

# SUMMERWOOD LIFE

OFFICIAL NEWSLETTER OF THE SUMMERWOOD COMMUNITY ASSOCIATION, INC.



## SAVE THE DATE! SUMMERWOOD'S LARGEST FAMILY EVENT NATIONAL NIGHT OUT

The Summerwood Crime Watch Committee will host the 2016 National Night Out (NNO) event for Summerwood residents on Tuesday, October 4, from 6 to 8 p.m. It will be held at Club Summerwood on Hunter's Lake Way at Timber Forest. NNO is a family-oriented event aimed at building neighborhood awareness and crime prevention.

The event will include many entertaining activities for kids and adults alike, such as bounce houses, a trackless train, a DJ with great music, officers and contract deputies from the Precinct 3 constable's office, Houston Police Department officers, an ambulance and fire truck from HFD 105, HPD mounted police, Homeland Security exhibit and bus, food booths, free popcorn and snow cones, giveaways for the whole family, interesting exhibits, entertainment for all ages, many wonderful door prizes from local businesses and patrons, and much more.

Please contact CWC Chairman Darlene Kilburn at [summerwoodcrimewatch@gmail.com](mailto:summerwoodcrimewatch@gmail.com) if you would like to donate a door prize or volunteer at the event.

## Fall Festival

Saturday, October 15  
10 a.m. - 1 p.m.

Club Summerwood  
Costume contest, crafts  
Hay rides, inflatables  
Petting zoo, train rides  
Business and food vendors  
Pumpkin patch!

*(Pumpkins will require proof of residency.  
One pumpkin per household.)*

Visit [www.summerwoodlife.com](http://www.summerwoodlife.com) for  
more information.



## IMPORTANT NUMBERS

### MANAGEMENT COMPANY

CIA Services ..... 281-852-1700  
 ..... customercare@ciaservices.com  
 8811 FM 1960 Bypass Road Suite 200, Humble, Texas 77338

### EMERGENCY NUMBERS

Emergency Situations.....911  
 Constable - Precinct 3 ..... 281-427-4791  
 Houston Fire Station #105 .... 14014 W. Lake Houston Pkwy  
 ..... Houston, Texas 77044  
 South Lake Houston EMS (Dispatch)..... 281-459-1277  
 Dead Animal Pick-Up (Precinct 1)..... 281-820-5151  
 Animal Control..... 281-999-3191  
 After Hours..... 281-221-5000

### UTILITY SERVICE NUMBERS

Public Utility Commission Consumer Hotline.. 888-782-8477  
 Entouch Systems..... 281-225-1000  
 (Telephone, Cable, Alarm Monitoring)  
 AT&T..... 800-288-2020  
 CenterPoint..... 713-659-2111  
 Reliant Energy..... 713-207-7777  
 MMIA (Water District Operator)..... 281-651-1618  
 Garbage Pick-Up  
 MUD 342 & 344 (Republic Waste)..... 281-446-2030  
 MUD 361 (Wast Management)..... 1-800-800-5804

### SCHOOLS

Summerwood Elementary..... 281-641-3000  
 Lakeshore Elementary ..... 281-641-3500  
 Post Office..... 713-695-2690  
 4206 Little York, Houston, TX 77078

## NEWSLETTER INFO

### EDITOR

Article Submissions....summerwoodnewsletter@gmail.com

### PUBLISHER

Peel, Inc. ....www.PEELinc.com  
 Advertising.....advertising@PEELinc.com, 888-687-6444

## Manager's Corner

I believe that most would agree that Summerwood is one of the most beautiful areas in Houston, which is why so many have chosen to call Summerwood home. Part of what makes Summerwood attractive is the landscaping—the seasonal color beds, landscape beds, shrubs, trees, and beautiful green grass. In an effort to do all they can to ensure Summerwood has the premier landscaping in our area, the Board of Directors made the difficult decision to leave The Spencer Company and look at other grounds maintenance contractors.

I am pleased to announce that effective October 1, 2016, Summerwood will be partnering with BrightView to perform the grounds maintenance services within the community. BrightView brings over seventy-five years of grounds maintenance experience and expertise to Summerwood and works with numerous community associations in the area.

The team from BrightView has been inspecting the community and has developed an action plan for the transition from The Spencer Company. They will be working closely with the Beautification Committee as they continue with the four-year landscape enhancement project to help rehabilitate and revitalize many of the landscape beds throughout the community.

While there will likely be a few bumps and curves as BrightView learns the ins and outs of the community, we are excited to see the changes coming!

## Home Maintenance Corner: Safe Steps



Is your sidewalk or driveway uneven? An uneven walkway is clearly a tripping hazard, especially for any new guests visiting your home who are unaware of it. A new slab is not needed in every case; leveling may only be required for some.

The process of leveling is done by injecting a concrete slurry within the cavity just under the uneven section of walkway, which lifts the lowered portion. Sidewalks can usually be leveled starting at \$100 per section, and driveways starting at \$300 per section, but each project will vary. Also, make sure you do not have missing expansion joints in your driveway, which might allow water to flow under the slabs and wash away any supporting soils.

Until next time,

Juan Jose Vargas,

Summerwood resident and Bellex business owner



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## TWO PHOTOS OF THE MONTH



The Sosa family of Wood Stork Lane submitted two favorite photos of their family playing in and enjoying Summerwood. One picture was taken at Summerwood's beautiful Lakeview Park, a discovery the family made when they were new residents and were exploring the neighborhood. Jose Sosa commented that the family felt the lake view looked as if they were walking to the edge of the earth. The lake was so large, and the water was so calm. The other picture was snapped as the Sosa boys and their cousin played at Lake Anne and fed the ducks.

Have you recently taken a great photo of your family enjoying the outdoors in Summerwood? Maybe you have taken a photo of one of our amenities or perhaps a particular landscaped area that you enjoy? We'd love to publish a favorite Summerwood photo!

Please email it to [summerwoodlife@gmail.com](mailto:summerwoodlife@gmail.com) and include your name and address, along with a short paragraph about why the photo is your favorite. The winner will have his/her photo in next month's newsletter!



## Real Estate News: **SUMMERWOOD**

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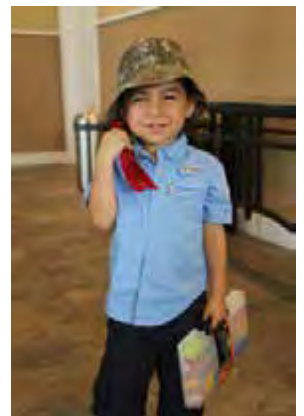




## THIRD-ANNUAL YOUTH FISHING TOURNAMENT

The Third-Annual Youth Fishing Tournament proved to be a huge success! The boys and girls didn't let a little rain dampen their enthusiasm; they fished right on through the sprinkles. This year we had over thirty participants! The winners in their perspective categories were as follows: the 3–5 age group winner was Reese Yurick, with a 16" catch; the 6–9 age group winner was Jayce Moore, with a 16" catch; and the 10–12 age group winner was Kailee Galtrueaux, with a 13.5" catch. The overall winner was Reese Yurick, with her 16" catch. Tiebreakers were done via a deck of cards.

If you happen to see these young folks, please congratulate them! Thank you to the parents, guardians, and other family members for assisting in what could possibly become a lifelong passion for some. Keep practicing, and we'll see all you fishing enthusiasts next year!





## Summer Creek Bulldogs Proudly Wear College Gear

--Elizabeth Starr, journalism teacher and yearbook adviser at Summer Creek High School



September 2 was National College Colors Day. Students and teachers all over the country wore t-shirts, jerseys, and other apparel from their favorite universities to show their school spirit.

At Summer Creek High School, every hall was filled with familiar hues. Students sported burnt orange, green and gold, crimson, maroon, and Carolina blue as they went about their school day. Teachers wore the colors of their alma maters as they stood outside their classroom doors, shaking the hands the students who entered.

The Summer Creek AVID class, taught by Lindsey Hartline, wore their colors with enthusiasm. AVID (Advancement via Individual Determination) is a class designed to help students achieve their academic goals and prepare them for college. The seniors, some with college right on the horizon, excitedly expressed themselves with shirts and other gear from their chosen schools.

College banners hang from the ceiling of the school's main hallway. Students are constantly surrounded with reminders of the success they can attain if they work diligently to achieve their goals.

With college spirit already so prevalent on Summer Creek's campus, College Colors Day was a hit for students, faculty, and staff alike.

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## Weekly Activities

Monday	8:00 a.m. - 4 Mile (DVD) 9:00 a.m. - Gentle Yoga 10:30 a.m. - Line Dancing 10:30 a.m. - Table Games (sign up in advance)
Tuesday	10:30 a.m. - Tai Chi (DVD) 11:30 a.m. - 4 Mile (DVD) 1:00 p.m. - Weight Training (weights)
Wednesday	8:00 a.m. - Tone Every Zone Workout 9:00 a.m. - Gentle Yoga (beginning 9/14) 10:30 a.m. - Zumba 10:30 a.m. - Table Games (sign up in advance)
Thursday	9:00 a.m. - 3 Mile (DVD) 10:00 a.m. - 4 Mile (DVD)
Friday	8:30 a.m. - 3 Mile (DVD) 9:15 a.m. - 4 Mile (DVD) 10:30 a.m. - Weight Training (resistance bands)

\*Scheduling subject to change without prior notice.  
Please feel free to call.

**Deussen Park Senior Center**  
12303 Sonnier, Houston, Texas 77044  
Office 281-454-4108 / eFax 713-437-4738  
Center Hours: 8 am - 4 pm Monday - Friday

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## Summerwood Dog Owners Make Sure to Protect Your Dog from Heartworms!

During warm months, heartworm disease is an especially great concern for dogs. Heartworm disease is caused in dogs by heartworms that reside in the right side of the heart and pulmonary arteries. The heartworms are transmitted by female mosquitoes and can reach up to fourteen inches in length. Mosquitoes, who thrive in summer months, pick up larval heartworms from infected dogs and carry them to other dogs.

Heartworms can invade adjoining vessels and cause heart and lung damage and eventually death. The only way to avoid heartworm disease is to use a monthly preventative like Heartgard, Interceptor, etc. These kill immature worms before they can cause damage. Yearly heartworm tests should be done to make sure that heartworms are not present. Testing also keeps the preventative medicine's warranties valid.

Symptoms of the disease include coughing, fainting, difficulty breathing, excessive panting, and exercise intolerance. If a heartworm test is positive, additional testing is usually done to determine the

degree of infection and damage. Tests include a complete blood count, organ function profile, ECG, X-rays, and urinalysis.

Heartworm treatment can be expensive and dangerous. Some dogs do not survive it. During treatment, they must be kept calm and contained.

Keep your dogs safe by always giving them a monthly heartworm preventative and keeping them up to date on their heartworm tests. For more information about heartworm disease, contact your local veterinarian.





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## Lake Houston Ladies Club

Lake Houston Ladies Club is a social organization dedicated to connecting women through monthly luncheon meetings, social activities, and interest groups.

We will greet old friends and make new ones at the next meeting on Tuesday, October 18, from 10 a.m. to 12 p.m. at the Walden Country Club, 18100 Walden Forest Drive, in Humble.

The club welcomes new members from all surrounding areas. Several interest groups are available, including readers' choice, bridge, Bunco, teatime, lunch and look, movie group, supper club, mah jongg, and girls' night out. Many of the groups continue through the summer months. There are also events during the year that include spouses or significant others. The club is an excellent way to meet new people and make new friends. To learn more about the club, visit our website ([www.lakehoustonladiesclub.com](http://www.lakehoustonladiesclub.com)), or call Linda at 832-379-3009.

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## Wood Fencing Standards Must Be Harmonious Within the Neighborhood

All residents are encouraged to maintain, repair, and keep up the best appearance of their fences possible. No one wants to see fencing that is in disrepair and distracts from the beauty of our neighborhood.

Of course, there comes a time when wood fences need to be and should be replaced.

- When replacing a fence, it must be of like material and height, as originally installed by the builder, in order to maintain harmony with surrounding fences.
- Clear sealant is permitted.
- Paint, stain, and tinted sealant is prohibited. In order to prevent inconsistent color matches with the fences throughout the community, the application of any paints, stains, or tinted sealant is prohibited on any lot fencing. By prohibiting the application of any painted, stained, or tinted product, the fences maintain a more harmonious and consistent appearance throughout the community.

Architectural Guidelines can be found by signing in to [www.summerwoodlife.com](http://www.summerwoodlife.com), clicking on the Document Library tab, and then selecting Architectural Review Committee.



## The Texas Driver (from the Texas Driver Handbook)

# FLOODS

- Six inches of water will reach the bottom of most passenger cars, causing loss of control and possible stalling.
- Twelve inches of water will float many cars.
- Two feet of water will carry away pick-up trucks, and most other vehicles
- Water across a road may hide a missing segment of roadbed or a missing bridge. Roads weaken under floodwater, get out quickly and move to higher ground. Better yet, when there's water on the road, Turn Around. Don't Drown. Saving your life may be as simple as choosing an alternate route.







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## Friends of the Atascocita Library

If you have visited the Atascocita Branch of Harris County Public Library, you and your family may have attended programs, including summer reading, used computers, enjoyed reading periodicals, and other activities. Friends of the Atascocita Library provide approximately \$20,000 a year for programs and materials not funded by Harris County.

Fundraising has been an ongoing necessity. Corporate volunteer grants and book sales provide the bulk of funds, and donations, as well as memorials and matching funds from some companies which are also important contributions.

Recently FOAL installed a beautiful professional mural & new carpet in the meeting room. The new electronic sign with color graphics was added in front of the library last July, after \$24,000 was raised in addition to the budget. The community will be better informed of library programs and activities with quickly updated information on the sign.

Most programs; including those for children, teens, adults, and the summer reading program for all ages, with crafts, prizes, and exciting programs, are funded by FOAL. Periodical subscriptions, continuations, audio books, and other media are also included in FOAL's budget. Several years ago, when the county budget was particularly stretched, FOAL raised an additional \$23,000 to replace 18 computers. When a security camera system was deemed necessary, FOAL took on the responsibility, including maintenance.

Membership in FOAL is tax deductible, with single memberships \$5 per year; families, \$10 per year; & business/group/patron level, \$25 per year. Members enjoy entrance to a preview sale the evening before the public used book sales and 2 newsletters a year to stay informed of FOAL & library activities.

The Atascocita Branch Library is located at 19520 Pinehurst Trail Dr. For more information about FOAL, visit [www.FOAL.ws](http://www.FOAL.ws) or email: [contact@foal.ws](mailto:contact@foal.ws). For library hours and calendar visit: [www.hcpl.net](http://www.hcpl.net) & click on Atascocita Branch.

### Membership Form Friends of the Atascocita Library

If you would like to become involved in supporting your library, please fill out the form below and return along with the appropriate annual dues to:

Friends of the Atascocita Library, 19520 Pinehurst Trail Dr., Humble, TX 77346

Individual - \$5.00 Family - \$10.00 Group/Business/Patron - \$25.00 Donation\_\_\_\_\_ Total\_\_\_\_\_

Name\_\_\_\_\_

Phone\_\_\_\_\_

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City, State, Zip\_\_\_\_\_

Email\_\_\_\_\_

If you are interested in volunteering, please circle any of the following.

## Common Household Product is Magic

Most of us already know that a teaspoon of baking soda in the batter will make the muffins rise, but who knew that a pinch of it mixed with scrambled eggs will make them fluffier or added to water will make steamed vegetables stay green?

Aside from cooking, however, everyone knows that an open box of baking soda in the fridge will absorb strong odors. But did you also know that baking soda in the bath water can relieve itchy skin caused by bug bites or poison ivy? And that pouring a cup of baking soda followed by a cup of hot vinegar down a stopped up drain will unclog it? Baking soda also can be used to polish tarnished silver, remove rust stains, extinguish a grease fire, freshen toothbrushes and clean dishwashers and coffee makers. Add it to kitty litter and the laundry to help freshen and deodorize. Sprinkle baking soda on a wet sponge to scrub residue off a cast-iron skillet. Or use it on sidewalk and driveway cracks as a non-toxic weed killer. A dusting of it around pet food bowls will keep ants away too.

A couple of cautions about baking soda, though: Its magic powers fade with time, so check the expiration date on the box. Most important, don't mix it with other cleaning products. The chemical reaction could be toxic.



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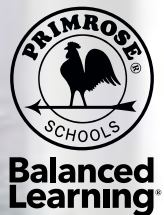
### **JOIN US FOR OUR FALL FESTIVAL!**

Friday, October 28 | 6 p.m. to 8 p.m.  
Wear your costumes and enjoy food, games, Trunk-or-Treating and a photo booth.

#### **Primrose School at Summerwood**

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PrimroseSummerwood.com

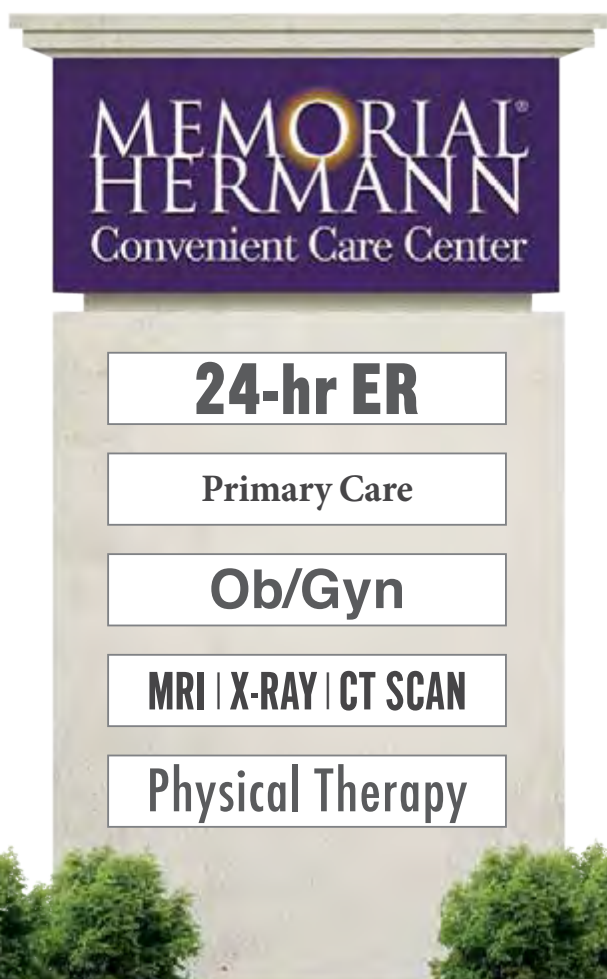
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“A Harvard study that tracked more than 120,000 people for 30 years found that those who ate the most meat tended to die younger during the study period but that swapping just one daily serving of beef for nuts could cut the risk of dying

early by as much as 19 percent. One possible reason for those benefits is that a plant based diet can improve blood lipid levels.

A “less meat, more plants” style of eating can also improve the quality of your life.

Here are a few ideas if this is something you want to consider:

Breakfast: Avocado toast: 2 slices of whole grain bread, mashed avocado, red pepper flakes, sea salt; coffee with coconut milk creamer.

Lunch: Quinoa tabbouleh with chickpeas: Cooked quinoa, chopped tomatoes, chopped cucumber, chopped parsley, olive oil, lemon juice, black olives and garbanzo beans.

Dinner: Black-bean tacos: Corn tortillas, black beans, roasted cauliflower, jarred corn salsa, pico de gallo, cumin and salad greens.

Dessert: Frozen banana “ice cream”. Blend a frozen banana in a blender with a touch of almond milk until it resembles soft serve, topped with chopped walnuts.

Information courtesy of WebMD and Consumer Reports



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## Pasta Salad

- 4 cups Elbow Macaroni
- 3 whole Roasted Red Peppers Chopped (more to taste, can also use Pimentos)
- 1/2 cups Black olives - chopped fine/ can use Calamari olives
- Add pepperoncinis sliced - to taste
- 6 whole Dill pickle slices -diced about 1/2 cup diced
- 3 whole Green onions sliced - white and dark green parts
- 1/2 cups Mayonnaise
- 1 Tablespoon Red Wine or Distilled Vinegar
- 3 teaspoon Sugar more or less to taste
- 1/4 Salt teaspoon
- Plenty of black pepper
- 1/4 cup Milk - more if needed
- Splash of Pickle juice - add more if needed/ can also add pepperoncinis juice also

Cook Macaroni in lightly salted water according to package directions. Drain and rinse under cold water to cool. Set aside.

Mix together mayo, vinegar, sugar, salt & pepper. Splash in enough milk (1/4 of milk) to make it pourable. Splash in pickle juice for extra flavor. Taste & adjust seasonings as needed. Set aside.

Place cooled Macaroni in a large bowl and pour 3/4 of the dressing. Toss and add more dressing if you if you like. (Dressing will seem a little thin, but it will thicken up as salad chills).

Stir in olives, Roasted red peppers( or Pimentos), pickles, and green onions. Add more of any ingredient if you'd like stuff going on. At the end, splash in a little more pickle juice and stir.

Chill for at least 2 hours before serving. Sprinkle with sliced green onion to serve.

Brilliant Energy Texas OUC #10140



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# ENTER TO WIN A FALL FAMILY FUN DAY

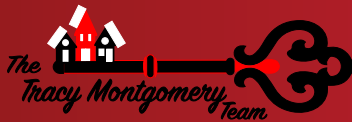
This month, The Tracy Montgomery Team is giving away a \$50 gift card to Chick-fil-a and a \$50 voucher to Old MacDonald's Farm. You can enjoy some Chick-fil-a, then feed the animals in the petting zoo, ride a pony, take a tour on the mini-train, and get a pumpkin from the pumpkin patch at Old MacDonald's Farm.

Enter to win by sending us an email. Put FALL FAMILY FUN DAY in the subject line.  
Send us your name, address, and phone number where you can be reached if you win.

**TracyMontgomeryTeamRSVP@gmail.com**

*Congratulations to the Lovell Family for winning the Texan's football tickets we gave away last month!*

We appreciate your continued referrals. If you or someone you know is thinking of buying, selling, or investing, please give us a call! We'd love the opportunity to help someone start another chapter in their life.



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Cell: 713.503.8110

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Cell: 281.323.5894

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