the serve, the forehand half-volley and the one-handed backhand volley. In this issue, I will offer you instructions on how to execute the overhead “smash” when players get a high ball and hit the ball above their head. In the illustrations, Matilda O’Connor, player at the Grey Rock Tennis Club, shows the proper technique to execute this stroke. Photos by Charlie Palafox.

Step 1: The Back Step: When Matilda realizes that a ball is high enough to hit the overhead, she takes a step back on the side to hit the ball. The upper body turns, the racket starts the backwards motion by keeping the elbow at a 90-degree angle and the left hand is pointing towards the ball. Notice that her head is looking at the ball and she is keeping her chin up.

Step 2: The Point of Contact: As Matilda prepares to hit the ball,

*(Continued on Page 5)*



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(Continued from Page 4)

her racket begins accelerating from the back position. She is making perfect contact on the upper part of the racket and the right wrist is "snapping" to get on top of the ball. Her left arm is still pointing to the ball to assure a direct hit on the "sweet spot" of the racket. Her weight has shifted from the back foot to the front foot.

Step 3: The Follow Through: After the ball has been struck by the racket, Matilda will continue the swing across the left side of her body. Her eyes are now focused on the path of her stroke. The left arm is at her left side. Her right foot still keeps her toes on the court to allow for maximum balance of the stroke.

Step 4: The Ready Position: Even though the overhead "smash" is a powerful weapon, many times the opponents will return it back to the players. Here Matilda is ready for the next ball coming back towards her. By the looks of her smile, it appears that her overhead stroke was a success and that won the point.

Look for in the next Newsletter: The Forehand Service Return

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The advertisement for Quality Printing Company features a large, stylized graphic on the left. It consists of a black silhouette of a hand holding a printing press, filled with various white icons representing different printing services and equipment, such as light bulbs, gears, a computer monitor, a printer, a magnifying glass, a hand, a barcode, and a mail envelope. The word "Quality" is written in a large, elegant, white script font, and "PRINTING COMPANY" is written in a smaller, bold, white sans-serif font below it. To the right of the graphic, the text "Call today for more info" is followed by the phone number "512.263.9181" in a large, bold, black font. Below this, a paragraph states: "From design to print to mail, **Quality Printing** can help you with all of your printing needs!" At the bottom right, the website "QualityPrintingOfAustin.com" is listed in a bold, black font.

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## Attention KIDS: Send Us Your Masterpiece!

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Peel, Inc. - Kids Club

308 Meadowlark St

Lakeway, TX 78734-4717

We will select the top few and post their artwork on our Facebook Page - Facebook.com/PeelInc.

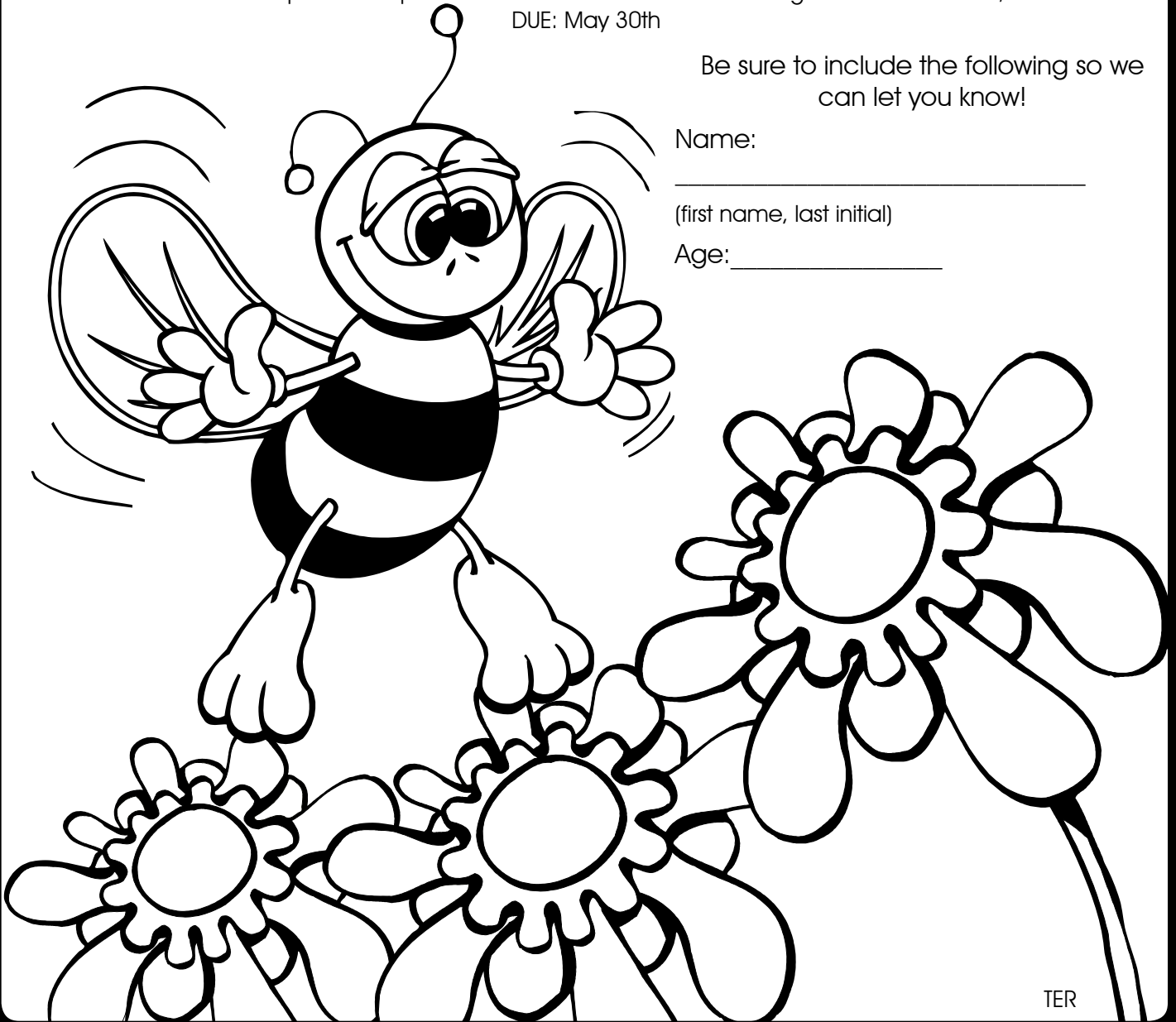
DUE: May 30th

Be sure to include the following so we  
can let you know!

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(first name, last initial)

Age: \_\_\_\_\_



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