

# NEWS FOR THE RESIDENTS OF PARK CREEK

AUGUST 2016

VOLUME 1, ISSUE 8

## BOARD MEMBER SPOT LIGHT!

Vice President – Dave Juers has lived in the Park Creek community for over a year but grew up in New York. Dave likes fixing things, fishing, and barbequing. His favorite color is blue. Dave chose Park Creek because of the friendly and quiet atmosphere. He would love to see a clubhouse in the community for gatherings. Vice President – Dave Juers has lived in the Park Creek community for over a year but grew up in New York. Dave likes fixing things, fishing, and barbequing. His favorite color is blue. Dave chose Park Creek because of the friendly and quiet atmosphere. He would love to see a clubhouse in the community for gatherings.



## Have items you want to sell or looking for items to buy?

Email [newsletter\\_parkcreek@outlook.com](mailto:newsletter_parkcreek@outlook.com) with your listed items and see it here on next month's newsletter.

## Back 2 School Tips & Tricks

- Clean out your child's Closet and get rid of clothes that don't fit.
- Buy school supplies early to take advantage of sales. Consider donating supplies to a less fortunate school at the same time.
- Post a central calendar to keep track of family events.
- Lay out cloths, pack lunches, and organize backpacks each night before a school day.
- Encourage children to use both shoulder straps on a backpack, or consider a rolling backpack.
- Visit the school with your child, particularly if it's a new school.
- Start getting up early a week or two before school starts.
- Set up a cubby, locker, box, or shelf for each child to store all gear.
- Designate a quiet place for studying and rules for what time homework need to start.
- Go through backpacks together as soon as your child gets home.
- Delegate chores ahead of time to keep the house running smoothly. Make and freeze dinners ahead of time to help keep down stress.



## IMPORTANT NUMBERS

### ASSOCIATION MANAGEMENT CO.:

#### SCS Management Services, Inc.

Phone:..... 281-463-1777

Fax: ..... 281-463-0050

..... 7170 Cherry Park Drive Houston, TX 77095

Website: .....www.scsgo.com

#### Association Manager

Jessica Smith..... 281-500-7129

#### Service Manager

Jessica Riggs ..... 281-500-7111

#### Deed Restriction Coordinator

Susan Spratley ..... 281-500-7118

### FIRE DEPARTMENT:

Cy Fair VFD ..... 281-550-6663

### HARRIS COUNTY SHERIFF

Sheriff Dispatch ..... 713-221-6000

### SCHOOL DISTRICT:

Cy Fair ISD..... 281-897-4000

### WATER DISTRICT

MUD 10..... 832-467-1599

### HEALTH DEPARTMENT

Harris County..... 713-274-6300

### CYPRESS POINT RECREATION ROOM RENTAL

Voicemail ..... 281-256-1579

### ELECTRIC COMPANY/ OUTAGES

Centerpoint..... 713-207-2222

<http://www.centerpointenergy.com/en-us/residential/in-your-community/electric-outage-center/report-streetlight-outages>

### GARBAGE SERVICE

Best Trash ..... 281-313-2378

*(Service is contracted through the MUD and trash pickup is on  
Wednesday and Saturday)*

Board Meetings are the 3rd  
Tuesday of every month at  
the Cypress Point Recreation  
Center beginning at 6:00pm

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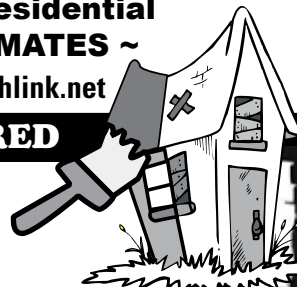
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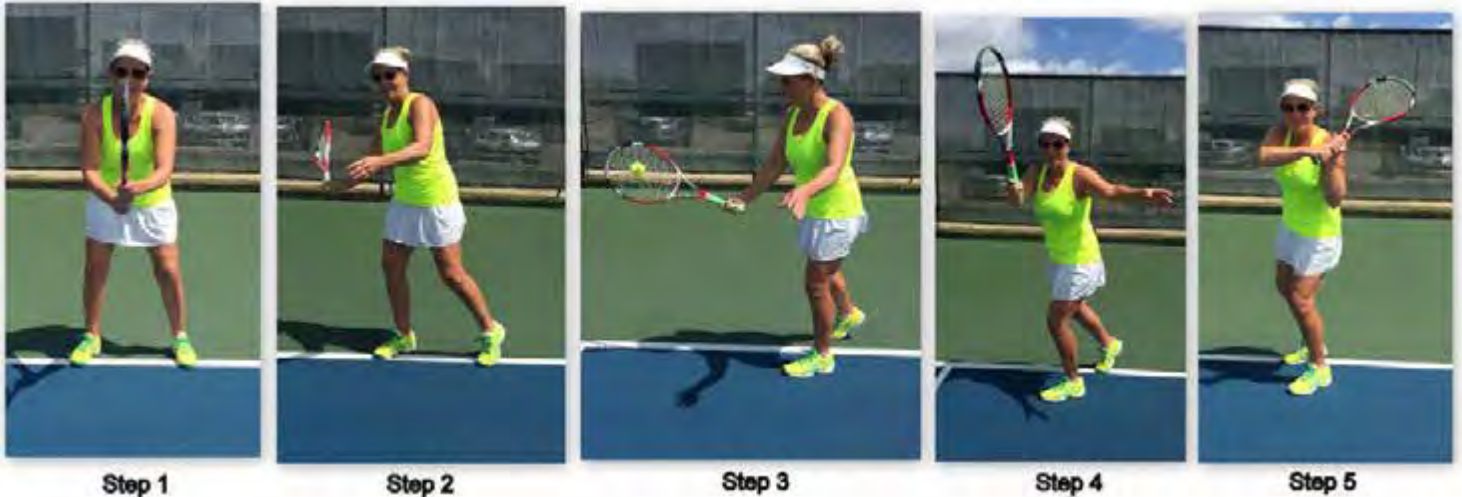


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# TENNIS TIPS

*By USPTA/PTR Master Professional - Owner, Manager and Director of Tennis  
Grey Rock Tennis Club, Austin, TX*



## How to execute The Forehand Service Return

In previous newsletters, I offered tips on how to hit a forehand groundstroke, a two-handed backhand, one-handed backhand, forehand volley, the two handed backhand volley, the serve, the forehand half-volley, the one-handed backhand volley and the overhead “smash”.

In this issue, I will offer you instructions on how to execute the second most important shot in the game of tennis: The Service Return, since it is the response to the first most important shot of the game: The Serve. In the illustrations, Jill Schmidt, player at the Grey Rock Tennis Club, shows the proper technique to execute this stroke.

**Step 1: The Ready Position:** When Jill is getting ready to return the serve, her eyes are focused on the tennis ball held by the opponent. Knees are relaxed and the hands are holding the racket with a relaxed grip.

**Step 2: The Back Swing:** Once Jill realizes that the ball has been directed to her forehand, she will turn her upper body and will take the racket back. Notice that the left hand is up in front to allow her to keep her center of gravity in the center. She has loaded her weight on her right foot and will be ready to step

forward to meet the ball

**Step 3: The Point of Contact:** Jill now is ready to step into the ball. She has kept her eye on the ball and her center of gravity now is shifted to the point of contact. Notice the left knee being slightly bent and the left foot is pointing to the ball meeting the racket

**Step 4: The Extension of the Point of Contact:** Jill is now directing the ball toward the opponent's court. Her eyes have now shifted toward her target and her body weight is now fully in front of her left foot. The left hand is still helping to keep the center of gravity in the center without opening up too early.

**Step 5: The Follow Through:** Once Jill has finished her stroke, the momentum of the racket continues to move almost to a point behind her neck. Her left hand is next to her body and her right elbow is pointing toward her target. Her body is now ready to take the “split step” with both feet in order to prepare for the opponent's returned shot.

Look for in the next Newsletter: The Two Handed Backhand Service Return





## PET OF THE MONTH

Interested in adopting Pippi? Please email us to fill out an adoption application [animalrescuekingdom@gmail.com](mailto:animalrescuekingdom@gmail.com)

Pippi was saved from a kill shelter. She is an Anatolian Shepherd around 1 years old. She gets along with small-large dogs and cats. She loves to be around people and enjoys sleeping next to your bed. She is a little shy but warms up quickly. She loves to run and play in the yard. She will run as fast as she can then run back to you and roll over. She is a joy! Potty trained and heartworm negative. She is approximately 40 lbs but will need to gain a little weight. \$200 adoption fee

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## Pasta Salad

- 4 cups Elbow Macaroni
- 3 whole Roasted Red Peppers Chopped (more to taste, can also use Pimentos)
- 1/2 cups Black olives - chopped fine/ can use Calamari olives
- Add pepperoncinis sliced - to taste
- 6 whole Dill pickle slices -diced about 1/2 cup diced
- 3 whole Green onions sliced - white and dark green parts
- 1/2 cups Mayonnaise
- 1 Tablespoon Red Wine or Distilled Vinegar
- 3 teaspoon Sugar more or less to taste
- 1/4 Salt teaspoon
- Plenty of black pepper
- 1/4 cup Milk - more if needed
- Splash of Pickle juice - add more if needed/ can also add pepperoncinis juice also

Cook Macaroni in lightly salted water according to package directions. Drain and rinse under cold water to cool. Set aside.

Mix together mayo, vinegar, sugar, salt & pepper. Splash in enough milk (1/4 of milk) to make it pourable. Splash in pickle juice for extra flavor. Taste & adjust seasonings as needed. Set aside.

Place cooled Macaroni in a large bowl and pour 3/4 of the dressing. Toss and add more dressing if you if you like. (Dressing will seem a little thin, but it will thicken up as salad chills).

Stir in olives, Roasted red peppers( or Pimentos), pickles, and green onions. Add more of any ingredient if you'd like stuff going on. At the end, splash in a little more pickle juice and stir.

Chill for at least 2 hours before serving. Sprinkle with sliced green onion to serve.

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## 13 Things Your Dog Can Teach You

- When loved ones come home, always run to greet them.
- Allow the experience of fresh air and the wind in your face to be pure ecstasy.
- Let others know when they've invaded your territory.
- Take naps and stretch before rising.
- Run, romp, and play daily.
- On hot days, drink lots of water and lie under a shady tree.
- When you're happy, dance around and wag your entire body.
- No matter how often you're scolded, don't buy into the guilt thing and pout - run right back out and make friends.
- Delight in the simple joy of a long walk.
- Eat with gusto and enthusiasm. Stop when you have had enough.
- Be loyal.
- Never pretend to be something you are not.
- If what you want lies buried, dig until you find it.

## PERSONAL CLASSIFIEDS

**FOR SALE:** Four steps baby crib \$75(dark brown), matching changing table \$45, gliding rocking chair with rocking foot rest \$85, kids car bed without mattress \$20(blue). Please call or text 707-294-7335.

Email newsletter\_parkcreek@outlook.com with your listed items and see it here on next month's newsletter.

## Job Seekers!!

If you or your child is interested in: babysitting, pet watching, lawn mowing, plant watering, house sitting, pool cleaning, or even pet walking please email newsletter\_parkcreek@outlook.com for an application. Your wanted jobs will be listed in the following newsletter.



## WHISKEY FOUR CUSTOM APPAREL

**How does it work?** Lets say you have a design you would like for a one-off custom shirt. We take your idea and design it for you. Once you approve the design we make it available in our store for you to purchase.

**Who do we work with?** We work with individuals as well as partner with organizations and businesses. Some of our partners are CrossFit boxes. We relieve the box owners of the hassle of mass shirt orders by creating their very own store within W4 Apparel. This allows their members to visit our site and order their shirts directly. We create custom designs at their request and even toss in a few of our own. We offer the same service for non-profits, businesses, and organizations of all kinds.

Visit us online and view our Partners to see who we are currently working with.

We would love to partner with you as well!

**whiskey4apparel.com** 

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