



# WILLOW POINTE

Official Publication of the Willow Pointe Homeowners Association, Inc.

---

## THE PRESIDENT'S MESSAGE

*Scott Ward*

### **ANNUAL MEETING NOTICE**

The Willow Pointe Annual Meeting will be Thursday, May 19th at 6:30 pm in the MUD #9 building located at 9431 Rio Grande Dr. We need 10% of the community represented in person or by proxy...this is 58 people. (FYI – Very few people are represented in person so please help us out). A copy of the proxy will be mailed out in early May with the annual mailer. If you are NOT planning to attend the meeting, please sign and return the proxy so that we have 10% of our community represented. Proxies can be signed, scanned, and sent to Carlos Mata at Randall Management by email at [Cmata@randallmanagement.com](mailto:Cmata@randallmanagement.com) or by fax at 713-728-5015.

Each year, the Board members knock on doors trying to gather up the necessary Proxies for the meeting. Thankfully, the Texas Legislature has decided that Electronic Proxies are now acceptable...a copy of the required verbiage can be found on our website at [www.willowpointe.org](http://www.willowpointe.org) and can be copied into an email and sent to [wphoa.board@willowpointe.org](mailto:wphoa.board@willowpointe.org). Thanks for your help!!

### **POOL OPENING PARTY AND POOL HOURS**

This year, we will be serving frozen treats (sno-cones/ice cream) on Saturday, May 28th from 1-3pm. So make sure to save the date and come by and grab a tasty treat.

The 2016 Pool Hours will be available on the Willow Pointe website ([willowpointe.org](http://willowpointe.org)). As a general rule, the pool will be open weekdays starting June 6th from 3pm-9pm. On weekends, the pool will open from 9am-9pm Saturday and 11am-9pm on Sunday. Once school resumes, the pool will close at 8pm on any day preceding a school day. We will also have special hours for Memorial Day (9am-8pm), Independence Day (9am-9pm), and Labor Day (9am-8pm).

## IMPORTANT NUMBERS

Emergency .....	911
Sheriff's Department.....	713-221-6000
Sheriff's Department (Business).....	281-290-2100
Fire Department (Non-Emergency).....	713-466-6161
Vacation Watch .....	281-290-2100
Poison Control Center .....	800-222-1222
Animal Control.....	281-999-3191
Commissioner, Precinct 4.....	281-353-8424
Willow Place Post Office .....	281-890-2392
Entex Gas.....	713-659-2111
Centerpoint Energy (Power Outages Only) ....	713-207-2222
WCA -	
Garbage & Recycle.....	281-368-8397
Recycle/Hazardous Waste Disposal.....	281-560-6200
West Harris County MUD.....	281-807-9500
Jane Godwin @ Randall Management, Inc	
Voice Mail nights or week-ends .....	713-728-1126 ext 11
	<a href="mailto:jgodwin@randallmanagement.com">jgodwin@randallmanagement.com</a>
Newsletter Publisher	
Peel, Inc.....	<a href="mailto:advertising@PEELinc.com">advertising@PEELinc.com</a>
	888-687-6444

## HOMEOWNERS ASSOC.

### BOARD OF DIRECTORS

President	Scott Ward	2014 - 2017
Secretary	Brenda Jackson	2015 - 2018
Treasurer	Steve Mueller	2013 - 2016
Director	Mona Shires	2015 - 2018
Director	Angie Wilson	2014 - 2017

Please contact us at [wphoa.board@willowpointe.org](mailto:wphoa.board@willowpointe.org) if you have questions, comments or concerns.

## ADVERTISING INFO

Please support the businesses that advertise in the Willow Pointe Newsletter. Their advertising dollars make it possible for all Willow Pointe residents to receive the monthly newsletter at no charge. No homeowners association funds are used to produce or mail the newsletters. If you would like to support the community newsletter by advertising, please contact our sales office at 888-687-6444 or [advertising@peelinc.com](mailto:advertising@peelinc.com). The advertising deadline is the 8th of each month for the following month's newsletter.

## Willow Pointe Community Calendar MAY 2016

May 2	Landscape Committee Meeting @ 6:30 pm
May 8	Mother's Day
May 14	Walk the bayou and pick up trash – meet @ the Willow Crossing Bridge @ 8 am
May 19	Annual Meeting @ 6:30pm @ MUD 9 Building
May 21	Community Pool OPEN (11am-4pm) POOL SNEAK PREVIEW PARTY
May 28	Community Pool OPEN (9am-9pm)
May 29	Community Pool OPEN (11am-9pm)
May 30	Memorial Day - CFISD Holiday Community Pool OPEN (9am-8pm)

All meetings are held in the pool meeting room. All Homeowners are welcome to attend any of the above meetings. Please call Randall Management to be placed on the agenda if you would like to address the Board at the meeting.

MUD Meeting Information – The normal date/time is 11:30 am the third Thursday of the month at the offices of Attorneys Young and Brooks. The address is 10000 Memorial Drive, Suite 260.

## Grow a new relationship

### WITH ENERGY CAPITAL CREDIT UNION

**Open a checking account today.**  
**Our checking accounts include:**

- Free Online Banking and BillPay
- Free MasterCard® Debit Card
  - Free e-statements
- Free mobile check deposit
- Earn one point for every \$2 in debit signature-based transactions

\*\$100 minimum to open the account.



832.604.4848 | [WWW.ECCU.NET](http://WWW.ECCU.NET)

24396 NORTH FREEWAY,  
SPRING, TX 77386

18540 NORTHWEST FREEWAY  
HOUSTON, TX 77065

**ENERGY**   
CREDIT UNION **CAPITAL**

## YARD OF THE MONTH

Beauty is easily in the eyes of the beholders of these lawns. Congratulations to the family at 10030 Briar Park Trail who received first place for the month. Also congratulations go to the family at 10103 Rustic Bend who receive second place this month.



# WE'RE WILD

[champchiroidt@yahoo.com](mailto:champchiroidt@yahoo.com)

## ABOUT THE HOUSTON ZOO

Visit the Texas Direct Auto  
Wildlife Carousel



# SELL US YOUR CAR!™

## TEXASDIRECTAUTO.COM

Proud Partner of the Houston Zoo

# Willow Pointe

## Harris County SHERIFF'S OFFICE Patrol Report FEBRUARY 2016

Category	No.
Burglary/Habitat .....	0
Burglary/Motor vehicle .....	0
Criminal Mischief .....	0
Disturbance/Family .....	0
Disturbance/Loud Noise .....	0
Local Alarms .....	5
Suspicious Person .....	3
Traffic stop .....	3
Vehicle suspicious .....	3

At no time will any source be allowed to use the Willow Pointe Newsletter's contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from Peel, Inc. The information in the Willow Pointe Newsletter is exclusively for the private use of the Willow Pointe HOA and Peel, Inc.

**DISCLAIMER:** Articles and ads in this newsletter express the opinions of their authors and do not necessarily reflect the opinions of Peel, Inc. or its employees. Peel, Inc. is not responsible for the accuracy of any facts stated in articles submitted by others. The publisher also assumes no responsibility for the advertising content with this publication. All warranties and representations made in the advertising content are solely that of the advertiser and any such claims regarding its content should be taken up with the advertiser.

\* The publisher assumes no liability with regard to its advertisers for misprints or failure to place advertising in this publication except for the actual cost of such advertising.

\* Although every effort is taken to avoid mistakes and/or misprints, the publisher assumes no responsibility for any errors of information or typographical mistakes, except as limited to the cost of advertising as stated above or in the case of misinformation, a printed retraction/correction.

\* Under no circumstances shall the publisher be held liable for incidental or consequential damages, inconvenience, loss of business or services, or any other liabilities from failure to publish, or from failure to publish in a timely manner, except as limited to liabilities stated above.

All of Your Dental Needs Under One Roof.



**LEPOW DENTAL  
ASSOCIATES**

**(713) 937-0050**  
www.lepowdental.com

- Family Dentistry
- Cosmetic Dentistry
- Team of Dental Specialists
- Orthodontics and Invisalign
- Periodontal (Gum) Treatment/Surgery
- Root Canal Treatment
- Wisdom Tooth Removal
- Dental Implants
- Dentures and Partials

Now Welcoming New Patients!  
Se Habla Español

9125 West Road  
Houston, Texas

## BASHANS PAINTING & HOME REPAIR

- Interior & Exterior Painting
- HardiPlank Replacement
- Sheetrock Repair
- Cabinet Painting
- Pressure Washing
- Fence Repair/Replacement
- Custom Staining
- Gutter Repair & Replacement
- Crown Molding
- Wallpaper Removal
- Wood Replacement
- Interior Carpentry
- Wallpaper Removal & Texture
- Garage Floor Epoxy
- Roofing
- Faux Painting

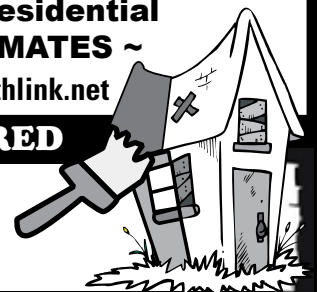
**NO MONEY UP FRONT**  
20 Years Experience • References Available

**Commercial/Residential**  
~ FREE ESTIMATES ~

BashansPainting@earthlink.net

◆ **FULLY INSURED**

**281-347-6702**  
**281-731-3383 cell**



**HARDIPLANK®**



# Congratulations, Seniors!

Submit your Graduation Announcement  
and Photo for the next issue.



Brilliant Energy Texas OUC #10140

# BRILLIANT ENERGY

Easy Online Sign-Up at

**BrilliantElectricity.com**

USE "NEIGHBORHOOD NEWSLETTER" AS REFERRAL

BRILLIANT ENERGY = SERIOUSLY LOW RATES

BRILLIANT ENERGY'S ELECTRICITY RATES CHALLENGE  
THE RATES OF EVERY OTHER PROVIDER IN TEXAS!

LOCK-IN A LOW ELECTRICITY RATE FOR  
UP TO 3 YEARS

BRILLIANT ENERGY IS RECOMMENDED BY TEXAS ENERGY  
ANALYST, ALAN LAMMEY THE HOST OF THE "ENERGY  
WEEK" RADIO SHOW ON NEWSTALK 1070 KNTH!

Ask the "Energy Analyst"  
281.658.0395

**GREAT BUSINESS RATES TOO!**



# WIRED

## ELECTRICAL SERVICES

SERVICING ALL YOUR ELECTRICAL NEEDS

- Panel Upgrades
- Home Inspections
- TV Install/Mounting
- Troubleshooting
- Remodeling
- Landscaping Lighting
- Home Generators

RESIDENTIAL & COMMERCIAL 24-7 SERVICE  
LICENSED & INSURED



**Take \$25.00 Off Your  
Next Service Call**

FAMILY OWNED AND OPERATED

**713.467.1125 or 281.897.001**

**www.WiredES.com**



TECL 22809 Master 100394



# TENNIS TIPS

By USPTA/PTR Master Professional - Owner, Manager and Director of  
Tennis, Grey Rock Tennis Club, Austin, TX

## How to execute The Overhead "Smash"



In previous newsletters, I offered tips on how to hit a forehand groundstroke, a two-handed backhand, one-handed backhand, forehand volley, the two handed backhand volley, the serve, the forehand half-volley and the one-handed backhand volley. In this issue, I will offer you instructions on how to execute the overhead "smash" when players get a high ball and hit the ball above their head. In the illustrations, Matilda O'Connor, player at the Grey Rock Tennis Club, shows the proper technique to execute this stroke. Photos by Charlie Palafox.

**Step 1: The Back Step:** When Matilda realizes that a ball is high enough to hit the overhead, she takes a step back on the side to hit the ball. The upper body turns, the racket starts the backwards motion by keeping the elbow at a 90-degree angle and the left hand is pointing towards the ball. Notice that her head is looking at the ball and she is keeping her chin up.

**Step 2: The Point of Contact:** As Matilda prepares to hit the ball,

her racket begins accelerating from the back position. She is making perfect contact on the upper part of the racket and the right wrist is "snapping" to get on top of the ball. Her left arm is still pointing to the ball to assure a direct hit on the "sweet spot" of the racket. Her weight has shifted from the back foot to the front foot.

**Step 3: The Follow Through:** After the ball has been struck by the racket, Matilda will continue the swing across the left side of her body. Her eyes are now focused on the path of her stroke. The left arm is at her left side. Her right foot still keeps her toes on the court to allow for maximum balance of the stroke.

**Step 4: The Ready Position:** Even though the overhead "smash" is a powerful weapon, many times the opponents will return it back to the players. Here Matilda is ready for the next ball coming back towards her. By the looks of her smile, it appears that her overhead stroke was a success and that won the point.

Look for in the next Newsletter: The Forehand Service Return

# 6 Health Benefits of Eating Dark Chocolate

If your sweet tooth craves chocolate, there are plenty of reasons to surrender to your cravings and indulge. Dark chocolate is loaded with nutrients that can positively affect your health. Made from the seed of the cocoa tree, it is one of the best sources of antioxidants on the planet. Cacao offers a number of health benefits from helping to control blood sugar to lowering the risk of cardiovascular disease because it contains flavonols, which are a type of antioxidant that has been shown to improve blood flow and can protect against sun-induced damage, improve blood flow to the skin and increase skin density and hydration.

Bottom Line: Quality dark chocolate has various nutritional perks so enjoying a delicious treat that has at least 65% cacao can be guilt-free if you don't overdo it.

## NUTRITIONAL PERKS

### HEART-HEALTHY

Dark chocolate has been shown to improve blood flow and possibly prevent blood clots. It also helps lower blood pressure and may help keep arteries from hardening.

### BRAIN FOOD

Because chocolate increases blood flow to the brain, it can be a boost to your cognitive health.

### MOOD CHANGER

Chocolate also contains phenylethylamine (PEA), which encourages your brain to release endorphins that make you feel good.

### CANCER FIGHTER

Antioxidants in chocolate help rid your system of free radicals, which have been linked to multiple age-related health risks and diseases.

### SOMETHING TO SMILE ABOUT

Theobromine, found in dark chocolate, helps harden tooth enamel, which helps prevent cavities.

### SUN BLOCKER

Some studies show that people with diets high in flavonols take longer to burn in the sun than people with low flavonol diets.

Written by: Claudia Mosley, Moms Making Six Figures

Reviewed by: Dr. Barbara Ryan, MD



**COLIN'S HOPE**  
WWW.COLINSHOPE.ORG

# NOBODY IS DROWNPROOF

# WATCH KIDS AROUND WATER

COLIN HOLST

**14 Texas children have already fatally drowned in 2016**

**DROWNING IS PREVENTABLE**

**THESE WATER SAFETY TIPS CAN SAVE LIVES**

- WATCH KIDS & KEEP IN ARM'S REACH**
- LEARN TO SWIM**
- WEAR LIFE JACKETS**
- MULTIPLE BARRIERS AROUND WATER**
- KEEP YOUR HOME SAFER**
- CHECK WATER SOURCES FIRST**
- STAY AWAY**
- PRACTICE DRAIN SAFETY**
- BE SAFER IN OPEN WATER**
- LEARN CPR**

**BECOME a Water Guardian for your child**

**TAKE the Water Safety Quiz → PREVENT drowning**

**www.colinshope.org/quiz**

**LEARN more at www.colinshope.org**





**PEEL, INC.**

308 Meadowlark St. South  
Lakeway, TX 78734

PRSR STD  
U.S. POSTAGE  
PAID  
PEEL, INC.

WP



LET US HELP YOU  
GROW YOUR NEXT

**BIG  
IDEA**



**PEEL, INC.**  
printing & publishing

CONTACT US TODAY!

**512.263.9181**

OR VISIT

**PEELINC.COM**