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#### NEW!!! SEPTEMBER 7TH & SEPTEMBER 21ST SWEETWATER STORYTIME

#### 9:30AM - 10:00 AM

We are pleased to be welcoming the Lake Travis Library Mobile Unit out to Sweetwater Storytime! Storytime will take place in the clubhouse as usual on September 7th but LTLMU will be hosting our \*\*NEW September 21st storytime hour. We cannot wait to see you there!

#### SEPTEMBER 6TH, 7TH, & 8TH PHOTOGRAPHY CLASSES IN SWEETWATER

#### WITH PROFESSIONAL PHOTOGRAPHER KEVIN GOURLEY

#### 7:00PM - 9:00 PM

Kevin Gourley is returning to Sweetwater for photography classes once again! Class will be held in the clubhouse each night from 7-9pm. Light refreshments will be served as members of Sweetwater learn how to use their own cameras to take amazing shots. Class registration is \$25. Please click on the following link for signups. www.kevingourley.com/sweetwater

\*\*Kevin will also be offering special discounts only for Sweetwater residents who attend for photography trips coming in the fall!

#### SEPTEMBER 14TH BOOKCLUB

7:00PM - 8:00 PM

Come join your book club friends and discuss the September selection, The Innocent Man by John Grisham.

#### SEPTEMBER 17TH SWEETWATER BLOCKTAIL NIGHT

#### 4:00PM - 10:00 PM

Join your neighbors for an evening of TAILGATING & BLOCK PARTIES! Bring out your tents, treats, grills, and games for a special night in Sweetwater! \*\*Volunteers will be needed to take on their "BLOCK" and figure out how your section is going to participate. Neighbors are encouraged to setup your tents, tvs, tables, and chairs into the street for a tailgating. Potluck ideas can be sent to the representative for your section who is organizing. Last but not least, a COMPETITION will take place for: 1) Most Spirited Block, 2) Best Grill Masters, and 3) Tasty Treats Trophy. Prizes will be awarded to the winners in each section once voting has taken place online. Neighbors are encouraged to visit each section and VOTE for whom they think should win each prize! This is going to be a night in Sweetwater to remember!!

#### SEPTEMBER 25TH MEET & GREET SWEETWATER BRUNCH

#### 9:00AM - 11:00 AM

Sweetwater is continually growing as more and more people build and move into the neighborhood. Come join your neighbors for a sit down brunch to visit and get to know one another. Families are welcome! Whether you've been here for 3 years, 3 months, or 3 weeks; it's always fun to meet new neighbors!

#### OCTOBER 22ND THE SWEETWATER FALL FESTIVAL

#### 11:00AM - 2:00 PM

Come join your Sweetwater families and friends for some good ole' fashioned fun for all ages! There will be carnival games, bounce houses, rides, pumpkin painting, face painting, potato sack racing, food trucks, and MORE! Hope to see you there!

## 

## **COVER PHOTO** Do you take amazing photos?



Do you take great photos? Would you like to see your photo published? We are looking for great cover photos for upcoming issues of the *Sweetwater Life*. Our deadine for submittals is always the 9th of the month prior to the issue. All photos should be submitted electronically by the deadline date in high resolution (300 dpi) to sweetwater@peelinc.com. Portrait (vertical) photos work best.

To view other photos submitted please visit www.PEELinc.com/Sweetwater, and

view any of the past newsletters.

By submitting your photo you agree to allow your photo to be published in future issues of the *Sweetwater Life* or other Peel, Inc. publications. Call 512-263-9181 to find out how to have your business featured on the cover of the *Sweetwater Life*.



#### **ADVERTISING INFO**

Please support the advertisers that make the *Sweetwater Life* newsletter possible. The Sweetwater HOA receives this newseltter free of charge provided by the advertisers within. If you are interested in advertising, please contact our sales office at 512-263-9181 or *advertising@peelinc.com*. The advertising deadline is the 8th of the month prior to the issue.

#### **ARTICLE INFO**

The *Sweetwater Life* is mailed monthly to all Sweetwater residents. Residents, community groups, churches, etc. are welcome to include information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for the *Sweetwater Life* please email it to <u>sweetwater@peelinc.com</u>. The deadline is the 15th of the month prior to the issue.

#### **IMPORTANT NUMBERS**

#### EMERGENCY NUMBERS

EMERGENCY	
Fire	
Ambulance	
Sheriff – Non-Emergency	512-974-0845
Travis County ESD No.6/Lake Travis Fire Reso	
Administration Office	512-266-2533
Travis County Animal Control	512-972-6060

#### SCHOOLS

Lake Travis ISD	512-533-6000
Lake Travis High School	512-533-6100
Lake Travis Middle School	512-533-6200
West Cypress Elementary	512-533-7500

#### **GOODWIN MANAGEMENT**

Accounting	info@assnsvcs.com
Architectural Review	SWWArchitectural@goodwintx.com
Property Manager	SWWManager@goodwintx.com

#### UTILITIES

Pedernales Electric	888-554-4732
Crossroads Utilities (Water, Sewer, Trash)	512-246-1400
Texas Gas Service	
Customer Service	1-800-700-2443
Emergencies	512-370-8609
Call Before You Dig	512-472-2822
AT&T	1-800-288-2020
Time Warner Cable	512-485-5555
Austin/Travis County Hazardous Waste	512-974-4343

#### **OTHER NUMBERS**

Bee Cave City Hall	
Bee Cave Library	
Bee Cave Municipal Court	
Lake Travis Post Office	
Lakeway Regional Medical Center	
City of Bee Cave	www.beecavetexas.com
Travis County (General No.)	
	. www.traviscountytx.gov

#### **NEWSLETTER PUBLISHER**

Peel, Inc	
News	sweetwater@peelinc.com
Advertising	advertising@peelinc.com

It's that time again; summer is coming to a close and kids are getting geared up for school! As we prepare to send the kiddos off to school and the weather slowly begins to cool down, remember the good times you had this summer with your family and friends. From pool parties & prizes to fun ladies, men's and couples nights in the clubhouse and pool pavilion to Skyping with famous authors at book club or nights out on the town with the Empty Nesters, this summer has rocked! Sweetwater ended our summer with an amazing 4th of July Bash, some Stargazing & Smores with planetary geologist Eddie Hrncir, and topped it off with The Sweetwater Olympic Games, which turned out to be a fun event for all ages. Sweetwater has had a rockin summer and we hope for many, many more!

Planetary Geologist Eddie Hrncir came out on July 9th & 10th for a wonderful and eye opening adventure into the constellations with his high-powered laser and computer guided telescope. Residents lounged in their lawn chairs while hanging with neighbors, munching on smores, and taking turns viewing Jupiter, Mars, Saturn's rings, and the moon. Definitely a cool experience for all!

Ladies Night Marketplace was a hit for women looking to socialize and shop in July! Stonehouse Vineyards came out and did a wonderful wine tasting to please the ladies' palates. Lonestar Lizzie, Jamberry Nails, Personal U, Rodan & Fields, & Designer for Hire were also in attendance for ladies to shop around and visit with while sipping their wine. Ladies Nights are near and dear to my heart and are always a good time!

There are so many things coming up in Sweetwater in the coming months. October is going to be a month full of fun from THE GREAT MOVIE NIGHT to the FALL FESTIVAL and more! Hope to see you and your family at the events coming up!

Bess Ouahidi Sweetwater Lifestyle Director



Empty Nesters out on the town



Ladies Night Marketplace Featured a Variety of Vendors



J5 Steakhouse welcomed the Empty Nesters of Sweetwater



Sweetwater Book Club Skyped with an author from Copenhagen

A special class for the residents of the Sweetwater Community!

## Fundamentals of Photography by Kevin Gourley

Learn the Important Fundamentals of Photography in this Workshop

Discover how to operate your camera to get consistently better photographs

Mix of lecture and live demonstration

Super Low Price of \$25 for Sweetwater Community Residents only!

Want to improve your photography? Start Here!

#### **Student Comment:**

"Kevin's class was amazing. You can tell that he is super passionate about teaching people about photography. He was very easy to learn from and I have already signed up for my second class and plan on taking another after that one!"



Tuesday, Wednesday, Thursday September 6-8th, 2016 3 Nights! 7pm - 9:10pm in the Sweetwater Clubhouse

#### Go here to learn more and register:

http://www.kevingourley.com/sweetwater

#### **Super Bonus for Attendees:**

Save \$\$ on software! Software door prizes worth hundreds of dollars! PLUS: Great discounts on Kevin's fun destination workshops in Colorado and Oklahoma. *Only available to Sweetwater attendees!* Check the website for full details.



## Sweetwater Life THE SWEETWATER OLYMPIC GAMES

Thank you to all of the volunteers who came to helped out for our first annual Sweetwater Olympic Games. We couldn't have done it without you! Kids and families came out to celebrate the opening ceremonies of the Olympic Games in Rio with our own games right here in Sweetwater.

Kids' faces were lit up while racing in the pool, tugging war and throwing the shot put, doing gymnastics with Olympic Gold Medalist Mitch Gaylord, and racing down the Sweetwater Clubhouse Circle. Medals were awarded for participation for those who didn't get the gold, silver, or bronze, but events definitely got competitive for those top awards!

Families came out to participate in the Sweetwater Opening Ceremonies Parade and it was neat to see all the different countries that are represented right here in Sweetwater such as: Argentina, India, Morocco, Philippines, the USA, and more! Thank you to the families who participated in the opening ceremonies parade.

Once everyone was too tired to compete any further, Kona Ice was there with refreshing treats and Shishman Kebap food truck came out to offer a little sustenance to those in need of refueling! It was a great day all in all!



Celebrating a win in the Pool! Gold Medal!

#### A FEW WORDS FROM FAMILIES IN NATURE LEADER, MIRIAM LEAL:

This past month Families in Nature had the pleasure of participating in the Sweetwater Olympics (a community celebration of competitive sports in conjunction with the Summer Olympics.) Bess Ouahidi, Sweetwater Lifestyle Director, and her team of volunteers put together an energetic, fun-filled event to rival the Olympics in Rio. From an opening ceremony representing each culture at Sweetwater to swim relays and food trucks, there was something there for every one.

We had a great time introducing new skills to like archery, fishing and inviting families to our nature exploration table. The archery station had many happy returning kids (and adults) for "just one more try." The day seemed to have ended too early. Archery may have been our most successful event, but family time and community was the real winner that day.

Thank you Sweetwater for welcoming Families in Nature into your community! See you on the trail!

Bess Ouahidi

Lifestyle Director



Enjoying a swing at the park while making Argentina proud!



It's off to the races for Sweetwater kids enjoying the games



Take your best shot!

(Continued on Page 7)

#### (Continued from Page 6)



To represent their home country, some families went all out!



Sisters ready for the opening ceremonies of the Olympic Games

## Sweetwater HOA Assessments

#### Quarterly payments become due on:

January 1st , April 1st, July 1st, October 1st The quarterly dues payment is \$150.00. You have until the 16th to send in your HOA payment before a late fee of 1.5% is charged to your account.

The payment address is: Sweetwater Master Community c/o Goodwin Processing Center PO Box 93447 Las Vegas, NV 89193-3447

\*\*include your account number

Login to your account at **www.SweetwaterLife.com** to view important HOA documents, upcoming events as well as view your account. Need assistance logging in? Contact Customer Service at 512-502-7515 or info@goodwintx.com.





#### Join us for open house and small group tours!

For more information visit **www.sasaustin.org** or call 512.299.9802 for grades K–8 or 512.299.9720 for grades 9–12. Lower/Middle School: 1112 W. 31st St. Upper School: 5901 Southwest Pkwy. f Follow us! facebook/sasaustin.org



## Sweetwater Life A LITTLE BIT OF VITAMIN N

#### MAKE A FAMILY OR KID CLICK LIST FOR A PHOTO SCAVENGER HUNT

Create a list of items to take photos of someday; then collect photos of as many of them as possible. Make this a competition among family members, neighborhood kids, or classmates. Naturerocks.org offers tips for photo scavenger hunting. Capture the seasons and don't forget to look up. Take photos of the sky from the same spot each day and make a photo collage.

#### EVEN TECH TYCOONS AGREE: UNPLUG OFTEN

It's surprising how many technology leaders own off-the-grid-cabin retreats. They know they need time to reboot, and that time in nature stimulates their creativity. For their own kids, some technology leaders have adopted these limits: thirty minutes to two hours of tablet or smartphone use a day; allow ten-to fourteen- year olds to use computers on school nights, but only for homework; make a distinction between consuming and creating on these devices. A New York Times reporter once asked Apple's Steve Jobs, "So, your kids must love the iPad?" His answer: "They haven't use it. We limit how much technology our kids use at home."

Louv, Richard. Vitamin N. Algonquin Books of Chapel Hill. Workman Publishing. 2016. Pg.40, 46.



Spicewood Counseling in the Hill Country



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## Sweetwater Life Lake Travis Community Library Bookmobile



#### Visit our mobile library to:

- Get a library card
- Borrow Books, DVDs, and Audiobooks
- Pick up reserved items
- Access the digital library
- Use a Computer Workstation

#### 1st & 3rd Wednesdays, 9:30 am - 10:30 am

De la compañía de la

The Sweetwater Clubhouse

#### 5348 Pedernales Summit Pkwy, Austin, TX 78738

 September 7
 October 5
 Novemb

 September 21
 October 19
 Novemb

November 2 December 7 November 16 December 21 laketravislibrary.org outreach@laketravislibrary.org Bookmobile: (512) 809-5800 Library: (512) 263-2885



#### **Retired Docs Launch New Group Oct. 10**



Dr. Bill Evans Lakeway

Lake Travis Retired Physicians, a new monthly group for retired doctors who live in areas served by Baylor Scott & White Hospital-Lakeway will gather for their first meeting on Monday, Oct. 10, 11 a.m., in the medical office building across from the hospital.

Spearheading the retired physicians' group, Dr. William Evans of Lakeway practiced 23 years with Austin Diagnostic

Clinic, serving tenures as chief of family practice and heading up ADC's urgent care initiative. Prior, Dr. Evans served 20 years in the U.S. Air Force.

"Lakeway Retired Physicians is both social and educational...a way for docs like me to get together and hear the latest innovations in a variety of practice areas. Plans are to meet the second Monday of each month," Evans said.

Hospital-affiliated physicians Dr. Pavan Karnati, cardiologist, and Dr. Greg Morper, internist, will provide overviews of recent innovations in their practice areas. After Q&A, lunch will be provided in the hospital cafeteria. There is no charge for retired physicians.

Dr. Pavan Karnati specializes in the evaluation and treatment of coronary and peripheral vascular disease. Dr. Greg Morper's internal medicine practice, which accepts Medicare, places a heavy emphasis on wellness and prevention.

"I'm grateful to these fine physicians for coming to speak; also to Christin Cross and Jewell Kibling of the hospital's marketing team who have provided wonderful support in launching this new program. I encourage all area retired docs to sign up for this or future meetings," Evans said.

Retired physicians who would like to attend or join, please contact Dr. Bill Evans at 512-261-3536; or email his wife Pat, chief bottle washer, patevans39@gmail.com.





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# ARTING STUDIO



**ART71 Studio** is an art school for all ages, offering quality art classes to young people from grades K-12. We are committed to fostering an appreciation of the arts and believe in a nurturing environment that inspires joy and self discovery in the process of creating. Located in a beautiful light filled studio in the Austin Hill Country, students can develop their art skills and expand their creative interests in an inspiring environment.

#### CLASSES OFFERED MONDAY-THURSDAY & SATURDAYS. AFTER SCHOOL AND HOME SCHOOL CLASSES AVAILABLE.

Located in the Bee Cave / Spicewood Area, only 5 minutes from Sweetwater!

#### **Spicewood Arts Society**

#### SAS SEASON TICKETS ARE ON SALE NOW

Time is running out to purchase season tickets for the upcoming Spicewood Arts Society's new 2016-17 concert season. Artists include favorites and newcomers from a variety of musical genres. Offering a considerable savings over individual tickets, season tickets assure a place at all the regular season concerts.

#### Tickets can be purchased through the SAS website: www.spicewoodarts.org

Included in the season ticket price of \$125:

*The Derailers*, September 30, mixing classic country and 60's pop; Linda Gail Lewis, December 9, sister of Jerry Lee Lewis and a rocking singer/pianist in her own right; Bill Kirchen, March 3, 2017, Grammy nominated guitarist, singer, and songwriter;

"A Toast to Tony," the annual tribute to Tony Campise, May 5, 2017, with more than ten big name performers.

All shows begin at 7 p.m. at the Spicewood Vineyards Event Center, 1419 Co. Rd. 409, Spicewood, TX. Tickets include light refreshments at intermission. Individual tickets to regular season concerts are \$50 each.

#### Bee Cave-Spicewood Rotary Club



Members of the Bee Cave-Spicewood Rotary Club accept the LightHouse award from RecognizeGood, an organization that highlights exceptional community service by area groups.

With only 12 members, the Rotary Club of Bee Cave – Spicewood has proven that size is not the only factor in community outreach – the club has been instrumental in over 12 community-based programs in just the past two years, ranging from economic development and student volunteerism to food drives, blood drives, highway beautification, clothing, and library book supply. Partnering with fine organizations such as the Bee Cave Police Department, the Bee Cave Public Library, and Lake Travis Middle School on some service projects, and with the support of local businesses such as Elite Wellness Chiropractic, Broadway Bank, HEB, Raymond James, A+ FCU, Mimi's Café, Café Blue, and others, the club is dedicated to making a difference in the community. For more information on Bee Cave - Spicewood Rotary Club: www.beecaverotary.com/ The Lighthouse Award presented by RecognizeGood recognizes selfless community efforts and philanthropy by organizations in the Austin area. The RecognizeGood organization presents the award to highlight special organizations in the hopes of inspiring others to help make our community a better place. To learn more about RecognizeGood: www.recognizegood.org/

www.recognizegood.org/article/2016-lighthouse-award-recipientrotary-club-bee-cave-spicewood/

### **BUSINESS CLASSIFIEDS**

**CONNOR CLEANING SERVICES, INC.** Are you paying more than \$100 to have your house cleaned? 4000 sq. feet or less- you are paying too much! Call Connor Cleaning. Reliable. Dependable Service. Quality Work. Supplies furnished. Over 17 years in business. Affordably priced. Call 512-209-1141. Bonded.



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#### Shopping on Amazon can help Lake Travis High School students??

YES, through AmazonSmile! Search AmazonSmile, or go to <u>https://smile.amazon.com</u>

Log into your Amazon account, in field for "Pick Your Own Charitable Organization, type in 'Lake Travis High School Parent Teacher Organization', search & select. Now shop as you normally would, Prime items included. Just remember to always start at AMAZON SMILE. You shop, Amazon gives, and LTHS Students win. Ask your family and friends to select LTHS PTO as well!



## Or pick your own charitable organization:

Lake Travis High School Parent Teacher Organization

## **COME JOIN US!**

**National Night Out** is a great opportunity for citizens and law enforcement to partner up against crime.

This year, National Night Out is Tuesday, Oct. 4, 2016, from 7 to 9 p.m.

#### National Night Out is designed to:

1. Heighten crime and drug prevention awareness

2. Generate support and participation in crime efforts

3. Strengthen neighborhood spirit and police community relations

4. Let criminals know that neighborhoods are organized and fighting back

During the event, residents in neighborhoods throughout Austin and across the nation are asked to turn on their porch lights, lock their doors and spend the evening outside with their neighbors, police officers, firefighters and EMS paramedics. Events such as cookouts, block parties and neighborhood walks will all occur simultaneously throughout the city and nationwide.



POLICE - COMMUNITY PARTNERSHIPS

## RETIRE BETTER LET'S TALK WITH JOSH STIVERS

#### DO YOU FEEL CONNECTED TO YOUR MONEY?

#### WHEN YOU OPEN YOUR BANK AND BROKERAGE STATEMENTS, DO YOU BREATHE A SIGH OF RELIEF OR GASP IN ANXIETY?

DO YOU FULLY UNDERSTAND HOW YOUR LONG TERM INVESTMENT PLAN MATCHES UP WITH YOUR CURRENT DAILY LIFESTYLE? Through discussions over the years, I have found that many people do not know where they truly stand financially. Yes, they know they have investment accounts, retirement accounts, and bank accounts. They know they have life and health insurance in place. And they know they are covered in the event of a major disaster.

But, what they don't know is how to interact with their overall finances in such a way that they feel confident in the decisions they make on a day to day basis. Many have expressed an underlying fear that they will never be financially independent.

I would like to offer encouragement to you today. It is possible to get a handle on your financial picture. Often, just having a conversation about your finances with a knowledgeable professional can make all the difference.

If you are feeling a bit disconnected from your current financial plan, I would love to sit down with you and discuss your unique situation.

I opened Platinum Wealth Advisory, right here in Lakeway, seven years ago with the desire to help individuals in our community win at the financial game. Our doors are open to this community and we want to help and assist in any way possible.

#### GIVE ME A CALL OR SHOOT ME AN EMAIL. TALK TO YOU SOON!







## Nature Wetch Sun Trackers





This time of year, the most notable family of plants are the Heilianthus, or sunflowers. From the Greek 'helios' or sun and 'anthos' or flower, these plants are usually tall annuals or perennials that during their growth phase exhibit a subtle behavior in the daylight hours. This behavior, called heliotropism, is the ability for the young flower buds and leaves to gently tilt toward the sun, tracking it as it moves across the sky. By the time the flower heads mature, they are stationary but generally facing east to greet the rising sun.

Sunflowers are typically tall plants with one to

multiple flower heads, consisting of bright yellow ray florets or flowers, surrounding yellow or maroon disc florets. In wild or native species, the rough and hairy stems are normally branched, and the leaves are often sticky and lance or heart-shaped. Sunflowers also exhibit phyllotaxis, or the arrangement of leaves on a stem that forms a distinct pattern, in this case a repeating spiral. Additionally, the disc florets also display a phyllotactic pattern, one that creates the optical effect of criss-crossing spirals in the flower's center.

In our area, the two most abundant sunflowers are the Common Sunflower (Helianthus annuus) and the Maximilian Sunflower (Helianthus maximiliani). Blooming from May to October, the Common Sunflower grows on dry soils, especially in disturbed areas. It can reach 1.5 to 8 feet tall, and various parts of the branched stems can be either green or dark purple. The heart-shaped leaves are coarse and covered in rough hairs, and grow from 2.5 to 10 inches long. Up to 4 inches across, the flower heads have yellow ray flowers and reddish brown disc flowers. As their scientific name suggests, these plants are annuals.

Maximilian Sunflowers, on the other hand, are perennials that bloom in September and October. They grow 1 to 6 feet tall in colonies on both the dry ground of prairies and the moist ground of roadside ditches and other low places. Shorter, rough hairs cover the narrow lance-shaped leaves, which average 2 to 4 inches long. The 1.5 to 3 inch wide flower heads have yellow ray flowers surrounding yellow disc flowers, with numerous flower heads growing along the unbranched stems.

Aside from their aesthetic value to humans, sunflowers are generally palatable to deer and numerous species of birds eat their seeds. Their flower heads support nectaring bees, and they are the food plants for several butterfly species such as the Bordered Patch and Silvery Checkerspot. When mixed with other native annuals, these sun trackers provide good cover for many species of wildlife, and would be a great addition to your native wildscape.

Send your nature-related questions to naturewatch@austin.rr.com and we'll do our best to answer them. Check out our book, Nature Watch Austin, published by Texas A&M University Press, and our blog at naturewatchaustin.blogspot.com if you enjoy reading these articles!



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## Sweetwater Life Neighborhood Compassion Watch!

by Lesa Walker

Alert! The Tarrytown and the Ranch at Brushy Creek Neighborhoods have reported an upward trend in compassionate action. What's happening in our neighborhood? Let's all join in the Neighborhood Compassion Watch!

What do you see happening in our neighborhood that shows caring for others, self, and the Earth ("3D" compassion)?! Let's identify actions and events that are helping our neighborhood thrive. Be on the lookout! Recognize friends, family, schools, businesses, etc. Involve youth in a treasure hunt for compassionate action!

Send in your "compassion sightings" to compassionateaustin@ gmail.com. Learn more about Compassionate Austin and the Neighborhood Compassion Watch at www.compassionateaustin.org.

#### **IMPORTANT ANNOUNCEMENT!**

NOW's the time to sign up for the Global Unity Games! http://compassiongames.org/global-unity-games/. The Games are September 11 through September 21st! You can join in any time during this period. It's simple to do, free, and online. During the Games, pay extra attention to discover and appreciate acts that show caring for others, self, and the Earth (either those you do yourself or those being done by others). Use the Neighborhood Compassion Watch to inspire you! Then post about your experience on the global Compassion Report Map to motivate people around the world. Be an "Agent of Compassion"! Participate as an individual or sign up as a team with your family, neighbors, and community. It's especially important to engage our youth. We grow stronger in what we practice. Let's strengthen compassion in ourselves and our neighborhood!





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We would love to partner with you as well!





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#### **Recipe from the Kitchen**

Hello, everyone. Chef Marty here with a fantastic dressing or marinade (works best with shrimp in my opinion) recipe that many of you got to sample during last month's Grape Stomper's Wine Dinner. By popular demand, I will now share it with you all! Enjoy...

#### Yield: appx 2 cups

- 2 tablespoon lime zest
- ¼ cup lime juice
- ¼ cup brown sugar, packed
- <sup>1</sup>/<sub>4</sub> cup ginger, peeled and grated
- 1/2 cup green onion, chopped, white parts and some green
- 1 cup cilantro leaves, packed
- 1 tsp nutmeg, fresh grated
- ¼ cup honey
- 1 teaspoon balsamic vinegar
- 1 teaspoon Tabasco
- <sup>1</sup>/<sub>4</sub> cup olive oil
- 6 ancho chiles, seeded and cut into strips

1. Place the lime zest and juice, brown sugar, ginger, green onions, cilantro, nutmeg, honey, vinegar, and Tabasco in a food processor or blender and process until smooth.

2. With the machine still running, slowly pour in the olive oil through the feed tube in a steady stream. Turn off the machine and stir in the ancho chiles. Transfer dressing into a tightly covered container and refrigerate. Will keep for up to 5 days.



## 2016 LT VARSITY FOOTBALL SCHEDULE

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8/26	Converse Judson	7:30	Hon
9/2	Cibolo Steele	7:30	Awa
9/9	Dallas Jesuit	7:30	Awa
9/16	Pflug. Hendrickson	7:30	Hon
9/26	Hays High	7:30	Awa
9/30	Bye	7:30	
10/7	Westlake	7:30	Hon
10/14	Lehman	7:30	Awa
10/21	Leander	7:30	Hon
10/28	Vista Ridge	7:30	Awa
11/4	Vandegrift	7:30	Hon





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