



The Farmers Market *at Bridgeland*

August 14, 2016

12:30 - 3:30 pm - rain or shine

August Market will feature Demo by PEAS Farm on 'How to make your own Pickles' and Live music by Grifters & Shills.

Swing by for some fresh summer produce grown by local farmers as well as natural, homemade products.

Over 30 vendors join the monthly market and offer local fruits & vegetables, free range eggs, goat & cow milk cheeses, breads & sweet treats, pork/beef/bison/goat/wild boar/chicken/lamb/venison & shrimp, jam/jelly & honey, BBQ sauce & salsa, roasted Coffee & teas, ready-to-eat food, gluten-free products, pet food, orchids & herbs, soaps & lotions, knife sharpening and MUCH MORE!



IMPORTANT NUMBERS

BRIDGELAND COMMUNITY ASSOCIATIONS (HOA)

16902 Bridgeland Landing
Cypress, TX 77433
281-304-1318

General Manager

Melissa Hargrove mhargrove@pcmi-us.com

Assistant Manager

Cris Pulatie cpulatie@pcmi-us.com

Activities Director

Rachel Johnson rjohnson2@pcmi-us.com

Administrative Assistant

Ann Klak annklak@pcmi-us.com

Community Administrator

Denise Saxton dsaxton@pcmi-us.com

EMERGENCY NUMBERS

EMERGENCY 911

Fire 911

Ambulance 911

Harris County Sheriff 713-221-3300

Cy-Fair Volunteer Fire Dept. 281-550-6663

AREA HOSPITALS

Cy-Fair Medical Center 281-897-3300

North Cypress Medical Center 832-912-3500

Willowbrook Methodist 281-477-1000

SCHOOLS

Cy-Fair ISD 281-897-4000

Cy-Fair ISD 281-897-4000

Robison Elementary School 281-213-1700

Warner Elementary School 281-213-1650

Spillane Middle School 281-213-1645

Smith Middle School 281-213-1010

Cy Woods High School 281-213-1727

Cy Fair High School 281-897-4600

UTILITIES

Trash - Republic Waste 281-446-2030

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Gas - Centerpoint Energy 800-579-4500

Electricity - Reliant Energy 800-735-42568

Cable/Internet/Phone - Comcast 713-341-1000

PUBLIC SERVICES

Cypress Post Office 281-373-9125

Drivers License Info. 281-955-1100

Harris County Tax 713-224-1919

NEWSLETTER PUBLISHER

Peel, Inc. 888-687-6444

Article Submissions bridgeland@peelinc.com

Advertising advertising@peelinc.com

THE TIMES

A newsletter for Bridgeland residents.

The Times is a monthly newsletter mailed to all Bridgeland residents. Each newsletter is filled with valuable information about the community, local area activities, school information and more.

If you are involved with a school group, play group, scouts, sports activity, social group, etc. and would like to submit an article for the newsletter you can do so online at www.PEELinc.com or you can email it bridgeland@peelinc.com. Personal news for the Stork Report, Teenage Job Seekers, special celebrations, birthday announcements and military service are also welcome. *Our goal is to keep you informed!*

Advertising Information

Please support the businesses that advertise in The Times. Their advertising dollars make it possible for all the Bridgeland residents to receive the monthly newsletter at no charge. If you would like to support the newsletter by advertising, please contact our sales office at 888-687-6444 or advertising@PEELinc.com. The advertising deadline is the 10th of each month for the following month's newsletter.



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CUB SCOUT PACK 3 FALL RALLY!

TUESDAY, SEPTEMBER 13, 2016
7:00 PM @ ROBISON ELEMENTARY CAFETERIA
BOYS 1ST - 4TH GRADE

Cub Scouts provides elementary age boys and their families a wonderful opportunity to explore the world around them, experience the outdoors, learn new things and most of all just have a lot of fun!! Boys interested in Cub Scouts, and families wanting to know what Cub Scouts is all about, Pack 3 will be hosting a Fall Rally on Tuesday, September 13, 2016 at 7:00 pm in the Robison Elementary Cafeteria. Families are welcome to attend! Cub Scout Pack 3, chartered thru the A. Robison Elementary PTO, currently has 50 boys, grades 1-5, who primarily attend A. Robison Elementary School. You are not required to attend Robison Elementary in order to attend this rally or to register with Pack 3. You are also not required to join Pack 3 should you register at this rally and wish to join a Pack at your school. So grab some friends and come see what fun is all about! Start your adventure now, join Cub Scouts!! We hope to see a lot of new faces!



Yours in Scouting
Cub Scout Pack 3, cypresspack3.org

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GO THE DISTANCE WITH SCOUTING!

Girls kindergarten to 12th grade are provided amazing opportunities and experiences as a Girl Scout! Not only can they dream about earning a Gold, they can earn it by going the distance in scouting!

Like any good team we also need good coaches! Consider volunteering as a troop leader or co-leader and help girls reach their own Bronze, Silver and Gold! As a troop leader your journey earns an award sure to exceed any Gold!

Girl Scout membership is \$15. Girls and adults can join Girl Scouts and register online at www.gssjc.org, or join us in person to learn more about Girl Scouts at our Fall Rally.

We are looking forward to another great year of Girl Scout adventures and hope you'll go the distance with us!! Be a Girl Scout Olympian and join Girl Scouts today!

Heart of Texas Girl Scouts Fall Rally

KG – 12th grade

Saturday, September 10, 2016 @ 10:00 am – 12:00 pm

Good Shepherd United Methodist (Gym)

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Did you know that Girl Scouts are more likely than non-Girl Scouts to...

Advocate for herself and others

Set ambitious goals and think about her future

Be mentally and emotionally stronger

Be financially independent

Overcome failure and fears and so much more!

Through a girl's experience in Girl Scouting, she has additional opportunities to make new friends, have new experiences, and work together with other girls to serve in her community. Girl Scouts is about charting the course of a girl's destiny so she grows up confident, knowing she is capable of achieving great things in life of being successful and doing something significant!

It's August and that means the summer is winding down and school is starting soon. As you start planning your daughter's activities, we hope you plan make Girl Scouts a part of it. If you'd like your daughter

to explore new interests, achieve her goals, or simply to make new friends to overcome their shyness, look for Girl Scout recruitment events in your school. Girl Scouts is for girls in grades kindergarten to 12th grade and the cost is \$15.

You can join Girl Scouts at www.gssjc.org or contact Jo Anna Harris at jharris@sjgs.org. We are looking forward to another great year in the Cypress area and hope you can join in on the fun!



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WORKSHOP

SATURDAY, AUGUST 6
SAINT AIDAN'S EPISCOPAL CHURCH

Choosing Authenticity: Discover how to reach deeper levels of authenticity in your life and work by engaging with Brene Brown's celebrated research. A Daring Way workshop led by The Rev. Les Carpenter, M.Div., DWF. Saturday, August 6, 9:30-3:30. Saint Aidan's Episcopal Church, 13131 Fry Rd, Cypress, Tx. \$20.00 includes lunch. Registration information available online at <http://aidanschurch.org/brenebrown>. Please call us at 281-373-3203 with questions.

St Aidan Fall Fest

St. Aidan's Episcopal Church Fall Holiday Market - Sunday, October, 30th from 10am - 5pm. 13131 Fry Road just South of 290. Market Booths, Food Trucks and Silent Auction 10am- 5pm, Live Music throughout the day, Cake Walk 1:00, Trunk N'Treat 3:00, Kids Corner 3:00, Blessing of Animals 4:00. Lots of vendors with a variety of goods for sale. We look forward to seeing you all there!

Interested in being a Vendor? Please visit our website <http://aidanschurch.org/action/fall-holiday-market-vendors> for information and reservation form.

St Elizabeth Ann Seton Gingerbread Market

VENDOR OPPORTUNITY AWAITS!

St. Elizabeth Ann Seton Ladies Auxiliary will be holding their 24th annual Gingerbread Village Holiday Market on October 29, 2016. The show will be held from 9 A.M. to 4 P. M. at 6646 Addicks Satsuma Road, Houston, TX. If you are interested in showcasing your various art, crafts or other unique offerings, please contact Fae at fae@krenekprinting.com.

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BLUE JAYS ARE NOT BLUE?

By Cheryl Conley, TWRC Wildlife Center

Blue Jays are easy to recognize because of their crest and their beautiful blue, black and white markings. They are also one of our larger birds, some reaching a foot long. Although beautiful, some consider them a nuisance because they can be aggressive. Aggressiveness towards humans can occur when a Blue Jay is protecting its nest. They've also been known to dive-bomb cats and dogs. They can imitate the sounds of the Red-shouldered Hawk and often do this to keep predators away from the nest. Because they are such good parents and very protective, TWRC Wildlife Center rarely receives any eyes-closed nestlings at the Center.

Did you know that Blue Jays aren't really blue? The color we see is the result of the inner structure of the feathers. There are two types of color in birds—pigmented and structural. The cardinal looks red because the feathers really are red. This is pigmented. Blue and green are unique colors in the animal kingdom and are considered structural colors. To explain as simply as possible, the blue in the Blue Jay is caused by microscopic structures in the feather that refract light like a prism. When the light passes through a dark layer of melanin, some wavelengths are filtered out, and the bird looks blue. Feathers look blue for the same reason the sky looks blue.

In late summer you may see a bald Blue Jay. Don't automatically assume that it is sick or has been attacked by another animal. Blue Jays, as well as Cardinals, go through a complete molt of their head feathers but they do grow back.

During the spring, TWRC Wildlife Center admits hundreds of Blue Jays, both adults and babies. They are admitted to our on-site care program and require daily care. If you'd like to learn how to feed and care for Blue Jays, volunteer and become a part of our Baby Bird Program. It's fun, it's rewarding and you'll be helping our wildlife. For more information go to:

www.twrcwildlifecenter.org

19TH Annual Salute to the Stars Gala

Thursday, October 13, 2016, the Cy-Fair Educational Foundation (CFEF) will host its 19th annual Salute to the Stars Gala at the Berry Center. Our underwriter, Cypress Fairbanks Medical Center Hospital joins us in celebrating Cypress-Fairbanks I.S.D. (CFISD) Spotlight Teachers, along with major sponsors IBI Group, Cy-Fair Federal Credit Union, North Cypress Medical Center Hospital, Northwest Dodge, and S-G Owners Association.

Salute to the Stars has raised \$2 million for innovative staff development grants for district teachers and instructional leaders, and scholarships for graduating seniors. The Salute to the Stars Gala honors CFISD Spotlight Teachers who are selected by campus principals for their outstanding dedication in providing valuable instruction to students.

CFEF was established in 1970 as a non-profit to raise money to fund a scholarship for high school graduates in the area. Over the past 46 years, the Foundation has grown tremendously through the efforts of the Board of Trustees and the generosity of the Cy-Fair Community. The Foundation has awarded almost \$7 million in scholarships to over 1400 graduating seniors. CFEF is a 501(c)3 non-profit organization, all contributions are tax deductible, as allowed by the law.

Sponsorships are available for Salute to the Stars, for more information please contact Marie Holmes at marie@thecfef.org or 281-370-0144.



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AHFC Junior Hurricanes (JHSL) Registration Now For Fall 2016 Open

The Junior Hurricanes Soccer League (JHSL) is led by professional United States Soccer Federation (USSF) licensed staff and is designed for boys & girls who want to play and have fun in a safe and developmentally appropriate environment. The JHSL program is being offered at multiple locations and in conjunction with CFSA at the Schiel Road Complex. To learn more about each location and to register please visit www.albionhurricanes.org.

For those wishing only to train, join us in Katy for AHFC Friday Night Academy. Visit Katy Youth Soccer to register for this Friday Fun Program.

Email us at jhsl@albionhurricanes.org for more information or questions.

Office Phone: 713-939-7473

Come Join The Fun!

Kids' Running Team's Cross Country Season Starts September 6th

The Northwest Flyers Track Club Youth Cross-Country Team kicks off the fall season with registration and a mandatory orientation for parents and athletes on Tuesday, September 6, 2016, at 7:00 p.m. at Cypress Creek High School, 9815 Grant Rd., Houston. Registration starts online September 1 at www.northwestflyers.org. Practices are held at the Cypress Creek YMCA and Spring Creek Park in Tomball.

The Northwest Flyers Track Club is a member program of USA Track and Field (USATF), the national governing body for track and cross country. The club is celebrating its 30th year in the northwest Houston area. Ages 6 - 18 may participate in the team, and both beginners and experienced runners are welcome. Middle school and high school cross country athletes can also register, but should compete after their cross country season is over.

For more information contact Coach Eric Wentworth at emw185@gmail.com or 281-961-6603. Visit www.northwestflyers.org to get updates and learn more about the team.

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August Meeting

The Cypress-Tomball Democrats monthly meeting for the month of August will be held on Tuesday, August 16th 2016, at Rudy's Grill & Cantina, 11760 Grant Rd., Cypress, TX 77429, from 6:30 p.m. to 8:00 p.m. Dr. Christina Hughes, Associate Professor of Political Science, at University of Houston Downtown will be our Guest Speaker. She would be speaking on "Gerrymandered legislative districts in Texas: Madison's Federalist No.10 and lack of competitive districts."

Everybody is welcome to attend the meeting and to join this growing club, which meets on the third Tuesday of every month. The meetings foster great fellowship and feature informative guest speakers. For further information, visit the website www.cytomdems.com; contact Cris Hernandez at cytomdems@yahoo.com; Follow us on Facebook at Cypress- Tomball Democrats.



Cy-Fair Republican Women

August is evening social time. We will enjoy guest speaker Dr. Neil Frank, Meteorologist, at Hearthstone Country Club on Tuesday, August 9th at 6:30 PM.

Dr. Frank's topic is Climate Change: Myths and Facts. Join us for Hors d'oeuvres and Cash Bar. \$15/person - RSVP & PREPAYMENT REQUIRED by August 1st. Please refer to www.cfrw.net for info and payment flyer.

September 13th we will resume our General Meeting at 10:30 AM - Noon. (Second Tuesday each month)

Meeting is \$3 -- Meeting w/Lunch at Noon is \$20.

**Hearthstone Country Club,
7615 Ameswood, Houston, TX 77095**

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All are welcome! Candidates, we want to get to know each of you.
August social will replace our General Business Meeting.*

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Cypress Texas Tea Party

The next meetings of the Cypress Texas Tea Party will be on:

Saturday, August 6, 2016 NOON - 2:00 PM

- Scott Ford, Raging Elephants Radio, "How to keep your family safe in the digital age"

Saturday, August 27, 2016 NOON - 2:00 PM

- Dr. Tom Oliverson, Candidate for Texas Representative, District 130

- Erin Lunceford, Judge, 61st District Court

The Cypress Texas Tea Party meets every three weeks on Saturday Noon until 2:00 PM at:

Spring Creek BBQ

25831 Northwest Freeway

Cypress, Texas 77429

Map: <http://goo.gl/maps/OoNjY>

A schedule of our meetings and confirmed speakers can be found at our website, www.cypressstexasteaparty.org

KIWANIS CLUB OF CY-FAIR HOUSTON

If you live or work in the Cy-Fair area, we would welcome the opportunity to meet you and tell you about the service the Cy-Fair Kiwanis Club gives to our community. Be our guest at our meeting on August 2, 9, and 16.

Time and place: Meetings are held at the Hearthstone Country Club. Lunch is served at 12:15pm, followed by a brief, informative program. Adjournment is at 1:15pm.

What is Kiwanis? Kiwanis is an international service organization. The Cy-Fair Kiwanis Club of Houston seeks to serve this community through sponsoring Key Clubs for high school students, Builders Clubs for middle school students, and Aktion clubs for adults with disabilities. Also, we sponsor Boy Scout and Girl Scout troops. We provide support to various other organizations in the community that serve children and families. Enjoy the pleasure of being a part of this service.

Visit the Cy-Fair Kiwanis Club website at:

www.KIWANISHOUSTONCYFAIR.COM

For more information, call John Carroll at 281-463-0373; George Crowlat 832-467-1998; or Peggy Presnell at 281-304-7127.

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Dead spots in the lawn? Look for chinch bugs

Chinch bugs often appear in Texas lawns during hot, dry conditions. Usually damage starts in sunny locations or near driveway and sidewalk areas. Damage appears as irregular dead patches in the lawn surrounded by yellowing or dying grass. Chinch bug damage can be mistaken for other lawn problems like white grubs or fungal diseases, so confirmation of chinch bug activity is needed before choosing proper treatment.

So how do you tell if you have chinch bugs? The easiest way is to look for the insects. One way to look is to cut both ends out of a can, push it into the ground using a twisting motion and then fill the can with water for about 10 minutes and wait for any bugs to float to the top. Another way would be to get down on your hands and knees and part the grass to look for the insects. For both methods, samples should be taken in the damaged (yellowed grass), not dead, grass areas.

Chinch bugs are small (about 1/5 of an inch as adults; immatures are smaller). Adults are black with white wings containing triangular markings. Nymphs, or immatures, are yellowish or pinkish with a light colored band across their body. Nymphs do not have fully developed wings.

Treatment is usually a liquid or granular formulation. Liquid


formulations are often bottles that attach to the end of the garden hose or concentrates that you mix with water in a tank sprayer. Granular formulations are applied with push spreaders and need to be watered in after treatment.

Treatment should be applied to the area where damage is occurring and several feet out from the damaged area; the entire yard does not have to be treated. All label instructions should be read and followed before and during the treatment.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600.

Check out my blog at:
www.urban-ipm.blogspot.com






When it needs more than a bandaid, Urgent Care vs. ER?

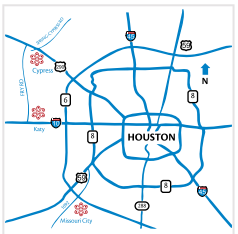
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PET OF THE MONTH



Now just looking at this little cutie makes me smile. She is a tiny little girl (not sure of her weight yet but tiny) and sweet as can be. How can you look at her face and ears and not get happy? Her name is Sammie. For a quick cure from your bad day just think of coming home and having Sammie greet you!! Sammie needs a loving forever home.

*Please contact:
E-Rescue Houston
info@rescuehouston@gmail.com*

Northwest Harris County Aggie Mom's Club

CALLING ALL AGGIE MOMS!

If you are a mom, step-mom or guardian to a student at Texas A&M, please join us in making a difference in student's lives. The NWHC Aggie Mom's club will be hosting, Summer Mixers.

This is an opportunity for you to meet other Aggie Mom's and find out what our club is all about.

Please join us at one of our informal Summer Mixers details can be found on our website.

**SAVE THE DATE:
HOWDY PARTY-AUGUST 9, 2016**

The Northwest Harris County Aggie Mom's Club meets August thru May on the second Tuesday of every month at 6:30 pm at 7100 High Life Drive. Refreshments are served at 6:30 with meeting beginning at 7:00. For more information on monthly speakers or upcoming events visit our website at www.nwhcaggie moms.org or contact:

Summer Perkins, Club President at summer@nhh-realty.com

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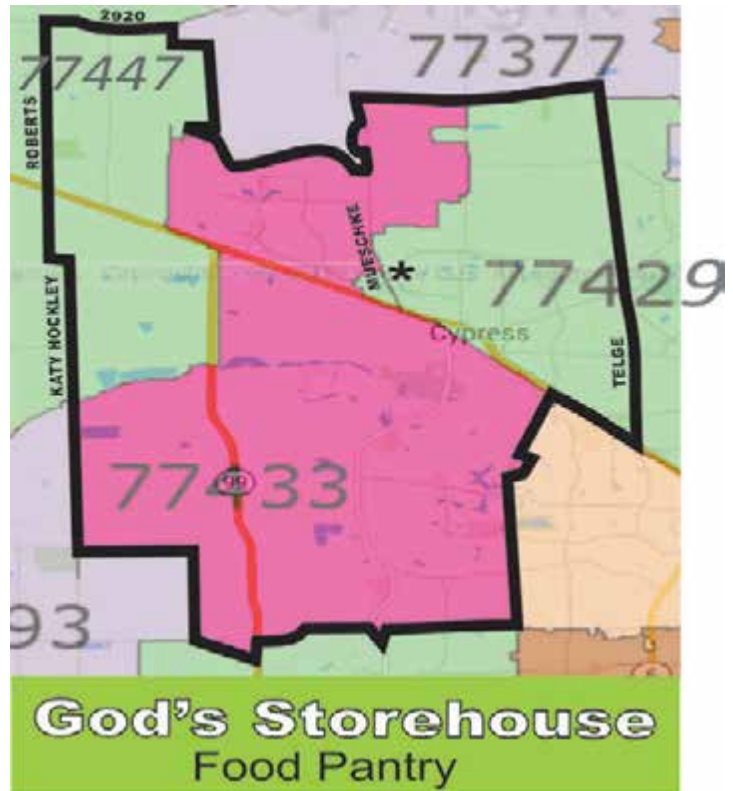
Fountain of Life Church of God on Mueschke Road runs a food pantry on Mondays from 3:30 pm to 6:00 pm and the only requirement is that the client should live in zip code 77433 and west of Skinner 77429. For more information, contact 281-373-9337. Food donations and volunteers are also greatly appreciated.

Computerized job search and resume preparation and printing are also available.

TIMES AND SERVICES

Fountain of Life Church of God
15010 Mueschke Road, Cypress
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June - August: Mondays 3:30-6:30pm
September-May: Mondays 6-8pm



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Yes, You Can Drown Out of the Water!

By Emily Newman

WebMD Health News; Reviewed by Hansa D. Bhargava, MD; WebMD News Archive

Summer is a time for water fun, but also for a higher risk of drowning.

Many people don't realize that people can drown even after they're out of the water. It's a rare phenomenon known as "dry drowning" or "secondary drowning."

To learn more, WebMD spoke with James Orlowski, MD, from Florida Hospital Tampa, whose research on drowning has earned global recognition.

Here's what you need to know about dry drowning and secondary drowning:

Swimming Pool and Beach Safety

What is dry drowning? What is secondary drowning?

While "dry drowning" and "secondary drowning" are not official terms, dry drowning happens when someone breathes in small amounts of water during a struggle, Orlowski says. That triggers the muscles in their airway to spasm and makes breathing difficult.

In secondary drowning, fluid builds up in the lungs, called pulmonary edema, after a near-drowning incident. The fluid causes trouble breathing.

A person who had a drowning close call can be out of the water and walking around normally before signs of dry drowning become apparent. But all dry drowning results in breathing trouble and brain injury, just as drowning in the water does. If untreated, it can be fatal.

Is dry drowning rare?

Dry drowning and secondary drowning are not common. Both probably amount to only 1%-2% of drownings, Orlowski says.

What are the signs of dry or secondary drowning?

A person who has inhaled water can have:

- Trouble breathing, chest pain, or cough
- Sudden changes in behavior
- Extreme fatigue

These signs are not easy to spot, particularly in young children who may normally be fussy or tired after a long day in the sun and water. If your child struggles or has problems while in the water, look for these signs, which can appear hours later.

What should you do if you think someone is at risk?

If you notice any of the signs above, go to the emergency room immediately. Time is an important factor in treating dry drowning.



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TENNIS TIPS

By USPTA/PTR Master Professional, Fernando Velasco



How to execute The Forehand Service Return

In previous newsletters, I offered tips on how to hit a forehand groundstroke, a two-handed backhand, one-handed backhand, forehand volley, the two handed backhand volley, the serve, the forehand half-volley, the one-handed backhand volley and the overhead “smash”.

In this issue, I will offer you instructions on how to execute the second most important shot in the game of tennis: The Service Return, since it is the response to the first most important shot of the game: The Serve. In the illustrations, Jill Schmidt, player at the Grey Rock Tennis Club, shows the proper technique to execute this stroke.

Step 1: The Ready Position: When Jill is getting ready to return the serve, her eyes are focused on the tennis ball held by the opponent. Knees are relaxed and the hands are holding the racket with a relaxed grip.

Step 2: The Back Swing: Once Jill realizes that the ball has been directed to her forehand, she will turn her upper body and will take the racket back. Notice that the left hand is up in front to allow her to keep her center of gravity in the center. She has

loaded her weight on her right foot and will be ready to step forward to meet the ball

Step 3: The Point of Contact: Jill now is ready to step into the ball. She has kept her eye on the ball and her center of gravity now is shifted to the point of contact. Notice the left knee being slightly bent and the left foot is pointing to the ball meeting the racket

Step 4: The Extension of the Point of Contact: Jill is now directing the ball toward the opponent’s court. Her eyes have now shifted toward her target and her body weight is now fully in front of her left foot. The left hand is still helping to keep the center of gravity in the center without opening up too early.

Step 5: The Follow Through: Once Jill has finished her stroke, the momentum of the racket continues to move almost to a point behind her neck. Her left hand is next to her body and her right elbow is pointing toward her target. Her body is now ready to take the “split step” with both feet in order to prepare for the opponent’s returned shot.

Look for in the next Newsletter: The Two Handed Backhand Service Return



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\$500,000 and above	3	1	0	3	0	1	1	1	3	1
\$451,000--\$499,999	1	0	0	1	0	0	0	0	3	4
\$351,000--\$450,999	4	6	3	5	7	6	8	7	6	7
\$276,000--\$350,999	5	10	4	7	5	3	6	6	7	8
\$231,000--\$275,999	1	3	2	2	4	0	0	1	5	3
\$201,000--\$230,999	0	0	0	0	0	0	0	0	0	1
\$200,999 and below	0	0	0	0	0	0	0	0	0	0
Total	14	20	9	18	16	10	15	15	24	24
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