



A NEWSLETTER FOR TOWNE LAKE RESIDENTS

MAY 2016

VOLUME 5, ISSUE 5

Networking Methods to Help You Succeed

Luncheon Details

Thursday, May 26, 2016

Networking 11a.m.; Luncheon begins at 11:30 a.m.

Sterling Country Club, 16500 Houston National
Blvd., Houston, TX 77095

Costs \$25 with advanced reservations; \$30 at the
door

At the May 26 Cy-Fair Express Network Luncheon, our speaker, Kathryn Crawford Wheat will enthusiastically teach attendees her proven networking methods to those looking for answers on what makes networking really work. She teaches based on the principal, "Networking is simply starting a conversation with no destination in mind".

Kathryn is a Professional Motivational Speaker, Networking Instructor, Blogger and Author of the book, *Networking: Naked & Unafraid*. She began her journey as an entrepreneur in 2007 with Home Staging. In 2010 she launched her own website, *Woman's InSite*. Then in 2014 she established Kathryn C. Wheat School of Real Estate. Kathryn enjoys spending time with family and friends, scuba diving, wine tasting, dancing, exercise, yoga, writing and musical theater. Some of the best things about Kathryn include her faith, courage, and fierce loyalty. Kathryn will inspire and encourage you to move forward and take the next step in your journey to success.

This month's CYFEN meeting begins with networking at 11 a.m. followed with a prompt 11:30 a.m. start of the program. Luncheons are held at the Sterling Country Club, 16500 Houston National Blvd.

About Cy-Fair Express Network (CYFEN)

Now over 50 members strong, Cy-Fair Express Network's vision is to be a community and national leader for the support of professional women by providing a nurturing environment for business development, networking, education and mentoring. Our members have opportunities to pursue excellence and achieve both local and national recognition. CYFEN is part of the national



organization of American Business Women's Association (ABWA), for more information go to www.CYFEN.org.

About American Business Women's Association (ABWA)

Founded in 1949, ABWA provides business training and networking opportunities for women of diverse occupations and backgrounds. ABWA has dedicated 60 years to women's education, workplace skills and career development training. For more information, visit, www.abwa.org.

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- Auto Theft	281-550-0458
- Homicide/Assault	713-967-5810
- Child Abuse	713-529-4216
- Sexual Assault/Domestic Violence.....	713-967-5743
- Runaway Unit	713-755-7427
Poison Control.....	800-222-1221
Traffic Light Issues	713-881-3210

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Cypress Fairbanks ISD Transportation	281-897-4380
Rennell Elementary.....	281-213-1550
Smith Junior High School.....	281-213-1010
Cy-Ranch High School	281-373-2300

UTILITIES

CenterPoint Energy.....	713-659-2111
Reliant Energy.....	713-207-2222
Water - Severn Trent.....	281-646-2383
Waste Management - Trash	713-686-6666

OTHER NUMBERS

Animal Control.....	281-999-3191
Cypress Fairbanks Medical Center.....	281-890-4285
Harris County Health Department	713-439-6260
Post Office.....	281-859-9021
Harris County Public Library.....	281-290-3210
Cy-Fair Hospital.....	281-890-4285
North Cypress Medical Center.....	832-912-3500

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ARTICLE INFO

The *Tribune* is mailed monthly to all Towne Lake residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for consideration please email it to townelake@peelinc.com. The deadline is the 9th of the month prior to the issue.

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Newest Professional Network of the American Business Women's Association Launches in Houston's Vintage Park Area

Businesswomen throughout the community are invited to attend.

The Women Empowering Women Express Network (WEWEN) of the American Business Women's Association (ABWA) invites professional women to attend its "Official Launch Luncheon" on May 4, 2016 at the Lone Star College-University Park West Dining Room, from 11:00AM to 1:00PM. Informal networking will take place from 11:00AM to 11:30AM, followed by a special presentation and lunch from 11:30AM to 1:00PM.

Susan Hodge, founder of Women Leading Together LLC and Adjunct Professor at the University of Houston Downtown College Of Business will present "Shedding the Shoulds". Learn how to identify and "shed" those unnecessary activities to free up your time for what is important, rid yourself of the guilt that burdens us when we buy into the "shoulds" of others, and stand firmly on YOUR view of what needs to be done.

"We are excited to bring an empowering, energetic, and professional organization to women in Houston. WEWEN will serve as the premiere source for women looking to expand their network, grow their business skills, reach a new audience, advance their career, and truly impact this community," states WEWEN Formation Chair, Darlene Hajduk.

The Official Launch Luncheon is sponsored by University of Houston Downtown College of Business, Lone Star College-University Park, and the Cy-Fair Express Network. To register for this event and other WEWEN events, visit wewen.org or email communications@wewen.org.

About ABWA

Founded in 1949, ABWA provides business training and networking opportunities for women of diverse occupations and backgrounds. ABWA has dedicated 65 years to women's education, workplace skills and career development training. For more information, visit abwa.org.



2016 Scouting for Food Results

Scouting for Food is a project rooted in the very foundation of the Scouting movement and its dedication to do and implement the Scout Slogan, Do a Good Turn Daily. It is an ongoing annual program of the Boy Scouts of America, organized at a local level throughout the country, with one objective, to collect food for local food banks. Each year local Cub Scout Packs, Boy Scout Troops, Venture Scout Crews and Sea Scout Ships in every District leave door hangers throughout their neighborhoods soliciting non-perishable food items. One week later Scouts return in the morning hours to pick up and deliver any food donations left on front porches to their local food banks. For the Big Cypress District this occurs annually in late January and donations are provided to Cypress Area Ministries (CAM), our local pantry.

The Big Cypress District of Sam Houston Area Council includes Scouting units in the Northwest area of the Cy-Fair ISD attendance zones of Harris County. This includes Cypress, Bridgeland and Fairfield. The Big Cypress District overall collected 22,168 lbs of food, translating to approximately \$37,686. CAM estimates, for the

number of families they anticipate supporting, this will last from February til end August this year. Thank you to all those that placed a bag, large or small, on their front porch this February!

Cub Scout Pack 3, chartered thru the A. Robison Elementary PTO, has 45 boys, grades 1-5, who primarily attend A. Robison Elementary School. Pack 3 would like to extend a huge THANK YOU to the communities of Lakes of Rosehill, Cypress Mill Parks 1 & 2, Cypress Mill Estates, Cypress Ranch Estates and Cypress Village. With their help the 45 boys of Pack 3 checked the porches of over 2000 homes and collect a combined weight of 751.2 pounds of food to deliver to CAM. The boys enjoy finding these treasured bags of food left on porches, knowing they are doing something to help make a difference in someone's life. Be on the lookout next January for your door hanger and please consider leaving a few things out for the boys to collect, every little bit helps!!

Thank you again from the Cub Scouts of Pack 3 to everyone that contributed to the Scouting for Food movement!!



NOBODY IS DROWNPROOF

WATCH KIDS AROUND WATER



14 Texas children have already fatally drowned in 2016

DROWNING IS PREVENTABLE

THESE WATER SAFETY TIPS CAN SAVE LIVES



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IN ARM'S REACH



LEARN
TO SWIM



WEAR
LIFE JACKETS



MULTIPLE BARRIERS
AROUND WATER



KEEP YOUR
HOME SAFER



CHECK WATER
SOURCES FIRST



STAY
AWAY



BE SAFER IN
OPEN WATER



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TAKE the Water Safety Quiz → PREVENT drowning

www.colinshope.org/quiz

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April Meeting

The Cypress-Tomball Democrats monthly meeting for the month of April will be held on Tuesday, April 19th, 2016, at Rudy's Grill & Cantina, 11760 Grant Rd., Cypress, TX 77429, from 6:30 p.m. to 8:00 p.m.

Everybody is welcome to attend the meeting and to join this growing club, which meets on the third Tuesday of every month. The meetings foster great fellowship and feature informative guest speakers. For further information, visit the website www.cytomdems.com; contact Glenn Etienne at cytomdems@yahoo.com; Follow us on Facebook at Cypress-Tomball Democrats.

Cypress Texas Tea Party

The next meetings of the Cypress Texas Tea Party will be on:

- Saturday, April 2, 2016 NOON - 2:00 PM
 - Barbara Cargill, State Board of Education
 - Paul Simpson, Harris County Republican Party Chairman
 - William Ely, Convention of the States
- Saturday, April 23, 2016 NOON - 2:00 PM
 - Travis Kelly, Texas Central Partners, LLC (High Speed Rail)
 - David Langenberg, Candidate for ESD #9 Commissioner

The Cypress Texas Tea Party meets every three weeks on Saturday

Noon until 2:00 PM at:

Spring Creek BBQ

25831 Northwest Freeway
Cypress, Texas 77429

Map: <http://goo.gl/maps/OoNjY>

A schedule of our meetings and confirmed speakers can be found at our website, www.cypresstexasteaparty.org

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- 1 ****Women's Imaging Center at Cy-Fair Hospital (FM 1960 at Jones Road)** *Genetic testing available here
- 2 ****Cy-Fair Urgent Care & Imaging Center (at Spring Cypress & Grant)**
- 3 **Cy-Fair Emergency & Imaging Center (at Barker Cypress & FM 529)**
- 4 **Cy-Fair Emergency & Imaging Center (Beltway 8 & Tanner Rd.)**
Opening May 2016

* According to the American Cancer Society **Tomosynthesis, (3D mammography) an FDA approved imaging technology designed for early breast cancer detection, is available here.



281.897.3121

CyFairWomensImaging.com

FREE Hotdog Lunch

Sunday, May 29, 2016
11:30am-1:30pm
Lamkin Elementary School
11521 Telge Rd, Cypress, TX 77429

Messiah Lutheran Church would like to invite the community to a
FREE Hot Dog Lunch
to show our support to our neighbors and friends.
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Cy-Fair Kiwanis Club

Come-learn about service organizations in your community; become involved in service to your community through involvement in the Cy-Fair Kiwanis Club. You will hear up-to-date information about issues confronting your community as well as other information that may be of value in your life.

Is your child a member of a Key Club in high school? The Cy-Fair Kiwanis Club sponsors all of the Key Clubs in the CFED. Kiwanis members attend Key Club meetings and service activities. We are proud of these Key Clubs and have chosen their sponsorship as one of our primary service projects.

Enjoy food and fellowship with others in the Cy-Fair area at regular meetings on the first, second, and third Tuesday of each month. The Club meets at 12:15 pm at Hearthstone Clubhouse. If you work or live in the area, we welcome your attendance at our meetings. We invite you to consider membership in the Cy Fair Kiwanis Club.

Meetings for the month of May will be held on May 3, 10 and 17. Enjoy a complimentary lunch with us and learn more about the organization. For more information, call George Crowl 832-467-1998 or John Carroll at 281-463-0373.



Cy-Fair Republican Women

May 10th our guest speakers will be candidates for Harris County Republican Party Chairman, Paul Simpson, Tex Christopher, and Rick Ramos.

10:30 AM - Noon. (Second Tuesday each month)

Meeting is \$3 -- Meeting w/Lunch at Noon is \$20.

Hearthstone Country Club, 7615 Ameswood, Houston, TX 77095

Come, enjoy likeminded fellowship and getting to know our candidates.

All are welcome! Candidates, we want to get to know each of you. Please RSVP to www.cfrw.net by 5/3/16.

The run-off election is May 24th. Our turn-out is very important as there are several areas with run-off candidates.

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