



SEPTEMBER 2016

VOLUME 9, ISSUE 9

A Newsletter for the Residents of Legend Oaks II

## September EDITORIAL

*Janet Rourke*

This month's newsletter updates information on new neighbors, fun things to do in Austin in September and October, and information on yoga.

I don't know about you, but I was very depressed when I got the notice that Google Fiber was going to be installed in the neighborhood. I was even more depressed when I walked through the neighborhood and just about every yard has a hole and orange netting. I called (mid-August) to try to find out how much longer we can expect our neighborhood to be torn up.

The contact at Google Fiber said the installation process takes about six months if all goes well. If there are any occurrences of damage or misconduct, the contact number is 1-866-777-7550. If you want to know more about the installation process, go to <https://support.google.com/fiber/answer/6124985?hl=en>.

The contact at ATT said they are pulling all available resources to complete this job as soon as possible. Restoration of property has begun and will continue as areas are finished. The front yard work will be completed first and backyard installation and restoration will follow. They are hoping to have the cable pulled in by the first of September and, if all goes according to plan, the restoration should be completed by mid-September.

Do you have a concern or helpful advice that would be of interest to neighbors? If so, please consider writing an article for the newsletter. The newsletter is submitted to Peel a month in advance, so if you are sending information about an upcoming event, it needs to occur at least two months in the future. Send any articles to Janet Rourke ([janetrourke@sbcglobal.net](mailto:janetrourke@sbcglobal.net)) by the 10th of the month. Thanks for your help!

## WELCOME New Neighbors!

According to the Legend Oaks 2 Homeowners Association, the following new neighbors moved into the neighborhood:

**Christian & Raquel Johnston**

**Mic Zumpano & Kristi Beall-Zumpano**

**Siringo Pass Properties, LLC**

**6040 Bel Fay Lane**

**6734 Poncha Pass**

**8124 Siringo Pass**

*Please welcome these new neighbors to our neighborhood!*

Everything you need to know about the Homeowners Association can be found at <http://hoasites.goodwintx.com/loh/Home.aspx> - bylaws, how to get a pool pass, meeting minutes, payment instructions for HOA dues, architectural change forms...

Want to know what is going on right now in the neighborhood? Subscribe to:

**Legend Oaks 2 Digest** – Email [legendoaksneighbors-subscribe@yahoogroups.com](mailto:legendoaksneighbors-subscribe@yahoogroups.com). In order for your request to be approved, you need to include your street address.

**Nextdoor Legend Oaks 2** – Go to [www.nextdoor.com](http://www.nextdoor.com) and enter your address. You will automatically be subscribed to Legend Oaks 2.



Welcome  
Glad you're here!

---

## NEWSLETTER INFO

---

### NEWSLETTER

Articles .....legendoaks@peelinc.com

### PUBLISHER

Peel, Inc.....www.PEELinc.com, 512-263-9181

Advertising .....advertising@PEELinc.com, 512-263-9181

### ADVERTISING INFORMATION

Please support the businesses that advertise in the Legend Oaks newsletter. Their advertising dollars make it possible for all Legend Oaks II residents to receive the monthly newsletter at no charge. No homeowners association funds are used to produce or mail the newsletters. If you would like to support the newsletter by advertising, please contact our sales office at 512-263-9181 or [advertising@PEELinc.com](mailto:advertising@PEELinc.com). The advertising deadline is the 8th of each month for the following month's newsletter.

---

## APD REPRESENTATIVES

---

### OFFICER JEFFREY BINDER

(covers north of Convict Hill toward William Cannon)

Desk 512.974.4415 / email: [Jeffrey.Binder@austintexas.gov](mailto:Jeffrey.Binder@austintexas.gov)

### OFFICER JOSH VISI

(covers south of Convict Hill toward Slaughter)

Desk 512.974.4260 / email: [Joshua.visi@ci.austin.tx.us](mailto:Joshua.visi@ci.austin.tx.us)

---

## ASSOCIATION CONTACTS

---

### BOARD OF DIRECTORS:

President - Duane Pietsch .....512-431-7467

.....legendoaks2hoa.duane@gmail.com

Secretary - Maria Bergen.....919-230-3248

.....mariablegendoakshoa2@gmail.com

Director - Abigail Norman.....404-403-0550

.....anorman.legendoaks2@gmail.com

### POOL COMMITTEE:

.....poolcommittee.legendoaks2@gmail.com

### RECREATION COMMITTEE:

Suzanne Johnson.....stoprope@gmail.com

### FINANCE COMMITTEE:

Jeffrey Stukuls

Cameron Von Noy

### LANDSCAPING COMMITTEE:

Craig Powell.....craig@powelllandscapedesign.com

### NEWSLETTER COMMITTEE:

Janet Rourke.....janetrourke@sbcglobal.net

*If anyone would like to join a committee, they can contact  
[legendoaks2.nikkatate@gmail.com](mailto:legendoaks2.nikkatate@gmail.com)*

---

## Gentle Exercise – That is good for you?

---

*Janet Rourke*

Hate to exercise and get sweaty? What if I told you there is an exercise you can do and never break a sweat that research has shown can lessen chronic pain; increase flexibility, muscle strength and tone; improve respiration, energy, and vitality; balance your metabolism; reduce your weight; improve cardio and circulatory health; protect you from injury; help you manage stress; and helps create mental clarity and calmness? Would you be interested?

What if I told you this exercise is yoga? (Do you have visions of people in weird positions, balancing on their head?)

There are more than 100 different types of yoga. (When I started, I thought there was only one type of yoga.) There are many yoga classes that are gentle and easy on your body, and yoga instructors that encourage you not to do a position or to come out of a position if it hurts.

Most types of yoga include breathing exercises, meditation, and postures to stretch and flex various muscle groups. Of these 100 types, you can find some that are more aerobic than others and some that do make you sweat. If this makes you happy, go for it. Personally, I stick to the gentle classes. I even go to a class that we lovingly call “naptime” yoga – twice a week! This is a restorative class. The instructor puts us in a comfortable position on the floor and we stay that way for about 15 minutes while he plays the bowls or a gong. After 15 minutes, he moves us into another comfortable position. This goes on for the entire class. Of course, about half the class falls asleep. Even though it doesn't seem like we are doing much, these postures actually help reset our body and the music affects us on a cellular level.

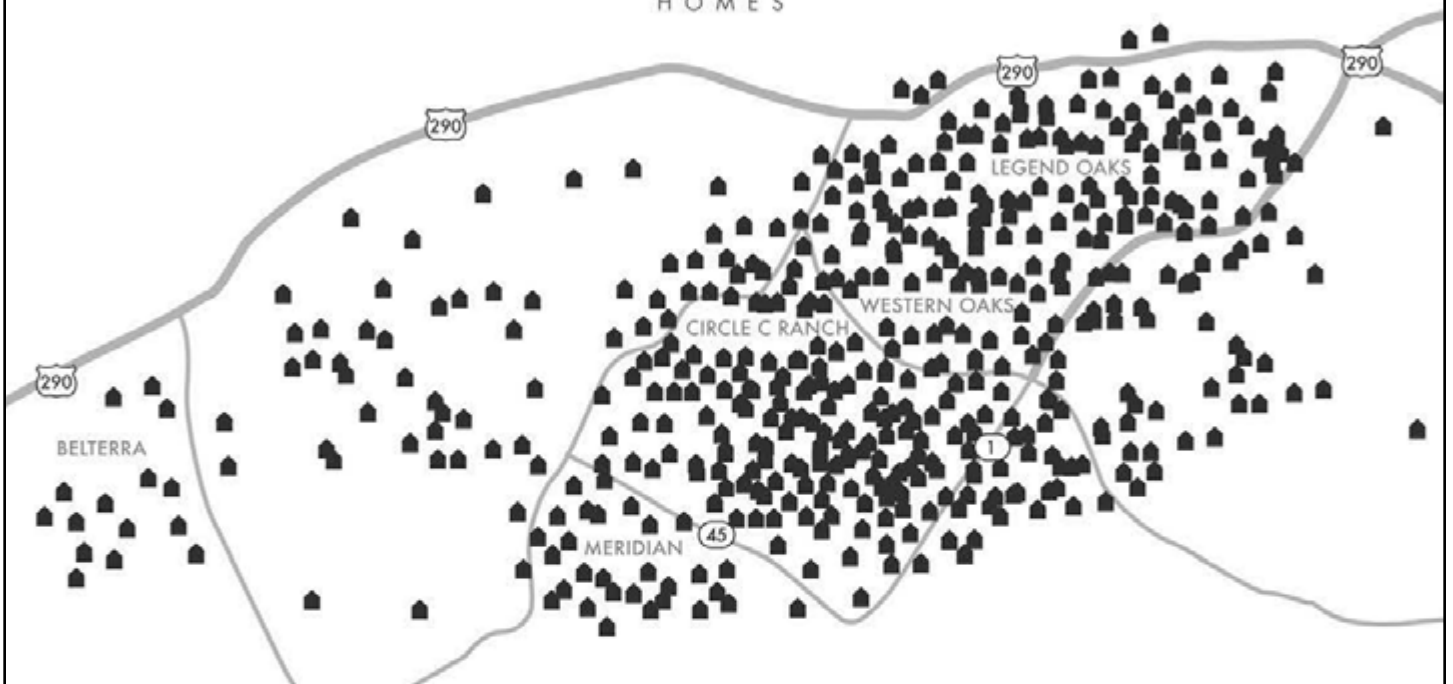
I've been doing yoga for about eight years. When I started out, I had a gut disease. After four months of yoga, I was able to go off medication. I've been in remission ever since. I totally attribute this to the calming benefits of yoga. I've also lost four pant sizes – without dieting (or maybe the manufacturers are just making pants larger).

If you decide to start doing yoga, take some time to check out different classes and different instructors. All yoga classes are not the same. You can get hurt if you don't listen to your body or if you push your body to do a posture that is too advanced. I like going to a studio that has a lot of different instructors. It gives me the opportunity to find classes and instructors that work for me.

Oh, and don't let the word “meditation” freak you out. This just means trying to focus and calm your mind, helping you to destress and relax. In most classes, this occurs at the end of the class. You can actually think about anything you want (who will know if you are planning your dinner menu, making a grocery list, planning weekend activities, ...), but it is so much more beneficial to your mind and body if you don't think about anything at all!



ASHLEY AUSTIN  
HOMES



## ASHLEY SELLS SOUTHWEST AUSTIN

With a powerful system and marketing strategy, customizable to every home, the Ashley Austin Homes team is proven to get the most money for your home in the least amount of time. Ashley's average home listing sells in an average of *six days* for *101%* of the list price! That's the *Ashley Austin Homes difference* and that's why no one has sold more homes in Southwest Austin over the past four years!\*

ASHLEY STUCKI EDGAR

BROKER, REALTOR, CHLMS, CIPS, CRS

512.217.6103

ashley@ashleyaustinhomes.com | www.ashleyaustinhomes.com |  

Austin's Platinum Top 50 Award Winner 2015 – 2016

AIOREP Top 10 Agent for Client Satisfaction in Texas 2015

\*Based on 2012-2016 ABOR data



## FAMILY THINGS TO DO IN AUSTIN

### *September - October*

*From <http://www.austintop50.com/p/top-25-things-to-do-in-fall.html>*

#### **19th Annual Austin Museum Day ([www.AustinMuseums.org](http://www.AustinMuseums.org))**

Sunday, Sept. 18

Admission free

Enjoy free admission to 40 participating museums in Austin.

#### **St. Elias Mediterranean Festival ([everfest.com](http://everfest.com))**

Friday & Saturday, Sept. 23-24

Admission \$5 donation

Celebration of Greek culture with Greek music and dancing, Mediterranean food specialties, marketplace, and fun games and activities for kids.

#### **37th Annual Fall Pecan Street Festival ([pecanstreetfestival.org](http://pecanstreetfestival.org))**

Saturday & Sunday, Sept. 24 - 25

Admission free

Bi-annual arts and crafts festival on 6th street.

#### **Fall Fun Harvest at Sweet Berry Farms, Marble Falls, TX**

([sweetberryfarm.com](http://sweetberryfarm.com))

Sept. 24 – Nov. 6 - Closed Wednesdays

Admission free, but activities cost between \$2.50 and \$7

Pumpkin painting, scarecrow stuffing, hayrides, train, flowers to pick, hay maze, ice cream (pumpkin and other flavors), jumping pillows, ....

#### **Barton Hills Farm Fall Festival and Corn Maze, Bastrop, TX**

([bartonhillfarms.com](http://bartonhillfarms.com))

Weekends Sept. 24 – Nov. 13

Admission \$ 8 ages 3-10; \$11 ages 11 and up, adventure pass is a \$5 upgrade and provides access to rides and jumping pillow (save \$1/ticket if purchase online)

Pumpkin patch, games, jumping pillow, trike track, cow train, grain train, corn maze, vendors, farm animals.

#### **Austin City Limits Festival ([www.aclfestival.com](http://www.aclfestival.com))**

Weekends, Sept. 30 – Oct. 2; Oct. 7-9

Admission – ticket prices vary

Features 130 artists, local eats and wares, free fun for kids...

#### **Bug Night Out at the Lady Bird Johnson Wildflower Center**

Friday, Oct. 7, 6 - 9 pm

Admission free to members

Explore the insects in the Wildflower gardens. Guided flashlight tours. Bring a flashlight.

#### **Boo at the Zoo ([AustinZoo.org](http://AustinZoo.org))**

Friday & Saturday, Oct. 7-8, 14-15, 21-22, 28-29

6:30pm - 9pm

Admission: \$15

Wear a costume, ride the haunted train, explore the haunted house, see animals glow in your flashlight.

#### **Haunted Halloween: Grimm's Ghostly Fairy Tales at Pioneer Farms ([pioneerfarms.org](http://pioneerfarms.org))**

Friday & Saturday, Oct. 7-8, 14-15, 21-22 7-10pm

Admission: \$12

Three spooky trails from Grimm's Fairy Tales – one for young children (funny), one for those who want spooky surprises, and one that is a very scary trail. Spook lights, ghoulish stories, pumpkins, food, drinks, souvenirs, palm readers and fortunetellers.

#### **Texas Renaissance Festival, Todd Mission, TX (50 miles northwest of Houston) ([texrenfest.com](http://texrenfest.com))**

Weekends – Oct. 8 – Nov. 27

Admission \$26 for adults; \$13 for children

55-acre European village with 8 themed weekends. Hundreds of performers, 200 daily performances, food, vendors,...

#### **Fall Family Fun Festival at Crowe's Nest Farm, Manor, TX**

([www.crowesnestfarm.org](http://www.crowesnestfarm.org))

Saturday, Oct. 8, 15, 22, 29; 11 am - 6pm

Hayrides, cow milking, animal shows, faerie garden, pumpkin patch, homemade food and crafts....

#### **Dia de Los Muertos at Fiesta Gardens**

([www.austindiadelosmuertos.com](http://www.austindiadelosmuertos.com))

Saturday, Oct. 15

Admission: \$30

Live music, art, costume contest, food and drink

#### **Texas Clay Festival in New Braunfels**

([www.texasclayfestival.com](http://www.texasclayfestival.com))

Saturday & Sunday, Oct. 22-23

Admission free

Over 60 Texas potters and clay artists. Demonstrations, view and purchase pottery.

#### **Austin Symphony's Halloween Children's Concert**

Sunday, Oct. 23 at 3pm

Admission: \$15 adults; \$10 children

Annual concert featuring "boo-tiful" music for young kids. Entire family invited to dress in costume.

#### **Bob Bullock Spooktacular ([www.thestoryoftexas.com/visit/calendar/spooktacular-20161028](http://www.thestoryoftexas.com/visit/calendar/spooktacular-20161028))**

Friday, Oct. 28, 5-8 pm

Admission \$12 adults; \$8 kids

After hours family-friendly Halloween extravaganza – performances, games, interactive activities, art,... Wear your costume.

# Crickets

Field crickets are a common sight around homes in late summer into autumn. These insects are about 1" long when fully grown. Crickets are dark brown to black with large hind legs used for jumping. They also have two cerci, or appendages that come off the tip of the abdomen. Female crickets have a large sword-like structure, the ovipositor, protruding from the tip of the abdomen. The ovipositor is used to deposit eggs into soil.

Crickets feed on plant material as well as other insects. They are able to cause damage to seedlings and sometimes large populations can be destructive. Large masses of dead crickets around doorways or other areas can be distasteful to view and cause a foul odor.

Field crickets are primarily outdoor insects, but may occasionally venture indoors. When crickets do come indoors, they may bother residents with their chirping. Males chirp to attract a mate creating the sound by rubbing their forewings together.

Cricket management is more easily accomplished in the summer when nymphs, who cannot fly, are present. Unfortunately, this usually isn't when large populations of crickets are discovered.

Before turning to pesticides to manage your cricket problems, try these ideas:

- Turn off outside lights at night or use bulbs that are less attractive to insects
- Seal cracks & crevices where insects can enter with sealant
- Remove debris stacked near the structure
- Keep lawn & surrounding areas mowed
- Stuff weep holes with copper mesh

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at <http://www.urban-ipm.blogspot.com>

The information given herein is for educational purposes only. Reference to commercial products or trade names is made with the understanding that no discrimination is intended and no endorsement by Texas A&M AgriLife Extension Service or the Texas A&M AgriLife Research is implied.

The Texas A&M AgriLife Extension Service provides equal access in its programs, activities, education and employment, without regard to race, color, sex, religion, national origin, disability, age, genetic information, veteran status, sexual orientation or gender identity.



**A GYM TRANSFORMS BODIES.  
THE Y TRANSFORMS LIVES.**

At the Southwest YMCA, you, your friends and family will find more than a gym—you will find a community with a cause. Join us and discover how you and your family can be transformed today!

**the Y** FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**SOUTHWEST FAMILY YMCA**  
6219 Oaklaire Dr & Hwy 290  
512.891.9622 • [AustinYMCA.org](http://AustinYMCA.org)



**AUSTIN TELCO** 512-302-5555  
FEDERAL CREDIT UNION 800-252-1310  
[www.atfcu.org](http://www.atfcu.org)

**Auto Loans**  
New, Used, and Refinance  
**as low as 1.59% APR<sup>1</sup>** Up to 60 Months

Visit our Oak Hill Location:  
6233 W. William Cannon Drive

<sup>1</sup>Annual Percentage Rate. Actual rate may vary depending on credit qualifications. Rates and terms are subject to change without notice. Auto loan rate advertised is our lowest rate for the purchase of a new or used vehicle, or the refinance of an existing loan from another lender. Federally insured by NCUA.



## The Neighborhood Compassion Watch



Alert! We have some compassion sightings!!

We recognize Linda Sorrells and Lou Navarro who work at the West Austin Post Office on Spring Lane. A neighbor submitted a photo of the two of them along with the following comments, "I have seen Linda and Lou take extra time to be helpful and courteous to customers. One day

when I was waiting in line, I observed Linda providing essential mailing details and taking great care to be sure that a customer understood all the mailing options. When it was my turn, I was greeted with a smile and given the same attention. Lou is always patient, knowledgeable, and ready to help. It's wonderful to experience such upbeat and caring attitudes and diligence in providing good service. Thank you Linda and Lou!!"



Insert Photo 1

We recognize Randall's grocery stores. A neighbor submitted a photo and says, "Thank you to Randall's grocery stores for promoting the Animal Kingdom books and trading cards to help children and all of us appreciate nature and the importance of caring for animals and the Earth."

Insert photo 2

We recognize neighborhood compassionate action. A neighbor says, "It was brought to the residents of Tarrytown's attention on a neighborhood app that a family with a child on a feeding tube had an a/c go out and needed a new or used window unit. The neighborhood

quickly rallied and not only did the family receive a brand new window unit, but they also received other financial assistance, i.e.

cash. I think this is a good example of a compassionate neighborhood."

\*\*Let's keep the Compassion Watch going! Tarrytown is off to a good start. Let's all get involved!! Calling all neighborhoods in Austin! Be on the lookout! Send in your discoveries of compassion (caring for others, self, and the Earth) to [compassionateaustin@gmail.com](mailto:compassionateaustin@gmail.com).

Learn more about Compassionate Austin and the Neighborhood Compassion Watch at [www.compassionateaustin.org](http://www.compassionateaustin.org).

### IMPORTANT ANNOUNCEMENT!

NOW's the time to sign up for the Global Unity Games! <http://compassiongames.org/global-unity-games/>. The Games are September 11 through September 21st! You can join in any time during this period. It's simple to do, free, and online. During the Games, pay extra attention to discover and appreciate acts that show caring for others, self, and the Earth (either those you do yourself or those being done by others). Use the Neighborhood Compassion Watch to inspire you! Then post about your experience on the global Compassion Report Map to motivate people around the world. Be an "Agent of Compassion"! Participate as an individual or sign up as a team with your family, neighbors, and community. It's especially important to engage our youth. We grow stronger in what we practice. Let's strengthen compassion in ourselves and our neighborhood!



### The Texas Driver (from the Texas Driver Handbook)

## FLOODS

- Six inches of water will reach the bottom of most passenger cars, causing loss of control and possible stalling.
- Twelve inches of water will float many cars.
- Two feet of water will carry away pick-up trucks, and most other vehicles
- Water across a road may hide a missing segment of roadbed or a missing bridge. Roads weaken under floodwater, get out quickly and move to higher ground. Better yet, when there's water on the road, Turn Around. Don't Drown. Saving your life may be as simple as choosing an alternate route.

The Legend Oaks newsletter is a private publication published by Peel, Inc. It is not sanctioned by any homeowners association or organization, nor is it subject to the approval of any homeowners association or organization, nor is it intended, nor implied to replace any publication that may be published by or on behalf of any homeowners association or organization. At no time will any source be allowed to use The Legend Oaks newsletter contents, or loan said contents, to others in any way, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from Peel, Inc. The information in the newsletter is exclusively for the private use of Peel, Inc.

**DISCLAIMER:** Articles and ads in this newsletter express the opinions of their authors and do not necessarily reflect the opinions of Peel, Inc. or its employees. Peel, Inc. is not responsible for the accuracy of any facts stated in articles submitted by others. The publisher also assumes no responsibility for the advertising content with this publication. All warranties and representations made in the advertising content are solely that of the advertiser and any such claims regarding its content should be taken up with the advertiser.

\* The publisher assumes no liability with regard to its advertisers for misprints or failure to place advertising in this publication except for the actual cost of such advertising.

\* Although every effort is taken to avoid mistakes and/or misprints, the publisher assumes no responsibility for any errors of information or typographical mistakes, except as limited to the cost of advertising as stated above or in the case of misinformation, a printed retraction/correction.

\* Under no circumstances shall the publisher be held liable for incidental or consequential damages, inconvenience, loss of business or services, or any other liabilities from failure to publish, or from failure to publish in a timely manner, except as limited to liabilities stated above.

## NOT AVAILABLE ONLINE



## ENTER TO WIN 4 tickets to SCHLITTERBAHN Water Park!

Simply call our office, give the names of the nearest cross streets where our office is located, and you will be entered into the drawing!

Deadline for ENTRY: September 20th



We accept all Insurances!

5000 Davis Lane, Suite #101  
Austin, Texas 78749

*Providing a full range  
of dental services  
geared towards  
6 months to teens  
Start early start right!*

**CALL TODAY!**

**512.441.6200**  
**www.ATXDentalSpecialists.com**







**PEEL, INC.**

308 Meadowlark St. South  
Lakeway, TX 78734

PRSRT STD  
U.S. POSTAGE  
PAID  
PEEL, INC.

LO

# CELEBRATING 8 YEARS *in Southwest Austin!*



jerseymikes.com



Order online at  
**jerseymikes.com**

4404 W. William Cannon Dr.  
Austin, TX • 512-891-0222

600 E. Ben White Blvd.  
Austin, TX • 512-326-3500

Over 1500 stores open and in development nationwide!

**BUY ANY REGULAR  
& GET THE SECOND REGULAR**

**Half Off!**  
\*of equal or lesser value

OFFER VALID ONLY AT PARTICIPATING LOCATIONS

Hurry! Offer expires 10/15/16. One coupon per person per visit per day. Not to be combined with other offers. No cash value. Redeemable in person only. 1012



**\$14.99 Meal Deal!**  
tax not included

**2 REGULAR SUBS, 2 CHIPS, &  
(2) 22oz FOUNTAIN DRINKS!**

OFFER VALID ONLY AT PARTICIPATING LOCATIONS

Hurry! Offer expires 10/15/16. One coupon per person per visit per day. Not to be combined with other offers. No cash value. Redeemable in person only. 1076



**FREE**

**CHIP & DRINK!**  
WITH ANY SUB PURCHASE

OFFER VALID ONLY AT PARTICIPATING LOCATIONS

Hurry! Offer expires 10/15/16. One coupon per person per visit per day. Not to be combined with other offers. No cash value. Redeemable in person only. 1005



**\$2.00 OFF**

**ANY GIANT SUB!**

OFFER VALID ONLY AT PARTICIPATING LOCATIONS

Hurry! Offer expires 10/15/16. One coupon per person per visit per day. Not to be combined with other offers. No cash value. Redeemable in person only. 1004

