

# RANCH RECORD

*Official Newsletter for the Steiner Ranch HOA*

VOLUME 10 ISSUE 8

AUGUST 2016



Viper Band & Vision Dance March-A-Thon  
And  
Concert In The Park  
August 13th  
Details inside.



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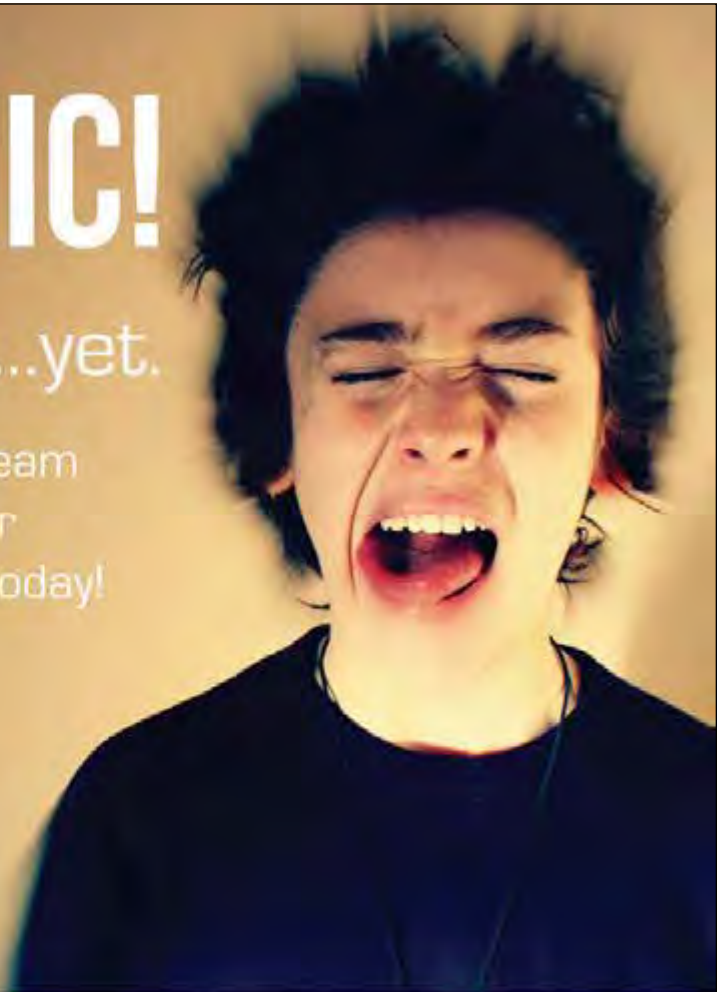
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## COMMUNITY INFO

### STEINER RANCH COMMUNITY ASSOCIATIONS OFFICE

12550 Country Trails Lane  
Austin, Texas 78732  
512-266-7553 – Telephone  
512-266-9312 – Facsimile  
www.steinerranchhoa.org

### OFFICE HOURS

Monday - Thursday ..... 1:00pm - 5:00pm  
Friday ..... 10:00am - 5:00pm  
Saturday & Sunday ..... CLOSED

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Macedonio Salazar  
Karl Chrietzberg  
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Travis County ESD No.6/Lake Travis Fire Rescue  
Administration Office ..... 512-266-2533  
Travis County Animal Control ..... 512-974-2000

### STEINER RANCH CONTACTS

Steiner Ranch Community Association Office ..... 512-266-7553

### SCHOOLS

Leander ISD ..... 512-570-0000  
Vandegrift High School ..... 512-570-2300  
Canyon Ridge Middle School ..... 512-570-3500  
Laura Welch Bush Elementary ..... 512-570-6100  
Steiner Ranch Elementary ..... 512-570-5700  
River Ridge Elementary ..... 512-570-7300

### UTILITIES

Travis County WCID # 17 ..... 512-266-1111  
City of Austin Electric ..... 512-494-9400  
Texas Gas Service  
Custom Service ..... 1-800-700-2443  
Emergencies ..... 512-370-8609  
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TDS (Trash & Recycle) ..... 512-329-1752  
Austin/Travis County Hazardous Waste ..... 512-974-4343

### OTHER NUMBERS

Lake Travis Postal Office ..... 512-263-2458  
Coyote Sightings ..... 311

### NEWSLETTER PUBLISHER

Peel, Inc. .... 512-263-9181  
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## ARTICLE INFO

The Ranch Record is mailed monthly to all Steiner Ranch residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome. To submit an article for consideration please email it to [communications@steinerranchhoa.org](mailto:communications@steinerranchhoa.org). The deadline is the 8th of the month prior to the issue.

## COVER PHOTO

The award winning Vandegrift High School Band and Vision Dance Company will march through Steiner Ranch on Saturday, August 13, 2016 for their annual March-A-Thon fundraiser. Thank you VHS Band for sharing this month's cover photo!

Have a photo you would like to see published in the next Ranch Record? Send pictures to [communications@steinerranchhoa.org](mailto:communications@steinerranchhoa.org) for consideration no later than the 8th of the month prior to publication. Your photo might just be next month's cover!

By submitting your photo you agree to allow your photo to be published in future issues of the Ranch Record and/or other Steiner Ranch communications.



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# 2016 STEINER RANCH EVENTS

Mark Your Calendars Now  
For These Upcoming  
Steiner Ranch Social Events!

## AUGUST

**8/13** Concert In The Park

**8/20** Movie in the Park

## SEPTEMBER

**9/17** Fall Community Garage Sale

**9/24** Father Daughter Dance

## OCTOBER

**10/6** New Homeowner Social

**10/7** Fall Scrap-A-Thon

**10/23** Pumpkin Patch

**10/30** Trunk or Treat

## NOVEMBER

**11/5** Camping On The Ranch

**11/12** Holiday Sale Shopping Event

## DECEMBER

**12/8** Volunteer Appreciation Party

**12/10** Breakfast With Santa

Want to get involved? Join the Event Planning Committee! The Committee meets on the second Tuesday of each month at 9:00am at Cups & Cones. Contact Desirre Ghebremicael, Lifestyle Coordinator at [desirre@steinerranchhoa.org](mailto:desirre@steinerranchhoa.org) for more information.

*All Events are tentative and subject to change or cancel. For the most up to date information, follow us at: [Facebook.com/SteinerRanchHOAevents](https://www.facebook.com/SteinerRanchHOAevents) or visit the Steiner Ranch HOA website at [www.steinerranchhoa.org](http://www.steinerranchhoa.org)*

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# From the Association Office

## THE RANCH REPORT

Congratulations to the Steiner Stars swim teams for another great summer season. The Stars represent one of the many reasons residents enjoy living in the community we call Steiner Ranch. With 500 kids practicing on most days during swim team season, it's safe to say the Bella Mar pool was used a lot.

In years past various outside pool maintenance companies were contracted to maintain pools in Steiner Ranch. The result was less than ideal. This summer marked the first time the Association managed pool chemistry, water quality, and cleaning. The change translated to an all-around better experience for residents and did not go unnoticed. I received the following note from Kay Gerken, long time Steiner Ranch resident, and head coach of the Steiner Stars:

*Hi, Randy. I'd really like to thank you and your staff for the fine job you've done with the Bella Mar pool. As the head coach of both Lost Creek Aquatics and Steiner Stars, I must spend more time at Bella Mar pool than anyone else. The improvement in water quality and temperature maintenance has been astronomical this year. In past years, I was always apprehensive about what I might find when I showed up to work. In the past we experienced episodes of frothy water, green water, low water levels, dangerous chemical levels and icy water temperatures. Now, I'm greeted by clean sparkling water in the proper temperature range every day. In the rare event that something is amiss, we report it and it is dealt with promptly. There is an active presence by your maintenance team on a daily basis and they regularly ask me if I have any concerns. I see them emptying the skimmers regularly and trouble-shooting the entire area.*

*I can't tell you what an improvement this is for all our residents that use our pool. Kudos to you and your whole staff for a job well done!*

*Yours,  
Kay Gerken*

Thank you Kay, for your appreciation and for taking time to write. I would also like to acknowledge and thank Luke Spoons, Steiner Ranch Facilities Asset Manager, and his team for their hard work and success in improving Steiner Ranch pools: Angel Alvarado, Macedonio Salazar, Karl Chrietberg, David Richards, and David Turner. Well Done!

I hope everyone enjoys this last bit of summer, and everything this wonderful community has to offer.

Best,  
Randy Schmaltz  
Executive Director  
Steiner Ranch Homeowners' Association

## Golf Carts: State Laws & HOA Rules Regarding Use

The HOA has received a small number of complaints regarding concern about minors operating golf carts on neighborhood streets and sidewalks. To educate residents about state statutes which govern golf carts on the road within the Texas Transportation Code, the HOA invited The Department of Public Safety (DPS) to make a presentation to the community about state golf cart laws. The presentation took place on July 26, 2016 at Towne Square Community Center. An invitation to the meeting was sent to residents who have registered emails with the Association office, and was posted to the HOA events Facebook page, and HOA website.

Parents who permit their children to operate a golf cart within Steiner Ranch are responsible for educating their children about HOA golf cart rules, as well as state and federal golf cart laws.

Steiner Ranch Covenants, Conditions, and Restrictions state:

- Private golf carts must be registered with the Association.
- Each operator of a golf cart is solely responsible for the operation of the golf cart and any damages caused or occasioned by such operation.
- Private golf cart operators must have a valid driver's license.
- The operator and vehicle is subject to Texas law and must observe safe driving principles at all times.
- The number of passengers which may ride in a private golf cart is limited to the number of seats provided in the vehicle.
- Private golf carts must adhere to posted speed limits and otherwise obey all traffic signage.
- Private golf carts may not be operated on any portion of the golf course.
- Private golf carts may only be operated on paved streets within Steiner Ranch.
- Private golf carts may not be parked on any street within Steiner Ranch.
- Private golf carts utilizing any parking lot must be parked within designated areas for automobile parking.
- When not in actual use, private golf carts must be stored in the garage of a residence.
- Private golf carts must be properly lighted between the hours of sunset and sunrise.
- Animals shall in no event be transported in a private golf cart.
- All private golf cart passengers must remain seated during operation of the golf cart.

Residents are encouraged to use the "report a problem" tool via the HOA website to notify the Association about golf cart violations. Failure to comply with Association rules is a violation of the terms and provisions of the Association and may be subject to fines or other remedial action by the Association. Law enforcement has advised Association staff to not approach minors due to liability issues. Should a resident see anyone operating a golf cart within the community which they believe violates state law, they are encouraged to contact local law enforcement.



# A Message From the Steiner Ranch Master Association (SRMA)

## I ASK FOR YOUR HELP

Hello Steiner Ranch Residents! We are now in the middle of summer with hot temperatures every day and little rain in sight. Please be careful to stay hydrated as you and your families go about your outdoor activities.

My first topic is that we, as a community, need to do everything we can to prevent even the possibility of a fire in Steiner Ranch. It is hot and the greenbelts and preserve are dry and parched. Many of you remember the fire of 2011. We all need to do our part to help prevent a repeat. One thing you can do is join or support our Firewise Committee and take advantage of its benefits (go to [www.steinerranch.org](http://www.steinerranch.org) to find out more). Most of you know that the use of fireworks by nonprofessionals is against Steiner Ranch Covenants, Conditions, and Restrictions. I have heard from many of you that you were disappointed over the July 4th weekend that so many individuals shot off fireworks. I heard a large number of fireworks in my neighborhood as well. This rule is necessary and beneficial and there is no way the HOA can truly patrol/enforce the rule in Steiner (over 4000 acres), although patrols were in place to help remind residents about the restriction. It is well documented that fireworks can start fires and no one wants a repeat of 2011. One of our best fire prevention tools is for all of our residents to recognize the dangers and curtail the use of fireworks. I ask for your help.

My second topic is oak wilt. It has now been identified in Steiner Ranch and your HOA is preparing an excellent educational program to help residents learn how to prevent its spread. Identical presentations at Town Center on July 14th and August 3rd will give homeowners a better understanding of the issue and what they can do to help contain the problem. More information can be found at [www.steinerranch.org](http://www.steinerranch.org) and on the Steiner Ranch HOA Events Facebook page. Residents are the first line of defense against oak wilt. Please get involved with the HOA and together we can minimize the impacts. See the oak wilt article in this Ranch Record to learn more about the HOA's plans. I ask for your help.

Finally, there has been a lot of discussion recently about golf cart safety. There is an article on the issue in this newsletter. Golf carts are an excellent way to get around in Steiner Ranch. I wish I had one myself. However, I understand the concern of many that golf carts should not be driven on sidewalks and that some cart drivers are not safe. The worse incident I have witnessed is a cart full of kids speeding down a big hill and all I could do was hope and pray they would not lose control. The best line of defense against golf cart accidents is for residents to ensure that their golf carts are driven correctly. This means no one should be allowed to drive a cart if they cannot do so safely, respectfully, and according to the law. I ask for your help.

Homeowners, please help us in all of these areas. I assure you

that the HOA and the various community Boards of Directors will continue to consider/evaluate our approach in these areas. If you have ideas, please present them at a future Board meeting or communicate them to the HOA. Thank you.

Bill Menzies, SRMA Board President



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## Oak Wilt Education Presentation

**August 3, 2016**  
**Towne Square Community Center**  
**Starting at 6pm**

*Presented By Forester Clay Bales,  
Texas A&M Forest Service*

Oak wilt, an infectious disease which invades and disables the water-conducting system in susceptible oak trees, has been confirmed in one area within the Plateau neighborhood, and along Selma Hughes Park Road.

If you did not attend the presentation offered in July, please plan to attend the August 3rd presentation to hear from an expert about what must be done to contain and prevent oak wilt within Steiner Ranch.

### **Tips To Prevent Oak Wilt**

- Don't prune branches on oak trees between February 1–June 30.
- Use paint on all cuts or wounds to oak trees.
- Don't move any firewood until it is well seasoned.
- Destroy all red oaks that are dead or dying near an oak wilt disease center.



## COYOTES IN STEINER RANCH

*Portions of article provided by the City of Austin and Texas Agrilife*

Last summer the HOA was notified of two occurrences of coyotes attacking unleashed dogs on Steiner Ranch trails. While coyotes attacking pets is not common in the neighborhood, coyote sightings near greenbelts are not unusual, especially during sunset and sunrise. As humans expand their living areas, coyotes attempt to expand their range. The most serious problem with the urbanization of coyotes is they adapt to being around people, which can lead to coyotes losing their innate fear of humans.

Access to food regulates coyote population. Greenbelt areas and lush home landscapes attract and provide food sources. Urban coyotes feed on rodents, rabbits, household garbage, compost piles, pets, pet food, and water from landscape irrigation runoff.

To help avoid coyote conflicts, please follow the below tips:

- Do not feed coyotes or other wildlife.
- Eliminate sources of water.
- Position bird feeders so that coyotes can't get to the food.
- Do not discard edible garbage where coyotes can get to it.
- Secure garbage containers and eliminate garbage odors.
- Feed pets indoors whenever possible and store pet food inside.
- Trim any shrubbery that provides hiding cover for coyotes or prey.
- Don't leave small children unattended outside.
- Don't allow pets to run free.
- Walk your dog on a leash and accompany your pet outside, especially at night.

If you start seeing coyotes around your home or property, chase them away by shouting, making loud noises or throwing rocks.

To report coyote sightings, call 3-1-1. The city's Animal Control Program will gather data related to coyote sightings and provide that information to Texas Wildlife Services for response/follow-up.

Call 9-1-1 to report a coyote attack - to date there have been no reports in Travis County of coyotes attacking humans.





## PLEASE SLOW DOWN!

School starts on August 22nd and with that comes many children walking to and from multiple schools within the neighborhood. Please slow down and be mindful of the various school zones in the neighborhood. The speed limit in a school zone is 20mph during specified times.



## Overnight Parking, Boats & Watercraft Storage Reminders

Per Steiner Ranch governing documents, no automobile or other vehicle may be parked overnight on any roadway within the community. Boats and watercraft must be stored in an enclosed space at all times. Storing watercraft in driveways or on the street is not allowed.

To report overnight street parking or watercraft violations, visit [www.steineranch.org](http://www.steineranch.org) and click "report a problem".

Thank you for helping the Association uphold Steiner Ranch rules which serve to protect and maintain the appearance and safety of the neighborhood.

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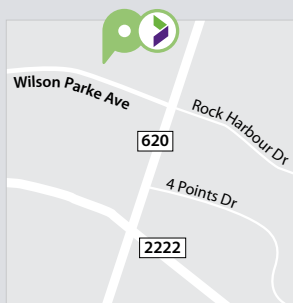
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# A CALL FOR VOLUNTEERS

## From The Steiner Ranch Trails Committee

*Submitted by Erik Enge*

Steiner Ranch residents and their guests regularly enjoy the pleasures of hiking and biking on Steiner Ranch trails. With approximately 22 miles of usable hiking and biking trails and numerous entrances conveniently located throughout the community, one is never far from being on the trails.

Some trails offer spectacular views of Lake Austin and others make you feel like you are nowhere near civilization when in reality you are never more than a quarter mile from a road. Walking or riding trails in Steiner Ranch is wonderfully peaceful and an excellent source of exercise. It is also a great way to get kids out into nature.

Our trails are maintained entirely by unpaid Steiner Ranch residents who volunteer through the Steiner Ranch Trails Committee, which operates under the HOA. The committee operates with a small budget from the HOA which is spent on supplies and tools in order to keep Steiner trails maintained and open for everyone. These volunteers meet every first Tuesday of the month at 6:30PM in the Bella Mar Community Center to discuss projects and activities. Announcements are made on their Facebook page: <https://fb.com/srtrailcommittee> and meeting dates are included on the HOA website calendar.

Maintaining such a large trail network with a very small group of volunteers requires a lot of hard work and a significant time commitment. The Trails Committee is reaching out to the community to recruit more volunteers. They organize a monthly trail maintenance day every 4th Sunday at 8AM. Details are posted on the Facebook page. If you are an active person and enjoy being on our trails, please consider joining us to help maintain our beautiful trails!





# SUMMER HOME SECURITY TIPS

Before embarking on end of summer vacations, keep the following tips in mind to protect your home from being targeted for potential criminal activity:

- **Don't broadcast your absence.** Never leave a post on social media saying, "I'm away on vacation."
- **Improve lighting.** Motion lights or dusk to dawn detector lights, and timers are all good ideas.
- **Trim shrubbery.** Trimming shrubbery eliminates hiding places for would be intruders.
- **Make your address clearly visible.** Doing so makes it easier for emergency personnel to find your home in the event of an emergency.
- **Stop all deliveries.** Nothing says "I'm not home" like accumulated newspapers or packages at the door.
- **Adjust blinds.** Leave blinds and curtains in normal positions wherever possible, taking care not to leave expensive belongings visible through windows.
- **Set the alarm.** Activate your alarm system.

- **Lock up.** Ensure all windows and doors are securely locked before you leave. Close and lock your garage door when you are not nearby.
- **Ask a trusted neighbor to keep an eye on your home while you're away.** Neighbors watching out for one another is a good way to deter crime.



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# Steiner Activities & Events



## BACK BY POPULAR DEMAND!

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SECOND ANNUAL

## *Father Daughter Royal Ball Dance*

**When: September 24th, 2016**

**Where : Towne Square Community Center  
12550 Country Trails Lane, Austin, TX 78732**

**Time: 6:30pm to 9:30pm**

**Age: 5 and up**

**Fee: \$ 25 per person**

This event promises to be a night filled with fun, laughter and dancing. Your ticket to the ball includes dinner fit for royalty, fancy dessert treats, along with music, dancing, and a horse drawn carriage ride – weather permitting.

Don't delay in purchasing tickets as space is limited and this event sold out quickly last year.

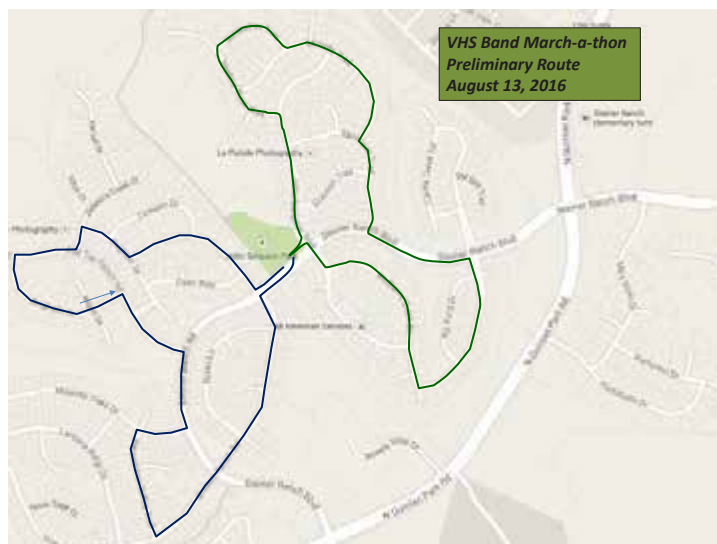
Registration required. Please visit the below link or the Steiner Ranch HOA events Facebook page to register:

<https://www.eventbrite.com/e/father-daughter-royal-ball-2016-tickets-26427005886>

## Vandegrift Viper Band & Vision Dance Company Annual March-A-Thon

*Submitted by Jenny Rosas, Public Relations Chair, Vandegrift Band  
& Vision Dance Company*

Scheduled for Saturday, August 13, 2016  
8:00 AM – 12 PM



Vandegrift Viper Band & Vision Dance Company continues its annual tradition of marching through the residential streets of Steiner Ranch as a fun fundraiser to kick off the school year of 2016-2017.

The event will be held Saturday, August 13, 2016 from 8:00 AM to 12 PM.

More than 300 students in the band and dance company will participate in a route surrounding John Simpson Park, playing a variety of music, building school and community spirit, and raising funds for the award winning organization.

Residents can book private concerts in front of their homes along the route, make donations on the route, as well as mail in donations.

To schedule a private concert, obtain more information, and to make a pledge, please visit:

<http://vhsband.com/fundraising/march-a-thon>.

VHS Band & Vision were Silver Medalists (2nd place) in the 2015-2016 UIL State Marching Contest, 5A Division. They move up to 6A Division this year.



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# Steiner Activities & Events

The Steiner Ranch HOA & Event Planning  
Committee Invite You To

## CONCERT IN THE PARK 2016!



Saturday, August 13th  
7:00pm – 10:00pm  
Towne Square Fields

Join your neighbors for a time of community, music and family fun! Donations made to Concert In The Park go to LISD and benefit middle and high school students who are unable to purchase school supplies. Make a donation to support your community and enjoy performances by the Vandegrift High School State Champion Band, renowned Vandegrift

Legacies Dance Team, "Second To None" Vandegrift Cheerleaders, and the one and only "Suede"! To make a donation scan the QR code on the adjacent flyer or visit [www.steinerranchconcerts.com](http://www.steinerranchconcerts.com).

Activities will include water inflatables, bungee jumping, interactive games, and more. Food and beverages from local restaurants will be available for purchase. Lawn chairs and blankets are suggested.

**Thank you to the following sponsors for supporting this fantastic community event:**

**Flagship Sponsor:**

The Steiner Ranch Homeowners' Association

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Austin Baptist Church

**Silver Sponsors:**

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Austin Diagnostic Clinic, Steiner Ranch

Camp Gladiator

Dr. James Waters, Steiner Ranch Orthodontics

Gene Arant Team

Gary Shanahan, State Farm

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RBFCU, Steiner Ranch

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RAWL

Steiner Ranch Hill Country Bible Church

Vandegrift High School Vipers Band &

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Soccer Shots

Sportball

Tap N Toe School of Dance

Texas Stars Hockey

The Animal Hospital at Steiner Ranch

The Goddard School, Steiner Ranch

Wild Basin Fitness



# SATURDAY, AUGUST 13

7:00PM TO 10:00PM



## STEINER RANCH

# CONCERT IN THE PARK

Benefitting LISD School Supplies

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Donations Benefit LISD



[https://squareup.com/market/  
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**Steiner  
Ranch**

[steinerranchconcerts.com](http://steinerranchconcerts.com)



# Steiner Activities & Events







Lots of patriotic fun was had by all at the 2016 Steiner Ranch Fourth of July parade and celebration! In addition to our annual Independence Day parade, this year's event included water slides, bungee jumping, rock wall climbing, a carnival swing, kiddie train, games, face painting, balloons, music, and food by Cups & Cones and Kona Ice. Thank you to the Events Planning Committee and to Desirre Ghebremicael, Steiner Ranch HOA Lifestyle Coordinator, for planning and organizing this delightful holiday event! Photo Credit: Emily Michelle Photography





# Steiner Activities & Events

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## IN STEINER RANCH

We're in the home stretch of summer but there is still time to register your kiddos for summer camps here on the Ranch! Visit the HOA Events Facebook page, website or stop by the HOA office for our Summer Guide. Camps and programs offered include:

### KIDS PROGRAMS & CAMPS

- Lonestar Soccer
- Soccer Shots
- Sportball
- Neighborhood Sports
- Steiner Tennis
- Kidventure
- Mad Science
- Lake Bridge Sports
- Gymnastics
- Developmental Swimming & Lessons

### ADULT PROGRAMS

- Water Aerobics
- Camp Gladiator
- Free Yoga
- Free Run Lab
- Free Tai Chi
- Free Aikido



## STEINER RANCH *Fall Programs*

The Steiner Ranch fall program guide will be available in late August. Visit the HOA Events Facebook page, website or stop by the HOA office for our Fall Program Guide. Programs may include:

### CHILDREN'S PROGRAMS

- Sportball
- Tap/Ballet/Hip Hop
- Gymnastics
- Tennis
- Soccer
- Flag Football
- Music
- Zumba Kids
- Swimming
- Hula

### TEEN/ADULT PROGRAMS

- Yoga
- Tai Chi
- Tennis
- Master's Swimming
- Zumba
- Ballet Barre
- Fit4Mom
- Camp Gladiator
- Hula

For questions or to obtain more information, please contact Desiree Ghebremicael at [desirre@steinerranchhoa.org](mailto:desirre@steinerranchhoa.org).



# FALL FIELD LOTTERY

Are you planning on coaching a team this fall? Need a place to practice? Mark your calendar for the 2016 fall field lottery to be held on August 15th.

Register your team by sending an email to [desirre@steinerranchhoa.org](mailto:desirre@steinerranchhoa.org). Registration must be submitted by 5:00pm on August 15th with the following information:

- Name of coach
- Address
- Phone number
- Organization (CC United, Town & Country, etc.)
- Sport (soccer, baseball, etc.)
- Age group
- 1st, 2nd & 3rd choice of field, time & day.

#### FIELD OPTIONS:

- Towne Square
- Bella Mar (baseball side or tennis court side)
- John Simpson park
- Westridge Fields (off of Flat Top Ranch Road)

#### TIME OPTIONS:

- One hour weekly beginning at 4:00pm until sunset (daylight savings time ends on Sunday, November 6)

#### DAY OPTIONS:

- Monday – Friday only

If you are coaching more than one team, please list them separately.

Assigned practice day(s), time(s), and field(s) will be emailed to you by August 23rd. Please note, once you have been awarded a practice day, time and field, changes will not be made until the next fall field lottery.

\*Please Note: If you are with Neighborhood Sports (soccer or flag football), you do not need to register your team for the lottery as representatives will be attending the lottery on your behalf.



# FREE HEALTH WORKSHOPS

The following free health workshops are being offered by Steiner Ranch resident and physician, Dr. Benjamin Rosin:

**August 11th at 7:00pm, Towne Square: Exercise to Prevent CVD & Disability**

**September 21st at 7:00pm, Towne Square: The Value of Antioxidants**



## FREE TAI CHI WORKSHOP

**Monday - Friday 8:15 am - 9 am**  
**Towne Square Community Center**  
**12400 Country Trails Ln, Austin, TX 78732**

**Come learn and practice basic forms of**  
**Chen 83 and Yang 24 Tai Chi**  
**(10 min. warmup, 15-20 min. Chen style,**  
**10 min Yang style)**

#### **Benefits of Tai Chi :**

- Relieve Stress on the body and mind
- Improve Health and Physical Fitness
- Enhance Self Defense capability

**Questions : contact 512-470-6978**  
**or [rosaliachiu@gmail.com](mailto:rosaliachiu@gmail.com)**



# Steiner Activities & Events

## FREE ACTIVITIES FOR RESIDENTS

The following activities are offered to Steiner Ranch residents at no charge:

**Aikido** Meets at Bella Mar Community Center Tuesday evenings at 8:30pm

**Cycling Group** Meets at Cups & Cones Saturday & Sunday Mornings at 7:30am

**Run Lab** Coach-led run meets at John Simpson Park Friday mornings at 9:30am

**Tai Chi** Meets at Towne Square Community Center Monday through Friday at 8:15am

**Yoga** Provided by Lake Austin Spa instructor. Meets at Towne Square Mondays at 6:30pm

## Annual Fall Community Garage Sale

The annual Steiner Ranch fall garage sale is scheduled for

**Saturday, September 17th from 8:00am - 12:00pm.**

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HIGH SCHOOL  
Starts Sept. 11, 6 pm in homes

**Women's Bible Study**  
STARTS SEPT. 13  
Steiner Ranch Commons

**Men's Bible Study**  
STARTS SEPT. 14  
Steiner Ranch Commons

**Mom to Mom**  
Parenting Wisdom at Your Fingertips  
STARTS SEPT. 14, 9:45 - 11:45 am  
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 **Hill Country**  
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*Steiner Ranch Campus*  
Sunday Services: 9:30 & 11 am  
12600 Country Trails Lane, Austin, TX 78732

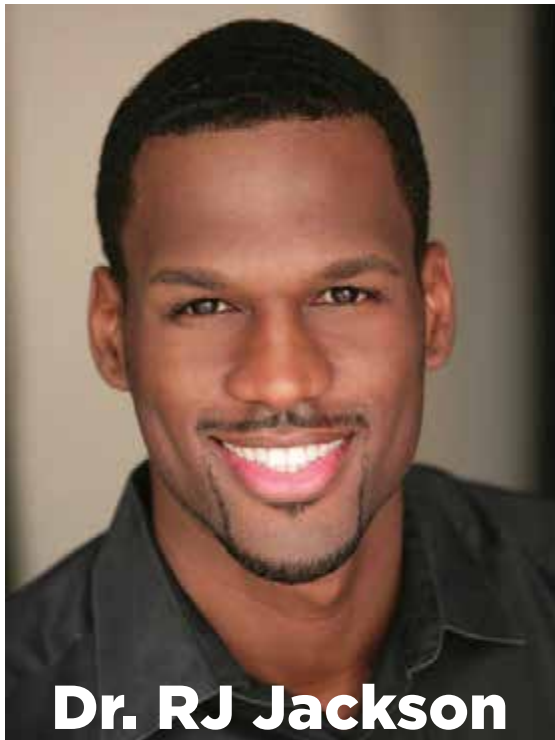
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# AUGUST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> 8:15am - Tai Chi (TSCC) 6:30pm - Yoga (TSCC)	<b>2</b> 8:15am - Tai Chi (TSCC) 6:30pm - Trails CMTE Mtg (BMCC) 8:30pm - Aikido (BMCC)	<b>3</b> 8:15am - Tai Chi (TSCC) 6:00pm - Oak Wilt Education Presentation (TSCC) 6:00pm - Facilities CMTE Mtg (BMCC)	<b>4</b> 8:15am - Tai Chi (TSCC)	<b>5</b> 8:15am - Tai Chi (TSCC) 4:00pm - Casitas Board Mtg (UTGC) 9:30am - Run Lab (JS Park)	<b>6</b> 7:30am - SRC Ride (Cups & Cones)
 <b>7</b> 7:30am - SRCC Ride (Cups & Cones)	<b>8</b> 8:15am - Tai Chi (TSCC) 6:30pm - Yoga (TSCC)	<b>9</b> 8:15am - Tai Chi (TSCC) 9:00am - Event Planning CMTE Mtg 9am (Cups & Cones) 7:00pm - SRNA Mtg (TSCC) 8:30pm - Aikido (BMCC)	<b>10</b> 8:15am Tai Chi (TSCC) 6:00pm - Fairways Board Mtg (TSCC) 7:00pm - Steiner Camera Club (BMCC)	<b>11</b> 8:15am - Tai Chi (TSCC) 5:00pm - Landscape CMTE Mtg (BMCC) 7:00pm - Free Health Workshop with Dr. Rosin: Exercise to prevent CVD & disability (TSCC)	<b>12</b> 8:15am - Tai Chi (TSCC) 9:30am - Run Lab (JS Park)	<b>13</b> 7:30am - SRC Ride (Cups & Cones) 8:00am - 12pm VHS Band March -A-Thon 7:00pm - 10:00pm Concert In The Park
<b>14</b> 7:30am - SRC Ride (Cups & Cones)	<b>15</b> 8am - 5pm- Field Lottery 8:15am - Tai Chi (TSCC) 6:30pm - Yoga (TSCC)	<b>16</b> 8:15am - Tai Chi (TSCC) 6:00pm - Lakeview Board Meeting (TSCC) 8:30pm - Aikido (BMCC)	<b>17</b> 8:15am - Tai Chi (TSCC)	<b>18</b> 8:15am - Tai Chi (TSCC)	<b>19</b> 8:15am - Tai Chi (TSCC) 9:30am - Run Lab (JS Park)	<b>20</b> 7:30am - SRC Ride (Cups & Cones) 8:30pm - Movies In The Park: Inside Out (TS Fields)
 <b>21</b> 7:30am-SRCC Ride (Cups & Cones)	<b>22</b> 8:15am - Tai Chi (TSCC) 6:30pm - Yoga (TSCC)	<b>23</b> 8:15am - Tai Chi (TSCC) 8:30pm - Aikido (BMCC)	<b>24</b> 8:15am - Tai Chi (TSCC)	<b>25</b> 8:15am - Tai Chi (TSCC) 6:00pm - SRROA Board MTG (TSCC)	<b>26</b> 8:15am - Tai Chi (TSCC) 9:30am - Run Lab (JS Park)	<b>27</b> 7:30am - SRC Ride (Cups & Cones)
<b>28</b> 7:30am - SRC Ride (Cups & Cones)	<b>29</b> 8:15am - Tai Chi (TSCC) 6:30pm - Yoga (TSCC)	<b>30</b> 8:15am - Tai Chi (TSCC) 6:00pm - SRMA Board Mtg (TSCC) 8:30pm - Aikido (BMCC)	<b>31</b> 8:15am - Tai Chi (TSCC)			

# STRETCH

## YOUR ADVERTISING DOLL



# SEPTEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 8:15am - Tai Chi (TSCC)	2 8:15am - Tai Chi (TSCC) 4:00pm - Casitas Board Mtg (UTGC) 9:30am - Run Lab (JS Park)	3 7:30am - SRC Ride (Cups & Cones)
4 7:30am - SRCC Ride (Cups & Cones)	5 Labor Day HOA Office Closed	6 8:15am - Tai Chi (TSCC) 6:30pm - Trails CMTE Mtg (BMCC) 8:30pm - Aikido (BMCC)	7 8:15am Tai Chi (TSCC) 9:00 AM - 12:00 PM Lake Travis Regional Reuse & Recycling Drop-off 6:00pm - Facilities CMTE Mtg (TSCC) 7:00pm - Steiner Camera Club (BMCC)	8 8:15am - Tai Chi (TSCC) 5:00pm - Landscape CMTE Mtg (BMCC)	9 8:15am - Tai Chi (TSCC) 9:30am - Run Lab (JS Park)	10 7:30am - SRC Ride (Cups & Cones)
11 7:30am - SRC Ride (Cups & Cones)	12 8:15am - Tai Chi (TSCC) 6:30pm - Yoga (TSCC)	13 8:15am - Tai Chi (TSCC) 9:00am - Event Planning CMTE Mtg 9am (Cups & Cones) 7:00pm - SRNA Mtg (TSCC) 8:30pm - Aikido (BMCC)	14 8:15am - Tai Chi (TSCC) 6:00pm - Fairways Board Mtg (TSCC)	15 8:15am - Tai Chi (TSCC)	16 8:15am - Tai Chi (TSCC) 9:30am - Run Lab (JS Park)	17 7:30am - SRC Ride (Cups & Cones) 8:00am - 12:00pm - Community Garage Sale
18 7:30am - SRC Ride (Cups & Cones)	19 8:15am - Tai Chi (TSCC) 6:30pm - Yoga (TSCC)	20 8:15am - Tai Chi (TSCC) 6:00pm - Lakeview Board Meeting (TSCC) 8:30pm - Aikido (BMCC)	21 8:15am - Tai Chi (TSCC) 7:00pm - Free Health Workshop: The Value of Antioxidants (TSCC)	22 8:15am - Tai Chi (TSCC)	23 8:15am - Tai Chi (TSCC) 9:30am - Run Lab (JS Park)	24 7:30am - SRC Ride (Cups & Cones) 6:30pm - Father Daughter Dance (TSCC) Registration required
25 7:30am - SRC Ride (Cups & Cones)	26 8:15am - Tai Chi (TSCC) 6:30pm - Yoga (TSCC)	27 8:15am - Tai Chi (TSCC) 6:00pm - SRMA Board Mtg (TSCC) 8:30pm - Aikido (BMCC)	28 8:15am - Tai Chi (TSCC)	29 8:15am - Tai Chi (TSCC) 6:00pm - SRROA Board MTG (TSCC)	30 8:15am - Tai Chi (TSCC) 9:30am - Run Lab (JS Park)	



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# Steiner Ranch Orthodontics

Board Certified Orthodontics & Dentofacial Orthopedics

## Save the Date!



### Concert in the Park

Saturday, August 13, 2016, 7pm

Free ice cream tokens for all patients that wear their Steiner Ranch Orthodontics shirt to the Concert in the Park!

### Movies in the Park

Saturday, August 20, 2016, 8:30pm

Free cotton candy for anyone attending, "Inside Out", the final Movies in the Park of 2016!

## THE HEAT IS ON... ...are you ready?

Summer is a great time to begin orthodontic treatment.

*"The American Association of Orthodontists recommends all children be evaluated by an orthodontic specialist by age 7."*

### So why choose Dr. Waters for your family?

Dr. Waters is the **ONLY** Orthodontist that lives and practices in Steiner Ranch.

He is the **ONLY** Orthodontist that supports and sends his kids to local Steiner Ranch schools.

Dr. Waters is the **ONLY** Fully Board Certified Orthodontist in the Steiner Ranch area having completed both the written and clinical portions of certification with 20 years of experience.

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# Steiner Ranch Camera Club

*Submitted by Jeffery Wagner*

Steiner Ranch Camera Club is growing, and we'd like you to join us! In June, iPhone-ographer, Carlos Austin, showed us that with proper photographic technique, you can create masterpieces with just your smartphone. In July, Professional Photographer and Author, John Rogers, spoke to the group about his most recent project, "Austin: A Photographic Journey".

The Steiner Ranch Camera Club provides an informal, friendly, and supportive environment for photographers at all levels of experience, and with interests in all genres of photography.

The club meets on the second Wednesday of each month, from 7:00pm to 8:30pm. To get involved, "Join" us on "Facebook" at "Steiner Ranch Camera Club". There, you can chat with other club members, post pics, ask technical questions, and keep up with our meeting/event schedule.

If you have questions, contact Jeff Wagner at [jeffamy3@mac.com](mailto:jeffamy3@mac.com), or Tim Babiak of Exquisite Photography, at [tim@exquisite.photo](mailto:tim@exquisite.photo). You can also reach us on Facebook at the "Steiner Ranch Camera Club" group page.

# YOUNG @ HEART

[youngatheartaustin@gmail.com](mailto:youngatheartaustin@gmail.com)

Young at Heart gives Steiner Ranch residents- mostly in the 50+ age group- opportunities to meet other people with similar interests. Our organized activities are planned to give everyone a chance to get to know each other in casual social settings. Many friendships have been formed while playing cards and games, walking, hiking and participating in more than a dozen other interest groups. If you live in Steiner Ranch full time or part time, you are welcome to join us. To become a member, just send your contact information including name(s), address, phone number and e-mail address to [youngatheartaustin@gmail.com](mailto:youngatheartaustin@gmail.com).

Among our many activities are Book Club, Canasta, Euchre, Mah Jongg, Mexican Train (Dominoes), Bunco, Walking, Hiking, Biking, Spanish Conversation, Technology, Painting, Card Making (creating unique greeting cards), and Ladies CLEO Luncheons (Classy Ladies Eating Out). We also get together for happy hours, wine socials, International Dining, dinner groups, and our very popular ROMEO (Retired Old Men Eating Out). New groups are added when there is interest.



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## Steiner Ranch Cycling News

The Steiner Ranch Cycling (SRC) is a group of fun loving cyclist that enjoy the outdoors, burning calories, and meeting new people. Cycling is easy on your body, good for your health and a great way to build community. There is no cost to ride, and we welcome new riders. You probably see us riding around the neighborhood in our Steiner Ranch-themed red white and blue kits. Give us a wave but please don't honk!

### SATURDAY RIDES

On Saturdays we host an open group ride, starting at Cups & Cones at 7:30 AM. Our Saturday rides include advanced and intermediate groups.

The advanced group will have average speeds from 18 – 20 mph and the intermediate group will average between 15 - 17 mph. While each group will be travelling at different speeds, each group will be tackling the same course with a typical distance ranging from 50 up to 70+ miles. The turnout is typically between 10 – 20 riders depending on weather. Come on out and have some fun, everyone is welcome. Ride details are posted each week to our website at <http://www.steineranchcycling.com>, on our Facebook page <http://facebook.com/SteinerRanchCycling>, and to our email list (sign up on our website).

The advanced and intermediate groups require a higher level of fitness and experience and there is no designated sweeper.

Steiner Ranch Cycling is powered by Lakeside's awesome burgers (such as their Bacon Avocado Burger) and refreshed by their beer (we prefer Austin's own Independence Brewing Stash IPA which is on tap now). Join us there after the ride on Saturdays to refuel and recover!

### SUNDAY COFFEE SHOP RIDE

On Sundays we host a mostly mellow ride to a local coffee shop outside Steiner.

The group will leave Cups & Cones at 7:30 AM, and will target some not-too-far coffee shop for some espresso, pastries, and socializing. The ride will average around 17 mph and should be perfect for those looking for an easier and more relaxed alternative to our Saturday rides. Our destination is typically Red Horn Coffee House and Brewing Company at 1431 and Parmer which is 20 miles from Cups & Cones. Although this is technically a 'drop ride', we will make great efforts to keep the group together. Note that you should be able to ride the 38-50 miles at a 16-17 mph average pace for the whole ride.

Please visit our website at <http://www.steineranchcycling.com> to check out what is going on in the Steiner Ranch cycling community.



### Upcoming Organized Rides in the Area

There are lots of great organized rides in the area that cater to cyclists of all abilities (beginner to expert). Even if you don't ride with SRC, you should consider participating in some of these. Big group rides are fun!

- Aug 27 Hotter'N Hell 100 (<http://hh100.org>) Maybe the easiest century ever. Some folks die.
- Sept 17/18 Tour de Cure (<http://tour.diabetes.org>) A great ride for a great cause. One of our favorites.
- Sep 17 Conquer the Coast (<http://www.conquerthecoast.org>) We live where there are hills. This ride has no hills. Pancake flat, man.
- Oct 16 Livestrong Challenge (<http://www.livestrong.org>) Love him or hate him (probably the latter), this is still a great ride for a great cause.
- Nov 5/6 Tour de Gruene (<http://www.tourdegruene.com>) Some of the best of the Texas Hill Country.

### SPONSORS

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*RIDE DISCLAIMER: Each rider is responsible for his or her own safety on our rides. Please join us at your own risk. Our weekly rides are open to public participation but ride leaders do NOT assume any liability for your participation. We require that all participants follow traffic laws and wear a helmet while on our rides.*



Steiner Ranch

2016

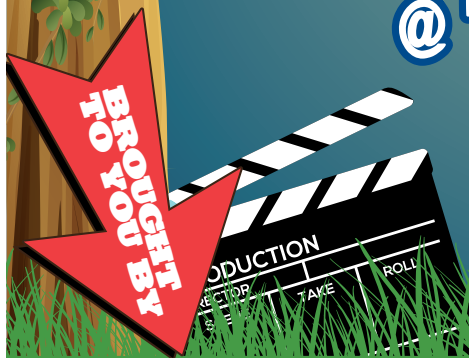
# MOVIES

in The Park



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# HAZARDOUS HOUSEHOLD PRODUCT DROP OFF *Reuse & Recycling Collection Day*

**When: September 7, 2016 from 9am – 12pm**

**Where: 3207 NEIDHARDT DRIVE, AUSTIN, TEXAS 78734**

This collection event is free and open to residents and utility customers. To drop off items, residents must present a driver's license or utility bill with an address in the jurisdictional boundaries of one of the following partners: the City of Lakeway, the City of Bee Cave, Village of The Hills, Hurst Creek Municipal Utility District, Lakeway MUD, or Water Control and Improvement District (WCID) No. 17. "We invite residents and utility customers of the center's partners to properly dispose of household hazardous waste to prevent pollution that could endanger human health, wildlife, and the environment," center spokeswoman Julie Oakley said.

### THE CENTER WILL ACCEPT:

- Household products — cleaning products, drain cleaners, oven cleaning solvents, degreasers, polishers, pool chemicals, household rechargeable batteries, mercury thermometers, gas grill propane tanks;
- Paint products — latex and oil-based paints, spray paints, preservatives, strippers, etc.; or,
- Automotive products — antifreeze, car batteries, oil, oil filters, transmission fluid, brake fluid, etc.

Accepted materials must be labeled and preferred to come in their original containers for transport.

### THE CENTER WILL NOT ACCEPT:

- Asbestos products — including linoleum tiles containing asbestos from older homes;
- Industrial waste — anything from a business;

- Medical waste — needles, prescriptions, etc.;
- Ammunition or explosives — fireworks, dynamite, flares, etc.;
- Radioactive waste — smoke detectors, etc.;
- Compressed gas cylinders — except for gas grill propane tanks;
- Tires;
- Appliances — small or large; or,
- Technology products — computers, printers, televisions, speakers, surround sound, other electronic equipment.

Fluorescent Bulb Recycling CANNOT be accepted at the Lake Travis Regional Reuse & Recycling Center, but The Home Depot has an ongoing recycling program for fluorescent light bulbs (cfl's). You can take your expired bulbs to any location.



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 Coupon cannot be combined with any other offer. Expires 10/31/2016



# Steiner Activities & Events



## Pumpkin Patch Sponsors Needed

*Submitted by Stewart Finnessey*

Plans for the 2016 Steiner Ranch Pumpkin Patch are underway and we are looking for sponsors and volunteers. This year's event will be held on October 23rd at John Simpson Park. The purpose is to raise awareness and funds for the Dell Children's Medical Center Foundation of Central Texas. In 2013 we raised \$3,750. In 2014 \$6,935 was raised, and last year we raised \$8,022! Are you interested in being part of this noteworthy event? For details call Brandy Finnessey at 512-698-3366 or email [bfinnessey@gmail.com](mailto:bfinnessey@gmail.com). Deadline is August 15th, 2016.



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### Follow Us On Facebook

Events offered by the Steiner Ranch Home Owners' Association are posted on the Steiner Ranch HOA events Facebook page – the only official Facebook page of the Steiner Ranch HOA. Search Steiner Ranch HOA events to find us. To see our posts in your news feed, you must do the following:

1. Like our page.
2. After liking our page, hover your mouse over the button that says 'Liked.' You'll see a dropdown menu open. Click the option that says 'See First' and our posts will then appear in your feed. Because we are a business, simply liking our page will not necessarily result in our posts appearing in your feed.

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## Congratulations Steiner Stars!

*Submitted by Sandra Denny*

Congratulations to the Steiner Stars Blue and Red swim teams on another summer swim season! A big thank you to Coaches Jeff Fellows and Kay Gerken and their wonderful coaching staff for their dedication to our swimmers.

The Steiner Stars Blue and Red swim teams concluded their season with a championship meet within their respective divisions. During the season, over 185 swimmers earned an event time that equaled or bettered a qualifying standard. These swimmers were invited to swim at the Northwest Swim Circuit (NWSC) Invitation Meet at Texas A&M.

The Steiner Stars thank the Steiner Ranch community and HOA for their support. This summer, 500 neighborhood swimmers participated in a life sport that teaches the merits of perseverance and discipline. These swimmers represent Steiner ranch and exemplify why Steiner Ranch is a wonderful family neighborhood.



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# Steiner Ranch Pool Rules

The Steiner Ranch pools are for your use and enjoyment. Residents must advise children and their guests of the rules and safety precautions. The following rules must be observed at all times.

The common areas are owned by the Steiner Ranch Master Association ("SRMA") and the Steiner Ranch Residential Owners Association ("SRROA"). They are available to residents, in good standing, of the SRMA and SRROA and their guests.

The pool hours during summer season are as follows:

## **Bella Mar Pools**

Monday 2:00pm – 10:00pm

Tuesday - Sunday 7:00am – 10:00pm

## **Towne Square Pools**

Monday 12pm – 10:00pm

Tuesday – Sunday 8:00am – 10:00pm

## **John Simpson Pool**

Monday 2:00pm – 10:00pm

Tuesday – Sunday 8:00am – 10:00pm

- ♦ Non-potty trained children are NOT allowed in the Bella Mar Lap Pool at any time.
- ♦ The pool gate must remain closed and locked at all times. A facility tag is used to access locked facilities during hours of operation.
- ♦ Facility tags may be obtained at the Association office. If a facility tag is lost or stolen, a replacement facility tag may be issued at the Association Office for a \$20 replacement fee.
- ♦ The Association may deny access to the pool at any time due to occupancy limits, weather, pool condition, or if maintenance is required.
- ♦ At the discretion of the Association, and as approved by the Boards of Directors of the SRROA and SRMA, certain periods of the normal open swim hours may be set aside for specialized activities. These activities will be open to all registered participants. When scheduled, times for these activities will be posted.
- ♦ Use of the pool facilities is at the resident or guest's own risk and by use of the facility the user agrees to hold SRROA and SRMA harmless in regard to liabilities of any kind related to the use of the facility.
- ♦ Each resident household is entitled to host four (4) pool guests at any time SRROA or SRMA pool facilities are available.
- ♦ Lifeguards, when present, have full authority and are responsible for the interpretation and enforcement of all rules. Residents will work cooperatively with lifeguards in enforcing the rules for the safety of everyone. No person may verbally abuse, shout at or in any manner distract a lifeguard, except in the case of emergency.
- ♦ Only lifeguards are permitted on the lifeguard stand.
- ♦ A member resident who is eighteen (18) years of age or older must accompany guests at all times.
- ♦ An adult must accompany children under fourteen (14) years of age at all times.
- ♦ Designated lap lanes are for lap swimmers only. Lap swimmers will have the right-of-way.
- ♦ Double diapers (swim diaper + plastic pants) must be worn by children who have not been completely toilet trained.

- ♦ Only children 5 years of age and under are allowed in the baby pool.
- ♦ Proper swim wear is required. No cut-offs are allowed.
- ♦ Chewing gum is prohibited in the pool facility.
- ♦ Swimming with an open sore or a communicable disease is prohibited.
- ♦ No running, roughhousing, general horseplay or disorderly conduct that will endanger the safety of others is allowed. No diving, somersaults, back dives, cannon balls, backwards jumps, can openers, or similar type entries from the edge of the pool are permitted.
- ♦ The discharge of firearms, pellet guns, bow and arrows, sling shots and other hazardous items is prohibited.
- ♦ No Smoking.
- ♦ No glass containers of any type are allowed in the pool facility.
- ♦ No pets or animals of any type are allowed in the pool facility. (Except seeing eye dogs).
- ♦ No bikes, skateboards or roller skates/blades are permitted in the pool facility. Children's strollers are permitted.
- ♦ Floating devices may be allowed in the pool at the lifeguards' discretion. Water wings and small floats for non-swimming children are allowed only if the child is within arm's reach of an adult.
- ♦ Toys and balls of any type may only be allowed in the pool at the lifeguards' discretion when they are on duty.
- ♦ Residents and their guests must refrain from any activity which is either a nuisance to other guests, residents, lifeguards, or pool staff, or in any manner damages SRROA or SRMA property.
- ♦ Residents are responsible for any damage they, their guests, or their children cause while using SRROA or SRMA facilities and for cleaning up any mess or trash created by them prior to leaving the pool facility.
- ♦ The Association must approve the use of Association facilities by large groups at least seven (7) days prior to the event.
- ♦ Violations of these rules may result in suspension of pool privileges, fines or other charges, and/or legal action against the violator.
- ♦ Emergencies, complaints, concerns, and compliments should be addressed to the Association at 266-7553, or in person at the Community Associations Office located at 12550 Country Trails Lane, Austin, Texas 78732.

\*Please note that a resident in "good standing" is defined as a resident in that is current with their Association assessments and has no outstanding violations. Those residents who are not in good standing with the Association may lose resident privileges such as amenity access, facility rental, attendance at, or registration for, social functions and sponsored programs.\*

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## Don't Prop Pool Gates

Propping a gate open to one of the pools is a serious safety issue. It only takes a second for a child to wander into an unattended pool area and drown. Pool gates may not be propped open for any reason.



# Pool Safety Tips

As summer comes to an end, please continue to be watchful of children when they are at community pools.

- Never leave children unattended in pools.
- An adult should be designated to supervise children in pool at all times; that should be their only task –reading, texting or playing games on phones can wait.
- Lifeguards are trained to scan the entire pool area- they are not keeping an eye on only your child.
- Swimming is a lifesaving skill. Enroll children in swim lessons.
- Learning CPR can save a life. CPR classes are available through hospitals, community centers, or by contacting the American Red Cross.

### Lifeguards On Duty As follows:

John Simpson

Saturday & Sunday 12pm-8pm

Towne Square & Bella Mar

Monday – Sunday 12pm-8pm



An advertisement for ChampionsTX Training Campus. The top part shows an aerial view of a large indoor facility with blue mats and various equipment. Below this, text reads: "New 24,000 sq. ft. Training Campus! Cheer | Tumbling | Trampoline | Parkour Gymnastics | GymKids | Preschool | Adults". The website "ChampionsTX.com" and address "2105 RR 620 South, Lakeway, TX" are listed. The bottom part features two photos: one of a cheerleader in a blue and white uniform performing a stunt, and another of a person in a yellow and black outfit performing a backflip. The "CHAMPIONSTX" logo is prominently displayed at the bottom.



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# Planning a Pool Party?

If you are on inviting more than 25 guests to use one of the community pools, you are required to hire additional lifeguards, at your expense, through the lifeguard company approved by the HOA. Please contact the HOA office to schedule your party and contact Equipt Aquatics directly for scheduling lifeguards: 512-969-1405.

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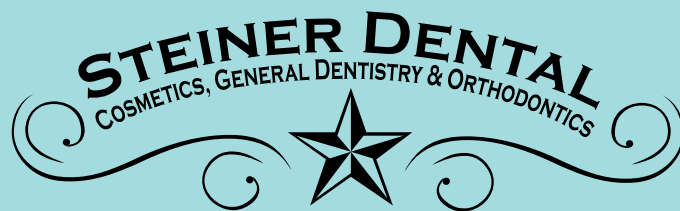


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Our swim schedule is as follows:

- Wednesdays and Fridays at 5:30 a.m. until 6:45 a.m.
- Sundays at 6:30 a.m. until 7:45 a.m.
- \$55 per month for Residents

Come on and give it a try! It's easy to sign up:

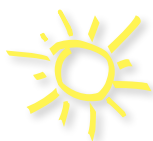
1. You must be 18 yrs. and older.
2. Join U. S. Masters Swimming! To be eligible to compete in masters' meets, to get a great magazine, and for HOA insurance purposes, go to the United States Masters swimming website, [www.usms.org/reg](http://www.usms.org/reg) and join our team Red Giants Masters swimming. You can print your card immediately and take a copy to the HOA office.
3. Fill out the Program Registration form at the HOA office, provide a copy of your USMS card and submit payment!

As this is a Year Round Program, it's a great way to meet new friends and be a part of a fun community of swimmers and neighbors!



August 24, 2016  
6:30-8:00 p.m.

The  
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Of Austin



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# WATER AEROBICS

Want to exercise, but can't get motivated? Perhaps the pavement plays havoc on your knees, legs or hips. Or maybe you just don't want to exercise by yourself. Try water aerobics! Classes go through September at the Towne Square Pool.

**WHEN:** Monday/Wednesday, 6:45 pm  
Tuesday/Thursday, 9:00 am

**COST:** 8 classes per month: \$48  
16 classes per month: \$96

**REGISTRATION:** Call Ann @ 512-266-4780 or email askennedy@austin.rr.com.

Sign up will take place prior to the first class of every month. Classes are 50 minutes long, will incorporate a full body workout in the water and are led by a certified water aerobics instructor. Some of the benefits of water aerobics fitness are:

- \*strengthens & improves muscle tone
- \*enhances muscular flexibility
- \*increases range of motion
- \*improves posture & physical appearance
- \*relieves tension & stress
- \*increases energy levels & stamina
- \*burns calories
- \*strengthens the cardiorespiratory system

Join us for lots of fun and great workouts to music. It's an opportunity to meet your neighbors and make new friends, while getting/staying in shape. Adult men and women welcome. This program is available to Steiner Ranch residents only.



# FUN SWIMMING TRIVIA

## DID YOU KNOW....

- Swim fins were invented by Benjamin Franklin.
- Swimming in the Olympics started as a men's only event but women began participating in 1912.
- The Deep Eddy Swimming Pool, built in 1915, is the oldest known concrete swimming pool and was built in Texas.
- The Titanic was the first ocean liner to have a swimming pool and a gym.
- According to the Guinness World Records, the largest swimming pool in the world is the San Alfonso del Mar Seawater pool in Algarrobo, Chile. It is more than 1,000 yards long, covers 20 acres, has a 115-foot deep end, and holds 66 million gallons of water.
- Elephants can swim really well. They use their long trunks like a snorkel so that they can breathe underwater.
- The most popular freestyle stroke is the crawl, considered the fastest stroke.
- The name for the bikini design was coined in 1946 by Parisian engineer Louis Réard, the inventor of the bikini. He named the swimsuit after Bikini Atoll, where testing on the atomic bomb was taking place.
- Swimming works all of the body's major muscles.
- The invention of swim goggles goes back to the 14th century when Persian pearl divers used polished tortoise shells as goggles.
- An Olympic sized swimming pool can hold 660,430 gallons of water.
- According to Guinness World Records, the longest distance ever swum without flippers in the open sea is 139.8 miles by Veljko Rogosic across the Adriatic Sea in August 2006. The attempt took 50 hours 10 mins.
- Synchronized swimming was not featured in the Olympics until 1984.

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# In Every Issue

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*Be sure to include the text that you would like to have as the caption.*

Pictures will appear in color online at  
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