

# THE TALON

July 2016

Official Publication of the Eagle Springs Community Association

Volume 8, Issue 7

4<sup>th</sup> of July Celebration

Monday, July 4<sup>th</sup> 9 am to noon

Valley Springs Clubhouse

Foam pit, water slides, music, Game Truck

**Save the Date!**  
**Casino Night**

**Saturday, July 23rd**  
**7 pm - 11 pm**  
**The Overlook**  
Details and registration inside!

## COMMUNITY CONTACT INFORMATION

### EAGLE SPRINGS COMMUNITY ASSOCIATION

**Board of Directors** .... AsktheBoard@InsideEagleSprings.com  
**Crest Management Co** ..... 281-579-0761  
 Community Manager..... Bill.Higgins@Crest-Management.com  
 Clubhouse Rental..... Help@InsideEagleSprings.com  
 Activities .....Activities@InsideEagleSprings.com  
 Website Administrator..... Help@InsideEagleSprings.com  
 Newsletter ..... Help@InsideEagleSprings.com

### EMERGENCY INFORMATION

**Fire, Medical or Life Threatening Emergency** ..... 9-1-1  
 P-4 Constable Dispatch..... 281-376-3472  
 Humble ISD Police (Schools)..... 281-641-7900  
 Atascocita Volunteer Fire Dept (AVFD)  
     *Non-Emergency Number* ..... 281-852-2181  
 Harris County Animal Control ..... 281-999-3191  
 Texas Poison Control Center ..... 800-222-1222

### UTILITIES

Electric, (multiple providers) ..... www.powertochoose.org  
     *Power Outages* ..... 713-207-7777  
     *Street Light Outages* ..... 713-207-2222  
 Gas, Centerpoint Energy..... 713-659-2111  
     *Gas Leaks* ..... 713-659-2111  
 Water, Severn Trent ..... 281-579-4500  
     *24 Hour Emergency Number* ..... 281-209-2100  
 Humble Post Office..... 281-540-1775  
 Trash & Recycle, Best Trash..... 281-313-2378

### TELEPHONE/TV/INTERNET PROVIDERS:

Centurylink..... 877-290-5458  
 Comcast..... 800-266-2278  
 DISHNetwork ..... 877-903-3813  
 DirecTV..... 888-777-2454

### SCHOOLS

Humble ISD ..... 281-641-1000  
     *Website* ..... www.humble.k12.tx.us  
 Eagle Springs Elementary ..... 281-641-3100  
 Atascocita Springs Elementary..... 281-641-3600  
 Timberwood Middle School..... 281-641-3803  
 Atascocita High School ..... 281-641-7500

### NEWSLETTER PUBLISHER

Peel, Inc. .... 888-687-6444  
 Advertising..... advertising@PEELinc.com

# July 2016

## COMMUNITY CALENDAR

4..... July 4th Celebration  
                                     9 am - noon / Valley Springs Clubhouse  
 6..... Twin Villas HOA Meeting  
                                     7-8:30 pm / Valley Springs Clubhouse  
 8..... Scrapbook Club  
                                     12 - 10 pm / Eagle Springs Clubhouse  
 12..... Book Club  
                                     8 pm/ Eagle Springs Clubhouse  
 14..... HOA Board Meeting  
                                     6 pm/ Valley Springs Clubhouse  
 18..... Sports Field Committee Meeting  
                                     7 pm / Valley Springs Clubhouse  
 19..... Pool Committee Meeting  
                                     7 pm / Valley Springs Clubhouse  
 23..... Casino Night  
                                     7 pm / The Overlook  
 26..... Landscape Committee Meeting  
                                     7 pm / Valley Springs Clubhouse  
 28..... Safety Advisory Committee Meeting  
                                     7 pm/ Valley Springs Clubhouse

## ONSITE OFFICE HOURS

*Regular hours are in effect starting March 2nd.*

*Onsite Office hours are*

**Mondays 1-6 pm | Wednesdays 3-8 pm**

**Saturdays 9-1 pm**

*The Onsite Office is located at 12520 Will Clayton Parkway*



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## TEXAS STATE PARKS

July is a busy month filled with summer vacations. Some of my fondest memories growing up were camping trips with the family. Below is a list of Top 10 Campground in Texas.

### **Ray Roberts Lake State Park**

Ray Roberts Lake State Park is situated on a 3,000-acre reservoir just north of the hustle and bustle of Dallas. Campers here are encouraged to hike miles of trails, and primitive camping is available for the practiced adventurer. The highlight of the park, though, is the clean beach and easy lake access. Ray Roberts Lake is so big it can often feel like a seaside bay. Folks out here boat, ski, swim and fish away the stress of the city in style. The park is also home to multiple marathons throughout the year.

**Lake Bob Sandlin State Park** - Campers of Northeast Texas know that it doesn't get much more patriotic than spotting the majestic eagles during winter trips to Lake Bob Sandlin State Park. For the camper that is also an avid fisherman, Lake Bob Sandlin is a great spot for largemouth bass, spotted bass and bluegills.

**Inks Lake State Park** - Tucked away in the Texas Hill Country is Inks Lake State Park. Hill Country topography mixes with the pristine water of Inks Lake to create a perfect camping experience. On land, campers can backpack, geocache, and bird-watch. And on water, campers can boat, ski, fish, and even dive from the cliffs at the popular Devil's Waterhole section of the lake.

**Palo Duro Canyon State Park** - The Texas Panhandle is home to Palo Duro Canyon, "The Grand Canyon of Texas". Campers here can hike, bike, or horseback through the canyon and view the multicolored rocks, caves and hoodoos (rock towers). Palo Duro is also home to the Texas Outdoor Musical, which runs June through mid-August.

**Caprock Canyons State Park** - Campers flock to Palo Duro's neighbor, Caprock Canyons State Park for both its awesome hiking and its magnificent wildlife—namely, the Official Bison Herd of the State of Texas. Over 10,000 acres are reserved for these bison that descended from a herd started by Charles Goodnight in 1878. The park is also known for its steep cliffs and drop-offs, which offer experienced hikers and mountain bikers a challenging adventure.

**Davis Mountains State Park** - Out in West Texas, Davis Mountains State Park offers a definitively Texan experience. Here, campers are encouraged to bring their horses to camp. Horseback riding trails in the park rise up to 5,700 feet. Don't fret if you happen to leave your trusted steed at home. Davis Mountains State Park also offers hiking, mountain biking, bird watching and stargazing tours.

**Padre Island National Seashore** - Camping along the Gulf Coast on the Padre Island National Seashore is a completely unique experience. The sand and the sea provide ample opportunity for the beach-loving camper. Here, campers can watch newborn sea turtles take to the ocean for the first time, sea kayak below a pod of pelicans, and fish for their dinner.

**Colorado Bend State Park** - Located an hour-and-a-half down to the west of Austin, Colorado Bend State Park is a go-to destination for adventurous Texas campers. The popular highlight of the park is Gorman Falls, a 65-foot waterfall that runs year-round in the park. But stick around a little longer and you'll find several miles of swimming holes, hardcore mountain biking, and wild cave tours that include rappelling.

**Big Thicket National Preserve** - Variety is key at Big Thicket National Preserve in Southeast Texas, where the journey is just as important as the destination. Very few roads lead into the park. Visitors at Big Thicket are encouraged to canoe, hike, bike or horseback into the primitive campsites spread throughout the 112,500 acres of land and water that cover seven counties inside the park.

**Big Bend National Park** - Over in Far West Texas, running the span of 114 miles down the Rio Grande, Big Bend National Park offers the best roadside and primitive camping in Texas. Experienced backpackers can take to the highest points, at nearly 8,000 feet, for a totally isolated adventure. Big Bend is home to 4,000 species of animals and insects, as well as fossilized dinosaur bones. Campers can also kayak the Rio Grande along St Elena and Mariscal Canyons for some of the most beautiful views in all of Texas.

Share a photo and 1 page summary of your family summer trip with me via email at Rebekah@rebekahsnipp.com. It will be fun to read about your trip. I will select one entry to receive a \$100 gift card. Deadline to be eligible for drawing will be August 3, 2016.

Thank you for allowing me the opportunity to assist you with all your real estate needs over the years. Stay tuned next month for some great home maintenance tips as well as the name of the winner. Have a blessed summer vacation.

Rebekah Snipp

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## Summer Sun Safety Tips

1oz. of sunscreen should be applied to entire body  
Only broad-spectrum SPF 15+ should be used  
Limit your time in the sun from 10am-4pm  
You still need sunscreen on a cloudy day



## DID YOU KNOW?

We now offer group fitness classes to all of our residents aged 18 and over! Classes include yoga, Zumba, water aerobics and Soul Grooves, and residents in good standing can come by the Onsite Office, located at 12520 Will Clayton Parkway, to sign a waiver form and purchase a class pass. Passes are either a 2016 pass- which grants you access to all classes for the rest of the year- for \$100, or a one-time pass for \$5. In order to purchase a 2016 pass, you will need a valid pool card to affix the sticker.

The classes are taught by our certified instructors, and the calendar of classes can be found on [InsideEagleSprings.com](http://InsideEagleSprings.com) under Group Fitness Classes. You can also connect with our instructors and see the calendar on their Facebook page, Eagle Springs Group Fitness. Come by the office to grab your one time pass today! Group fitness is a great way to promote a healthy lifestyle and meet your neighbors!



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# New Onsite Office Coordinator

Please welcome Angela DeSantis to the team! Angela is our new Onsite Office Coordinator, and will handle all of the clubhouse reservations, along with issuing access cards and pool cards. A note from Angela:

Hi all,

My name is Angela DeSantis. I was born and raised in New Jersey. My husband and I recently moved to Eagle Springs after he received a new job opportunity; a bonus is we get to be close to my family, who also lives in the area. I'm very excited to start this new position as Onsite Office Coordinator and look forward to getting to know all of the amazing residents of Eagle Springs!

Be sure to stop by the Onsite Office, located at 12520 Will Clayton Parkway, to say hello to Angela and congratulate her on her new position!



## Congratulations New Board Members

On June 9th, Neighborhood Voting Representatives elected 3 Board members to vacant positions to the Eagle Springs Community Association's Board of Directors. Congratulations to Christina Kimble on her re-election, and congratulations and welcome to the Board goes out to Mike Hamlin and Jordan Gerard. Look for Mike's and Jordan's biographies in future editions of The Talon.

An advertisement for TexasDirectAuto.com. It features a central image of a brown and white dog's head with its tongue out, sitting on a large pile of brown kibble. The text 'WE PAY MORE.' is on the left and 'WE PAY TODAY.' is on the right, both in large blue letters. At the bottom, a yellow banner contains the text 'SELL US YOUR CAR!™' in bold black letters, and a dark blue banner contains the website 'TEXASDIRECTAUTO.COM' in white letters, preceded by a small Texas state flag icon.

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**WE PAY TODAY.**

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# ENTER TO WIN 4 TICKETS TO SCHLITTERBAUN!



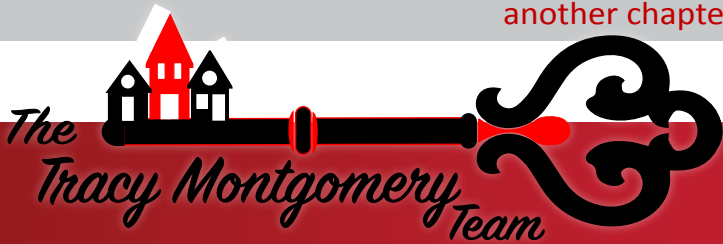
The Tracy Montgomery Team would like you to do something fun with your family this summer. We are giving away 4 tickets to the famous water park in Galveston.

Enter to win by sending us an email. Put **SCHLITTERBAHN** in the subject line. Send us your name, address and phone number where you can be reached if you win.

**TracyMontgomeryTeamRSVP@gmail.com**

Congratulations to the Parada Family for winning last month's prize of a gift card to Topgolf!

We appreciate your continued referrals. If you or someone you know is thinking of buying, selling or investing, please give us a call! We'd love the opportunity to help someone start another chapter in their life.



Tracy Montgomery  
Cell: 713.825.5905

Sandy Brabham  
Cell: 713.503.8110

Lisa Hughes  
Cell: 281.323.5894

Melissa Nelson  
Cell: 832.527.4989



*If you know of someone who would appreciate the level of service my Team provides, please call me with their name and business number. I'll be happy to follow up and take great care of them.*



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# Please remember to trim all trees on sidewalks:

"Where the tree overhangs a residential street, there must be a clear space under the tree that is 12 feet above the street surface and 8 feet above the sidewalk surface."



## Sponsors Needed for This Year's Kids Triathlon

Planning has begun for the sixth annual Eagle Springs Kids Triathlon! Since its inception in 2010, over 500 area children have participated in this fun fitness challenge, with 200 more expected to participate this year. Kids ages 5-15 from the Lake Houston area swim, bike, and run their way to personal victory each year! This year's event is scheduled for Saturday, September 19 and promises to be the biggest and best yet.

As always, this incredible event is made possible only with the generous donations of local sponsors. Sponsorships are available for as little as \$150, which includes your business logo on the event t-shirt and web advertisements, shout outs by our DJ on the day of the event, and the opportunity to place a flyer or other branded item in each of the 200 participants' "swag bag."

If you are interested in sponsoring this year's event, please request a sponsorship form by emailing [kidstri@insideeaglesprings.com](mailto:kidstri@insideeaglesprings.com). All sponsorships are due by July 15. Sponsorships at all levels are still needed.

Thank you sponsors and neighbors for your support of this event. Without you, we could not continue to provide this unique opportunity to our area children!

Keep your eyes on [insideeaglesprings.com](http://insideeaglesprings.com) for registration information later this summer!



## Fourth of July FUN!

Come out and celebrate! Our Fourth of July parade route will begin at the intersection of Lafayette Hollow and Valley Lodge Parkway at 9 am. Prizes will be awarded to the best decorated in the following categories: bike/scooter, wagon, power wheel, stroller and costume.

We will then walk approximately half a mile down Valley Lodge Parkway to the Spray Park and Valley Springs Clubhouse, where water slides, foam pit, Kona Ice sno cones for purchase, and a mobile game unit by Game Kraze will be waiting! Crafts, music, and 4th of July fun are all on the agenda. New this year? Food trucks! Breakfast Burritos Anonymous and Espresso Rescue will be on hand for hungry participants. If you choose not to march in the parade, come out and cheer on your neighbors!

## International Festival = Lots of Fun!

With sunny skies and a break in the rain, the International Festival, complete with samba band, dancers, and 8 different food trucks specializing in everything from tacos to sushi, came to Eagle Springs with resounding success. Residents were able to try different cuisine and many came for both lunch and dinner! Residents were entertained by music from DJ MG, beats from Samba Soul, and dancing from three samba dancers towards the end of the event.

Huge thanks to DJ MG, and our sponsors, Scott's Carpet Care and Finish Pro Refinishers, for sponsoring this event! We can't bring these events to Eagle Springs without their support!

## Earth Day Event Recap

On May 21st, the Landscape and Safety committees held their annual Earth Day Event. A total of 52 trees were purchased by Eagle Springs residents. A raffle drawing for a free tree and gift cards was held for those residents who participated in the event.





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# Casino Night

Come join us for Eagle Springs' most anticipated  
Adult Only Event!

Saturday, July 23rd, from 7-11 pm at  
The Overlook  
20114 Pinehurst Drive, Humble

Doors open at 7; Gaming begins at 7:30  
Great food, Cash Bar, Music and FUN!  
Watch [InsideEagleSprings.com](http://InsideEagleSprings.com) for a list of prizes!

## Details:

- \$35 per couple or \$20 for single
- Each attendee is given tickets at the door to exchange for chips
- At the end of the night, chips are then turned in for raffle tickets
- "Buy backs" allowed
- Only one prize per player
- You must be in good standing with ESCA

To register for Casino Night, simply fill out this form and return it, along with payment, to the Eagle Springs On-Site Management Office drop box, located in the Eagle Springs Clubhouse. Please enclose this form and payment in an envelope marked "Casino Night".

---

## 2016 Casino Night Registration

Number of People Attending:

\_\_\_\_\_ single

\_\_\_\_\_ couple(s)

Please make checks payable to:  
Eagle Springs Community Association

☐ Check  
Number \_\_\_\_\_

Total Cost:

\_\_\_\_\_ x \$20 per single = \_\_\_\_\_

\_\_\_\_\_ x \$35 per couple = \_\_\_\_\_

Total Cost = \_\_\_\_\_

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# FACT OR HOGWASH?

*By Cheryl Conley, TWRC Wildlife Center*

I think we've all heard that one should never touch a baby bird or the mother will not accept it again or may even kill it. This is simply not true. There are many misconceptions about wildlife. Let me help you separate fact from hogwash on a few of the most common ones.

### **MYTH: MOTHER BIRDS WILL ABANDON THEIR BABIES IF TOUCHED BY HUMANS**

**FACT:** Mother birds will not abandon their offspring if touched by a human. For this to be true we would have to believe that birds can pick up on human scent. In fact, most birds have a rather poor sense of smell. For more information on what to do if you find a baby bird, see our website.

### **MYTH: IF YOU FIND A FAWN ALONE, IT HAS BEEN ABANDONED.**

**FACT:** It is common to see fawns alone. Since they are incapable of keeping up with mom, she will leave the fawn, sometimes for hours, while she goes off to eat. The doe will visit the fawn two to three times a day. This will continue until the fawn is about 4 weeks old. It's best to leave fawns alone unless you know that the mother is dead and/or fawns are crying incessantly.

### **MYTH: IF YOU SEE A RACCOON OUT DURING THE DAY, IT'S RABID**

**FACT:** Raccoons are typically nocturnal but are opportunistic creatures and can appear whenever food is around, day or night. In spring and summer when the mother's energy levels are depleted by nursing cubs it is not uncommon to see them out during the day. However, if the animal is acting disoriented or sick, such as circling, staggering or screeching — in addition to being seen during daylight hours — contact TWRC Wildlife Center or animal control.

### **MYTH: RACCOONS WASH THEIR FOOD**

**FACT:** Raccoons have very sensitive feet and it is believed that dipping their food in water heightens that sensitivity so they can better feel the food before they eat it. They will also use water to soften food.

### **MYTH: IF YOU GET CLOSE TO A SKUNK, IT WILL SPRAY YOU.**

**FACT:** Skunks only spray to defend themselves, such as when a dog runs up and grabs them. Before they spray, they will stamp their front feet as a warning to get you to back off. Skunks are also nearsighted so if you come across one, simply talk softly and back away.

### **MYTH: LIVE TRAPPING AND RELOCATING ANIMALS IS HUMANE**

**FACT:** Most animals are very territorial. Residents of an area will more than likely attack and kill a newly relocated animal.

### **MYTH: OPOSSUMS LIKE TO HANG BY THEIR TAILS**

**FACT:** The opossum's tail is capable of grabbing onto a limb to help with balance but it is not strong enough to support the animal's weight.

### **MYTH: TOADS CAUSE WARTS**

**FACT:** Warts on people are caused by a herpes virus, not toads! Toads do, however, have wartlike bumps behind the ears that contain a poison that can irritate your skin.

### **MYTH: OPOSSUMS ARE DIRTY ANIMALS AND ARE VICIOUS**

**FACT:** Opossums are fairly clean when compared to other animals. They groom themselves frequently. While in the care of a rehabilitator, they can even be trained to use a litter box. Like any other wild animal, they are more afraid of you than you are of them. They hiss and show teeth to scare you away, so, GO AWAY!

### **MYTH: IF AN ANIMAL IS FOAMING AT THE MOUTH, IT HAS RABIES**

**FACT:** There are other reasons why an animal may be foaming at the mouth. Some of them are distemper, ticks, worms, diabetes, liver failure, poisoning, and many others.

TWRC Wildlife Center is currently looking for volunteers to help at our center in Houston. If you have a passion for animals and are looking for a worthy organization to help, check our website at [www.twrcwildlifecenter.org](http://www.twrcwildlifecenter.org) or call 713-468-8972.



**FACT:**

A four-year-old may ask constant “why” questions to understand the world.



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# Texting and Cell Phone Use during Driving

*By the National Highway Safety Administration (edited for space)*

In 2014, 3,179 people were killed in crashes involving a distracted driver. One of the most alarming and widespread forms of distracted driving is cell phone usage. According to a study by the Virginia Tech Transportation Institute (VTTI), sending or receiving a text takes a driver's eyes off the road for an average of 5 seconds, the equivalent of driving blind at 55-mph for the length of an entire football field. And a 2014 special article in the New England Journal of Medicine found that the risk of a crash or near-crash among novice drivers increased with the performance of many secondary tasks, including texting and dialing cell phones.

Text messaging is of heightened concern because it combines three types of distraction – visual, manual and cognitive. In other words, texting involves taking your eyes off the road, your hands off the wheel, and your mind off the task of driving.

NHTSA's message is simple – "One Text or Call Could Wreck it All." Legislation is being passed across the nation to

discourage distracted driving. We hope drivers get the message loud and clear.

So the next time you are pressed for time, and it seems like multitasking in the car is the best decision, remember those 3,179 lives that were taken because someone decided they could do two things at once. A text or call is not worth your life, or anyone else's.



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## USA Fit Champions Ready to Get Aspiring Runners Marathon/Half Marathon-Ready by January



With many winter long distance races to look forward to, USA Fit Champions seeks to get Spring and Northwest Houston area residents "marathon-ready." The local full and half marathon training group is currently taking registrations through Aug. 30 at [www.ChampionsFit.net](http://www.ChampionsFit.net) for its new season, which kicks off with two orientation/in-person registration events at 7 a.m., Saturday, July 9 and 16, at the D. Bradley McWilliams YMCA in Spring. Now, Co-Organizer Roy McDonald says, is the perfect time, no matter a runner's ability level, to start training for January races such as the Chevron Houston Marathon, Aramco Half Marathon and Memorial Hermann USA Fit Marathon.

"Most people don't believe they can complete a full or half marathon for various reasons," said McDonald. "Our mission at USA Fit is to show people they absolutely can succeed by providing training plans for every fitness level in a fun, non-intimidating and safe environment."

McDonald himself joined USA Fit's Houston group 25 years ago when he and four fellow employees at his company discussed running a marathon. It was a goal he had never entertained. At the time, he weighed 240 pounds and at the end of his first marathon training with the group dropped to 185 pounds. In addition to gaining a lifelong love of running, McDonald gained a lifelong friend in member and now co-organizer Mitchell Garcia, who was one of the employees who had initially joined him.

McDonald and Garcia both hope as organizers and coaches to bring the same motivation and encouragement that their coaches and fellow members had given him to help runners and walkers around the Champions area reach their own personal goals.

According to McDonald, the top myths about marathon running include:

- Marathoners must be young.
- Marathoners must be athletes.

- It is not possible to walk 13.1 or 26.2 miles.
- Running long distances is dangerous to one's health.
- Runners must be a certain weight or size to successfully run a full or half marathon.

He said that members of USA Fit Champions defy all of these myths and have gone on to complete half and full marathons during their very first seasons with the group as well as meet personal health and fitness goals.

"The most rewarding part of our job as coaches is to see members achieve so much more than they thought possible, no matter their fitness level or stage in life," said McDonald. "The only thing we ask our members to show up with is a goal and the passion to meet it. We take care of the rest."

Registration for USA Fit Champions is \$140 for new members and \$100 for returning members. Runners meet Saturday mornings for ability-based group trainings, enjoy weekly seminars and social events throughout the season and benefit from the encouragement and expertise of certified coaches. To learn more and to register, visit [www.ChampionsFit.net](http://www.ChampionsFit.net) or contact Roy McDonald at [info@championsfit.net](mailto:info@championsfit.net).



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# Plant of the Month: Sunflower

*Info from Ladybird Johnson Wildflower Center, University of Texas at Austin*

The Sunflower is one of the most common flowers in Texas. Varieties grow wild throughout the States. Some varieties grow up to 8'. They grow quickly, so are a good plant for children to try as one of their first gardening adventures. Point out to them that the flower heads follow the sun in a remarkable way, facing East in the morning and West at sunset. In fact the Spanish name for the Sunflower is Gyrosol, which means "follow the sun." The English scientific word for such turning is heliotropism. Remind them that the Sunflower is the State Flower of Kansas. The flower was used to obtain yellow, black, and blue dyes which were used by the American Indians for basket-making.

The Sunflower is drought-tolerant (once established), and the seeds may be planted as deep as 3 inches, though generally about an inch. Do plant them in the sun. Water sparingly, but water. In our soil, it is likely that they will become top heavy, so you may need to stake them. Birds and bees love them, and there is a certain strange spindly species of insect that you will probably find on the plants when they are mature.

Late April is the best time to plant, but July is not too late as long as you can keep the soil moist during the first few weeks of early life. Expect them to mature in about 90 days. It takes a very cold frost to kill them.



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Age: \_\_\_\_\_



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