

# Meyerlander MONTHLY



Volume 4 | Issue 10

MEYERLAND.NET

OCTOBER 2016



Families and Friends Forever

# Listing & Selling Meyerland's Finest Homes!

## *Can we help you with your Real Estate needs?*

**Featured listing!**



**MEYERLAND AREA** | 5118 Rutherglenn Drive  
 Offered at \$485,000 | 3 BEDROOMS | 2 BATHS | ±2,093 SQ. FT.  
 Never flooded. Bright kitchen with granite. Wood floors in living, dining and breakfast areas. Backyard with brick patio and pergola.

**Build your dream home here!**



**MEYERLAND** | 9607 Cedarhurst Drive  
 Offered at \$385,000  
 ±2,697 SQ.FT. | ±10,519 SQ.FT. LOT

**MEYERLAND** | 5114 Braesheather Drive  
 Offered at \$420,000  
 ±3,243 SQ.FT. | ±11,570 SQ.FT. LOT

**Sale Pending!**



**MEYERLAND** | 5230 Ariel Street  
 Offered at \$599,000 | 4-5 BEDROOMS | 3 BATHS | ±2,995 SQ. FT.  
 Never flooded. Home offers large formals and game room. Pool.

**SOLD!**



**MEYERLAND** | 5022 Beechnut Street  
 Last list price \$339,000  
 3 BEDROOMS | 2 BATHS | ±1,560 SQ. FT

*Contact us with all your real estate needs.*



**Terry Cominsky**  
 REALTOR-ASSOCIATE®  
 713.558.3331  
 Terry.Cominsky@Sothebyshomes.com



**Brena Moglovkin**  
 REALTOR-ASSOCIATE®  
 832.264.6007  
 Brena.Moglovkin@Sothebyshomes.com

You deserve a great Realtor® who knows  
**Meyerland!**  
 We have over 50 years of combined experience.

If you are thinking of buying or selling a home in Meyerland, allow us to provide you with our Meyerland expertise, the strength of Martha Turner Sotheby's International Realty's worldwide network and a Relocation Department coordinating moves of buyers into Houston.

Martha Turner  
**Sotheby's**  
 INTERNATIONAL REALTY

# IMPORTANT CONTACTS

## MCIA OFFICE

Amy Hoechstetter ..... MCIA General Manager  
Catherine Martin, Randi Cahill ..... Office Staff

## OFFICE HOURS:

Monday - Thursday ..... 9:00 a.m. - 2:30 p.m.  
Friday ..... 9:00 a.m. - 12:00 p.m. Central Time  
*Closed Saturday, Sunday, and holidays.*

Telephone..... 713-729-2167  
Fax .....713-729-0048  
General Email ..... office@meyerland.net  
Architectural Control ..... randi@meyerland.net  
Community Assistance..... catherine@meyerland.net  
*4999 West Bellfort St., Houston, TX 77035*

Visit our website at [www.meyerland.net](http://www.meyerland.net)

## SECURITY

Precinct 5 Constable (including burglar alarms) .....281-463-6666  
Emergency ..... 911  
Houston Police Dept. Non-Emergency.....713-884-3131

## CITY OF HOUSTON

Houston Help & Information.....311 or 713-837-0311  
District C Council Member, Ellen Cohen ..... 832-393-3004  
Meyer Branch Library ..... 832-393-1840  
Godwin Park Community Center.....713-393-1840

## CENTERPOINT ENERGY

Electric outages or electric emergencies  
..... 713-207-2222 or 800-332-7143  
Suspected natural gas leak  
..... 713-659-2111 or 888-876-5786

For missed garbage pickup, water line break, dead animals, traffic signals, and other city services, dial 311. Some mobile phone users may need to dial 713-837-0311.

## BOARD OF DIRECTORS

To contact a member of the Board of Directors, please visit [www.meyerland.net](http://www.meyerland.net) and click Contact Us.

## EXECUTIVE BOARD

President .....Larry Rose  
Vice-President ..... Mike Jones  
Treasurer ..... Gerald Radack  
Secretary..... Marlene Rocher

## SECTION DIRECTORS

Charles Goforth ..... Section 1  
Bill Goforth..... Section 1  
Open..... Section 2  
Emilio Hisse..... Section 2  
Open..... Section 3  
Cary Robinson ..... Section 4  
Gary Altergott ..... Section 5  
Open..... Section 5  
Open..... Section 6  
Lisa Gossett..... Section 6  
Gerda Gomez..... Section 7  
Austin Knight..... Section 7  
Marlene Rocher..... Section 8 North  
Paul Connor..... Section 8 North  
Bryan Holub ..... Section 8 South  
Jordan Longerot ..... Section 8 South  
Larry Rose..... Section 8 West  
Steve Fowlkes ..... Section 8 West  
Ross Cunningham..... Section 10  
Robert Lordi ..... Section 10  
Mike Jones ..... At-Large  
Gerald Radack..... At-Large  
Elizabeth Black Berry ..... Ex Officio

## NEWSLETTER INFORMATION

### MCIA Publications Committee

Gerald Radack - Editor Shirley Hou  
Amy Hoechstetter Marlene Rocher  
Gerda Gomez Joyce Young

Send comments to [meyerlander@meyerland.net](mailto:meyerlander@meyerland.net)

Publisher - Peel Inc..... [www.peelinc.com](http://www.peelinc.com)  
Advertising.....1-888-687-6444

**Photo Opt Out** - If you do not want your home's photograph featured in the newsletter, please send an e-mail to [meyerlander@meyerland.net](mailto:meyerlander@meyerland.net) with your address and the subject line "Opt-Out."

**Ad Disclaimer Statement** - The Meyerland Community Improvement Association neither represents nor endorses the accuracy or reliability of any advertisement in our newsletter. We strongly encourage you to do your own due diligence before responding to any advertisement.

*Meyerlander and Meyerlander Monthly are trademarks of the Meyerland Community Improvement Association (MCIA).*

© Copyright MCIA 2016, All Rights Reserved

## ON THE COVER

"Meow've" over! Kirby and Millie Mayfield love to "cat nap" together. The owners are Greg & Martha Mayfield.

## OCTOBER

is Junk Waste Collection Month  
Wednesday, October 12th

Brilliant Energy Texas OUC #10140

# BRILLIANT ENERGY

Easy Online Sign-Up at

**BrilliantElectricity.com**

USE "NEIGHBORHOOD NEWSLETTER" AS REFERRAL

BRILLIANT ENERGY = SERIOUSLY LOW RATES

BRILLIANT ENERGY'S ELECTRICITY RATES CHALLENGE  
THE RATES OF EVERY OTHER PROVIDER IN TEXAS!

LOCK-IN A LOW ELECTRICITY RATE FOR  
UP TO 3 YEARS

BRILLIANT ENERGY IS RECOMMENDED BY TEXAS ENERGY  
ANALYST, ALAN LAMMEY THE HOST OF THE "ENERGY  
WEEK" RADIO SHOW ON NEWSTALK 1070 KNTH!

Ask the "Energy Analyst"  
281.658.0395

**GREAT BUSINESS RATES TOO!**



## Great Things are Happening at Herod Elementary

by Amy Hoechstetter



Gary Herod Elementary has a new Principal. Michelle Turek joined the Herod team in her role as principal beginning with the 2016-2017 school year. Her career in education began as a high school English teacher where she taught English in both middle and high schools. Ms. Turek was an instructional specialist and then served as an assistant principal at Deady Middle School. Prior to her new role as Herod's principal, she served as assistant principal

at Roberts Elementary. She received her Bachelor's Degree in interdisciplinary studies from the University of Houston-Downtown and her Master's Degree in academic leadership and supervision from the University of Texas at Arlington. Ms. Turek looks forward to bringing her knowledge and expertise in working with students and professional staff to Herod.

Herod's active Parent/Teacher Organization (PTO) was extremely successful last year and raised more money than it had ever raised in the past. This year, the PTO has set even higher goals. Last year's successful fundraisers included the Fun Run which encouraged parents and friends to sponsor students who run laps around the track. The activity promotes physical health and welfare as well as benefitting the school financially. The PTO also held a Silent Auction in the spring and it was the most successful school auction to date. Both events are used to secure funds for school programs in addition to the funding they receive from HISD. The PTO plans to host both of these fundraisers in the 2016 - 2017 school term.

Last year Herod Elementary implemented a teacher blog whereby teachers could communicate with parents by posting weekly updates. The idea behind the blog was that the more information a parent receives about his child's school, the more involved the parent will become in his child's education. This in turn would bolster the student's academic and social success. The school would likewise benefit from more parental involvement and support.

In July 2016, Herod's Plant Manager, Ms. Janice Gordon, received the honor of Employee of the Month by HISD. Gordon is tasked with keeping the school's grounds safe, clean and attractive. She was chosen from all HISD employees and recognized for her well-manicured lawns at Herod Elementary. Congratulations to Ms. Gordon!

# Meyerland

past, present & future

a neighborhood we know, we sell & we believe in



**Amy Bernstein**

713.932.1032 x 148  
abernstein@BernsteinRealty.com



**Cathy Craig**

832.449.2320  
ccraig@BernsteinRealty.com



**Leora Kahn**

713.826.9109  
lkahn@BernsteinRealty.com



**Judy Levin**

713.204.8807  
jlevin@BernsteinRealty.com



**Elise Niefeld**

713.298.1623  
eniefield@BernsteinRealty.com



**Laura Perlman**

281.796.1798  
lperlman@BernsteinRealty.com



**Sondra Rosenthal**

713.870.3790  
srosenthal@BernsteinRealty.com



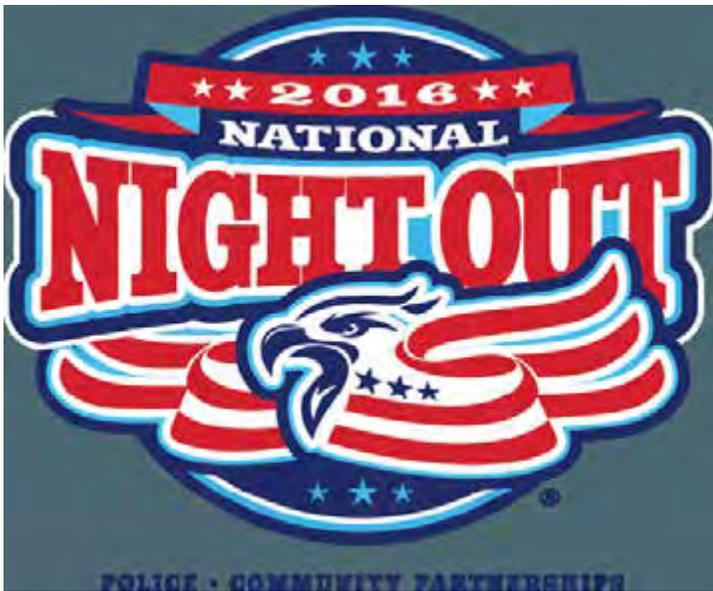
**Mindy Tribolet**

713.502.5915  
mtribolet@BernsteinRealty.com

*Your home.* Our expertise.

**713.932.1032**  
**www.BernsteinRealty.com**





## National Night Out October 4th

By Catherine Martin

Tuesday, October 4th is National Night Out. National Night Out (NNO) is an annual community-building campaign that promotes police-community partnerships and neighborhood camaraderie to make our neighborhoods safer, better places to live. Many homeowners host NNO parties in order to meet and develop relationships with their neighbors as they watch out for each other on their street.

Please also visit the Precinct 5 website to take advantage of several valuable free programs that are offered to help keep you and your community safe. For example:

Home Safety Inspections:

To schedule an inspection at your home, please contact Deputy Kovar at (281) 642-8814, or [john.kovar@cn5.hctx.net](mailto:john.kovar@cn5.hctx.net)

Operation ID:

A Precinct 5 Officer will bring an engraver to your residence for you to use. You engrave your items with an identifier of your choice (driver's license number, initials, a logo or a keyword). If an item is stolen, it is easier to identify and return to the original owner as well as prosecute the violator. To request an engraver send an email to [pct5webadmin@cn5.hctx.net](mailto:pct5webadmin@cn5.hctx.net). Please include a contact phone number.

If you host a block party, please forward photographs of your best party moments that can be shared on the Meyerland website and in the Meyerlander Monthly. We look forward to hearing from you and sharing the pride our homeowners take in protecting their Meyerland homes.

## Meyerland FARMERS MARKET

### Local Farmers Market Set To Open November 19

by Shirley Hou

Shopping for farm fresh vegetables, fruits and dairy products directly from local growers and farmers right in our neighborhood will become a reality this fall when the Meyerland Farmers Market opens Saturday, November 19 from 9 a.m. to 1 p.m. at the southeast corner of Beechnut and Chimney Rock, in the parking lot of Pilgrim Lutheran Church and School.

Farmers and local producers will be offering a host of high quality produce, specialty foods and organic dairy products and fine meats. Communities like Meyerland that support farmers markets help sustain local family farms and growers while providing residents in the area with access to healthy foods and products.

The family style market will be supervised by a professional market manager and a security officer every Saturday when the market is open - rain or shine. Parking will be available at Pilgrim Lutheran Church and School, in addition to Moonlight Street and adjacent streets. We urge residents to walk or ride bikes to the market in order to reduce traffic congestion. Don't forget to bring reusable shopping bags.

For additional information, please visit the Meyerland Farmers Market Facebook page at <https://www.facebook.com/meyerlandfm>.



## Parking Woes around Johnston Middle School (now MMPVA)

by Amy Hoechstetter

Homeowners who live around Meyerland Middle School for the Performing and Visual Arts (MMPVA), formerly Johnston Middle School, attended the MCIA Board of Directors meeting on September 12th to express their frustrations regarding the deteriorating parking situation near the school. MMPVA is located in Section 8 South at 10410 Manhattan Drive. Numerous parking violations at drop off and pickup times affect residents who live in the 5200 and 5300 blocks of Lymbar, Cheena, Wigton, Yarwell and Dumfries. The problems include blocked driveways, parking on “no parking” sides of the street during drop off and pick up, littering of neighborhood homes, etc. Of utmost concern is the potential for first response vehicles to be unable to navigate the affected streets in the event of an emergency. These issues have plagued the area and worsened over the last two school years.

In an effort to alleviate the parking violations, the Board of Directors voted to designate funds for off-duty police officers to execute an appropriate enforcement plan. In addition, homeowners

living on or near the affected streets will be receiving a reminder from the MCIA Office regarding the parking rules governed by the City of Houston and the Meyerland MPVA.



**ASAP**  
ALL SOLUTIONS  ALL PESTS

**713-397-4477**  
[www.Asap-Houston.com](http://www.Asap-Houston.com)  
**Take Your Home Back with All Solutions....All Pests**

<b>If any of the following are 'setting up shop' in your house, call us!</b>	<ul style="list-style-type: none"><li>• Bed Bugs</li><li>• Roaches</li><li>• Termites</li><li>• Ants</li><li>• Mice, Rats or other Rodents</li></ul>
--	--

*All Solutions...All Pests services effectively rid any and/or all of the above so that you can Enjoy Your Home Again.*

**FREE** \*Exterior Termite Inspection  
with 1st Paid Treatment of ANY Pest  
\*New Customers Only. Cannot be combined with any other offer.

 **Proudly Serving Meyerland**

Call for a free quote!  
713-680-1900  
[MosquitoJoe.com](http://MosquitoJoe.com)

**Tired of being the main course?**

Let us help you rid your yard of pesky mosquitoes!

Mosquito Joe is your expert for:

- Barrier Sprays
- Special Event Sprays
- Automatic Misting Systems

**INTRODUCTORY OFFER:**

**\$39**  
**FIRST TREATMENT**

New customers only. Limited to 1/2 acre. Expires 10/31/2016.

## Trash/Recycling Schedule

October, 2016						
Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
						1
2	3	4 T/R	5	6	7	8
9	10	11 Trash	12 Junk!	13	14	15
16	17	18 T/R	19	20	21	22
23 30	24 31	25 Trash	26	27	28	29

November, 2016						
Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
		1 T/R	2	3	4	5
6	7	8 Trash	9 Tree!	10	11	12
13	14	15 T/R	16	17	18	19
20	21	22 Trash	23	24	25	26
27	28	29 T/R	30			

**MCIA Deed Restriction Rules:** Weekly - Put garbage and recycling containers, as well as yard trimmings, etc., on the curb no earlier than 6:00 p.m. the evening before pickup. Remove containers no later than 10 p.m. on trash pickup day. Monthly - Put heavy junk/tree waste at the curb no earlier than Friday 6 p.m. before the 2nd Wednesday heavy junk/tree waste collection.

**SO EASY IT'S SHOCKING!**

**TEXASDIRECTAUTO.COM**

**SELL US YOUR CAR!™**

## Meyer Neighborhood Library

By Joyce Young

The Meyer Neighborhood Library located at 5005 West Belfort has various programs available in addition to its regular lending of books, videos and audio tapes. The following activities will be held at the Meyer library in October:

Baby Playtime for babies aged 0 – 18 months will take place on October 4, 11, 18 and 25 from 10:30 – 11:15 a.m. This activity provides networking opportunities for parents and caregivers.

Toddler Storytime for children aged 18 – 36 months will be held on October 5 and 12 from 10:30 – 11:15 a.m. Activities including stories and songs will be geared toward developing a toddler's social, motor and literacy skills.

Preschool Playtime will be held on October 5, 12 and 19 from 1:30 – 2:15 p.m. This time will be used to help prepare a child for school using creative and collaborative play experiences.

Mystery Book Club will take place on October 10 from 1 – 2 p.m. for adults.

Teen Craft will take place on October 20 from 6 – 7 p.m. This session is geared toward teenagers aged 13 – 18.

Additional information for these activities can be found at [houstonlibrary.org](http://houstonlibrary.org).



## Incredible Renovations

Build New—Remodel—Flood Proof

Call Incredible Renovations

FREE ESTIMATE—(713) 532-2526

[www.incrediblerenovations.com](http://www.incrediblerenovations.com)



Before

**ONE STOP SHOP:**  
Structural Engineer, Architectural Designer,  
Interior Designer on staff

**DEPENDABLE:**  
On Time On Budget...Guaranteed!  
ACCOMPLISHED:

BBB Award of Excellence for last 8 years

**EXPERIENCED:**  
Over 36 years designing & building homes



After



**"On Time. On Budget...Guaranteed!"**

## Light the Night

by Amy Hoechstetter

The image of a well-lit street brings to mind a vibrancy and joie de vivre. Whereas, by contrast, darkness brings to mind images of depression and gloom. The streets of Meyerland are varied in their degrees of light and darkness. Due to the recent flood events, some homes show no signs of life as the electricity is still disconnected. Other homes are in the process of being rebuilt and no light fixtures have been installed. Some areas are empty lots with no means for lighting. But, for most of Meyerland, the reason for dark streets is simply because the homeowner has not turned on his porch light.

In addition, to the warm and inviting feeling one gets from a well-lit street, the light also provides security to our homes. Security experts state that turning lights on at night is a deterrent to crime. Gone are the days of a single porch light. Today a homeowner can choose from many and varied landscape lighting options that not only add to the design aesthetic of the home, but also provides a

sense of security. Prospective home buyers are more likely to have their interest piqued when driving through a neighborhood that is well lit. As the daylight hours of summer wane, it is even more imperative that the outdoor lighting is increased.

For homeowners affected by the flood and are temporarily displaced from their Meyerland residences but still have power, please consider turning on your porch light at night for security reasons. For the approximately 1,400 homes that were not impacted by the floods, please consider turning on your porch light also. The well-lit streets of Meyerland will appear inviting to all and yet function as a deterrent to the criminals driving the streets. If the City of Houston light is out on your street, or is dimmed because of overhanging tree branches, please call 311 with the specific pole number to report the problem.

**WHY CHOOSE OUR SERVICES?**

- We offer online billing and accept [all credit cards](#)
- We have balanced billing maintenance plans for carefree automated service
- We customize each maintenance plan to match the clients budget and goals
- Our landscape designs are hardy, lush, and professional and our pricing is competitive
- Our managers are native, degreed & experienced with local landscapes

**713.778.1476**

 **Austin Landscaping**  
[WWW.AUSTINLANDSCAPING.NET](http://WWW.AUSTINLANDSCAPING.NET)

*Lawn Care ~ Maintenance ~ Tree Care ~ Design & Installation ~ Turf Care ~ Hardscaping*

Average mow price in your area is only \$30.00 for weekly and \$35.00 for biweekly service!

*2007 Recipient of Mayoral Honorable Mention Award, Keep Houston Beautiful*

## Museum of Fine Arts

By Joyce Young



The Museum of Fine Arts, located in close proximity to Meyerland at 1001 Bissonnet, was established in 1900 and houses a collection of more than 65,000 pieces of artwork dating from antiquity to the present. The main campus is comprised of the Audrey Jones Beck Building, Caroline Wiess Law Building, and the Lillie

and Hugh Roy Cullen Sculpture Garden. In addition, there are two house museums: Bayou Bend Collection and Gardens, and Rienzi.

Although the museum depends on admissions revenue, there are a number of opportunities to visit the museum for free. The Lillie and Roy Cullen Sculpture Garden is always free. Children ages 12 and under are always granted free admission. Most school tours are free and provide access to the museum for approximately 40,000 students each year. General admission to the museum is free to everyone on Thursdays. A Texas library card presented by visitors 18 and under allows free admission on the weekends. Approximately 40 percent of the visitors to the museum are admitted for free.

There are two new exhibitions at the museum that are being showcased: "Julian Onderdonk and the Texan Landscape" which includes more than 25 of the American Impressionist's signature paintings, and "A Texas Legacy: Selections from the William J. Hill Collection". This collection features more than 65 works that include furniture, drawings, paintings, pottery and silver. The exhibits will run concurrently from October 2, 2016, through January 2, 2017.



### BAYOU CITY FENCING ACADEMY

4997 W. BELLFORT HOUSTON 77035

### TRY SOMETHING NEW!!

**1 MONTH INTRODUCTORY CLASS**

**AGES 8-15**

**TUESDAY & THURSDAY EVENINGS**

**6:30 - 7:15**

**PRICE \$75**

**CALL OR EMAIL TO RESERVE A SPACE!**

**CLASSES START THE 1<sup>ST</sup> TUESDAY OF EACH MONTH.**

**LOUISE LEPIE**

**832.338.9808 • deycohen@aol.com**

# Inspecting For Bed Bugs



insect is engorged with blood. Immatures, or nymphs, resemble the adults but are smaller and lighter in color. Usually adults are about the size of a watermelon seed.

Most feeding occurs at night when bed bugs pierce skin while people sleep. The bugs inject a fluid while feeding that can cause some people (about 50%) to have an allergic response. The allergic response causes the skin to become irritated and itchy at the bite location.



After feeding (it takes about 12-15 minutes for a bed bug to become fully engorged), bed bugs crawl away into hidden areas- mattress seams, headboards, nightstands, behind baseboards as well as other locations. They

prefer to hide in locations that are close to where they feed, but they will crawl several feet to get to a meal. Bed bugs hide in their chosen location for about 3 days while they digest the blood meal. Over time, congregation areas become marked with blood, fecal material, hatched eggs and cast skins of molted bugs.

When travelling, always inspect rooms thoroughly for bed bugs before moving luggage into the room. Luggage should be placed into the bathtub until the room has been inspected. Make sure to carry a small flashlight to help with the inspection. When you return home, place clothing in the dryer (before washing) on high heat for about an hour to kill any bed bugs.

Tips on inspection:

- Look in sleeping areas (bed, pull-out couches)
- Inspect linens as they are removed from the bed
- Check mattress and box spring seams, bottom of the box spring and near the mattress tag
- Inspect the dust ruffle
- If possible, lift the boxspring and inspect the bed frame
- If possible, pull out or remove the headboard to inspect behind it

- Check bedside tables and everything on them, including opening all drawers

If you find bed bugs, go to the front desk to inform them of what you found and request a different room. Do not get a room that is adjacent, above, below or across from the infested room (bed bugs can travel through wall voids to adjacent areas).

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at [www.urban-ipm.blogspot.com](http://www.urban-ipm.blogspot.com)

*The information given herein is for educational purposes only. Reference to commercial products or trade names is made with the understanding that no discrimination is intended and no endorsement by Texas A&M AgriLife Extension Service or the Texas A&M AgriLife Research is implied. The Texas A&M AgriLife Extension Service provides equal access in its programs, activities, education and employment, without regard to race, color, sex, religion, national origin, disability, age, genetic information, veteran status, sexual orientation or gender identity.*

Space Manager HOME & OFFICE ORGANIZED BLISS

2015 Angie's list SUPER SERVICE AWARD

CLOSETS | GARAGE | MURPHY BEDS | HOME OFFICE

Free Finish Upgrade for All New Orders  
Until Aug. 31st, 2016!

713.688.8808 | [SPACEMANAGER.COM](http://SPACEMANAGER.COM)

Owned by a Meyerland Resident since 1999!



## 4 Spices with Surprising Health Benefits

When it comes to adding flavor to your favorite meals, there's more to seasoning than salt and pepper alone. There's a whole world of spices out there that can take your cooking game to the next level and offer some surprising health benefits along the way.

Spice up your meals with these top picks that are as healthy as they are versatile.

### 1) Oregano

Fun fact: One teaspoon of oregano has the same amount of antioxidants as three cups of spinach. This healthy herb also contains potassium, zinc, iron, protein, calcium, magnesium, and fiber.

Try it: Add a few pinches of oregano to a dish of melted butter. Brush it on fresh-baked dinner rolls for a flavorful finish.

### 2) Cinnamon

Sure, it's a tasty addition to all-things sugary and sweet, but did you know that cinnamon can help reduce blood sugar levels? Plus, it's been shown to help improve brain function, promote better heart health, and even protect against diabetes.

Try it: Top baked sweet potatoes with a dash of cinnamon and nutmeg. These two spices pair well together and their woody aromas make them top picks for holiday dishes.

### 3) Nutmeg

Speaking of nutmeg, did you know that this spice can help prevent cavities? It can also naturally detox the body, improve digestive health, and reduce inflammation and pain.

Try it: Sprinkle a pinch of nutmeg onto your morning bowl of oatmeal and pair it with your favorite fresh fruits.

### 4) Cumin

One tablespoon of this spice contains 20% of your daily iron, which plays a big role in carrying oxygen to all of your cells. It can also boost your brainpower and keep your immune system in tip-top shape.

Try it: Add a dash of cumin to your next batch of chili. It will add a hint of spice without turning up the heat.

*Donna Kelly-Konopka*

At no time will any source be allowed to use The Meyerlander's contents, or loan said contents, to others in any way, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from Peel, Inc. The information in the Meyerland Newsletter is exclusively for the private use of the Meyerland HOA and Peel, Inc.

**DISCLAIMER:** Articles and ads in this newsletter express the opinions of their authors and do not necessarily reflect the opinions of Peel, Inc. or its employees. Peel, Inc. is not responsible for the accuracy of any facts stated in articles submitted by others. The publisher also assumes no responsibility for the advertising content with this publication. All warranties and representations made in the advertising content are solely that of the advertiser and any such claims regarding its content should be taken up with the advertiser.

\* The publisher assumes no liability with regard to its advertisers for misprints or failure to place advertising in this publication except for the actual cost of such advertising.

\* Although every effort is taken to avoid mistakes and/or misprints, the publisher assumes no responsibility for any errors of information or typographical mistakes, except as limited to the cost of advertising as stated above or in the case of misinformation, a printed retraction/correction.

\* Under no circumstances shall the publisher be held liable for incidental or consequential damages, inconvenience, loss of business or services, or any other liabilities from failure to publish, or from failure to publish in a timely manner, except as limited to liabilities stated above.

\* The Meyerland HOA does not endorse any products, services, or goods mentioned in the newsletter.

# WIRED

## ELECTRICAL SERVICES

SERVICING ALL YOUR ELECTRICAL NEEDS

- Panel Upgrades
- Home Inspections
- TV Install/Mounting
- Troubleshooting
- Remodeling
- Landscaping Lighting
- Home Generators

RESIDENTIAL & COMMERCIAL 24-7 SERVICE  
LICENSED & INSURED

Take \$25.00 Off Your  
Next Service Call



FAMILY OWNED AND OPERATED  
**713.467.1125 or 281.897.0001**  
**www.WiredES.com**



TECL 22809 Master 100394



## Common Household Product is Magic

Most of us already know that a teaspoon of baking soda in the batter will make the muffins rise, but who knew that a pinch of it mixed with scrambled eggs will make them fluffier or added to water will make steamed vegetables stay green?

Aside from cooking, however, everyone knows that an open box of baking soda in the fridge will absorb strong odors. But did you also know that baking soda in the bath water can relieve itchy skin caused by bug bites or poison ivy? And that pouring a cup of baking soda followed by a cup of hot vinegar down a stopped up drain will unclog it? Baking soda also can be used to polish tarnished silver, remove rust stains, extinguish a grease fire, freshen toothbrushes and clean dishwashers and coffee makers. Add it to kitty litter and the laundry to help freshen and deodorize. Sprinkle baking soda on a wet sponge to scrub residue off a cast-iron skillet. Or use it on sidewalk and driveway cracks as a non-toxic weed killer. A dusting of it around pet food bowls will keep ants away too.

A couple of cautions about baking soda, though: Its magic powers fade with time, so check the expiration date on the box. Most important, don't mix it with other cleaning products. The chemical reaction could be toxic.



## FINDING UNCOMMON SOLUTIONS FOR ONE OF THE MOST COMMON CANCERS.

At Houston Methodist Hospital, we take an aggressive approach to fighting breast cancer. From accelerating high-potential research to creating unique treatments based on a tumor's genetics, we offer more innovative options to fight breast cancer at every stage.

Our breast care specialists are here to help with

- Mammograms, using the most advanced imaging technology
- Specialized programs for high-risk patients and aggressive forms of breast cancer
- Surgery and the latest options for breast reconstruction
- Support services including patient navigators and spiritual care
- Clinical trials and innovative research focused on prevention and survivorship

To schedule your mammogram, call **713.790.3599**. Visit [houstonmethodist.org/fightbreastcancer](http://houstonmethodist.org/fightbreastcancer) to learn more about our breast cancer services.

HOUSTON  
**Methodist**  
BREAST CARE CENTER



TEXAS MEDICAL CENTER • BAY AREA • EAST HOUSTON • SUGAR LAND  
UPPER KIRBY • WEST HOUSTON • WILLOWBROOK • THE WOODLANDS

# ARKITEKTURA DEVELOPMENT, INC.

ELEVATE - DESIGN - BUILD - MANAGE



HOME ELEVATION  
5 FOOT RAISE  
FRIENDSWOOD, TX

**HOME ELEVATION SPECIALISTS  
NEVER FLOOD AGAIN WITH THE ARK  
(281) 957-9192**

705 HARBORSIDE WAY, KEMAH, TX 77565  
WWW.ARKDEVINC.COM | PC@ARKDEVINC.COM

# GARGANELLI PASTA WITH GULF SHRIMP AND LEMON-THYME SAUCE

*Submitted by Lake Austin Spa*



Serves 4

This flavorful pasta dish from Lake Austin Spa Resort's Executive Chef Stephane Beaucamp is perfect for a date night at home or when you want to impress friends with your expert culinary skills.

## INGREDIENTS

### Lemon Thyme Sauce

- ¼ cup rice vinegar
- ¼ cup white wine
- 4 thyme sprigs
- 1 teaspoon heavy cream
- 8 tablespoons (1 stick) plus 2 tablespoons cold unsalted butter, divided
- 1 teaspoon freshly squeezed lemon juice
- 1 teaspoon finely grated lemon zest
- Kosher salt

### Herb Reduction

- 1 cup chicken stock
- 1 tomato, peeled, seeded, and finely chopped
- 1 tablespoon minced chives
- 2 tablespoons Italian parsley leaves, julienned
- 1 teaspoon finely grated lemon zest
- Freshly ground white pepper
- 8 ounces garganelli pasta, or another tubular pasta such as penne or cavatappi
- Olive oil
- 12 medium Gulf shrimp, peeled and deveined
- 1 tablespoon olive oil
- 1 tablespoon unsalted butter
- 1/4 teaspoon minced garlic
- 1 small shallot, minced

*(Continued on Page 18)*



(Continued from Page 16)

## DIRECTIONS

Heat the vinegar, wine, and the thyme sprigs in a small saucepan over medium-low heat until the mixture is reduced to a syrupy consistency. Remove the thyme sprigs and set them aside, and then whisk in the cream. Cut the stick of butter into cubes and then gradually whisk them into the sauce. When the butter is incorporated, stir in the lemon juice and zest. Strip the thyme leaves from the sprigs and stir them into the sauce; season with salt and keep warm.

In a separate skillet, simmer the chicken stock over medium heat until reduced by half. Whisk in the remaining two tablespoons of butter. Add the tomato, chives, parsley and lemon zest, and season to taste with salt and white ground pepper. Set aside.

Bring a large pot of water to a boil, add a generous pinch of salt and cook the pasta according to package

directions until al dente. Drain the pasta but do not rinse, transfer to a bowl and then toss them with a drizzle of olive oil.

Season the shrimp with salt. Heat the olive oil in a medium skillet over medium-high heat. When the oil is very hot (but not smoking), add shrimp and cook, stirring, until they turn pink (about 1 minute). Add the butter, garlic, and shallot cook for an additional 2 minutes. Remove from heat and keep warm.

To assemble the dish, toss the pasta with the warm Herb reduction. Divide the pasta among four serving plates, top with equal portions of shrimp and Lemon-Thyme Sauce and serve immediately. Enjoy!

# REACHING YOUR NEIGHBORS *and many others...*

- Atascocita CIA
- Blackhorse Ranch
- Briar Hills
- Bridgeland
- Canyon Gate at Northpointe
- Cardiff Ranch
- Cypress Creek Lakes
- Cypress Mill
- Cypress Park
- Eagle Springs
- Fairfield
- Grand Lake Estates
- Lakeshore
- Lakes of Fairhaven
- Lakes of Rosehill
- Lakes on Eldridge
- Lakes on Eldridge North
- Laurel Creek
- Legends Ranch
- Meyerland
- Normandy Forest
- North Lake Forest
- Park Creek
- Park Lakes
- Riata Ranch
- Shadow Creek Ranch
- Silverlake
- Steeplechase
- Sterling Lakes
- Stone Forest
- Summerwood
- Towne Lakes
- Village Creek
- Villages of Decker Oaks
- Villages of NorthPointe
- Walden on Lake Houston
- Willowbridge
- Willow Pointe
- Winchester Country
- Windermere Lakes
- Woodwind Lakes
- Wortham Villages

**CONTACT US TODAY  
FOR ADVERTISING INFORMATION**

**1-888-687-6444**

www.PEELinc.com  
advertising@PEELinc.com

**PEEL, INC.**  
community newsletters





# THE **IDEA** BANK FOR CUSTOM HOMES



The Build on Your Lot team at **PARTNERS** IN BUILDING is like the Idea Bank for custom homes. As the largest custom home builder in Texas, we've built luxury homes since 1986 on every kind of home site. We're always learning from our customers, too, as we work with them to design their one-of-a-kind home. Our Build on Your Lot team has learned there is more to building a custom home than just a floor plan and a home site. It's a process, and we are experts in delivering the things you want most in your home, on time and on budget. When we're finished, there won't be another home like yours. That's something you can take to the bank.

COME TO A CUSTOM HOME BUILDING  
SEMINAR WITH YOUR IDEAS!

Call Kevin Lee today at **832 265 3029**

LUXURY, CUSTOM HOMES FROM THE \$500s without lot

**PARTNERSINBUILDING.COM**



ALL THESE FOLKS IN  
YOUR AREA BUILT THEIR  
LUXURY, CUSTOM HOME  
WITH **PARTNERS** IN  
BUILDING!

ARE YOU  
NEXT?





**PEEL, INC.**

308 Meadowlark St. South  
Lakeway, TX 78734

PRSR STD  
U.S. POSTAGE  
PAID  
PEEL, INC.

MEY



**BETH WOLFF**  
CHAIRMAN & FOUNDER



**ED WOLFF**  
PRESIDENT & CEO

## SELLING YOUR HOME IN A CHANGING MARKET

The first step in a successful sale, is positioning your home in the marketplace. Pricing your home in the range of actual fair market value will attract the most buyers. Market conditions, property location and property condition impact the value.

Although sales in the greater Houston region continue to be strong, only 10.5% of June sales were \$500,000 or more. This especially impacts upscale areas like Memorial. Unlike the boom of 2013 and 2014, Realtors can no longer just place the property in MLS. The service of a true professional is required in order to be certain the property is offered properly and innovatively.

Strategic use of marketing resources are needed to achieve a successful sale. Beth Wolff Realtors knows most buyers start their search on the Internet. Professional pictures and accurate descriptions may peak a buyers interest, but it is especially important



that the inquiries be addressed accurately and timely. In the luxury market, additional marketing can be effective. This is a partnership, Realtor and seller working together to achieve optimum results. A comprehensive plan needs to be submitted to the seller.

Educating buyers and sellers on the ever-changing market sets realistic expectations. Today the overall inventory has increased to 3.7 months which is still an active market.

The way your home is presented makes a difference. The goal of Beth Wolff Realtors is to gain exposure. At the point of introduction to the market, it is important to have brochures, open houses (as allowed) and

additional advertising ready. Beth Wolff Realtors wants you to maximize the initial presentation for accelerated results.

*Whether you're selling now or need consulting for future plans, we're here for you every step of the way.*

**LET US ADD VALUE TO YOUR NEXT TRANSACTION!**  
**(713) 622-9339 · WWW.BETHWOLFF.COM**