



VOLUME 7, ISSUE 10

A NEWSLETTER FOR VILLAGES OF NORTH POINTE

OCTOBER 2016

COMMUNITY WIDE *GARAGE SALE*



The Villages of Northpointe Fall 2016 Community Wide Garage sale will be: Friday, October 7 from 8 am to 3 pm and Saturday, October 8 from 8 am to 12 pm. Rain or Shine.

For those new to this event, the community garage sale is organized by residents in the neighborhood & supported by the Villages of Northpointe Board of Directors. The sale of your items takes place at your own place of residence. Each participant can be open both days or one day and stay open longer or shorter than scheduled.

To get the flow of traffic to your location in Village of Northpointe area, you will be responsible to put sign to direct them by putting your address and arrow on it. You can put them at the main point to your address either on Northpointe Blvd or Northpointe Terrace Dr., etc. and closer to your address. You are also responsible for removing any signs you use after the garage sale is over as soon as possible after your sales..

If you have any questions, please email us at jrpivonka@yahoo.com or call us at phone No. 832-698-2055.

Janice and Franklin Pivonka

IMPORTANT NUMBERS

Villages of Northpointe Security Director	hit02@scbglobal.net
Andy Elmore	281-376-8802
Waste Management	713-207-2222
Centerpoint Energy	281-516-0513
Tomball Post Office.....	281-376-8802
Harris County MUD #281 (water and recycling).....	281-376-8802
Harris County Constable Precinct #4.....	281-376-3472
24-hour Dispatch	281-376-3472
Villages of Northpointe Patrol Officer	281-370-9106
Deputy Miller	281-370-9106

SCHOOLS

Tomball Independent School District.....	www.tomballisd.net
Canyon Pointe Elementary	281-357-3122
NorthPointe Intermediate	281-357-3020
Willow Wood Junior High	281-357-3030
Tomball High School	281-357-3220
Tomball Memorial High School	281-357-3230

TAX ENTITIES:

Tomball ISD Tax Office	281-357-3100
<i>www.tomballisd.net and follow the link to the Tax Office</i>	
MUD #281 & NorthPointe WCID	713-462-8906
.....	www.wheelerassoc.com
Harris County Appraisal District.....	713-957-7800
.....	www.hcad.org
Electric Company Choices	866-7974839
.....	www.powertochoose.org

NEWSLETTER INFO

PUBLISHER

Articles	villagesofnorthpointe@peelinc.com
Advertising	advertising@PEELinc.com

YOUR COMMUNITY, YOUR VOICE

Do you have an article or story that you would like to run in this newsletter? Send it to us and we will publish it in the next issue. Email your document to villagesofnorthpointe@peelinc.com.



Tomball Art League Fine Art Show

OCTOBER 8, 2016 - 1:30-4:00 PM

Original Artwork by Local Artists!

JUDGED BY DOUG HISER

OPEN TO THE PUBLIC

ARTIST REGISTRATION INFORMATION ONLINE

Attendance is free! ENJOY AN IMPRESSIVE EXHIBIT

Join the show! ARE YOU AN ARTIST?

Judged Competition! RIBBONS AND CASH AWARDS

LONE STAR COLLEGE – BECKENDORF CONFERENCE CENTER
30555 TOMBALL PARKWAY, TOMBALL 77375



For more info contact Joan Barkovich

jimbarkovich@gmail.com

www.thetomballartleague.com

Creativity.
Laughter.
Imagination.
All the essentials
are here.

CURRICULUM • TECHNOLOGY • HEALTH & FITNESS • CHARACTER

We have a designated time for learning. Always.*

Come see how Life Essentials®, including our Developmentally Appropriate Curriculum, Technology, Health & Fitness and Character Education programs, are preparing children for school and for life.

Kiddie Academy® of Northpointe
18002 Shaw Road
Cypress, TX 77429
281-205-3085
kiddieacademy.com/northpointe

COMING SOON!

KIDDIE ACADEMY®
EDUCATIONAL CHILD CARE

NOW ENROLLING!
Call today to reserve your spot.

INFANTS • TODDLERS • PRESCHOOL
BEFORE & AFTER SCHOOL • SUMMER CAMP

Finding Grace

When I first sat down to write this piece, I had planned to do a piece on forgiveness. I have had several situations lately where forgiveness seemed applicable, even necessary, but I felt myself struggling. I kept circling back around to the thought that I was in the right, they were in the wrong, and it just did not seem fair that I needed to be the one to dig deep and forgive. I was definitely dragging my feet.

As always, I found myself taking notes and learning about the active nature of grace just by watching my horses. Horses exude grace. Their movements are the very definition of grace. They embody the spirit of grace in their willingness to accept us as friends and partners in this journey. The very fact that they, as prey animals, choose to trust humans; predators, defies the natural order of the world and demonstrates the act of grace. We are undeserved of their generous gift of companionship, but can choose to cherish and learn from it.

Along my way to finding forgiveness, I found myself practicing grace. I learned I did not have to be right, but could extend the hand of friendship and choose not to allow petty grievances to harm a long-time relationship. Doing so would not only harm that friendship,

but would also hurt me by allowing bitterness and self-destructive thoughts and patterns to form.

To me, this portrays our relationship with God. By our very nature, humankind are sinners and undeserved of His love and mercy, yet He still bestows upon us this incredible gift of grace. I honestly believe that He gave us animals to act as instructors of grace so that we could become the people He intends us to be. I know I have learned so many unexpected lessons in life from mine. I learned grace is not just a singular act, but a continuous action that must be practiced daily in order to have real impact in life. In finding grace, I have also discovered a way to be closer to God and to accept harsh truths and realities without accruing toxic feelings of bitterness and self-justification. In writing this, I hope that my lesson might help even one person on his own journey.

Tara Chatterson works at Five Horses, LLC in Waller, TX. To find out more about how horses can help you, check out the natural horsemanship program, as well as the equine assisted learning workshops provided here: www.fivehorses.com.

THE BENEFITS OF A

Professional Real Estate Agent...



Do you know how long it will take to complete all the necessary steps to close after you've found a buyer? There's so much involved, you may feel like you need special training to get the job done. As a qualified real estate professional, I have had the training and I know what the necessary steps are. *Call me, and let me handle the details of selling your home.*



Lucia Clark
Realtor®
Villages of Northpointe Resident

832.492.6575
lucia.clark@garygreene.com



Better Homes and Gardens
REAL ESTATE

GARY GREENE

Taking the time to do it better!

©2016 Better Homes and Gardens Real Estate, LLC. All rights reserved. Gary Greene is a registered agent for Villages of Northpointe, LLC. Villages of Northpointe is a community of homes and gardens. Gary Greene is a real estate professional. All services are provided by Gary Greene, LLC. Gary Greene is a real estate professional. All services are provided by Gary Greene, LLC.



Partnership *for* Children

Submitted by Megan Ransom



Meet 10 year old Jamarrian, he is an energetic, friendly and outgoing child. He enjoys doing puzzles, playing video games and being outdoors. Jamarrian is a very intelligent young boy and does well academically. The ideal forever family would provide him with ample love and support, as well as consistent rules, boundaries and expectations. Learn more about Jamarrian on the Heart

Gallery of Central Texas Website: www.heartgallerytexas.com.

There are no fees to adopt from the foster care system regardless of which agency you work with. There is only one pool of children, and they are all in care of the state, every licensed agency has the ability to assist in adoption of any foster child in Texas. Child placing agencies are also foster care providers. The first step is to choose a child placing agency to begin your journey. Learn more about starting the adoption process and the children waiting for forever families at www.heartgallerytexas.com.

CYPRESS AREA FOOD PANTRY

Do you know of someone who has trouble putting food on the table? Maybe their employment was suddenly terminated; maybe it's a choice between medications or food; for whatever reason a family can find themselves in a situation where they need a little help.

Fountain of Life Church of God on Mueschke Road runs a food pantry on Mondays from 3:30 pm to 6:00 pm and the only requirement is that the client should live in zip code 77433 and west of Skinner 77429. For more information, contact 281-373-9337. Food donations and volunteers are also greatly appreciated.

Computerized job search and resume preparation and printing are also available.

TIMES AND SERVICES

Fountain of Life Church of God
15010 Mueschke Road, Cypress
www.fountainoflife-cog.com • 281.373.9337

September-May: Mondays 6-8pm





CYPRESS CHRISTIAN SCHOOL

CypressChristian.org
K-12 • Established 1978
Serving Northwest Houston
281.469.8829

National Association Names Top Ten Business Women of the Year

The American Business Women's Association (ABWA) named Dr. Michelle L. Becker, Founder of Shots for Holly, one of the Top Ten Business Women of the Year. The Top Ten Business Women of ABWA is a national program that honors 10 outstanding members for achieving excellence in career, education and community involvement.

In 2014, Michelle established a 501(c)(3) non-profit organization, Shots for Holly, to honor her friend that died from flu-related complications at the age of 41. Her current roles are spreading awareness through appearances and presentations about the flu and the importance of flu shots, collecting corporate donations, heading up fundraisers, reading literature and research about the flu, and attending networking meetings and functions. She has dedicated her life to educate the public about the flu, to dispel the myths concerning flu shots, and to help those in need get the flu shot.

Michelle relocated to Houston TX in 2005 following her postgraduate fellowship at the National Institutes of Health. After the birth of her daughter, she began selling jewelry for a direct sales company and earned numerous trips and awards. Following Holly's death, Michelle sold the majority of her jewelry collection to fund the

non-profit. With the money, the organization was able to pay start-up fees and purchase a mascot vehicle. Because of her community involvement with Shots for Holly and active participation in numerous organizations, Michelle has earned much recognition. She was named a Federation of Houston Professional Women's "Woman of Excellence" in 2015, and she earned the ABWA "Inner Circle" Award, CYFEN's 2016 "Woman of the Year" Award, and the Cy-Fair Houston Chamber of Commerce "Ambassador of the Quarter" Awards in 2015 and 2016.

ABOUT CY-FAIR EXPRESS NETWORK (CYFEN)

Now over 60 members strong, Cy-Fair Express Network's vision is to provide a supportive environment for personal growth, business development, networking, education and mentoring to women in our community. CYFEN is part of the national organization of American Business Women's Association (ABWA), for more information visit www.cyfen.org.

"Top Ten candidates are a paradigm for ABWA members who strive for excellence in their careers, their communities, and in the

(Continued on Page 6)



1. LIST
2. SELL

Sound simple? It isn't. Hire a professional.



Jacquie Kendrick
Broker Associate,
Certified Residential Specialist

JacquieKendrick.com | 713.826.1097 | jkendrick@cbunited.com

SUCCESSFULLY SELLING HOMES IN OUR AREA SINCE 1982



(Continued from Page 5)

Association,” says René Street, ABWA Executive Director. “It was a privilege to recognize these outstanding women this year at the National Women’s Leadership Conference and to gain inspiration from their accomplishments.”

When asked how her membership in ABWA helped her, Michelle recalls, “I had no idea my six years of committee and board membership in CYFEN would prepare me for the biggest challenge of my life. Because of the skills I gained in CYFEN, money was raised and a Board was formed. Volunteers were gathered and a mascot was born. Three years and \$80,000 thus far, Shots for Holly is a viable 501(c)(3) organization lead by dedicated people. ABWA continues to provide support and learning tools necessary to welcome the challenges of setting goals, balancing work and life, teambuilding, and leadership. I am successful today because ABWA showed me the way.”

ABOUT ABWA

Founded in 1949, ABWA’s mission is to bring together business women of diverse occupations and to provide opportunities to help themselves and others grow personally and professionally through leadership, education, networking support, and national recognition.

For more information: visit www.abwa.org.

PET OF THE MONTH



LuLu was found with her 2 babies living on the streets. LuLu is a Jack Russel Terrier/Chihuahua Mix. She is a sweet calm girl that loves to be petted. She is approx 1-2 years old. She gets along with kids and dogs. She has a beautiful white and Black wire coat.

Watch her video here:

www.youtube.com/watch?v=5ZsOrtJYyTk

Please email us to adopt her

animalrescuekingdom@gmail.com



Join us for a Pink Champagne Brunch!

In Honor of Breast Cancer Awareness Month

Saturday, October 15, 2016
10 - Noon
11307 FM 1960 W.

Bring a friend and spend a morning with the Breast Care Physicians
of Cypress Fairbanks Medical Center Hospital

Learn more about:

- Current Options
- Prevention and Screening
- 3D Mammograms
- Risk Factors
- Latest Treatments
- Survivorship

A delicious complimentary brunch buffet will be served.

Space is limited. Please call to register: 1-888-511-PINK (7465).

“Mythbusters: Public Speaking Edition”

Luncheon Details

Thursday, October 27, 2016

Networking 11a.m.; Luncheon begins at 11:30 a.m.

Sterling Country Club, 16500 Houston National Blvd., Houston, TX 77095

Costs \$25 with advanced reservations; \$30 at the door

We are pleased to have speaker Kathryn Kelly at our October 27 Cy-Fair Express Network Luncheon.



Kathryn Kelly is a communications instructor and private speech coach in College Station, Texas. For the last ten years, she has taught Public Speaking, Argumentation and Debate, Mass Communication, and Oral Interpretation classes while coaching champion collegiate speech and debate teams. Kathryn started ghost writing speeches for politicians and business professionals

during college, and in the last five years has taken on private public speaking lessons to professionals in the public and private sectors.

"To not speak does yourself, and the world, a great disservice."

This month's CYFEN meeting begins with networking at 11 a.m. followed with a prompt 11:30 a.m. start of the program. Luncheons

are held at the Sterling Country Club, 16500 Houston National Blvd.

ABOUT CY-FAIR EXPRESS NETWORK (CYFEN)

Now over 60 members strong, Cy-Fair Express Network's vision is to provide a supportive environment for personal growth, business development, networking, education and mentoring to women in our community. CYFEN is part of the national organization of American Business Women's Association (ABWA), for more information go to www.CYFEN.org.

ABOUT AMERICAN BUSINESS WOMEN'S ASSOCIATION (ABWA)

Founded in 1949, ABWA provides business training and networking opportunities for women of diverse occupations and backgrounds. ABWA has dedicated 60 years to women's education, workplace skills and career development training. For more information, visit, www.abwa.org.



Velvet
HARRIS GROUP
REALTORS®

832.444.5652

www.VelvetSellsNorthwestHouston.com

6 REASONS MY CLIENTS REFER ME TO FRIENDS & FAMILY

- Extensive Market Knowledge
- Client Focused Approach
- Committed, Not Just Part-Time
- Trusted Advisor of Your Best Interests
- Timely and Effective Communicator
- Attention to Detail

Buying or selling, please contact me for the Results You Deserve!

Velvet.Harris@GaryGreene.com

**Better
Homes
and Gardens**
REAL ESTATE

**GARY
GREENE**

©2015 Better Homes and Gardens Real Estate LLC. Better Homes and Gardens® is a registered trademark of Meredith Corporation licensed to Better Homes and Gardens Real Estate LLC. Equal Opportunity Company. Equal Housing Opportunity. Each Franchise is Independently Owned and Operated.



Cy-Fair Republican Women

Guest speaker for CFRW October meeting will be Rick Figueroa, a leader for the future of the Republican Party. Rick believes that we are at a crossroads, in need of a renewal of our Republican values. He wants to carry the message that we are a party of addition and the only party with anything to offer the Hispanic community.

Tuesday, October 11th
will be CFRW General Meeting
10:30 AM - Noon.
Meeting is \$3 -- Meeting w/Lunch at Noon is \$20.
Hearthstone Country Club
7615 Ameswood, Houston, TX 77095

Enjoy likeminded fellowship and getting to know our candidates. All are welcome! Candidates, we want to get to know each of you.

RSVP to www.cfrw.net by October 4th.

Note: November Meeting will be the 1st as Election Day is the 8th.

Cypress Texas Tea Party

The next meetings of the Cypress Texas Tea Party will be on:

Saturday, October 8, 2016 NOON - 2:00 PM

- Renee McGee, Judge, 337th District Court
- Debra Ibarra Mayfield, Judge, 165th District Court

Saturday, October 29, 2016 NOON - 2:00 PM

- Eric Golub, Political Conservative Comedian

www.tygrrrrxpress.com

Spring Creek BBQ

25831 Northwest Freeway

Cypress, Texas 77429

Map: <http://goo.gl/maps/OoNjY>

A schedule of our meetings and confirmed speakers can be found at our website, www.cypresstexasteaparty.org

SO EASY IT'S SHOCKING!

TEXASDIRECTAUTO.COM

SELL US YOUR CAR!™

October 29 Vintage Park Shopping Village offers free fun night for kids and families

Meet your Favorite Characters and Treats for Everyone

Event Details

Vintage Park Shopping Village

110 Vintage Park Blvd (Located Hwy 249 at Louetta Rd)

Saturday, October 29, 2016

5:00 pm – 7:30 pm

Cost: FREE

Houston, Texas (September 15, 2016) Meet and greet your favorite characters at Vintage Park Shopping Village on Saturday, October 29, from 5:00 pm until 7:30 pm. The Park will once again partner with the fabulous talent of Truly Enchanting Entertainment.

Kids wear your costumes and join us for treats! Take photos with the characters you love! Spiderman, Captain America, Elsa and Ana from Frozen and of course, Minions everywhere. It's FREE!

Characters will be stationed around the park and you will have an opportunity to take photos and visit participating stores who will have a treat for you.

Don't miss a special live performance Sing-Along at 7:00 pm in the Piazza area by the fountains.







**FALL SAVINGS
REDUCE ENERGY BILLS AND NOISE**

Receive a \$200 Visa Gift Card with every Simonton window purchase (minimum of 10 windows)

AND

\$200 Rebate with James Hardie Insulated Siding purchase (10 squares or more)

Houston Siding Company, Inc.™
 Siding Windows Roofing
 281.859.9000
HoustonSiding.com
 1st and oldest Hardiplank company in Houston

Ask about **24 month** financing with no interest

See store for details




ANNUAL FORE CY-FAIR GOLF TOURNAMENT SET FOR OCTOBER 3

BENEFITTING THE ADAM J. SKINNER MEMORIAL SCHOLARSHIP OF THE CY-FAIR EDUCATIONAL FOUNDATION

The Cy-Fair Houston Chamber of Commerce invites the community to its 18th annual FORE Cy-Fair Golf Tournament at Blackhorse Golf Club on Monday, October 3.

The tournament benefits the Adam J. Skinner Memorial Scholarship of the Cy-Fair Educational Foundation. A scholarship has been established in his memory and the Chamber has contributed more than \$104,000 to date to the endowment.

Player registration will begin at 9:00 a.m. A putting contest and the opening of the driving range will follow at 10:00 a.m. Shotgun start will be at 11:00 a.m. with the awards, dinner, raffle and silent auction at 4:00 p.m.

"This tournament continues to grow each year and provides a great networking opportunity for businesses in the Cy-Fair community," Leslie Martone, President of the Cy-Fair Chamber of Commerce said. "This event brings those who do business in this community together to raise funds and awareness for a great cause."

The tournament is underwritten for the first year by Cypress Fairbanks Medical Center Hospital. Returning for its third year as the CFISD sponsor, which includes the opportunity to play with the CFISD Superintendent, Dr. Mark Henry, is IBI Group.

The True Texan sponsorship is still available and offers the opportunity to play with Commissioner Jack Cagle. This \$5,000 sponsorship will receive two team entries, four hole sponsorships, a tournament trophy, hospitality tent at hole of choice and logo recognition in all promotional material.

Other top sponsors to-date include: Brand Junkie, Bridgeland, Caldwell Companies, CenterPoint Energy, Community Impact Newspaper, Consolidated Mills, Inc., Evolution Fitness & Wellness, Frontier Title, HEB-Cypress Market, Joe K. Hutchins DDS, Kindred Hospital Houston Northwest, Louetta Automotive, McCall Gibson Swedlund Barfoot PLLC, Memorial Hermann Cypress, Neighbors Emergency Center, North Cypress Medical Center, Northwest Dodge Chrysler Jeep Ram, PBK, Randall's, Silver Eagle Distributors, L.P., SS Graphics, Towne Lake and TurnerDuran Architects, LP.

Sponsorship and marketing opportunities range from \$150 to \$5,000. In addition, the public is invited to purchase a \$25 awards dinner and \$10 raffle tickets. You need not be present to win the raffle.

The event is rain or shine. For more information about the tournament, visit cyfairchamber.com. To become a sponsor, purchase raffle tickets or RSVP for a dinner reservation, call Sara Theut at 281-373-1390.





Affordable Shade Patio Covers

Windstorm Certification Provided for Inland I, II, III

We pull City Permits and help with HOA Approvals

We specialize in affordable custom built patio covers that enhance your lifestyle and increase the value of your home.

Call to schedule a free estimate with one of our qualified supervisors.

713-574-4648

Visit our website to view hundreds of pictures of our work and see homes similar to your design.

AffordableShade.com



Custom Designed Patio Covers

Patio Cover Screen Rooms

Shade Arbors Cedar & Aluminum

Aluminum Insulated Patio Covers

Structural & Decorative Concrete

Town & Country Industries
Wholesale Aluminum and Building Products



PRESENT THIS COUPON TO YOUR SUPERVISOR FOR HUGE SAVINGS!

Athlete Training + Health Collaborates with Health Care Systems to Redefine Athlete Development

Athlete Training + Health (ATH), formerly known as CES Performance, has trained thousands of professional, collegiate, high school and youth athletes since 1997. Now, ATH is working with Memorial Hermann in Houston and Texas Health Resources in Dallas/Fort Worth, to offer in-house clinical care at ATH facilities.

ATH opened their first Texas facility at Houston Sports Park in 2012. In June 2016, ATH opened a second Houston-area facility in Spring, Texas. At 38,000 square feet, it is the largest facility of its kind in the state. As part of the new facility, Memorial Hermann, the largest not-for-profit health system in Southeast Texas, offers onsite clinical services with access to primary care physicians, and sports medicine and rehabilitation specialists.

In 2017, ATH plans to open additional facilities in Katy, Texas and Sugar Land, Texas – each of these facilities will include a Memorial Hermann Urgent Care and sports medicine office – and also in Arlington, Texas, collaborating with Texas Health Ben Hogan Sports Medicine. ATH expects to expand beyond the state of Texas with partnerships with health care systems in other markets.

Relationships between ATH and local health care systems create an environment for athletes and active adults to receive full-spectrum training and care. The company aligns with these health care organizations and leaders in sports medicine, performance research and nutrition to advance

human performance and provide athletes with the most effective training programs.

“Our facilities are a phenomenal place for the professional, collegiate, high school and youth athletes in Texas,” says Danny Cooper, COO of ATH. “Our collaborations with health care systems help athletes to receive proper care, instruction and development throughout their athletic career. With our new adult fitness offering, we can also impact the lives of active adults.”

Wayne Fraleigh, Vice President of Operations for Ambulatory Services at Memorial Hermann Health System, agrees. “By offering in-house clinical services, we are able to offer immediate, safe, high quality care for non-life-threatening health conditions, thereby bringing out the best in sports medicine and performance training for athletes of all ages.”

Not only does ATH affect the Texas athletic community, but also the athletic coaching community worldwide. ATH hires many international coaches, coming from countries such as England, Canada, Ireland and Trinidad and Tobago. ATH athletes are equally varied, coming from many sports backgrounds and regions. ATH clients have competed in the MLB All-Star Game, the World Series, the Super Bowl, the NFL Pro Bowl, the MLS Cup, the Olympic Games, the FIFA World Cup, all the major collegiate conferences and high school state championships.



**BENCH
INSURANCE**

“LET US SHOP FOR YOU”

AUTO - HOME - LIFE - FLOOD - COMMERCIAL

LOW AUTO RATES FOR YOUNG DRIVERS
HOME AND FLOOD COVERAGE
MOTORCYCLE AND BOAT COVERAGE



Richard Bench

We are in business to serve the changing lifestyles of our customers by offering life, health, and asset protection.

Office: 832-678-0022
Fax: 832-678-0024

WWW.BENCHINSURANCE.COM

BASHANS PAINTING & HOME REPAIR

- Interior & Exterior Painting
- HardiPlank Replacement
- Sheetrock Repair
- Cabinet Painting
- Pressure Washing
- Fence Repair/Replacement
- Custom Staining
- Gutter Repair & Replacement
- Crown Molding
- Wallpaper Removal
- Wood Replacement
- Interior Carpentry
- Wallpaper Removal & Texture
- Garage Floor Epoxy
- Roofing
- Faux Painting

NO MONEY UP FRONT

20 Years Experience • References Available

Commercial/Residential

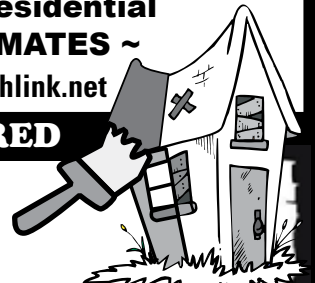
~ FREE ESTIMATES ~

BashansPainting@earthlink.net

♦ **FULLY INSURED**

281-347-6702

281-731-3383 cell



HARDIPLANK®



BOO TO YOU FROM OUR CREW

By Cheryl Conley, TWRC Wildlife Center

It's hard to believe that Halloween is just around the corner. One of my favorite things to do is to carve pumpkins into Jack-o-lanterns. I've never given any thought to why we do that or how this custom started until I began writing this article.

There are many tales about the practice of carving pumpkins. One comes from Irish folklore. A man named Jack, who was a blacksmith, didn't want to go to hell for his many sins so he tricked the devil into guaranteeing that he wouldn't. When Jack died, little did he know that although he was spared from going to hell, he was also denied entrance into heaven. God did not want him. Legend has it that the devil gave Jack a burning coal which Jack put into a carved-out turnip to use as light while he roamed aimlessly somewhere between heaven and hell. Thus the name Jack-o-lantern was born.

Legends aside, we all love carving pumpkins but isn't it a shame that most of them end up in the trash when the holiday is over? Well, this year, don't trash them! Feed our wildlife. Please keep in mind that these suggestions only apply to pumpkins that haven't been painted or decorated which can be toxic to wildlife.

1. Make a bird feeder (see photo). Use wooden dowels and strong twine. It's a good idea to punch holes in the bottom of the pumpkin to let

water drain. You can also cover the holes you made to make the face so the seed doesn't spill out.

2. Save the pumpkin seeds for large birds and small mammals. Let the seeds dry out and then place them in a shallow bowl or flat tray. If the seeds aren't

being eaten, mix them with a small amount of black oil sunflower seeds.

3. You can place small pumpkins around your yard. For larger pumpkins, cut into smaller pieces. Be sure to place some of the pieces in secluded areas of your yard.

There is magic in the night when pumpkins glow by moonlight. **HAPPY HALLOWEEN!**

TWRC Wildlife Center admits over 5,000 injured and orphaned animals every year. We don't receive any City, State or Federal funding and we need your help. As you begin thinking about the holidays, please remember to include TWRC Wildlife Center in your gift-giving. Donate through our website at www.twrcwildlifecenter.org.



WIRED

ELECTRICAL SERVICES

SERVICING ALL YOUR ELECTRICAL NEEDS

- Panel Upgrades
- Home Inspections
- TV Install/Mounting
- Troubleshooting
- Remodeling
- Landscaping Lighting
- Home Generators

RESIDENTIAL & COMMERCIAL 24-7 SERVICE
LICENSED & INSURED

Take \$25.00 Off Your
Next Service Call

FAMILY OWNED AND OPERATED

713.467.1125 or 281.897.0001

www.WiredES.com



TECL 22809 Master 100394



NOW HIRING

Advertising Sales Representative

Description: The position includes marketing our community newsletters to local and area businesses. It is a flexible position that allows you to work from home and set your own hours.

Roles: Stimulate new advertising accounts in our community newsletters. Maintain current accounts assigned to you by Sales Manager. Service your accounts by assisting them from ad design to final proof approval.

Skills: Excellent communication through email and phone, with high level presentation and relationship-building skills. Strong prospecting and business development skills are a must. Previous sales experience preferred but not required.

Benefits: Commission Based
Apply by sending resume to jobs@peelinc.com



PEEL, INC.



A FOCUS ON PHYSICAL ACTIVITY

Pathway to Improved Health

By Concentra Urgent Care

Being physically active is one of the most important steps you can take to maintain or improve your health. When combined with eating a healthy diet, regular exercise can substantially reduce your risk of chronic disease, prevent weight gain, and improve your overall level of physical and emotional fitness.

HOW MUCH PHYSICAL ACTIVITY DO I NEED?

The U.S. Department of Health & Human Services (HHS) has recently published several recommendations related to exercise:

1. Any physical activity is better than no physical activity
- Includes people with disabilities
- Far outweighs the possibility of risk of injury or illness
2. Most health benefits occur with at least 150 minutes a week
- Both aerobic and muscle-strengthening are beneficial
3. For most people, additional benefits occur when
- You increase the intensity of your physical activity
- You increase the frequency of your physical activity
- You increase the duration of your physical activity

SHOULD OLDER ADULTS EXERCISE, TOO?

The same HHS guidelines apply, but older adults need to make sure that their fitness level and any chronic conditions allow them to safely perform physical activity. For example, if an older adult is at risk of falling, he should do exercises that maintain or improve his balance.

WHAT IF I HAVE A CHRONIC MEDICAL CONDITION?

If you have a chronic medical condition, you should be under the care of a health care provider. It is important to consult your physician about the type and amount of physical activity appropriate for you.

HOW DO I GET STARTED?

The health benefits of physical activity far outweigh the risks and some activity is better than none. Persons who have not been diagnosed with a chronic condition (such as diabetes, heart disease, or osteoarthritis) and do not have symptoms (e.g., chest pain or pressure, dizziness, or joint pain) do not need to consult with a health care provider prior to starting an exercise program.

Shalom!

CYPRESS

Shalom Cypress was established in 2011 by local families seeking a Jewish presence in Northwest Houston. We are the closest synagogue within 25 miles of the nearest synagogue. Many thought that they were the only Jews in the Cypress area, but it turns out that they were wrong! Shalom Cypress has grown to more than 30 affiliated families.

School is back, and the High Holidays are right around the corner! In Oct, we will have our High Holidays services. Shalom Cypress will have services the second day of Rosh Hashanah (10-04-16), and Yom Kippur services on 10-11-16 & 10-12-16. Join us a week later to build the community Sukkah.

Shalom Cypress has many ongoing & active programs for people of all ages. It is not too late to sign-up for our Fall 2016 Hebrew School. Please visit our website at www.shalomcypress.org, e-mail us at info@shalomcypress.org, or call Ben Federman at 832-795-2002 to find out more details about the upcoming events.

Brilliant Energy Texas OUC #10140

BRILLIANT ENERGY

Easy Online Sign-Up at

BrilliantElectricity.com

USE "NEIGHBORHOOD NEWSLETTER" AS REFERRAL

BRILLIANT ENERGY = SERIOUSLY LOW RATES
BRILLIANT ENERGY'S ELECTRICITY RATES CHALLENGE
THE RATES OF EVERY OTHER PROVIDER IN TEXAS!
LOCK-IN A LOW ELECTRICITY RATE FOR
UP TO 3 YEARS

BRILLIANT ENERGY IS RECOMMENDED BY TEXAS ENERGY
ANALYST, ALAN LAMMEY THE HOST OF THE "ENERGY
WEEK" RADIO SHOW ON NEWSTALK 1070 KNTH!

Ask the "Energy Analyst"
281.658.0395

GREAT BUSINESS RATES TOO!



THE COMPASS

The Compass is a private publication published by Peel, Inc. It is not sanctioned by any homeowners association or organization, nor is it subject to the approval of any homeowners association or organization, nor is it intended, nor implied to replace any publication that may be published by or on behalf of any homeowners association or organization. At no time will any source be allowed to use the Compass contents, or loan said contents, to others in anyway, shape or form, nor in any media, website, print, film, e-mail, electrostatic copy, fax, or etc. for the purpose of solicitation, commercial use, or any use for profit, political campaigns, or other self amplification, under penalty of law without written or expressed permission from Peel, Inc. The information in the newsletter is exclusively for the private use of Peel, Inc.

DISCLAIMER: Articles and ads in this newsletter express the opinions of their authors and do not necessarily reflect the opinions of Peel, Inc. or its employees. Peel, Inc. is not responsible for the accuracy of any facts stated in articles submitted by others. The publisher also assumes no responsibility for the advertising content with this publication. All warranties and representations made in the advertising content are solely that of the advertiser and any such claims regarding its content should be taken up with the advertiser.

* The publisher assumes no liability with regard to its advertisers for misprints or failure to place advertising in this publication except for the actual cost of such advertising.

* Although every effort is taken to avoid mistakes and/or misprints, the publisher assumes no responsibility for any errors of information or typographical mistakes, except as limited to the cost of advertising as stated above or in the case of misinformation, a printed retraction/correction.

* Under no circumstances shall the publisher be held liable for incidental or consequential damages, inconvenience, loss of business or services, or any other liabilities from failure to publish, or from failure to publish in a timely manner, except as limited to liabilities stated above.



**Please remember to pick
up after your pets and
“scoop the poop”**

REACHING YOUR NEIGHBORS *and many others...*

- Atascocita CIA
- Blackhorse Ranch
- Briar Hills
- Bridgeland
- Canyon Gate at Northpointe
- Cardiff Ranch
- Cypress Creek Lakes
- Cypress Mill
- Cypress Park
- Eagle Springs
- Fairfield
- Grand Lake Estates
- Lakeshore
- Lakes of Fairhaven
- Lakes of Rosehill
- Lakes on Eldridge
- Lakes on Eldridge North
- Laurel Creek
- Legends Ranch
- Meyerland
- Normandy Forest
- North Lake Forest
- Park Creek
- Park Lakes
- Riata Ranch
- Shadow Creek Ranch
- Silverlake
- Steeplechase
- Sterling Lakes
- Stone Forest
- Summerwood
- Towne Lakes
- Village Creek
- Villages of Decker Oaks
- Villages of NorthPointe
- Walden on Lake Houston
- Willowbridge
- Willow Pointe
- Winchester Country
- Windermere Lakes
- Woodwind Lakes
- Wortham Villages

**CONTACT US TODAY
FOR ADVERTISING INFORMATION
1-888-687-6444**

www.PEELinc.com
advertising@PEELinc.com

PEEL, INC.
community newsletters





Attention KIDS: Send Us Your Masterpiece!

Color the drawing below and mail the finished artwork to us at:

Peel, Inc. - Kids Club

308 Meadowlark St

Lakeway, TX 78734-4717

We will select the top few and post their artwork on our Facebook Page - [Facebook.com/PeelInc](https://www.facebook.com/PeelInc).

DUE: October 31st

Be sure to include the following so we can let you know!

Name: _____
(first name, last initial)

Age: _____



VNP



PEEL, INC.

308 Meadowlark St. South
Lakeway, TX 78734

PRSR STD
U.S. POSTAGE
PAID
PEEL, INC.

VNP



It takes more than
a sign in the yard
to sell a house!

I will be your Advocate. It will be my responsibility to protect your best interests as we proceed through the entire process of selling your home. I'll customize a marketing plan for your home and get it sold!

Contact me today for a free, no obligation Premium Market Analysis to find out how much your home is worth in today's market.



Kara Puente

REALTOR®

Villages of Northpointe Sales & Marketing Specialist

281-610-5402

Office: 281-444-5140

kpuente@garygreene.com

**Better
Homes
and Gardens**
REAL ESTATE

**GARY
GREENE**

Taking the time to do it better!