

Volume 6, Issue 9 September 2016

#### **Round Rock New Neighbors**

## An organization of Women welcoming Women for Fun and Friendship Join us for Our 2016-2017 Season

Whether you are a newcomer or have lived here for years WE WELCOME YOU! We are of all ages!! Ideal for empty nesters or women who have left the work place and are looking to get back to a social life. We enjoy monthly luncheons with a speaker or program of interest.

Our first luncheon – meeting of this season is on Wednesday, September 14, 2016. We will be returning to our regular meeting venue at Fern Bluff Community Center, 7320 Wyoming Springs Drive, and Round Rock. Doors open at 10:30 am, meeting at 11:10

am, luncheon at 11:40 am and program at 12:15 pm. Our program this month will be a speaker from the Texas Historical Commission.

We have many groups: Card and game groups, gardening, Wine Tasting, Foodies, Antiquing, Hiking, Movie, Photo, Potluck, Safari, Walking and Caring Hands. There is something for everyone. Many activities take place during the day and some activities include couples. Please visit our website at www.rrnewneighbors.org for more information and to see our newsletter. Or call Jan Percy, 512-810-3214, Membership Chair for information.



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**EMERGENCY NUMBERS** 

#### **IMPORTANT NUMBERS**

EMERGENCY NUMBERS	011
EMERGENCY	
Fire	
Ambulance	
Williamson Co. Sheriff's Dept	
Select option 1 twice	
Round Rock Police (Non Emergency)	
Georgetown Police (Non Emergency).	
Travis County Animal Control	
Round Rock Animal Control	
Georgetown Animal Control	512-930-3592
SCHOOLS	
Round Rock ISD	512-464-5000
Teravista Elementary School	
Hopewell Middle School	
Stony Point High School	
Georgetown ISD	
Carver Elementary School	
Pickett Elementary School	
Tippit Middle School	
Georgetown High School	
UTILITIES	1 000 207 (700
Atmos Energy	
TXU Energy	1-800-818-6132
AT&T	1 000 /// 7020
New Service	
Repair	
Billing	1-800-858-/928
Time Warner Cable	512 /05 5555
Customer Service	
Repairs	512-485-5080
OTHER NUMBERS	
City of Round Rock	512-218-5400
Round Rock Community Library	512-218-7000
Round Rock Parks and Recreation	512-218-5540
City of Georgetown	512-930-3652
Georgetown Public Library	512-930-3551
Georgetown Municipal Airport	512-930-3666
Georgetown Parks and Recreation	
Teravista Golf and Ranch House	
Teravista Residents Club	512-310-7421
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## Mature yearch SUN TRACKERS

by Jim and Lynne Weber

This time of year, the most notable family of plants are the Heilianthus, or sunflowers. From the Greek 'helios' or sun and 'anthos' or flower, these plants are usually tall annuals or perennials that during their growth phase exhibit a subtle behavior in the daylight hours. This behavior, called heliotropism, is the ability for the young flower buds and leaves to gently tilt toward the sun, tracking it as it moves across the sky. By the time the flower heads mature, they are stationary but generally facing east to greet the rising sun.

Sunflowers are typically tall plants with one to multiple flower heads, consisting of bright yellow ray florets or flowers, surrounding yellow or maroon disc florets. In wild or native species, the rough and hairy stems are normally branched, and the leaves are often sticky and lance or heart-shaped. Sunflowers also exhibit phyllotaxis, or the arrangement of leaves on a stem that forms a distinct pattern, in this case a repeating spiral. Additionally, the disc florets also display a phyllotactic pattern, one that creates the optical effect of criss-crossing spirals in the flower's center.

In our area, the two most abundant sunflowers are the Common Sunflower (Helianthus annuus) and the Maximilian Sunflower (Helianthus maximiliani). Blooming from May to October, the Common

Sunflower grows on dry soils, especially in disturbed areas. It can reach 1.5 to 8 feet tall, and various parts of the branched stems can be either green or dark purple. The heart-shaped leaves are coarse





and covered in rough hairs, and grow from 2.5 to 10 inches long. Up to 4 inches across, the flower heads have yellow ray flowers and reddish brown disc flowers. As their scientific name suggests, these plants are annuals.

Maximilian Sunflowers, on the other hand, are perennials that bloom in September and October. They grow 1 to 6 feet tall in colonies on both the dry ground of prairies and the moist ground of roadside ditches and other low places. Shorter, rough hairs cover the narrow lance-shaped leaves, which average 2 to 4 inches long. The 1.5 to 3 inch wide flower heads have yellow ray flowers surrounding yellow disc flowers, with numerous flower heads growing along the unbranched stems.

Aside from their aesthetic value to humans, sunflowers are generally palatable to deer and numerous species of birds eat their seeds. Their flower heads support nectaring bees, and they are the food plants for several butterfly species such as the Bordered Patch and Silvery Checkerspot. When mixed with other native annuals, these sun trackers provide good cover for many species of wildlife, and would be a great addition to your native wildscape.

Send your nature-related questions to naturewatch@austin. rr.com and we'll do our best to

answer them. Check out our book, Nature Watch Austin, published by Texas A&M University Press, and our blog at naturewatchaustin. blogspot.com if you enjoy reading these articles!

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## TENNIS TIPS

By USPTA/PTR Master Professional - Owner, Manager and Director of Tennis Grey Rock Tennis Club, Austin, TX



# How to execute The Backhand Service Return

In previous newsletters, I offered tips on how to hit a forehand groundstroke, a two-handed backhand, one-handed backhand, forehand volley, the two handed backhand volley, the serve, the forehand half-volley, the one-handed backhand volley, the overhead "smash" and the forehand service return.

In this issue, I will offer you instructions on how to execute the second most important shot in the game of tennis: The Service Return, since it is the response to the first most important shot of the game: The Serve. In the illustrations, Susan Herb, player at the Grey Rock Tennis Club, shows the proper technique to execute this stroke.

**Step 1: The Ready Position:** When Susan is getting ready to return the serve, her eyes are focused on the tennis ball held by the opponent. Knees are relaxed and the hands are holding the racket with a relaxed grip.

**Step 2: The Back Swing:** Once Susan realizes that the ball has been directed to her forehand, she will turn her upper body and will take the racket back. Notice that the left hand is up in front to allow her to keep her center of gravity in the center. She has loaded her weight on her left foot and will be ready to step forward to meet the ball.

**Step 3: The Point of Contact:** Susan now is ready to step into the ball. She has kept her eye on the ball and her center of gravity now is shifted to the point of contact. Notice the right knee being slightly bent and the right foot is pointing to the ball meeting the racket.

**Step 5: The Follow Through:** Once Susan has finished her stroke, the momentum of the racket continues to move almost to a point behind her neck. Her left hand is next to her body and her left elbow is pointing toward her target. Her body is now ready to take the "split step" with both feet in order to prepare for the opponent's returned shot.



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#### THE VOICE











The Heart Gallery of Central Texas is a portrait exhibit and community education/outreach initiative featuring children who are waiting for adoption right here in our community. More than 50 professional photographers in our community are donating their time and talents to this project. We are always looking for professional

photographers to join our team of volunteers. Donate as much or as little time as you'd like, we have photography needs all throughout Central Texas. Learn more about becoming a Heart Gallery of Central Texas Volunteer here: http://www.heartgallerytexas.com/.



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POLICE · COMMUNITY PARTNERSHIPS

#### **NATIONAL NIGHT OUT 2016**

National Night Out is a great opportunity for citizens and law enforcement to partner up against crime.

## This year, National Night Out is Tuesday, Oct. 4, 2016, from 7 to 9 p.m.

National Night Out is designed to:

- Heighten crime and drug prevention awareness
- Generate support and participation in crime efforts
- Strengthen neighborhood spirit and police community relations
- Let criminals know that neighborhoods are organized and fighting back

During the event, residents in neighborhoods throughout Austin and across the nation are asked to turn on their porch lights, lock their doors and spend the evening outside with their neighbors, police officers, firefighters and EMS paramedics. Events such as cookouts, block parties and neighborhood walks will all occur simultaneously throughout the city and nationwide.



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### Chlorosis

[abnormal reduction or loss of the normal green coloration of leaves]

Late summer too early fall is the time when this particular tree malady becomes most pronounced. The species of trees most commonly chlorotic are: Shumard Red Oak, Silver Maple, Chinese Tallow, Bald Cypress, and Live Oaks. Except for the Chinese Tallow and Silver Maple the other species are most likely from seed stock or cuttings of parent plants that were not local and have no acclimation to our alkaline clay soil. Knowledgeable local nurseries do not sell you trees that are meant to grow in acidic, peat moss soil. In the early stages the tree's leaves will turn from green in the spring to a lime or yellow and finally have some leaf margin death and then curl up and





fall off the tree. The later stages of this malady is characterized by the severe deformation and stunting of tree leaf size as well as new spring leaves start out the year yellow. Chlorosis can and usually does start a tree into a downward mortality spiral. Without a healthy capacity for producing food, a tree will become weak and often will succumb to minor pest or disease issues a healthy tree could survive without treatment.

What causes this condition is a deficiency of one or more nutrients. Often times in central Texas, it is usually the micronutrients: iron and manganese; yet it can be caused also by the deficiency of the other 20+ nutrients. Fixing the problem is not as simple as putting out fertilizer. First off, the most frequently used fertilizers have little or no micronutrients present. Second, the deficient nutrient may be present in the soil but because of the soil polarity of our calciferous clay soil – the tree is not able to extract the nutrient. Third, if it is a tree with genetic incapacity to obtain certain nutrients present in soil, a fertilizer can just be bound up by soil after application.

Can anything be done? Yes, there are sure methods of successfully providing your tree the missing nutrients. One way is to prepare soil drenches with fertilizers containing humic acid, chelated iron and various other nutrients in a soluble form. Another method is to do a foliar spray – basically give the tree a fertilizer shower. Yet another, and most effective, is to inject the nutrients directly into the cambium tissue of the tree. Lastly, one method of "treatment" is to dig up tree and replace it during the fall or winter season.

Questions or comments this article or previous articles have generated, may be directed to me at: kevin@arborcareandconsulting.com

# EDITOR WANTED

Call today to find out how you can contribute to your newsletter! **512.263.9181** 

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