

THE Ranch Review

September 2016
Volume 10, Issue 9

A Newsletter for Riata Ranch Residents

GIRL SCOUTS OF SAN JACINTO COUNCIL COPPER CREEK MEADOWS COMMUNITY

We are gearing up for a new school year full of Girl Scout activities. Be on the lookout for information about our Rally Nights, when we recruit new leaders and form new troops!

Girl Scouting is open to all girls ages 5 (must be in kindergarten) through 17 who are willing to accept the Girl Scout Promise and Law. Programs are geared to specific age levels. Girls may join at any level, and no previous Scouting experience is required.

Some girls with busy schedules may choose to participate as "Juliettes", or individual registered Girl Scouts, and participate in community, regional and Council events.

Girl Scouts of San Jacinto Council offers a variety of special interest groups for older girls, including riding, sailing, back packing, archery, and robotics. We also have several choirs, and the Green Starlettes dance and drill team. A soccer program began last spring and is expected to continue.

Girl Scouts are active girls! Girl Scouts learn new skills, make new friends, and work to make a difference in their communities with a variety of service projects. They also have a lot of fun!

Copper Creek Meadows serves girls in portions of zip codes 77095, 77084 and 77041, in residence areas for the elementary schools listed below. We also serve the corresponding middle and high schools. Home schooled and private school students are always welcome.

Our elementary schools are: Birkes, Fiest, Hairgrove, Horne, Kirk, Lee, Lieder, Lowery, Metcalf, Owens, Tippos, Wilson, St. Elizabeth Ann Seton, Texas Christian School, and Christian Life Center.

Please contact coppercreekmeadowsgirlscouts@gmail.com for more information.

You may also contact Girl Scouts of San Jacinto Council at 713-292-0300, or access the council web site (www.gssjc.org) for more information about the Girl Scout Program and activities.



CUB SCOUT PACK 3 FALL RALLY!

**WEDNESDAY, SEPTEMBER 7, 2016
7:00 PM @ ROBISON ELEMENTARY CAFETERIA
BOYS 1ST - 4TH GRADE**

Cub Scouts provides elementary age boys and their families a wonderful opportunity to explore the world around them, experience the outdoors, learn new things and most of all just have a lot of fun!! Boys interested in Cub Scouts, and families wanting to know what Cub Scouts is all about, Pack 3 will be hosting a Fall Rally on Tuesday, September 13, 2016 at 7:00 pm in the Robison Elementary Cafeteria. Families are welcome to attend! Cub Scout Pack 3, chartered thru the A. Robison Elementary PTO, currently has 50 boys, grades 1-5, who primarily attend A. Robison Elementary School. You are not required to attend Robison Elementary in order to attend this rally or to register with Pack 3. You are also not required to join Pack 3 should you register at this rally and wish to join a Pack at your school. So grab some friends and come see what fun is all about! Start your adventure now, join Cub Scouts!! We hope to see a lot of new faces!

*Yours in Scouting
Cub Scout Pack 3, cypresspack3.org*

IMPORTANT NUMBERS

EMERGENCY

Sheriff.....	713-221-6000
Fire Department.....	281-855-1110
Cy-Fair Medical Center.....	281-890-4285
Memorial City Hospital.....	713-932-3000
Poison Control.....	800-222-1222

SCHOOLS

Cypress Fairbanks ISD.....	281-897-4000
Postma Elementary.....	281-345-3660
Rennell Elementary.....	281-213-1550
Spillane Middle.....	281-216-1645
Cy-Fair High.....	281-897-4600
Cy-Falls High.....	281-856-1000
Cy-Woods High.....	281-213-1800
Cy-Fair College.....	281-290-3200

UTILITIES

HCMUD #196	
Billing.....	281-579-4500
Repairs.....	281-398-8211
Centerpoint Electric.....	713-207-2222
Centerpoint Entex Gas.....	713-659-2111
AT&T/SBC.....	800-464-7928
Comcast Cable/High Speed Internet.....	713-341-1000
Waste Mgt.....	713-686-6666
HOA, SCS Mgt.....	281-463-1777
United States Post Office.....	800-275-8777

LIBRARY

Cy-Fair College Library.....	281-290-3210
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NEWSLETTER INFO

NEWSLETTER

Articles.....	riataranch@peelinc.com
Peel, Inc.....	888-687-6444
Advertising.....	advertising@Peelinc.com

ARTICLE SUBMISSIONS

Do you have an idea or suggestion for the newsletter? Want to submit a photo, article, or both? It's easy!! Email your articles to riataranch@peelinc.com by the 10th of the preceding month. So if you get your ideas in before the deadline, you should see them in the very next month's newsletter.

We are glad to hear all of the positive feedback and we intend to continue to improving the look and feel of the newsletter according to what you tell us. So get as involved as you like! We look forward to hearing from you.

National Night Out is a great opportunity for citizens and law enforcement to partner up against crime.

This year, National Night Out is Tuesday, Oct. 4, 2016, from 7 to 9 p.m.

National Night Out is designed to:

1. Heighten crime and drug prevention awareness
2. Generate support and participation in crime efforts
3. Strengthen neighborhood spirit and police community relations
4. Let criminals know that neighborhoods are organized and fighting back

During the event, residents in neighborhoods throughout Austin and across the nation are asked to turn on their porch lights, lock their doors and spend the evening outside with their neighbors, police officers, firefighters and EMS paramedics. Events such as cookouts, block parties and neighborhood walks will all occur simultaneously throughout the city and nationwide.



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“New Developments in Lung Cancer Diagnosis and Treatment”



At the September 22 Cy-Fair Express Network Luncheon, Assistant Professor, Department of Thoracic and Cardiovascular Surgery, Division of Surgery, UT MD Anderson Cancer Center, Dr. Boris Sepesi will share valuable information regarding advancements in cancer treatment.

Dr. Boris Sepesi is an assistant professor in the Department of Thoracic and Cardiovascular Surgery at the University of Texas MD Anderson Cancer Center.

Dr. Sepesi was born in former Czechoslovakia and earned his medical degree with honors from Jagiellonian University Medical College in Krakow, Poland. He completed internship and residency in general surgery at the University of Rochester Medical Center in Rochester, New York, where he also spent a year as a research fellow studying clinical outcomes of esophageal cancer therapies and other esophageal diseases. He then completed a clinical fellowship in cardiothoracic surgery at MD Anderson Cancer Center/Methodist training program, where he mainly focused on the treatment and multidisciplinary management of patients with complex thoracic oncological diagnoses (lung cancer, esophageal cancer, mesothelioma, mediastinal and chest wall tumors). At MD Anderson, he has also served as chief administrative resident.

Dr. Sepesi is certified by the American Board of Surgery and the American Board of Thoracic Surgery.

This month’s CYFEN meeting begins with networking at 11 a.m. followed with a prompt 11:30 a.m. start of the program. Luncheons are held at the Sterling Country Club, 16500 Houston National Blvd.

About Cy-Fair Express Network (CYFEN)

Now over 60 members strong, Cy-Fair Express Network’s vision is to be a community and national leader for the support of professional women by providing a nurturing environment for business development, networking, education and mentoring. Our members have opportunities to pursue excellence and achieve both local and national recognition. CYFEN is part of the national organization of American Business Women’s Association (ABWA), for more information go to www.CYFEN.org.

About American Business Women’s Association (ABWA)

Founded in 1949, ABWA provides business training and networking opportunities for women of diverse occupations and backgrounds. ABWA has dedicated 60 years to women’s education, workplace skills and career development training. For more information, visit, www.abwa.org.

Luncheon Details

Thursday, September 22, 2016

Networking 11a.m.; Luncheon begins at 11:30 a.m.

Sterling Country Club, 16500 Houston National Blvd., Houston, TX 77095

Costs \$25 with advanced reservations; \$30 at the door



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Shield Bearer's Allie Scott Lends Expertise to New Skill Building Course for Women

Shield Bearer is launching an exciting new skill building course for women entitled CONNECTIONS: The Practice of Courage, Compassion, and Resilience. This course will be led by Shield Bearer Clinical Coordinator Allie Scott, MA, LPC, who brings extensive experience in the treatment of depression, anxiety, trauma, codependency, grief, marital issues, and sexual abuse. Ms. Scott purposefully selected a curriculum that features best-selling author and researcher, Dr. Brene Brown, as her in-depth studies of shame, fear, and vulnerability highlight the damaging effects on individuals and relationships.

Allie Scott explains, "This group is for all women who seek to live lives characterized by courage, compassion and connection and who want to stop living in shame, fear, and disconnection. All women who are committed to exploring their pain and learning how to develop a resiliency to shame are welcome. This class will be a closed group, which means that once we start, no new members may join the group. This will help create an atmosphere most conducive to learning and sharing, and one which will create trust and safety for participants."

This course will explore powerfully relevant topics including self-

esteem, love, belonging, authenticity, empathy, connection, power, courage, compassion, and more, with the ultimate goal of building a resilient spirit that fosters healing, joy, and gratitude.

The twelve session course begins September 7th and meets on select Wednesdays through December 14th, from 6:30PM-8:00PM at the Shield Bearer Central Office, 12340 Jones Road Suite 290, Houston, Texas 77070. Space is limited and participants are asked to register by August 31 by calling (281) 894-7222 or emailing intakes@shieldbearer.org. The course fee is \$300 and includes twelve sessions of course materials, instruction, and refreshments.

Ms. Scott adds, "This could be a life-changing experience for those willing to commit to the class, and it is a commitment - 12 weeks is a long time. However, the benefits will be incredible. I myself am so excited about this experience."

For more information about Shield Bearer, a non-profit 501c3 charity dedicated to building strong and healthy individuals, families, and communities through professional counseling services, education, and prevention programs, visit shieldbearer.org or call (281)894-7222.

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WHAT IS WILDLIFE REHABILITATION?

*By Cheryl Conley,
TWRC Wildlife Center*



Whenever people ask what I do and I answer by saying I work with wildlife, they usually have many questions. I am going to answer the most often asked questions below.

WHAT IS WILDLIFE REHABILITATION?

The process of providing aid to injured, ill, displaced and/or orphaned wild animals in such a manner that they may survive on their own when released in their natural habitats.

WHERE DO YOU GET YOUR ANIMALS?

Animals are brought to our Center by the public. We also work with wildlife removal companies, law enforcement and other rehabilitation centers.

DOES IT COST ANYTHING TO BRING AN ANIMAL TO YOUR CENTER?

No. There is no charge for our services but we do ask for donations. We are a non-profit organization and don't receive any state or federal funding. Caring for wildlife can involve x-rays, medications, food, caging and many other expenses. Home-based rehabilitators spend their own money to provide for the animals until they can be released. Often times it takes months.

WHAT HAPPENS WHEN I BRING AN ANIMAL IN?

You will be asked to complete a form with information as to where the animal was found, what you believe to be wrong with the animal, whether or not you've attempted to give it water or feed it, and if you or anyone else has been bitten.

The animal will be taken from you and transferred to a Center container and then taken into our Vet Room. The animal is thoroughly examined and treated if injured. Most often the animals are dehydrated and will require fluids. Once a determination has been made as to its health, it will either go into our on-site care program or to a home-based rehabilitator for care.

WHEN DO THEY GET RELEASED?

Only healthy animals will be released back to the wild. If the animal is an infant with no injuries, they must reach a certain size

and weight before being released. If the animals have injuries, it must be completely healed and of a certain size and weight to insure its survival once released.

WHAT KIND OF EXPERIENCE DO YOU NEED TO REHAB WILDLIFE?

No experience is needed but you must be committed. You can choose between our on-site care programs or home-based rehabilitation. On-site care is the easiest since you work shifts. You will be under the guidance of supervisors who will teach you proper feeding and care. Our on-site care programs run from early spring through the fall. Home-based rehabilitation requires an even bigger commitment. The animals are in your care 24/7. Some species are easier to care for than others and we would be happy to work with you on which species is best for your situation. You will also be responsible for purchasing the food for your animals but we do offer a substantial discount on specialized formulas and food. We can help you with the caging and do not charge for this.

IS THERE A NEED FOR HOME-BASED REHABILITATORS?

YES! We are always happy to find people who want to help. We provide all the training and you are assigned a mentor who is available to help you every step of the way.

DO YOU NEED ON-SITE CARE REHABILITATORS?

YES! If you are interested, you will attend an orientation class and a training class and you'll be ready to go. You will work a 4-hour shift and must commit to working 5 shifts during the length of the program (approximately 6 months). Most of our on-site care rehabilitators come back every year.

Our website is a great source for more information on wildlife. Our calendar will let you know when our classes are and it's easy to sign up. Attending an orientation class does not commit you to anything. It's simply an informational class for you to learn more so you can decide if it's for you. Go to: www.twrcwildlifecenter.org or you can call 713-468-8972.

Ranch Review

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GO THE DISTANCE WITH SCOUTING!

Girls kindergarten to 12th grade are provided amazing opportunities and experiences as a Girl Scout! Not only can they dream about earning a Gold, they can earn it by going the distance in scouting!

Like any good team we also need good coaches! Consider volunteering as a troop leader or co-leader and help girls reach their own Bronze, Silver and Gold! As a troop leader your journey earns an award sure to exceed any Gold!

Girl Scout membership is \$15. Girls and adults can join Girl Scouts and register online at www.gssjc.org, or join us in person to learn more about Girl Scouts at our Fall Rally.

We are looking forward to another great year of Girl Scout adventures and hope you'll go the distance with us!! Be a Girl Scout Olympian and join Girl Scouts today!

Heart of Texas Girl Scouts Fall Rally

KG – 12th grade

Saturday, September 10, 2016 @ 10:00 am – 12:00 pm

Good Shepherd United Methodist (Gym)

2015 Cypresswood Drive, Cypress TX

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September Meeting

The Cypress-Tomball Democrats monthly meeting for the month of September will be held on Tuesday, September 20th 2016, at Rudy's Grill & Cantina, 11760 Grant Rd., Cypress, TX 77429, from 6:30 p.m. to 8:00 p.m.

Everybody is welcome to attend the meeting and to join this growing club, which meets on the third Tuesday of every month. The meetings foster great fellowship and feature informative guest speakers. For further information, visit the website www.cytomdems.com; contact Cris Hernandez at cytomdems@yahoo.com; Follow us on Facebook at Cypress-Tomball Democrats.

Cypress Texas Tea Party

The next meetings of the Cypress Texas Tea Party will be on:
Saturday, September 17, 2016 NOON - 2:00 PM

- Charles Blain, Empower Texans

Saturday, October 8, 2016 NOON - 2:00 PM

- Renee McGee, Judge, 337th District Court

- Debra Ibarra Mayfield, Judge, 165th District Court

The Cypress Texas Tea Party meets every three weeks on Saturday, Noon until 2:00 PM at:

Spring Creek BBQ

25831 Northwest Freeway

Cypress, Texas 77429

Map: <http://goo.gl/maps/OoNjY>

A schedule of our meetings and confirmed speakers can be found at our website, www.cypressstexteaparty.org



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