

#### **Lake Houston Ladies Club**

Lake Houston Ladies Club is a social organization that meets from September to May on the third Tuesday of the month at the Walden Country Club, 18100 Walden Forest Drive, in Humble TX. The club welcomes new members from all surrounding areas to join and offers several avenues for individual interest. They include: Readers Choice, Bridge, Bunco, Mah Jongg, Lunch and Look, Movie Group, Supper Club and Tea Time Group. Many of the groups continue throughout the summer months. There are periodic events planned during the year that include spouses or significant others. The club is an excellent way to meet new people and make new friends. Please call Linda at 832-379-3009 for more information about the club. Lake Houston Ladies Club Website:

www.lakehoustonladiesclub.com

### **Recipe from the Kitchen**

Hello, everyone. Chef Marty here with a fantastic dressing or marinade (works best with shrimp in my opinion) recipe that many of you got to sample during last month's Grape Stomper's Wine Dinner. By popular demand, I will now share it with you all! Enjoy...

#### Yield: appx 2 cups

- 2 tablespoon lime zest
- ¼ cup lime juice
- 1/4 cup brown sugar, packed
- 1/4 cup ginger, peeled and grated
- ½ cup green onion, chopped, white parts and some green
- 1 cup cilantro leaves, packed
- 1 tsp nutmeg, fresh grated
- ¼ cup honey
- 1 teaspoon balsamic vinegar
- 1 teaspoon Tabasco
- ¼ cup olive oil
- 6 ancho chiles, seeded and cut into strips
- 1. Place the lime zest and juice, brown sugar, ginger, green onions, cilantro, nutmeg, honey, vinegar, and Tabasco in a food processor or blender and process until smooth.
- 2. With the machine still running, slowly pour in the olive oil through the feed tube in a steady stream. Turn off the machine and stir in the ancho chiles. Transfer dressing into a tightly covered container and refrigerate. Will keep for up to 5 days.

#### **FLEAS**

Fleas are ectoparasites and females require a blood meal to produce eggs. After feeding on a host, females can produce about 30-50 eggs per day that fall off the host animal and into carpeting or other areas of the home or outside in areas where the animal frequents. Larvae feed on organic matter as well as partially digested blood excreted by the adult fleas. After fleas pupate, they hatch out of the cocoon in about 2 weeks, but pupae can remain dormant for up to 5 months waiting for a host.

A proper flea management program has two parts- managing fleas on any pets and managing fleas in the environment. A veterinarian should be consulted about flea control for pets; there are numerous products on the market that work well. Grooming the animal with a flea comb or bathing can help reduce flea numbers. When you find fleas on a pet, you most likely will need to treat the pet, inside the home and the yard. Treatment should be targeted to areas where the pet likes to hang out.

Fleas found in and around homes that do not have pets may be coming from wildlife. The attic and crawl spaces should be inspected to see if wildlife has moved into the area, bringing fleas with them. Wildlife should be removed with traps and the area treated with an insecticide labeled for fleas. After wildlife is removed, the area should be sealed so that wildlife cannot move in again.

It is also possible for new homeowners with no pets to have fleas. This usually results from previous owners having pets. Fleas can remain dormant for several months and become active again when they sense vibrations from hosts.

Inside, vacuum regularly, getting under furniture and along baseboards to reduce flea eggs, larvae and pupae. Place the vacuum bag in a sealed plastic bag and throw away in an outdoor garbage can at least once a week so fleas do not hatch out and re-infest the home. Wash pet bedding in hot water. Bathe pets regularly and use a flea comb to remove fleas. Avoid walking pets in known flea infested areas.

Outside, pesticide treatments should target areas where pets frequent. Full sun areas do not need to be treated as fleas will not remain in these areas.

When treating for fleas, you need to treat at least two times. The second treatment should occur 10-14 days after the initial treatment.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at www.urban-ipm.blogspot.com

### **IMPORTANT CONTACTS**

#### 2015 BOARD OF GOVERNORS CONTACT LIST

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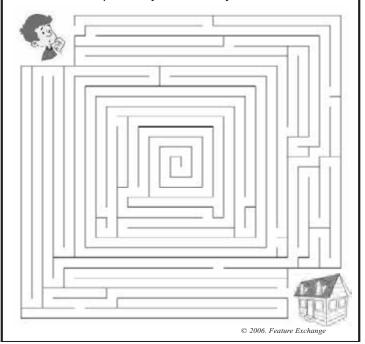
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Eric Rounlick

rounlick1@gmail.com

### Kidz Maze Mania

Help Johnny find his way home!



#### **CLUB MANAGEMENT TEAM**

**John Schlemmer- General Manager** jschlemmer@waldencc.com, 832-445-2107

Tanna Follis – Membership Director tfollis@waldencc.com. 832-445-2105

Cathy Bellnap – Private Events Director cbellnap@waldencc.com, 832-445-2104

Charlie Rudd – Head Golf Pro crudd@waldencc.com. 832-445-2115

**Kevin Lyles – Golf Course Superintendent** klyles@waldencc.com, 832-445-2114

**Stella Meintzer - Food and Beverage Director** smeintzer@waldencc.com, 832-445-2131

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Mike Beatty – Athletics Director mbeatty@waldencc.com, 832-445-2123

Kim Mello – Club Accountant kmello@waldencc.com, 832-445-2117

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## **Bring the World into Your Home**

Ayusa International, a non-profit organization that has promoted global learning and leadership through high school student cultural exchanges for more than 35 years, is launching its annual search for families in Houston and the surrounding area interested in hosting international students for the 2016-2017 school year.

Ayusa host families who volunteer to open their home to exchange students contribute to the global community as public diplomats for greater international understanding. Each host family and student creates a lasting relationship that spans the cultural differences between their two nations.

The Bray Family from Houston has been hosting two students this year, Mahau from France and Genzo from Japan. Both students have been attending Mayde Creek High School this year. The Brays have six children of their own but feel that hosting exchange students is "probably one of the best decisions our family has ever made," according to host mom April Bray. "[The students] quickly become a part of your family and it's always a great feeling to see their eyes light up when they experience something for the first time or hear the excitement in their voices when they tell you about a new friend they made at school. Your children also get

to gain another brother or sister and it's always fun to see them trying to learn your exchange student's language or customs. For us, there is no greater feeling than watching our exchange students succeed and grow and being able to share our culture and learn more about theirs."

The students have also been having a wonderful experience with the Bray family. Genzo shares, "My host family is so nice to me and I feel like this family is the home I can go back to. They make me feel like I'm loved by them. Of course you can share your culture and learn the language but more importantly, you can experience the other family that you love." His exchange "sister" Mahau says, "It's crazy how much you can love people you didn't know 10 months before. Every day they make my exchange year super great. I consider them like a member of my family. They are the reason why I enjoyed every single day of my new life."

Ayusa works with diverse families who are interested in hosting an international student of high school age. Families without children, empty nesters, military families, retirees, and single people are all welcome. Ayusa families come from all over the country and reside in rural, suburban and urban communities.

(Continued on Page 6)





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## The Clippings

(Continued from Page 4)

"Houston is a popular destination for Ayusa exchange students in the U.S.," says Heather Wells, Ayusa Regional Manager for the Southwest. "Host families love to share the diversity and history of Houston. It's such a fun area to live in, with activities and things for students to experience, from music and sports to outdoor activities and delicious Tex-Mex!" She continues, "If you have ever wanted to learn about a new culture while sharing life in America, I encourage you to give us a call or check out our website to learn more about how you can create an international friendship that lasts a lifetime!"

Host families provide the exchange student with three meals a day and a bedroom (private or shared). A professionally trained Ayusa representative supports each host family, student, and local school throughout the program year. Ayusa's exchange students are 15-18 years old and come from more than 60 countries around the world. Students are fully insured, bring their own spending money, and are proficient in English.

#### **HOW TO HOST AN INTERNATIONAL STUDENT**

Interested families can learn more about the program and available exchange students and request additional information by visiting http://www.ayusa.org or calling 1-888-552-9872.

The process to apply is simple. Families complete the online application, which includes questions about themselves and local high school, references, and a background check. The local Ayusa Community Representative conducts an in-home interview. They can also help each family with any questions they may have about the application or process.

After families are fully approved, they can select the Ayusa student they would like to host.

#### **ABOUT AYUSA**

Ayusa International (http://www.ayusa.org) is a 501(c)3 non-profit student exchange organization founded in 1981 and an official U.S. Department of State designated Exchange Visitor Program Sponsor. In addition, Ayusa administers high profile grant programs funded by the U.S. Department of State and other organizations. Ayusa is a sister company of Intrax, a family of organizations that provides a lifetime of high-quality educational, work and volunteer programs that connect people and cultures. Intrax is headquartered in San Francisco with offices on four continents.





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# Walden Junior Summer Camp

#### 3-5 year olds

- · Tues-Thurs 3:30pm-4:15pm
  - Racquet Mem \$79/month
- Social Mem/Trial \$99/month
  - Drop in: Racquet Mem \$15
- Drop in: Social Mem/Trial \$20

#### Red & Orange Ballers: 10& Under

- Tues-Thurs 4:30pm-5:30pm
- · Racquet Mem: \$109/Month
- Social Mem/ Trial \$149/Month
  - Drop In: Racquet Mem \$20
- Drop In: Social Mem/ Trial \$30

# Future Stars (10u Advance Orange Ball & Green Dot)

- Tues-Thurs 5:30pm-7pm
- Racquet Mem: \$150/Month
- Social Mem/ Trial: \$199/Month
  - Drop In: Racquet \$25
- Drop In: Social Mem/ Trial \$35

# Come and Enjoy the Fun!

#### Walden Master Team (10& Over)

- Tues-Thurs 5:30pm-7p
- For high school Varsity, JV or approved by staff
- · Racquet Mem: \$150/Month
- · Social Mem/ Trial: \$199/Month
  - Drop In: Racquet Mem \$25
- Drop In: Social Mem/ Trial \$35

#### Walden Elite Team

- Mon-Thurs 2:30pm-4:30pm
- UTSA Champs & Supers or approved by staff
  - D1 college level workout to build D1 college level athletes
  - Racquet Mem: \$375/Month
- Social Mem/ Trial: \$425/Month
- Racquet Mem 2 day per week: \$250
  - Social Mem/Trial 2 day per week: \$300
  - Drop In: Racquet Mem \$30
- Drop In: Social Mem/ Trial \$40

For More Information Call 832-445-2120

# zschoold Almost Over

# Thinking of Buying or Selling?





Timing is Everything! Now is the time to Buy or Sell in order to be in your new home before next school year. Call today and see what your home's worth!

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## The Clippings



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11am-3pm

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June 21-24

July 12-15

July 19-22

Aug 2-5

For more information call 832-445-2115

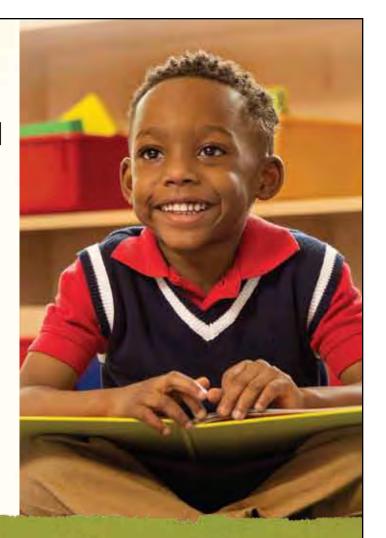
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## Steps for a Safe Yard

**Inspect:** Take a close look at railings, porches, balconies and outdoor furniture and see if there are any missing or rusted nails or fasteners. Check for splinters, loose or buckled boards, and uneven stair treads. Be sure there are no cracks or gaps in pathways that could trigger a fall. Use rubber stair treads or rough texture deck paint for slip resistant steps.

**Goodbye to slick surfaces:** Keep driveways, walkways, and paths clear of leaves, branches, and debris. After heavy rains, be attentive to standing water and slick surfaces.

**Don't try to be Mr. Fix-It:** If your weedwacker or mower breaks, take it to a repair shop. Replace old garden tools.

Be Organized: If you have to root around your garage or shed or reach on high shelves, accidents are more likely to happen. Keep tools within reach and yard equipment handy that you used more frequently.

**Ladders:** You are at higher risk when on a ladder. Cleaning gutters, hanging outdoor lights, or maintenance, use a ladder only when there is a strong person to spot you. If you are wary about climbing ladders, don't do it.

**Outdoor Lights:** Use motion –sensitive lights around porch, paths, driveways and yards.

#### **GET RID OF BUGS**

#### Mosquitoes:

The CDC says oil of lemon eucalyptus is an effective, natural repellent. Any products containing the oil are available online and discount retailers.

#### Ticks:

Prevention is the key. One drop of rose geranium oil between your dog's shoulder blades, one drop at the base of the tail and two drops at the collar can stop ticks.

#### **Pantry Moths:**

Wipe food containers and shelves with white vinegar and place bay leaves around shelves.

#### Ants:

Vinegar can stop ants from entering your house by overpowering the scent they use to follow one another. Mix 50/50 solution of vinegar and water in a spray bottle and squirt whenever ants are likely to be attracted.

#### Bees:

Listen to experts. Never try to remove a bee hive, call the experts.



## **Finding Time**

by Tara Chatterson

I've recently come to the conclusion that the world today has gone mad. It's as simple as that.

Don't believe me? Let's look at one simple fact--in what other place do the majority of the population spend trying to fit 35 hours into a 24 hour day? And continue to do so almost 7 days a week?

Tell me if this sounds familiar: work an 8-9 hour day, come home to do chores like cook dinner, do laundry, feed the dog, etc. add kids to the mix--forget it!

Our success-driven society tells us that we have to push to do more, do it bigger, and do it better than anyone else. Finding time to live any sort of life has suddenly become over-rated and unimaginable as a one-way trip to Neverland.

Over-scheduling, double-booking, extreme intake of caffeine & constant exhaustion have become our closest companions.

Well, I've decided I've had enough. If Neverland is the place where peace exists, then I want to live there.

Is it possible? I believe it is. It starts with claiming the time for yourself to relax and unwind. I've found my Neverland here at Five Horses, LLC. Working with, and learning from, the horses here

has brought me a peace of mind I never believed possible. I know it seems hard at first, but you owe it to yourself to find time to rebuild and recharge.

Indulge yourself by finding time for yourself. There are some amazing new events coming up this month at Five Horses. Take a look--I promise you won't regret it.





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## Attention KIDS: Send Us Your Masterpiece!

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Peel, Inc. - Kids Club 308 Meadowlark St

Lakeway, TX 78734-4717

We will select the top few and post their artwork on our Facebook Page - Facebook.com/Peellnc. DUE: June 30th

Be sure to include the following so we can let you know!

Name:	(first name, last	
initial) Age:		
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WAI

# HAPPY FATHER'S DAY

Buyers come out of the woodwork during the spring and early summer. In fact, sales peak in the summer because many families want to get settled before the school year starts. This helps to explain why about 60% of those who move do so in the summer. Have you outgrown your home or do you find that you don't need the upstairs game room or pool anymore? If so, call the Tracy Montgomery Team. We can list your home competitively and help you find a home that meets your current needs.

308 Meadowlark St. South

Lakeway, TX 78734

# In honor of Father's Day, our June drawing will be a \$100 Topgolf gift card for one lucky dad.

Please register for this month's drawing by emailing us at TracyMontgomeryTeamRSVP@Gmail.com Put the word "Topgolf" in the subject line and include your name, address and phone number in the email. It's that simple! Congratulations to the Lanaux family for winning the Mother's Day Spa treatment from our last drawing in May.

We owe our incredible growth and success to YOU - our past and future clients and friends. We appreciate your continued referrals. If you or someone you know is thinking of buying or selling a home, please give us a call! We love bringing dreams to life!



If you know of someone who would appreciate the level of service my Team provides, please call me with their name and business number. I'll be happy to follow up and take great care of them.



Your Neighborhood Realtors

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