



NOVEMBER 2016

Official Publication of the Cardiff Ranch HOA

VOL 1, ISSUE 3

WELCOME TO THE HOME FRONT

*A Newsletter
for the Residents of
Cardiff Ranch*

The Home Front is a monthly newsletter mailed to all Cardiff Ranch residents. Each newsletter will be filled with valuable information about the community, local area activities, school information, and more.

If you are involved with a school group, play group, scouts, sports team, social group, etc., and would like to submit an article for the newsletter, you can do so online at www.PEELinc.com. Personal news (announcements, accolades/ honors/ celebrations, etc.) are also welcome as long as they are from area residents.

GO GREEN! Subscribe via Peelinc.com to have an email sent to you with a link to a PDF of the newsletter, or have an email sent to you instead of having a newsletter mailed to you!

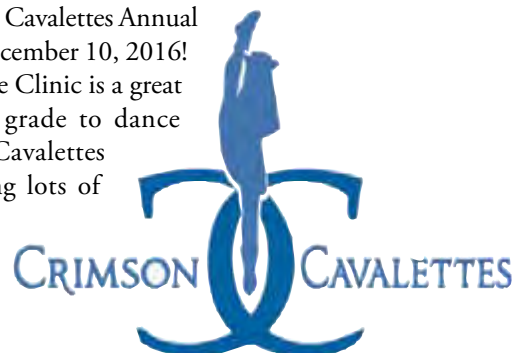
Tompkins High School Dance Team- The Crimson Cavalettes

The Crimson Cavalettes will be hosting their second annual Holiday Home Tour on December 2-3 from 6:00-8:30 p.m. Take a walk through beautifully decorated homes that are decked out in their holiday finest! Tickets are \$12 and can be purchased on the Crimson Cavalettes website www.crimsoncavalettes.org. More information on this and other upcoming events can be found on the Crimson Cavalettes website www.crimsoncavalettes.org.

Need A Couple Extra Hours To Get Some Christmas Shopping Done?

Bring your child to the Crimson Cavalettes Annual Fall Dance Clinic on Saturday, December 10, 2016! The Crimson Cavalette Fall Dance Clinic is a great opportunity for kids ages K-9 grade to dance with the 2016-2017 Crimson Cavalettes while making friends and having lots of fun. More information on this and other upcoming events can be found on the Crimson Cavalettes website at:

www.crimsoncavalettes.org



IMPORTANT NUMBERS

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Fort Bend County Sheriff	281-342-6116
Harris County Sheriff	713-221-6000
Fulshear Police Department	281-346-2202
Poison Control	800-222-1222

UTILITIES

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Electricity	866-979-5265
Centerpoint Energy (Gas)	713-659-2111

SCHOOLS

Katy ISD	281-396-6000
Davidson Elementary	281-234-2500
Wood Creek Junior High	281-234-0800
Seven Lakes High School	281-237-2800
Tompkins High School	281-234-1000

PROPERTY MANAGEMENT

Doreen Cutroni
On-Site Community Manager
P.O.A of Cardiff Ranch
26818 Wooded Canyon Dr.
Katy, TX 77494
281-394-7314

OFFICE HOURS:

Monday 4 P.M. – 8 P.M.
Friday 1 P.M. – 6 P.M.
Saturday 10 A.M. – 4 P.M.

NEWSLETTER PUBLISHER

Peel, Inc. 512-263-9181
Advertising..... advertising@peelinc.com

Holiday Closures

The Cardiff Ranch Office will be closed:

Friday, November 25
Saturday, November 26
Saturday, December 24
Saturday, December 31

Looking to get
involved in your
community?

Contact Doreen at crclubhouse@entouch.net or stop by the office during her hours to see how you can help.

Cardiff Ranch ARTICLES

If you have a local club, organization, Churches that include Cardiff Ranch residence and would like to have updates included in our newsletter, please email Doreen at crclubhouse@entouch.net for submission instruction. Local events can also be included.



Tompkins High School Comedy Sportz

Looking for something fun to do? Love improv?

Come support OTHS Comedy Sportz team as they compete against other area High Schools.

Matches start at 7:30 in the Black Box

Tickets: \$5.00 ... Concession sold during Half Time

Home Matches

11/10 vs. Intrasquad

11/16 vs. Foster

2/1 vs. Cinco Ranch

2/8 vs. Memorial

2/22 vs. Houston Christian & Katy

3/28 vs. Taylor

4/5 vs. Seven Lakes & Mayde Creek

5/9 vs. OTHS Faculty (in the PAC)

Cookies with Santa!

When: Sunday December 11th at 2:00pm

Where: Cardiff Ranch Clubhouse



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so you don't
forget!





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The Northwest Flyers Youth Track Club

The Northwest Flyers Youth Track Club will celebrate its 30th Anniversary Season by hosting its annual free Registration/Orientation breakfast on Saturday, February 4th, 2017, for all boys and girls who are interested in joining for the 2017 track season. The breakfast starts promptly at 8:30 AM at the Cypress Creek Christian Community Center Forum located at 6823 Cypresswood Dr., Spring, TX, 77379.

The event is an opportunity for youth athletes to register for the 2017 spring/summer track season, and to meet the Northwest Flyers coaches, staff, and other new and returning athletes. The event will be highlighted by a special presentation from a member of the USA Track & Field Olympic organization (USATF). All athletes and parents who wish to join the Northwest Flyers must attend the orientation.

The Northwest Flyers Track Club is a youth (ages 6 -18) track club, affiliated with USA Track & Field (USATF), that provides a full program of sanctioned "track" events such as sprints, hurdles,

middle distance, distance and relays, and sanctioned "field" events such as long jump, triple jump, high jump, pole vault, shot put, discus and javelin.

For additional information on the Northwest Flyers Track Club, please visit the team website at <http://www.northwestflyers.org>; contact Linette Roach at linette.roach@sbcglobal.net; or "Like" the club on Facebook.



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Finding Balance

I know, work-life balance has been discussed to death. Yet how many of you find yourself nodding and saying, "Yes, I know I need to do find a better balance. It totally makes sense that I feel tired and unhappy because I'm rushing around all the time. I'll find a way to make some time for myself"? You tell yourself you'll schedule some free time later, but does later ever come? I know I've been waiting for later for years now. I decided it was time for a change. Here are a few thoughts that have helped me along the way:

1. **What's really important?** It's time to decide what is really necessary and important in your life. Pick 5 priorities that you feel are absolutely vital to your well-being (e.g. family, religion, work, friends, and hobbies).

2. **How can you cut back?** Now, that you've chosen your top 5 priorities it's time for the hard part—cutting back. Find ways to negate, or decrease, of the things that are stressing you out. Maybe you don't have to do _____ for so and so. Or is there a certain person in your life who's been causing more stress than happiness? You don't have to cut that person out of your life, but maybe it's time you take a step back and re-evaluate whether or not the friendship is healthy

at this time in your life.

3. **Scheduled spontaneity.** I know, scheduled spontaneity seems like an oxymoron, but it's incredibly important. Create a routine that works for you, but be sure to block out some free time. This time can be as long, or as short, as you'd like and is time where you can do whatever you want to do. Just make sure it's fun!

As always, I turned to the pasture for inspiration. As I sat and watched my horses going about their day, I made some interesting observations. Horses are masters of prioritizing what's important. Their top priorities fall into line as: safety, comfort, and play. Everything else falls by the wayside if these priorities aren't met. They are terrific partners with a healthy work ethic, while still relishing in their freedom to run and play. Their exuberance is captivating and beautiful to watch.

Once I took a step back to look at the bigger picture, I was amazed at how easy finding balance could be. I didn't need to run myself into exhaustion to please everyone. Doing so always ended with me feeling like I was trying to do so much, but doing none of it as well

(Continued on Page 7)

REACHING YOUR NEIGHBORS

and many others...

- Atascocita CIA
- Blackhorse Ranch
- Briar Hills
- Bridgeland
- Canyon Gate at Northpointe
- Cardiff Ranch
- Cypress Creek Lakes
- Cypress Mill
- Cypress Park
- Eagle Springs
- Fairfield
- Grand Lake Estates
- Lakeshore
- Lakes of Fairhaven
- Lakes of Rosehill
- Lakes on Eldridge
- Lakes on Eldridge North
- Laurel Creek
- Legends Ranch
- Meyerland
- Normandy Forest
- North Lake Forest
- Park Creek
- Park Lakes
- Riata Ranch
- Shadow Creek Ranch
- Silverlake
- Steeplechase
- Sterling Lakes
- Stone Forest
- Summerwood
- Towne Lakes
- Village Creek
- Villages of Decker Oaks
- Villages of NorthPointe
- Walden on Lake Houston
- Willowbridge
- Willow Pointe
- Winchester Country
- Windermere Lakes
- Woodwind Lakes
- Wortham Villages

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Cigarette & Drugstore Beetles



Cigarette and drugstore beetles are pests of stored products and can become a pest in the home. These beetles are small, around 1/8" long, reddish-brown with an oval shape. If you disturb the beetles, they often will tuck in their legs and lay motionless.

Adults enjoy dark cracks and

crevices, but will fly in brightly lit areas to locate a place to hide. The beetles are most active at dusk and continue activity through the night. Adults do not eat solid food, but will drink liquids. Larvae are small, grub-like and creamy white.

Cigarette and drugstore beetle larvae infest a variety of products such as tobacco, flour, dried fruit, herbs and spices, nuts, rice and pet food. These pests may also infest non-food items such as potpourri, dried flower arrangements, papier-mâché, prescription drugs, cosmetics and bookbinding paste.

The life cycle is dependent upon temperature and availability of resources- with warmer temperatures and adequate resources the life cycle will be faster. Mated females lay eggs in food sources. After hatching from the egg, larvae begin to feed on the food and grow. Eventually, larvae pupate and form a protective cocoon in the food item. Adults live from 1-4 weeks.

To manage these beetles, you must find the source, double bag it and throw it away. All stored food items should be inspected, even those that have not been previously opened. If you do not want to throw away infested food items it can either be heated or cooled to kill any insects and then sifted to remove any insects. To freeze, put the items in a sealed plastic bag and place in the freezer for about a week. To heat the items, spread on a large cookie sheet and place in a 200 oF oven for 1-2 hours.

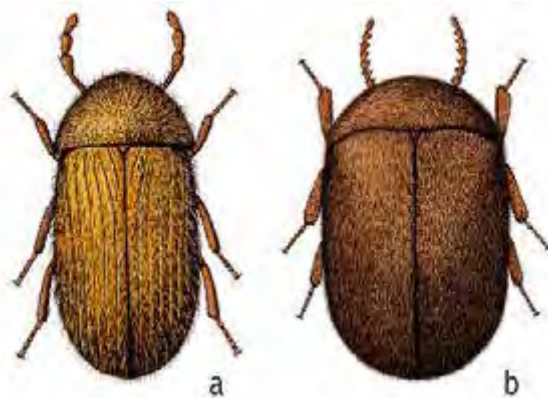
To prevent infestations, inspect all food items before buying; do not buy damaged food products. Dried goods can be stored in sealed, air-tight containers. If leaving the home for extended periods store items in the freezer or refrigerator. While inspecting stored food items for infestation, clean the pantry as you go. Vacuum or sweep up any spilled food items. Wipe down shelving with a cleaning product and use caulk to seal any shelf areas where small bits of food may collect.

For more information or help with identification, contact Wizzie Brown, Texas AgriLife Extension Service Program Specialist at 512.854.9600. Check out my blog at www.urban-ipm.blogspot.com

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a. cigarette beetle

b. drugstore beetle

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PERSONAL CLASSIFIEDS

Personal Classifieds (one time sell items, such as a used bike...) run at no charge to Cardiff Ranch residents, limit 30 words, please e-mail crclubhouse@entouch.net.

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as I wanted. Finding a new work-life balance would not be possible without the support of great friends (both human and horse!), family, and God. These pillars of support help me stay on track and keep me motivated. I highly recommend you find pillars of your own to utilize in your own transition.

Tara Chatterson works at Five Horses, LLC. Please visit the Five Horses' website, FiveHorses.com, for more information about Natural Horsemanship lessons or Equine Assisted Learning.



Tompkins Theatre Company presents...

LITTLE SHOP OF HORRORS

Did you enjoy Tompkins High School Theatre's fall play, *Gatsby*? Then you will be thrilled to know that their musical, *Little Shop of Horrors*, will be happening January 19-21st.

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