

# Grand Lake GAZETTE

Volume 2, Issue 11

OFFICIAL NEWSLETTER OF THE GRAND LAKE ESTATES POA

November 2016



## Community Announcements

*Missing out on the GLE newsletter? Go to <http://www.peelinc.com/residentsNewsletterSubscriptions.php> and sign up to have the newsletters sent directly to your mailbox. Prior versions of the newsletter may be found at the Peel website, as well as, on the GLE POA website.*

*GLE's Property Management Company is IMC Property Management and our property manager is Tammy Perry. Tammy can be reached at [tammyperry@imcmanagement.net](mailto:tammyperry@imcmanagement.net) or 936-756-0032.*

### Nutcracker Market

Montgomery County Nutcracker Market will be held on November 12th from 10am to 5pm at the Lone Star Convention & Expo Center, Conroe, TX 77303. Featuring Home, Jewelry, Gourmet Food and Women's and Children's Clothing Vendors.

### GLE POA Potluck Dinner

Join the GLE POA Community for a potluck dinner! Everyone's best recipe will be there! The dinner will be on November 13th beginning at 4pm. We'll be in the park so bring a chair and your favorite dish and join the fun.

Please contact Holly Jackson by email or 936-588-1007 and let her know how many from your family will be coming and the type of dish that you will bring with you.



### Cookies with Santa!

Santa is coming to GLE! Come to the park Sunday, December 4th from 2pm-4pm to enjoy cookies with Santa and Mrs. Claus! Bring your kids, cameras, and don't forget your list for Santa.

Volunteers are needed to help with setup, serving and to provide cookies. If you are interested in helping, please send an email to [newsletter@glepoa.com](mailto:newsletter@glepoa.com).

# IMPORTANT NUMBERS

## EMERGENCY NUMBERS

EMERGENCY .....	911
Fire.....	911
Ambulance.....	911
Montgomery County Sheriff.....	936-760-5800

## AREA HOSPITALS

Conroe Regional Medical.....	936-539-1111
Memorial Hermann-The Woodlands.....	281-364-2300
St. Luke's – The Woodlands.....	936-266-2000

## SCHOOLS

Montgomery ISD.....	936-276-2000
Lone Star Elementary.....	936-276-4500
Montgomery Intermediate .....	936-276-4700
Montgomery Middle School .....	936-276-3700
Montgomery Junior High .....	936-276-3300
Montgomery High School.....	936-276-3000

## PUBLIC SERVICES

Montgomery Post Office .....	1-800-275-8777
Driver's License Info.....	936-442-2810
Montgomery Central Appraisal .....	936-756-3354
Montgomery County Registration & Titling...	936-539-7896

## BOARD MEMBERS

Ryan Blair .....	903-574-3530
.....	ryan@glepoa.com
Thomas Clare .....	281-460-7822
.....	thomas@glepoa.com
Damon Scott.....	281-989-5478
.....	damon@glepoa.com
Diane Melroe .....	N/A
David Martin .....	N/A
Don Harp .....	N/A
Jimmy Adkins .....	N/A

## MANAGEMENT SERVICE

IMC Property Management .....	936-756-0032
.....	tammyperry@imcmanagement.net

## GRAND LAKE ESTATES GOLF COURSE

Clubhouse.....	936-447-4653
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## NEWSLETTER PUBLISHER

Peel, Inc .....	888-687-6444
Article Submission.....	grandlakeestates@peelinc.com
Advertising.....	advertising@peelinc.com
GLE POA Newsletter.....	newsletter@glepoa.com

# News and Notes from the Board

## September Board News Summary

### Annual Meeting Notes & Election Results:

The meeting was convened but we were unable to establish quorum so we had to adjourn and re-convene so the quorum was then half of the original and the meeting was called to order. Introductions of the Board, Management and Special Guests were conducted before turning the meeting over to the Election Oversight Committee to handle the election process. There were no valid write-in nominations from the floor so the 6 candidates listed on the ballot were given time to introduce themselves and each were questioned by community members who had questions for each candidate. After the Q&A of each candidate the ballots were cast and consolidated by the committee and the results were then tallied while the meeting proceeded.

The attorney's related to pending lawsuits were in attendance and addressed the questions of the community members. Tachus internet representatives were also in attendance and provided a presentation regarding their service and the associated benefits/costs that would be on GLE if we proceeded with the installation of service within the community. At this time we are asking everyone that is potentially interested in this service to fill out the Tachus survey that can be found at the following link: <https://tachus.com/gle/>.

After these presentations by guests we conducted the business listed on the agenda (presentation is on the website). Which concluded with an extensive Q&A session between community members and the Board. At this point the meeting was turned back over to the Election Oversight Committee to announce the election results. It was announced that the following 5 members had been elected to the Board for a two year term: David Martin, Don Harp, Diane Melroe, Jimmy Adkins and Thomas Clare.

Recognition was then given to the Board members who were completing their service terms prior to adjourning the meeting.





# YOUR MARKET WATCH

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## The Fall Market In Grand Lake Estates

Home sales around Lake Conroe are statistically the same from last year, as is the number of days on the market. Home sales in premium locations, in good updated condition, and priced accurately are still selling fast and have buyers looking. However, homes that are not in top condition, priced above market value, are not selling and will not sell until the market and consumers see a positive improvement in our country's economy. As the Presidential election nears, we are hoping to see opportunities with interest rates.

This time in 2015 there were 203 homes for sale in our area, and this year, there are 146. Average days on the market last year was 95 days, but this year there is a decrease with 67 days on the market, which is a strong sign our market is stable.

It is not too late to list your home for sale. If you are looking to sell, we still have many buyers who comb the market each day. Are you looking to get the most internet exposure and the highest price for your home, or just curious what the current value of your home or property might be? Lake Conroe Realty has represented more home buyers and sellers than any other in the Grand Lake Estates area. Call us today!

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## Avoiding Thanksgiving Weight Gain

Cooking carefully can help avoid that much-feared aftermath of the Thanksgiving Day meal: weight gain. Although you can't eliminate all calories from the feast, you can at least lower the fat content.

Remember to:

- Use no-fat or reduced calorie substitutes whenever possible.
- Avoid butter or margarine when cooking vegetables. Instead, place the desired amount of non or low-fat butter substitute directly on your cooked vegetables, allowing it to melt naturally. Do not pre-melt non-fat spreads on the stove or microwave because coagulation may occur.
- Do not butter-baste the turkey while it is roasting, but rather, brush its skin with vegetable oil to prevent drying.
- Do not eat the skin, which contains much of the turkey's fat.
- Use skim milk in mashed potatoes, puddings and sauces.
- Use substitute sweeteners for desserts, or at least replace half the sugar.

## RECIPE OF THE MONTH New England Clam Chowder

- 3/4 ounce salad oil
- 1/2 teaspoon chopped garlic
- 1 cup diced celery
- 1 cup diced carrots
- 1 cup diced onions
- 1/2 teaspoon basil
- 1/2 teaspoon oregano
- 1 teaspoon thyme
- 1/2 teaspoon salt
- 3/4 gallon clam stock or juice
- 3 large peeled and diced potatoes
- Roux (3/4 pound butter and 1 1/2 cups flour)
- 2 cups drained, chopped clams

*Yield: 10 to 12 servings.*

*Prep Time: 20 minutes*

*Cook Time: 1 hour 20 minutes*

In large pot, sauté the oil and garlic about 2 minutes. Add diced vegetables and sauté for 10 minutes or until vegetables are tender. Add herbs and salt. Add clam stock and bring to a boil. Add potatoes and bring to a boil again. Add roux and chopped clams, reduce heat and simmer for one hour.



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## EXERCISE - BEING THE PERSON YOU CAN BE

Having a goal that truly excites you is the first step to setting up an exercise program. You may want to be 10 pounds lighter by the next school reunion, have more muscle tone in the dress you will be wearing at your daughter's wedding, you may want to quit smoking or drinking or eating fried food or you may want to compare your athletic skills with what you could do in school. You have to have a goal that makes you really want to take the next step.

Once you have your personal goal in mind, you need a reasonable timeline in which to achieve the goal. Let's say you want to lose 10 pounds in six months. You can do that with a good exercise program and a good diet.

Let's start with the exercise program. Think about what you enjoy doing. If you like to be outside you can ride a bike, hike, walk, run swim, play tennis, endless possibilities. Include some of the fun activities that you enjoy and then try some new stuff. If you prefer to be inside, join a gym with a friend who can work out on the same days and at the same time that you do. Hire a trainer if you don't have a work out friend. If you decide to run, you can run even if it is new to you. You could walk a mile three times the first week, two miles the second week, run a mile and walk a mile three times the

next week and by the fourth week you could run and walk two to three miles three times a week. If this holds your interest you could add hills one of the days, add some short bursts of speed one day, you could even sign up for a 5k two months from the start of your program. In six to nine months you could run a marathon if you wanted to go that far. It helps to have a friend to work out with. It keeps you both accountable, and it's fun. Find someone that has a similar schedule or similar child care issues. It helps to recognize what time of the day you enjoy working out and find someone that can work out at the same time.



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## THE MISUNDERSTOOD OPOSSUM

By Cheryl Conley, TWRC Wildlife Center

Opossums are one of those animals that most people don't think are cute and cuddly. They've got long rat-like tails, they creep around at night doing who knows what and they sure look mean. By learning a little about them, hopefully you'll see them in a different light.

The Virginia opossum is the only marsupial (carries babies in a pouch like a kangaroo) in the USA and Canada. They carry fewer diseases than dogs and cats and because of their low body temperature, the rabies virus in the breed is very rare. The last case of rabies in an opossum in Texas was in 1983. They have 50 teeth, more than any other mammal in North America. And, yes, they really do play dead when frightened in hopes that the predator will leave so they can escape.

Opossums usually have two litters per year and the gestation period is only 13 days. They can have up to 21 babies but usually only about half survive. They have only 13 teats so it's first come, first served. They are furless, blind and the size of a bean at birth. After birth,

they crawl all by themselves into the mother's pouch. The babies immediately latch onto a nipple. It swells causing it to be firmly attached to the baby for up to 7 weeks. Once out of the pouch, they cling to their mother's fur for about three months.

How do they benefit us? They're scavengers and they eat all the creepy things we don't like including rats, mice, roaches, grubs and venomous snakes. They especially like carrion (dead animals).

I can't do anything about their looks but hopefully you now know how beneficial they are. Of all the animals TWRC Wildlife Center admits every year, 37% of them are mammals and of those 37%, opossums make up 32% of the mammal admissions.

TWRC Wildlife Center is the oldest wildlife rehabilitation center in the Houston area and admits over 5,000 animals every year. Stop in, meet our staff and volunteers and find out more about what we do and how you can help. For more information go to our website at [www.twrcwildlifecenter.org](http://www.twrcwildlifecenter.org) or call 713-468-8972.

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