



A NEWSLETTER FOR TOWNE LAKE RESIDENTS

SEPTEMBER 2016

VOLUME 5, ISSUE 9



CUB SCOUT Pack 3 Fall Rally!

**WEDNESDAY, SEPTEMBER 7, 2016
7:00 PM @ ROBISON ELEMENTARY CAFETERIA
BOYS 1ST - 4TH GRADE**

Cub Scouts provides elementary age boys and their families a wonderful opportunity to explore the world around them, experience the outdoors, learn new things and most of all just have a lot of fun!! Boys interested in Cub Scouts, and families wanting to know what Cub Scouts is all about, Pack 3 will be hosting a Fall Rally on Tuesday, September 13, 2016 at 7:00 pm in the Robison Elementary Cafeteria. Families are welcome to attend! Cub Scout Pack 3, chartered thru the A. Robison Elementary PTO, currently has 50 boys, grades 1-5, who primarily attend A. Robison Elementary School. You are not required to attend Robison Elementary in order to attend this rally or to register with Pack 3. You are also not required to join Pack 3 should you register at this rally and wish to join a Pack at your school. So grab some friends and come see what fun is all about! Start your adventure now, join Cub Scouts!! We hope to see a lot of new faces!

*Yours in Scouting
Cub Scout Pack 3, cypresspack3.org*



ROCKETFEST

The Robison Elementary School PTO will be hosting a Family Fun Fair & Silent Auction on Friday, October 14, 2016 from 5:00 pm to 9:00 pm on the Robison Elementary fields. The event is open to the public and will be a fun time for all ages. Complete with boardwalk games, cake walks, food and more, you won't want to miss! Bring all the kids and come join in the fun, mark your calendars now!

Wristbands will be \$30 at the door for unlimited boardwalk games. Separate charges will apply for the adventure activities, food and show. All proceeds will benefit the Robison Elementary PTO.

ROCKETFEST Family Fun Fair & Silent Auction

Friday, October 14, 2016

5:00 – 9:00 pm

Robison Elementary School

17100 Robison Woods Rd. Cypress, TX 77429

IMPORTANT NUMBERS

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Ambulance	911
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Sheriff - Non-emergency	713-221-6000
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- Auto Theft	281-550-0458
- Homicide/Assault	713-967-5810
- Child Abuse	713-529-4216
- Sexual Assault/Domestic Violence.....	713-967-5743
- Runaway Unit	713-755-7427
Poison Control.....	800-222-1221
Traffic Light Issues	713-881-3210

SCHOOLS

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Cypress Fairbanks ISD Transportation	281-897-4380
Rennell Elementary.....	281-213-1550
Smith Junior High School.....	281-213-1010
Cy-Ranch High School	281-373-2300

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OTHER NUMBERS

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Harris County Health Department	713-439-6260
Post Office.....	281-859-9021
Harris County Public Library.....	281-290-3210
Cy-Fair Hospital.....	281-890-4285
North Cypress Medical Center.....	832-912-3500

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Please support the advertisers that make the *Tribune* possible. If you are interested in advertising, please contact our sales office at 1-888-687-6444 or advertising@peelinc.com. The advertising deadline is the 8th of the month prior to the issue.

ARTICLE INFO

The *Tribune* is mailed monthly to all Towne Lake residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for consideration please email it to townelake@peelinc.com. The deadline is the 9th of the month prior to the issue.

GO THE DISTANCE WITH SCOUTING!

Girls kindergarten to 12th grade are provided amazing opportunities and experiences as a Girl Scout! Not only can they dream about earning a Gold, they can earn it by going the distance in scouting!

Like any good team we also need good coaches! Consider volunteering as a troop leader or co-leader and help girls reach their own Bronze, Silver and Gold! As a troop leader your journey earns an award sure to exceed any Gold!

Girl Scout membership is \$15. Girls and adults can join Girl Scouts and register online at www.gssjc.org, or join us in person to learn more about Girl Scouts at our Fall Rally.

We are looking forward to another great year of Girl Scout adventures and hope you'll go the distance with us!! Be a Girl Scout Olympian and join Girl Scouts today!

Heart of Texas Girl Scouts Fall Rally

KG – 12th grade

Saturday, September 10, 2016 @ 10:00 am – 12:00 pm

Good Shepherd United Methodist (Gym)

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STAR Board of Cy-Ranch Theatre

The SUPPORTING THEATRE AT CY-RANCH BOARD (STAR) is thrilled to announce the major accomplishments of the award winning season of our Ranch Theatre Company for the 2015-2016 school year.

Last fall our students brought Chitty Chitty Bang Bang to life and received 11 Tommy Tune nominations including best musical, best choreography & best direction.

Our UIL one act play "Haymarket Eight" ranked in the top 28 UIL 6A One Act Plays in Texas. One student's film won 2nd place at state for UIL and another student was also named a state finalist in UIL costume design.

In addition after the Cy-Ranch Thespian troupe competed at the state competition, 34 of our thespian students advanced to the national level competition in the following events and all received superior ratings. Two of our students won first place in their area: Technical Theatre – Sound Design – Cole Andrews; National Music Works Playwriting– Ryan Simon; our Solo Musical students, Group Acting and Group Musical all earned top scores with Superior Rankings. Students attending the national competition were

encouraged to audition for the Music Works Workshop and one of our CyRanch students, Brock Burnett was selected to participate and perform on the MainStage as the lead for National award winning musical, Chrysalis. Students auditioned and one of our CyRanch Comedy Sportz students, Ross Strickland, was selected for the Improv intensive with a culminating performance. We also had several students audition for colleges with a large number of callbacks increasing opportunities for admissions.

This year looks to be even more promising with a very exciting fall line up including the powerful true drama from the Vietnam War, A Piece of My Heart on the main stage September 29th - October 1st and the highly entertaining, romantic comedy Hello Dolly running November 10th - 13th check out the Cy-Ranch Theatre website for tickets going on sell soon: <http://cyranchtheatre.org/>

Once the curtain is UP you'll forget you are even in a High School theatre and be transported to a wonderful world of imagination and artistry. We hope to see you this fall for our most exciting season to date.

(Continued on Page 4)



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(Continued from Page 3)

Picture is from the National Thespian Competition in Lincoln, Nebraska June, 2016. Pictured below are our award winning Thespian Company members:



Melanie Anderson, Cole Andrews, Sarah Bartholomew, Brett Bellamy, Brock Burnett, Jackie Casby, Emily Deragon, Grant Deyoe, Joshua Edwards, Mallory Fondren, Max Foster, Jazzlyn Gonzalez, Emily Hayes, Hailey Hughes, Brianna Hyman, Chance Jarvis, Corey Jennings, Taylor Jerding, Miranda Lara, Carson Leonard, Haiden Maples, Lexie Martin, Liam McGarity, Jose Mogollon, Brendan Morrow, Morgan Simon, Ryan Simon, Micah Smith, Kendall Streets, Ross Strickland, Mark Waddell, Abigail Weeks, Grace Whaley, Caleb Wyrick, Cole Yates.

ST. MARY'S FALL GIFT MARKET



On Friday, September 23 and Saturday, September 24 from 9 a.m. to 4 p.m., St. Mary's Episcopal Church is hosting its 11th annual Fall Gift Market. This is the ideal event to kick off your holiday shopping and decorating! The convenient location at the corner of Louetta Road and N. Eldridge Parkway makes it easy to shop the selection of unique jewelry, home decor, creative toys, flower arrangements, handcrafted gifts, collectibles, pottery, candles and trendy clothing for ladies and children. The Fall Gift Market also features The Tea Room offering the famous taco soup, sandwiches, desserts and homemade baked goods, plus the Silent Auction benefiting church-affiliated projects and outreach. For more information, please visit stmaryscypress.org, or call Michelle at 832-559-8726.

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Shield Bearer's Allie Scott Lends Expertise to New Skill Building Course for Women

Shield Bearer is launching an exciting new skill building course for women entitled CONNECTIONS: The Practice of Courage, Compassion, and Resilience. This course will be led by Shield Bearer Clinical Coordinator Allie Scott, MA, LPC, who brings extensive experience in the treatment of depression, anxiety, trauma, codependency, grief, marital issues, and sexual abuse. Ms. Scott purposefully selected a curriculum that features best-selling author and researcher, Dr. Brene Brown, as her in-depth studies of shame, fear, and vulnerability highlight the damaging effects on individuals and relationships.

Allie Scott explains, "This group is for all women who seek to live lives characterized by courage, compassion and connection and who want to stop living in shame, fear, and disconnection. All women who are committed to exploring their pain and learning how to develop a resiliency to shame are welcome. This class will be a closed group, which means that once we start, no new members may join the group. This will help create an atmosphere most conducive to learning and sharing, and one which will create trust and safety for participants."

This course will explore powerfully relevant topics including self-

esteem, love, belonging, authenticity, empathy, connection, power, courage, compassion, and more, with the ultimate goal of building a resilient spirit that fosters healing, joy, and gratitude.

The twelve session course begins September 7th and meets on select Wednesdays through December 14th, from 6:30PM-8:00PM at the Shield Bearer Central Office, 12340 Jones Road Suite 290, Houston, Texas 77070. Space is limited and participants are asked to register by August 31 by calling (281) 894-7222 or emailing intakes@shieldbearer.org. The course fee is \$300 and includes twelve sessions of course materials, instruction, and refreshments.

Ms. Scott adds, "This could be a life-changing experience for those willing to commit to the class, and it is a commitment - 12 weeks is a long time. However, the benefits will be incredible. I myself am so excited about this experience."

For more information about Shield Bearer, a non-profit 501c3 charity dedicated to building strong and healthy individuals, families, and communities through professional counseling services, education, and prevention programs, visit shieldbearer.org or call (281)894-7222.

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Northwest Harris County Aggie Mom's Club

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Come join us, on Tuesday, September 13, 2016 at 6:30 pm. at the Houston Distributing Company, 7100 High Life Drive, Houston, Texas 77066. This fun-filled Aggie evening is a great way to meet other Aggie Moms, find out about upcoming events, buy care packages for your student and win door prizes! Enjoy light refreshments and learn a few yells from the Yell Leaders. We are looking forward to meeting all Moms of freshman Aggies, current Aggie students and former Aggies!

ALSO CHECK OUT UPCOMING EVENTS:

Sat, Sept 10th is Shop Til You Drop from 9am-5 pm at the Berry Center!

Sat, Sept 17th is Hullabaloo Huddle! Football Watch Party starts at 6 pm at Swanny's Grill, 6224 Theall Rd, Houston. 12th Man Silent Auction & Door Prizes! Cheer for the Aggies as they play Auburn, and have a fun evening with other Aggie Moms.

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Recipe from the Kitchen

Hello, everyone. Chef Marty here with a fantastic dressing or marinade (works best with shrimp in my opinion) recipe that many of you got to sample during last month's Grape Stomper's Wine Dinner. By popular demand, I will now share it with you all! Enjoy...

Yield: appx 2 cups

- 2 tablespoon lime zest
- ¼ cup lime juice
- ¼ cup brown sugar, packed
- ¼ cup ginger, peeled and grated
- ½ cup green onion, chopped, white parts and some green
- 1 cup cilantro leaves, packed
- 1 tsp nutmeg, fresh grated
- ¼ cup honey
- 1 teaspoon balsamic vinegar
- 1 teaspoon Tabasco
- ¼ cup olive oil
- 6 ancho chiles, seeded and cut into strips

1. Place the lime zest and juice, brown sugar, ginger, green onions, cilantro, nutmeg, honey, vinegar, and Tabasco in a food processor or blender and process until smooth.

2. With the machine still running, slowly pour in the olive oil through the feed tube in a steady stream. Turn off the machine and stir in the ancho chiles. Transfer dressing into a tightly covered container and refrigerate. Will keep for up to 5 days.

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National Night Out is a great opportunity for citizens and law enforcement to partner up against crime.

This year, National Night Out is Tuesday, Oct. 4, 2016, from 7 to 9 p.m.

National Night Out is designed to:

1. Heighten crime and drug prevention awareness
2. Generate support and participation in crime efforts
3. Strengthen neighborhood spirit and police community relations
4. Let criminals know that neighborhoods are organized and fighting back

During the event, residents in neighborhoods throughout Austin and across the nation are asked to turn on their porch lights, lock their doors and spend the evening outside with their neighbors, police officers, firefighters and EMS paramedics. Events such as cookouts, block parties and neighborhood walks will all occur simultaneously throughout the city and nationwide.



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