

VOLUME 23, NUMBER 9

SEPTEMBER 2016

# FAIRFIELD

## *Community Gazette*

OFFICIAL FAIRFIELD COMMUNITY ASSOCIATION NEWSLETTER



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# FAIRFIELD IMPORTANT NUMBERS

## BOARD MEMBER LISTING

### *Fairfield Village Community Association*

The "Master Board" is comprised of one representative from each  
Neighborhood Association

Ronnie White (Fairfield South) ..... President  
Jan Bertoli (Fairfield Central) ..... Director  
Jeanie Stahl (Lakes of Fairfield) ..... Treasurer/Secretary  
Marc Newman (Inwood Park) ..... Viced President  
Darlene Sedelmyer (Trails of Fairfield) ..... Director

### *Fairfield Central Neighborhood Association*

Louis Iselin (President) ..... louis@kipatents.com  
Tim Loney (Secretary/Treasurer) ..... Tloney@solutionsis.com  
Jan Bertoli (Director) ..... JLB8848@gmail.com  
John White (Director) ..... jeepersw@swbell.net  
Patty James (Director) ..... pjames631@gmail.com

### *Fairfield Village South Neighborhood Association*

Ronnie White (President) ..... ronniewhite66@sbcglobal.net  
Michael Martin (Vice President) ..... mbalmartin@gmail.com  
Brian Gambrell (Secretary/Treasurer) ..... brian\_gambrell@hotmail.com  
Ryan Ritchie (Director) ..... ryan.ritchey@att.net  
Jim Gedeon (Director) ..... jim@premier-placement.com

### *Inwood Park Neighborhood Association*

Marc Newman (President) ..... marcnewman1957@comcast.net  
Doug Waterman (Vice President) ..... waterman\_doug@hotmail.com  
Alison McGahan (Secretary) ..... afflora@comcast.net  
Gloria Whitaker (Treasurer) ..... gloriawhitaker1@yahoo.com  
Harriet Tunick (Director) ..... htunick00@gmail.com

### *Lakes of Fairfield Neighborhood Association*

Jeanie Stahl (President) ..... Jeanie.stahl@sbcglobal.net  
Diana Gee (Vice President) ..... diana.gee@att.net  
Patrick Wong (Secretary/Treasurer) ..... pcwong1@earthlink.net

### *Trails of Fairfield Neighborhood Association*

Darlene Sedelmyer (President) ..... facofficemgr@sbcglobal.net  
Quentin Hinds (Vice President) ..... qhinds@gmail.com  
Kris Cherry (Secretary/Treasurer) ..... kfcherry@gmail.com

## COVER PHOTO

*Do you take great photos?*

Do you take great photos? Would you like to see your photo published? We are looking for great cover photos for upcoming issues of the Fairfield Gazette. Our deadline for submittals is always the 9th of the month prior to the issue. All photos should be submitted electronically by the deadline date in high resolution (300 dpi) to [fairfield@peelinc.com](mailto:fairfield@peelinc.com). Portrait (vertical) photos work best. Photo's taken with digital cameras work best. This month's cover photo was provided by Leslie Greenberg.

To view other photos submitted please visit [www.PEELinc.com/Fairfield](http://www.PEELinc.com/Fairfield), and view any of the past newsletters. By submitting your photo you agree to allow your photo to be published in future issues of the Fairfield Gazette or other Peel, Inc. publications.

## FAIRFIELD VILLAGE MANAGEMENT

### *First Service Residential Help Desk*

..... 713-932-1122, [contactus.tx@fsresidential.com](mailto:contactus.tx@fsresidential.com)

### *Fairfield Resident Relations*

Jennifer Sailer ..... 713-332-4763, [Jennifer.Sailer@fsresidential.com](mailto:Jennifer.Sailer@fsresidential.com)

### *Project Manager*

Ernie Griffith ..... 713-332-4761, [guy.griffith@fsresidential.com](mailto:guy.griffith@fsresidential.com)

### *Fairfield Village Manager*

Jo Ann Richardson ..... 713-332.4762, [joann.richardson@fsresidential.com](mailto:joann.richardson@fsresidential.com)

## EMERGENCY NUMBERS

Ambulance/Fire/Officer ..... 911  
Poison Control ..... 800-222-1222

## NON-EMERGENCY NUMBERS

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Cy-Fair Medical Clinic (24 hr.) ..... 281-890-4285  
FBI ..... 713-693-5000  
Harris County Animal Control ..... 281-999-3191  
Harris County Precinct 4 ..... 281-376-3472  
Vacation Watch ..... 281-401-6200

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Friendswood Development ..... 281-875-1552  
Harris Co. Library ..... 281-890-2665  
Harris Co. Mosquito Contro ..... 713-440-4800  
Harris County Hazardous Waste ..... 281-560-6200  
Courthouse Annex ..... 281-859-0685  
Driver's License ..... 713-681-6187  
Post Office ..... 281-373-9125  
Voter Registration ..... 713-224-1919

## UTILITY NUMBERS

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Center Point (Gas) ..... 713-659-2111  
Severn Trent (Water, Trash) ..... 281-398-8211  
Comcast ..... 713-341-1000

## SCHOOL NUMBERS

Bus Information ..... 281-897-4380  
Cy-Fair Administration ..... 281-897-4000  
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Salyards Middle School ..... 281-373-2400  
Ault Elementary ..... 281-373-2800  
Keith Elementary ..... 281-213-1744  
Spillane Middle School ..... 281-213-1645  
Swenke Elementary ..... 281-213-1200

## COMMITTEE MEMBERS

### *Public Safety Committee-*

Marc Newman - [marcnewman1957@comcast.net](mailto:marcnewman1957@comcast.net)

### *Fairfield Area Swim Team*

[president@swim4fast.net](mailto:president@swim4fast.net)

### *Fairfield Women's Club*

[fairfieldwomensclub@gmail.com](mailto:fairfieldwomensclub@gmail.com)

## ADVERTISING INFO

Please support the advertisers that make The Fairfield Community Gazette possible. If you are interested in advertising, please contact our sales office at 1-888-687-6444 or [advertising@peelinc.com](mailto:advertising@peelinc.com). The advertising deadline is the 8th of the month prior to the issue.

## ARTICLE INFO

The Fairfield Community Gazette is mailed monthly to all Fairfield residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for consideration please email it to [fairfieldgazette@peelinc.com](mailto:fairfieldgazette@peelinc.com). The deadline is the 9th of the month prior to the issue.

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# Around Fairfield

## Fairfield Women's Club September 20 Meeting

7:00 pm

Bradford Creek Clubhouse

Every September, we invite members of our charities to attend our meeting to receive a check from monies raised during our year. The money is raised by various events throughout our fiscal year, which is June to May.

Our Style Show, and the two garage sales are the fundraisers we will be hosting this year. We would like to add additional fund raisers within Fairfield to strengthen the amount we are able to give. As we are able to organize other events, we will let you know via The Gazette, the Marquee and social media.

***The organizations we will be giving to this year include:***

Ault, Swenke, Keith Elementary Schools, Salyards Middle School, Cy-Ranch High School, Cy-Ranch Key Club, Fairfield Volunteer Fire Department, CAM, Boy's and Girl's Country, Lupus, OMS Life, Team Tierra, Phred's Place.

*Please join us for light refreshments and a chance to hear about our charities.*

*Dues are \$30 a year. You may join FWC at a meeting or online at: [Fairfieldwomensclub.org](http://Fairfieldwomensclub.org). Or contact us at [fairfieldwomensclub@gmail.com](mailto:fairfieldwomensclub@gmail.com)*

## Fairfield Women's Club Future Activities

### SAVE THE DATES

**October 18** - Meeting Bradford Creek Clubhouse

**November 15** - Meeting Bradford Creek Clubhouse

**October 8** - Fall Garage Sale

**November 5** - Movie Night Keith Elementary

## Fairfield Women's Club

We are still in our annual membership drive; therefore, please invite a friend. When you bring a new member your name, along with the new member's name, is placed in our membership drawing.

All female residents of Fairfield and the Lakes of Fairhaven are eligible for membership. We promote new social interests, provide service to our community, and donate our proceeds to our neighborhood and charities. Come to a meeting to find out what we are all about. We typically meet every third Tuesday night of the month. Join us and become a part of the Heart of Fairfield.

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# Fairfield Women's Club First Annual *STYLE SHOW*

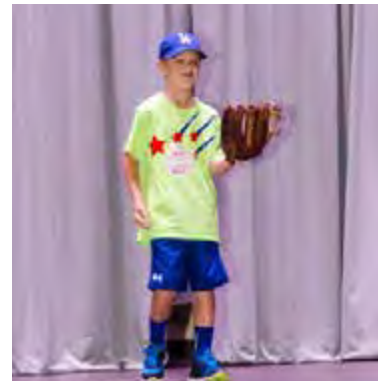
Our First style show, Fashion with Class, was held July 30 at Good Shepherd United Methodist Church. The purpose of this event was to raise money for our charities and to spotlight various folks in our Fairfield community. Our models included, teachers, principals, students, a fireman, Doctors, Dentists, ladies from FAC and HOA, HEB, and several staff members from Memorial Hermann Cypress.

We wish to thank various businesses in the area that participated: Memorial Hermann Cypress was our major sponsor.

These stores in the area lent their clothing, and expertise, gave discounts and door prizes: Beyond the Hoop, Chico's, Eddie Bauer, Freckles, My Simply Chic, Six Shooter Junction, Suburban Girl and White House/Black Market.

Additional door prizes were also given by: Anything Bling, The Factory Hair Salon, HEB, Lindsey Krezeczowski with Plexis\*, Me Time Nails, Stephanie Line with Origami Owl\*, Suzanne Spence with Rodan+ Fields\*, Tara Brown with Mary Kay+\*and Vivian Sobotik with Mary Kay\* and Cookin' with Kim\*. These ladies\* are residents of Fairfield. Fairfield Women's Club encourages support for these stores and ladies.

Thank you to our ladies of Fairfield Women's Club for your efforts to make this event a huge success, especially Mrs. Joan Gondesén, our chairman. Thank you to those who supported us with your attendance. We hope to have our Second Annual Style Show next July. Be watching for information, perhaps you, too, can be a part of this event.





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# Fairfield's Fifty Plus Fun-Loving Group

## — THE FAIRFIELD SENIORS —



The Seniors of Fairfield are an active, fifty plus, fun-loving group of couples and singles who enjoy fellowship, monthly trips, and various activities together. If you or your spouse is fifty or older, a newcomer to Fairfield Village or have lived here in Fairfield for some time but have never attended one of our functions, you are

cordially invited. Come and be a part of our fun-loving group. We're sure you will enjoy it.

### **SPECIAL NOTICE CONCERNING OUR TRIPS:**

One of the 'Trip Planners' Lori Skadowski, has volunteer to become our new 'Trip Manager' however, unless Lori gets the help she needs, we may not do a trip every month, we may do them quarterly or every other month, depending on the how many people step up to help.

*Visit our TRIP page on our web site:*

*[www.fairfieldfiftyplus.com](http://www.fairfieldfiftyplus.com)*

for more information on what is needed, to allow us to have a trip every month.

### **THE SEPTEMBER BUS TRIP PLANS:**

*Monday, September 26, a trip to Galveston Island.*

*Thanks to Lori Skadowski.*

We will be enjoying a relaxing guided tour of the historic Galveston Island with our favorite Travel Docent Larry. Larry has always been a history buff and loves to share his years of knowledge. More details with the cost are now posted on our TRIP page on our web site: [www.fairfieldfiftyplus.com](http://www.fairfieldfiftyplus.com)

### **THE OCTOBER BUS TRIP PLANS FOR:**

*Saturday, October 8, Opening Day OKTOBERFEST.*

*Thanks to Lori Skadowski.*

We will be going to the Texas Renaissance Festival for the opening of the 2016 Festival. Tickets can be purchased in advance from Randall's. However, do not purchase your tickets until mid-week prior to the 8th. The 4th or 5th of October, so we can keep an eye on the weather forecast for that day. More details with the cost are now posted on our TRIP page on our web site: [www.fairfieldfiftyplus.com](http://www.fairfieldfiftyplus.com)

### **Reminder Notice:**

Harris County Precinct 3 Transportation Department requires the following information for every trip. Your name, it will already be on the form. You will need to add your phone number, address, email address and the name and phone number for your emergency contact for the day of the trip.

You will be required to complete this Statement of Release Form. When pass around after boarding the bus.

=====

### **FOR THE SEPTEMBER ACTIVITIES PLANS:**

*Visit our ACTIVITY page on our web site:*

*[www.fairfieldfiftyplus.com](http://www.fairfieldfiftyplus.com)*

### **OUR FAIRFIELD FIFTY PLUS WEEKLY E-NEWSLETTER:**

An event reminder. It is emailed each week to our members and others who have requested it. It provides updated information on any changes from what appears here in the Gazette, plus complete information on our trips and activities. If you would like to receive our weekly newsletter, send your email address, to:

*[wmcook@fairfieldfiftyplus.com](mailto:wmcook@fairfieldfiftyplus.com) or [wmcook@comcast.net](mailto:wmcook@comcast.net)*



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# Around Fairfield

## CUB SCOUT PACK 3 FALL RALLY!

WEDNESDAY, SEPTEMBER 7, 2016  
7:00 PM @ ROBISON ELEMENTARY CAFETERIA  
BOYS 1ST - 4TH GRADE



Cub Scouts provides elementary age boys and their families a wonderful opportunity to explore the world around them, experience the outdoors, learn new things and most of all just have a lot of fun!! Boys interested in Cub Scouts, and families wanting to know what Cub Scouts is all about, Pack 3 will be hosting a Fall Rally on Tuesday, September 13, 2016 at 7:00 pm in the Robison Elementary Cafeteria. Families are welcome to attend! Cub Scout Pack 3, chartered thru the A. Robison Elementary PTO, currently has 50 boys, grades 1-5, who primarily attend A. Robison Elementary School. You are not required to attend Robison Elementary in order to attend this rally or to register with Pack 3. You are also not required to join Pack 3 should you register at this rally and wish to join a Pack at your school. So grab some friends and come see what fun is all about! Start your adventure now, join Cub Scouts!! We hope to see a lot of new faces!

*Yours in Scouting  
Cub Scout Pack 3, [cypresspack3.org](http://cypresspack3.org)*

## Did you know that Girl Scouts are more likely than non-Girl Scouts to...



Girl Scouts.

1. Advocate for herself and others
2. Set ambitious goals and think about her future
3. Be mentally and emotionally stronger
4. Be financially independent
5. Overcome failure and fears and so much more!

Through a girl's experience in Girl Scouting, she has additional opportunities to make new friends, have new experiences, and work together with other girls to serve in her community. Girl Scouts is about charting the course of a girl's destiny so she grows up confident, knowing she is capable of achieving great things in life .... of being successful and doing something significant!

It's August and that means the summer is winding down and school is starting soon. As you start planning your daughter's activities, we hope you plan make Girl Scouts a part of it. If you'd like your daughter to explore new interests, achieve her goals, or simply to make new friends to overcome their shyness, look for Girl Scout recruitment events in your school. Girl Scouts is for girls in grades kindergarten to 12th grade and the cost is \$15.

You can join Girl Scouts at [www.gssjc.org](http://www.gssjc.org) or contact Jo Anna Harris at [jharris@sjgs.org](mailto:jharris@sjgs.org). We are looking forward to another great year in the Cypress area and hope you can join in on the fun!

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## GO THE DISTANCE WITH SCOUTING!

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Like any good team we also need good coaches! Consider volunteering as a troop leader or co-leader and help girls reach their own Bronze, Silver and Gold! As a troop leader your journey earns an award sure to exceed any Gold!

Girl Scout membership is \$15. Girls and adults can join Girl Scouts and register online at [www.gssjc.org](http://www.gssjc.org), or join us in person to learn more about Girl Scouts at our Fall Rally.

We are looking forward to another great year of Girl Scout adventures and hope you'll go the distance with us!! Be a Girl Scout Olympian and join Girl Scouts today!

Heart of Texas Girl Scouts Fall Rally

KG – 12th grade

Saturday, September 10, 2016 @ 10:00 am – 12:00 pm

Good Shepherd United Methodist (Gym)

20155 Cypresswood Drive, Cypress TX



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**National Night Out** is a great opportunity for citizens and law enforcement to partner up against crime.

This year, National Night Out is Tuesday, Oct. 4, 2016, from 7 to 9 p.m.

**National Night Out is designed to:**

1. Heighten crime and drug prevention awareness
2. Generate support and participation in crime efforts
3. Strengthen neighborhood spirit and police community relations
4. Let criminals know that neighborhoods are organized and fighting back

During the event, residents in neighborhoods throughout Austin and across the nation are asked to turn on their porch lights, lock their doors and spend the evening outside with their neighbors, police officers, firefighters and EMS paramedics. Events such as cookouts, block parties and neighborhood walks will all occur simultaneously throughout the city and nationwide.



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# Around Fairfield

## ST. MARY'S FALL GIFT MARKET



On Friday, September 23 and Saturday, September 24 from 9 a.m. to 4 p.m., St. Mary's Episcopal Church is hosting its 11th annual Fall Gift Market. This is the ideal event to kick off your holiday shopping and decorating! The convenient location at the corner of Louetta Road and N. Eldridge Parkway makes it easy to shop the selection of unique jewelry, home decor, creative toys, flower arrangements, handcrafted gifts, collectibles, pottery, candles and trendy clothing for ladies and children. The Fall Gift Market also features The Tea Room offering the famous taco soup, sandwiches, desserts and homemade baked goods, plus the Silent Auction benefiting church-affiliated projects and outreach. For more information, please visit [stmaryscypress.org](http://stmaryscypress.org), or call Michelle at 832-559-8726.



## Northwest Harris County Aggie Mom's Club

[WWW.NWHCAGGIEMOMS.ORG](http://WWW.NWHCAGGIEMOMS.ORG)

Come join us, on Tuesday, September 13, 2016 at 6:30 pm. at the Houston Distributing Company, 7100 High Life Drive, Houston, Texas 77066. This fun-filled Aggie evening is a great way to meet other Aggie Moms, find out about upcoming events, buy care packages for your student and win door prizes! Enjoy light refreshments and learn a few yells from the Yell Leaders. We are looking forward to meeting all Moms of freshman Aggies, current Aggie students and former Aggies!

### ALSO CHECK OUT UPCOMING EVENTS:

Sat, Sept 10th is Shop Til You Drop from 9am-5 pm at the Berry Center!

Sat, Sept 17th is Hullabaloo Huddle! Football Watch Party starts at 6 pm at Swanny's Grill, 6224 Theall Rd, Houston. 12th Man Silent Auction & Door Prizes! Cheer for the Aggies as they play Auburn, and have a fun evening with other Aggie Moms.



**Jennifer  
Kwak, M.D.**



**Parul Patel,  
M.D.**



### OFFICE HOURS

Monday - Thursday: 9 am - 5 pm

Friday: 9 am - noon

\*Saturday: 9 am - noon (Sept - March Only)

*Closed Saturdays During the Summer Months*

**281.304.5100**

**FAIRFIELD MEDICAL CENTER**

**15040 Fairfield Village Square Dr. Suite #150  
Cypress, Texas 77433**

## 24<sup>th</sup> Annual Gingerbread Village HOLIDAY MARKET & CRAFT SHOW

**Saturday  
October 29, 2016  
9am - 4pm**

**Featuring Arts, Crafts, Specialty  
Foods, Fashion Goods & More!**

Located at  
St. Elizabeth Ann Seton  
Catholic Church  
6646 Addicks-Satsuma  
Houston, TX 77084  
1/2 mile north of Hwy 6 between FM 529 & West Little York

Hosted by SEAS Ladies Auxiliary





# St Aidan Fall Fest

St. Aidan's Episcopal Church Fall Holiday Market - Sunday, October, 30th from 10am – 5pm. 13131 Fry Road just South of 290. Market Booths, Food Trucks and Silent Auction 10am- 5pm, Live Music throughout the day, Cake Walk 1:00, Trunk N'Treat 3:00, Kids Corner 3:00, Blessing of Animals 4:00. Lots of vendors with a variety of goods for sale. We look forward to seeing you all there!

Interested in being a Vendor? Please visit our website <http://aidanschurch.org/action/fall-holiday-market-vendors> for information and reservation form.

## VENDOR OPPORTUNITY AWAITS!!

St. Elizabeth Ann Seton Ladies Auxiliary will be holding their 24th annual Gingerbread Village Holiday Market on October 29, 2016. The show will be held from 9 A.M. to 4 P.M. at 6646 Addicks Satsuma Road, Houston, TX. If you are interested in showcasing your various art, crafts or other unique offerings, please contact Fae at [fae@krenekprinting.com](mailto:fae@krenekprinting.com).

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## 10<sup>TH</sup> ANNUAL projectpink

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FOR THE CURE

OCTOBER  
**22**  
2016

11 AM  
to  
2 PM

At  
NORTH CYPRESS  
MEDICAL CENTER

For information or reservations, call 832.912.3692  
or visit [NCMC-ProjectPink.com](http://NCMC-ProjectPink.com)

CALL FOR TICKET  
PRICING



North Cypress Medical Center is a Delta Clinical Program of the Houston Healthcare System

## Around Fairfield

# FAIRFIELD PHOTOS



*Braylen Brewin, 2.5 years old- ready for his first school year!*



*Olivia*



*Maddie (6) and Abby (5) Strong enjoying popsicles on a hot summer day*



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**CY-FAIRHOUSTON**  
Chamber of Commerce

**TNLA**




# CYPRESS AREA FOOD PANTRY

Do you know of someone who has trouble putting food on the table? Maybe their employment was suddenly terminated; maybe it's a choice between medications or food; for whatever reason a family can find themselves in a situation where they need a little help.

Fountain of Life Church of God on Mueschke Road runs a food pantry on Mondays from 3:30 pm to 6:00 pm and the only requirement is that the client should live in zip code 77433 and west of Skinner 77429. For more information, contact 281-373-9337. Food donations and volunteers are also greatly appreciated.

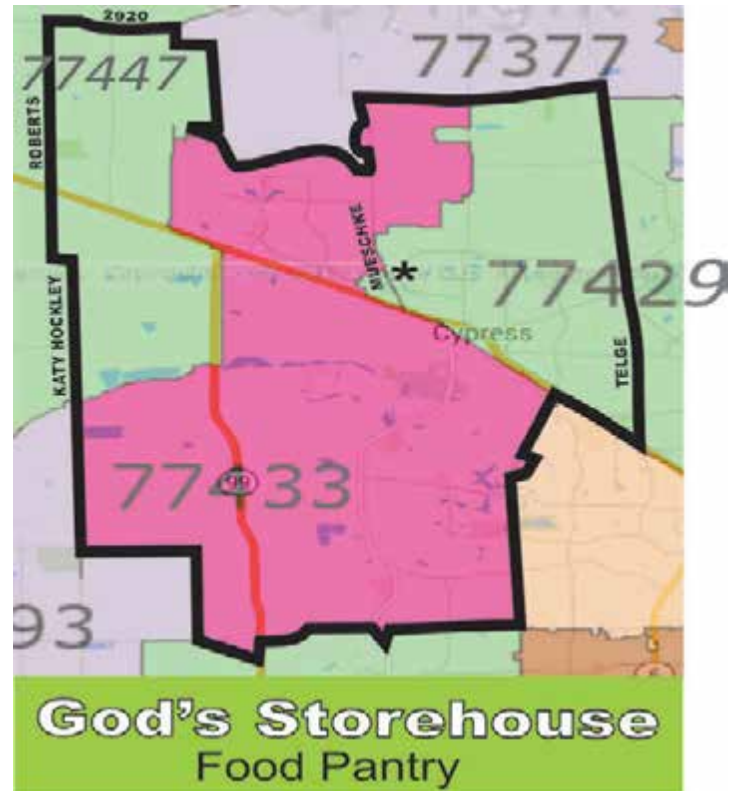
Computerized job search and resume preparation and printing are also available.

## TIMES AND SERVICES

Fountain of Life Church of God  
15010 Mueschke Road, Cypress  
[www.fountainoflife-cog.com](http://www.fountainoflife-cog.com) • 281.373.9337

June - August: Mondays 3:30-6:30pm

September-May: Mondays 6-8pm



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# Sports Section

## Fairfield Athletic Club News



Please visit our website at

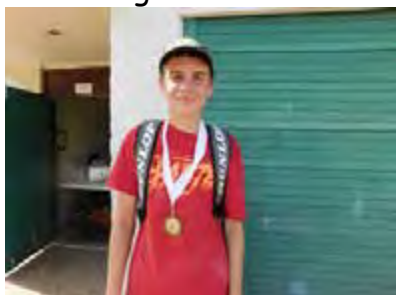
[www.fairfieldathleticclub.com](http://www.fairfieldathleticclub.com)

If you just moved to the neighborhood be sure to come by the Fairfield Athletic Club anytime we are open to get your membership cards. Our hours are Mon -Thurs 5am-10pm, Fri 5am-8pm, Sat 7am-8pm and Sun 1pm-8pm. Bring proof of residency (HUD Statement from closing or your current driver's license with your Fairfield address). Membership cards are needed to get into the weight room, basketball gym, tennis courts, pools and splash pads.

## FAC Tennis News



Congrats to Fairfield Tennis Academics' Lauren Green on her 1<sup>st</sup> place finish in Harlengen Challenger Tournament.



Congrats to Kaleb Heinrich as well on consolation finals win in the Houston King Daddy Challenger.

## Fairfield Kids Club Before/After School Care



Come in early to reserve your spot for our Before & After School care program! Spaces are limited so register early to guarantee your child's spot.

Registration packets are available on our website or at the FAC.

If you would like more information please contact Darlene Sedelmyer,  
Director of Child Care  
at 281.373.0834



Stay Cool Indoors!

Try out our Zumba class at the FAC on Tuesdays and Thursdays at 9:30am. Your first class is always Free! Try it! You will love it!

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*Realtor*  
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**Krista Stoutner**  
*Realtor*  
**832.797.8162**



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[krista.stoutner@maddieloweproperties.com](mailto:krista.stoutner@maddieloweproperties.com)

# THANK YOU

## Law Enforcement Appreciation Day

On behalf of the Fairfield Athletic Club, we would like to thank all those that came out to show their appreciation for our law enforcement and first responders. We especially would like to thank our guests speakers, Cy-Fair ISD Police Chief Alan Bragg, Leslie Martone from Cy-Fair Chamber of Commerce, Dr. Ken Harmon and Fairfield resident Christine Grisbee. We would also like to

thank Patty James from our neighborhood HEB for showing their appreciation by contributing refreshments to this special event. We greatly appreciate the time you took out of your busy schedules to speak with our Fairfield community in order to recognize our dedicated law enforcement and first responders.



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# 7th Annual Fairfield TRIATHLON

Benefitting: Team Tiara, Gulf Coast Lupus Foundation, Phred's Place & OMS Life & Teddy Bear Drive

The Fairfield Athletic Club is the host site for the 7th Annual Fairfield Triathlon on Sunday, October 23, 2016. Hot breakfast will be served, live music and everyone will be chip timed. Awards given for 1st, 2nd & 3rd Place in all ages divisions in 5 yr. increments. Awards also given for Overall, Masters, Athenas, Clydesdales and Relays.

The 1st 400 to register by Sept. 30th will be guaranteed a tech t-shirt, personalized bib, custom silicone swim cap, custom tattoos and visor.

Now there is a race for everyone! New this year, AQUA BIKE is a 300 meter pool swim and 10 mile bike (NO RUN).



**DUATHLON** is a 1 mile run, 10 mile bike and 3 mile run (NO SWIM).

**SPRINT TRIATHLON** is a 300 meter pool swim, 10 mile bike and 3 mile run (SWIM, BIKE & RUN) & the KIDS TRIATHLON, Ages 5 - 14 yrs.

The Aqua Bike, Duathlon and Sprint Triathlon begin at 8:30am and the Kids Triathlon begins at 12:30pm.

The race course is all within Fairfield with Police support, cones, signs and volunteers.

Also new this year, Child Care will be provided from 7:30am to 11:30am at the Fairfield Athletic Club on race morning. Children ages 4 -12 yrs. Parents are able to race while their children are safe.

Register early and save\$\$\$\$, Logon to [fairfieldtriathlon.org](http://fairfieldtriathlon.org) or [active.com](http://active.com)

Need pointers, coaching, training, join in on the Clinics and Training Program on 9/25, 10/2, 10/9 and 10/16.

If you want more information, volunteer or sponsor, email [Mbyrne9961@aol.com](mailto:Mbyrne9961@aol.com) or call Charlotte Byrne, Race Director at (832)594-7656.



# kid's triathlon

## SWIM BIKE RUN FUN!!

Calling all Kids! The Fairfield Kids Triathlon is right around the corner! The Fairfield Athletic Club is hosting the 4th Annual Fairfield Kids Triathlon benefitting Team Tiara, Gulf Coast Lupus Foundation, Phreds Place and OMS Life & Teddy Bear Drive.

The 1st 300 Kids to register by Sept. 30, 2016, will be guaranteed a race tech tee, personalized racing bib, Custom tattoos, silicone custom swim cap and race visor.

The swim is in a heated 25 meter pool, safe bike course secured by police, sidewalk run course. Great for beginners! If your child needs coaching or practice, we offer coaching and clinics.

**To Register or to view bike & run routes:**

**Fairfieldtriathlon.org**

**[www.active.com/cypress-tx/triathlon/races/fairfield-kids-triathlon-2016](http://www.active.com/cypress-tx/triathlon/races/fairfield-kids-triathlon-2016)**

1st, 2nd, 3rd Place Awards given for all ages 5 - 14 yrs

Check-In Time: 11:30am, Race Starts: 12:30pm Awards/Prize Drawing at 2pm

To Sponsor, volunteer or for information Email: [mbyrne9961@aol.com](mailto:mbyrne9961@aol.com) or call (832)594-7656 ASAP! Training Group & Clinics Sept 25 & Oct 2, 9 & 16



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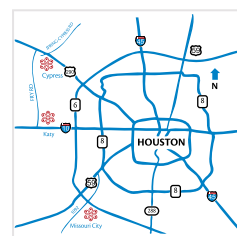
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# FAIRFIELD TRIATHLON

300 METER POOL SWIM | 10 MILE BIKE | 3.1 MILE RUN

BENEFITTING PHRED'S PLACE, TEAM TIARA, OMS LIFE & GULF COAST LUPUS FOUNDATION

**SUNDAY, OCTOBER 23, 2016**

*Heated 25 meter outdoor pool/ Fast, flat bike, 1 U-turn/ Scenic Run*

**Location: Fairfield Athletic Club, 16055 Mason Road, 290/Mason Road**

Check-In Time: 7:30am, Race Start: 8:30am &  
Awards/Prize Drawings at 10:30am  
REGISTER EARLY, SAVE\$\$

(Ind)\$85 Relays \$150 per team

[www.active.com/cypress-tx/triathlon/races/fairfield-sprint-triathlon-300m-10m-5k-2016](http://www.active.com/cypress-tx/triathlon/races/fairfield-sprint-triathlon-300m-10m-5k-2016)

Individual Divisions by Age and Relay Team Entries  
(Men, Women & Youth)

To Register or to view bike & run routes,  
[Fairfieldtriathlon.org](http://Fairfieldtriathlon.org)

**RACE MORNING CHILD CARE: 7:30AM – 11:30AM, Cost: \$25 per child**

**To Sponsor, volunteer or for information, Email: [mbyrne9961@aol.com](mailto:mbyrne9961@aol.com) or call (832)594-7656**

Bring a new teddy bear to packet pick up or race day!

Swim Clinic, Bike Clinic and Tri Clinic all available for Pre-register \$20 each or all 4 clinics for \$49  
Triathlon Training Group, Sept. 25, Oct. 2, 9 & 16 Swim, Bike & Run PLUS all 3 Clinics Cost: \$49

# FAIRFIELD AQUA BIKE

300 METER SWIM | 10 MILE BIKE

BENEFITTING PHRED'S PLACE, TEAM TIARA, OMS LIFE & GULF COAST LUPUS FOUNDATION

**SUNDAY, OCTOBER 23, 2016**

Heated 25 meter outdoor pool, Fast, Flat Bike, 1 U-turn

**Location: Fairfield Athletic Club, 16055 Mason Road, 290/Mason Road**

Check-In Time: 7:30am, Refreshments: 9:30am &  
Awards/Prize Drawings: 10:30am

Early Bird SAVE\$\$ REGISTRATION COST: (Ind)\$85  
(Relays) \$150 per team

FAIRFIELD AQUA BIKE, 300 meter swim, 10 MILE BIKE,  
NO RUN!

<http://www.active.com/cypress-tx/triathlon/races/fairfield-aqua-bike-2016>

Individual Divisions by Age and Relay Team Entries (Men, Women & Youth)

To Volunteer, Sponsor or for more info: [Fairfieldtriathlon.org](http://Fairfieldtriathlon.org)  
AWARDS 3 DEEP IN EACH AGE DIVISION, MALE, FEMALE & RELAYS

**RACE MORNING CHILD CARE: 7:30AM – 11:30AM, Cost: \$25 per child**

**To Sponsor, volunteer or for information, Email: [mbyrne9961@aol.com](mailto:mbyrne9961@aol.com) or call (832)594-7656**

Bring a new teddy bear to packet pick up or race day!

Swim Clinic, Bike Clinic and Transition Clinic all available for Pre-register: \$20 each or all 3 clinics for \$45  
Triathlon Training Group, Sept. 25, October 2 & 16, Run, Bike PLUS all 3 Clinics, Cost: \$45

Location: Fairfield Athletic Club-pool side, Time: 2pm | Coaches will help you take Your Race to the Next Level



# FAIRFIELD KIDS TRIATHLON

BENEFITTING PHRED'S PLACE, TEAM TIARA, OMS LIFE & GULF COAST LUPUS FOUNDATION

POOL SWIM . BIKE . RUN

**SUNDAY, OCTOBER 23, 2016**

Location: Fairfield Athletic Club, 16055 Mason Road, 290/Mason  
Heated 25 Meter Outdoor Pool, Secure Bike Course, Sidewalk Run  
Check-In Time: 11:30am, Race Starts: 12:30pm Awards/Prize Drawing at 1:30pm  
Registration Cost-\$40

Individual Divisions by Age (5 yrs. -14 yrs) USAT Age as of 12/31/16

To Register or to view bike & run routes: [Fairfieldtriathlon.org](http://Fairfieldtriathlon.org)  
[www.active.com/cypress-tx/triathlon/races/fairfield-kids-triathlon-2016](http://www.active.com/cypress-tx/triathlon/races/fairfield-kids-triathlon-2016)

Bring a new teddy  
bear to packet pick  
up or race day!

To Sponsor, Volunteer or for information, email: [mbyrne9961@aol.com](mailto:mbyrne9961@aol.com) or call  
832.594.7656 ASAP! Training Group & Clinics Sept 25 & Oct 2, 9 & 16

AGE	SWIM	BIKE	RUN
5-6 years	25 meters	1 mile	1/2 mile
7-11 years	50 meters	2 miles	3/4 mile
12-14 years	100 meters	3 miles	1 mile

First, Second and Third Place awards given for all ages 5-14 years

# FAIRFIELD DUATHLON

BENEFITTING PHRED'S PLACE, TEAM TIARA, OMS LIFE & GULF COAST LUPUS FOUNDATION

1 MILE RUN | 10 MILE BIKE | 3.1 MILE RUN

**SUNDAY, OCTOBER 23, 2016**

Scenic Lake Run, Fast Bike, 1 U-turn

Location: Fairfield Athletic Club, 16055 Mason Road, 290/Mason Road  
Check-In Time: 7:30am, Refreshments: 9:30am & Awards/Prize Drawings: 10:30am  
Early Bird SAVE\$\$ REGISTRATION COST: (Ind)\$85 (Relays) \$150 per team  
FAIRFIELD DUATHLON, 1 MILE RUN, 10 MILE BIKE, 3.1 RUN  
<http://www.active.com/cypress-tx/duathlon/races/fairfield-duathlon-2016>  
Individual Divisions by Age and Relay Team Entries (Men, Women & Youth)

RSVP for Clinics or Training Group: 832-594-7656 or [mbyrne9961@aol.com](mailto:mbyrne9961@aol.com)

RACE DAY CHILDCARE AVAILABLE: 7:30AM - 11:30AM, Ages: 4-12yrs., Cost: \$25 per child

Run Clinic, Bike Clinic and Transition Clinic all available for Pre-register: \$20 each or all 3 clinics for \$45  
Triathlon Training Group, October 2, 9 & 16, Run, Bike & Run PLUS all 3 Clinics, Cost: \$45  
Location: Fairfield Athletic Club-pool side, Time: 2pm | Coaches will help you take Your Race to the Next Level

Bring a new teddy  
bear to packet pick  
up or race day!

To Sponsor, Volunteer or for information, email: [mbyrne9961@aol.com](mailto:mbyrne9961@aol.com) or call 832.594.7656  
ASAP! Training Group & Clinics September 26 and October 3, 10 & 17

## Sports Section

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### AHFC Junior Hurricanes (JHSL) Registration Now For Fall 2016 Open

The Junior Hurricanes Soccer League (JHSL) is led by professional United States Soccer Federation (USSF) licensed staff and is designed for boys & girls who want to play and have fun in a safe and developmentally appropriate environment. The JHSL program is being offered at multiple locations and in conjunction with CFSA at the Schiel Road Complex. To learn more about each location and to register please visit [www.albionhurricanes.org](http://www.albionhurricanes.org).

For those wishing only to train, join us in Katy for AHFC Friday Night Academy. Visit Katy Youth Soccer to register for this Friday Fun Program.

Email us at [jhsl@albionhurricanes.org](mailto:jhsl@albionhurricanes.org) for more information or questions.

Office Phone: 713-939-7473

Come Join The Fun!

### Kids' Running Team's Cross Country Season Starts September 6th

The Northwest Flyers Track Club Youth Cross-Country Team kicks off the fall season with registration and a mandatory orientation for parents and athletes on Tuesday, September 6, 2016, at 7:00 p.m. at Cypress Creek High School, 9815 Grant Rd., Houston. Registration starts online September 1 at [www.northwestflyers.org](http://www.northwestflyers.org). Practices are held at the Cypress Creek YMCA and Spring Creek Park in Tomball.

The Northwest Flyers Track Club is a member program of USA Track and Field (USATF), the national governing body for track and cross country. The club is celebrating its 30th year in the northwest Houston area. Ages 6 - 18 may participate in the team, and both beginners and experienced runners are welcome. Middle school and high school cross country athletes can also register, but should compete after their cross country season is over.

For more information contact Coach Eric Wentworth at [emw185@gmail.com](mailto:emw185@gmail.com) or 281-961-6603. Visit [www.northwestflyers.org](http://www.northwestflyers.org) to get updates and learn more about the team.



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August is in full swing and the beginning of the school year is quickly approaching which means schedules are looking busier for the family. We want to wish all students, faculty, and parents a wonderful school year! Please use the below to have a nice family outing without the hassle of cooking!

## Kids Eat Free

### MONDAY

#### Alicia's Mexican Grill

26326 N.W. Fwy.  
Kids 9 and under on Monday. Dine in only.

#### Candelari's Pizzeria

25680 N.W. Fwy.  
Free children's meal with adult purchase Monday through Wednesday all day. Dine-in only.

#### Del Pueblo Mexican Restaurant

13235 Jones Rd., Houston  
Kids 10 and under on Mon. and Tues. from 4 p.m. to close. One kid per adult entree. Drink not included.

#### French Quarter Cajun Seafood

7099 Hwy. 6 N., Houston  
Children 10 and under eat free Monday through Thursday 4 to 9 p.m.

#### Luby's Cafeteria

25660 N.W. Fwy.  
Children 10 and under after on Monday and Wednesday after 4 p.m. and Saturdays after 11 a.m.

#### Tacoland

22224 N.W. Fwy.  
Kids 10 and under Mon. through Sat. from 6 to 8 p.m., and on Sun. from 12—2 p.m.

### TUESDAY

#### Boudreaux's Cajun Kitchen

17595 Tomball Pkwy., Houston

Children 12 and under all day. Dine-in only.

#### Del Pueblo Mexican Restaurant

13235 Jones Rd., Houston  
Kids 10 and under on Mon. and Tues. from 4 p.m. to close. One kid per adult entree. Drink not included.

#### Denny's

13031 FM 1960 W., Houston  
Children 10 and under eat free on Tuesdays and Saturdays 4 to 10 p.m.

#### Rockwell Grill

12640 Telge Rd.  
All day, must purchase an adult meal.

#### Smashburger

17747 Hwy. 249, Houston  
Kids 12 and under from 4 to 9 p.m. with purchase of adult entree. Dine-in only.

### WEDNESDAY

#### The Backyard Grill

9453 Jones Rd., Jersey Village  
Children 12 and under 4 to 9 p.m. with the purchase of an adult entree.

#### Candelari's Pizzeria

25680 N.W. Fwy.  
Children 12 and under Monday through Wednesday. Dine-in only.

### Cattfish Station

9522 Huffmeister  
Children 12 and under. Dine in only.

#### French Quarter Cajun Seafood

7099 Hwy. 6 N., Houston  
Children 10 and under Monday through Thursday 4 to 9 p.m.

#### Luby's Cafeteria

25660 N.W. Fwy.  
Children 10 and under after 4 p.m. on Monday and Wednesday after 4 p.m. and Saturdays after 11 a.m.

### THURSDAY

#### French Quarter Cajun Seafood

7099 Hwy. 6 N., Houston  
Children 10 and under Monday through Thursday 4 to 9 p.m.

#### It's

18355 Tomball Pkwy., Houston  
Children ages 4 through 12 receive a free buffet all day.

### SATURDAY

#### The Backyard Grill

9453 Jones Rd., Jersey Village  
Children receive a free breakfast with the purchase of an adult entree 9 a.m. to 12 p.m.

#### Luby's Cafeteria

25660 N.W. Fwy.

Children 10 and under on Mondays and Wednesdays after 4 p.m. and Saturdays after 11 a.m.

### SUNDAY

#### Tacoland

22224 N.W. Fwy.  
Kids 10 and under Mon. through Sat. from 6 to 8 p.m., and on Sun. from 12 to 2 p.m.

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# From FirstService Residential

## FAIRFIELD RESIDENTS

All neighborhood and community association documents are accessible on the website:

**FAIRFIELDVILLAGE.ORG**

You will need your Fairfield Village ca acct number to log in.  
Once in, you can view the following documents:

**FINANCIALS  
GOVERNING DOCUMENTS  
MINUTES  
AGENDAS**

If you need your account number or would like a copy of any of these documents please contact:

**Jennifer Sailer**  
**Fairfield Resident Relations**  
**713-332-4763**  
or  
**Jennifer.sailer@fsresidential.com**

## CONSTABLE'S REPORT

Harris County Precinct 4  
Fairfield Village Community Association

**Burglary Habitation: 1**  
**Burglary Vehicle: 16**  
**Theft Habitation: 3**  
**Theft Vehicle: 3**  
**Theft Other: 11**  
**Robbery: 1**  
**Assault: 0**  
**Sexual Assault: 0**  
**Criminal Mischief: 1**  
**Disturbance Family: 2**  
**Disturbance Juvenile: 2**  
**Disturbance Other: 23**  
**Alarms: 79**  
**Suspicious Vehicles: 28**  
**Suspicious Persons: 19**  
**Runaways: 0**  
**Phone Harassment: 2**  
**Other Calls: 115**

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## CRIMSON CADETTES DRILL TEAM DANCE CLINIC

The Cy-Woods Crimson Cadettes Drill Team will host their 11th annual dance clinic for

K-12th grade students from 9:00 a.m. to 1:00 p.m. on October 15th, 2016. Participants will learn dance technique from Crimson Cadette team members! Registration includes specially choreographed routines for each age group, a t-shirt, drink and snack. Showoffs Performance will be held at 12:30 p.m. in the Main Gym. Please register by October 3rd to get the pre-registration price of \$40.

This is a major fund-raiser for the Cadettes and enables them to participate in activities throughout the 2016-2017 school year.

For more information email [kat1964@comcast.net](mailto:kat1964@comcast.net) or check out our website at [www.crimsoncadettes.com](http://www.crimsoncadettes.com), where you will find a sign-up form and a link to PayPal for easy payment.

**Crimson Cadette Dance Clinic**  
**October 15, 2016**  
**9:00 – 1:00**  
**Cypress Woods High School**

## KEY CLUBBERS WANTED

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Key Club is a global high school organization unlike any other that changes the community around you one good deed at a time. We are the ones who give a helping hand when others struggle. We volunteer to help others and prove that we can depend on our community when one needs assistance. We volunteer not only to make others smile but also place a smile upon our own faces knowing that we are making a difference. As the famous saying goes, "Kindness never hurt anyone."

If you are interested in this incredible club for a life changing experience, please feel free to come to our meeting on Monday, September 5th before or after school in the teaching theater. Don't miss a chance to make an impact on your community.



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**Sandra Harris, DVM**  
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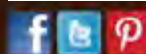
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# CY WOODS THEATRE

The Cypress Woods Theatre Company is excited to kick off their 2016-17 season with the play Terra Nova by Ted Tally. Drawn from the real life journals and letters found on the frozen body of Captain Scott, Terra Nova tells the story of a race to the South Pole and the struggles the team endures.

**CWTC will present Terra Nova by Ted Tally on:**  
**Thursday, Sept. 22 at 7:00 p.m.**  
**Friday, Sept. 23 at 7:00 p.m.**  
**Saturday, Sept 24 at 2:00 p.m. and 7:00 p.m.**

All shows will be presented at the Cypress Woods High School Drama Studio.

**Tickets can be purchased at the door or at:**  
**[www.showtix4u.com](http://www.showtix4u.com)**



The Robison Elementary School PTO will be hosting a Family Fun Fair & Silent Auction on Friday, October 14, 2016 from 5:00 pm to 9:00 pm on the Robison Elementary fields. The event is open to the public and will be a fun time for all ages. Complete with boardwalk games, cake walks, food and more, you won't want to miss! Bring all the kids and come join in the fun, mark your calendars now!

**ROCKETFEST Family Fun Fair & Silent Auction**  
**Friday, October 14, 2016**  
**5:00 – 9:00 pm**  
**Robison Elementary School**  
**17100 Robison Woods Rd. Cypress, TX 77429**

Wristbands will be \$30 at the door for unlimited boardwalk games. Separate charges will apply for the adventure activities, food and show. All proceeds will benefit the Robison Elementary PTO.

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# STAR Board of Cy-Ranch Theatre

The SUPPORTING THEATRE AT CY-RANCH BOARD (STAR) is thrilled to announce the major accomplishments of the award winning season of our Ranch Theatre Company for the 2015-2016 school year.

Last fall our students brought Chitty Chitty Bang Bang to life and received 11 Tommy Tune nominations including best musical, best choreography & best direction.

Our UIL one act play "Haymarket Eight" ranked in the top 28 UIL 6A One Act Plays in Texas. One student's film won 2nd place at state for UIL and another student was also named a state finalist in UIL costume design.

In addition after the Cy-Ranch Thespian troupe competed at the state competition, 34 of our thespian students advanced to the national level competition in the following events and all received superior ratings. Two of our students won first place in their area: Technical Theatre – Sound Design – Cole Andrews; National Music Works Playwriting– Ryan Simon; our Solo Musical students, Group Acting and Group Musical all earned top scores with Superior Rankings. Students attending the national competition were

encouraged to audition for the Music Works Workshop and one of our CyRanch students, Brock Burnett was selected to participate and perform on the MainStage as the lead for National award winning musical, Chrysalis. Students auditioned and one of our CyRanch Comedy Sportz students, Ross Strickland, was selected for the Improv intensive with a culminating performance. We also had several students audition for colleges with a large number of callbacks increasing opportunities for admissions.

This year looks to be even more promising with a very exciting fall line up including the powerful true drama from the Vietnam War, A Piece of My Heart on the main stage September 29th - October 1st and the highly entertaining, romantic comedy Hello Dolly running November 10th - 13th check out the Cy-Ranch Theatre website for tickets going on sell soon: <http://cyranchtheatre.org/>

Once the curtain is UP you'll forget you are even in a High School theatre and be transported to a wonderful world of imagination and artistry. We hope to see you this fall for our most exciting season to date.

*(Continued on Page 31)*



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(Continued from Page 30)

Picture is from the National Thespian Competition in Lincoln, Nebraska June, 2016. Pictured below are our award winning Thespian Company members:



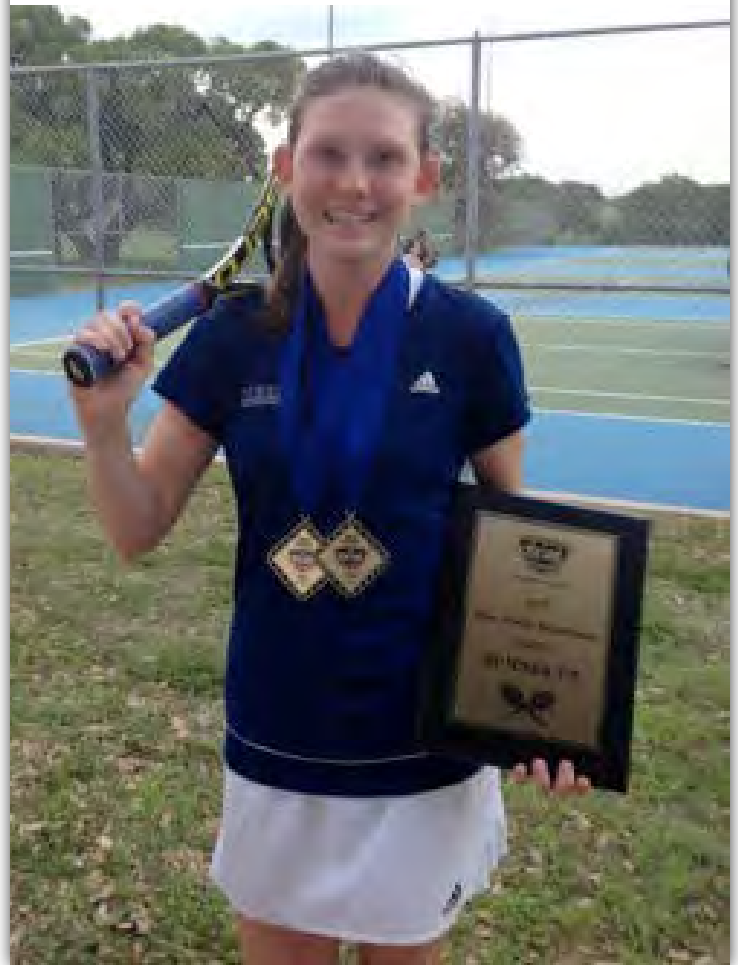
Melanie Anderson, Cole Andrews, Sarah Bartholomew, Brett Bellamy, Brock Burnett, Jackie Casby, Emily Deragon, Grant Deyoe, Joshua Edwards, Mallory Fondren, Max Foster, Jazzlyn Gonzalez, Emily Hayes, Hailey Hughes, Brianna Hyman, Chance Jarvis, Corey Jennings, Taylor Jerding, Miranda Lara, Carson Leonard, Haiden Maples, Lexie Martin, Liam McGarity, Jose Mogollon, Brendan Morrow, Morgan Simon, Ryan Simon, Micah Smith, Kendall Streets, Ross Strickland, Mark Waddell, Abigail Weeks, Grace Whaley, Caleb Wyrick, Cole Yates.

## TEXAS CHRISTIAN HIGH SCHOOL ATHLETIC & ACADEMIC CHAMPION

Class of 2016 graduate, Elisa Kendall, was this year's salutatorian and has been a student at Texas Christian since she was in the 1st grade. Elisa's dedication was evident both inside and outside of the classroom as she came home with the TCAL Singles State Championship, making her a 4 Time State Champion.

Elisa strives to perfect her talent and it shines through in all the tennis tournaments she wins and the sportsmanship she displays. Elisa signed with East Texas Baptist University and is looking forward to the next part of her journey. You can view her accomplishments on [www.tennisrecruiting.net/player/highlights.asp?id=753090](http://www.tennisrecruiting.net/player/highlights.asp?id=753090).

She has grown into a stunning young woman of Godly character who uses her talents for the Lord, and TCHS could not be more proud of her. Way to go Tiger!!!



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# Business Section



## September Meeting

The Cypress-Tomball Democrats monthly meeting for the month of September will be held on Tuesday, September 20th 2016, at Rudy's Grill & Cantina, 11760 Grant Rd., Cypress, TX 77429, from 6:30 p.m. to 8:00 p.m.

Everybody is welcome to attend the meeting and to join this growing club, which meets on the third Tuesday of every month. The meetings foster great fellowship and feature informative guest speakers. For further information, visit the website [www.cytomdems.com](http://www.cytomdems.com); contact Cris Hernandez at [cytomdems@yahoo.com](mailto:cytomdems@yahoo.com); Follow us on Facebook at Cypress-Tomball Democrats.

## Cypress Texas Tea Party

The next meetings of the Cypress Texas Tea Party will be on:

Saturday, September 17, 2016 NOON - 2:00 PM

- Charles Blain, Empower Texans

Saturday, October 8, 2016 NOON - 2:00 PM

- Renee McGee, Judge, 337th District Court

- Debra Ibarra Mayfield, Judge, 165th District Court

The Cypress Texas Tea Party meets every three weeks on Saturday, Noon until 2:00 PM at:

Spring Creek BBQ

25831 Northwest Freeway

Cypress, Texas 77429

Map: <http://goo.gl/maps/OoNjY>

A schedule of our meetings and confirmed speakers can be found at our website, [www.cypressstexasteaparty.org](http://www.cypressstexasteaparty.org)



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# “New Developments in Lung Cancer Diagnosis and Treatment”



At the September 22 Cy-Fair Express Network Luncheon, Assistant Professor, Department of Thoracic and Cardiovascular Surgery, Division of Surgery, UT MD Anderson Cancer Center, Dr. Boris Sepesi will share valuable information regarding advancements in cancer treatment.

Dr. Boris Sepesi is an assistant professor in the Department of Thoracic and Cardiovascular Surgery at the University of Texas MD Anderson Cancer Center.

Dr. Sepesi was born in former Czechoslovakia and earned his medical degree with honors from Jagiellonian University Medical College in Krakow, Poland. He completed internship and residency in general surgery at the University of Rochester Medical Center in Rochester, New York, where he also spent a year as a research fellow studying clinical outcomes of esophageal cancer therapies and other esophageal diseases. He then completed a clinical fellowship in cardiothoracic surgery at MD Anderson Cancer Center/Methodist training program, where he mainly focused on the treatment and multidisciplinary management of patients with complex thoracic oncological diagnoses (lung cancer, esophageal cancer, mesothelioma, mediastinal and chest wall tumors). At MD Anderson, he has also served as chief administrative resident.

Dr. Sepesi is certified by the American Board of Surgery and the American Board of Thoracic Surgery.

This month's CYFEN meeting begins with networking at 11 a.m. followed with a prompt 11:30 a.m. start of the program. Luncheons are held at the Sterling Country Club, 16500 Houston National Blvd.

About Cy-Fair Express Network (CYFEN)

Now over 60 members strong, Cy-Fair Express Network's vision is to be a community and national leader for the support of professional women by providing a nurturing environment for business development, networking, education and mentoring. Our members have opportunities to pursue excellence and achieve both local and national recognition. CYFEN is part of the national organization of American Business Women's Association (ABWA), for more information go to [www.CYFEN.org](http://www.CYFEN.org).

About American Business Women's Association (ABWA)

Founded in 1949, ABWA provides business training and networking opportunities for women of diverse occupations and backgrounds. ABWA has dedicated 60 years to women's education, workplace skills and career development training. For more information, visit, [www.abwa.org](http://www.abwa.org).

## Luncheon Details

Thursday, September 22, 2016

Networking 11 a.m.; Luncheon begins at 11:30 a.m.

Sterling Country Club, 16500 Houston National Blvd., Houston, TX 77095

Costs \$25 with advanced reservations; \$30 at the door

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# News You Can Use

## Memorial Hermann Earns American Hospital Association Awards for Commitment to Quality, Innovation in Palliative Care and Improving Community Health

*Only Houston Health System to be recognized at the AHA Leadership Summit*

In a rare accomplishment for a U.S. health system, Memorial Hermann was nationally recognized for awards in multiple categories by the American Hospital Association (AHA) – notably for its commitment to quality, employing innovation in palliative and end-of-life care and for improving community health. Memorial Hermann will be the only Houston health system recognized at the Health Forum/AHA Leadership Summit in San Diego July 17-19.

Earning 2016 AHA honors were: Memorial Hermann Greater Heights Hospital - finalist for the 2016 American Hospital Association-McKesson Quest for Quality Prize® for their leadership and innovation in quality improvement and safety; the Memorial Hermann Community Benefit Corporation Mobile Dental Program – presented the AHA's NOVA Award for its efforts to improve community health; and the Memorial Hermann Physician Network and Symptom Management Consultants, the recipient of the AHA's Circle of Life Citation of Honor for utilizing innovation in palliative and end-of-life care.

"This type of national recognition by the American Hospital Association is a testament to the visionary leadership at Memorial Hermann and the dedicated and collective efforts of staff and

physicians to deliver great care daily to the Houston community," said Dr. Benjamin K. Chu, president and CEO, Memorial Hermann Health System. "It truly demonstrates how our innovative programs are comprehensively serving the community with high quality and safe patient care at our hospitals, employing compassion in end-of-life care and decisions, and helping those most in need with our mobile dental program. All Memorial Hermann employees and physicians should be extremely proud of this wonderful milestone that few systems in the United States have or will achieve."

Memorial Hermann Greater Heights Hospital – McKesson Quest for Quality Prize® Finalist

- At the hospital level, Memorial Hermann Greater Heights was the only Houston hospital to earn recognition as an AHA McKesson Quest for Quality finalist attaining that distinction by demonstrating a tireless "organizational commitment to and progress in achieving quality, safety and effective, efficient, timely and patient-centered care" – the criteria required to be met to even be considered for the award.

"I am so very proud that Greater Heights was selected as a finalist

*(Continued on Page 35)*

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(Continued from Page 34)

for the 2016 McKesson Quest for Quality Award,” said Susan Jadowski, Sr. Vice President & CEO, Memorial Hermann Greater Heights. “We have worked diligently to foster a culture of safety so that every family that leaves a loved one in our care can feel secure in the knowing that their care is the most important thing to us. Our staff is dedicated to our mission of causing zero harm to our patients. We work daily to encourage it and our staff fully embraces the goal to be the safest hospital not only in the Greater Heights community, but in the Houston region.”

Rick Pollack, AHA's president and CEO, applauded McKesson Quest for Quality Award winners and finalists saying: “These hospitals have made remarkable strides in the quality of their patient care and they did so because they were committed to excellence. The entire hospital field can learn from the lessons demonstrated by the hard work of these hospitals, their boards and employees.”

Memorial Hermann Mobile Dental Program – AHA's NOVA Award

- The Mobile Dental Program added to the accolades for Memorial Hermann by earning the AHA's NOVA Award – an honor that recognizes hospitals and health systems for their collaborative efforts toward improving community health.

An integral component of the Memorial Hermann Health Centers for Schools clinics, the Mobile Dental Program has served as the “dental home” for uninsured and underinsured students in the greater Houston region since 2000. The program now has expanded to three 40-foot vans that rotate between 10 school-based clinics located in five school districts – Houston ISD, Aldine ISD, Pasadena ISD, Fort Bend ISD and Lamar Consolidated ISD. The program provides a full complement of preventive and restorative dental care at no cost, and is accessible year round to families.

“This award is great recognition for a program that serves an incredible need in our community,” said Carol Paret, Sr. Vice President and Chief Community Health Officer for Memorial Hermann Health System and the CEO of Memorial Hermann Community Benefit Corporation. “Its primary goal has been to serve as a safety net for children in need of regular dental care as well as to educate them and their parents about oral health. It has made a difference in the lives of many students in measurable and immeasurable ways. It serves our mission to help people who otherwise wouldn't have access to health care, particularly children.”

AHA President and CEO Rick Pollack said of 2016 AHA NOVA winners exemplified the hospitals collaborative in the community to “offer the most to those in need beyond the walls of their buildings. The programs recognized by the AHA NOVA award inspire us all with their collaborative, caring approach to improving community health and wellness.”

Memorial Hermann Physician Network and Symptom Management Consultants - Circle of Life Award™: Citation of Honor

- The Memorial Hermann Physician Network and Symptom Management Consultants program was recognized by the AHA with a Citation of Honor for the 2016 Circle of Life Award™ celebrating innovation in palliative and end-of-life care. Memorial Hermann's program was recognized for its “integrated partnerships, including academic settings and community hospices as well as collaborative

leadership efforts in improving quality of care.”

“We are very humbled by this recognition,” said Dr. Sandra Gomez, Medical Director of Supportive Medicine at The Memorial Hermann Physician Network (MHMD). “We have worked hard to educate our patients and their families about palliative and end-of-life care – what it is and isn't – with the primary goal being to improve the quality of life for both patients and their families. We use a team approach to care which addresses the unique needs of each patient in order to optimize the delivery of care and improve the management of the patient's symptoms, pain, and the stress associated with their illness. This approach is what distinguishes our program, and we are honored to be cited by the American Hospital Association for our work to bring innovation and thoughtfulness to end-of-life care.”

Circle of Life Award™ nominations were reviewed and site-visited by a selection committee that included leaders from medicine, nursing, social work and health administration. The Circle of Life Award™ honors palliative programs that among other criteria:

- Serve people with life-limiting illness, their families and their communities.
- Demonstrate effective, patient/family-centered, timely, safe, efficient and equitable palliative and end-of-life care.
- Use innovative approaches to meeting critical needs and serve as sustainable, replicable models for a segment of the field.
- Use innovative approaches to reach traditionally marginalized populations.



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### Cy-Fair Republican Women

Tuesday, September 13th is our General Meeting at 10:30 AM - Noon. (Second Tuesday each month) Meeting is \$3 -- Meeting w/ Lunch at Noon is \$20. Hearthstone Country Club, 7615 Ameswood, Houston, TX 77095

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# In Every Issue

## Recipe from the Kitchen

Hello, everyone. Chef Marty here with a fantastic dressing or marinade (works best with shrimp in my opinion) recipe that many of you got to sample during last month's Grape Stomper's Wine Dinner. By popular demand, I will now share it with you all! Enjoy...

**Yield: appx 2 cups**

- 2 tablespoon lime zest
- ¼ cup lime juice
- ¼ cup brown sugar, packed
- ¼ cup ginger, peeled and grated
- ½ cup green onion, chopped, white parts and some green
- 1 cup cilantro leaves, packed
- 1 tsp nutmeg, fresh grated
- ¼ cup honey
- 1 teaspoon balsamic vinegar
- 1 teaspoon Tabasco
- ¼ cup olive oil
- 6 ancho chiles, seeded and cut into strips

1. Place the lime zest and juice, brown sugar, ginger, green onions, cilantro, nutmeg, honey, vinegar, and Tabasco in a food processor or blender and process until smooth.

2. With the machine still running, slowly pour in the olive oil through the feed tube in a steady stream. Turn off the machine and stir in the ancho chiles. Transfer dressing into a tightly covered container and refrigerate. Will keep for up to 5 days.

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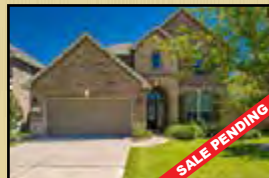
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14714 E Red Bayberry Ct,  
4/2.5/2, 2969 SqFt, \$279,900



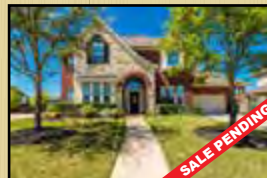
20402 Concord Hill Dr, 3/2/2,  
1916 SqFt, \$185,000



20207 Prim Pine Ct, 4/3.5/3,  
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16803 N Swirling Cloud Ct,  
4/3.5/3, 4162 SqFt, \$424,900



21814 W Firemist Ct, 4/3.5/2,  
4446 SqFt, \$425,000



16527 W Blue Hyacinth,  
4/2.5/2, 3239 SqFt, \$315,000



14802 Orange Bloom Ct, 4/3.5/2,  
3086 SqFt, \$274,900

## Dawn Fore's Fairfield Market Report

Neighborhood	1 <sup>st</sup> Quarter Results		
	Sold	\$ per SqFt	DOM
Autumn Park	1	\$97.16	9
Baker's Ridge	2	\$104.10	60
Bluebonnet Glen	2	\$100.43	32
Blue Meadow	2	\$101.36	30
Chappell Ridge	4	\$89.14	51
Cottage Glen	1	\$68.71	2
Estates	2	\$106.38	95
Garden Grove	7	\$95.53	66
Glen	1	\$62.81	95
Inwood Glen	2	\$80.44	84
Inwood Park	8	\$86.50	26
Lake Crest (Patio Homes)	3	\$105.72	21
Lakes/Lake Point	4	\$101.22	71
Crossing/Landing/Reserve	8	\$95.01	47
Meadows/Park/Retreat	4	\$90.38	16
Oaks/Trails	1	\$95.74	40
Silver Crest	2	\$115.07	51
Summer Crossing/Ridge	4	\$97.97	74
Summer Gate	3	\$101.66	21
Travis Point	2	\$96.42	34
Tuscan/Villa Sul Lago	0	—	—

These numbers for resale homes were obtained from the Houston Multiple Listing Service. While we have no reason to doubt the accuracy of this information, we cannot guarantee it. This is not a solicitation of currently listed properties.