

# NORMANDY FOREST



October 2016

Official Publication of the Normandy Forest Homeowners Association

Volume 5, Issue 10



**POLICE • COMMUNITY PARTNERSHIPS**

**NATIONAL NIGHT OUT  
OCTOBER 4TH 6 – 8 PM**

**FOOD, FUN AND GAMES**

# NORMANDY FOREST

## NORMANDY FOREST COMMITTEES

### THE ARCHITECTURAL COMMITTEE

Danny Rodriguez ..... 281-528-6640  
Mark Lawson ..... 281-651-8034

*The Association has an active Architectural Control Committee that approves or denies all construction and any improvements. You may request an ACC form by contacting Chaparral Management 281-537-0957 or the association website. Please keep in mind that the Association has thirty days (30 days) to approve or disapprove any ACC and verbal approvals or disapprovals are not given.*

### SECURITY COMMITTEE

In the event of an emergency please call "911" or for Precinct 4 please program your cell phone with the number below.

Precinct 4 ..... 281-376-3472  
Paul Diaz ..... 281-651-8606

### POOL MAINTENANCE & LIFEGUARDS

Jeffery King ..... 281-655-8675

### CLUBHOUSE RENTALS

Chaparral Management / Valerie Overbeck ..... 281-537-0957

### MAINTENANCE COMMITTEE

John Nemec ..... 281-651-8606 | [jnemec@normandyforest.org](mailto:jnemec@normandyforest.org)  
Paul Diaz ..... 281-687-2045

### POOL TAG COMMITTEE

Sally Rodriguez ..... 832-788-4186  
Chaparral Management ..... 281-537-0957

### BLOCK CAPTAIN COORDINATOR

Sally Rodriguez ..... 832-788-4186

## IMPORTANT CONTACTS

### BOARD OF DIRECTORS

John Nemec | President ..... 281-651-8606  
Paul Diaz | Vice President ..... 281-687-2045  
Judy Doll | Secretary ..... 281-528-9110  
Sally Rodriguez | Treasurer ..... 832-788-4186  
Lindsey McPherson | Director at Large ..... 713-898-9878

### BALLPARK RESERVATIONS

John Nemec | Coordinator ..... 281-651-8606

### COMMUNITY SERVICES

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*Call Centerpoint for street light repair or outages*  
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MUD #28 ..... Meet 4th Tuesday of the Month @ 4 pm  
Hayes Utility South (Water & Sewer) ..... 281-353-9756  
Trash | Republic Waste ..... 281-446-2030  
Heavy Trash ..... 2nd Friday of the Month  
Fire Department | Spring VFD ..... 281-355-1266  
County Commissioner | Jack Cagle ..... 713-755-6444

### MANAGEMENT COMPANY

Chaparral Management Company, AAMC  
6630 Cypresswood Suite 100 | Spring, Texas 77379  
281-537-0957 phone | 281-537-0312 fax  
Valerie Overbeck | Association Manager  
[voverbeck@chaparralmanagement.com](mailto:voverbeck@chaparralmanagement.com)

### OFFICE HOURS

9am to 5pm | closed for lunch 12:30 to 1:15 pm

## NEWSLETTER INFO

### EDITOR

Judy Doll ..... [txcardlady@sbcglobal.net](mailto:txcardlady@sbcglobal.net)

### PUBLISHER

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## NEIGHBORHOOD WATCH

Get Involved  
Your Neighborhood  
depends on it!!

## HOA Participation in Wall Design & Construction

Since the July HOA meeting when President of the MUD, Anne Headley, unveiled her design features for the wall around Normandy Forest, both residents and HOA directors have attended MUD meetings to obtain the full details of the structure that was designed. It was clear that

the design elements presented did not conform to the wall concept that was presented at the Town Hall meeting. When it was pointed out that this design was not what residents voted for in November, Headley told residents that no design was included in the referendum statement and it was now in the hands of the MUD board to decide

The HOA thinks it is a fairer statement to say, authority was given to the MUD to sell bonds, but not to build any wall it chooses.

Only MUD director Rich Doll objected to both the handling of the design process and the apparent disregard for community concerns. He recommended that Headley resign as chairman of the wall project and that he be allowed to take her place. He stated that he would appoint a sub-committee consisting of two MUD directors, two HOA directors and two residents to study the design, appropriateness of structure, budget, and funding of the project. The committee would then make a unified recommendation to the MUD on how to proceed.

The HOA and MUD have the same constituents and both share the responsibility to the community to govern fair and in a responsive manner. The MUD seems to have abandoned this ideal. The HOA has concerns that the individual voices of our members lack impact on the MUD. We have witnessed residents waiting for over 3 hours only to be told they were not getting any information because "it was undecided". Yet, they heard the district's engineer reporting in the same meeting that he is preparing a traffic control plan for construction, is prepared to start the survey as soon as the easements are all signed, and he is conducting soil surveys. This sounds perhaps that too much is decided, and not enough is known.

Two months have gone by since that meeting. The HOA still waits for Headley to grant that request and open up the discussion. As growing numbers of members have expressed their skepticism and distrust in the MUD, and without any progress, the HOA feels compelled to take steps to slow down the pace, and if needed change the direction of the project, through conversation and compromise.

A letter was submitted by Chaparral Management on behalf of the HOA before the August MUD meeting. It stated that the HOA wanted to participate in the project in a manner that was proposed by MUD Director Doll. This letter was dismissed by MUD President Headley who questioned whether it came from the HOA at all. The HOA in its newest letter (signed by all five

directors) states that the HOA Board will decline Architectural approval to the project, if it does not completely endorse the design. Our official position is that we would rather not see the wall constructed at this time, than have the community take on debt for a structure that does not increase property values for all.

Delaying this project until these issues are resolved has no downside for the community; while an ill conceived design has irreversible consequences.



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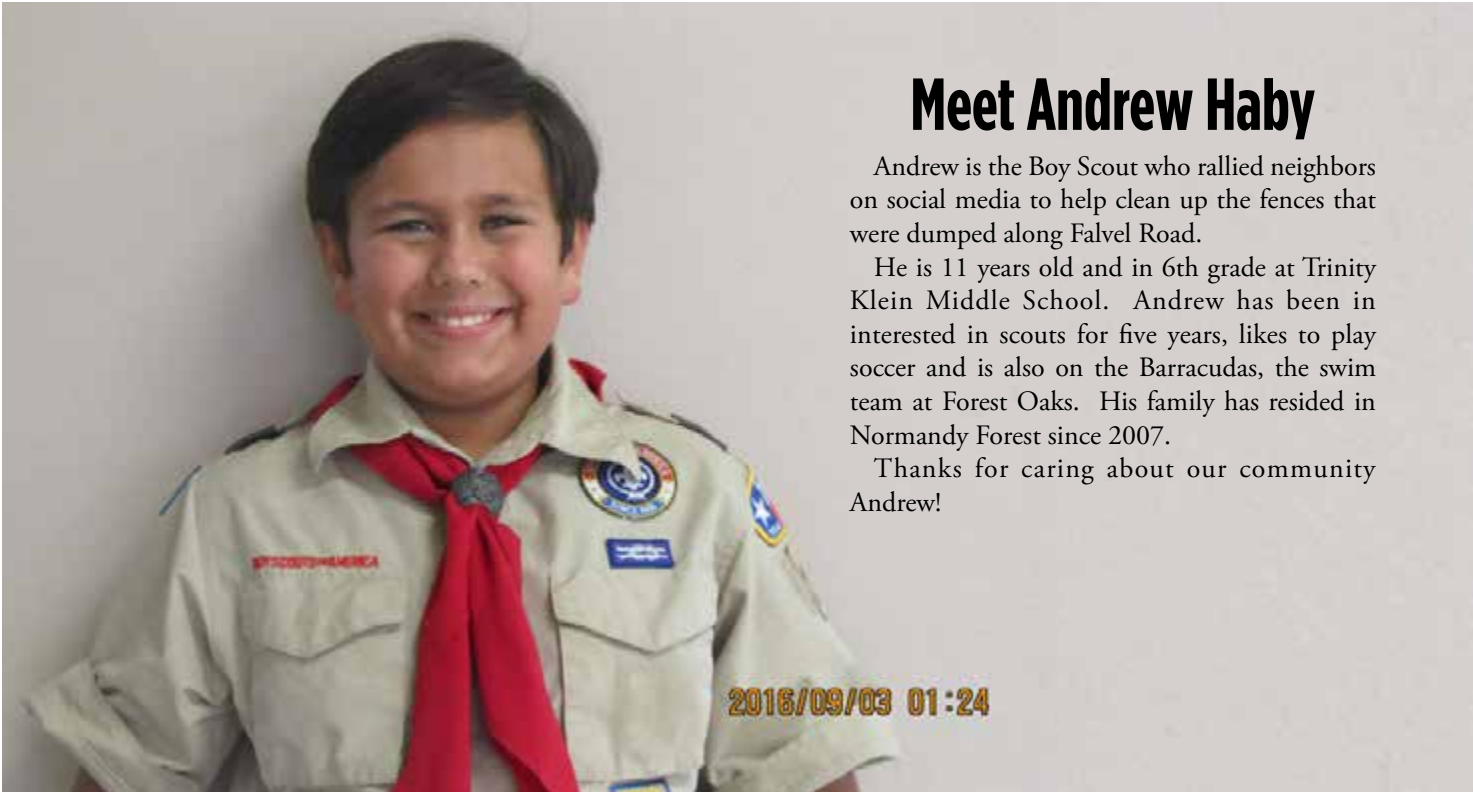
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# NORMANDY FOREST



## Meet Andrew Haby

Andrew is the Boy Scout who rallied neighbors on social media to help clean up the fences that were dumped along Falvel Road.

He is 11 years old and in 6th grade at Trinity Klein Middle School. Andrew has been interested in scouts for five years, likes to play soccer and is also on the Barracudas, the swim team at Forest Oaks. His family has resided in Normandy Forest since 2007.

Thanks for caring about our community Andrew!

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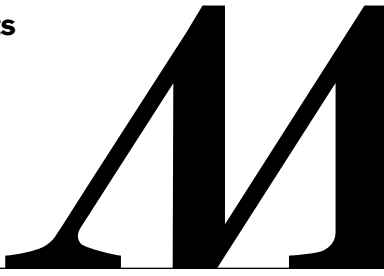
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## 4 Spices with Surprising Health Benefits

When it comes to adding flavor to your favorite meals, there's more to seasoning than salt and pepper alone. There's a whole world of spices out there that can take your cooking game to the next level and offer some surprising health benefits along the way.

Spice up your meals with these top picks that are as healthy as they are versatile.

### 1) Oregano

Fun fact: One teaspoon of oregano has the same amount of antioxidants as three cups of spinach. This healthy herb also contains potassium, zinc, iron, protein, calcium, magnesium, and fiber.

Try it: Add a few pinches of oregano to a dish of melted butter. Brush it on fresh-baked dinner rolls for a flavorful finish.

### 2) Cinnamon

Sure, it's a tasty addition to all-things sugary and sweet, but did you know that cinnamon can help reduce blood sugar levels? Plus, it's been shown to help improve brain function, promote better heart health, and even protect against diabetes.

Try it: Top baked sweet potatoes with a dash of cinnamon and nutmeg. These two spices pair well together and their woody aromas make them top picks for holiday dishes.

### 3) Nutmeg

Speaking of nutmeg, did you know that this spice can help prevent cavities? It can also naturally detox the body, improve digestive health, and reduce inflammation and pain.

Try it: Sprinkle a pinch of nutmeg onto your morning bowl of oatmeal and pair it with your favorite fresh fruits.

### 4) Cumin

One tablespoon of this spice contains 20% of your daily iron, which plays a big role in carrying oxygen to all of your cells. It can also boost your brainpower and keep your immune system in tip-top shape.

Try it: Add a dash of cumin to your next batch of chili. It will add a hint of spice without turning up the heat.

*Donna Kelly-Konopka*



## The Texas Driver (from the Texas Driver Handbook)

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# NORMANDY FOREST

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## Social Media Safety

Social media has many benefits—it allows you to maintain connections with friends, make new contacts, build support networks, express yourself and share your interests. However, information should be shared with caution to protect yourself and your family. Here are seven top tips for social media safety:

1. Your personal information should be just that—personal. As hackers become more and more sophisticated, identity theft becomes a greater risk. And while it may be tempting to post pictures of your fabulous vacation, bear in mind that you're also letting others know you're away from home—making you vulnerable to a break in.

2. Use privacy and security settings to limit who can see what you share online. You wouldn't give details of your private life to complete strangers in person, so don't do it online either.

3. Remember that what you post online will stay online, so consider the long-term consequences. Could your social media presence prevent you from securing a job in the future? Would you want your coworkers to see this side of you?

4. Let your social network know your boundaries. For example, if you don't want images of yourself or your children posted online, let your friends and family members know.

5. Know what to do if someone is making you feel unsafe online. Some steps you can take include blocking the offender, reporting

the person to the site administrator and removing him or her from your friends list.

6. Social media doesn't just spread information, it can also spread viruses and other risks to your computer. Defend your system by using the latest security software and web browser and installing updates regularly.

7. Protect your social media accounts by using password best practices. Long combinations of letters, numbers and symbols are the most secure, and separate passwords should be used for each account.



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