



BUTLER'S BRIDGE

WEST BEND COMMUNITY IMPROVEMENT ASSOCIATION

VOLUME 2 | ISSUE 9

SEPTEMBER 2016

fall festival & artisan market



OCTOBER 15TH, 2016 | 11AM - 4PM
THE PLAZA AT WEST OAKS

Petting Zoo, Live Music, Local Artisans and More!
Vendor Opportunities Now Available

IMPORTANT NUMBERS

EMERGENCY

Emergency Situation	911
Constable Precinct 5	281 463-6666
Sheriff Emergency & Non.....	713 221-6000
Harris County Sheriff (Store Front).....	281 564-5990
Harris County Sheriff (sub-station)	281 463-2648
Poison Control.....	800 764-7661
Crime Stoppers	713 222-TIPS

EMERGENCY

AT&T (Repairs).....	800 246-8464
Center Point Energy (Electric).....	713-207-2222
Center Point Energy (Gas)	713 659-2111
Comcast (Cable)	713 462-9000
Mud #120 (Water)	713 405-1750
Reliant (Electric)	713 207-2222
Street Light Repairs -need Pole#.....	713 207-2222
Trash (Texas Pride Disposal)	281 342-8178

PUBLIC SERVICES

Local U.S. Post Office	281 920-9337
<i>12655 Whittington Dr, Houston, TX 77077</i>	
Toll Road EZ Tag.....	281-875-EASY (3279)
Volunteer Fire Dept.....	281 498-1310
Steve Radack (<i>County Commissioner</i>).....	713 755-6306
Animal Control.....	281 999-3191
Dead Animal Pick-up (Precinct 5).....	713 439-6000
Dead Bird Report.....	713 440-3036
Graffiti Clean-up.....	281 463-6300
Mosquito Control (Health Dept.)	713 440-4800
Mow the Bayou.....	713 684-4000

SCHOOLS

Alief Independent School Dist.	281 498-8110
Alief Transportation (to report Bus).....	281 983-8400

NEWSLETTER INFORMATION

Editor.....	Linda Hermon
WBCIANewsletter@yahoo.com	
Publisher	Peel Inc.
Advertising.....	www.PEELINC.com

Food Addicts in Recovery Anonymous

Food Addicts in Recovery Anonymous (FA), a not for profit organization with a 12 Step Program for individuals suffering from food obsession, overeating, under-eating and bulimia. There will be a free Community Information Meeting on October 10th at the Church of the Holy Apostles, 1225 W Grand Parkway S, Katy TX 77494, 7pm to 8:30pm. Everyone is welcome to attend this meeting, including those who think they may have a food problem or are concerned about someone else who may.

Please Welcome our new Community Manager

Sherridda Williams
Sherridda.Williams@ciaservices.com

Please check the website for updates. www.ciaservices.com

Board Meeting and Management

C.I.A. SERVICES INC.
3000 Wilcrest Drive Suite #200 Houston, TX 77042

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MONTHLY BOARD MEETING EVERY 2nd TUESDAY

7:00p - Executive Session
7:30p - Board Meeting
Butler's Bridge Pool
3915 Summit Valley Dr.
Houston, TX 77082

THE GARDEN PARTY

Randy Lemmon

So, if you know grass damage is not from chinch bugs, grub worms or fungal diseases (yet), then the problem in late September and early October is most likely cutworms or sod webworms.

The larvae of several kinds of moths, such as sod webworms and in some cases cutworms, feed on grass leaves and can damage turf extensively. The insects can be distinguished by their feeding habits and injury symptoms.

Sod webworms and cutworms are night-feeding caterpillars. Both feed around a small burrow or tunnel in the grass and carry the leaf blades into the tunnel. Silken threads can be seen in the early morning covering the tunnel of a sod webworm.

The cutworm is often found on golf greens after the greens are aerated. The aeration holes provide an ideal habitat for the cutworm larvae during the day, and they feed around the hole at night.

Armyworms are appropriately named because they can be seen moving across turf in large numbers, but I haven't (yet) spotted those at this time of the year. In contrast to sod webworms and cutworms, armyworms feed day and night and leave the grass with a white skeletonized appearance.

Adult sod webworms are small, white-to-gray moths with a snout-like projection on the front of their heads. While resting, the wings of the moth are closely folded about the body. They're frequently seen fluttering over the turf in the early evening. The females scatter eggs at random as they fly over the grass. Apparently, the moths are attracted to dark-green, healthy turf. The eggs hatch in 7-10 days, and the larvae begin feeding on grass leaves. As they mature, the larvae build silk-lined tunnels through the thatch layer and into the soil. The slender larvae reach $\frac{3}{4}$ inch in length and are light brown with several rows of dark spots along the entire length of the body.

The first signs of sod webworm damage are areas of unevenly clipped grass and patches of brown or closely clipped grass. The larvae remain active for several weeks, then pupate. Adults appear about a week later. Their life cycle is completed in 5-6 weeks with several generations per year.

Sod webworms are readily controlled by most liquid insecticides approved for turfgrass such as bifenthrin, malathion or any of the synthetic pyrethroids or carbamates out there. However, these are short-residual materials, and repeat applications are required to control the next generation. I have usually recommended liquid insecticides rather than granular types, similar to the way we control chinch bugs, to be sure of breaking the egg cycle.



Yard of the Month

SEPTEMBER 2016

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Drug Disposal Guidelines and Locations

The following guidelines were developed to encourage the proper disposal of medicines and help reduce harm from accidental exposure or intentional misuse after they are no longer needed:

- Follow any specific disposal instructions on the prescription drug labeling or patient information that accompanies the medicine. Do not flush medicines down the sink or toilet unless this information specifically instructs you to do so.
- Take advantage of programs that allow the public to take unused drugs to a central location for proper disposal. Call your local law enforcement agencies to see if they sponsor medicine take-back programs in your community. Contact your city's or county government's household trash and recycling service to learn about medication disposal options and guidelines for your area.
- Transfer unused medicines to collectors registered with the Drug Enforcement Administration (DEA). Authorized sites may be retail, hospital or clinic pharmacies, and law enforcement locations. Some offer mail-back programs or collection receptacles ("drop-boxes"). Visit the DEA's website or call 1-800-882-9539 for more information and to find an authorized collector in your community.

If no disposal instructions are given on the prescription drug labeling and no take-back program is available in your area, throw the drugs in the household trash following these steps:

- Remove them from their original containers and mix them with an undesirable substance, such as used coffee grounds, dirt or kitty litter (this makes the drug less appealing to children and pets, and unrecognizable to people who may intentionally go through the trash seeking drugs).
 - Place the mixture in a sealable bag, empty can or other container to prevent the drug from leaking or breaking out of a garbage bag. FDA's Ilisa Bernstein, Pharm. D., J.D., offers a few more tips:
 - Scratch out all identifying information on the prescription label to make it unreadable. This will help protect your identity and the privacy of your personal health information.
 - Do not give your medicine to friends. Doctors prescribe medicines based on your specific symptoms and medical history. Something that works for you could be dangerous for someone else.
 - When in doubt about proper disposal, ask your pharmacist.
- Bernstein says the same disposal methods for prescription drugs could apply to over-the-counter drugs as well.

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TENNIS TIPS

By USPTA/PTR Master Professional - Owner, Manager and
Director of Tennis
Grey Rock Tennis Club, Austin, TX



How to execute The Backhand Service Return

In previous newsletters, I offered tips on how to hit a forehand groundstroke, a two-handed backhand, one-handed backhand, forehand volley, the two handed backhand volley, the serve, the forehand half-volley, the one-handed backhand volley, the overhead “smash” and the forehand service return.

In this issue, I will offer you instructions on how to execute the second most important shot in the game of tennis: The Service Return, since it is the response to the first most important shot of the game: The Serve. In the illustrations, Susan Herb, player at the Grey Rock Tennis Club, shows the proper technique to execute this stroke.

Step 1: The Ready Position: When Susan is getting ready to return the serve, her eyes are focused on the tennis ball held by the opponent. Knees are relaxed and the hands are holding the racket with a relaxed grip.

Step 2: The Back Swing: Once Susan realizes that the ball has been directed to her forehand, she will turn her upper body and will take the racket back. Notice that the left hand is up in front to allow her to keep her center of gravity in the center. She has loaded her weight on her left foot and will be ready to step forward to meet the ball.

Step 3: The Point of Contact: Susan now is ready to step into the ball. She has kept her eye on the ball and her center of gravity now is shifted to the point of contact. Notice the right knee being slightly bent and the right foot is pointing to the ball meeting the racket.

Step 5: The Follow Through: Once Susan has finished her stroke, the momentum of the racket continues to move almost to a point behind her neck. Her left hand is next to her body and her left elbow is pointing toward her target. Her body is now ready to take the “split step” with both feet in order to prepare for the opponent’s returned shot.

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Association Crime Stoppers

Everyone wants a safe place to call home, and our association strives to make all residents feel secure. While we're diligent in our efforts to reduce possible dangers in our community, we can't do it alone. It's up to everyone to pitch in to keep crime rates down. Thankfully, taking a few simple steps can go a long way in keeping theft, vandalism and other felonies and misdemeanors out of the association.

Know Your Neighbors. And not just the neighbors on your block, but also the neighbors from all parts of the association. At the very least, you'll get a better idea of who actually lives (and in turn, who belongs) here. Talking with your neighbors will also give you the chance to find out if there have noticed any crimes or suspicious activity in the association recently so that you can be on the lookout as well. Consider creating and distributing a block list with everyone's contact information on your block so that you and your neighbors can alert each other of any problems that arise.

Leave The Light On. A good way to deter felons from breaking into your home is to make sure your front porch light stays on all night, even when you're out of town. Not only does it signal that someone's home, it also makes it harder for vandals to hide among the shadows. If you're worried that you'll either forget to turn the light on at night or off in the morning, you can purchase an inexpensive timer that will automatically do that for you every day. Also, if you see any street lights around the association that are burnt out, please contact <https://slo.centerpointenergy.com/> or let the clubhouse know as soon as possible so that we can replace them for everyone's safety.

Lock Up. If you want to keep unwanted guests out, don't make your home inviting. Even when you're around, it's best to keep all gates, doors and garages locked at all times. It's also a good idea to keep your windows closed and locked when possible, especially if they're on the ground floor.

Put On Your Walking Shoes. Taking a stroll around the association isn't just good exercise. You can casually patrol the community for anything suspicious or usual, as well as swap notes about criminal activity in the area with other neighbors who are out and about. Also, when more residents regularly walk around the association, it can help scare off hooligans who are afraid of getting caught in the act.

Clean It Up. Picking up litter, removing graffiti and keeping trees, bushes and lawns trimmed not only makes the association look better, but also sends the message that our residents are diligent about keeping the neighborhood a respectable place to live. This can help discourage troublemakers from hanging around our community and encourage responsible and involved people to move to the association.

See Something, Say Something. If you notice a crime or a suspicious activity, regardless of how small the incident may seem, notify your local precinct or notify 911. Keep in mind that our local precinct is already in our area. List this number under A911 on your phone for easy access.

We all have a responsibility to our community to help keep it safe, and incorporating even a few of these tips can go a long way. Volunteer for our Crime Watch committee; do your part to make our association a place you're happy to call home.



Cloudy with a Chance of Technology

We all know about the clouds that shade the sun and carry rain. Now it's time to get to know the other cloud—the one that delivers computing power, handy applications, and the ability to share information with others wherever and whenever you need. Like the atmospheric mass that provides its name, the technological phenomenon impacts our daily lives.

Cloud computing sounds mysterious and untrustworthy, but chances are you're already working, playing and surfing in the cloud. If you've purchased an iPhone, Kindle, or any smartphone, tablet or computer recently, you're probably taking advantage of its benefits. If you've downloaded a song from the Internet, chatted on Skype or purchased something from Amazon.com, you've used the cloud.

So, what does the cloud mean to you, and how can you harness its power?

It means you can pay your assessments online. You can access association documents and board meeting minutes from wherever you are. It might also mean, for the owners of second homes, that you can tune in to board meetings from the other side of the country.

It means you can work from a remote office without losing a beat. You can collaborate with others on a document without having to e-mail the file back and forth. You can store photos, music and files online without taking up precious space on your computer.

The cloud offers cheaper, stress-free alternatives to expensive hardware and maintenance. All you really need to take advantage of the cloud is reliable Internet access, but you should carefully consider security, privacy, the provider's reliability and contract terms first.

How secure is your data and information on the cloud? What privacy rules are you subject to? Some cloud services include clauses that allow providers to access and use a customer's data—often for marketing purposes—and can retain that data long after you're done using the service.

What if the company providing the cloud service goes out of business? What happens to all your information? Do contact terms lock you into one program or application?

These are important questions to ask. And though the cloud is relatively new, it's here to stay and will become even more prevalent over time. To see a list of cloud computing providers, visit <http://cloud-computing.findthebest.com>.

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POOL CLOSING FOR THE SEASON

Last Day is Monday, September 5th

STORAGE OF TRASH AND TRASH RECEPTACLES

Though most people think of "Trash Day" as the day of the week on which their garbage is collected, many of us place our refuse on the curb the night before. But how early is too early to put out the trash?

The answer is, anytime before 5:00 PM the night before Tuesday and Friday is too early.

The storage of trash receptacles are to be stored out of view from the street at your earliest opportunity or at least no later than 24 hours after the trash has been picked-up.

Our community should never see trash at the curb on Saturday, Sunday, or Wednesday, and not before 5:00 PM on Monday and Thursday unless it is bundled tree limbs only. Grass clippings bagged by you or your lawn service need to be stored out of sight until trash day.



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