

Volume 15, Issue 8

# End of Summer Pool Party

Celebrate the end of summer break with LOE Families at our End of Summer Pool Party at the LOE Pool. Come have some fun swimming and meeting other LOE families. We'll bring the snacks - you bring your floaties!

# SATURDAY, AUGUST 13TH 10AM - IPM **LOE** FAMILIES

Interested in meeting some other families in the neighborhood? Join LOE Families on Facebook! We host play dates, pool parties, holiday events, moms night out and more.

We are looking for volunteers to help plan the LOE Halloween Party and the LOE Holiday Party. All community events are completely volunteer driven, so we need your help to have successful events. Please contact us if you are interested in helping us out.

#### **UPCOMING EVENTS:**

8/13 – End of Summer Pool Party, 10 AM @ Clubhouse
8/27 – Infant Playdate 10 AM @ Flexroom
9/10 – Toddler/Preschooler Playdate, 9 AM @ Flexroom
9/16 – Ladies Game Night, 8:30 PM @ Clubhouse
10/22 – Halloween Party, 4 PM @ Clubhouse

Want to join LOE Families, but not on Facebook? Email Christine at lakesoneldridgefamilies@gmail.com.

# RECYCLING DAY!

August 2016

SATURDAY SEPTEMBER 17, 2016 9:00 AM – NOON LOE CLUBHOUSE PARKING LOT

Do you have old electronics or tons of paper that you need to safely dispose of or destroy? Texas Security Shredding and RPC Global E-Waste Management Solutions will help residents prevent identity theft and protect the environment by offering paper shredding and electronic recycling on Saturday, April 30, 2016 from 9 a.m. to noon at the Lakes on Eldridge Clubhouse parking lot.

Texas Security Shredding will provide onsite shredding for your private documents. No need to remove staples, paper clips or binder clips! Documents that contain personal and confidential information will be securely destroyed on-site into confetti-sized pieces. If possible, bring papers to be shredded in paper grocery or shopping bags, which can also be shredded on site and recycled with other paper products. If papers to be shredded are brought in plastic bags or cardboard boxes, the bags or cardboard boxes will be returned to the resident.

RPC Global will accept computer electronics, such as personal computers, servers & peripherals, keyboards, mice & speakers, switches and routers, cords & cables, computer monitors, laptops, hard drives, memory chips, projectors, hubs & routers, tape drives, printers, copiers & plotters, fax machines, UPS batteries, and power supplies. For an additional cost of \$4.50, RPC offers documented hard drive media shredding and will issue a certificate when payment clears. If interested, contact Rita with RPC, no later than April 26, to get more details and make payment. The phone number for RPC is 832-243-4793.

Consumer electronic goods will also be accepted. Acceptable items are small kitchen appliances, PDAs, game consoles and controllers,

(Continued on Page 2)

#### **IMPORTANT NUMBERS**

Creative Management Company713-772-4420		
Gate Attendant		
Waterfowl, Betty Burkett713-302-9929		
Sheriff - (non-emergency)		
Cy-Fair Fire Department - (emergency)		
(non-emergency)		
Poison Control1-800-764-7661		
Texas DPS713-681-1761		
Waste Management		
(trash collection Mondays & Thursdays)		
TNG Utility (Water)		
Harris County Tax Office713-224-1919		
Reliant Energy 713-207-7777		
CenterPoint (gas)		
Center Point (street light)		
(give pole # of street which is out)		
Comcast		
Houston Chronicle		
Metro Transit Info713-635-4000		
Kirk Elementary 713-849-8250		
Truitt Middle School		
Cy-Falls High School		
Cy-Ridge High School		
Newsletter Publisher		
Peel, Incadvertising@PEELinc.com, 888-687-6444		
-		

#### LOE BOARD OF DIRECTORS

To contact a member of the Board of Directors, call Christi Keller with Creative Management Company at 713-772-4420. Leave the number where you can be reached. Your message will then be forwarded onto one of the following board members:

Carlon Thorpe	President
Gary Fehsenfeld	Vice President
David Westphal	
Erik Roussel	
Michel Hayek	Director
,	

Visit the Association Website: www.lakesoneldridge.net



#### (Continued from Cover)

laptop & rechargeable batteries, telephones, cell phones, toner cartridges, DVD/CD/VCR players, stereo equipment, CDs, floppy drives, VHS tapes, alarm clocks, radios, electric fans, and televisions under 32 inches. For safety reasons, all items dropped off should be easily carried by one person. They do not accept televisions or monitors with broken glass, large appliances or hazardous materials.

Items to be recycled need to be separated into paper shredding or electronics categories. This will help facilitate faster drop off for our residents. Volunteers will be there to help direct traffic and unload vehicles. Enjoy this one stop recycling opportunity!



# Holiday Market 2016

When: Saturday, November 5th 10:00 AM-4:00 PM Where: LOE CLUBHOUSE Holiday Vendors and Volunteers needed Contact Karen Parker at: karen.parker@garygreene.com



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# NOISY NEIGHBORS & CONTRACTORS

Recently the HOA has received a number of complaints about neighbors or their contractors beginning work in the early morning hours. While we understand the desire to avoid the heat of the day, please remember that noisy outside work including power washing, mowing/blowing of lawns, roofing, etc. cannot commence until 7am Mon-Fri and 7:30am on weekends. Your sleepy neighbor appreciates it!

#### PARKING ON THE STREET PLEASE AVOID

Recently we are seeing more cars parked in front of homes instead of in the driveways. Street parking causes numerous hazards and safety issues. It makes it much harder if not impossible for emergency vehicles to pass. It also enhances the potential for individual injury and vehicular accidents because cars obscure visibility. The HOA in conjunction with the sheriff will tow vehicles parked on the street that appear abandoned, are not current on their registration, or represent an immediate traffic hazard. By HOA rules, no vehicles can be parked on the street if that vehicle creates any of the following situations: 1) Inhibits the free flow of traffic 2) Creates a safety hazard 3) Blocks access to driveways, mailboxes, fire hydrants, etc. 4)Blocks a clear view of any intersection or 5) Is parked directly across the street from a driveway. We understand unusual circumstances such as a party where street parking is necessary, but no vehicles should be routinely parked on the street. The HOA regularly receives complaints about routine street parking and will begin enforcement actions on residents leaving vehicles in front of homes. Please put all vehicles in the driveway especially overnight. Your cooperation is appreciated.



## Personal Landscaping Responsibility

We live in a beautiful community. Our HOA spends significant dollars to keep our community looking great. Maintaining your personal home landscaping is also a requirement of living here in LOE. Here are some of the most common critical issues:

• Unkempt front beds. All beds should be free of weeds with trimmed bushes. Any dead plants should be removed and replaced.

• Tree trimming issues. Trees should be limbed up at least 8' above the sidewalks. They should NEVER be hacked back to just the trunk. Trimming more than 1/3 of the follage of a tree will often kill a tree or significantly damage its life. If your trees are too crowded, particularly if you live on a cul-de-sac please see the new guidelines for trees. If you have a lot that adjoins a common area, you can remove any limbs from a common area tree at the point that it crosses into your yard. You cannot do a trim to a common area tree beyond your property limit without prior written permission of the HOA.

• Dead grass. Any areas lacking grass must be replaced with St. Augustine grass. If the area is particularly shady which interferes with growth, the owner should install Amerishade St. Augustine which is designed to grow in less sunlight.

• Infrequent mowing. In the summer, the grass should be mowed weekly. During other seasons, the mowing should be frequent enough to prevent the grass height from exceeding 4". The sidewalks, curbs and driveways should be edged with each mowing.

• Dirty driveways and sidewalks. As a minimum, at least once per year driveways and sidewalks should be power washed. If it looks grimy, clean it!

A big "thank you" to all those homeowners who take pride in their home and keep their yards beautiful.

# WELCOME COMMITTEE

If you are new to our community, you have probably met our LOE Welcome Committee. So far this year, they have visited 31 families, meeting people from Russia, Australia, Peru and Italy to name a few. Other new residents have just moved across town. However you got here, WELCOME TO OUR NEIGHBORHOOD! Each new family is given a welcome letter, plant, map and important phone numbers. The committee also encourages each new family to reach out to Creative Management to supply their email addresses and get all our communication. A big thank you to our Welcome Committee headed by Kim Treas with Barb Campbell, Marian Gleize, Linda Higdon and Clive Gardner.

# Winning Season For the LOEST Dolphins

WOW! The LOEST Dolphins had a stellar season! The team had an outstanding show at the divisional swim meet, with many swimmers getting personal best times! Many swimmers also competed in and preformed their best in the Trinity and Ponderosa Invitationals. Congratulations are in order first to the swimmers who did their very best at every meet, and then to their dedicated parents and coaches who worked hard to give the children a wonderful experience they will not forget!

Many thanks go out to the volunteers who made it all possible and did it with great enthusiasm, and to all the residents of LOE, LOEN and VAL who very graciously hosted our practices and pep rallies this season.

There is still time to participate in the Fall Swim Program for swimmers looking for conditioning and stroke development, which runs through end of October. For more information on days and times, please refer to the team website:

#### http:/loedolphins.swim-team.us



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# Lakes on Eldridge Bible Study

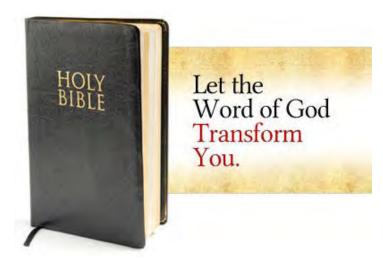
Our Lakes on Eldridge Bible study group will begin meeting for the Fall 2016 session on September 13, at 9:15 AM, in the Beach Club at Lakes on Eldridge. The new study guide is Satisfy My Thirsty Soul For I am Desperate For Your Presence by Christian author Linda Dillow.

Not only is knowledge of the Scriptures crucial to living the Christian life, but also is developing an intimate relationship with our Creator. Becoming aware of God's constant presence offers the love, joy, and peace that every woman desires. Many women need intimacy in their lives to be content. Not all of us have partners that provide that intimacy. Using both Old and New Testament scriptures Linda Dillow leads her readers into awakening our spirits to the presence of our Lord in our everyday lives and worshipping Him throughout the day, not just on Sunday mornings at church. Our Lord is always present to His believers, but we are not always aware of His presence because we are distracted by our full, hectic lives. This twelve week study shows us how to make Him our top priority and reap the rewards He offers us in an intimate relationship.

Study guides will be provided for a cost of \$13.00 at the meeting. A time to get acquainted, have refreshments, and purchase books

will precede reading the introduction and answering any questions you may have on the first day. In the following weeks we will study Part 1, Waking Up To Worship, and Part 2, Walking in Worship.

If you would like to pre-register so we know how many books to purchase, please e-mail Stephanie at leggettstephanie@ymail.com.



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# Maintenance Update

#### Here are the recent highlights:

• Completely revamped large landscaping bed at the intersection of Lake Shore Ridge and Pebble Way.

- Replaced broken window in the front of the clubhouse.
- Repaired pump supplying water to Lake A-1 waterfall and fountain.

• Repaired pump system supplying water to Lake F waterfall and spouts.

• Repaired major leaks in Lake D and Lake F. This work was done by MUD 341.

- Reattached wind screens at tennis courts after storm.
- Resolved multiple problems with the Workout Room TV.Installed new control system for Lake A irrigation pump
- which was frequently tripping.Replaced motor on Lake H fountain in northeast section

of LOE property.

# Volunteer Needed

The HOA is looking for volunteers to join the Community Committee, formerly the social committee. We also anticipate openings on the Board of Directors this fall. If you would be interested in more information about either of these opportunities, please contact Christi Keller at ckeller@cmctx.com.





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# YARD OF MONTH

The Good Neighbor Program offered and sponsored by Cornelius Nursery is truly a welcoming recognition by many of the LOE community residents. The Yard of the Month Committee has chosen the August winners that show you can have a beautiful garden in full sun or in shade. Firecracker plants and plumbago thrive in the hot Houston sun, while caladiums and impatiens are better suited for shade. A big thank you to these residents for filling their yards with beautiful summer color! Yard of the Month Committee Guidelines:

- One win per household through annual program season March-November
- Selection process is limited to YOM Committee Members only
- Criteria used Color, Balance, Maintenance, Aesthetics Congratulations to each one of you!

Winners: please allow 8 weeks to receive your gift certificate from Cornelius.

#### The Yard of the Month winners for the month of July are:

Winner: Bill & Susan Rainbolt 5519 Sterling Brook

Honorable Mention: Andrew Proud 12902 Coral Crest



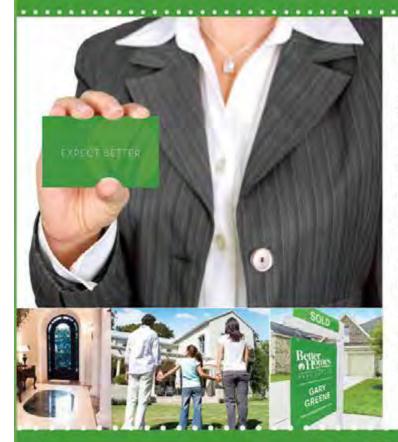


Winner: Chris & Erin DeCuir 5611 Lake Place Drive

Honorable Mention: Scott & Dianna Jernigan 12114 Medina Bend



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#### **Timely Tips for August Gardeners from Cornelius Nursery**

August is here and needless to say, it is HOT! However, Fall is right around the corner and here are a few tips to get you through the dog days of Summer. This is usually one of the driest months for our region, and rainfall may be sparse. When and how you water becomes even more important.

Make the best use of the water you have by watering early in the morning before the wind speeds pick up. Otherwise, much of the water will evaporate before the plants get to use it. To further avoid excess evaporation, use a sprinkler that produces large drops of water instead of a fine mist. Plants need about one inch of water each week during this long Summer period. If you have heavy clay soil adjust the timing of the irrigation zones to make sure water is not running off the landscape. Your irrigation schedule should be adjusted to allow for slow infiltration of the water.

Soil that is exposed can heat up to more than 100 degrees Fahrenheit. This is hot enough to kill those tender roots near the surface. Three to four inches of mulch can make the soil 10 to 20 degrees cooler. Besides reducing soil temperature, mulches also conserve water by reducing evaporation, often up to 65 percent. August is the last month to plant a new lawn before Winter temperatures arrive. Newly-installed lawns need at least six to eight weeks to establish a healthy root system.

Prune roses back, but do not remove more than one-third of the plant. Prune and remove spent blooms on annuals and perennials to encourage continuous blooming well into Fall.

Tomatoes and Peppers planted earlier this year will not produce fruit during the heat of the Summer, even though they may still be flowering. If the plants remain healthy, they will bear fruit again once the temperature stays below 90 degrees. Remember to fertilize established, healthy plants and keep them watered to encourage new growth. Set out Tomato transplants; look for early maturing variety (65 to 75 days). Our average first freeze is mid-November and Tomato maturity slows down as the days get cool and cloudy.

Stop by Cornelius Nursery for friendly, expert advice from one of our Texas Certified Nursery Professionals.

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## Lakes on Eldridge Book Club

Read any good books lately? Join your fellow LOE reading enthusiasts at Book Club and share your favorites! Below is a brief description of each selection. We meet the 4th Monday of each month at 7:30 P.M. (unless we decide to skip a month or change the meeting day). We take turns hosting the meeting and sometimes change the date or book, so please contact celeste.fritz@gmail.com to get the details for each meeting. Note that some changes have been made.

August 22 – <u>A Man Called Ove</u> by Fredrik Backman. Meet Ove. He's a curmudgeon—the kind of man who points at people he dislikes as if they were burglars caught outside his bedroom window. He has staunch principles, strict routines, and a short fuse. People call him "the bitter neighbor from hell." But must Ove be bitter just because he doesn't walk around with a smile plastered to his face all the time? Behind the cranky exterior there is a story and a sadness. So when one November morning a chatty young couple with two chatty young daughters move in next door and accidentally flatten Ove's mailbox, it is the lead-in to a comical and heartwarming tale of unkempt cats, unexpected friendship, and the ancient art of backing up a U-Haul. All of which will change one cranky old man and a local residents' association to their very foundations. September 26 – <u>The Promise</u> by Ann Weisgarber. Young pianist Catherine Wainwright flees the fashionable town of Dayton, Ohio, in the wake of a terrible scandal. Heartbroken and facing destitution, she finds herself striking up correspondence with a childhood admirer, the recently widowed Oscar Williams. In desperation, she agrees to marry him, but when Catherine travels to Oscar's farm on Galveston Island, Texas—a thousand miles from home—she finds she is little prepared for the life that awaits her. The island is remote, the weather sweltering, and Oscar's little boy Andre is grieving hard for his lost mother. And though Oscar tries to please his new wife, the secrets of the past sit uncomfortably between them. *The Promise* received rave reviews from critics and captured the hearts of readers worldwide. Against the backdrop of the devastating Galveston hurricane of 1900, Ann Weisgarber tells a heartbreaking story with two unforgettable voices.

October 24 - <u>The Heroines of Mercy Street</u> by Pamela D. Toler. A look at the lives of the real nurses depicted in the PBS show *Mercy Street*. HEROINES OF *MERCY STREET* tells the true stories of the nurses at Mansion House, the Alexandria, Virginia, mansion turned war-time hospital and setting for the new PBS drama *Mercy Street*. Among the Union soldiers, doctors, wounded men from both sides,

(Continued on Page 12)



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#### (Continued from Page 11)

freed slaves, politicians, speculators, and spies who passed through the hospital in the crossroads of the Civil War, were nurses who gave their time freely and willingly to save lives and aid the wounded.

These women saw casualties on a scale Americans had never seen before, and medicine was at a turning point. HEROINES OF *MERCY STREET* follows the lives of women like Dorothea Dix, Mary Phinney, Anne Reading, and more before, during, and after their epic struggle in Alexandria and reveals their personal contributions to this astounding period in the advancement of medicine.

So many books, so little time!...



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Visit us online and view our Partners to see who we are currently working with.

We would love to partner with you as well!





# Yes, You Can Drown Out of the Water!

By Emily Newman

WebMD Health News; Reviewed by Hansa D. Bhargava, MD; WebMD News Archive

Summer is a time for water fun, but also for a higher risk of drowning.

Many people don't realize that people can drown even after they're out of the water. It's a rare phenomenon known as "dry drowning" or "secondary drowning."

To learn more, WebMD spoke with James Orlowski, MD, from Florida Hospital Tampa, whose research on drowning has earned global recognition.

Here's what you need to know about dry drowning and secondary drowning:

Swimming Pool and Beach Safety

What is dry drowning? What is secondary drowning?

While "dry drowning" and "secondary drowning" are not official terms, dry drowning happens when someone breathes in small amounts of water during a struggle, Orlowski says. That triggers the muscles in their airway to spasm and makes breathing difficult.

In secondary drowning, fluid builds up in the lungs, called pulmonary edema, after a near-drowning incident. The fluid causes trouble breathing.



A person who had a drowning close call can be out of the water and walking around normally before signs of dry drowning become apparent. But all dry drowning results in breathing trouble and brain injury, just as drowning in the water does. If untreated, it can be fatal. Is dry drowning rare?

Dry drowning and secondary drowning are not common. Both probably amount to only 1%-2% of drownings, Orlowski says.

What are the signs of dry or secondary drowning?

- A person who has inhaled water can have:
- •Trouble breathing, chest pain, or cough
- •Sudden changes in behavior
- •Extreme fatigue

These signs are not easy to spot, particularly in young children who may normally be fussy or tired after a long day in the sun and water. If your child struggles or has problems while in the water, look for these signs, which can appear hours later.

What should you do if you think someone is at risk?

If you notice any of the signs above, go to the emergency room immediately. Time is an important factor in treating dry drowning.

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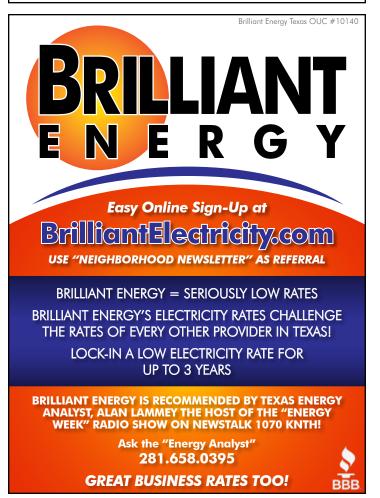
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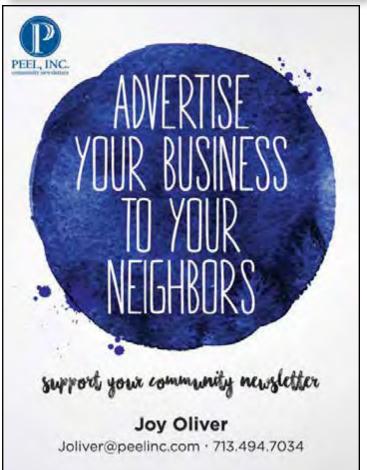
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# NOT AVAILABLE ONLINE



# TENNIS T

By USPTA/PTR Master Professional, Fernando Velasco



Step 1

Step 2

Step 3

Step 5

# How to execute The Forehand **Service Return**

In previous newsletters, I offered tips on how to hit a forehand groundstroke, a two-handed backhand, one-handed backhand, forehand volley, the two handed backhand volley, the serve, the forehand half-volley, the one-handed backhand volley and the overhead "smash".

In this issue, I will offer you instructions on how to execute the second most important shot in the game of tennis: The Service Return, since it is the response to the first most important shot of the game: The Serve. In the illustrations, Jill Schmidt, player at the Grey Rock Tennis Club, shows the proper technique to execute this stroke.

Step 1: The Ready Position: When Jill is getting ready to return the serve, her eyes are focused on the tennis ball held by the opponent. Knees are relaxed and the hands are holding the racket with a relaxed grip.

Step 2: The Back Swing: Once Jill realizes that the ball has been directed to her forehand, she will turn her upper body and will take the racket back. Notice that the left hand is up in front to allow her to keep her center of gravity in the center. She has

loaded her weight on her right foot and will be ready to step forward to meet the ball

Step 3: The Point of Contact: Jill now is ready to step into the ball. She has kept her eye on the ball and her center of gravity now is shifted to the point of contact. Notice the left knee being slightly bent and the left foot is pointing to the ball meeting the racket

Step 4: The Extension of the Point of Contact: Jill is now directing the ball toward the opponent's court. Her eyes have now shifted toward her target and her body weight is now fully in front of her left foot. The left hand is still helping to keep the center of gravity in the center without opening up too early.

Step 5: The Follow Through: Once Jill has finished her stroke, the momentum of the racket continues to move almost to a point behind her neck. Her left hand is next to her body and her right elbow is pointing toward her target. Her body is now ready to take the "split step" with both feet in order to prepare for the opponent's returned shot.

Look for in the next Newsletter: The Two Handed Backhand Service Return



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# **STEVE HARDCASTLE** *#1 IN LAKES ON ELDRIDGE*



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