

VOLUME 1

ISSUE 3

THE LADERA Bulletin

NEIGHBORHOOD NEWSLETTER



WELCOME TO THE BULLETIN

*A Newsletter
for the Residents of
Ladera*

The Bulletin is a monthly newsletter mailed to all Ladera residents. Each newsletter will be filled with valuable information about the community, local area activities, school information, and more.

If you are involved with a school group, play group, scouts, sports team, social group, etc., and would like to submit an article for the newsletter, you can do so online at www.PEELinc.com. Personal news (announcements, accolades/ honors/ celebrations, etc.) are also welcome as long as they are from area residents.

GO GREEN! Subscribe via Peelinc.com to have an email sent to you with a link to a PDF of the newsletter, or have an email sent to you instead of having a newsletter mailed to you!

Do You Need to Contact Your **HOA?**

*Please log into the community website and visit the
"HOA Service Team" section*

www.laderahoa.org

WHEN Ladies Group

Ladera has a ladies group called WHEN (Women Having Empty Nests) that get together for happy hour from 5pm-7pm the first Wednesday of each month at the rooftop bar at the Sonesta Hotel. It is a great way to meet new friends and catch up on all things Ladera and Bee Cave. If you have questions, please contact:

Charlotte Parker at charlotte.parker@ymail.com



IMPORTANT NUMBERS

EMERGENCY NUMBERS

EMERGENCY	911
Fire.....	911
Ambulance	911
Police Department	512-314-7590
Sheriff – Non-Emergency.....	512-974-0845
Travis County ESD No.6/Lake Travis Fire Rescue	
Administration Office.....	512-266-2533
Travis County Animal Control.....	512-972-6060

SCHOOLS

Lake Travis ISD.....	512-533-6000
Lake Travis High School.....	512-533-6100
Lake Travis Middle School.....	512-533-6200
Lake Travis Elementary.....	512-533-6300
Lake Pointe Elementary.....	512-533-6500

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Texas Gas Service	
Custom Service.....	1-800-700-2443
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Billing.....	1-800-858-7928
Time Warner Cable	
Customer Service.....	512-485-5555
Repairs.....	512-485-5080
Austin/Travis County Hazardous Waste	512-974-4343

OTHER NUMBERS

Bee Cave City Hall.....	512-767-6600
Bee Cave Library	512-767-6620
Municipal Court	512-767-6630
Lake Travis Postal Office.....	512-263-2458
Lakeway Regional Medical Center.....	512-571-5000
City of Bee Cave	www.beecavetexas.com

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HALLOWEEN SAFETY TIPS

Since Monday, October 31st is Halloween and a school night most trick-or-treaters will be out earlier than usual! It will still be light and make it more enjoyable and safe for the kiddos!

As families in Ladera make their plans for Halloween, we'd like to share these important safety reminders.

- A parent, other familiar adult, or responsible older brother or sister should always accompany younger children.
- Older children should plan out a trick-or-treating route with their parents, wear a watch, and return home at an agreed upon time.
- Children should never approach a home without lights, nor is it advisable to take candy that has been left in a container outside a home.
- Children should not eat any collected candy until an adult has inspected it. Any unwrapped or partially wrapped candy should be thrown away.

• Make sure your yard is clear of items such as ladders, hoses, dog leashes, and flower pots that could trip young children.

• Battery powered jack-o'-lantern candles are preferable to using a real flame.

• If you do use candles, place the pumpkins well away from where trick-or-treaters will be walking or standing.

In addition, there are also good safety tips provided by area Humane Societies/Animal Shelters for families with pets:

• Keep pets inside. This is a very stressful time for your animals. Pets, especially cats, can be vulnerable targets for pranksters on Halloween night. Keep them safe indoors, preferably in their own room, to avoid your pet from darting out the door.

• Be sure to keep pets away from candy bowls to avoid accidental ingestion of chocolate, which is harmful to dogs and cats. Also beware of candy wrappers, which can be hazardous if swallowed.

• Beware of jack-o'-lanterns lighted with candles – a wagging tail can easily knock them over and cause a fire hazard. Or a curious kitty can get his paws or nose burned by the flame. Use a safety glow stick or flashlight instead.

Don't get spooked by crooked teeth!

Use your remaining FSA money before the end of the year or start planning for next year!

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CROSSFIT HIVE

WELCOME to Gainsville!

Gains

(NOUN)

GAINS IS BEST DESCRIBED AS A LIFESTYLE THAT MANY TAKE TO PUT ON MUSCLE AND GET INTO SHAPE.

HOWEVER, GAINS ISN'T JUST ABOUT GETTING BIG MUSCLES AND LOOKING LEAN. THE COMPLEX LIFESTYLE OF MAKING GAINS IS COMMONLY MISINTERPRETED AS SIMPLE MEATHEAD TERMINOLOGY. ONE WILL FIND THAT MAKING GAINS CONSISTS OF: THE PROCESS OF LIFTING, EATING HEALTHY, AND MAKING LIFE DECISIONS BASED OFF OF ONES HEALTH.

IT CAN ALSO REFER TO SOMETHING THAT BRINGS ONE GREAT PLEASURE AND BE USED TO DESCRIBE THINGS OR PEOPLE.

"THOSE EGGS ARE STRAIGHT UP GAINS."

"NO, I'M NOT GOING TO DRINK THAT BEER. I DON'T WANT TO KILL MY GAINS."

"CROSSFIT HIVE IS HELPING ME MAKE ALL KINDS OF GAINS"

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FACEBOOK.COM/CROSSFITHIVE

National Night Out in Ladera



National Night Out is an annual community-building campaign that promotes police-community partnerships and neighborhood camaraderie to make our neighborhoods safer, better places to live.

Ladera will be celebrating Saturday, October 8th with our local fire, police and local

responders. 4121 Gandara Bend, 5pm-8pm

The P. Terry's will be providing a full dinner, sponsored by the Ladera HOA.



School Bus Safety

Now that school is back in session, here are some reminders regarding our children and school buses. Most of the school age children in Ladera will take the bus to school.

Texas School Bus Law

- Stop for flashing red lights on a school bus, regardless of which direction you're headed.
- Continue your trip once the bus has moved, the flashing lights stop flashing or the bus driver signals it's okay to pass.
- Violations can lead to a \$1,000 fine.

Safety Tips for Motorists

- Obey the posted speed limit.
- Fines double in school zones.
- Keep an eye on children gathered at bus stops.
- Watch for children who might dart across the street to catch the bus.

Tips for Students

Respect your school bus driver and follow these rules:

- Stand far back when you are waiting for the bus.
- Sit still so the driver can pay attention to the road.
- Look both ways if you have to cross the street after getting off the bus, or wait for the driver to signal it's safe to cross the street.

Misdirected Mail



Seems we often find someone else's mail in our mailboxes. When that happens, the courteous thing to do is to take it to the person to which the mail was addressed. It is a great way to meet your neighbors and they really appreciate it.

What is the purpose of an architectural committee in Ladera?

The Ladera architectural committee's responsibility comes from the association's bylaws or CC&Rs. Members of the architectural committee are responsible for maintaining the aesthetic and structural integrity of the association and enforcing the CC&Rs. They review any applications for modifications, additions, or architectural changes in the community.

Article 2.3 of the Ladera CC&Rs addresses the issue of any alterations to your property. It states, in part "No improvement may be constructed, altered or removed upon or from any of the Property without the prior written approval of the Ladera Architectural Committee."

Before you begin any changes to your property, please contact First Service Residential to find out if it is something for which you need prior approval. They be reached by emailing accastin@fsresidential.com. If prior approval is needed, they will direct you to the community website to obtain an application.



Scoop the Poop! Pet Waste Bin Stations

Recently, waste bins have been added to the existing two pet waste stations. A third will be installed to the right of the mailboxes located at the corner of Ladera Boulevard and Gallego Circle.

The
Children's
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Of Austin



The Children's Center of Austin
is hosting their Fall Festival

October 28th from 6:30 - 8 PM

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Removing Tree Stakes

While trees generally need stakes to keep them upright for the first season after planting, they should be removed after one to two years so that the tree continues to grow and thrive. The ties used to fasten the stakes to trees can cause indentations in the tree if left on. Such indentations can significantly weaken a tree and constrict bark growth. The tree can also get strangled if stakes are left on too long, which can upset the flow of water and nutrients in the tree. This can also cause weak spots.

The trees in our yards in Ladera were staked with metal. They can be hard to remove. Go to YouTube and search for 'removing metal tree stakes'. There are several videos showing how to remove them safely.

When you remove your metal tree stakes, please email me at satalamo@yahoo.com and I will arrange for them to be picked up.

Garbage and Recyclable Pick-up

Our garbage service is provided by Texas Disposal Systems, Inc. They pick-up in Ladera every Thursday. In addition to providing garbage service, they also will pick-up recyclable items if you request a separate bin. A list of recyclable items is listed on their website. Recyclables are picked up every other Thursday. If you have any questions, or need to know the schedule in Ladera, they can be reached at 800.375.8375 or you can access the website which is www.texasdisposal.com.

Lisa
vs a
**Leaky
Roof**



Lisa's roof had served her well for many years, but the recent rains revealed that its lifespan had come to a close. Our partners were there to help!

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LTHS Cavalettes to host Junior Cavalette Dance Clinic!

The Lake Travis High School Cavalettes are preparing to host their annual fall Junior Cavalette Dance Clinic! Each year the Cavalettes entertain the Cavalier fans and members of our community with their award-winning half-time performances and parade appearances. This is an opportunity for kids, K-8th grade, to join the Cavalettes to learn a dance routine and participate in the Homecoming parade and pep-rally!

The clinic will be held on Saturday, October 15th from 1- 4pm. The Jr. Clinic is for kids, K-5th, and the Drill Team Prep clinic is for middle school students, 6th-8th grades. They will learn skills to help them prepare to be a future Cavalette! Both groups will learn a dance routine and participate in games and other fun activities. On Wednesday, October 19th, these dancers will have the opportunity to show off their new skills as they ride on a float in the Homecoming parade and perform alongside the Cavalettes at the community pep-rally on the LTHS Varsity Field!

This fundraising event is a wonderful opportunity for kids who love the Cavalettes and LOVE to dance! The proceeds from this event go directly to support the Cavalette and Red Ruby dance teams and also help fund the Cavalette Senior Scholarship program. The cost to attend is \$45 if you register in advance by October 13th. Learn more at www.LakeTravisCavalettes.com or <https://cavalettefallclinic2016.eventbrite.com>

Last year, the Cavalettes wished upon a star to dance with Mickey Mouse, Cinderella, Pinocchio, and more at the magical Walt Disney World. Thanks to our JDC participants, the funds raised will help the Cavalettes make their dreams come true this May! They are looking forward to learning from dance professionals with Disney's Dance the Magic. During their 5 day stay, they will join in workshops with Disney choreographers and dancers, perform on the Disney stage, and experience the enchanted Walt Disney World theme parks. The Cavalettes appreciate your support and look forward to a wonderful clinic and year ahead!



RETIRE BETTER THIS TOO SHALL PASS

WITH JOSH STIVERS

The election cycle in the United States is nearing the finish line, with less than 45 days to go until Nov. 8th. Inevitably, during client account reviews, the discussion turns to the election and the potential implications it may have on portfolios and retirement plans.

I want to take a moment to share a “calming perspective” to a time and a topic that is often anything but calming: the presidential election.

Does the stock market care which party wins?

Research from Goldman Sachs has shown the stock market has been rather indifferent to which party ends up in the White House. As a matter of fact, the 12 months following presidential elections have averaged a median total return of 10% regardless of whether Republicans or Democrats took office. Recent events also seem to indicate that constant media attention drawing us into the “political storm” tends to ultimately result in minimal impact on investments long term.

Election cycles come and go every four years. Some elections, like this one, are more volatile and passionate than others. We would expect a highly volatile media period over the next 45 days and the potential for

volatility in stocks over the next 6 months.


That being said, I want to offer the following reminder: First, this too shall pass. And, as investors, the most important thing to remember is you are invested for the long term. It sounds almost cliché to say it, but the secret to surviving the volatility that comes with investing is having a well-constructed financial strategy and an advisor you can turn to for guidance through the storms.

Consider asking your advisor the following questions:


1. Is it time to review my portfolio and plan?
2. Is my portfolio's risk still aligned with my goals?
3. How would a sustained downturn affect my investment plan?
4. Should we be making any changes based on the current economy and recent news cycle?

It is important you continue to make investing decisions based on your long term strategy and no be overly swayed by the temporary fluctuations caused by current events. If you have any concerns or would like to talk, please give me a call or email:

retirebetter@platinumwealthadvisory.com

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Political Signs

With the campaign season in full swing it is important to know the following:

Section 2.12d in our CC&Rs states, "An Owner may erect one (1) political sign not exceeding six (6) square feet in an area on such Owner's lot advocating the election of one or more political candidates or the sponsorship of a political party, issue or proposal, provided such sign shall not be erected more than ninety (90) days in advance of an election to which signs pertain and are removed within fifteen (15) days after election."

Helpful Resources

A reminder to sign up on the Ladera HOA website located at www.LaderaHOA.org.

For gardening and lawn issues: www.klru.org/ctg

Keeping up with the neighbors: www.nextdoor.com

There are several Facebook groups which will keep you informed about our area:

*Ladera, Bee Cave; *Bee Cave Bee on Facebook; *Monty's Bee Cave Buzz— Monty Parker is a City Council member for the city of Bee Cave; *Kara King's Bee Cave Updates – Kara King is a City Council member for the city of Bee Cave

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SAGE TIPS FOR SOWING CENIZO

By Brad Wier,

Courtesy www.gardenstylesanantonio.com

Cenizo is a stalwart in the natural Texas landscape. On a rocky western outcrop on a scorching August day, its blooms cover hillsides and valleys with pom-poms of pink flowers, all the way to the horizon — and it can do this with no help from sprinklers or hedge trimmers. Even on a winter day, it retains the silvery leaves that earned it the name Texas sage.

So if you're adding a watersaver garden to the home landscape cenizo is one of the easiest plants to use in an unwatered setting. (For fastest growth, though, give it some extra water in spring.)

Since it became commercially available, the ever-popular cenizo may have been overused a bit in San Antonio landscapes, especially in shade — it is frequently found fully irrigated under live oaks, looking weird and leggy. (Leggy plants can always be cut back and restarted.) But over-use doesn't detract from cenizo's essential advantages: it needs no water or trimming, and it's one of the very few evergreen native hedges for south central Texas.

For long-lasting shrubs and other architectural plants, why would you use something that needed to be trimmed and watered? For a scorching inferno strip on a big lot, cenizo provides year-round screening — so you can save your water for something, or someone, that needs it.

For my watersaver gardens, I always try to find a way to include cenizo, whether as a single specimen (in a 200-square-foot watersaver coupon, a single cenizo can fill 16 to 25 square feet!) or as an entire hedgerow — a drought-hardy native substitute for Burford holly, xylosma, and red-tipped photinia. Pair it with a couple of mountain laurels, silver sotol and a scattering of bluebonnets, and you've got a watersaver landscape worthy of a Texas patriot.

Many varieties are available; all are native to the Chihuahuan desert, and none require irrigation to thrive. 'Compacta' grows to about 5' in height and width, with that perfect 'evergreen meatball' shape so loved by landscape architects and homeowners alike. As its name suggests, 'Green Cloud' is well-loved for its large and richly colored leaves.



FINDING BALANCE ONE ROOM AT A TIME

TAKING A SYSTEMATIC APPROACH TO DE-CLUTTERING & ORGANIZING YOUR HOME THIS FALL

Now that the kids are back in school and the hotter days of summer are over, it is a good time to focus on your home. While it may seem like a daunting task, an easy place to start is fall cleaning, the counterpart to spring cleaning. This includes both de-cluttering & organizing.

De-cluttering - Before you begin, have the right mindset and tools in place. I always find it helpful to have 5 labeled containers ready to go. The labels should read 1) Use 2) Store 3) Donate 4) Sell and 5) Trash. As you move from room to room or closet to closet think about the cooler temperatures and pull out those items that will come in handy like winter clothing and bed linens. Also, you might want to take out spring and summer colors in your décor and place those things in your "store" bin. The benefit to taking this systematic approach is that it can be much easier to make decisions on items when you only have the 5 choices right in front of you as well as a place to put items rather than on the floor in several piles. Using the right types of containers is also helpful-plastic bins for use and

store, cardboard boxes for donate and sell and trash bags for trash. That way, no more thought goes into how it gets to the right place, it's all ready to go.

Organizing - After cleaning out unnecessary items, it's time to organize the things you want to keep. I love to containerize my things. What containers you use depend on what it is for; jewelry, make-up, seasonal clothes, purses, books, magazines, toys, etc. All types are available at a variety of stores. The key is to determine what you want to place in bins and make a list of what size, shape and material you need before you head out to shop for the containers. A place for everything and everything in its place is a smart motto.

From here, you will have a clean slate and can create a warm and inviting home this fall for you to enjoy with family and friends and be ready for all of the upcoming holidays.

Article by Rita Lopez, business owner and creative designer. If you would like more home organization and/or design tips, please contact rita@tarragonadesigns.com



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so we can let you know!

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