

Volume 16, Issue 6

• June 2016

www.worthamweb.org

INCIDENT REPORT APRIL 2016

INCIDENT

OFFENSE TOTAL INCIDENT

OFFENSE TOTAL

911 Hang Up	
Accident Maj/Min	1
Accident/FGSI	
Accident/Minor	
Accident Minor	
Alarm Local	
Alarm/Sil/Pan/HU	
Alarm/Fire	
Burglary/Habitat	
Burglary/Motor Vehicle	
Check Business	
Check Park	
Contract Check	
Criminal Mischief	
Disturbance/Family	5
Disturbance/Loud Noise	
Disturbance/Other	
Disturbance/Weapon	2
Domestic/Prevent	
Drug/OD/Poss	
DWI	

Follow Up	
In Progress	
Indecent Exposure	
Meet the Citizen	
Missing Person	
MUD Building Check	
Neighborhood Check	
Open Door/Window	1
Parking Lot Check	
Runaway	
Sex Offend Verif	
Stranded MV	
Susp Person	
Traffic Initiative	
Traffic Hazard	6
Traffic Stop	
Vehicle Abandoned	
Vehicle Speeding	
Vehicle Suspicious	
Vehicle Stolen	
Welfare Check	

Wortham Village 2016 Pool Hours

JUNE 2016: FULL TIME BEGINNING JUNE 3RD

Monday - 4:00 p.m.-9:00 p.m. Tuesday-Thursday - 10:00 a.m.-9:00 p.m. Friday - 10:00 a.m.-10:00 p.m. Saturday - 10:00 a.m.-9:00 p.m. Saturday (4th Swim Meet) - 2:00 p.m.-9:00 p.m. Sunday - 12:00 p.m.-9:00 p.m.

JULY 2016: FULL TIME

Monday - 4:00 p.m.-9:00 p.m. Tuesday-Thursday - 10:00 a.m.-9:00 p.m. Friday - 10:00 a.m.-10:00 p.m. Saturday - 10:00 a.m.-9:00 p.m. Sunday - 12:00 p.m.-9:00 p.m.

AUGUST 2016: IST-21ST; 27TH AND 28TH

Monday - 4:00 p.m.-9:00 p.m. Tuesday-Thursday - 10:00 a.m.-9:00 p.m. Friday - 10:00 a.m.-10:00 p.m. Saturday - 10:00 a.m.-9:00 p.m. Saturday (27th) - 10:00 a.m.-8:00 p.m. Sunday - 12:00 p.m.-9:00 p.m. Sunday (28th) - 12:00 p.m.-8:00 p.m.

SEPTEMBER 2016: 3RD, 4TH, AND 5TH

Saturday and Labor Day - 10:00 a.m.-8:00 p.m. Sunday - 12:00 p.m.-8:00 p.m.

IMPORTANT NUMBERS

MANAGEMENT

Crest Management	
Heather Esteban (Manager) heather.est	eban@crest-management.com
Robin Motley (Accounting)	Ext. 24
Fax number	

BOARD MEMBERS

Stan Schoen	sschoen@worthamweb.org
Jonathan Armstrong	jarmstong@worthamweb.org
Steve Carter	scarter@worthamweb.org
Rick Anderson	randerson@worthamweb.org
Rebecca McShane	rmcshane@worthamweb.org

COMMITTEE CHAIRPERSONS

Architectural Control
Crest Management
Clubhouse
Lisa Teaguelcteague@sbcglobal.net, 281-894-5460
Directory
Mindy Armstrong
Info. Signs
Angie Haine angiehaine@yahoo.com, 281-890-0186 Neighborhood Watch Chair
Betty Meinecke meinbetj@gmail.com, 281-890-4329
Rebecca Skillern rebeccasvskillern@yahoo.com, 281-807-1720
Park Committee
Martin Mayne martin@mayne.us, 281-955-2240
Recreational Facilities Committee
Rick Anderson
Sports Fields Reservations
Martin Mayne martinmayne.park@mayne.us
Social
Rebecca McShane
Tennis Committee
Dorota Jankovsky
EMERGENCY NUMBERS
Life Threatening Emergency
Life Threatening Emergency
Fire
Fire
Fire
Fire911 Sheriff's Department
Fire911 Sheriff's Department
Fire
Fire
Fire911Sheriff's Department.911Poison Control.800-222-1222NON-EMERGENCY NUMBERSAmbulance713-466-4073Sheriff's Department.713-221-6000Harris County Health Dept.713-439-6000Animal Control281-999-3191
Fire
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E-Mail	advertising@PEELing	c.com

It's springtime so please remember to NOT sweep grass and leaves down the storm sewer. These can clog the drains and could cause flooding on your street. Many of our storm sewers go directly into the retention pond and the bayou and can clog them too. Please bag your leaves and grass and put in the garbage on Monday or Thursday.

NEIGHBORHOOD WATCH COMMITTEE BLOCK CAPTAINS

Apple ForestMonica Schreiber, 281-435-9409 Aspen BoughBruckner, Eric & Marie, 281-890-8667
Azalea CreekNeeds Block Captain
Birch FallsHolly Lewis, 713-817-1815
Birch FallsAllisson, Kelly, 281-639-0010
Brook MillYoung, Deanna, 281-890-0598
Carriage LakeBoushley, Connie, 281-890-3499
Carriage LakeMeinecke, Betty-J., 281-890-4329
Chestnut WoodsHutchinson, Mark & Jan, 28I-894-8410
Chestnut WoodsClaiborne, Ed & Pam, 281-469-7646
Dawn Point & Elm BoughRamos, Angelina, 281-970-8545
Dogwood BlossomSanchez, Brice, 281-894-0890
Dogwood BlossomJohnson, Jean & Lonnie, 281-300-8282
Elm Bridge CourtNeed Block Captain
Fern ValeLawrence, Jeremy & Amy, 713-859-2785
Harvest DaleWelch, Terri, 281-890-4061
Harvest DaleFranklin, Vernetta, 281-807-3834
Hickory TreeNeed Block Captain
Hillside GlenSmet, Guido & Shelia, 281-970-4766
Hillside Glen (North)Need Block Captain
Lark BrookEllie Kennedy, 281-894-7322
Lark BrookLara, Peggy, 281-970-4052
Magnolia LeafMacDonald, Lori, 281-469-0874
Magnolia LeafScanterbury, Eloise, 281-894-8424
Orchard Hollow & Town ElmDineen, Mike, 281-894-6256
Orchard HollowTolbert, Toney & Shirley, 281-894-0085
Plum ValeKelley, Dale, 281-469-1371
Reedwood RidgeNeed Block Captain
Reedwood RidgeMcGlamory, Kay, 281-955-2107
Shady FernThornton, Carolyn, 281-807-1816
Spruce KnollMeyer, Bob, 281-469-3740
Sycamore HeightsSommer, Donna, 832-237-4684
Timberland TracePeterson, Sandra, 281-897-9875
Tulip GardenJones, David & Jill, 281-955-8972
Tulip GardenChisari, Paul, 281-894-7053
Walnut LakeHeafner, Cissy, 281-477-9553
Wortham BlvdNeed Block Captain
Wortham BlvdCulp, Susan, 281-300-2411

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WORTHAM VILLAGES BOARD MEETINGS

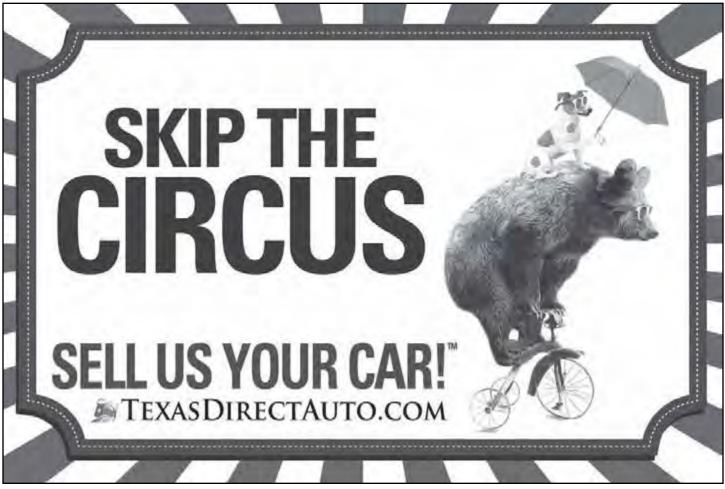
Wortham Villages Board meetings are open to all homeowner's. Monthly board meetings are generally held the third Wednesday of each month from 11:30 am to 1:00 pm at the offices of Crest Management (17171 Park Row, Suite 310, Houston, Texas 77084), but may be changed for various reasons, including due to scheduling conflicts. For an accurate notification of board meetings, dates and times please visit Crest Management's website www.crest-management.com, then click on communities, then scroll down to Wortham Villages and click on it. There is box for you to put your email address that will notify you when the board is going to meet. The board does meet on a regular basis, although do cancel occasionally if the board cannot obtain a quorum. If you are interested in attending a board meeting, we do ask that you contact Crest Management beforehand so time can be scheduled and set aside during the meeting to address your comments or request.

Your Wortham Board of Directors

WORTHAM ARTICLES

Please submit your articles, neighborhood news items, birthday announcements by the 10th of the month to get in the next month's newsletter. Email: dehoophr@icloud.com





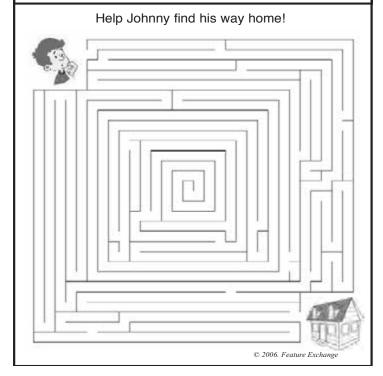
Need to use the baseball or soccer field in the detention pond? Need the pavilion for a party?

Make a reservation so you can be sure it's available! The calendar is online at: http://my.calendars.net/worthamvillages

Once you check to see if the date is available, send me an email at:

park@mayne.us and I'll get you on the calendar too!

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<u>Wortham Villages</u>

FLEAS

Fleas are ectoparasites and females require a blood meal to produce eggs. After feeding on a host, females can produce about 30-50 eggs per day that fall off the host animal and into carpeting or other areas of the home or outside in areas where the animal frequents. Larvae feed on organic matter as well as partially digested blood excreted by the adult fleas. After fleas pupate, they hatch out of the cocoon in about 2 weeks, but pupae can remain dormant for up to 5 months waiting for a host.

A proper flea management program has two parts- managing fleas on any pets and managing fleas in the environment. A veterinarian should be consulted about flea control for pets; there are numerous products on the market that work well. Grooming the animal with a flea comb or bathing can help reduce flea numbers. When you find fleas on a pet, you most likely will need to treat the pet, inside the home and the yard. Treatment should be targeted to areas where the pet likes to hang out.

Fleas found in and around homes that do not have pets may be coming from wildlife. The attic and crawl spaces should be inspected to see if wildlife has moved into the area, bringing fleas with them. Wildlife should be removed with traps and the area treated with an insecticide labeled for fleas. After wildlife is removed, the area should be sealed so that wildlife cannot move in again.

It is also possible for new homeowners with no pets to have fleas. This usually results from previous owners having pets. Fleas can remain dormant for several months and become active again when they sense vibrations from hosts.

Inside, vacuum regularly, getting under furniture and along baseboards to reduce flea eggs, larvae and pupae. Place the vacuum bag in a sealed plastic bag and throw away in an outdoor garbage can at least once a week so fleas do not hatch out and re-infest the home. Wash pet bedding in hot water. Bathe pets regularly and use a flea comb to remove fleas. Avoid walking pets in known flea infested areas.

Outside, pesticide treatments should target areas where pets frequent. Full sun areas do not need to be treated as fleas will not remain in these areas.

When treating for fleas, you need to treat at least two times. The second treatment should occur 10-14 days after the initial treatment.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at www.urban-ipm.blogspot.com



6 Health Benefits of Eating Park Chocolate

If your sweet tooth craves chocolate, there are plenty of reasons to surrender to your cravings and indulge. Dark chocolate is loaded with nutrients that can positively affect your health. Made from the seed of the cocoa tree, it is one of the best sources of antioxidants on the planet. Cacao offers a number of health benefits from helping to control blood sugar to lowering the risk of cardiovascular disease because it contains flavonols, which are a type of antioxidant that has been shown to improve blood flow and can protect against suninduced damage, improve blood flow to the skin and increase skin density and hydration.

Bottom Line: Quality dark chocolate has various nutritional perks so enjoying a delicious treat that has at least 65% cacao can be guiltfree if you don't overdo it.

NUTRITIONAL PERKS HEART-HEALTHY

Dark chocolate has been shown to improve blood flow and possibly prevent blood clots. It also helps lower blood pressure ad may help keep arteries from hardening.

BRAIN FOOD

Because chocolate increases blood flow to the brain, it can be a boost to your cognitive health.

MOOD CHANGER

Chocolate also contains phenylethylamine (PEA), which encourages your brain to release endorphins that make you feel good.

CANCER FIGHTER

Antioxidants in chocolate help rid your system of free radicals, which have been linked to multiple age-related health risks and diseases.

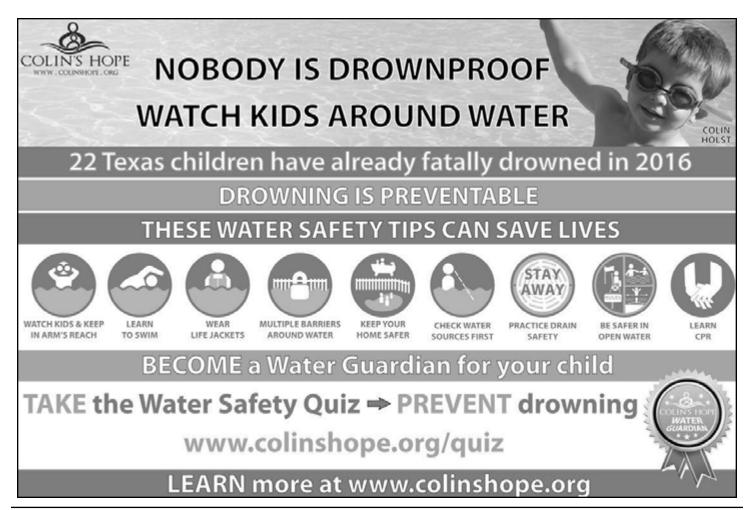
SOMETHING TO SMILE ABOUT

Theobromine, found in dark chocolate, helps harden tooth enamel, which helps prevent cavities.

SUN BLOCKER

Some studies show that people with diets high in flavonols take longer to burn in the sun than people with low flavonol diets.

Written by: Claudia Mosley, Moms Making Six Figures Reviewed by: Dr. Barbara Ryan, MD



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<u>Wortham Villages</u>

Whiteflies

Whiteflies are small, soft bodied insects with piercing-sucking mouthparts. They are creamy white and adults have a mealy wax coating their body and wings. Immatures, also called nymphs, are small, oval, flattened and wingless.

Whitefly populations can increase quickly when temperatures are warmer. The insects like to be on the underside of leaves, often in clusters. Common species of whiteflies have a wide host range and can switch host plants.

Whiteflies suck plant juices and large populations can cause foliage to turn yellow, appear to be dry or even fall off the plant. Some whiteflies cause plant distortion or foliage to turn silver in color. Whiteflies produce honeydew, a sticky substance secreted by some insects. Honey dew causes foliage to become shiny in appearance and can attract a fungus called sooty mold. Some whiteflies are capable of transmitting plant viruses.

Try to encourage natural enemies to help manage whitefly populations in your garden. To do this, make wise pesticide choices. Try to choose pesticides to target specific pests and/ or specific areas. Also, you may need to manage ants that tend the whiteflies to obtain honeydew. The ants protect whiteflies from natural enemies that may normally keep the pest population at manageable levels.

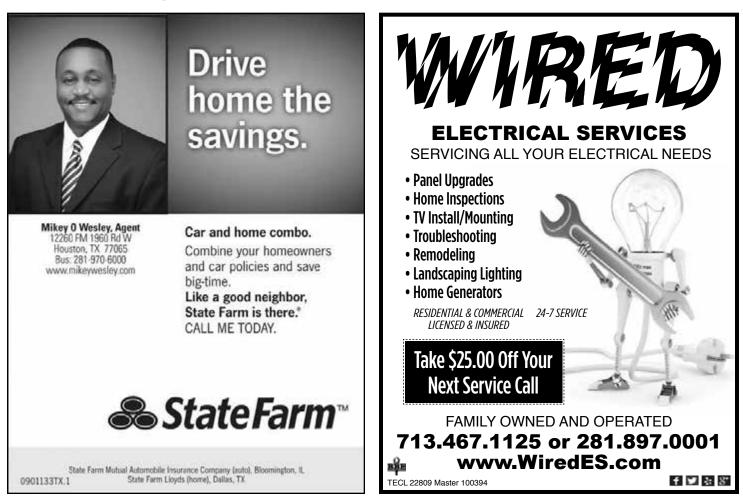
In vegetable gardens, you may want to try reflective mulches to make the underside of the leaves where whiteflies hide less habitable.

As for chemical treatment, you can use high pressure water sprays, insecticidal soap, azadirachtin, d-limonene, botanicals or a synthetic product. Target your treatment to the underside of the leaves to get to where the whiteflies like to hide.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at www.urban-ipm.blogspot. com

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Stain Solutions

Try as you might to prevent them, spills, drips and splatters in your house are inevitable. Whether you, your family or your guests are the culprits, stains happen. Most, if not all, are treatable, especially if you act quickly and use the right stain-removing technique.

If there's an accident on your carpet or a rug, start by scooping up any solids and soaking up any unabsorbed liquids. Then, blot the stain with a white cloth or paper towel. You should work from the outside in so you don't spread the spill, and dab at it instead of rubbing or pressing hard.

You also can try spot cleaning with a soapy water mix. Dilute a ¹/₄ teaspoon of clear hand-dishwashing soap with 1 cup of lukewarm water. Spray the solution on the stain, and mist the area with clean water or blot with a wet towel. Then blot the area with a dry towel. Repeat this process until you get as much residue out as possible.

Follow these specific instructions for cleaning up the more stubborn stains and sticky spots on your floors:

• Red wine: Begin with the same three steps—blot, apply soapy water and rinse. Then, dribble very hot water from a sponge onto

the spill. Continue to blot with a clean towel, and repeat until the carpet no longer shows any red.

• Soft drinks and coffee: Begin with the same three steps—blot, apply soapy water and rinse. Then dab on hydrogen peroxide. Wait one hour before repeating the process. Hydrogen peroxide bleaches a stain without breaking down carpet dyes. Use a 3 percent solution, which can be found at a drugstore, and apply at full strength.

• Candle wax and chewing gum: These are easiest to remove when hot or cold. For the cold method, harden the spot by rubbing it with an ice cube inside a plastic bag. Then, carefully scrape off the residue with a dull knife or a plastic card, such as an expired credit card. For the hot method, apply paper towels over the waxy area, and then use a clothes iron on low heat to soak up the wax. Replace the paper towels until all the wax is removed. Use a hair dryer to heat gum. Then with a plastic bag over your fingers, pull the goo off.

So the next time your carpeting endures a nasty spill, rest assured that it doesn't have to become a permanent stain. With these simple tips, you can keep your carpets and rugs looking great for years to come.



<u>Wortham Villages</u>

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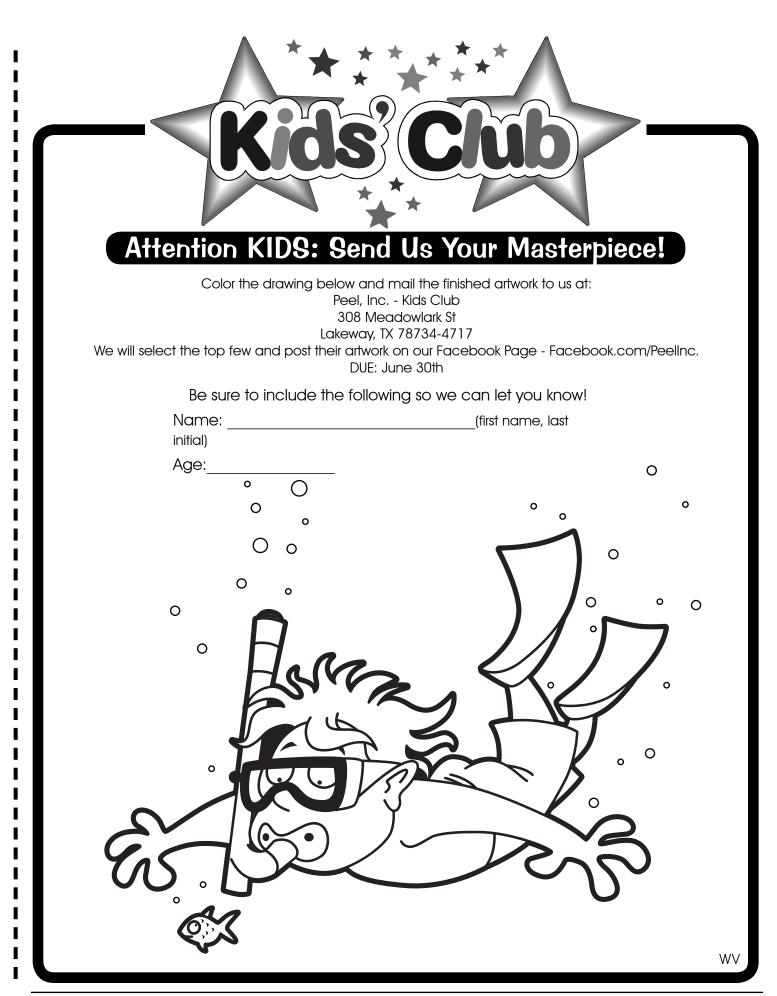
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